

# THE PRIDE

Newsletter of Lions District 44-H New Hampshire  
July 2025, Volume 51, Issue 01



## Message from District Governor Marie R. Valliere

"Alone we can do so little, together we can do so much." ~ Helen Keller

Welcome to a new year. I'm looking forward to new members, new service projects, and new ideas. When you read this, I would have been to the Membership Summit in Las Vegas and am now on my way to the International Convention in Orlando. I will return with greetings from International President A.P. Singh. I am assigned classes in Branding and Marketing as well as Using A.I. in Lions. The plan is to share this information with the District to help us be better heard in our communities. Plans are underway for the first District Rally to be held at Camp Pride on Sunday the 17<sup>th</sup> of August and I hope to see as many members there as possible.



Marie R Valliere  
DG 44-H

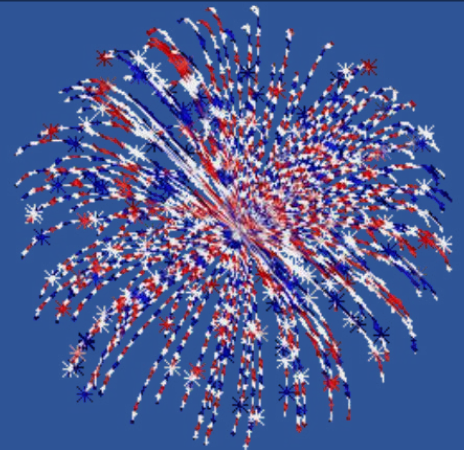
"Lead by Example. Whatever you do in Lions you are a representative of the organization in your community." ~ Lions International President A.P.Singh

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Celebrating A Milestone in Service

*Happy Anniversary!*

**NH Everest Lions Club, 10 years**  
**Rochester Lions Club, 5 years**



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**Note that the Upcoming Events calendar is now located toward the end of the newsletter.**

## District Goal Progress as of 6/30/25

### Membership

District Membership	Prev Month	2024-2025 Year	2024-2025 Goal
Opening Balance	1,252	1,201	
Added Members	24	172	(goal) 167 new members
Dropped Members	63	160	
Closing Balance	1,213	1,213	
Net Gain/Loss	-39	12	(goal) 82 net growth, plus 1 new club

International membership is 1,333,485, effective 6/30/25.

### Welcome new members!

Club	New Member	Club	New Member
Auburn-Candia	Lisa Foscitt	Nashua Branch	Lou Gallerani
Auburn-Candia	Kevin Krupinski	Nashua Branch	Gail Gallerani
Chester	Teresa Rogers	Nashua Branch	Fran Blanda
DRSB	Kayla Arsenault	Nashua Branch	Dennis Roy
Nashua	Megan Komisarek	Nashua Branch	Marilyn Gould
Nashua	Kris Komisarek	NH Everest	Bimala Rai
Nashua	Joe Rousseau	Plaistow	Christopher Ryan
Nashua Branch	Ken Camello	Plaistow	Derek Travers
Nashua Branch	Sandra Hogan	Portsmouth	Janet Peters
Nashua Branch	Jon Lasselle	Seabrook	Joyce Addison
Nashua Branch	Judith Barthakur	Wakefield	Whitney Pogorek

### Service

District Service*	Previous Month	2024-2025	Goals
Vision Screenings	No report	12,678 people	
Hugs & Cuddle Bears	60 bears	324 bears	
% Lions Clubs Reporting	--	100%	100%
Volunteer Service Hours	4,636	48,660	+10% over last yr = 48,275
Service Activities	221	2138	+10% over last yr = 2,189
Individuals Served	48,607	275,738	200,000
Funds Raised	205,184	623,077	
Funds Donated	141,916	630,490	

### LCIF Donations

District LCIF Donations*	Previous Month	2024-2025	2024-2025 Goals
LCIF Donations	4,600	110,717	\$38,000 orig goal; \$110,000 new goal



## DISTRICT 44-H – HELP WANTED!

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NOW SEEKING DEDICATED LIONS FOR:

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◆ **ZONE 3 CHAIR** – Leadership Role

- Must be a Past Club President
- Serve as liaison between clubs and the district
- Support clubs and foster collaboration
- Help build stronger connections across 44-H

◆ **DISTRICT MARKETING MANAGER** – Creative Role

- Must be fluent in social media
- Promote club activities and events
- Share our service stories across platforms
- Help grow our district's digital presence

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✉ INTERESTED? APPLY AS SOON AS POSSIBLE!

Contact DG Marie: [keylion03@gmail.com](mailto:keylion03@gmail.com)

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**Lions Lead. Lions Serve. Lions Make a Difference.**

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### Vince Giambalvo, First Vice District Governor & GMT

#### Lions in Action: Championing Vision at the Special Olympics



It was my pleasure this month to assist the Special Olympics by providing vision screening to athletes in their Healthy Athletes Program.

This year's event held at the University of New Hampshire marked a renewal of the Lions

participation after a five-year hiatus since the onset of the COVID pandemic.

Although we had only a few weeks to coordinate the service, twenty-one Lions from clubs in both 44H & 44N participated in the event which permitted us to provide four screening stations.

The event also provided the opportunity for Lions, who had not previously worked with the Spot Screeners, to get a chance to learn how they work and get some hands-on practice.

We look forward to continuing our assistance to the Special Olympics Healthy Athletes Program in the future and expanding the program to include additional vision related services.

I would like to thank all those who gave up their Saturday to make this service event a success. In true Lion tradition, we came together to serve those who need help.

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## **Kimberlee Fournier, Second Vice District Governor & GLT**

A little about myself; I grew up and graduated in Nashua, NH. I have lived in Hudson, NH for over 30 years, where I raised my four, well accomplished children; an LNA, 1 Homeland Security, and 2 successful Business Owners. Previously, I graduated as a Certified Nursing Assistant (CNA), completed a 2-year Medical Assistant Degree (MA) in 8 months. Leaving the Medical field, and moving into the Electronics field, I operated wave soldering machines, hand soldered components as small as a pin-head, the Proto-Type Division, becoming the Company's Trainer for all Electronics Certifications.

Before joining this organization, many times I was asked to "assist with an event as they were short-handed". It was two years and many asks / suggestions later that I became a member of the Hudson Lions Club, currently at 22 years, I have held a variety of positions leading me to this new and exciting chapter in my Lions career. At club level, holding many positions, participating in events, chairing a variety of events such as, the clubs' 70th & 75th Anniversary, dinner meetings, and fundraisers. I have been on the Board of Directors many times, then moved into 3VP, 2VP, 1VP, June 30, 2025, my term of President for 2 consecutive years had been completed.

It had taken the diligence of several 44H and 44N District Members the better part of 3 years to convince me to step up further in the District (I have always preferred being behind the scenes). I must say, attending the Regional Lions Leadership Institute (RLLI) played a big role in my advancements. At the District Level, I was Zone 1 Chair for the 2024 - 2025 Lionistic year. This was a great learning experience for me. Adding to these accomplishments, I have also completed Guiding Lions Training and many on-line Lions Learn Courses. I have been awarded the Granite State Fellow Award, a Progressive Granite State Fellow, Melvin Jones Award, Progressive Melvin Jones, and Lion of the Year. In July I will be traveling to my second International Convention and in September, my second USA/Canada Forum.

As I continue on my Lions journey, my utmost best in service as I can will be shared with all. Always know that I am here for your suggestions, to lend an ear, hand, support, ideas and good old friendship.

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## PDG Jerry Vaccaro, Cabinet Secretary/Treasurer

**WOW** another great Lions year is upon us and I'm excited in being a part of District Governor Marie Valliere Cabinet. I'm looking forward to working with DG Marie, the District Cabinet Members and all District 44H Lions.

**Club DG Visits:** Please e-mail your anticipated DG Marie's club visit dates to me [Lionjerryvaccaro@gmail.com](mailto:Lionjerryvaccaro@gmail.com). We will make all efforts to meet these dates.

**Club District Dues:** We will be e-mailing to your club President and club Treasurer, Club District Dues invoices. Please make checks payable to **Lions District 44H** and forward them to CST/PDG Jerry Vaccaro 74 Chase Rd. Londonderry, NH 03053.

**District 44H Cabinet "Rally" Meeting:** Save this date: **Sunday August 17<sup>th</sup>** at Lions Camp Pride. More info to follow.

**LCI Club Reporting:** Please make all efforts monthly, to report on LCI Portal all Club Service Activities, Hours, New Members and what is important to you.

**Again,** I am looking forward to a **GREAT LIONS YEAR**. If you have any questions, please give me a call.

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## Linda Hedrick, Global Service Team (GST)

A new Lions year is upon us, and service is up front and center!

I have been asked to once again be your Global Service Team Lead (GST) I look forward to working with all of you and hearing of new and old service projects.

Hopefully we will have a service project for our 1st. Cabinet meeting which is being held at Camp Pride. I hope to see many of you there!

As you begin your meetings and projects please don't forget to enter them into the portal.

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## PDG Al Goldstein, GET & LCIF coordinator



This past year was an amazing year of giving by the Lions clubs and members of MD44. The need does not go away. The spirit of giving is a big part of who the Lions of New Hampshire are. Let's try to build upon what we did for donations last year and continue to show the Lions of the world how very generous we are.

The first ever Melvin Jones breakfast New Hampshire is in the works with more details to come.

If you would like me or PDG Toni Olden to come to your club and speak on LCIF please contact either of us to make arrangements ([a1goldstein@comcast.net](mailto:a1goldstein@comcast.net); [toniolden@gmail.com](mailto:toniolden@gmail.com)).

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## Steve Middlemiss, Past International Director



From International Director Steve Middlemiss



Our time on the International Board is winding down. LeeAnn and I want to once again thank everyone from the NE area Lions for your support and friendship throughout this term. You are all amazing Lions. We have had a once in a lifetime experience and will always remember the Lions we met along the way. We are looking forward to the next steps in our Lions journey working with the Lions of MD 44 in a number of roles. Of course, I will always be available for any support I can provide to the Leaders of our NE Districts and beyond.

Let's each of us continue to work together to grow and continue our Legacy of Service. It's up to each of us to work to accomplish all of our goals. Please help us reach our goal of 1.5 million members and to serving the needs in our communities.

The International Convention in Orlando is just days away. We both hope you will be attending the convention, and we look forward to seeing you there.

Thank you all once again for your support.

Yours in Lionism,  
ID Steve & Lion LeeAnn  
(pccmiddlemiss@gmail.com)

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## Michelle Ackroyd, Childhood Cancer Chair

The Salem Lions participated in Relay for Life raising Money For Childhood Cancer research. They raised just over \$9,000 for this very worthy cause. There is always Hope that they will find a cure!



## PCC Robert Gustafson, Diabetes Chair

The ADA, American Diabetes Association, puts out a “Recent Advance” report summarizing recent advances in confronting Diabetes. The tidbit below I thought was very interesting. Moral of the tidbit Story? Keep your A1C levels under control if you have Diabetes. A1C is a longer term measure of blood glucose in your system. Most sources indicate you should keep this level under 7%. The A1C test measures the amount of glucose (sugar) attached to hemoglobin in red blood cells. Since red blood cells live for about 2-3 months, the A1C reflects average blood sugar levels over that period.

Tidbit: Several large clinical trials have demonstrated the importance of tight glucose control for reducing diabetes complications. However, few studies to date have tested this in the real-world, outside of a controlled clinical setting. In a study published this year, Dr. Laiteerapong found that indeed in a real-world setting, people with lower hemoglobin A1C levels after diagnosis had significantly lower vascular complications later on, a phenomenon known as the ‘legacy effect’ of glucose control. Her research noted the importance of early intervention for the best outcomes, as those with the low A1C levels just one-year after diagnosis had significantly lower vascular disease risk compared to people with higher A1C levels.

With these findings in hand, physicians and policymakers will have more material to debate and determine the best course of action for improving outcomes in people newly diagnosed with diabetes.

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## Jeri Maynard, Environment Chair

In the last couple of months, we have been focusing on plastics, specifically, (PFAs, PFOs, PDFs, etc. ). Microplastics are tiny (sometime microscopic) and can be found everywhere. Evidence of their presence is present in our air, water sources, soil, food and even our bodies. and are becoming a concern for our health and environment. You may not see them but they are there!!

While you cannot completely avoid microplastics, here are 9 **science -backed\*** recommendations for avoiding them:

1. **Choose tap water, not plastic bottled water:** Individuals drinking beverages with plastic packaging have been found to have more microplastics in their digestive system
2. **Do Not Microwave Plastic:** Heating food in plastic wrap and/or containers release the microplastics into your food. Transfer your food into glass or ceramic containers before heating
3. **Plastic Kitchenware:** Many kinds of plastic kitchenware transfer microplastics into your food. This would include plastic cutting boards, bowls, blenders, electric kettles and sponges. Alternatives: stainless steel, glass, ceramic, bamboo and stoneware items. For cleaning, use non-plastic sponges, steel wool scrubbers, and brushes with non-plastic bristles



4. **Chose Natural Fibers for Carpets, Furnishings, and Clothing.** Microfibers are constantly being shed due to abrasion during wear and cleaning procedures. Alternatives to clothing and home textiles are cotton, linen, bamboo, silk and wool. Be sure to read the article labels as synthetic fibers may be blended with natural fibers.
5. **Avoid Plastic Tea Bags:** Again, heat releases numbers of microplastics into your relaxing cup of tea. Switch to looseleaf tea in a metal tea strainer or a reusable cotton tea bag.
6. **Bring Your Own Non-plastic Reusable Cup:** All types of disposable cups have been found to release microplastics into their contents. This includes paper cups that have a plastic lining like your morning take-out coffee cups. More microplastics are released when contents are hot or carbonated (soda is acidic).
7. **Plastic Baby Bottles:** Infants can be exposed to “millions” of microplastics daily from plastic baby bottles. Use shatter-resistant glass bottles instead.
8. **Nonstick Cookware:** Cookware coated with PTFE (Teflon) were found to release “millions” of microplastics but are also concerning because they also contain PFAs (“forever chemicals”). Instead, use stainless steel, ceramic or cast-iron cookware.
9. **Personal Care Products:** In the USA, microplastics have been banned for use in “rinse-off” products such as toothpaste and face wash. However, microplastics can still be added into “leave-on” items such as body lotions and make-up. Read labels and avoid ingredients such as polyethylene, polypropylene acrylates, polymers and microbeads.

**Find more information from the NRDC :** National Resources Defense Council

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## Mario Izzo, Hunger

A statement made by UN Secretary-General Antonio Guterres. This Global Report on Food Crises is another unflinching indictment of a world dangerously off course.

Hunger is not an emergency confined to certain pockets of the world or periods of time. It is fast becoming a scar etched into the lives of millions around the globe. Fueled by conflict, geopolitical tensions, climate chaos, environmental vulnerabilities, and economic upheaval, food and nutrition crises define the lives of millions— not for weeks or months, but for years and even lifetimes.

As detailed in this report, more than 295 million people faced acute hunger last year, the sixth consecutive annual increase. From Gaza and Sudan, to Yemen and Mali, catastrophic hunger driven by conflict and other factors is hitting record highs, pushing households to the edge of starvation. Displacement has also surged, as violence and disasters rip families from their homes and condemn people of all ages to malnutrition and even death. Meanwhile climate extremes are growing in intensity – wreaking havoc on global food security, crippling harvests, and breaking supply chains.

The message is stark. Hunger and malnutrition are spreading faster than our ability to respond, yet globally, a third of all food produced is lost or wasted. Long-standing crises are now being compounded by another, more recent one: the dramatic reduction in lifesaving humanitarian

funding to respond to these needs. This is more than a failure of systems – it is a failure of humanity. Hunger in the 21st century is indefensible. We cannot respond to empty stomachs with empty hands and turned backs.

Governments, businesses and decision-makers must heed the clear warnings issued in this report. We must summon the funding, innovations and global solidarity to build the food-secure and climate-resilient future that every person, everywhere, needs and deserves. Trade must become a driver of food security - not a barrier to it. We need fair, transparent, and resilient trade systems that ensure food can move efficiently, especially during crises. The UN Pact for the Future, adopted in September 2024, gives renewed momentum to the fight against hunger by helping to build more resilient, inclusive, and sustainable food systems for all.

We can meet the great promise of ending hunger if we commit to change, choose to act, and forge a different, more humane path.

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## District Happenings

### District Rally



# SAVE THE DATE DISTRICT 44-H RALLY



SUNDAY AUGUST 17, 2025

10:00 TO NOON

CAMP PRIDE

OPEN TO ALL LIONS

WEAR YOUR FAVORITE TEAM SHIRT

COME ENJOY A DAY AT YOUR CAMP

Look for details to follow.

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## DG Peter Homecoming Registration Form

*You and your guests are cordially invited to*

### **DG Peter LaPointe's Homecoming Celebration**

**Sunday July 27, 2025**

6:00 – 6:45 pm      Cocktails / Hors D'Oeuvres

6:45 pm              Dinner

**Puritan Event Center**

245 Hooksett Road

Manchester, NH 03104

***Kindly respond before July 7, 2025***

By submitting this form and your check to:

Hampstead Lions Club

c/o Bob Bedrosian

35 Glastombury Dr., Sandown, NH 03873

Name(s) \_\_\_\_\_

Club \_\_\_\_\_

Please check here if you would like to speak at the event ☐

\$45 X \_\_\_\_\_ people = \$ \_\_\_\_\_ check amount

**Dinner buffet will include:** Rolls, butter, Caesar salad, spinach salad, green beans, mashed potatoes, fried chicken tenders, oven roasted turkey, meat lasagna, followed by dessert. Coffee, tea and water will be provided.

Please make us aware of dietary restrictions

\_\_\_\_\_

## Club Excellence Award Application

[Use this link](#), or the 2-page application below. Send it to PDG Peter LaPointe (plapointe.lions@gmail.com) before July 31, 2025.

**Lions International**

2024-2025

**CLUB EXCELLENCE AND 5 STAR EXCELLENCE AWARD APPLICATION**

This application features criteria for the Club Excellence Award and 5 Star Excellence Award. As you go through the application, please check all qualification boxes that your club has met. At the end of the application are criteria for the 5 Star Excellence Award. Your club will be awarded either the Club Excellence Award or the 5 Star Excellence Award.

Club name:  Club number:  District:

2024-2025 club president name:

Member number:  Email address:

**1. MEMBERSHIP**

☐ Achieved a net growth of two (2) members or 10% or more members (whichever is greater) or ☐ Chartered a new Lions club.

Name of Lions club:

**2. SERVICE**

☐ Started a new service project. Consider one of our global causes! Explain:

☐ List three service activities your club participated in that were reported to Lions International:

1.

2.

3.

**3. LCIF**

☐ Contributed to LCIF an amount greater than or equal to the club's membership total multiplied by US\$10.

Year-end membership count:  x US\$10 =

**4. LEADERSHIP AND ORGANIZATIONAL EXCELLENCE**

☐ Club is in Good Standing; Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with Lions International greater than US\$50 outstanding 90 days or more.

☐ Reported club officers to Lions International.

☐ Key officers participate in club officer training.

☐ District ☐ Webinars

☐ Multiple district ☐ Lions Learning Center

☐ International

## 5. MARKETING

- ☐ The club has publicized its service activities through local media or social media.

Provide a link to where they were publicized: \_\_\_\_\_

Learn more about [promoting your club and activities](#), and learn about the Marketing Award.

### DOES YOUR CLUB QUALIFY FOR THE 5 STAR EXCELLENCE AWARD?

- ☐ Achieved the Club Excellence Award.
- ☐ Membership increase of 20% (minimum of five (5) members for small clubs).
- ☐ Minimum donations of US\$20 per member or US\$1,000 (whichever is less).
- ☐ Annual service and membership report submitted.

2024-2025 district governor signature\*: \_\_\_\_\_

District: \_\_\_\_\_

District governor member number: \_\_\_\_\_

Date: \_\_\_\_\_

\*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

**Due by:** August 31, 2025

**Send to:** [clubexcellenceawards@lionsclubs.org](mailto:clubexcellenceawards@lionsclubs.org)

**Awards mailed to:** 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at Lions International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.



**Lions International**

**District and Clubs Administration**

Lions International

300 W. 22nd St.

Oak Brook IL 60523-8842 USA

[www.lionsclubs.org](http://www.lionsclubs.org)

DA-CEA 4/2024 EN

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## Camp Pride



# LIONS CAMP PRIDE CONNECTION



July 2025

Our camp is up to full speed by the time you read this newsletter. Lots of improvements to show for the hard work put in by many. In the month of June we have had the Girl Scouts of the Green and White Mountains, The Vaughn family outing, and ROTC of UNH.

Despite the poor weather our May 31<sup>st</sup> camp clean-up went much better than anyone expected. All bunkhouses and facilities were cleaned and ready to go. **Thanks to all.**

The new solar installation is already paying dividends with much lower electrical bills than the same time last year. New solar contributors are Saddleback Lions \$4800; Whittier Lions Club \$1400; Dover, Rollinsford, South Berwick Lions \$1600; Newmarket Lions \$2000; and Hampstead Lions \$1000. A new total raised to date is \$71,200

The basement apartment in the administration building, thanks to the Wolfeboro Club, is looking so good with the new furnishings I'm thinking of moving in there.

Call me up and ask what you or your club can do to make Lions Camp Pride even better.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time keep your Club informed.

Please visit <https://www.lionscamppride.org/> for information on the topics below that support Camp Pride. Choose "Support Us/Fundraisers", then select from the options: Commemorative Bricks, TD Bank Affinity Program, Calendar raffle, Latest Camp news and pictures.

Lenny Hall  
[LAH03811@Gmail.com](mailto:LAH03811@Gmail.com); 978-360-0958

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## Lion Portal Tip

It's important to keep your club information updated so other Lions can see when and where you meet, and it's accurate when reports are pulled. Here's how a Club President, Secretary, and Admin can update your club's meeting date, time, and location in the Lion Portal.

### How to change a club's meeting information

- Login to the Lion Portal
    - <https://www.lionsclubs.org/en>
    - Click on Lion Portal link in top right of screen
    - Enter username (your email address)
    - Enter Password. Password requires minimum of 8 characters, including at least one letter, and one number.
    - Click blue Login button
  - Click My Club tile
  - On right side of screen, click on Club Actions tab
  - Click blue Edit Club Details button
  - In pop-up Edit Club Details screen, update fields as necessary.
    - If you meet at the same time and place twice a month, you only need to fill in Meeting Location 1 information. Identify the meeting weeks of the month (for example first and third Monday at 18:30 (6:30pm), at the meeting place and meeting address.
    - Or, if your club meets at two different locations during the month, use Meeting Location 1 to identify where, when, time you meet. Then repeat these fields under meeting location 2 for the second meeting you have each month.
    - Scroll to the bottom of the pop-up screen, click Next, and you are finished.
  - This information will display on a report when the directory is updated again next year.
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## Multiple District Happenings

DogSight Project



### **THE DOGSIGHT PROJECT** **A Program of the New Hampshire Lions** **Multiple District 44 – Health Services of New Hampshire**



**Thank You, New Hampshire Lions!**

Through the generous support of all New Hampshire Lions, The DogSight Project raised

**\$20,000**

for the Fidelco Guide dog Foundation in the Lions 2024-2025 year. It takes \$65,000 to breed, raise, train, and place a single quality Fidelco Guide Dog. Thank you to all the clubs for their support!

The Dogsight Project is looking for members. Duties are light, meetings are short and via Zoom, and satisfaction is great! Contact Linda Piekarski ([lp314@outlook.com](mailto:lp314@outlook.com)) if you are interested.

**Than you all for your generous support!**

Linda Piekarski  
Chair, the DogSight Project  
[lp314@outlook.com](mailto:lp314@outlook.com)

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### Health Services of NH

Health Services of New Hampshire (HSNH) meets the fourth Tuesday of every month, 6:30pm.

Use this link to access the Zoom meeting:

<https://us02web.zoom.us/j/82356723382?pwd=6smO1A0wywDZNcU7pNiq7eLYtfaHrY.1>

Email for help: [MD44healthservices@gmail.com](mailto:MD44healthservices@gmail.com)

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Lions Youth Services

## June 12, 2025 Meeting

President Eric Olsen called the regular in person meeting to order at 6:30 pm at the Assembly of God Church, in Canaan NH. In attendance: Harry Armstrong, John Bayliss, Lenny Hall, Marie Hall, Deb Hogancamp, DG Mike Leahy, MCC Kamal Massand, Eric Olsen, Mary Ellen Pate, Kris Pavlik, Lara Raymond. Guests: Al Goldstein, Jim Hogancamp, Randy Pierce, Alan Ricard, Tracey Pierce. ***Lion Tracey Pierce has joined the board of directors. Welcome Lion Tracey!***



Front Row, l-r: Harry Armstrong, Marie Hall, Tracey Pierce, Lara Raymond, John Bayliss, Mary Ellen Pate  
Back Row, l-r: Mike Leahy, Kamal Massand, Eric Olsen, Deb Hogancamp, Lenny Hall, Kris Pavlik

## Grant Applications

Two grant applications were received and approved:  
Bedford Lions: Match club donation to be used for supplies needed to run camps at Camp Allen  
Approved - \$500  
Epsom/Chichester: to sponsor performers as part of the town summer reading program  
Approved - \$500

## Upcoming

**Casino:** Dates for 2025- The Nash Casino 12/25 – 1/11 and Salem Casino 10/24 – 26

**Seafood Festival:** Sunday, September 7, 2025.  
Notify Marie Hall or Marilyn Vaccaro to volunteer.

## Peace Poster Contest 2025-2026 “Together As One”

As of date, there are (6) clubs who have purchased a kit. Two from 44H, Nashua and Meredith and (4) from 44N, Chesterfield, Jaffrey-Rindge, Milford, and Pinardville.

As you know, school is out during the summer months so please be sure to select a Peace Poster Chair to prepare for the school opening in September.

There will be Poster Kits available to purchase during the August Cabinet Meetings. If you cannot attend the meeting, email Rhonda Wynne at

[rwvnnemilford@comcast.net](mailto:rwvnnemilford@comcast.net) and she will get a kit to you. The total cost of the kit is still \$12.00 per kit. A check for \$12.00 payable to Lions Youth Services, with Peace Poster Kit in the memo line, may be sent to Lions Youth Services directly at, Lions Youth Services, PO Box 156, Atkinson, NH 03811. You may also order online either a Physical Kit for \$11.95 plus shipping, or a Digital Peace Poster Kit for \$11.95. Get immediate access to all kit components via email, and download and print the digital kit to save shipping fees. ***To order a kit by phone, call Club Supplies Sales at (630) 571-5466 or 1-800-710-7822.***

## Lions Night at the Fisher Cats

The date will be Saturday, August 9, 2025, game starts at 6:35 pm, Fisher Cats vs the Fightin' Phils. Tickets are \$22.00 per person which includes a Hot Dog, Chips & a drink. Don't forget to get your Free Hat as well. Contact Lenny Hall. See the flyer in this issue of the newsletter for more details.

## Next Scheduled Meeting

Our next scheduled meeting is Thursday, July 10, 2025 at 6:30 pm at the Airport Diner in Manchester! We welcome you to join us!

**HAVE A HAPPY & SAFE  
4TH OF JULY!**



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## Hampton Beach Seafood Festival



Save the Date of September 7<sup>th</sup> to volunteer at the Hampton Beach Seafood Festival. This Multiple-district event will raise money towards the LYS MidWinter service Project.

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## Lions Service Carnival



### **BRING SERVICE TO LIFE!** Host a **LIONS SERVICE CARNIVAL**

★ *Take the Challenge!*

LionsUSA is calling on every New England district to host (or plan!) a Service Carnival by the USA/Canada Lions Leadership Forum this September. If we do it, Past International President Brian Sheehan will recognize the Northeast on stage!

### **What's a Service Carnival?**

A fun, hands-on community event with interactive booths that showcase the power of Lionism through service you can see, feel, and do!

### **Example booths:**

- ✓ Vision & health screenings
- ✓ E-waste collection
- ✓ Reading with kids
- ✓ Lions Quest demos
- ✓ Leo Club sign-ups

### **FREE ZOOM TRAINING**

Thursday, July 3, 2025 | 7:00 PM EST

We'll help you with planning, locations, volunteers, and impact!

<https://us02web.zoom.us/j/81583917991pwd=tZlXomFIMqpQGra4VGB0p4dLIhES76.1>

### **Make it your own:**

Set up at a local library, Old Home Day, farmers' market, school, park, or town green. Tailor it to your town's needs and your club's strengths!

### **Questions or ideas?**

✉ Lion Kathy Dorman – Northeast Chair, ✉ Lion Tanios BouRamia – Vice Chair,  
LionsUSA Service Carnival Team | LionsServe2Grow

District 44H Rally Registration coming soon  
Save the date of August 17, 10:00am-Noon, Camp Pride. More information coming soon.

District 44N Cabinet Meeting Registration Form

# District 44N Meeting

## August 3, 2025

### CHESTERFIELD TOWN HALL

522 NH-63, Chesterfield, NH  
*(Parking at the School)*

Registration: 8:45 AM  
Meeting: 9:30 AM

Cost: **\$15.00** per person; *Casual Dress*  
Meal: Breakfast Sandwiches, Juice, Coffee, Water (*will be provided*)

**All Lions Are Welcome!**

**DEADLINE for RESERVATIONS: JULY 25, 2025**

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***Please Bring Greeting Cards to sign for our Military!***

PLEASE SEND YOUR PAYMENT TO: CST GREGG KLEINER  
PO BOX 94, KEENE, NH 03431

Attendee: \_\_\_\_\_

\_\_\_\_\_

Club: \_\_\_\_\_ Amount remitted: \$ \_\_\_\_\_





Save the date!  
Bedford Lions Club  
60<sup>th</sup> anniversary celebration  
Saturday, November 8, 2025  
Derryfield Country Club  
Manchester, NH  
Details to follow

## 44H Club Happenings

### Derry

The Derry Lions had a very successful food drive to benefit the food pantry at First Baptist Church in Derry on Saturday May 31. Nearly 8 shopping carts of food were collected and delivered to the church food pantry. In addition, \$293 in cash donations will be given to the Sonshine Soup Kitchen in Derry. A shopping cart of collected dog and cat food was donated for the Humane Society. Six Derry Lions participated, and the grandson of Lion Cheryl Harvey also assisted sorting and transporting the collected food. Thanks to Chairman Dave Coyle for organizing the event including printing a handout list of recommended food items for the food pantry. We even had a visit from our Lion mascot. One mom with a young child had her daughter select the food items to donate. It was truly a family affair.



**Dover, Rollinsford, South Berwick:** Jennifer Halteman, Club President, was recently honored with the Lions International President's Award—the fourth highest recognition in Lions International. The award was presented by DG Peter LaPointe. Also in attendance was Cabinet Secretary Bob Bedrosian. "This award recognizes Jennifer's outstanding dedication and service to her local club," said District Governor LaPointe.



In accepting the award, Jennifer remarked, "This honor reflects the hard work and commitment of our entire club. We're proud of the contributions we've made to our community, and we remain committed to doing even more in the future."

The DRSB club presented its first-ever scholarship awards to Dover High School recipients. The awards were presented by members of the Lions Club Scholarship Committee: John Symington, Derek Arsenault, and June Pinkham.

The scholarship recipients were William Angers and Carson Conrad. William will study Civil Engineering, and Carson will pursue a degree in Agriculture. Congratulations to these scholars.



Save the date for the DRSB fourth annual Corn Hole Tournament on August 9<sup>th</sup> at *The Barn at Dunn Farm* in Berwick. To register your team, visit <https://birdease.com/cornholeforacure>



## Hudson



On June 9th the Hudson Lions Club sponsored the annual town wide Scholarship Dinner at the Hudson Community Center. Club members prepared a Spaghetti dinner and served about 250 people in in thirty minutes. PDG Jerry Vaccaro chaired the event after the loss of his Co-Chair, Lion Joe Kasper, who died in a motor scooter collision in July, 2024.



PCC Roger LaTulippe, Scholarship Chair, presented the checks to the Hudson Lions Club Scholarship recipients. Seven \$1500 Scholarships were awarded which included a Leo Scholarship, and 2 scholarships in Memory of PDG Al and Lion Phil Rogers.

A \$2,000 Scholarship was awarded in memory of Lion Joe Kasper who chaired this event for many years.



Boy Scout Troop 20, is sponsored by the Hudson Lions and helped with serving and clearing tables.

## Loudon

### Lions in Action: Championing Vision at the Special Olympics

In the true spirit of “We Serve,” Lions Clubs from MD44 worked at the Special Olympics, offering free vision screenings as part of the Healthy Athletes program—an initiative focused on inclusive health and empowerment.

This year’s event held at the University of New Hampshire marked a renewal of the Lions participation after a five-year hiatus since the onset of the COVID pandemic.

Witnessing the joy on an athlete’s face when they got their eyes screened is why we serve. It’s more than a screening. It’s about dignity, confidence, and inclusion.

The screenings align with one of Lions Clubs International’s eight global causes: **Vision**, and demonstrates the power of collaborative service between several Lions Clubs in New Hampshire.

As Lions, our mission to empower volunteers to serve their communities shines especially bright at events like these, where vision becomes not just a gift, but a gateway to greater opportunities.

We look forward to continuing assisting the Special Olympics Healthy Athletes Program in the future.

**Together, we serve to build a better future for all!**





## Nashua

We welcomed 12 new members, installed new officers, and welcomed our new President Paul G. Bergeron (receiving the gavel from KL Ed Lecius). Four \$4,000 scholarships were awarded to well-deserving students from three high schools in Nashua. Congratulations to Camryn Prunier, Marin Binder, Vedant Patil, and Sophie Bordelon. We made several donations, including 60



Hugs & Cuddles bears to four local medical facilities, a donation of bags and gift cards to the McKinney-Vento homeless assistance program, funds to End 68 Hours of Hunger, and a meal for the clients of Marguerite's Place. A successful new

fundraiser raffled off 2 tickets to the Mary Chapin Carpenter show at the Nashua Center for the Arts. Congratulations to winner Al Sewell. Our club presented thank you plaques to 21 organizations who provide space for our eyeglass collection boxes. We participated in the Special Olympics vision screening, the Mine Falls Park trail clean-up, and the 10<sup>th</sup> anniversary of the NH Everest club. Lions Mark and Fran Hendrickson provided 26 birthday bags to a local food pantry, and several club members volunteered or golfed in our Nashua Lions Club Golf Tournament – another successful day on the links!



We celebrated many service-minded Lions at our last meeting of the year. Congratulations to Lion Stephanie Langenbeck on being named the Lion of the Year. Congratulations to Granite State Fellow recipient Joel Ackerman, and new Melvin Jones Fellows Linda Hudon, Eileen Kelly, and Kevin Kelly. International President Certificates of Appreciation were awarded to Mary Ann Melizzi-Golja, Paule Ralph, Kristen Kearns, and Liz Kelly for their work during new service projects. There were several other awards; congratulations to all.



**July 3, Chronicle:** Watch New Hampshire Chronicle on July 3<sup>rd</sup> at 7pm. [An article on Randy Pierce will be aired](#). He and Sean McDonald participated in our Strides walk/run against diabetes, and Chronicle video crews were there!



## Wakefield

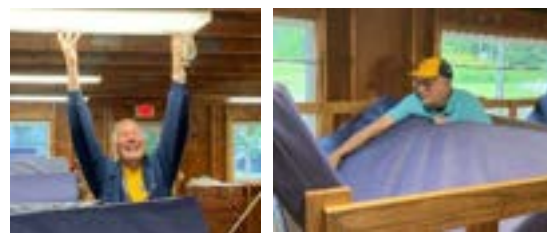
The Wakefield Lions participated in the town's 38th "Pride Day" bed races, bike decorating, children's games, and a parade with the Lions' "Bee Happy" float. Bed race fees supported a local school's 8th grade trip. In commemoration of a cherished local resident, the town honored Tom Dube by dedicating the Pride Day theme to his positive outlook and community contributions: "Blame No One, Expect Nothing, Do Something and Have Fun."



This spring, over 300 free 'Slow Down Wakefield' signs were given to residents during the "Walk/Ride to School Day" events. Lions Mike & Mary Beth Strout, George & Donna Ackerman, Connie Twombly, and Gloria Ballinger held uplifting signs for students and families. "Feel Good Days" were held on the last day of school for Wakefield, Middleton, and the Milton area.



Past President Tom Daniels, along with Lions Ken and Gloria Ballinger, worked on cleaning and dusting the Wakefield Lions Cabin at Camp Pride thoroughly. The cabin is now prepared for campers.



Wakefield Lions offered vision screenings during an event at a local casino. Lions Mary Beth and Mike Strout conducted screenings, and a large group attended the dinner and casino activities.

DG Peter LaPointe presented a leadership medal to President Mary W. Soares during a visit to the Club.

Other awards presented included: Manny Rogers (Doug Soares Memorial Award); Gloria Ballinger (Granite State Fellow); Anne Palmariello (Melvin Jones Fellow); and Shelly Daniels (Granite State Fellow).





## Wolfeboro

### Wolfeboro Lions Scholarship Program

The Wolfeboro Lions Club carefully reviewed and modified its scholarship award program for 2025. Previously the club awarded six one thousand dollar book scholarships which required winners to submit receipts for purchase of books or other qualifying items for reimbursement. This resulted in some winners not realizing the total value of the award.

The revised program reduced the number of scholarships to three but doubled the amount of the award. The only requirement being that the award be used for their higher education. The revised program resulted in a very large increase in applications from the student population. Our scholarship committee considered academics, extracurricular activities, need and community involvement. The latter was awarded in memory of long term Lions Doug Cady who gave so much to the Wolfeboro community. On June 5th, at the Kingswood Regional High Scholarship Night, the committee was pleased to award the scholarships to three very deserving candidates and will continue with this new format into the future.

### Wolfeboro Lions/American Legion

The Wolfeboro Lions Club is proud to offer ongoing support to the American Legion Harriman-Hale Post 18, both financially and through volunteer manpower. At the Legion's request, we launched our annual car show during the COVID-19 pandemic to provide free outdoor entertainment as part of the Wolfeboro Fourth of July Festival. Most recently, we provided food for the Legion's successful Sock Hop fundraiser and co-sponsored the 75<sup>th</sup> Annual Curley Drew Fishing Derby, continuing our strong partnership in service to the community.



### Wolfeboro Lions / Wolfeboro Parks & Rec

Parks & Rec Summer Kickoff will be held on June 28th at Pop Whalen Ice & Arts Center. The Wolfeboro Lions Club will be there promoting the club to potential new members and selling raffle tickets for its new lottery ticket raffle.

### COMING SOON –



Wolfeboro Lions  
Car Show- July 5<sup>th</sup>

20th Annual Golf  
Tournament-  
September 9<sup>th</sup>



## Upcoming Events

Date	Event
Jul 5	Wolfeboro Lions Car Show, 11am-2pm. Info in newsletter.
Jul 7	Deadline to register for PDG Peter LaPointe's Homecoming
Jul 13-17	LCI Convention, Orlando, FL. Registration link in newsletter.
Jul 27	Homecoming for DG Peter LaPointe, 6pm, Puritan, Manchester. Registration form in newsletter.
Jul 31	Deadline to email Club Excellence application to <a href="mailto:plapointe.lions@gmail.com">plapointe.lions@gmail.com</a> .
Aug 3	44N District Meeting, 9:30am, Chesterfield Town Hall. Registration form in newsletter.
Aug 9	DRSB Lions Cornhole Tournament, The Barn at Dunn Farm, Berwick, ME. Registration link for teams is in newsletter
Aug 9	Lions Night at Fisher Cats baseball. Flyer in newsletter.
Aug 17	District 44H Rally (formerly Cabinet Meeting), Camp Pride, 10am-noon, open to all.
Sep 7	Hampton Beach Seafood Festival volunteering
Sep 9	Wolfeboro Lions Golf Tournament, 7:30am, info in newsletter.
Sep 18-20	USA/Canada Forum, Atlantic City, NJ.



## Resources

### **Camp Pride**

Second Weds of the month,  
6:30pm Airport Diner, Manchester

### **Health Services of NH**

Fourth Tues of the month, 6:30pm  
Meets via Zoom  
md44healthservices@gmail.com

### **Lions Twin State Soccer Assoc.**

Fourth Tues of the month, 6:30pm  
meets via Zoom  
LTSSAVTNH@gmail.com

### **Lions Youth Services**

Second Thurs of the month,  
6:30pm Airport Diner, Manchester

### **Sight & Hearing Foundation**

Third Thurs of the month, 6:30pm  
Airport Diner, Manchester

### **Childhood Cancer Chair:**

Michelle Ackroyd  
m.ackroyd@comcast.net

### **Diabetes Chair:**

PCC Robert Gustafson  
Robertgustafson11@gmail.com

### **Environment Chair:**

Jeri Maynard  
lionjeri@comcast.net

### **Hunger Chair:**

Open

### **Lions Fellowship:**

Nancy O'Dowd  
Lupesmom14@gmail.com

### **Peace Poster:**

Available through LYS

### **District Photographer**

Open

### **Newsletter Editor:** Linda Quebec

Newsletter44H@Outlook.com  
Please send submissions by the  
20<sup>th</sup> each month.



### **Facebook Resources:**

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

### **NH Lions District 44-H**

- Our district page on Facebook

### **Global Lions Forum**

- Learning from Lions leaders around the world

### **Lion Portal Forum**

- A group to support one another while learning how to use the Lion Portal.

### **Lions Clubs International**

- Posts from Lions International

### **Lions Club Members: Public Image, Graphics & Ideas Hub**

- Great Lions images to use in your marketing, social media, newsletters

### **Lions SMiLE (Social, Media, including, Lions, Everywhere)**

- Excellent resource on how to improve your club's social media marketing.

### **Online Resources:**

#### **Lions International website**

<https://www.lionsclubs.org/>

#### **Lion Portal Login page:**

[Login \(site.com\)](#)

LionsSupport@LionsClubs.org  
(630) 468-6900 Member Svc.

#### **District 44H website**

[http://e-district.org/sites/district\\_14-1/index.php](http://e-district.org/sites/district_14-1/index.php)

## Leadership Directory

### **District Governor**

**Marie Valliere**

603-998-0871;  
keylion03@gmail.com

### **First Vice District Governor**

**Vince Giambalvo**

845-304-2059;  
rosevin68@gmail.com

### **Second Vice District Governor**

**Kimberlee Fournier**

603-897-9348  
LionKimberlee@gmail.com

### **Cabinet Secretary/Treasurer**

**PDG Jerry Vaccaro**

603-204-7752  
LionJerryVaccaro@gmail.com

### **Multiple Council Chair & Immediate Past District Governor**

**PDG Michael Leahey**

603-667-6719  
MiketheLion44N@outlook.com

### **Zone Liaison, Langdon Plumer**

C: 603-770-6499  
E: Langplumer@gmail.com

### **Zone 1 Chair, Erin Hendrickson**

C: 603-305-5696  
E: erinfreda@gmail.com  
Clubs: Derry, Hudson, Litchfield,  
Londonderry, Nashua, Salem,  
Windham

### **Zone 2 Chair, Bob Choumitsky**

C: 617-291-3723  
E: rchoumitsky@gmail.com  
Clubs: Atkinson, Auburn-Candia,  
Chester, Danville, Hampstead,  
Kingston, Plaistow, Sandown

### **Zone 3 Chair, Open**

Clubs: Exeter, Epping, Hampton  
Area, Newmarket, Portsmouth,  
Raymond, Rye, Seabrook

### **Zone 4 Chair, Ajay Rana Bhat**

Ph: 508-685-0582  
E: ajayranabhat@gmail.com  
Clubs: Dover, Rollinsford, S  
Berwick; NH Everest; Rochester;  
Somersworth; Wakefield

### **Zone 5 Chair, Ken Ward**

Ph: 631-220-5106  
E: kenward636@yahoo.com  
Clubs: Epsom-Chichester, Laconia-  
Gilford, Loudon, Meredith,  
Saddleback Mountain, Suncook  
Valley

### **Zone 6 Chair, Gina Lessard**

C: 603-651-6598  
E: weez\_gina@roadrunner.com  
Clubs: Conway Area,  
Moultonborough, Whittier,  
Wolfeboro

### **Global Action Team Leader**

**Marie Valliere**

603-998-0871;  
keylion03@gmail.com

### **Global Extension Leader**

**PDG Al Goldstein**

603-913-1281  
A1Goldstein@comcast.net

### **Global Leadership Leader**

**SVDG Kimberlee Fournier**

603-897-9348  
LionKimberlee@gmail.com

### **Global Membership Leader**

**Vincent Giambalvo**

845-304-2059;  
rosevin68@gmail.com

### **Global Service Leader**

**Linda Hedrick**

603-553-9015;  
lindahedrick676@gmail.com

### **LCIF Coordinator**

**PDG Al Goldstein**

603-913-1281  
A1Goldstein@comcast.net