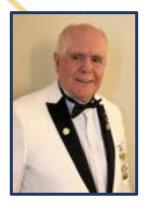
THE PRIDE

Newsletter of Lions District 44-H New Hampshire June 2025, Volume 50, Issue 12





Farewell Message from District Governor Peter LaPointe

As the saying goes, "All good things must come to an end." My year as District Governor has officially come to a close, and what a year it has been.

Serving as your DG has been one of the most rewarding experiences of my life. I've had the privilege of witnessing the compassion, energy, and determination of Lions across our district — clubs finding creative ways to serve, members stepping up as new leaders, and communities strengthened through the kindness of strangers who wear the Lions pin with pride.



Together, we grew in service, started new initiatives, welcomed new members, and supported causes that truly make a difference — from hunger relief to vision programs to supporting our youth. We rose to challenges, we lifted one another, and we lived up to our motto: We Serve.

I am deeply grateful for each and every one of you who gave your time, your talents, and your hearts. Thank you to my Cabinet, our Club Presidents, Secretaries, Treasurers, Zone Chairs, and every Lion who kept moving us forward. Your partnership and encouragement fueled our progress.

Though the title of District Governor now passes on, I remain a Lion — always. I look forward to supporting our next leaders and continuing to serve alongside you. The end of this chapter is simply the beginning of another opportunity to make a difference.

Thank you for the honor of serving you.

Yours in service, **Peter J. LaPointe**District Governor, 2024–2025

Lions District 44H

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District Goal Progress as of 5/30/25

Membership

District Membership*	Prev Month	2024-2025 Year	2024-2025 Goal
Opening Balance	1,255	1,201	
Added Members	7	148	167 new members
Dropped Members	10	97	
Closing Balance	1,252	1,252	
Net Gain/Loss	-3	51	82 net growth, plus 1 new club

International membership is 1,375,783

Welcome new members!

Club	New Member
Loudon	Deborah Steele
Raymond	Dennis Garnham
Sandown	Diana True
Sandown	Christopher True
Sandown	Kara Buteau
Sandown	Brad Buteau
Wakefield	Todd Corriveau

Service

District Service*	Previous Month	2024-2025	Goals
Vision Screenings	No report	12,678 people	
Hugs & Cuddle Bears	12 bears	264 bears	
% Lions Clubs Reporting	1	100%	100%
Volunteer Service Hours	4,368	44,024	+10% over last yr = 48,275
Service Activities	193	1,917	+10% over last yr = 2,189
Individuals Served	12,001	227,131	200,000
Funds Raised	199,004	417,893	
Funds Donated	96,908	488 <i>,</i> 574	

LCIF Donations

District LCIF Donations*	Previous Month	2024-2025	2024-2025 Goals
LCIF Donations	3,450	106,117	\$38,000 orig goal;
			\$110,000 new goal

Upcoming Events

Date	Event
Jul 13-17	LCI Convention, Orlando, FL. Registration link in newsletter.
Jul 27	Homecoming for DG Peter LaPointe, Puritan, Manchester. Save the date.
Sep 5	Homecoming for ID Steve Middlemiss, Castleton Event Center, Windham.
Jul 13-17 Jul 27 Sep 5 Sep 18-20	USA/Canada Forum, Atlantic City, NJ. Registration link in newsletter.



Outgoing District Governors Mike Leahey (44N) and Peter LaPointe (44H) were presented with their official jackets by the NH Lions Past and Present District Governors Association at their final meeting of the year. Taking part in the ceremony were PCC Kamal Masand, who presented them with their new badges and patches and Association President Randy Thompkins who presided at the meeting.



Registration form on next page.

You and your quests are cordially invited to

DG Peter LaPointe's

Sunday July 27,	2025
6:00 – 6:45 pm	Cocktails / Hors D'Oeuvres
6:45 pm	Dinner
Puritan Event C	enter
245 Hooksett Road	d
Manchester, NH 0	3104
Kindly respond	before July 7, 2025
By submitting this	form and your check to:
Hampstead Lions	Club
c/o Bob Bedrosian	
35 Glastombury D	r., Sandown, NH 03873
Name(s)	r., Sandown, NH 03873
Name(s)	r., Sandown, NH 03873
Name(s) Club Please check here	r., Sandown, NH 03873
Name(s) Club Please check here \$45 <u>X</u> peop Dinner buffet will	if you would like to speak at the event le = \$ check amount include: Rolls, butter, Caesar salad, spinach salad, green beans, mashed
Name(s) Club Please check here \$45 X peop Dinner buffet will potatoes, fried chi	if you would like to speak at the event le = \$ check amount include: Rolls, butter, Caesar salad, spinach salad, green beans, mashed icken tenders, oven roasted turkey, meat lasagna, followed by dessert. Coffee,
Name(s) Club Please check here \$45 <u>X</u> peop Dinner buffet will	if you would like to speak at the event le = \$ check amount include: Rolls, butter, Caesar salad, spinach salad, green beans, mashed icken tenders, oven roasted turkey, meat lasagna, followed by dessert. Coffee,

Marie Valliere, First Vice District Governor

THANK YOU

You made a difference. From Christmas gifts for Dover to Legos for children with Cancer and all the food drives in between. You impacted someone's life. The overwhelming support to L.C.I.F. was above and beyond. Where there was a need there was a district full of Lions to serve. Be proud to be a Lion. Every Lion did their part either in a big way or a small part to make 2024-2025 a successful year in our District's history. Let's keep up the good work. Thank you, again.

Marie R Valliere DGE 44-H

Vince Giambalvo, Second Vice District Governor & GLT Building A Team

One of the duties of a Lion Leader is to work to build a team. We do this by recruiting and retaining members and assisting them to become engaged and successful. The process of finding and matching people to our needs can sometimes seem daunting. There are some useful tools that can facilitate that task.

There are three questions I have used to help people to find activities that will make them successful.

- 1. What are you good at (Skill/knowledge)
- 2. What do you like to do (Will/Passion)
- 3. What have you been successful at doing in the past,

The first two questions are contained in the Skill-Will Matrix tool. The Skill/Will Matrix is a practical and insightful leadership tool used to assess individuals based on two key factors: their level of skill (competence) and their level of will (commitment or motivation). Originally developed for coaching and team development, this matrix is especially valuable when applied to one of the greatest challenges in Lions Clubs International - building your team by recruiting and retaining dedicated members.

Using the three questions above will allow you to determine where in the matrix they Are. Question one helps determine in what areas people have high levels of skills. Also, by observing them you can gather additional information about how well they perform as Lions at events, meetings or in conversations with you and other people. Question two allows you to determine what they enjoy doing. It is in these kinds of activities that they will be more motivated to participate and contribute to your club's success. Knowing these two factors permits you to determine where in the Skill/Will matrix they fall.

The matrix categorizes individuals into four quadrants:

- 1. **High Skill / High Will** These are your star Lions. They're competent, motivated, and often take the initiative.
- 2. **High Skill / Low Will** These members have the ability but may be disengaged or underutilized.

- 3. **Low Skill / High Will** These are eager and enthusiastic members who need guidance and development.
- 4. **Low Skill / Low Will** These individuals may not yet be aligned with the club's mission or may be facing personal obstacles.

This leads us to the third question, what have you been successful doing in the past. I call this the application question. Ask yourself "Is it possible for someone to be good at something and passionate about it and still not have success?" Sometimes the answer lies in how skill and will are applied to what people are trying to accomplish. An example: suppose someone is a very talented musician. They can make their instrument do just about anything. They are also passionate about music. It is the only career they want to have. But they have never been successful. This can be an application issue. Maybe, just maybe, it is because they are trying to play in a Symphony Orchestra with their banjo.

By understanding the answers to all three questions, you can be in a strong position to determine how to guide Lions and perspective Lions to be successful.

When used thoughtfully, the knowledge gained from these three questions helps you build stronger, more engaged teams. It turns recruitment into relationship-building and retention into long-term empowerment ensuring that every Lion finds a meaningful place to serve.

When we lead to serve and serve to lead, everyone grows.

Bob Bedrosian, Cabinet Secretary

44H Spring Convention Spring Convention in Nashua was a great time. Thank you to everyone who contributed to planning the event, and thank you to all the Lions who attended. From a danceable Rock Band (Better Daze) to a touching memorial service to informative meetings to a great visiting ID to an outstanding hospitality room to banquets and awards... it was a busy weekend!

DG Peter's Homecoming: Look for information in this newsletter to register before July 7th. We hope to see many Lions at the event to celebrate Lions, service, and leadership and a very successful year for DG Peter.

Lion Portal Tips for Secretaries - How to Add a New Member: Your club works to invite in new members. New members are the life blood of our organization bring in more hands for service, new ideas and more excitement. It's important for your Club Secretary to input that new member into the new Lion Portal in the month that they join. Adding new members is easy when you know where to go. Here's how to do it: Login to the Lion Portal, Click on My Club, click blue button "Manage Club Members", Add new member, fill in screens, click Next until you go through all the screens. When you have successfully added a new member, you will see a green box pop up at the top of your screen confirming success in adding a member. You can confirm the member has been added on the My Clubs page. In the membership list on the right side of the screen, click View All so the list is enlarged on your screen. Scroll to see the new member in membership list. If you need assistance, please contact who you sent to secretary training, or your zone chair, or LindaQuebec@Ymail.com. We can help you become comfortable with the new system.

Club Excellence: Did your club have a strong year? Get credit for it. Make sure your club submits the Club Excellence Award application to DG Peter Lapointe before July 31st (plapointe.lions@gmail.com). See application in this newsletter.

Thank you for allowing me to serve, Bob B

Gail Dacey, Global Membership Leader (GMT)

Congratulations to every club that has added new members this year. It has been a good year. It has been my pleasure working with you this past year. We have one more month with membership pin incentives and help with dues. Let's try to do one more final push to add new members. Contact members you haven't seen in a while and find out why. We want to keep our members engaged so they want to remain Lions. Try not to have a big drop in June. Remember the club excellence award has changed and you have to add 10% of your current membership total to make club excellence not just a plus one. The more members you have the better you can serve your community. Good luck next year.

Linda Hedrick, Global Service Team (GST)

What a year filled with great service projects! But don't stop now, we still have one more month. In June, people are preparing their yards for the summer. Why not plant flowers and recycle plastic to get a TREX bench.

Thank you for sharing your amazing projects with us and of course, let's not forget the portal. That's the final stage of your projects. If you're having trouble with the portal please reach out. We can get you the answers you need.

A picture is worth a thousand words! This was in a thank you letter from Cystic Fibrosis. This little girl received a Build A Bear and is playing doctor to help her bear get well.



PDG Al Goldstein, MD LCIF Coordinator

LCIF improves access to quality education, vital health services, and positive youth development for young people around the world. Your donation to LCIF goes so much further than disaster relief. Helping children all over the world is a big part of what is done.

It is not too late to make a donation this Lions year.



Kamal Masand, Multiple Council Chair

As my journey as Council Chair comes to a close on June 30, 2025, I want to take a moment to express my deepest gratitude to each of you. Your dedication, leadership, and commitment to serving our communities have been truly inspiring. It has been an honor to work alongside such enthusiastic and driven individuals who embody the very essence of Lionism.

A heartfelt thank you to DG Peter and DG Mike — your leadership and accomplishments this year have been outstanding.

I would also like to extend my sincere appreciation to the Boards of NH Sight and Hearing, Lions Youth Services, Lions Health Services, and Twin State Soccer. Attending your meetings has been a valuable learning experience, and your unwavering commitment is truly commendable.

Special thanks to MCS Linda Quebec and MCT PDG Jerry Vaccaro for their steadfast support and dedication throughout the year.

At the start of this term, I set several goals for myself:

- Update the MD Constitution & Bylaws for 44-H and 44-N
- Conduct a successful Regional Lions Leadership Institute
- Host the Mid-Winter Convention in the heart of our state, featuring a Service Project and a Town Hall Meeting
- Improve our web portals
- Run council meetings efficiently, while ensuring they remain effective and productive
- Distribute meeting minutes and financials in advance

I am proud to share that all of these goals were accomplished.

Wishing you all continued success in your future endeavors — both within Lions and beyond. May we always remain united in our mission to serve.

Best wishes to Incoming Council Chair Mike Leahey, and to DGE Pam and DGE Marie.

Let us always serve selflessly, expecting nothing in return.

In Lionism,

Kamal

WE SERVE

Steve Middlemiss, International Director

April and May were busy with District and Multiple District visits. We visited Ohio, Michigan, Louisiana, Ontario, our own 44 H convention, West Virginia, and Georgia. There are some amazing Lions in these areas just like the amazing Lions here at home in New England. Working to grow our Association through Mission 1.5. Raising funds in support of their District, MD Foundations as well as LCIF. Applying for grants and using the funds to serve even more. As we have seen recently there have been some devasting natural disasters occurring and LCIF and the Lions of these areas are there to help those in need. That's what we do as Lions, we help those in need. Not only is the funding important but having boots on the ground to use those funds. In order to use these funds to their fullest we need more Lions. Let's each of us work together to grow and continue our Legacy of Service. It's up to each of us to work to accomplish all of our goals. Please help us reach our goal of 1.5 million members.

The International Convention in Orlando is just around the corner. Remember there are a few changes to this convention. The Parade will be on Monday the 14th and the step-off time has been changed to 8:00 AM. Those of you who will be delegates, voting will be held on Days 3 & 4. There will not be a half day on Day 5. We both hope you will be attending this year's convention in Orlando. Please join us as we bring in a new year of Lionism.

We continue to look forward to serving the Lions of the World as we all work toward "Making Our Mark". Thank you all once again for your support and we look forward to seeing you in Orlando.

Yours in Lionism,
ID Steve & Lion LeeAnn
(pccmiddlemiss@gmail.com)

PCC Robert Gustafson, Diabetes Chair

In the US, about 38.4 million people have diabetes, with 29.7 million diagnosed and 8.7 million undiagnosed. Additionally, 97.6 million adults have prediabetes, where their blood sugar levels are higher than normal but not yet at the diabetes diagnosis threshold. Globally, over 589 million adults live with diabetes, a number projected to rise to 853 million by 2050, according to the International Diabetes Federation.

Here's a more detailed breakdown of the prevalence in the US:

- **Total:** 38.4 million people (11.6% of the population) have diabetes.
- **Diagnosed:** 29.7 million people, including 29.4 million adults.
- Undiagnosed: 8.7 million people (22.8% of adults with diabetes are undiagnosed).
- **Prediabetes:** 97.6 million adults have prediabetes.
- **Seniors:** 27.2 million people aged 65 or older have prediabetes (48.8%). Global Prevalence:
- Adults with diabetes: 589 million (1 in 9 adults).
- Projected increase: 853 million by 2050 (1 in 8 adults).
- Majority live in low- and middle-income countries: Over 4 in 5 adults with diabetes live in low- and middle-income countries.

As we know, one of the Lions major themes is Diabetes. Just my opinion, but as we do for vision screening to uncover vision deficiencies in kids, we should do A1C testing to uncover some of those 8.7 million undiagnosed folks with Diabetes in America. This will be a worthy task.

And remember, you can find out if you may have pre-Diabetes by going to the site DolHavePreDiabetes.org

Mario Izzo, Hunger Chair

Here are 10 facts about world hunger:

- 1. Around 757 million people are facing chronic hunger meaning 1 in 11 people globally are not consuming enough food for an healthy life.
- 2. 343 million people are experiencing extreme hunger, facing dire food insecurity.
- 3. 44.4 million people are on the brink of starvation or worse, with 1.9 million facing catastrophic hunger.
- 4. 45 million children under 5 are severely hungry, suffering from weight loss due to lack of nourishment.
- 5. Nearly half of all child deaths are linked to malnutrition.
- 6. The world produces enough food to feed everyone, but a lack of access and unequal distribution lead to hunger.
- 7. In 2024, the Global Hunger Index identified 36 countries with serious levels of hunger and 6 with alarming levels.
- 8. Food insecurity is rising, with nearly 282 million people experiencing high levels in 2023, according to the World Food Programme (WFP).
- 9. Conflict, extreme weather, and rising costs are major drivers of hunger and food insecurity.
- 10. World Vision estimates that nearly 45 million children worldwide are dangerously malnourished.

Michelle Ackroyd, Childhood Cancer Chair

June 21st please join us to raise money for Childhood Cancer research the Salem Lions would love yours support.



FREE, FAMILY-FRIENDLY, CANCER EVENT AND WALK

Join us to celebrate cancer survivors, remember loved ones lost, and fight back against every cancer as we come together for every life.

SATURDAY, JUNE 21, 2025

Pinkerton Academy, Derry, NH 3 PM to 9:30 PM





Scan the QR code or visit RelayForLife.org/SouthernNH to register, donate or learn more.

Join our NEW Facebook group at Facebook.com/groups/rflsouthernnh.

Jeri Maynard, Environment Chair

While downsizing my very large collection of old magazines, I came across an article from the November 2023 Reader's Digest. The article had been originally published in the New York Times by A.J. Jacobs, an author who "sees his life as a series of experiments in which he immerses himself in a project or lifestyle, for better or worse, then writes about what he learned." The genre is often called "immersion journalism "or "stunt journalism". This short article immediately caught my eye "My Day of No Plastic", a well-planned and researched day of avoiding any contact with anything considered plastic.

Starting in the morning with his bamboo toothbrush, organic soap, and specially purchased clothing (nothing synthetic), A.J.'s day entails organic fresh foods, no telephone, tv or radio. He brings a wooden chair onto the subway to avoid those yellow plastic seats. Can you imagine paying your grocery bill with quarters because credit cards and paper currency have plastic elements in them? The list goes on and tells vividly what he must do to stay plastic free. At the end of his 24 hours, A.J. counted at least 164 "violations"- plastic he could not avoid.

So, do we need plastic to keep on living? Well, the truth is plastic is everywhere. You can find it in your clothing but more importantly, without plastic, cars, buses, planes, trains, cell phones, laptops, credit cards and even cash would be gone. Do not forget that reading glasses, contact lenses, prosthetics, vitamins and other medicines keep us healthy and alive. Another main benefit of plastic is keeping your food fresher for a longer time. Bottom Line is that the plastic considered for long term use is not the culprit; items that are used once and then tossed away are the real demons! Unfortunately, we feel we are doing our part by putting those items into the recycling bins but, in reality, a good percentage of those "recyclable" items go right into the landfill.

So it is back to basics: use reusable bags, bottles and utensils, choose products with minimal or plastic free packing, shop local farmer's markets and support the brands that prioritize sustainable packing. <u>Follow the 3 R's: Reduce, Reuse, Recycle</u>

As a Lion Club Member, urge your club to become one of the "Zero Waste" Clubs. Clubs that have shifted over to compostable items for their food related activities. Skip the little plastic cups we toast with and encourage each member to bring their own reusable water bottle. When it comes to restocking your supplies each year, do the research and select the most environmentally friendly and safe products. There is a quote from a noted waste reduction activist (A. Bonneau) "We don't need a handful of people doing zero waste perfectly; we need millions of people doing it imperfectly".

Environment is one of the Lions Focus themes- wouldn't your club like a new green patch for your banner??

P.S. Check out A.J. Jacobs's "life experiment "books- they are informative but quite entertaining...

District Org Happenings

44H Spring Convention Wrap Up

The district's Spring Convention saw many Lions over the events of the weekend. From a wonderful hospitality room, good food and fellowship, cutting the rug to the classic rock sounds of Better Daze, a touching memorial for the Lions we lost this year, to an informative cabinet meeting, to a Town Hall meeting with the visiting ID, to the DG's Banquet. It was a great show of who we are as Lions of District 44H.

Also during convention, we met International Director Hans Neidhardt and his wife, District Governor Shari. ID Hans led a discussion about how to retain members (keep people engaged in Lions work). He reiterated the importance of recognition, Making Your Mark, growing to give more, being stronger together, work to capture the community's imagination, continue to grow to have more hands to help, continue to bring in young people for their ideas and energy, turning why into why not, and making the most of each day.

Other notable take-aways from convention included acknowledgement of over 13,000 vision screenings in the district; nearly 22,000 miles driven by Lions Lift to assist visually impaired; recognition by DG Peter to his cabinet for the team's successes; and several awards. A certificate of recognition was presented to Michelle Ackroyd (Salem) for her work with childhood cancer; a certificate of recognition to the Windham club for their exceptional marketing and club promotion; International President Certificates of Appreciation to Chris and Leo Gies (Hampton) for their work with the state's eyeglass recycling; an International President Leadership Medal to Roy Walling III (Plaistow) for his work with the club; a plaque of thanks to outgoing DG Peter LaPointe for his successful leadership; IP Certificate of Appreciation to Krissy McKeeman (Danville) for her work as a zone chair; IP Certificate of Appreciation to Nico Buccieri (Hampstead) for his tech advancements this year; small club of the year to Windham Lions Club (club under 50 members); large club of the year to Nashua Lions Club; two District Lion of the Year awards – one to Multiple Council Secretary Linda Quebec (Nashua), and one to Cabinet Treasurer Lenny Hall (Atkinson); and an International Presidential Medal to Cabinet Secretary Bob Bedrosian. Additionally, Multiple Council Chair Kamal Masand was recognized for his leadership over the state this year.

District elections resulted in the election of Marie Valliere (Meredith) as our incoming District Governor, Vince Giambalvo (Loudon) as our incoming First Vice DG, and Kimberlee Fournier (Hudson) as our incoming Second Vice DG. They will take on their new roles on July 1st.

Sincere thanks go out to DG Peter and his team as they have guided our district to great success. Take another look at the statistics at the beginning of this newsletter. This is what happens when we work together to accomplish goals – we blow the doors off the goals and really work hard to serve the people in our communities. Congratulations Lions of District 44H!

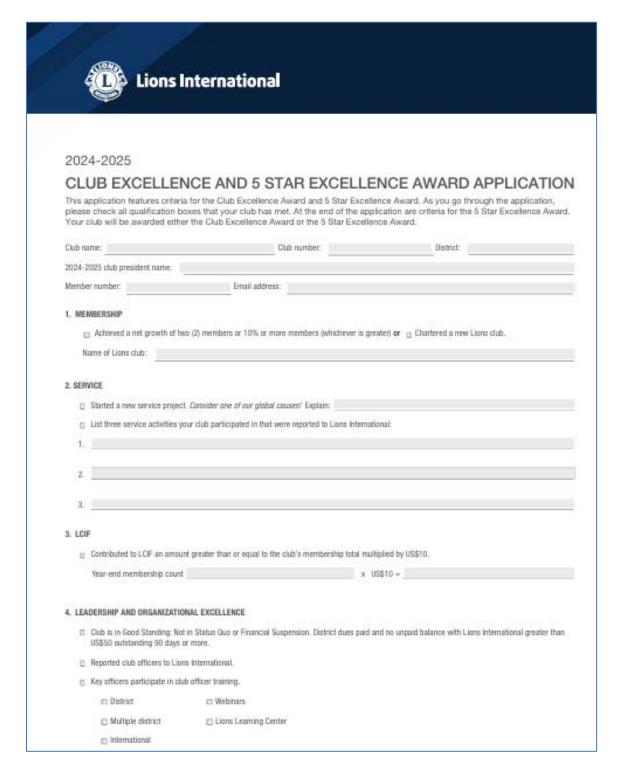






Club Excellence Award Application

<u>Use this link</u>, or the 2-page application below. Send it to DG Peter LaPointe (plapointe.lions@gmail.com) before July 31, 2025.



If the club has publicized its service activities through local media or Provide a link to where they were publicized:			
Learn more about promoting your club and activities, and learn about the Marketing Award.			
DOES YOUR CLUB QUALIFY FOR THE 5 STAR EXCELLENCE AWARD?			
Achieved the Club Excellence Award.			
Membership increase of 28% (minimum of five (5) members for sm	sall clubs).		
 Minimum donations of US\$20 per member or US\$1,000 (whichever 	(is less).		
Annual service and membership report submitted.			
2024-2025 district governor signature*:	District:		
District governor member number:	Date		
due by: August 31, 2025 Send to: <u>clube acelistice award@funsclubs.org</u> awards mailed to: 2025-2026 district governors			
Request to review award eligibility from a disqualified club will be consider completion of the Lion year, provided that the original application form is al	ed only if received at Lions International Headquarters within 12 months after fready filed at Lions International.		



Lions International

District and Clubs Administration Lions International 300 W. 22nd St. Oak Brook IL 60523-8842 USA www.lionsclubs.org

DA-CEA 4/2024 EN

Camp Pride



LIONS CAMP PRIDE CONNECTION



June 2025

Summer season is right around the corner and getting ready for the 2025 lease groups is in full swing. Here's what's happening.

- Liberty Mutual volunteers spent the day on May 2nd and tackled the ever-present leaf problem and won the battle.
- 100 or so Keller Williams volunteers spent the day on May 8th and painted the Moultonborough bunkhouse and the medical center, did a deep clean on about a half-acre of woods at the Chapel/deep water beach area, painted all the rocks of the Lions Camp Pride sign on the ball field banking, and completed about 60% of the One-on-One building's floor. It was an amazing day! A Granite State Fellow was presented to them for their day of service.
- May 31st was our day of service at the camp. Thank you to all the Lions who helped us get ready with general cleanup around the outside of our buildings, cleaned bathrooms, emptied trash barrels, reinstalled curtains, sanitized mattresses, swept floors, and painted exteriors.
- Progress continues on completion of the medical building interior renovation, the exterior decks and ramps, and completing the One-on-One flooring. There is a laundry list of small repairs that need to be done, so if you're coming and are looking for something to do, please reach out to me for some guidance.
- Donations continue to come in to support the new solar installation. Thank you to Nashua Lions Club \$10,000; LCIF and District 44H \$12,000; Plaistow Lions Club \$1400; Loudon Lions Club \$200; Portsmouth Lions Club \$2800; Windham Lions Club \$4600.
 More than \$60,000 has been raised to date.

We are in dire need of TD Bank Affinity program signups to reach our 2024-2025 goal. Please reach out to any LCP Board member for details of how you can help.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time keep your Club informed.

Please visit https://www.lionscamppride.org/ for information on the topics below that support Camp Pride. Choose "Support Us/Fundraisers", then select from the options: Commemorative Bricks, TD Bank Affinity Program, Calendar raffle, Latest Camp news and pictures.

Lenny Hall

LAH03811@Gmail.com; 978-360-0958

Hugs & Cuddles District Project

Has Your Club Donated Hugs & Cuddles Bears Yet?

It's easy to do, and makes a difference to the people who receive bears for comfort. Look at the info below to see the simple steps to spread kindness through the Hugs & Cuddles bears project.

Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
 - Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
 - Pick up bears, pay for them from sales money
 - If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

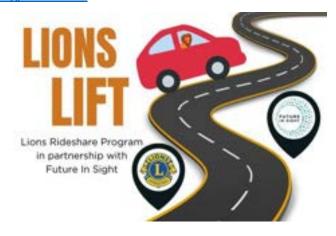
Multiple District Happenings

Lions Lift

Lions Lift for 2024 calendar year. These service hours are reflective of 22 clubs and 58 Lions Lift Drivers.

2024	Hours	Miles	# Rides
	1,315	21,912	736

Thank you to the Lions who have participated in the Lions Lift program to date. If you want to be part of something truly meaningful, join the Lions Lift program today through this link: https://futureinsight.org/volunteer



DogSight Project



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions Multiple District 44 – Health Services of New Hampshire



Challenging Times

The Kitchen and grooming area on the Fidelco campus has not been updated since the 1980's. The "grooming area" is a single tub in the kitchen which is a small and cramped space. Fidelco had arranged a grant from HUD (Housing and Urban Development department of the government). But as they admitted at the most recent New England Lions Advisory Board meeting, they are uncertain if those funds will actually come.

The DogSight Project hopes your club will consider an End of the Year donation in support of all that the Fidelco Guide Dog Foundation does for its dogs and its clients.

You can make a donation to the DogSight project any time. Please make checks payable to: **LSHF** and write **DSP** on the memo line to ensure the proper account is credited. Please mail checks to the project Treasurer Gregg Kleiner, PO Box 94, Keene, NH 03431

Linda Piekarski, Chair, the DogSight Project, lpi314@outlook.com

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Raised for Fidelco in 2024-2025: \$19,571







GIVE RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing.

Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409 email: dgroger@comcast.net



Lions Youth Services

May 8, 2025 Meeting

The May 8 meeting was held at the Airport Diner in Manchester.

Grant Applications

There were 3 grant applications approved in the month of May, Hooksett Lions \$500 Six Flags trip, Lebanon Upper Valley \$200 Pizza party with Girl Scout troop, and Hampstead \$500 Lions Eighth grade graduation celebration.

Terri Lynn Fundraiser

As most of you may already know, Terri Lynn will be closing their webstore, therefore, the fundraising program has ended. We wish to thank all who have supported this fundraiser for the past four plus years.

Upcoming Fundraisers

Under discussion/suggestion was a theme based upon literacy. This will be under consideration for the 2026 Mid-Winter Convention. All Lions are welcome, come to a meeting with an idea or suggestion!

Peace Poster Contest

2025-2026 "Together As One"

Another peace poster contest has begun. As of date, there are (6) clubs who have purchased a kit. Two from 44H, Nashua and Meredith and (4) from 44N, Chesterfield, Jaffrey-Rindge, Milford, and Pinardville. Email Rhonda Wynne at rwynnemilford@comcast.net and she will get one to you. The total cost of the kit is still \$12.00 per kit. A check for \$12.00 payable to Lions Youth Services, with Peace Poster Kit in the memo line, may be sent to Lions Youth Services, PO Box 156, Atkinson, NH 03811.

You may also order online either a Physical Kit for

\$11.95 plus shipping or **now available**, a Digital Peace Poster Kit for \$11.95. Get immediate access to all kit components via email, and download and print the digital kit to save shipping fees. *To order a kit by phone, call Club Supplies Sales at (630) 571-5466 or 1-800-710-7822*.

Lions Night at the Fisher Cats - the date will be Saturday, August 9, 2025. More details to follow.

Next Scheduled Meeting

Our next scheduled meeting is Thursday, June 12, 2025 at 6:30 pm ay the Poor House BBQ in Canaan. Please contact Harry Armstrong

<u>harrya616@yahoo.com</u> if you plan to attend so that you can preorder your meal for this meeting. As a courtesy, meals and attendance is asked prior to the meeting. To review the menu visit their website at: https://poorhousebbg.com/

Please contact Harry as soon as possible to that he can notify the restaurant.

Also if you would like to share a ride, please contact Lenny Hall at lah03811@gmail.com

ALL ARE WELCOME TO JOIN US FOR THIS FUN END OF THE YEAR MEETING!



ID Steve's Homecoming



HOMECOMING

FOR

INTERNATIONAL DIRECTOR Steve Middlemiss

ID Steve Middlemiss has worked tirelessly these past two years as he and Lion LeeAnn have carried the message of Lions to Lions across the country.

Constantly reinforcing the value of SERVICE with genuine warmth and engagement.

When you purchase a **Homecoming Chevron Patch for \$25.00**, you will be able to personalize your show of appreciation for the work Steve has dedicated himself to these past couple of years.

Your signed patch will be sewn onto Steve's Lions Jacket creating a permanent Lions Keepsake.



Please indicate the name of the person or the name of the Lions Club you would like to have written onto your sponsor patch.

Deadline to Sponsor is 5/31/2025

Show your support for ID Steve by completing this purchase form & mailing this form and your check to:

Gary & Robin Rodgers 46 Gaumont Road, Windham, NH 03087

Make Check payable to: Hudson Lions Club

Name:		_
Email Address:		_
Phone #:		
Check #:	Amount: \$	

We will email you a confirmation receipt of your form & payment. Any questions, please call Scott Wilson at 603 770-3700

Thank you for your support of the Homecoming for ID Steve!

GS Virtual Charter Celebration Registration



CHARTER CELEBRATION!

June 22, 2025 12:30-4 pm Elm Brook State Park (\$5 per car, entrance fee) Elm Brook Park Road, Contoocook, NH

Join us for a special day as we celebrate the chartering of the Granite State Virtual Lions Club! Let's come together to mark the beginning of this exciting journey of service and community.

We will be having a Barbecue Buffet to celebrate!
Brisket, Chicken, Pork
Cole Slaw, Potato Salad
Baked Beans, Corn
Water, Soft Drinks, BYOB for other beverages (no glass)
Cake

\$35/person 12 and over; 2 & under free, 3-12 \$20/ea. Families Welcome
Picnic Table seating; you can bring lawn chairs if you prefer
Join us for a day of celebration, food, fun, music, corn hole, and great Lions!
Keynote Speaker: ID Steve Middlemiss
Please RSVP by June 13th

Casual dress.

Club:			
Name:		Title:	
Name:		Title:	
Name:		Title:	
Total number attending: Total number 3-12 attending registration and check to: S	@\$35 :@\$20 iue Lindberg, 3 Ben F	amount: \$ amount: \$ arnsworth Rd, Brookline NH 030	033

44H Club Happenings

Atkinson

Welcome from Atkinson. As we head towards the end of another Lion year, we are still busy with activities, as well as looking forward to plans for next year.

At our May dinner meeting, we invited the high school senior scholarship winners and their families to join us at dinner and receive their scholarship money. These two recipients are going to go far in life, as they both have big ambitions.

Many of our members continue to go to Lions Camp
Pride, cleaning and prepping the camp for this years campers.

We were invited to our local elementary school, Atkinson Academy, to have the Kindergarteners, 1st and 2nd graders show off their reading skills that were helped along by a donation of Decodable books that we have donated the last couple of years. The focus on this year's donation was non-fiction books. About nine members went and were impressed with the reading skills that are being developed.

We also participated in the Memorial Day parade and ceremonies.

Some of the upcoming activities in the planning stages are Atkinson
Day, the Annual Golf Tournament, the Annual Car Show, our biannual Meat Raffle, just to name a few fall activities.

Wishing everyone a great and relaxing summer.





Chester

The Chester Lions Club held their annual Senior Citizen Banquet on May 3rd. A total of 80 people were served a turkey dinner with all the fixings. Lion John Murray & Senior Citizen Kathy Dircks were chosen for the honor of 2025 Man & Woman of the Year. Entertainment was provided by Phil and Susan Cassista.



LoudonLOUDON'S GIAMBALVO ELECTED TO DISTRICT LION POST

Loudon Lion Vince Giambalvo was elected as 1st Vice District Governor of District 44H at the recent District Spring Convention. Vince is a Loudon Lions Club Past President.



Derry

Derry Lions 35th Annual Kids Fish Derby was held on May 3 at Hood Pond in Derry. Participant ribbons were given to each participant. Raffle prizes of fishing gear donated by the Mad Fisherman Charlie Moore were given to dozens of children, and trophies were awarded to participants in various fish categories. While attendance was down a bit this year due to school vacation family travel and the threat of rain our Ad Book support was strong to help pay for the 200 trout we stock and the trophies awarded.









Lions working

Presenting a caught fish

Largest fish

Handing out ribbons

Maureen and Pete Marcotte
participated in the Walk for Sight on
May 17 in Concord at the State
House. Pictured are the Marcottes with
Lion Randy Pierce, CEO of Future in
Sight. Also pictured is Pete with Lion
Scott Wilson.





Derry Lion Ellen Carter delivered a \$300 donation from the Derry Lions to the Community Caregivers of Greater Derry this past month. The Community Caregivers in addition to providing caregiver services free of charge to numerous citizens in the Greater Derry area also provide free use of crutches, wheel chairs, and similar medical equipment. The Derry Lions are proud to be a supporter of the worthwhile non profit.



Hampton Area

We Vision Screened 112 Kids Per Hour This School Year!

We screened 225 of 234 students (96%) of an elementary school's student population at a rate of 112 kids per hour.

- The school was happy with the minimum impact of KidSight on the school day. The school's front office helped speed the screening process by calling each classroom to arrive just as screening of the previous class completed.
- Our KidSight team was happy as there wasn't any down time. Our time was efficiently and effectively used throughout the screening process.
- Factors we adopted enabling the 112 kids per hour screening rate included:
 - The school provided an alphabetical list of students for each classroom, and had each classroom of students line up in alphabetical order for screening. Each student was then quickly identified as they entered the screening area, and their name in the Spot's alphabetical queue was near name of the student just screened.
 - Two KidSight team members greeted each arriving student, matched their name to the classroom list, determined if they were wearing prescription lenses, directed the student to one of three chairs in front of the Spot operator, then made sure that the Spot operator selected the correct name from the Spot queue.
 - After screening a student, the Spot operator sent the report to the printer, then screened the next student.
 - One KidSight team member ensured that the printer was always working correctly. They assembled KidSight reports by class, and stapled referral letters to those duplicate reports that recommend eye doctor exams.

Hudson

Hudson Lions Club





On May 18, the Hudson Lions Club presented Jim Pinsonneault, President of Hudson Youth Baseball, with a check for \$22,600. The funds will be used to remove the bleachers at Lions Field and landscape the surrounding area, presented by 44-H Past District Governor Jerry Vaccaro.



Hudson Lions club member, Bill LeBlanc, took part in the 22nd annual "Future in Sight Walk" held in Concord on May 17th. Bill is shown at the Guiding Eyes for the Blind Puppy Kissing booth with his puppy in training, Jellybean. No doubt that this was a popular booth!

On May 14th Hudson Lions Club President, Kimberlee Fournier, along with Lion Kathy Corleto and Global Service Leader, Linda Hedrick, presented 12 Build a Bears to Southern NH Urgent Care, Hudson, for children in need of comfort. Pictured are Michelle Cleary, Practice Manager of the southern route 102 Urgent Care and Kami LeLievre, Director of Community Engagement and Community Trust at Southern NH Hospital. "Where there is a need, there's a Lion."









On Tuesday, April 29, Alvirne LEOs teamed up with Alvirne JROTC to assist the Hudson Friends of the Library, in moving hundreds of books from the first floor to the second floor of the Hills Library. Using the bucket brigade system, they made light work of getting them all upstairs and shelved in 2 hours. This will enable the Friends of the Library to begin their Second Hand Prose book sales this summer. Proceeds support the purchase of museum passes for Rodgers Library

and scholarships for Alvirne students.

Alvirne High School Leos Club

Meredith

Meredith Lions Annual Duck Race Returns July 4th

It's duck season in Meredith—rubber duck season, that is!

The Meredith Lions Club invites you to join the fun at the **annual Rubber Duck Race** on **Thursday, July 4th at 4:00 p.m.** at **Hesky Park**, right at the intersection of Routes 3 & 25. Come watch **4,000 rubber ducks** tumble over Mill Falls and under the highway into Meredith Bay!

Tickets are just \$5 each or five for \$20. With 28 great prizes, including cash for the top five finishers and gift certificates from generous local businesses, it's a win-win for everyone!

Tickets can be purchased by mailing a check to:

Meredith Lions Club

P.O. Box 1357

Meredith, NH 03253

Or, even easier—buy them via our Facebook page.



Volunteers Needed

We could always use extra hands on race day—especially to help herd ducks at the finish line. It's a fun way to serve and stay cool in the lake on a typically hot summer day! For more information, contact: Lion Bob at 603-527-8114 or Lion Marie at keylion03@gmail.com

Moultonborough

In May, things start to get quite busy: our first dinner meeting after a long winter and spring cleaning of our adopted bunkhouse at Camp Pride.



Raymond

Raymond Lions Celebrate 50 Years of Service

Lion leaders from District 44-H joined with members of the Raymond Lions Club in celebrating their 50th anniversary under sunny skies. Lion Janice Roux began the evening with a moment of silence for longtime club leader and past president and secretary Dave Turcotte who passed away earlier this year. The Turcottes have been a part of the club for their entire 50 years, with Dave's father starting the club, and today his daughter Courtney is a third-generation member.



DG Peter LaPointe presented the club with a special

certificate praising them for all they do for the community. International Director Steve Middlemiss posthumously recognized the contributions of Dave Turcotte with a Presidential Certificate of Appreciation give to his family. Lion leaders participating in the event included PCC Robert Gustafson, Zone Chair Lang Plumer, PDG Al Goldstein, Lion Lee Ann Middlemiss, and PID Ed Lecius.

Nashua

Our club was honored to be recognized at Spring Convention as the Best Large Club. Our own MCS Linda Quebec was presented with one of two District Lion of the Year awards. MCC Kamal Masand was recognized for his leadership over the state this year. Also, congratulations to Louise Deschenes on winning the 50/50 raffle!









Nashua Lions Club Making Strides Against Diabetes:

Our Strides walk/run was a huge success! We had nearly 100 participants, and a great many volunteers involved with this event. Committee chairs Liz Kelly, Kristen Kearns, Erin Hendrickson, and Stephanie Langenbeck had the event planned to perfection. They recruited sponsors and created goody bags for the runners/walkers. A special shout out to some Lions from the clubs of Salem, Merrimack, and Concord for participating. It was great to see you! Lions Randy and Tracy Pierce brought along WMUR's Sean McDonald and a film crew. A piece on the event will air on NH Chronicle! Proceeds from the event have been donated to Camp Carefree. One family that participated in our event is excited to send their son to Camp Carefree for the first time this summer.









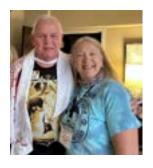
Upcoming events include Scholarship Night, officer installation, and our Golf Tournament on June 16th, 8am shotgun start, Overlook Golf Course in Hollis. <u>Use this link</u> to register, sponsor, or donate to the event.



Salem

Late April and early May have been fun filled for Salem Lions. The highlight was the fun and fellowship of Spring Convention where Salem Lions flashed it back to the 60's and danced, dined, and had a fantastic time connecting with fellow Lions from around the District, and International Director Hans Neidhardt, who emphasized that we are all Lions no matter where we are from, or the post we hold - "We are One in Lionism."









A group of Lions also attended the Taste of Southern New Hampshire event sponsored by Enterprise Bank and held at Castleton in Windham. Robin Glickel was the lucky winner of the basket provided by Salem Lions!

Lion Sylvie spent Earth Day on another watery clean up adventure when she boarded the Sea Lion with other District members to help clean a portion of the Merrimack River.



A number of Salem Lions are also busy with fundraising for Team Cathy's Angels for the upcoming American Cancer Society's Relay for Life. In addition to their individual fundraising efforts, team members, Gail, Lynette, Michelle, Melissa, Chris, Marybeth, and BIG shoutout to Lion husband Dave (pitching in for his wife Marian who was feeling poorly) raised over \$500 in donations from the Salem community during a funding drive at one of Salem's many, many, many...shopping centers. The donations will be split among the team members individual fundraising tally and are eligible for matching funds.

We are about a month out from the event and would love it if you could support us with a donation! <u>Click here</u> to link to the team page.



Wakefield

For our newest service project, <u>Storybook Trail</u>, months of preparation of choosing books by Shelly Daniels and Natalie Leroux; and 100 wooden frames were built by George Ackerman, Tom Daniels, and Josef Martin, for the 18 books to be placed at various locations throughout Wakefield and Milton with the guidance of local libraries. Lion





members, Cindy & Josef Martin, Sue & Phil Valenti, Donna & George Ackerman, Shelly & Tom Daniels, Sharon & Russell Baldwin, and Mary Wing Soares, helped assemble the books onto the frames and attach them onto chain link fences or staked into the ground. Six books are rotated monthly from May to October. Many thanks to our book sponsors!

For the second annual "Lend-a-Hand" Spring Cleaning service project, Wakefield Lions assisted residents with disabilities in cleaning their yards. Fifteen members and two family members worked almost 66 hours of cutting brush back, removing tree limbs and raking out gardens at nine homes. One elderly person's home had so much brush at their door, it was difficult to walk through without getting caught with the pricker bushes. The residents expressed their gratitude to Lions Tom & Shelly Daniels, Tim Barlett, Brian White, Sue Valenti, Mary Wing Soares, Manny Rodgers, Cathie Chasse, Gloria & Ken Ballinger, Bobbie Shearer, Becky Lightizer, Ron McKay, Sharon & Russell Baldwin, and Barb Plante & Ron.



Another second annual service project is cleaning up the <u>Union Meadows</u> <u>Conservation Land</u>, which has a beautiful walkway, a nice picnic area, and a gorgeous view of the water. Seven Lions walked the trails to pick up trash and moved fallen limbs. They were Tom Daniels, Mike Strout, Barb Plante, Sue Valenti, Becky Lightizer, Sharon Baldwin, and Mary Wing Soares.



Wakefield Lions held their second "Walk or Ride to School Day" combined with their popular "Feel Good Day" by greeting the riders, walkers, and scooters or bikers on their way to school and work. Then, along with the members of the Pride of Wakefield Volunteers and the Congregational Church Men's Fellowship, we replaced the worn and tattered flags at the Lovell Lake Cemetery. Life is Good when WE CAN SERVE!







Wolfeboro

Wolfeboro Lions Club Great Smith River Canoe & Kayak Race

The Wolfeboro Lions Club 49th annual canoe & kayak race was held on May 17th, starting at Albee Beach and ending at the entrance to Wolfeboro Bay (from Back Bay), covering a course of close to 4 miles... There were 52 boats registered and 91 paddlers, an increase of over 30% from 2024. While the numbers are still coming in, an estimated total of more than \$5000 was raised for the club's support of local programs and charities. Despite the threat of showers, and then a continuing drizzle, a great time was had by all, participants and club members alike. Thanks to Race Committee Chair Roger Murray and all the Lions who helped out on the committee and race day.

From the starting line to the finish line......to the awards











Kids Sight Screening: The club completed the final Kids Sight Screening for the year at the Kingswood Regional Middle School on Friday, May 9th. A total of 317 students participated in the vision screening and 46 were referred for follow-up vision exams. Pictured from the left are school nurse Nicole Hoyt, OKS Coordinator John Adams, Lion Rhoni Harding and Lion Brian Murphy. Also part of the team, but not pictured is Lion Patty Walker.

For the year, the club has provided vision screening for 1558 students, 160 who were referred for further testing. Also, the club has assisted 12 families with eye exams and eyewear.

The year in review: We are proud to share many of our contributions to the community. Through fundraising we raised in excess of \$39K. All of those funds, and more, were donated back to the community, across all of our focus areas, including Vision, Diabetes, Youth, Hunger, Environment, and Childhood Cancer. Included is over \$6600 to Camp Pride for solar panels and more. There were additional hours donated by Lions in various service events with Wolfeboro

Parks & Rec, American Legion, Wolfeboro Chamber and the Town of Wolfeboro. We also donated \$5000 to clubs in North Carolina and Florida for disaster relief from hurricane Helene. All in, it has been another successful year for the Wolfeboro Lions.

COMING SOON! SAVE THE DATE!
Wolfeboro Lions Car Show



Resources

Camp Pride

Second Weds of the month, 6:30pm Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm Meets via Zoom md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm meets via Zoom LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd m.ackroyd@comcast.net

Diabetes Chair:

PCC Robert Gustafson Robertgustafson11@gmail.com

Environment Chair:

Jeri Maynard lionjeri@comcast.net

Hunger Chair:

Mario Izzo Mbi1220@gmail.com

Lions Fellowship:

Nancy O'Dowd Lupesmom14@gmail.com

Peace Poster:

Available through LYS

District Photographer

PCC Deedee LaTulippe liondeedee@comcast.net

Newsletter Editor: Linda Quebec Newsletter44H@Outlook.com Send submissions by the 20th each month.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

• Our district page on Facebook

Global Lions Forum

• Learning from Lions leaders around the world

Lion Portal Forum

 A group to support one another while learning how to use the Lion Portal.

Lions Clubs International

Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

 Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

 Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website https://www.lionsclubs.org/

Lion Portal Login page:

Login (site.com)

LionsSupport@LionsClubs.org (630) 468-6900 Member Svc.

District 44H website

http://e-

district.org/sites/district_14l/index.php

Leadership Directory

District Governor Peter LaPointe

978-479-0454;

plapointe.lions@gmail.com

First Vice District Governor Marie Valliere

603-998-0871;

keylion03@gmail.com

Second Vice District Governor Vince Giambalvo

845-304-2059;

rosevin68@gmail.com

Cabinet Secretary Bob Bedrosian

603-560-3867;

bbedrosian@comcast.net

Cabinet Treasurer Lenny Hall

978-360-0958;

lah03811@gmail.com

Multiple Council Chair & Immediate Past District Governor

Kamal Masand

603-661-6638;

kmasand01@gmail.com

Zone 1 Chair, Kimberlee Fournier

Ph: 603-897-9348

E: kimberleef60@yahoo.com Clubs: Derry, Hudson, Litchfield, Londonderry, Nashua, Salem,

Windham

Zone 2 Chair, Krissy McKeeman

Ph: 978-314-9445

E: krissy8379@gmail.com Clubs: Atkinson, Auburn-Candia, Chester, Danville, Hampstead, Kingston, Plaistow, Sandown

Zone 3 Chair, Langdon Plumer

Ph: 603-770-6499

E: langplumer@gmail.com Clubs: Exeter, Epping, Hampton Area, Newmarket, Portsmouth, Raymond, Rye, Seabrook

Zone 4 Chair, Ajay Rana Bhat

Ph: 508-685-0582

E: ajayranabhat@gmail.com Clubs: Barrington; Dover, Rollinsford, S Berwick; NH Everest: Rochester: Somersworth:

Wakefield

Zone 5 Chair, Ken Ward

Ph: 631-220-5106

E: kenward636@yahoo.com Clubs: Epsom-Chichester, Laconia-Gilford, Loudon, Meredith, Saddleback Mountain, Suncook Valley

Zone 6 Chair, TBD

Ph: E:

Clubs: Conway Area, Moultonborough, Whittier, Wolfeboro

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LCIF Coordinator **PCC Scott Wilson**

603-770-3700; scottwils@comcast.net