

THE PRIDE

Newsletter of Lions District 44-H New Hampshire
May 2025, Volume 50, Issue 11



A Message from District Governor Peter LaPointe

60 Days to Go — Let's Finish Strong!

Lions of District 44H —

We are in the final 60 days of this Lions year. Now is the time for that *final push* to finish strong and set up next year for even greater success.



Let's focus on 5 key goals:

- **GROW SERVICE** — Plan one more project that makes a difference in your community. Every act of service counts!
- **MENTOR NEW LEADERS** — Encourage and support future leaders. Share your knowledge and experience.
- **ENTER CLUB OFFICERS** — Be sure your 2025-2026 club officers are entered into the Lion Portal now.
- **GROW MEMBERSHIP** — Invite someone new. Share what it means to be a Lion.
- **CONTRIBUTE TO LCIF** — Even a small gift helps Lions around the world continue life-changing service.

Let's make these final 60 days count! Every member. Every club. Every project. Every donation. It all adds up to a stronger Lions District 44H.

At the May Spring convention, we will acknowledge some individuals and some clubs who have Made Their Mark on their community and the district.

Together We Serve. Together We Grow. Together We Lead.
Choose to Make a Difference!

Peter LaPointe
District Governor, 44H

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District Goal Progress as of 4/30/25

Membership

District Membership*	Prev Month	2024-2025 Year	2024-2025 Goal
Opening Balance	1,247	1,201	
Added Members	15	141	167 new members
Dropped Members	7	87	
Closing Balance	1,255	1,255	
Net Gain/Loss	+8	54	82 net growth, plus 1 new club

International membership is 1,374,986

Welcome new members!

Club	New Member
Atkinson	Gene Schneider
Auburn-Candia	Tracy Rusch, Herb Tardiff, Gary Domurad
Danville	Seth Woodworth, Stacy Lang, Ed Lang
Hudson	Judith Penkofski
Somersworth	Kevin Ryll, David Ouimet
Wakefield	Viola Corriveau
Wolfeboro	Blair Moffett, Erin Holmberg, Miranda Haddock

Service

District Service*	Previous Month	2024-2025	Goals
Vision Screenings	No report	12,678 people	
Hugs & Cuddle Bears	50 bears	252 bears	
% Lions Clubs Reporting	--	100%	100%
Volunteer Service Hours	4,344	39,656	+10% over last yr = 48,275
Service Activities	254	1,724	+10% over last yr = 2,189
Individuals Served	27,828	215,130	200,000
Funds Raised	40,094	218,889	
Funds Donated	50,074	391,666	

LCIF Donations

District LCIF Donations*	Previous Month	2024-2025	2024-2025 Goals
LCIF Donations	1,150	102,667	\$38,000



Upcoming Events

Date	Event
May 2-4	44N Spring Convention
May 9-11	44H Spring Convention, Nashua Doubletree. Registration form in newsletter.
May 16-17	NELC Spring Weekend at Camp Pride. See flyer.
May 17	Walk for Sight, Concord, NH
May 31	Camp Pride clean-up day. Come help get camp ready for summer campers.
Jul 13-17	LCI Convention, Orlando, FL. Registration link in newsletter.
Jul 27	Homecoming for DG Peter LaPointe, Puritan, Manchester. Save the date.
Sep 5	Homecoming for ID Steve Middlemiss, Castleton Event Center, Windham.
Sep 18-20	USA/Canada Forum, Atlantic City, NJ. Registration link in newsletter.



Lion Portal Information – Officers for Next Year

Please review the information below on how to input club officers for next year into the Lion Portal. This should be completed as soon as possible after your new officers are voted into office; hopefully no later than May 15th.

Hey Clubs, please make sure you input your 2025-2026 officers into the Lion Portal as soon as you can. Our 2025-2026 MD Directory is being created, and we need your help to provide accurate information for your club.

To input new officers:

- go to the Lion Portal
(https://lionsinternational.my.site.com/s/login/?language=en_US ,
- input Username (your email) and Password; click Login button,
- click on the My Club tile,
- click on the blue Manage Officers button on the right,
- create new assignment, click the Next button,
- click upcoming year, click Next button,
- click Officer Type = Officer, Title Type = Official; click Next button,
- Officer title is where you select from the drop-down options; then click the radio button to the left of the name of the club member filling that office for next year; click Next button,
- Would you like to add an officer address? Answer No, Click Next button,
- Would you like to create another officer title assignment? Click Yes if you have more officers to report; click No if you are ready to finish,
- click Next button and you are done.



Please make sure you are providing information on at least the officers included in the MD Directory: President, Secretary, Treasurer, Membership Chair, LCIF Coordinator, and OKS Coordinator. OKS Coordinators are reported slightly differently and are not available on any reports the directory editor can pull. Please send an email to LindaQuebec@Ymail.com to provide your OKS Coordinator for next year. As a default, if you don't send an email, your current year OKS Coordinator will be used in the next MD Directory.

Contact Linda Quebec (LindaQuebec@Ymail.com) if you have questions. Thank you.

Celebrating A Milestone in Service

Happy Anniversary!

Londonderry Lions Club, 70 years

Marie Valliere, First Vice District Governor

Congratulations on a great year in Lionism, but WAIT, it's not over yet. You still have until June 30th to qualify for a Club Excellence Award. Has your club welcomed one or more members into your circle? Did you list at least three service activities into the Lions Portal and was one of them a NEW service project? There are eight global causes to choose from for a project. Has your club contributed at least \$5.00 per member to LCIF? Is your club in good standing and owes no monies to International or the District? Are all the officers for 2025-2026 entered into the portal? Did those key officers attend training last month for those positions? Lastly, has your club been seen on social and print media? There is still time to accomplish all these goals. There are 40 clubs in the District will your club be one of the excellent ones?

Vince Giambalvo, Second Vice District Governor & GLT

Several years ago, when I was just starting my Lion journey, I had the opportunity to attend Multiple District Officer Training. It was a very enjoyable and enlightening experience. Not only did I come away with a better understanding of the role of President but got to meet Lions from other clubs all over New Hampshire. In the next few years, I got to attend Officer Training several times, taking both courses to help round out my understanding of leadership in Lions.

This year I had the pleasure of co-teaching the Membership class. It was a pleasurable experience and encouraging to see the course members participating in the exercises, role plays and open discussions. By sharing our experiences, successful efforts and exploring new ideas we all come away with a better understanding of what can help us grow our clubs.

As Membership is so important to the Lions, I highly recommend that anyone who has the opportunity to attend this class take advantage of it.

Bob Bedrosian, Cabinet Secretary

44H Spring Convention is only a week and a half away (May 9-11). I hope to see many of you in Nashua at the Doubletree Hotel. Friday night there will be a banquet followed by "Better Daze" - a classic Rock and Roll band. Saturday morning we will have our memorial service to honor those Lions who have passed this year. After that, we will have our business meeting during which we vote on our next District Governor, plus First and Second Vice District Governors. Your club's delegate(s) will play an important part in voting for the future of our district. We will have a Town Hall type meeting with International Director Hans Neidhardt after lunch. The banquet on Saturday evening will celebrate a very successful year to date. There is still short time to register for the banquets (Call Marilyn Vaccaro 603-204-7251). You may also attend Saturday morning business meeting for a \$5 bill. Please attend what you can.

Report 2024-2025 Club Officers: Club Secretaries should report next year's club officers in the new Lion Portal NO LATER THAN May 15th. Here's how to do it: Login to the Lion Portal, Click on My Club, click blue button "Manage Club Officers", Create New Assignment, begin in

upcoming Lion Year, fill in screens, click Next until you are through the screens. If you need assistance, please contact who you sent to secretary training, your zone chair, or District Administrator Linda Quebec (LindaQuebec@Ymail.com).

Finally, there is still time to ramp it up and have a great impact on our communities. We need to take it upon ourselves as a club and as individuals to do everything we can to serve others. Choose to make that difference.

Gail Dacey, Global Membership Leader (GMT)

Congratulations to all the clubs who have added new members. DG Peter hoped every club would add two members this year. There are still 2 months to reach that goal. Remember there are incentives in place. The form is below. I hope many of you went to the training on membership and have started using what you learned for the next two months. Remember just ask. I still have plenty of membership brochures, signature cards, new member kits etc. I will have them at convention if you need any. Remember I am here if you need anything.

A reminder that our district is offering incentives for new members before June 30th:

- LCI membership fees will be reimbursed to the club by the district through 6/30. Clubs must submit the form below to request the reimbursement. Email it to Cabinet Treasurer Lenny Hall LAH03811@gmail.com.
- It is encouraged that the new member pay the \$35 entrance fee, plus the first half of next year dues.
- Sponsors of new members will be entered into a monthly drawing for a \$25 gas card; one drawing per month.

D44H Membership Recruitment Incentives Reimbursement Request 2025

Club Name: _____

Address: _____

New Members name: _____

Date Joined [entered in the Portal]: _____

Club President's Signature: _____

Linda Hedrick, Global Service Team (GST)

We are in the 10th month of the Lionistic year! So many service projects have been planned and successfully completed, but don't stop now! Let's finish strong. There's always ways to serve your community. This month, how about doing something for the Mother's in nursing homes. Many don't have visitors and it would be great to give them a little something or sit with them awhile. And of course don't forget to log your event in the portal.

If you attended the secretary training on April 26th, did you get your questions answered? I hope you all feel more comfortable as you explore the portal.

I hope to see many of you at the convention May 9th and 10th in Nashua. It's a great time to meet up with friends and make new ones. If you're there please say hi!

PCC Bob Gustafson, Diabetes Awareness Chair

Many People have questioned whether Diabetes can be cured completely rather than just managed via medication, diet and exercise. Believe it or not, there is progress being made on this front.

What is the new breakthrough in diabetes treatment? Sana Biotechnology is pioneering a revolutionary approach to islet cell transplantation for type 1 diabetes that circumvents the need for immunosuppression. Their innovative hypoimmune technology enables the transplantation of engineered islet cells without triggering an immune response.

In other words, we are getting to the point where we can bio-engineer pancreatic cells that make insulin. Insulin is the hormone that assists glucose from the food we eat to get into our cells to produce energy. Many times, lack of Insulin production can cause excessive levels of glucose in our blood which can negatively impact many organs in our body from our Kidneys to our Heart to our Eyes. The Science isn't quite there yet but progress is being made. Have hope.

And remember, you can find out if you may have pre-Diabetes by going to the site DoIHavePreDiabetes.org

Mario Izzo, Hunger Chair

According to the United Nations website, the UN reports that global hunger numbers continue to be alarmingly high, with approximately 9.2% of the world's population facing chronic hunger in 2022, totaling around 735 million people. This represents a significant increase compared to 2019, and global food insecurity remains a major challenge, with 2.4 billion people facing moderate to severe food insecurity.

- Global hunger has risen steadily, with a 122 million increase in the number of people facing hunger between 2019 and 2022.
- While some regions have shown progress in certain areas, others, particularly in Africa, continue to face significant challenges in combating hunger.

- A large portion of the world's population (2.4 billion) experiences moderate to severe food insecurity, meaning they lack regular access to safe, nutritious, and sufficient
- Conflict, climate change, economic instability, and the COVID-19 pandemic have all contributed to the rise in global hunger and food insecurity, according to UN News.
- Millions of children are affected by hunger and malnutrition, including stunted growth and wasting, which can have long-term health consequences.

Let's all recognize the new Lions Club being formed in the Tilton-Northfield area for their recent food drive for their local food pantry. They collected an estimated 1,100 lbs of food. Great job!!

Jeri Maynard, Environment Chair

Do you really know what PFAs are?? I recently asked several of my friends if they knew the answer and, surprisingly, they were not familiar with PFAs. Most did concede that they knew they were not good for them.

What are PFAs? They are Polyfluoroalkyl substances and referred to as PFAs (also PFOs). PFAs are chemicals that were created back in the 1930s. By the 1950s their use in manufacturing and consumer goods was continuing to become more wide spread. It was not until the 1970s that people became concerned. PFAs were being found in the blood of workers who had been exposed because of their occupations, (ex: fire fighters). By the 1990s, blood samples of the general population were indicating they had been exposed; the United States started pulling PFAs out of various markets. Manufacturers started looking for alternatives that might be an environmentally friendly substitute as well as accomplishing the same goals.

Where do we find them now? The answer is essentially everywhere!! The problem is that PFAs are long lasting and do not break down easily. They are used in carpeting and clothing, in microwave bags (popcorn) and fast-food wrappers. Most water-proof clothing and stain resistant clothing is coated with them. PFAs are being found in the soil, air and water supplies. Blood samples now show that our food supply; both in wild and animal products (especially in fish) and vegetables grown in contaminated soil (from water supply) are affecting our health.

How can you safe-guard yourself and family?

- (1) Listen to the warnings, read the labels and do your own research- there are massive research articles that you can visit on line
- (2) Limit your visits to the fast-food drive-throughs (greasy wrappers and take-home containers)
- (3) Avoid PTFE-based non-stick pans and kitchen utensils (stainless steel or cast iron is best).
- (4) When buying new carpets and/or furniture, look for items that have not been pre-treated, and skip the optional stain-resistant procedures.
- (5) Finally, when buying outdoor gear, avoid fabrics labeled stain or water resistant (do research before buying).

Bottom line PFAs have made our lives much easier, tastier and a lot more convenient- a hard route to give up.

District Org Happenings

44H Spring Convention



51st ANNUAL DISTRICT 44-H SPRING CONVENTION DOUBLE TREE of NASHUA 2 Somerset Pkwy Nashua, NH MAY 09 - 11, 2025



International Guests: ID Hans Neidhardt and his wife DG Shari

Lion #1 _____ Club _____

Lion #2/guest _____ Club _____

Home Tel. # _____ email _____

*** Convention fee included in all meal packages***

Plan	Meals and Registration	# of persons	total cost
A	Fri banquet with entertainment, Sat banquet, Conv Fee (discount by choosing package)	@ \$ 95.00	
B	Friday banquet only	@ \$ 45.00	
C	Sat. night banquet only	@ \$ 55.00	
D	Convention fee (meetings only – no meals)	@ \$ 5.00	
E	Friday Night Entertainment only (no meals)	No Charge	

Total Amount Due \$ _____

Meal for Friday Night Buffet:

- Penne & meatballs, Ricotta Stuffed Shells, Caesar salad, garlic bread, tiramisu

Meal for Saturday Night:

- Traditional Baked Haddock buttery cracker topping, beurre blanc
- Chicken Cordon Blue, herb seasoned chicken wrapped around sliced ham and provolone cheese
- Butternut Squash ravioli

All served with mixed baby greens, rice pilaf, seasonal vegetables and apple Crisp

Please note any **special dietary needs** _____

Saturday and Sunday Breakfast and Saturday lunch will be on your own. Hotel restaurant will be open

All HOTEL reservations must be made by TUESDAY, APRIL 15, 2025 for the special rate.

Hotel Reservation: Lions Convention Room rate: single or double \$139.00/per night plus 8.5% tax

Call the Doubletree @ phone# 603-886-1200 and **identify yourself as part of the group of Lions District 44H Spring Convention.** You will pay the hotel directly for your room.

Deadline for MEAL reservations is TUESDAY, APRIL 15, 2025

_____ Baked Haddock # _____ Chicken Cordon Blue # _____ Butternut squash ravioli

Make checks for meals payable to: Lions District 44-H Convention Fund

Please send check to: Marilyn Vaccaro, 74 Chase Rd, Londonderry, NH 03053

603-204-7251 jvac1408@comcast.net



HUDSON LIONS CLUB

District 44H

Hospitality Suite

**OPEN FOR
YOUR ENJOYMENT**



FRIDAY, MAY 9TH
3pm - 5pm & 9:30pm - Midnight

SATURDAY, MAY 10TH
3pm - 5:30pm & 9:00pm - Midnight

**Candidate for 2nd
Vice District
Governor**



District 44H

Kimberlee Fournier

Finger food donations gratefully accepted

- Snacks (Chips, Pretzels, Nuts, M&M's)
- Cheese & Crackers
- Cookies, Desserts
- Beer, Wine & Soft Drinks

Hot Foods Accepted
Please coordinate
with Marilyn Vaccaro

D44H Lions Spring Convention
May 9-11, 2025
Double Tree of Nashua, NH

~ WANTED ~

**** Raffle Baskets**

**** Raffle Items**

**** Gift Cards**

**** Lottery Tickets**





Contact: Mary Ellen Pate P: 603-475-9985, E: mele71@man.com

Thank you for your generous support!!!



Choose to make a difference
DO Peter LaPointe
2024-2025
Lions 44H New Hampshire

NEW HAMPSHIRE LIONS

D44H SPRING CONVENTION



FEATURING CLASSIC ROCK & ROLL BAND

BETTER DAZE

60'S, 70'S, 80'S, & 90'S ROCK

FRIDAY NIGHT MAY 9TH, 2025
DOUBLETREE HILTON NASHUA
2 SOMERSET PKWY, NASHUA, NH

Camp Pride



LIONS CAMP PRIDE CONNECTION



May 2025

Well, the craziness at Camp Pride has officially begun. Here's what's on tap for the next couple of months.

- Solar system is 100% up and running and saving \$\$ every day. This month's supporters are Wolfeboro (2 panels), Atkinson (2 panels), Raymond (1 panel), Hampton (\$5000), Fran and Ernie Rosenau (1 panel). With promises we're halfway to covering our costs!!
- May 2nd Liberty Mutual volunteers arrive to start the brush and leave cleanup.
- May 8th 150-200 Keller Williams volunteers arrive to start multiple projects including: painting the one-on-one exterior, Medical building exterior, Moultonborough exterior, Giant chair, several picnic tables and the red bridge, Woods clean up, 2000 square feet of new one on one floor.
- May 16th and 17th. NELC workshop
- May 31st District 44H volunteer day at camp.
- Medical building interior and ramps are underway
- Exeter baths plumbing complete
- Water on to the campus

We are in dire need of TD Bank Affinity program signups to reach our 2024-2025 goal. Please reach out to any LCP Board member for details of how you can help.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time keep your Club informed.

Please visit <https://www.lionscamppride.org/> for information on the following:
Choose "Support Us/Fundraisers"

1. Commemorative Bricks
2. TD Bank Affinity Program
3. Calendar raffle
4. Latest Camp news and pictures.

Lenny Hall LAH03811@Gmail.com 978-360-0958

Hugs & Cuddles District Project

Has Your Club Donated Hugs & Cuddles Bears Yet?

It's easy to do, and makes a difference to the people who receive bears for comfort. Look at the info below to see the simple steps to spread kindness through the Hugs & Cuddles bears project.

Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money
- If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

Multiple District Happenings

New England Lions Council (NELC)



"Serving the Needs of the Districts of New England"



2024-2025 Spring Weekend
MAY 16-17, 2025 (FRI/SAT)
GAT Theme: Leadership
CAMP PRIDE
154 LIONS CAMP PRIDE WAY, NEW DURHAM, NH 03855

Lodging at the camp is \$25.00 per person per night, see below to register.

Friday Evening 6-10 p.m.
Saturday * AM Seminars * Luncheon
Business Meeting and Governors' Reports

LODGING & MEALS

Lodging \$25.00 per person	X _____	= _____
3 Meals \$60.00 (Fri, Sat. am/lunch)	X _____	= _____
Lunch only \$25.00	X _____	= _____
	Total \$ _____	

Name(s): _____
Address: _____
District/MD ____ / ____ Dist/MD Position: _____ Club _____
Position: _____
Contact Info: Phone _____
Email _____

You can use the QR Code to register for this NELC Spring Weekend
Make check payable to: NELC or use the Venmo link
Mail check/form to:
PDG Kathy Dorman, Treasurer, P.O. Box 91, New Haven, VT 05472
Email: vtlionkathy@gmail.com

Event Registration Deadline: May 9, 2025
Questions or Special Dietary needs to:
PDG Al Goldstein - 603-913-1281
algoldstein@comcast.net



Kathleen Dorman
[@kathleen-cannon-30](#)



venmo

For additional Lodging options
visit our Facebook page: 



GIVE RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

***Donations may be banked for up to 5 years,
by putting a designation on the donation memo.***

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow)

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net



THE DOGSIGHT PROJECT
A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire
Winding Down (or is it up)



As we wind down (or is it wind up) the Lions year, we all look back on the year's accomplishments. Many clubs consider a donation to the DogSight Project a and Fidelco to be a signature donation. We are profoundly grateful for all your support. With charitable donations ever more important in these challenging times, we hope your club will make a donation if they have not already done so. You may never know who benefits from the guide dog you have helped to create, but I can tell you personally about the life-changing independence and safety that one of these fabulous canines provides.

You can make a donation to the DogSight project any time. Please make checks payable to: **LSHF** and write **DSP** on the memo line to ensure the proper account is credited. Please mail checks to the project Treasurer Gregg Kleiner, PO Box 94, Keene, NH 03431

Linda Piekarski, Chair, the DogSight Project, lp314@outlook.com



Raised for Fidelco in 2024-2025: \$19,171



Lions Youth Services

April 10, 2025 Meeting

The April 10 was held at the Airport Diner in Manchester with 11 in attendance along with guests Chad Raymond, Jim Hogancamp and Marilyn Vaccaro.

Grant Applications

Four grant applications were reviewed and approved, with one to be followed up with a call looking for more specific details for Merrimack's Environmental program (April 8-30) \$600 for project. Others approved Sandown, Fishing Derby, Canaan, personalized books, Bristol, Granite State Track and Field program.

Fundraisers

Unfortunately, the fundraiser for the Austin 17 House was cancelled, the total monies from the Ad Book raised along with a LYS donation (total of \$1,000) will be donated to Austin 17 House.

Terri Lynn Fundraiser

Please look for this month's flyer. If you missed out placing an order in time for the upcoming Spring Conventions or Mother's Day, keep in mind and get your order placed in time for Memorial Day BB-Q's, Graduations, Father's Day, and for those summer time hikes and outings! There is a lot to choose from! As always, thank you for your support!

Upcoming Fundraisers

Under discussion/suggestion was a theme based upon literacy. This will be under consideration for the 2026 Mid-Winter Convention. All Lions are welcome, come to a meeting with an idea or suggestion!

Calendar Raffle Winners

PLEASE SEE LISTING OF WINNERS IN THIS MONTH'S ISSUE.

Peace Poster Contest

2025-2026 "Together As One"

It was a very exciting year for the contest as we had two very talented contest winners, the grand prize winner from 44H, Ava Durden, was also a Lions International Merit Award Winner.

We are now entering into the upcoming contest and have kits available. We offered purchase of a kit at the March Cabinet Meetings and will have them available at the Spring Conventions in May. If you are unable to buy a kit during the convention, please email Rhonda Wynne rwynnemilford@comcast.net and she will get one to you. The total cost of the kit is still \$12.00 per kit.

You may also order online either a Physical Kit or **now available**, a Digital Peace Poster Kit. Get immediate access to all kit components via email, and download and print the digital kit to save shipping fees. The cost is \$11.95 per kit (plus shipping if ordering a physical kit). *To order a kit by phone, call Club Supplies Sales at (630) 571-5466 or 1-800-710-7822*

Next Scheduled Meeting

Our next scheduled meeting is Thursday, May 8, 2025 at 6:30 pm at the Airport Diner in Manchester.

ALL ARE WELCOME TO JOIN US!





Fundraising with



Please help us with a purchase today at: <https://LYSNH.terrilynn.com>

Summer is almost here! How about some tasty, healthy treats as you take a hike, go camping, or go fishing, remember Dad on his special day?

Terri Lynn's Signature nuts, snack mixes will fill that crave. Or throw a spoonful or two on your favorite yogurt and make it a special treat. They are delicious on their own; but they also make great ingredients for some homemade, tasty creations for a light summer meal. Check out an easy recipe below!

*Orders to each person ship FREE anywhere in the U.S. when items total \$30 or more!
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).*

CASHEW CHICKEN LETTUCE WRAPS ~ A fresh take on a Thai classic using Terri Lynn Giant Cashews

Ingredients

- 3 tbsp Soy Sauce
- 3 tbsp Honey
- 2 tbsp Oil
- 1 ½ lb Boneless Chicken Breasts
(cut into ¾-inch pieces)
- ¼ cup Brown sugar
- Black Pepper (just a pinch)
- 2 tbsp Chopped Garlic
- 1 tbsp Grated Ginger
- 1 cup Sliced Scallions
- 8 oz Sliced Water Chestnuts
- ¼ cup Terri Lynn Giant Cashews
- A small head of Boston or Bibb lettuce
(leaves separated).



Directions

- Combine the soy sauce and honey in a small bowl. Set aside.
- Heat the oil in a large skillet over medium-high heat.
- Season the chicken with ½ teaspoon pepper, stirring occasionally, until it begins to brown, about 3 minutes.
- Lower heat to medium and stir in the garlic and ginger. Add the scallions and cook for 1 minute.
- Stir in the water chestnuts and half the soy sauce mixture. Continue cooking until the chicken is cooked through, about 4 minutes. Remove from heat and sprinkle with the cashews.
- Divide the lettuce leaves among plates and spoon the chicken over the top. Serve with the remaining soy sauce mixture for drizzling.

Mission 1.5 Stayin' Alive Monthly Zoom Info

MISSION 1.5

District 44H Challenge – GMT Christine Smart

Ends June 30, 2025

GOALS:

Sponsor at least ONE new member – Silver Star

Sponsor more than TWO members – Special dangler for silver star

Sponsor more than FIVE members - GOLD star

The Lions Club with the MOST new members by June 30, 2025 –
will WIN a club roll out marketing banner !

Monthly Stayin Alive 1.5 Zoom meetings will be FIRST Wednesday of each month.

<https://us02web.zoom.us/j/88314436877?pwd=dqWPqi4iXZaBOYcWAZnpALsHanNiVH.1>

Meeting ID: 883 1443 6877

Passcode: 866173



ID Steve's Homecoming



HOMECOMING FUNDRAISER

FOR

INTERNATIONAL DIRECTOR Steve Middlemiss

ID Steve Middlemiss has worked tirelessly these past two years as he and Lion LeeAnn have carried the message of Lions to Lions across the country.
Constantly reinforcing the value of SERVICE with genuine warmth and engagement.

When you purchase a **Homecoming Chevron Patch for \$25.00**, you will be able to personalize your show of appreciation for the work Steve has dedicated himself to these past couple of years.

Your signed patch will be sewn onto Steve's Lions Jacket creating a permanent Lions Keepsake.



Name of Sponsor

Please indicate the name of the person
or the name of the Lions Club
you would like to have written
onto your sponsor patch.

Show your support for ID Steve by completing this
purchase form & mailing this form and your check to:

Gary & Robin Rodgers
46 Gaumont Road, Windham, NH 03087

Make Check payable to: **Hudson Lions Club**

Name: _____
Email Address: _____
Phone #: _____
Check #: _____ Amount: \$ _____

We will email you a confirmation receipt of your form & payment.
Any questions, please call Scott Wilcox at 603.730.3700

Deadline to Sponsor is 5/31/2025 *Thank you for your support of the Homecoming for ID Steve!*

JOIN THE NE LIONS COUNCIL AND THE NH LIONS GREEN TEAM FOR A IMPACTFUL, FEEL GOOD SERVICE PROJECT



Support teens entering the foster care system

Help sort gently used, premium clothing into wardrobes for up to 100 teenagers in need.

16 MAY	Location Camp Pride, 154 Lions Camp Pride Way, New Durham, NH 03855	5-6 PM
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For more information contact NHLionsGreenTeam@gmail.com

Grab Your Partner for a Team Cribbage Tournament!



Brought to you by "The Berlin & Gorham Lion's Club!"

"Cash Prizes!"

American Legion Hall Post 82 6 Androscoggin St., Gorham

**May 24th, 2025
1pm to 4:00pm**

\$40.00 Per Team (2 person Team)

The Proceeds will go towards Programs the Lion's Club Sponsors!
Come play and have fun while contributing to such a Great Cause!

*The American Legion Hall: You can order from the bar & menu!

Call Jodie C. (603) 583-7371 to Reserve your Teams Spot!



CHARTER CELEBRATION!

June 22, 2025

12:30-4 pm

**Elm Brook State Park (\$5 per car, entrance fee)
Concord NH**

Join us for a special day as we celebrate the chartering of the Granite State Virtual Lions Club!
Let's come together to mark the beginning of this exciting journey of service and community.

We will be having a Barbecue Buffet to celebrate!

Brisket, Chicken, Pork

Cole Slaw, Potato Salad

Baked Beans, Corn

Water, Soft Drinks, BYOB for other beverages (no glass)

Cake

\$35/person 12 and over; 2 & under free, 3-12 \$20/ea. Families Welcome

Picnic Table seating; you can bring lawn chairs if you prefer

Join us for a day of celebration, food, fun, music, corn hole, and great Lions!

Keynote Speaker: ID Steve Middlemiss

Please RSVP by **June 13th**

Casual dress.

Club: _____

Name: _____ Title: _____

Name: _____ Title: _____

Name: _____ Title: _____

Total number attending: _____ @ \$35 amount: \$ _____

Total number 3-12 attending: _____ @ \$20 amount: \$ _____

registration and check to: Sue Lindberg, 3 Ben Farnsworth Rd, Brookline NH 03033

44H Club Happenings

Atkinson

Welcome from Atkinson. We have been busy this month. We had our annual Green on Green raffle at our April dinner meeting this year. A good time was had by all, led by our auctioneer Lenny.

Our biannual Meat Raffle was once again well attended by the community. It's always a fun night to play meat bingo, enjoy food and friends and have a chance to win meat and raffles.

The Easter/Passover holidays saw a very successful food drive and food basket deliveries to those in need. Our local elementary school also collects substantial amounts of food as part of the food drive.

The annual Palm Sunday Pancake Breakfast was a success. We served over 100 people despite the rainy weather. A shout out to the local Cub Scout troop who came out to help set up, serve and clean up with us. Lots of future Lions in that group.

We had a group sort and package up eyeglasses for Lions International.

Our local roadside clean up helped to get the town ready for spring.

We also made multiple financial contributions to local food pantries, T-shirts for a new Leo club, solar panels for Camp Pride and others.



Hudson

Lions MD 44 Regional Lions Leadership Institute (RLLI)
Congratulations to Hudson Club Members
2VP Pamela Lalmond and Lion Jeff Lamond for completing the training.



The Hudson Lions Club extend congratulations to Club member, Margaret St Onge, Greater Hudson Chamber of Commerce "Citizen of the Year" and Avery Willard, Alvirne High Schools Leo's Club President, "Junior Citizen of the Year".

Hudson Lions Members in attendance.

Dr David Appler, Past Council Chairs Deedee and Roger Latulippe, PCC Celeste Ricupero, Club President, Zone 1 Chair, Kimberlee Fournier, Global Service Team, Linda Hedrick. A fun evening with Casino Games and tasty desserts auction, bidding with play money.



Moultonborough

The Moultonborough Lions Club is looking forward to having the majority of its members back in New Hampshire in May and a return to live business meetings and dinner meetings. The coming of May also means an increase in the number of players at Tuesday night Bingo.

We distributed a new book to every child at Moultonborough Central School (242 books) and Sandwich Central School (87 books). We are still waiting to hear from Tuftonboro Elementary School to select a date to receive their books.



We donated the cost of two solar panels to Camp Pride to help them with their goal of becoming electricity self-sufficient in the coming years. We will also be paying for the materials to replace winter storm damage to our bunkhouse and the building of two new ramps.

We donated money to the Boy Scouts for summer camperships and the long awaited trip to Philmont Scout Reservation. And as we have done for several years, we supported the Moultonborough Food Pantry in their summer lunch program – Feeding Families One Bag at a time.

Nashua

Our club participated in several donations, service activities, and charitable gaming this past month. We recognized a Membership Key Award for Lion Bobbie Bagley; Make Your Mark certificates were presented to Lions Kelly Fox, Liz Kelly, and Martha Ackerman for taking the lead on a few recent projects. Several Lions attended the Fisher Cats opening night, sold 50/50 tickets, sang the national anthem, threw out the ceremonial first pitch, and enjoyed the game. Many Lions were involved with the Nashua Soup Kitchen and Shelters road race; Lions coordinated volunteers, ran, and were course marshals. Our OKS team conducted the last vision screening of the year. We celebrated the Nashua Lions Club Public Health Person of the Year, Kim Bernard. We contributed to the community baby shower, and made meals for Marguerite's Place (a org that helps moms and kids getting out of abusive relationship). We had 7 Nashua Lions on hand during Club Officer Training; some taught, some assisted, and some attended classes.

As we look to the coming months...

- We look forward to the 44H Spring Convention where we will see fellow Lions from our district, learn about the continuing success of the district, and prepare for the leadership of next year.
- Join us on Sunday, May 18th, 9:00am, to run, walk, be a donor, or volunteer at our upcoming Strides walk/run Against Diabetes. Proceeds will be donated to Camp Carefree, the summer camp at Camp Pride for kids with diabetes.
- Nashua Lions will distribute American flags just before the Nashua Memorial Day Parade will march down Main Street. It's a great way to create awareness of our club.
- The Nashua Lions Club Golf Tournament will take place on Monday, June 16th, 8:00am start at the Overlook Golf Course. Contact Mike Francoeur 603-566-9867 to register as a golfer – we'd love to have you join us!



Enjoy some pictures from our busy month!



Salem

Late March and early April found the Salem Lions participating in some important work around Town, and getting up to some Easter shenanigans.

On Saturday March 30th, Lions Sylvie and Marybeth put on their cold weather gear, boots, and rubber gloves and headed out to clean up litter in and around Abnaki Park. They cleared the area of 4 bags of trash including most of the front end of a Toyota Corolla that had crashed into the ditch surrounding the park.

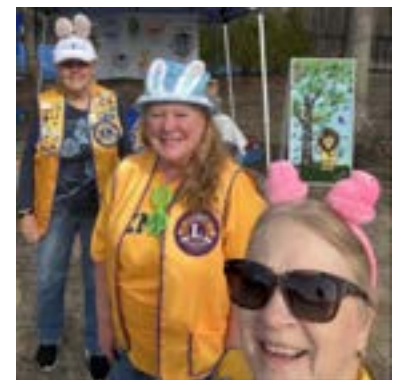
April 7th was Lion Gail's turn to participate in two ribbon cutting ceremonies at new and updated recreation facilities in Town. The new Michele Park, pickleball courts, and the refreshed basketball courts at Hedgehog Park, were officially opened by the Salem Chamber of Commerce, Friends of Salem Recreation, Salem Town Council, various Town officials and representatives of organization



(like the Lions) that had contributed the funds to help build the facilities. Town officials and Friends of Salem Recreation displayed some questionable athletic abilities during the pick-up pickleball and basketball games to mark the launch.

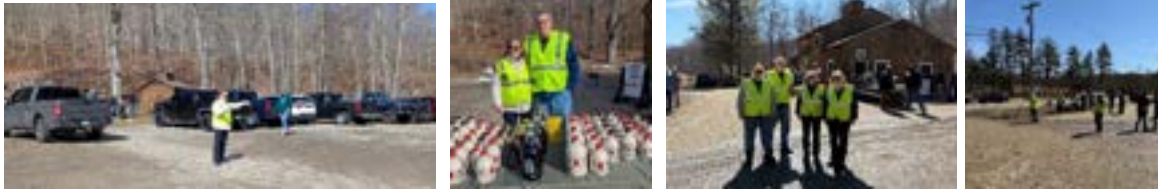
A beautiful, warm April 19th saw Lion Gail back at Hedgehog Park this time for the Salem Community Easter Egg Hunt. Lions Trina, Carol, Sylvie, Melissa and Marybeth had a great time watching the excited kids race around the park participating in all the fun! Aside from the Easter Egg Hunt, there was food, music, fire trucks, Salem Police Community Service superstart team - K9 Rhea and her handler, Officer Lawrence, a raffle, photos with the Easter Bunny, and the Salem Lion's lollipop pull, which was a huge hit.

Salem Lions also participated in the American Red Cross Blood drive held on March 31st, and the Zone Meeting held on April 8th hosted by our neighbors in Windham.



Wakefield

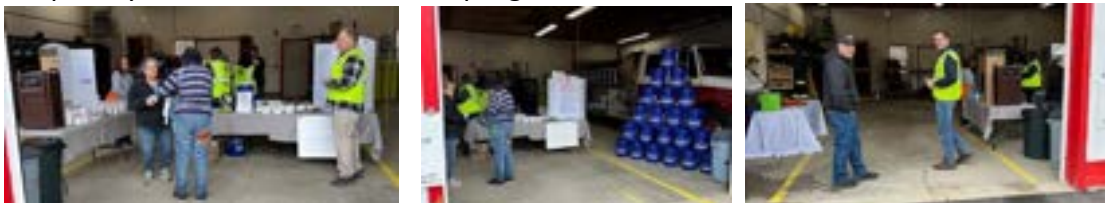
Wakefield Lions were asked to assist with parking at the Thurston & Peters Sugarhouse in West Newfield Maine for their Maple Weekend. Five Wakefield Lions heeded the call and parked over 300 cars that weekend.



In honor of Earth Day 2025, 18 members participated in the roadside cleanup of four miles along Rt 153. We wore our Lions vests and collected 57 bags of trash, along with a cell phone, fishing pole, large pipes, cardboard, among other things. We all had a great productive day! 1st picture below: Carrie Webster and Kelly Hartnett; 2nd picture: Sharon Baldwin and Barb Plante; 3rd picture – 1st row: Barb Plante, Shelly Daniels, Cindy Martin, Candi White, Gloria Ballinger, Carrie Webster, Kathy McKay, Sharon Baldwin, Kelly Hartnett. 2nd row: Chris Petto, Ken Ballinger, Josef Martin, Russell Baldwin, Brian White, Ron McKay, Tom Daniels, Tim Bartlett, and Mary Wing Soares.



Wakefield Lions completed the second phase of the CO Detector distribution in Milton and Middleton. Many thanks to Sandy & Bob Ouellette, Adam Hubbard, Phil Valenti & Kathy McKay for weathering the cool conditions to support our cause. Between the two towns, we distributed an additional 74 detectors! This means these detectors will protect another 250 family members within our Club's coverage area. We also raised \$224 from the raffle of gift cards donated by Lions members. Also, a big shout out to the Milton and Middleton Fire Departments for their hospitality and assistance with this program.



Wakefield Lions are now distributing signs to local residents and businesses who want to remind the motorists to slow down while driving by people, especially children, who are walking, running or riding their bicycles.

We continue to help with serving clients for Meals on Wheels, recently sponsored a T-Ball team, and assisted a young college student with car repairs. More service projects are in the works, so stay tuned! 😊



Windham

Windham Lions continue to provide service in our community.

Windham Lions members volunteered at our town's annual Easter Egg Hunt assisting the Easter Bunny in taking photos.

Members had fun spreading the joy of love to our senior residents with our Easter "Socks of Love" service project.

Save the Date of September 29th for our Golf Tournament!



Wolfeboro

The club was honored with the attendance of District Governor Peter LaPointe and Cabinet Secretary Bob Bedrosian for our annual 'Green on Green' event. The \$820 raised with the event auction will be donated to Camp Pride. In addition to the event, three new members were inducted into the club with District Governor LaPointe doing the honors. From left, District Governor Peter LaPointe, Club President Gina Lessard (sponsor), Lion Sharon Waid (sponsor), new member Erin Holmberg, new member Miranda Haddock, Lion Chuck Badzmierowski (sponsor) and new member Blair Moffett. Welcome to the club!



And finally, Peter presented several members with awards. Lion Brian Murphy was awarded a chevron for his 20 years of service. Similarly, Nancy O'Dowd was awarded a chevron for her 30 years of service. And at the end of all the activities, President Gina Lessard was awarded the Lions Club International Certificate of Recognition for Leadership. Congratulations to all!



The Club partnered with the local Rotary Club to collaborate in an Easter food drive to support the Life Ministries Food Pantry. The event took place at two local markets. Volunteers from the clubs, M&T bank and the Rotary/Brewster Academy Interact Club were present for the entire event. Despite the cold, snow & rain, the event was a huge success. The community donated more than 350 food items and \$1436 for the pantry to buy other needed items.

Coming soon! May 17th – 49th Annual Great Smith River Canoe & Kayak Race



Resources

Camp Pride

Second Weds of the month,
6:30pm Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm
Meets via Zoom
md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm
meets via Zoom
LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month,
6:30pm Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm
Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd
m.ackroyd@comcast.net

Diabetes Chair:

PCC Robert Gustafson
Robertgustafson11@gmail.com

Environment Chair:

Jeri Maynard
lionjeri@comcast.net

Hunger Chair:

Mario Izzo
Mbi1220@gmail.com

Lions Fellowship:

Nancy O'Dowd
Lupesmom14@gmail.com

Peace Poster:

Available through LYS

District Photographer

PCC Deedee LaTulippe
liondeedee@comcast.net

Newsletter Editor: Linda Quebec

Newsletter44H@Outlook.com
Send submissions by the 20th each month.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

- Our district page on Facebook

Global Lions Forum

- Learning from Lions leaders around the world

Lion Portal Forum

- A group to support one another while learning how to use the Lion Portal.

Lions Clubs International

- Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

- Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

- Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

<https://www.lionsclubs.org/>

Lion Portal Login page:

[Login \(site.com\)](https://www.lionsclubs.org/Login)

LionsSupport@LionsClubs.org
(630) 468-6900 Member Svc.

District 44H website

http://e-district.org/sites/district_14-1/index.php

Leadership Directory

District Governor

Peter LaPointe

978-479-0454;
plapointe.lions@gmail.com

First Vice District Governor

Marie Valliere

603-998-0871;
keylion03@gmail.com

Second Vice District Governor

Vince Giambalvo

845-304-2059;
rosevin68@gmail.com

Cabinet Secretary

Bob Bedrosian

603-560-3867;
bbedrosian@comcast.net

Cabinet Treasurer

Lenny Hall

978-360-0958;
lah03811@gmail.com

Multiple Council Chair & Immediate Past District Governor

Kamal Masand

603-661-6638;
kmasand01@gmail.com

Zone 1 Chair, Kimberlee Fournier

Ph: 603-897-9348
E: kimberleef60@yahoo.com
Clubs: Derry, Hudson, Litchfield,
Londonderry, Nashua, Salem,
Windham

Zone 2 Chair, Krissy McKeeman

Ph: 978-314-9445
E: krissy8379@gmail.com
Clubs: Atkinson, Auburn-Candia,
Chester, Danville, Hampstead,
Kingston, Plaistow, Sandown

Zone 3 Chair, Langdon Plumer

Ph: 603-770-6499
E: langplumer@gmail.com
Clubs: Exeter, Epping, Hampton
Area, Newmarket, Portsmouth,
Raymond, Rye, Seabrook

Zone 4 Chair, Ajay Rana Bhat

Ph: 508-685-0582
E: ajayranabhat@gmail.com
Clubs: Barrington; Dover,
Rollinsford, S Berwick; NH
Everest; Rochester; Somersworth;
Wakefield

Zone 5 Chair, Ken Ward

Ph: 631-220-5106
E: kenward636@yahoo.com
Clubs: Epsom-Chichester, Laconia-
Gilford, Loudon, Meredith,
Saddleback Mountain, Suncook
Valley

Zone 6 Chair, TBD

Ph: E:
Clubs: Conway Area,
Moultonborough, Whittier,
Wolfeboro

Global Action Team Leader

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Global Extension Leader

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rosevin68@gmail.com

Global Membership Leader

Gail Dacey

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Global Service Leader

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LCIF Coordinator

PCC Scott Wilson

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