

THE PRIDE

Newsletter of Lions District 44-H New Hampshire
June 2024, Volume 49, Issue 12



A Message from District Governor Kamal Masand

My May travels took me all over the state. From Spring Convention in North Conway, to 44N's convention in Gorham, to the electrifying 70th anniversary celebration in Wakefield, to a club visitation in Portsmouth, to service projects from Gorham to Nashua. The month finished with Camp Pride's work day. Lions everywhere were full of energy, and happy in the work they were doing. During convention we were able to recognize some outstanding Lions; award recipients are listed in the newsletter. Congratulations to all recipients, and everyone who supported them in their success.



This is my last message as your District Governor. Thank you for all you have done this year to contribute to our success. Our district is in good shape with many clubs providing great service in their communities, raising money, and donating to so many great causes. We have had a great year. Thank you. I would also like to thank my cabinet team which has worked with me and done an outstanding job in achieving our goals for the 2023-2024 Lion Year.

We have accomplished so much this year in the district. The year has flown by. We all joined Lions International for one and only one purpose, to serve selflessly. It was gratifying to see first-hand during my visits to Clubs that we are serving with great spirit. Some of the service projects completed included over 1250 vision screenings, over 800 Hugs & Cuddle bears distributed, road clean ups, diabetes and cancer related walks, and tree plantings, fund raisers, donations to LCIF and CHaD and many many local organizations. Several of our Leos were also active by writing thank you cards to service men, preparing Easter baskets for children homes, and helping with serving Thanksgiving dinners.

Here are some numbers to sum up our successes. Our goal was to have 95% of clubs report some fraction of service. We achieved 100% of clubs reporting! Some highlights included an amazing amount of over \$1.1 million dollars in funds raised in the district! We served over 215,000 people; donated over \$60k to LCIF; completed over 1,800 service activities; provided over 36,000 volunteer hours; and donated over \$500,000 to provide help to others. We have such strong numbers to share. Over the course of this year, we have added 116 new members that gives us more hands providing service. Continue to focus on retaining members so our growth will be even stronger as we move forward into our second century of service in New Hampshire.

My new journey as Council Chair for District 44 will begin on July 1st, and the incoming District Governor, Peter LaPointe, will take on the governance of 44H. I wish DG Peter, and all of you, great success as we continue to strengthen the work we do in New Hampshire.

THANK YOU, 44H Lions, for making a difference in our communities.

Let's Go 44H Lions! We Serve!
Kamal Masand

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District Goal Progress

Membership

District Membership*	Previous Month	2023-2024 Year	2023-2024 Goal
Opening Balance	1,246	1,246	
Added Members	10	116	
Dropped Members	1	107	
Closing Balance	1,255	1,255	+2/club
Net Gain/Loss	9	9	

Data as of 5/30/24

International membership is currently 1,387,732.

Welcome new members!

Club	New Member	Sponsor
Atkinson	Robert Despirito	William Kotzky
Derry	Alexi Greer	David Coyle
Hudson	3 reinstated	
Kingston	Kenneth Anthony	Scott West
Kingston	Robert Bowen	Jennifer Klopotoski
Salem	Donald Sorcinelli	Melissa Sorcinelli
Wakefield	Sandra Fecteau	Tom Daniels
Wakefield	Thomas Fecteau	Tom Daniels

Data as of 5/30/24

Service

District Service	This Month	This Year	Goal
Vision Screenings	May 543 people	12,667 people	1+/club
Hugs & Cuddle Bears	May 100 bears	835 bears	10/club
Percent of Clubs Reporting		100%	95%
Volunteer Service Hours	4,957	36,766	22,500
Service Activities	152	1,836	1,100
Individuals Served	24,976	215,043	190,000
Funds Raised	\$15,000e	\$1,065,000e	\$305,000
Funds Donated	\$30,000e	\$526,000e	\$222,000

Data as of 5/30/24

LCIF Donations

District LCIF Donations	This Month	This Year	Goal
LCIF Donations	\$1,185	\$60,585	\$38,100

*Data as of 5/30/24

Upcoming Events

Date	Event
Jun 9	Loudon's 20 th Anniversary celebration. Details in newsletter.
Jun 20	Deadline for district newsletter submissions; newsletter44H@outlook.com
Jun 26	Deadline to RSVP to DG Kamal's Homecoming Celebration RSVP form in newsletter.
Jun 21-25	Lions International Convention, Melbourne, Australia
Jul 1	New Lion Year!
Jul 14	DG Kamal's Homecoming, 2:00, Nashua Country Club. Invitation and RSVP form in this newsletter.
Jul 31	Deadline to email Club Excellence Award application to DG Kamal; KMasand01@gmail.com . Application at end of newsletter.
Aug 24	Lions Night at Fisher Cats.
Sep 5-7	USA/Canada Forum, Louisville Kentucky.



Outgoing District Governors Toni Olden (44N) and Kamal Masand (44H) were presented jackets from the NH Lions Past and Present District Governors Association at their spring meeting in Manchester.

Thank you, DG Kamal and DG Toni, for your service to the Lions of New Hampshire this year.

Celebrating A Milestone in Service



Happy Anniversary!
Loudon Lions Club
 Celebrating 20 years



DG Kamal Masand's Homecoming, Sunday, July 14th

You are invited to join the celebration of DG Kamal's Homecoming on Sunday, July 14th. Please use this form to reserve a seat and a meal. **Please don't delay – respond before June 26th.**

You and your guests are invited to the

DG Kamal Homecoming Celebration

Sunday, July 14th, 2:00pm
Nashua Country Club
25 Fairway St, Nashua

Kindly respond before June 26th
by completing this RSVP
and returning it with your check to
Nashua Lions Club
PO Box 3361, Nashua, NH 03061

Name(s) _____
Club _____

Please check here if you would like to speak: Yes

\$ 44 x _____ people = \$ _____ check amount

The lunch buffet will include salad, soup, rolls,
chef selected starch and vegetable, Chicken
Francaise with lemon caper butter, Garlic
marinated steak tips with peppers, onions, &
mushrooms, and dessert.

Please make us aware of dietary considerations
such as vegetarian, gluten-free, or food allergies:

Peter LaPointe, District Governor Elect & Global Service Leader

“Choose to make a difference.”

Help with a Service Event of your choosing!

- Childhood Cancer
- Environment
- Vision
- Hunger
- Diabetes
- LCIF
- Other

Ask one!!

Step up and take on a leadership role!

Anyone interested in more information on Service, Leadership, and Membership please reach out to me.

We Serve!

Peter J. LaPointe, District Governor Elect
978-479-0454

Marie Valliere, First Vice District Governor Elect & Global Leadership Leader

Congratulations on a great Lions year. I want to give a special shout-out to all the secretaries. This years' service reporting was 100%. This leads me to recognition. This is the usual time of year when clubs thank their members for the service they have done for the past year. This is VERY important. It might be a hand- made certificate or a small gift. Some clubs give out goodie bags and others give cards. I was at an event recently where silly certificates were given out pertaining to their club's projects. Studies show that when employers thank their employees and praise them for their work, productivity goes up. Happy Help-Happy Business. This applies to clubs as well. Keep the members involved and appreciated and retention will lower and attract people to join you.

THANK YOU

Marie R Valliere
2VDG/ GLT

Linda Quebec, Cabinet Secretary

44H Spring Convention

Spring Convention in North Conway was a great time. Thank you to everyone who contributed to planning the event, and thank you to all the Lions who attended. From Cornhole and Bingo to a touching memorial service to meetings to a great visiting ID to an outstanding hospitality room to banquets and awards... it was a busy weekend!

DG Kamal's Homecoming: Look for information in this newsletter to register before June 26th. We hope to see many Lions at the event to celebrate Lions, service, and leadership.

Lion Portal Tips for Secretaries - How to Add a New Member:

Your club works to invite in new members, and it's important for your Club Secretary to input that new member into the new Lion Portal. Adding new members is easy when you know where to go. Here's how to do it: Login to the Lion Portal, Click on My Clubs, click blue button "Manage Club Members", Add new member, fill in screens, click Next until you go through all the screens. When you have successfully added a new member, you will see a green box pop up at the top of your screen confirming success in adding a member.

You can confirm the member has been added on the My Clubs page. In the membership list on the right side of the screen, click View All so the list is enlarged on your screen. Scroll to see the new member in membership list.

If you need assistance, please contact who you sent to secretary training, or your zone chair, or LindaQuebec@Ymail.com. We can help you become comfortable with the new system.

Club Excellence: Did your club have a strong year? As we wrap up this Lion year, make sure your club submits the [Club Excellence Award application](#) to DG Kamal Masand before July 31st KMasand01@gmail.com. See sample application at end of this newsletter.

Please send your submissions for The Pride district newsletter by the 20th each month to Newsletter44H@Outlook.com. ~Thank you, Linda Q.

Gail Dacey, Global Membership Leader

Welcome June. It is hard to believe this is the final month of the 2023-2024 club year. It is the last month to become plus one in the club year if you want to receive the club excellence award. Remember DG Kamal's goal is to have every club plus 2.

Next year everyone should be working on contributing to Mission 1.5 if you haven't already started. A good plan is to hold a membership drive in August or September. This should be advertised and held separately from a club meeting. It could be held at a brewery, restaurant, club house, paint night, or some other social place. Have it a fun night and let everyone see what your club does. Then follow up with anyone that came out. Call them and ask them to attend a meeting or a service project. Offer to pick them up. When you get a new member, orient them and mentor them. You have all summer to think outside the box to get a great membership meeting going.

Have a great summer.

Steve Middlemiss, International Director



From International Director Steve Middlemiss



As you read this the Lions year 2023-2024 will be winding down soon. We have made great strides in increasing our membership worldwide under Mission 1.5 but there is still work to be done. As I write this article, we have 1,390,000 members a + 44,800 worldwide for the year and -20 in our Constitutional Area. Retention is a key point in our remaining positive worldwide and towards the US becoming positive for the first time in a number of years. We need to look to our members for their ideas on projects. Ask them what they are passionate about and work to create projects around those passions. Members want to feel involved. One of the leading reasons members leave is they are not engaged. Also reach out to members who you may not have seen in a while. They are our Lions family and just like our own families we need to be sure that we let them know we are thinking of them. We all want to feel valued and by reaching out we can encourage them to become involved again. One phone call could re-engage a member.

As a reminder to the incoming leadership of the district's the position of Global Extension Leader will become a required position this upcoming year. At the convention in Australia one of the items on the ballot and if it passes, we will add the District GAT team (GET, GLT, GMT, GST) and LCIF chair to the current list of individuals as a candidate for the office of Second Vice District Governor. All other requirements will remain.

Current SVDG training will begin this upcoming summer. So those of you who are moving into that position watch for upcoming emails and info regarding the training sessions. LeeAnn and I have been so fortunate to have represented you this past year and are looking forward to the next year as we continue to serve on the International Board. We hope to see you in Melbourne.

We continue to look forward to serving the Lions of the World as we all work toward "Changing the World".

Yours in Lionism,
ID Steve & Lion LeeAnn
(pccmiddlemiss@gmail.com)

Jeri Maynard, Environment Chair

ENVIRONMENT

Let's face it- we all have clothes or textiles such as curtains, duvet covers, and blankets that we do not want any more or are past their prime. Do we really know what can be done with these no longer wanted items? Last month I attended the district **"Green Team"** Gift Making Event sponsored by the 44N Team Members. They had all sorts of ideas about how to make useable items from un-useable products i.e. left- over paint samples, toilet/paper towel rolls, wood pieces. I was drawn to the old unwanted tee-shirt table where I attempted to make a tote bag (which I am now using to carry cleaning items around the house). Just a note- the young girl beside me did a much better job with her tote! Anyways, it got me to thinking about what happens to those clothes/textiles once we no longer need them.

Clothing and textiles are nearly 100 percent recyclable. Clothes and textiles that are in good condition can be donated and sold for re-use. Items that are not suitable can be recycled and made into new items, such as padding for chairs and car seats, cleaning cloths and industrial blankets. Most of us recycle our old attire by donating to a local thrift shop or charitable organization.

When a piece of clothing or accessory is donated, the thrift store that receives it will always seek out the maximum value for that item. That might mean it is put up for sale first, and if not sold within the store's preferred time-frame, it moves on to the next stage – a donation to a charity, who can then sell the items (as a fundraiser) to a clothing recycler for conversion for another reuse, or for sale overseas. If still not useable, items are typically sent to "textile recyclers" to be broken down and reused. Clothing can become anything from cleaning rags and carpet padding to rubberized playgrounds and insulation.

You may have noticed increasingly numbers of recycling containers around town, many belonging directly to a textile recycling company. The textile making process is energy and resource intensive. The recycling of old clothes is now being called the "next frontier" for cities looking to reduce solid waste.

Textile & clothing recycling is a beneficial activity from both environmental and economic points of view. Through the recycling of used clothes and textiles, we can avoid pollution and energy intensive production of new clothing.

Interesting data about textile and clothing recycling:

1. More than 15 million tons of used textile waste is generated each year in the United States
2. The average lifetime of cloth is about 3 years.
3. The annual environmental impact of a household's clothing is equivalent to the water needed to fill 1,000 bathtubs and the carbon emissions from driving an average modern car for 6,000 miles.

4. More than 70 percent of the world's population use secondhand clothing- 50% is used as second-hand products. 20% for polishing and cleaning cloths (industrial uses), and 26% used as fiber for insulation, upholstery, fiberboard or even re-woven into new clothing .
5. There are now more than 500 garment recycling companies employing 17,000 textile industry workers.

Al Goldstein, Lions Clubs International Foundation (LCIF) Chair



Teaching Luke all about Lions while in the Atkinson Memorial Day parade. The job of the LCIF Chair is never done. PDG Al took this pimped out Jeep, owned by PDG Randy Tompkins, for a spin.

Club Happenings

Atkinson

Hello from Atkinson. I hope everyone is enjoying the beautiful weather and looking forward to a relaxing summer. As we wind down this current Lion year, we are still busy in the community.

This month our club reinstated college scholarships for two Atkinson seniors. We were happy to have them, and their parents, join us at our monthly dinner meeting to present them with their awards. Our future is in good hands with the caliber of students we honored.

We have members going to Lions' Camp Pride every week to help prepare for this upcoming camping season. This winter saw lots of tree damage and lots of work has gone into getting the camp cleaned up. The big spring cleanup should help push the camp closer to opening.

Memorial Day will have members participating in the town parade and ceremonies.

Committees are working hard planning for activities next year, including the annual golf tournament and Meat Raffles.

Enjoy the summer.

Chester

Recently the Chester Lions Club celebrated their 2024 Man & Woman of the Year. Pictured: Man & Woman of the Year, Sam Nasr & Mary Ford ,with Steph Landau and President Leslie Packard.



The club also hosted an Annual Senior Banquet and had a great turnout.



Exeter

The Exeter Lions Club provided service by replacing a rotted deck for an elderly citizen. Work was done by Mike S Baillargeon (front left), Mike D Baillargeon (front right), Nick Spalaris (back left), and Mario Izzo (back right). Happy owner, Mary, is in the back in the picture.



Nick removing old deck



Rotted deck to be replaced



Old deck



Mario collecting debris



Nick & Mike replacing joists



New deck

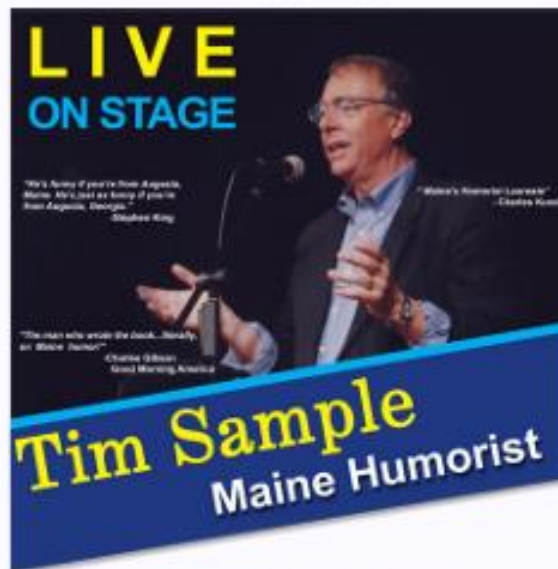


Lions Lift News: Karen and PCC Mike Baillargeon were recognized at the First in Sight walk for their exceptional service as Lions Lift drivers.

Hampton Area



Hampton Area Lions Club
Presents



June 22, 2024 at 7pm

THE BROOK

Seabrook NH

GENERAL SEATING

\$40.00 PER PERSON

Cash Bar & Complimentary Hors d'oeuvre

Doors Open at 6:15pm

For Tickets Contact

Charlene 603-867-8341 or Lee 603-926-4225



Hudson



Hudson Lions
 Strongly embrace
 Lions International Five Pillars
 of Service: **Vision, Hunger,**
Diabetes, Cancer, Environment.



Hudson Lions Club "Litter Crew"



PCC Celeste and Spring Convention Guest Speaker ID Jay Moughon present Lion Marilyn Vaccaro with a Progressive Granite State Fellow Award on behalf of the Hudson Lions Club.



44H Spring Convention
 2024



DG Kamal Masand along with ID Jay Moughon present CT PDG Jerry Vaccaro with an International Certificate of Appreciation.



Photo L

Hudson Lions at the
 Spring Convention.



Photo R

Hudson Lions volunteers
 at the annual Psychic Fair
 Fundraiser for Charity.



Photo L

President Kimberlee Fournier,
 PCC Roger LaTulippe present
 Kenneth Chafe of Troop 20 at
 his Court of Honor, with an Eagle
 Trophy in recognition of his
 achieving Eagle Scout.



Lions Ann Mason and Bill LeBlanc at the 21st annual
 "Walk For Sight" in Concord,

Loudon



20

Years Of Loudon Lions Club

You Are Cordially Invited To Join Us
In Our 20th Anniversary Celebration!

On Sunday, June 9th 2024 at
Holiday Inn – 172 N. Main St.
Concord NH 03301
Time: 3:00pm – 6:00pm

Please Choose One and kindly reply
Price - \$35.00 per person

- **Chicken Marsala** – Sautéed boneless chicken breast finished in a mushroom-marsala wine sauce.
- **Baked Haddock** – New England Haddock baked with a Ritz cracker topping.
- **Pasta Primavera** – Penne pasta with fresh roasted vegetables in a white wine garlic sauce.

Please let us if you have any allergies or dietary restrictions when you RSVP

Mail RSVP & Payment by May 24th to:

Ed Friedrich, President

7023 School St. Loudon, NH 03307

*Please make all checks payable to:
Loudon Lions Club.

Cash Bar Only

Meredith

The Meredith Lions Club visited the Inter-Lakes Elementary School on Teacher Appreciation Day and delivered bags filled with pens, markers, pencils, crayons and even index cards. Thank you to all the teachers in the area.

Pictured: Nancy Bickfor, Specialist, PE; Lion Helen, Lion Marie, Kathleen Hill, District Staff, and Linda Otten, Dean of Learning.



THE DUCKS ARE COMING

July 4, 2024

4:00 p.m.

Hesky Park Meredith, NH

\$5.00 to adopt one duck or \$20.00 for five.

Mail check to Meredith Lions Club

P. O. Box 1357

Meredith, NH 03253

[or Visit us on Facebook](#)

[At Meredith Lions Club to purchase tickets with PayPal](#)

The club is looking for people to herd ducks after the race. Job entails going into the water and collecting and transporting ducks to the shore. Contact Lion Bob at 603-527-8114 to volunteer.

Nashua

Nashua Lions are busy planning DG Kamal's Homecoming. **You are all welcome!** We hope to have many Lions join us on Sunday, July 14th, 2:00pm, Nashua Country Club. We will have a fantastic signature drink available at the cash bar during cocktail hour, plus hors d'oeuvres, then a very nice buffet, and some speeches to celebrate the year. Use the registration form in this newsletter to **RSVP before June 26th**. We would love to see you there!

Nashua Lions were all over the state in May. We had representation at Spring Conventions, the NELC panel, attended many meetings for Lions organizations in NH, participated in the Future in Sight walk, provided service in our community, worked at Camp Pride, and hosted a great inaugural Strides Walk Against Diabetes!



Sunita, Neeta, DG Kamal
44H convention



CS Linda, DG Kamal
44H convention



PID Ed & Elaine, Linda, Neeta and
DG Kamal. 44N convention



Gail, Stephanie, Linda
making a meal to donate



KL Erin, Linda cleaning trails
in Mine Falls Park



100 Hugs & Cuddle bears donated to
CAC. KL Erin and Elaine



Donating birthday bags



PID Ed at NELC panel



Work Day at Camp Pride



DG Kamal & Neeta
Future in Sight walk



Strides walk committee



Some Strides walk volunteers

Portsmouth



VOLUNTEERS NEEDED

Portsmouth Lions are hosting a booth at Portsmouth Market Square Day on June 8, and we do not have quite enough volunteers. If you can help us out for an hour or two between 9 am to 2 pm, blowing up and handing out balloons and greeting folks, we will be most grateful.

Contact Jane Murphy at Jane.a.murphy13@gmail.com, or Amy Pruzzenski at harbordoc@aol.com.

Windham

Windham Lions supports Shepherd's Pantry's 30th Annual Turkey Trot Fundraiser! Lions Ted and Barbara Dooley, Pattie Provenzano and Renee Bailey presented Steve Johnson of Shepherd's Pantry a check for \$1,500.00 representing a Gold Level sponsorship. This year's Turkey Trot will be held on Thursday, November 28, 2024!



Lions Becky Brown, Tom Winter, Zack Brown, Cindy Jutras, and Frank Provenzano (photographer) donned their vests and ventured out along Route 111 picking up the trash that had accumulated during the winter months. They collected 36 bags of trash!! Thank you to the NH DOT for supplying our members with the tools they needed!

Wakefield



Wakefield Lions celebrated their 70th Anniversary since the charter in 1954! We had a very successful celebration and dinner awarding the club members with fun certificates of appreciation, an induction ceremony of three new members. We celebrated several service chevron recipients: 10 year pins Anne Palmariello, Joe Palmariello, Tom Daniels, and Sharon Baldwin; 25 year pin Late Patricia Currier (passed away Feb 2024) received by husband Lion Ralph (38 years); and 30 year pin Tom Lavender.

Our Wakefield Lions Club received the Best Large Club award for 2024-2025. (We earned Best Small Club in 2015-2016). Several other awards were Presidential Leadership Medal Award to Tom Daniels, Granite State Fellows to Ron McKay and Doug Soares, and the Melvin Jones Fellowship to Sharon Baldwin.



Best Large Club
Wakefield Lions Club



Presidential Leadership Medal
Tom Daniels



New Members inducted

It was a wonderful honor to have the Leadership team from District 44H celebrating with us and helping us award the recipients. Many thanks to District Governor Kamal Masand, DG elect Peter LaPointe, First Vice DG elect Marie Valliere, Zone 5 Chair PCC Bill Rathbun, and Cabinet Secretary Linda Quebec for coming and completing our celebration night with your presence. We have appreciated your leadership and guidance!

We had 22 volunteers on our Adopt-a-Highway Spring Clean-up! We picked up 69 bags of trash on our 4-mile stretch along Rt 153 in Wakefield. Our newest service project entailed more outside work calling it "Spring Cleaning Lend-a-Hand" where we went to four homes of senior

citizens (and people who are physically handicapped) to help them with their yard work. There were four trailer loads of brush that went to the transfer station. We had 13 volunteers and completed the work in 2 hours. Many hands make light work! We're still hearing kudos from the Wakefield community! The 3rd clean up project was when Wakefield Lions headed out to Camp Pride to tackle the adopted cabin. There were 12 volunteers who scrubbed the newly renovated bathroom, washed the windows and beds, and polished the floors. Everything is sparkling clean for the summer campers. We also took a camp tour by our Lion Joe Palmariello.

Wakefield Lions celebrated their town's Pride Day, a community family-oriented event. It was a rainy day, but despite the weather, Pride Day was very successful and enjoyed by everyone. We had our main booth with free face painting, balloons, brownies and cookies, sunglasses, bean bag toss and our Lion cut out for photo ops. We kicked off sales of our Summer Raffle fundraiser. We served BBQ Pork Sliders with sauce and cole slaw, Italian sausage with peppers and onions by donation only. For first year ever, we had the district float in the parade with added decorations by our team. The 2nd annual bed race was a big hit as last year's champs (Dube Construction) were trying to hold their title. Poor People's Pub won the final race out of 6 teams! It was a very close race! After the parade, we had the Lions Annual Family Games, which was kicked-off with a cupcake eating contest. We all wore our new yellow shirts to show our team spirit.



"Shy sisters"

Wolfeboro

Congratulations to all! Thank you for your service with the Wolfeboro Lions Club.

At our May 15th Lions Club Meeting, Marie Valliere, 1st Vice District Governor (elect), was in attendance and honored many of our club members for their years of service. Monarch Chevron Awards were awarded to:

- 10-Year Awards: Carol Cady, Donna Solod, Eloise Adams, Ernest Carter, Linda Siracusa, Nancy Askew, Patricia Blundo
- 15-Year Awards: Dr. Lori Kirwan, Dr. Stephen Kirwan, John Hardenbergh
- 25-Year Award: John Askew
- 30-Year Award: Frederick Fernald
- 35-Year Award: Jeffrey Wallace, Stephen Schmidt



In addition, Membership Keys were awarded to Jeff Kemp (sponsored more than 2 new members) and Nancy O'Dowd (sponsored more than 15 new members). The Wolfeboro Lions Club was also awarded the Membership Patch for 2022 – 2023.

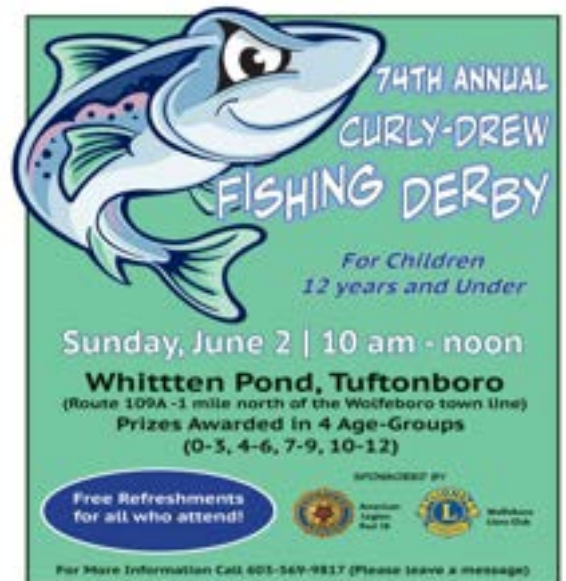


Community Food Drive: Back in April the Wolfeboro Lions Club and the Rotary Club of Wolfeboro were planning a collaborative Easter food drive to support Life Ministries Food Pantry. This event, which was scheduled for March 23 had to be cancelled due to weather. It was rescheduled for May 4th and was a huge success! **Of Note from the**

Food Drive: • A donation was left on the bumper of the truck prior to the start of the drive. • A man (Jim) asked if we were collecting food or money, we said both - he said "come in the store and fill a cart and I will pay for it". the cart value was \$145 - he was on his way to the hospital to see a dying parent. • We received a donation check for \$500.

One food item or several bags of food- One dollar or several hundred dollars - it all added up. ***\$1659 in monetary donations, and approximately 350-400 items donated.***

Coming soon! June - 74th Annual Curly-Drew Fishing Derby: We will again work with another local organization, the America Legion, to provide support for their annual fishing derby. What a great community event for the club to be a part of in June.

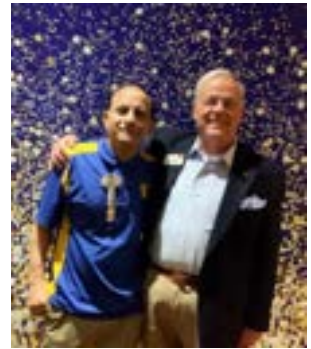


44H Spring Convention

Congratulations to DG Kamal Masand and his committee for a wonderful 50th 44H Spring Convention weekend! Our guest speaker was International Director (ID) Jay Moughon from Virginia. He was very inspirational during his talk. He asked us to think about why we joined Lions, and think about the moment that impacted each of us to give to the community. This is often referred to “when you became a Lion.” When you talk to people about being a Lion make sure you tell them about the service projects you’ve been involved with that touched your heart. Making it personal will resonate with potential members. In addition, we are all encouraged to think big so we can achieve even more service to the community. Also, think about the strengths you can offer, or you think someone else can offer, and identify how we can use those strengths to do more. The thought behind Mission 1.5 is to increase the number of Lions around the world to 1.5 million so we have more people to help us achieve the goal to serve 1 billion people – think big. He also encouraged us to incorporate Colin Powell’s 13 rules for leadership into our lives. [Click here](#) to read more about it. Let’s be open to new ideas, try new service projects, and see who we can attract to join us.

Friday evening was a fun evening with a casual atmosphere, a barbeque, and games of cornhole and Bingo.

Saturday morning there was a beautiful memorial service to honor the Lions we lost this year in the district. Three Nashua Lions were honored: Dr Mo, Al Savage, and John Ralph. Upon return to Nashua, District Governor Kamal presented a rose to Paule Ralph in memory of John Ralph. As the convention transitioned into the business meeting, we learned about the progress with district goals. The district was extremely successful with the goals for vision screenings, hugs & cuddle bear donations, service reporting, volunteer service hours, service activities, individuals served, funds raised, funds donated, and LCIF donations. Committees provided reports and accepted checks. Did you know that we have achieved over 24,000 screenings in the state; over 12,500 of them have been done by 44H. Due to this success, Health Services of New Hampshire would like to begin a program for hearing screening. Camp Pride has been very busy with rental groups even through the winter. The new pickleball courts in the pavilion provided \$9k in income this year, and those funds help to offset the rate for special needs groups coming to camp in the summer.



Over 600 Granite State Fellowships, and over 50 progressive GSFs have been given out. The funds donated to NH Sight and Hearing Foundation are used to provide sight and hearing assistance in NH. Lions Youth Services has \$500 grants available to clubs, twice a year, to assist with the cost of projects for youth in NH. Ask your club, how can we use these grants?

Elections were held at convention and the following Lions were voted into new positions that will take effect on July 1st: District Governor elect, Peter LaPointe; First Vice District Governor elect, Marie Valliere; Second Vice District Governor elect, Vince Giambalvo.

Saturday evening was a very nice District Governor's reception and banquet. After dinner we heard from the elected district officers.

Over the weekend, awards were given to many clubs and Lions. Congratulations to the following:

- Best Large Club: Wakefield Lions Club
- Best Small Club: Windham Lions Club
- Model Clubs: Nashua Lions Club, and Epsom-Chichester Lions Club
- Granite State Fellows: Yogi Fregeau, Salem; Marilyn Vaccaro, Hudson (progressive); PDG Marie Hall, Exeter (progressive)
- Lion of the Year: Ed Friedrich, Loudon; Pattie Provenzano, Windham
- Presidential Certificates of Appreciation: Cabinet Treasurer PDG Jerry Vaccaro, Hudson; FVDGE Marie Valliere, Meredith; Zone Chair and SVDGE Vince Giambalvo
- Presidential Leadership Medal awards: Tom Daniels, Wakefield; PDG Randy Tompkins, Rye
- Zone chairs were honored by DG Kamal with a donation to LCIF on their behalf
- Best Scrapbook: Hudson Lions Club
- Best Newsletter: Nashua Lions Club

The Hospitality Room was open several times over the weekend. It was sponsored by the candidate for Second Vice District Governor, Vince Giambalvo. Hospitality rooms are a great way to meet the candidate. Vince's committee created a fun theme



of Giambalvo Island with a very beachy scene, signature cocktails with an island vibe, grass skirts and Hawaiian shirts. It was fun to mingle, meet new people, and laugh with many Lions.

It was a successful Spring Convention! Enjoy the pictures; these are a collection from many people. If you don't see what you're looking for, look at the [district Facebook page](#); it's probably there.



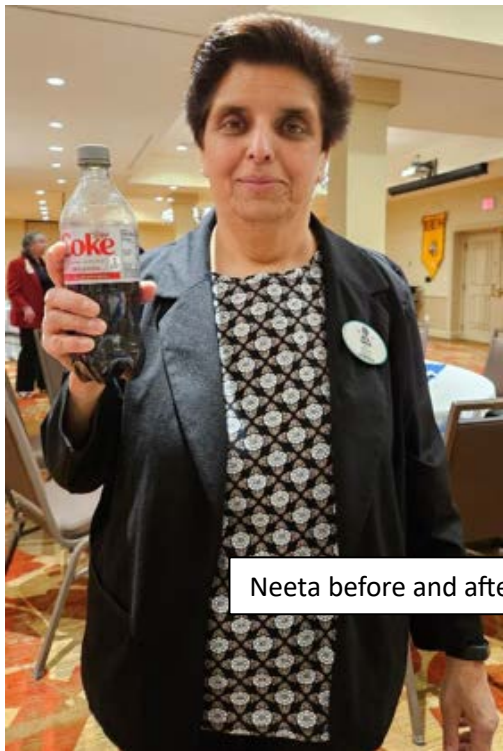
ID Jay Moughon, DG Kamal & his cabinet











Neeta before and after convention weekend.



District Org Happenings

Camp Pride



LIONS CAMP PRIDE CONNECTION

June 2024



Hello to all, looks like the summer heat is here early. The group of devoted Lions has been working their butts off every Wednesday to keep up with what needs to be done to get the Camp in shape for our camper season. The April snow/windstorm took out over 300 trees both on the road and on the campus. A professional tree removal service spent a week getting rid of all the trees at a substantial cost, but most of the brush left behind is being handled by the same group of Lions.

By the time you get this newsletter we will have had our first annual Lions Camp Pride workday on May 25th. We expect 50-60 Lions onsite to clean up their cabins and help with the general campus cleanup.

As of this date ROTC and the Profile High School grads have been at the Camp. A local resident has asked to use the dining hall for a Celebration of Life for a family member on June 1st. With our blessing.

New windows and doors at the dining hall are in progress.

New storage shed is in progress.

Docks go in on June 7th.

Please visit <https://www.lionscamppride.org/> for information on the following:

Choose "Support Us/Fundraisers"

1. Commemorative Bricks
2. TD Bank Affinity Program
3. Calendar raffle
4. Northwood Ice Racing
5. Latest Camp news and pictures.

Lenny Hall LAH03811@Gmail.com 978-360-0958



Lions Youth Services

The 2024-2025 Contest "Peace Without Limits"

*For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity. For peace to be anything more than a possibility, we need to make it a priority. This year, we're asking our young students to create a poster that speaks to our world's infinite potential for kindness once we commit to pursuing the idea of **peace without limits**.*

As one Lion's year ends and a new year begins, NH Lions clubs have begun this year's contest. Most clubs follow their school's schedule but the contest can be run anytime from January through the November deadline. Please be sure to name a chair to the contest for your club. As of this date, there are 12 clubs that have purchased a kit or 2. I have 8 kits left so if you need a kit, please email Rhonda Wynne at rwynnemilford@comcast.net and a kit will be mailed to you. The cost of each kit is \$12.00, payable to Lions Youth Services and the check should be mailed to PO Box 156, Atkinson, NH 03811. If The official kit contains everything your club needs to sponsor one contest at a school or sponsored youth group.

The Kit contains: Official Club Contest Guide & Rules (PPC-1), Official School or Youth Group Contest Guide & Rules *(PPC-2), Participant Flyer* (PPC-3), Winner Sticker (PPC-4), Achievement Award (PPC-5), and Certificate of Appreciation (PPC-6)

- **Please provide only the Official School or Youth Group Contest Guide & Rules (PPC-2) and the Participant Flyer (PPC-3) to your club's contact at the participating school or youth group.**
- **Your Club retains all other items in the Kit.**



2023-2024 Merit Award Winner
Ava Simone Durden, 12 yrs old
Nashua Lions, NH

Grant Applications - applications are still available, check this newsletter for the application form.

Lions Night at the Fisher Cats - the date will be Saturday, August 24. Price is \$22 for game ticket, baseball cap, hot dog, drink and chips. More ticket information to follow. See flyer in this issue.

Terri Lynn Fundraiser - we wish to thank you for your continued support with this fundraiser. Please see this newsletter for the latest flyer. If you wish to order for "Father's Day", please get your order in by no later than June 5, 2024 so that it will be delivered in time!

Next Scheduled Meeting - **Please Note:** our next meeting scheduled for Thursday, June 13, 2024 at 6:30 pm will be held at the **Poor House Bar-B-Q** in Canaan. This is a Barbecue restaurant located on 1177 US Route 4, Canaan, NH. All are welcome to join us!

Hope to see you there!



Fundraising with



As you know, we have been with **TERRI LYNN** fundraising for several years now. Their premium nuts, decadent confections, savory snacks and tempting mixes are unlike anything you will find at your local grocery store. **How can you help?** By purchasing these delicious nuts, snacks, and chocolates. Please help us with a purchase today by placing an order. **Please visit: <https://LYSNH.terrilynn.com>**

Summer is HERE! What about some tasty, healthy treats as you take a hike, go camping, or go fishing? Terri Lynn's Signature nuts, snack mixes will fill that crave. Or throw a spoonful or two on your favorite yogurt and make it a special treat. They are delicious on their own; but they also make great ingredients for some homemade, tasty creations for a light summer meal. Check out an easy recipe below!

*Orders to each person ship FREE anywhere in the U.S. when items total \$30 or more!
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).*

Brown Sugar Walnut Chicken ~ This easy weeknight dinner is the perfect blend of sweet, savory, and a little spicy! Featuring our delicious [Black Walnut Pieces](#).

Ingredients

- 15 oz Chicken meat (light or dark)
 - ½ cup Chopped onion
 - ½ cup Chopped red pepper
 - Olive oil (3T + 3T)
 - ¼ cup Brown sugar
 - 2 tbsp Red wine vinegar
 - ¼ cup Soy sauce
 - 1 tbsp Dijon mustard
 - 2 Garlic cloves, minced
 - Pinch of red pepper flakes
- ½ cup Terri Lynn Black Walnut Pieces



Directions

- Cut the chicken into bite sized pieces.
- Heat 3T olive oil in a large pan over medium heat.
- Season the chicken lightly with salt and pepper to taste.
- Add the chicken into the pan and cook for 3-4 minutes, stirring occasionally. Don't cook the chicken all the way through. Remove from the pan.
- In a small bowl, mix the other 3T oil, brown sugar, vinegar, soy sauce, Dijon mustard, garlic, and red pepper flakes.
- Reheat the pan the chicken was cooked in over medium heat. Add the onions, peppers & walnuts into the pan. Cook for 2-3 minutes on high.
- Add the sauce.
- Add the chicken back into the pan.
- Cook until the sauce thickens and the chicken is well coated. Stir frequently.
- Remove from heat and serve. (Delicious with steamed white rice!)

The DogSight Project



THE DOGSIGHT PROJECT
A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire



THANK YOU MD44 LIONS!!

New Hampshire Lions are wonderful, generous Lions. Your donations this year totaled over \$27,000! More than half of all clubs in the Multiple District joined together to make this possible. Fidelco estimates the cost of breeding, training , placing, and providing client support for one dog to be \$65,000. Our contribution makes a very real difference in this effort. I have the most wonderful guide dog at my side thanks to your continuing support of The DogSight Project. Thank you , New Hampshire Lions!

You can make a donation to the DogSight Project at any time by sending a check to The DogSight Project treasurer. Make checks payable to **LSHF** with **DSP** on the memo line. Checks should be sent to: Gregg Kleiner, DSP Treasurer, PO Box 94, Keene, NH 03431

Thank you for your continued support!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Raised for Fidelco in 2023-2024: \$27,121.00

Use LEARN for Lions Education



Dear Lion Leader,

The time to train your incoming club officers is approaching. **Don't miss these opportunities!**

Training is invaluable for incoming officers and Lions International has the informational tools to help. As the time to train your incoming club officers approaches, review the courses with them available in Learn in the [Lion Portal](#). Encourage your club leaders to access Learn where they will find these four helpful courses under "Course Catalog."

- Club Officer Training
- Club President Responsibilities
- Club Secretary Responsibilities
- Club Treasurer Responsibilities

Take the time to review some helpful programs and resources with the incoming officers, which are noted below.

[Club Quality Initiative Program](#): A strategic planning tool that helps clubs identify opportunities for improvement. By understanding our current operations, identifying areas that can be improved and taking measured steps to accomplish your goals, your club can be even better.

[Plan for Your Club's Success \(Global Membership Approach\) Webpage](#): This webpage has been designed to assist clubs in attracting new members, overcoming challenges, and developing new goals and strategies. Clubs can use the **planning guide** and **PowerPoint** to discover their strengths, ways to improve and new opportunities that will help them grow and thrive! Planning forms help develop a vision, assess your club's needs and organize your plan for a successful implementation.

Help club officers familiarize themselves with the dedicated webpages and resources available to them to help them succeed in their roles. The [Managing a Club \(Club Officer Team\)](#) webpage provides direct links to club officer webpages, e-Books and other resources.

Encourage Lion and Leo members in your clubs to apply for the 2024-2025 Lions International Institutes available for your constitutional area. To see when your area's institute is being held, take a look at the [Lions International calendar](#) today.

As always, we are here to help. Please contact us if you have any questions. We can be reached by phone at (630) 468-7084 or by email at clubofficers@lionsclubs.org.

Sincerely,

Your District & Club Administration Division Support Team

District Flyers

Hugs & Cuddles District Project

Spread Kindness

Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money
- If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

USA/Canada Forum



Each year there is an educational forum for Lions of USA and Canada. Other forums are held around the world, and this one is for us. There are seminars, sessions, exhibitors, and events during the time at the USA/Canada Forum. Get ready for Louisville from September 5th through 7th later this year!



Use this link to see more about the Forum: [USA/Canada Lions Leadership Forum | \(lionsforum.org\)](https://lionsforum.org)

Lions Camp Pride NH Commemorative Walkway

PO Box 135

E Hampstead, New Hampshire, 03826

Become a part of History – BUY A BRICK TODAY

Join us in creating a commemorative walkway by purchasing a personally engraved brick to be permanently installed at Lions Camp Pride NH. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company logos are also possible. Personalized bricks are a great way to

- Recognize a club anniversary, event, or member
- Remember lost loved ones with brick: in memory of them
- Recognize children, grandchildren, parents and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee, or friend, advertise a business
- Give a unique and lasting gift for the Holidays
- Honor a first responder, nurse, doctor, or public official

Here's how you can contribute: Three Lines \$75.00

.....

Brick Order Form

Name _____

Address _____

City/state/Zip _____

Phone _____

Payment may be made by check to Lions Camp Pride NH - Check Number _____

Date ____ / ____ / ____ Amount: _____

Please print in UPPERCASE Letters, each space as one character

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Mail to Lions Camp Pride NH, PO Box 135, E Hampstead, NH 03826

For more information contact Marilyn Vaccaro [603-437-1408](tel:603-437-1408)



RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

***Donations may be banked for up to 5 years,
by putting a designation on the donation memo.***

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net

LYS Grant Application



LIONS YOUTH SERVICES
PO Box 156
Atkinson, NH 03811

- GRANT APPLICATION -

All completed applications MUST be sent to this PO Box

_____ *Amount requested*

Requesting Club: _____

_____ *Date Requested*

Club President: _____

Club Mailing Address: _____

Club Phone: _____

Club Email: _____

Briefly describe the project and how it will benefit the Youth in New Hampshire: *(continue on back if needed)*

of Youth Benefitting: _____

Required

Project Budget: _____

Requested Amount: _____

Project Start Date: _____

Project End Date: _____

Requesting Club

President's Signature: _____

Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. We encourage all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H.
- 2) The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July - June) for different projects.
- 3) Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 4) Grant Applications **MUST** be mailed to: LYS, PO Box 156, Atkinson, NH 03811 by the last day of the month *prior* to the start of the project. *No reimbursements will be approved.*

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the youth of our state, not to replace your club's support.

Grant Application rev 07.2023



Lions International

2023-2024

CLUB EXCELLENCE AWARD APPLICATION

Date: _____

Club Name: _____ Club Number: _____ District: _____

2023-2024 Club President's Name: _____

Member Number: _____ Email Address: _____

1. MEMBERSHIP

- Achieved a net growth of one or more members or Chartered new Lions club or Club Branch

Name of Lions Club or Branch: _____

2. SERVICE

- Contributed to LCIF an amount equal to or greater than the club's membership total multiplied by US\$5.

Year-end membership count _____ x US\$5= _____

- Started a new service project. *Consider one of our Global Causes!*

- List Three service activities your club participated in that were reported to LCI:

1. _____

2. _____

3. _____

3. LEADERSHIP & ORGANIZATIONAL EXCELLENCE

- Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LC greater than US\$50 outstanding 90 days or more.

- Reported Club Officers to LCI

- Key Officers participate in club officer training

4. MARKETING

- The club has publicized its service activities through local media or social media

Learn more about [promoting your club and activities](#), and learn about the Marketing Award

Resources

Camp Pride

Second Weds of the month, 6:30pm
Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm
Meets via Zoom
md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm
meets via Zoom
LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm
Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm
Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd
m.ackroyd@comcast.net

Diabetes Chair:

Kris Pavlik
lionkrispav@aol.com

Environment Chair:

Jeri Maynard
lionjери@comcast.net

Hunger Chair:

Martha Ackerman
jamamc@comcast.net

Lions Fellowship:

Nancy O'Dowd
Lupesmom14@gmail.com

Peace Poster:

PDG Marie Hall
mariehall326@gmail.com

District Photographer

PCC Deedee LaTulippe
liondeedee@comcast.net

Uniforms/Jackets:

Joe Kasper
JKasper@nedelta.com

Newsletter Editor: Linda Quebec

Newsletter44H@Outlook.com

Send submissions by the 20th each month in Word format.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

- Our district page

Global Lions Forum

- Learning from Lions leaders around the world

Lions Clubs International

- Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

- Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

- Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

<https://www.lionsclubs.org/>

District 44H website

http://e-district.org/sites/district_14-1/index.php

Leadership Directory

District Governor**Kamal Masand**

603-661-6638;
kmasand01@gmail.com

First Vice District Governor**Peter LaPointe**

978-479-0454;
plapointe.lions@gmail.com

Second Vice District Governor**Marie Valliere**

603-998-0871; keylion03@gmail.com

Cabinet Secretary**Linda Quebec**

508-380-4098;
LindaQuebec@Ymail.com (not Gmail)

Cabinet Treasurer**PDG Jerry Vaccaro**

603-204-7752;
lionjerryvaccaro@gmail.com

Multiple Council Chair**Eric Lindberg**

603-801-9421; ericlindberg@me.com

Immediate Past District Governor**Randy Tompkins**

603-765-4965; rye642@comcast.net

Zone 1 Chair, Linda Hedrick

603-553-9015;
lindahedrick676@gmail.com
Clubs: Derry, Hudson, Litchfield,
Londonderry, Nashua, Salem,
Windham

Zone 2 Chair, Krissy McKeeman

917-314-9445; krissy8379@gmail.com
Clubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown,
Kingston

Zone 3 Chair, Langdon Plumer

603-770-6499;
langplumer@gmail.com
Clubs: Exeter, NH Everest, Hampton
Area, Newmarket, Portsmouth,
Dover/Rollinsford/S. Berwick, Rye,
Seabrook, Somersworth

Zone 4 Chair, Vince Giambalvo

603-708-1258; rosevin68@gmail.com
Clubs: Barrington, Chester,
Epsom/Chichester, Loudon, Raymond,
Saddleback Mtn, Suncook Valley

Zone 5 Chair, PCC Bill Rathbun

603-707-6209;
pdgbill33y@yahoo.com
Clubs: Conway Area, Laconia/Gilford,
Meredith, Moultonborough,
Rochester, Wakefield, Whittier,
Wolfeboro

Global Action Team Leader**DG Kamal Masand**

603-661-6638;
kmasand01@gmail.com

Global Extension Leader**PID Ed Lecius**

603-321-6458;
lioncommish@gmail.com

Global Leadership Leader**SVDG Marie Valliere**

603-998-0871; keylion03@gmail.com

Global Membership Leader**Gail Dacey**

603-560-1029; grd514@aol.com

Global Service Leader**FVDG Peter LaPointe**

978-479-0454;
plapointe.lions@gmail.com

