

# THE PRIDE

Newsletter of Lions District 44-H New Hampshire  
September 2025, Volume 51, Issue 03



## Message from District Governor Marie R. Valliere

“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.” ~ Helen Keller

Thank you for the GREAT first rally at Camp Pride. Ninety members were in attendance and over one third filled out the three survey questions. Your wishes will be filled with a service project at the November first meeting. The cold season will be on us soon and we will have a “Warm Clothing Drive”. More details will follow. The other high answer was to continue having a meal, preferably breakfast. This information helps in the planning going forward. The location is 95% done but until papers are signed I will hold back on a sign-up sheet. The answers also requested some more training, mentioning Portal training. The Portal was introduced in April 2023 and in three years the goal was to have every member use it. It is an excellent tool for learning a lot about Lions and other general team skills. The best thing is that each class is usually only one hour or less and can be done in the privacy of your own home. If you need assistance ask your club president or secretary or Zone Chairperson.



Loud and Proud  
DG Marie



## DISTRICT 44-H – HELP WANTED!

NOW SEEKING A DEDICATED LION FOR:

- ◆ **DISTRICT MARKETING MANAGER** – Creative Role
  - Must be fluent in social media
  - Promote club activities and events
  - Share our service stories across platforms
  - Help grow our district’s digital presence

☑ **INTERESTED? APPLY AS SOON AS POSSIBLE!**

Contact DG Marie: [keylion03@gmail.com](mailto:keylion03@gmail.com)

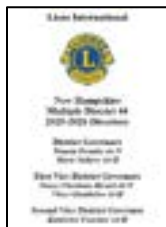
**Lions Lead. Lions Serve. Lions Make a Difference.**

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## Multiple District 44 Directory



The 2025-2026 MD Directory is available in print through your District Governor.

[Click here](#) to obtain an electronic version for quick access on your phone or computer.

The editors of the directory are Linda Quebec and Rhonda Wynne

(LindaQuebec@Ymail.com; RWynneMilford@comcast.net). We appreciate all the input from district organizations and clubs in contributing to this directory. If you

discover a page that needs to be edited, please email the information to both editors. We will be updating the directory and sending out updates quarterly. Thank you ~ Linda and Rhonda

## District Goals Progress as of 8/31/25

### Membership

District Membership	Prev Month	2025-2026 Year
Opening Balance	1,218	1,214
Added Members	9	18
Dropped Members	2	7
Closing Balance	1,225	1,225
Net Gain/Loss	+7	+11

International membership is 1,370,107, effective 8/31/25.

### Service

District Service*	Previous Month	2025-2026
% Lions Clubs Reporting	56%	56%
Volunteer Service Hours	2,857	3,668
Service Activities	144	168
Individuals Served	18,941	21,866

### LCIF Donations

District LCIF Donations*	Previous Month	2025-2026
LCIF Donations	6,770	8,070



## Vince Giambalvo, First Vice District Governor & GMT

### Why Mission 1.5 Matters

We have heard a lot about Mission 1.5 over the past few years. The real impact of growing our membership to 1.5 million is to be able to serve more people in need locally and around the globe. With more hands, more hearts, and more voices, we can address humanity's biggest challenges — from hunger to childhood cancer, from protecting our environment to providing vision care and supporting youth development.

**More Members = More Service:** Every new Lion brings fresh energy and ideas to amplify our service footprint.

**Stronger Clubs = Stronger Communities:** Growing clubs build stronger networks, create leadership opportunities, and increase visibility in the community.

**Global Growth = Local Impact:** Whether you sponsor a new member or help charter a new club, you're helping to grow a legacy of service that spans the globe.

**How You Can Help:** Invite someone who shares your passion for service. Talk about what being a Lion means to you. Mentor a new member. Every small step gets us closer to 1.5 million Lions — and a world of difference.

Let's grow together. Let's serve together.

**Join the mission. Mission 1.5.**



## Kimberlee Fournier, Second Vice District Governor & GLT

As the District 44H GLT, training is an important part of my position. The most convenient way for any Lion Member to advance their training, is through the Lions Portal. Training in this manner allows one to work at their own pace, in a convenient location best suited for oneself. I do recommend to first complete any and all training possible for your current position, as this will assist you in having a successful year.

There are many lessons to choose from. Not only are the lessons Lions based, many are also applicable to everyday living. Feeling challenged accessing the Learn Portal, feel free to reach out to another Lion or myself for assistance.

***Reminder: If you attended the Club Officer's Training this past April 2025, to receive credit, you must take the class (President, Secretary, Treasurer or Zone Chair) through the Lions Portal no later than December 31, 2025 to receive the appropriate credit.***



## PDG Jerry Vaccaro, Cabinet Secretary/Treasurer

We had a great Lion turn out for DG's Marie first "RALLY" meeting at Lions Camp Pride. The Camp looked great, thank you all for keeping the camp in this way.

**Club DG Activities:** Per DG Marie, she has asked all clubs, please e-mail your anticipated activities to my attention so that I can coordinate these dates for the governors' visit. My email [Lionjerryvaccaro@gmail.com](mailto:Lionjerryvaccaro@gmail.com). DG Marie will make all efforts to attend.

**Club District Dues:** Just a reminder please mail your Club District dues. You have to end of the month, for those clubs that have sent their dues, thank you. Please make checks payable to **Lions District 44H** and forward them to CST/PDG Jerry Vaccaro 74 Chase Rd. Londonderry, NH 03053.

**District 44H Cabinet "Rally" November Meeting.** Please look for the flyer enclosed in the newsletter announcing time, date and location.

**LCI Club Reporting:** This will be an ongoing request. Please make all efforts monthly, to report on LCI Portal all Club Service Activities, Hours, New Members and what is important to you. The August "RALLY" had a lot of enthusiasm let's keep it going, working hand to hand serving the District.

If you have any questions, please give me a call.



## Linda Hedrick, Global Service Team (GST)

September starts bringing cooler weather. Time to start your fall cleaning. Work on your clothes and donate them to those in need. While cleaning out, don't forget to recycle! It helps the environment!

If you're planning on doing a roadside cleanup, report it in the portal as an environmental project. Any project you are doing, it's not always a service project, be mindful of its cause and report it that way.

School is starting, are you planning on doing vision testing in the schools?

Mental Health awareness is in October. It will be here before you know it and as soon as you plan something, please let your zone chair know so he or she can let us all know what you're planning. Post it on Facebook to advertise it. It will give others ideas on what to do. Can't wait to hear and see your plans.

Thank you for all you do in your community and keep up the good work!



## PDG Al Goldstein, GET & LCIF coordinator

**Global Extension Team (GET)** works to start new clubs. The [start a new club webpage](#) has everything you need to know about starting a club. We recommend starting with the [New Club Development Guide](#). Consider making [specialty clubs](#) a part of your new club strategy. These clubs are organized around a common interest rather than geography.

Our Goal is Growing our membership is essential for realizing our vision of being the global leader in humanitarian and community service. New members inspire our clubs with new energy and ideas while providing the next generation of Lion leaders. New clubs extend our reach into new communities, allowing us to serve more people in new ways.

We are currently working on starting 2 new Clubs: Tilton-Northfield, and Sanbornton-Alton. We cannot do this alone. If you have a friend, co-worker, relative in one of these areas let them know what we are doing. If you would like to volunteer to help us get these clubs going please reach out to us.

**Tilton Area:** IPDG Peter LaPointe, 978-479-0454

**Alton:** 1VDG Vince Giambalvo, 845-304-2059

**GET questions:** PDG Al Goldstein, 603-913-1281, for any and all new clubs



## Lions Clubs International Foundation (LCIF)

PDG Al Goldstein, LCIF Coordinator



There are so many ways to find out more about LCIF. Below are a few links to get you started. Please consider making a personal donation to LCIF this year. Part of club excellence award this year is a \$20 donation per member. I still have pins available to anyone who would like one.

LCIF resources: Connect your clubs and districts to LCIF resources that expand your service impact.

- **LCIF leadership toolkit:** Find valuable insights, fundraising guidance and tools for enhancing your LCIF role.
- **LCIF: Stories of Pride:** Discover and submit stories of inspiration, impact and kindness behind every LCIF grant.
- **LCIF YouTube playlist:** Access the latest inspiring videos from Lions, Leos and leaders around the world.
- **2023-2024 LCIF annual report:** Be inspired by global stories of service and gain insight into our foundation's financial health.

- **Lions Learning Center:** Login to access LCIF courses and learn how our global foundation enhances your service impact.
- **LCIF history:** Explore decades of LCIF humanitarian grants, programs, partnerships and campaigns empowering Lions and Leos since 1968.



## PCC Robert Gustafson, Diabetes Chair

The Centers for Disease Control and Prevention (CDC) estimates that 38.4 million people in the U.S. have diabetes.

**Diagnosed vs. Undiagnosed:** Out of those 38.4 million, 29.7 million are aware they have diabetes, while 8.7 million are unaware.

**Prevalence:** This means that roughly one in five adults with diabetes in the U.S. are undiagnosed.

**Public Health Concern:** The high number of undiagnosed cases highlights a significant public health concern as early diagnosis and management of diabetes can help prevent or delay serious complications like heart disease, stroke, blindness, and kidney failure, according to the Illinois Department of Public Health.

And remember, you can find out if you may have pre-Diabetes by going to the site [DoIHavePreDiabetes.org](http://DoIHavePreDiabetes.org)



## Jeri Maynard, Environment Chair

If you attended the District Rally held at Camp Pride, you might have noticed a large container labeled “COMPOST”. To some of us that is just a pile of rotting stuff but to gardeners, it is future “black gold”. So why would those gardeners value a compost pile so highly? The many benefits of composting ranges from waste reduction (in landfills), to improved water retention(sandy soil) and enhancement of our soils (adds nutrients to plants).

Compost is “decomposed” organic matter that is mixed into the soil. These organic sources come in a mixture of two forms: Carbon-rich **Brown:** leaves, shredded newspaper, twigs and Nitrogen-rich **Green:** fruit and vegetable scraps, coffee/ tea grounds, egg shells and garden weeds. What not to put in your Compost pile: meat, dairy, oily products, pet waste, diseased or invasive plants, grass clippings that have been treated with pesticides or herbicides.

Composting is free and eco-friendly and just about anyone can make compost- even “city dwellers and those with a small yard. Just find a spot in the yard or use a container on the back porch or patio!

Some concerns about doing so are the fear that it might smell or attract nuisance animals. **Solution:** add water to your pile and turn-over the pile frequently - doing so will speed up the composting (usually takes a while to “mature”). Your pile will be available to use when it is “dark and crumbly” with an earthy smell.



Every club is challenged to do an environmental service project the week of April 18-26, 2026. Why not start a municipal compost pile **NOW** that would be available to your community members for their summer (2026) gardens.

This is just a very brief introduction to the world of composting. There is so much information out there... To get further information, instructions and "hints", contact:

- **NH Recycles:** [nhrecycles.org/resources](http://nhrecycles.org/resources)
- or **UNH Extension:** [extension.unh.edu/resources](http://extension.unh.edu/resources)

PS. Be sure to have your Club Secretary record any environmental project you may do throughout the year under Environmental Service Project. Check out what the "Green Team" is up to further down in this newsletter.

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## Michelle Ackroyd, Childhood Cancer Chair



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## Club Excellence Award new criteria 2025-2026



Plan for success by using the Club Excellence criteria as a guide.

[Click here](#) to see the new criteria for this year (2025-2026).

## District Happenings

### District 44H Rally

DG Marie R. Valliere held her first district meeting – a Rally - on August 17<sup>th</sup>. Camp Pride, once again, put on a nice breakfast buffet before the meeting got down to business. Enjoy some pictures from the event.









## Granite State Leo club charter celebration

Congratulations to the newest Leo club in district 44H, the Granite State Leo club. They are sponsored by the Plaistow Lions Club.



44H November Rally Registration



## DISTRICT 44H RALLY



**NOVEMBER 1, 2025**

*Rochester American Legion Post #7*

*188 Eastern Ave, Rochester, NH 03867*

All Lions are welcome to attend to learn more about District 44H

**8:30 registration, Come join us for breakfast**

*Scrambled Eggs, bacon, Homefries, pastry, coffee Tea*

**Meeting to follow 9:00am-12:00pm**

**\*\*\*\*Winter Clothing Drive \*\*\*\***

**CLUB** \_\_\_\_\_

**NAME(S) REGISTERING** \_\_\_\_\_

Number attending \_\_\_\_\_ X **\$22 per person** = \$ \_\_\_\_\_ amount enclosed

Please make checks payable to LIONS DISTRICT 44H

**Registration & payment due by September 15<sup>th</sup>**

**Mail registration & payment to:**

PDG Jerry Vaccaro, 74 Chase Rd, Londonderry, NH 03053

Email: [lionjerryvaccaro@gmail.com](mailto:lionjerryvaccaro@gmail.com)

603-204-7752

## Camp Pride



# LIONS CAMP PRIDE CONNECTION



September 2025

Hi to all from Lions Camp Pride. We have had a full, busy summer at camp. By the time you read this newsletter, lease groups will be gone and only a few stragglers will be left to enjoy our camp. The construction team will, however, have a very busy Fall and Spring completing the following projects.

- New baths in the One-on-One building
- Complete flooring in the One-on-One building
- New baths in the Meredith Bunkhouse
- Remove deck on the Arts and Crafts building and replace new smaller deck and handicapped ramp.
- New roof over BBQ grill

We could sure use some volunteers to give us a hand!!

Every year we turn over 4 Director seats and replace them with new enthusiastic Board Members. Please consider being a member of the Board that manages the Crown Jewel of the District. Have your club secretary send a letter of good standing to Jeri Maynard (she's in the directory) and come help us be even better.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time keep your Club informed.

Please visit <https://www.lionscamppride.org/> for information on the topics below that support Camp Pride. Choose "Support Us/Fundraisers", then select from the options: Commemorative Bricks, TD Bank Affinity Program, Calendar raffle, Latest Camp news and pictures.

Lenny Hall

[LAH03811@Gmail.com](mailto:LAH03811@Gmail.com); 978-360-0958





## Phishing Information

### Fake IDS:

In the last few days we are seeing many phishing emails that look like a " **I need to initiate an outgoing payment via Zelle/Paypal. I tried reaching out to ( anyone of us ) , But i haven't heard back from both parties yet! Would you please kindly assist with this payment?** If so, kindly let me know so I can provide you with the details needed to initiate payment, I'll have you reimbursed as soon as I can. Thanks!

**If you receive such an email, please do not click on the link or on any part of the email, but delete it and then delete it from your deleted folder.**

### More details about phishing:

#### DO NOT

- DO NOT open any suspicious email based on the Subject or Sender—delete it before you open it.
- DO NOT reply to, open attachments from, or click on URLs from unknown and untrusted sources.
- DO NOT use your company email address for personal communications.
- DO NOT ever send personal/sensitive information via email—e.g., passwords, credit card number, social security number, or account number.

#### DO

- DO check for misspellings, grammatical errors, and abnormal spacing that may be indicative of a phishing email.
- DO check links by using your mouse to hover over the hyperlink to determine if the URL makes sense with the sender—e.g., matching the sender name to the URL; whether there's a foreign name or location in the URL.
- DO report any suspicious emails—even if you're not sure, for investigation. (Please do not forward the suspect email)
- DO use common sense—if it doesn't look right, trust your judgment.

#### RED FLAGS

Does the email ask for any sensitive/personal information (password, credit cards, SSN, etc.)?

Does the email ask for sensitive information about others?

Does the email ask you to immediately act or open an attachment to avoid account closure?

Does the hover-text link match what's in the text?

Does the address in the 'To' field match the sender of the email?

Be vigilant, and be safe online.

PCC Kamal Masand, MD44 Tech Team



## Lion Portal Tip

All club members are able to view information in the Lion Portal. Here's how to see the service that has been reported for your club.

- Login to the Lion Portal:  
[https://lionsinternational.my.site.com/s/login/?language=en\\_US](https://lionsinternational.my.site.com/s/login/?language=en_US).  
Your email address is your username. You may need to create your own login if you have not logged into the portal since it went live in April 2024. Follow the on screen prompts if you need to create an account.
- When you are logged in, click on the blue My Club tile.
- Then click on the Club Service Activities tab.
- Summaries are displayed for Total People Served, Total Volunteers, Total Volunteer Hours, Total funds Donated, and Total Funds Raised. This information comes from service activity that has been reported through either your President, Secretary, or Club Administrator.
- Use the filters along the left side to change your search.
- You can also widen the column headers for easier viewing.



Your Club President, Secretary, and Admin can pull reports on this information through the Data Export tab.



## Upcoming Events

Date	Event
Sep 7	Hampton Beach Seafood Festival volunteering. 8:30-12:30 or 12:30-5:00
Sep 9	Wolfeboro Lions Golf Tournament, 7:30am, info in newsletter.
Sep 13	Team Cribbage tournament, Gorham, NH. Flyer in newsletter.
Sep 15	44H Rally registration deadline
Sep 18-20	USA/Canada Forum, Atlantic City, NJ.
Sep 20	NELC breakfast at USA/Canada Forum. Registration form in newsletter.
Sep 21	Salem Lions 5k race. See info in newsletter.
Sep 25	Report service, meetings, donations, and fundraising in Lion Portal.
Nov 1	44H Rally and warm clothing drive. Registration form in newsletter.
Jan 23-25	MidWinter Convention. Save the date.
Mar 6-8	Regional Lions Leadership Institute. Save the date.



## Multiple District Happenings

DogSight Project



### THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions  
Multiple District 44 – Health Services of New Hampshire



#### Guide Dogs

Most people understand that it is poor etiquette to pat a Guide dog. Fewer people understand that speaking to a Guide dog is equally distracting to it. And almost no one remembers that staring into a Guide dog's eyes is equally distracting and can even be interpreted as aggression by the dog. Because these dogs are so well behaved, well groomed, and alert people are drawn to them. For the sake of the safety of the individual depending upon the Guide dog, please resist the urge to interact with any Guide dog.

You can make a donation to the DogSight project any time. Please make checks payable to: **LSHF** and write **DSP** on the memo line to ensure the proper account is credited. Please mail checks to the project Treasurer: Gregg Kleiner, PO Box 94, Keene, NH 03431

Linda Piekarski  
Chair, the DogSight Project  
[lpi314@outlook.com](mailto:lpi314@outlook.com)



Raised for Fidelco in 2025-2026: \$4800





## Lions Youth Services

### **August 14, 2025 Meeting**

President Eric Olsen called the regular in person meeting to order at 6:30 pm at the Airport Diner in Manchester, NH. In attendance: Harry Armstrong, John Bayliss, Lenny Hall, Marie Hall, Mary Ellen Pate, Kris Pavlik, Lara Raymond, Tracy Pierce.

### **Seafood Festival Sep 5-7, 2025**

As of the meeting date, Volunteers were still **needed for Sunday, Sep 7th**—please notify either Eric Olsen, Marie Hall or Marilyn Vaccaro if you can volunteer.

### **Peace Poster Contest 2025-2026**

#### *“Together As One”*

Schools have opened and the new year has begun. If you haven't contacted the school yet, please do so. Clubs participating are Canaan, Chesterfield, Jaffrey-Rindge, Meredith, Milford, Nashua, Pinardville.

### **Grant Program**

There was one application received and approved for the Loudon Lions for the purchase of a Yoti book player kit for the public library.

### **Lions Night at the Fisher Cats**

106 tickets were sold – discussion for next year, possibly increasing the ticket price and to start advertising earlier.

### **“Speak Out” Contest**

Lion Tracy Pierce has set up a statewide committee and will meet on Zoom. Seven clubs have signed up to sponsor a contestant, they are: Antrim/Bennington, Bedford, Canaan, Concord, Hudson, Pemi Baker and Wilton. Tracy waiting on the Mid-Winter Convention agenda to determine the set up for the contestant speeches.

### **Donations**

A donation to the Berlin Gorham Lions Club Charter food packaging event on October 25 will be made; amount to be determined once all outside donations have been collected. A donation of \$200 was approved for the Granite State Leo Club on their Charter.

### **Casinos**

Dates set for this year are Salem Casino on October 24-26 and The Nash Nov 11 to 17.

### **Mid-Winter Project**

A project involving Childhood Literacy was discussed with details of the project to be determined.

### **Next Scheduled Meeting**

Our next scheduled meeting is Thursday, September 11, 2025, at 6:30 pm at the Airport Diner in Manchester!

**WE WELCOME ALL TO JOIN US!**



## NH Mid-Winter Convention Lions Legacy Carnival



# MARK YOUR CALENDARS

Celebrate the legacy & impact of NH Lions Clubs with fun games,  
entertainment & community spirit.

Let's get ready for a memorable weekend filled with joy & service !

**January 23 through 25, 2026**

**Fireside Inn & Suites - 25 Airport Rd, W. Lebanon NH 03784**



Full registration and outline to be in the October Roar & Pride !



## **NEW ENGLAND LIONS COUNCIL (NELC)**

**BREAKFAST AT USA/CANADA LIONS LEADERSHIP FORUM**

Harrah's Atlantic City  
777 Harrah's Boulevard, Atlantic City, NJ  
Ballroom A - September 20<sup>th</sup> - 7:00-8:30 a.m.

### **GUEST SPEAKER INTERNATIONAL PRESIDENT A.P. SINGH**

Meet the 2025-2026 New England Lions Council  
Officers representing: NH, VT, ME, MA, CT and RI

#### **Breakfast Buffet:**

Farm Fresh Scrambled Eggs - Applewood Bacon  
Yukon Gold Home Fries - Fruit - Muffins  
Mini-Danish- Juice - Coffee - Tea



Cost is \$45.00 per person

Please RSVP by 9/13/25

<https://forms.gle/LX79kd7e4qmuqvqTy8>

©Melissa A. Smith

Please use Venmo or Check to pay for this event  
Mail address: PDG Melissa A Smith, 26 George St, Seymour, CT. 06483



**venmo**

For more information, please contact:

PDG John Babb, President NELC [babbjd@comcast.net](mailto:babbjd@comcast.net) 508-455-7294  
PDG Kathy Dorman, Secretary NELC [vtlionkathy@gmail.com](mailto:vtlionkathy@gmail.com) 82-373-4180  
PDG Melissa A. Smith, Treasurer NELC [lionlissa@yahoo.com](mailto:lionlissa@yahoo.com) 203-430-9356



# New England Lions Council (NELC)

Serving the Needs of the Districts of New England

PDG John Babb, President ~ Massachusetts

Email: [babbjd@comcast.net](mailto:babbjd@comcast.net)

Phone: 508-455-7294

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PDG Melissa A. Smith, Treasurer ~ Connecticut

26 George Street, Seymour, CT 06483

203-430-9356 / [lionlissa@yahoo.com](mailto:lionlissa@yahoo.com)

## Individual Membership Dues

2025-2026 NELC Individual Membership Dues \$10.00

Membership coverage is from July 1, 2025 - June 30, 2026

Lions Name: \_\_\_\_\_  
District/MD: \_\_\_\_\_  
District/MD Position(s): \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City/State/Zip Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email: \_\_\_\_\_  
Renewal \_\_\_\_\_ New NELC Member?: \_\_\_\_\_

Please mail this form and payment to PDG Melissa A. Smith at the above address with a check payable to NELC or you can Venmo with a note that says for NELC Dues.

@MelissaA-Smith



venmo



## Regional Lions Leadership Institute (RLLI) Save the Date



## Hampton Seafood Festival Volunteers

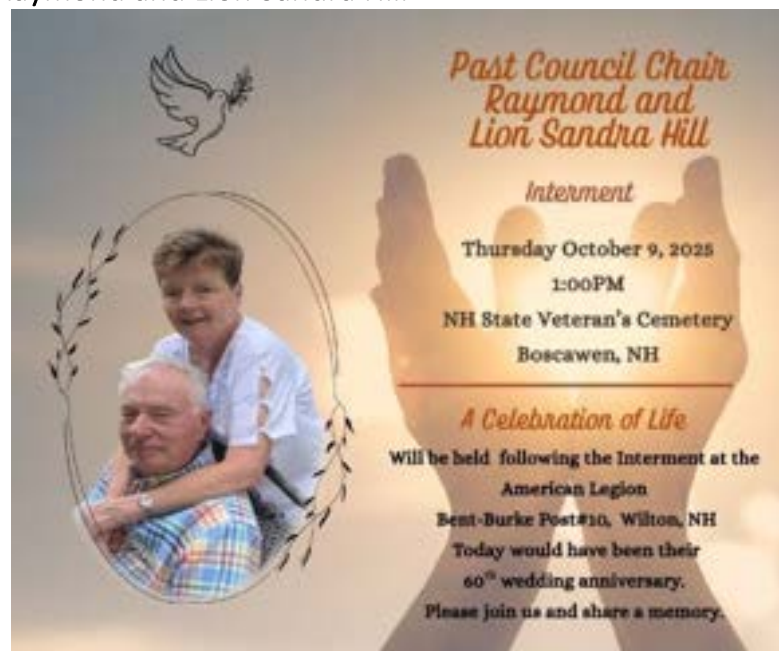


Volunteer on Sunday **Sept 7, 2025**, at the Hampton Beach Seafood Festival for Lions Youth Services. **Volunteer Times are for Sunday Sept 7, 2025:** 8:30am-12:30pm, and/or 12:30pm-5:00pm. *Volunteers will work in groups of 2 at a ticket booth selling tickets. So, choose a friend and give us 4 hours and enjoy the festival. **All Proceeds Fund Lions Youth Services Mid-Winter Project - Lions Youth Service for Literacy Initiative.***

**To sign up to secure your time slot, please contact:**

- Eric Olsen, 603-489-3201, [olsenel@comcast.net](mailto:olsenel@comcast.net)
- Marilyn Vaccaro, 603-204-7251, [jvac1408@comcast.net](mailto:jvac1408@comcast.net)
- PDG Marie Hall, 603-686-6935, [mariehall326@gmail.com](mailto:mariehall326@gmail.com)

## Interment of PCC Raymond and Lion Sandra Hill





## 44H Club Happenings

### Chester

The Chester Lions Club inducted new member, Teresa Rogers, at the Installation of Officers during their June meeting.



President Annemarie Murray



New member Teresa Rogers with sponsor Colleen Towle and PCC Bob Gustafson



Lions Towle and Rogers with PCC Gustafson



### Seabrook

Seabrook Lions participated in the Seabrook Old Homes Day 2025. The club also welcomed new members Jessie and Vicki!



## **Dover Rollinsford South Berwick (DRSB)**

### **Dover, Rollinsford and South Berwick Lions Club Supports Reach for the Top Therapy Services**

August 6, 2025 — The Dover, Rollinsford and South Berwick Lions Club has proudly awarded \$500 to *Reach for the Top Therapy Services*, ([reachfft.org](http://reachfft.org)) with an additional \$500 provided as a matching grant from NH Lions Youth Services. The donation will help further Reach for the Top's mission of providing trauma-informed, neurodiverse-affirming therapies to children in the Dover area.

As the only clinic in the region offering these specialized services under the guiding principle "Nothing About Us, Without Us," *Reach for the Top* ensures that individuals with disabilities have a voice in their care. Executive Director Amy Rich Crane shared, "Because of this donation, a child will take their first bite of food, improve their visual motor skills, or simply feel safe and seen for who they are. These are the small, powerful moments that change lives — and they happen because our community shows up. Partnerships like this remind us we're not in this alone. It's community taking care of community, and that's what makes this work possible — not just for kids, but for families, caregivers, and the team holding them up."



Left to Right: Lions Derek Arsenault, Jennifer Laurent (holding youngest Lion, Luke Allen) Caleb Allen, Kayla Arsenault, REACH Executive Director Amy Rich Crane, June Pinkham, John Symington, Stacie Whittier, Deborah Tobar





## Hudson Lions Club



### HUDSON NATIONAL NIGHT OUT





A wonderful turn out and great weather for Hudson's National Night Out August 3rd at the Rodgers Memorial Library

Many local organizations took part.

The Hudson Lions Club booth which was very busy with fun activities.

The Lions Motto is "We Serve". HLC had coupons for free ice cream for kids!



**Congratulations to Aidan Flaherty!**

**Recipient of the 18th Annual**

**Lion Ron Boisvert \$2,000 Scholarship for**

**continuing education in the Medical Field.**

**Aidan is a Pre-Med Sophomore at**

**Central Florida University.**

**L-R: PCC Roger Latulippe, Scholarship Chair,**

**Aidan, Pauline Boisvert, spouse of the late**

**Ron Boisvert, Gary Gasdia, President.**

## Nashua

Nashua Lions wrapped up summer with a busy August. We had representation at the District 44H Rally, the Granite State Leo charter night, and National Night Out. Lion Al St. Louis sang the national anthem, and PID Ed Lecius was the MC for the Nashua event. They were joined by Lions Paul, Renee, and Joel.



President Paul G. Bergeron presented the William J. Neverett Memorial MVP award to Patrick Shrake of the Silver Knights baseball team. The late William J. Neverett was a Nashua Lion many decades ago, and his daughter Nancy, and son BJ, joined President Paul in the presentation.



Nashua Lions were active with service projects too!

- PCC Kamal Masand, Stephanie Langenbeck, and a few potential Leos joined together to participate in the monthly Mine Falls park trail clean-up.
- We had a crew create and deliver a meal to Marguerite's Place. Thank you Gail Ciardi, Stephanie Langenbeck, and Martha Ackerman.
- Nashua Lions joined other volunteers to pack 1500 bags of school supplies for the Nashua Goes Back To School event. Lion Deb Stoodley coordinated this project. Working on the assembly line were Lions representing the Nashua Lions and Hunt Community Lions Branch. Thank you Lions Judi (Hunt), Fran, Bob, PID Ed, Elaine, and Becky with cubs Kaylee and Emma.
- We had a vision screening crew on hand for the Nashua Goes Back to School event. Thanks to Lions Paul Bergeron, Kevin and Eileen Kelly, Bob Pavano, Fran Hendrickson, Nicki Engelhart, PCC Kamal Masand, Steve Buxton, Rick Dowd, and PID Ed Lecius. Kevin Kelly is our OKS Chair. Lion Mary Ann Melizzi-Golja chaired the Nashua Goes Back to School event.





## Salem



August has been a busy time for the Salem Lions. We kicked off the month with participation at Salem Police Department's National Night Out where we spent the night talking with people about the Lions' mission, and staffing a new game in our event rotation – magnet fishing (magnet ducking?). Whatever you call it, it was a huge hit with the kids. We're already looking forward to next year's event.

Next up was the Town of Salem's Salembration – the Town's 275<sup>th</sup> birthday party! It was a brutally hot day, but there was a great turn-out and lots of fun was had by all.



On the 16<sup>th</sup>, some of us joined the Granite State Leo's at their inaugural event. It was wonderful to see the genuine pride and excitement of all the members, their officers and board members. We're looking forward to supporting them as they begin their journey in Lionism! We were also privileged to give them a donation to help them on their way.

Salem Lion's officers and other members attended the 44H Rally visiting with Lions from other towns, learning, laughing, and planning for the future!



We're also really proud to tell you that two of our club members were honored by the Southern NH Chamber of Commerce were honored this month as Hidden Jewels. These awards reward outstanding volunteerism and service to the community. Our new President Michelle Ackroyd received a Ruby award, and Marie Camarata received a Pearl award. The ceremony was held at Castleton, and a number of members turned out to support the recipients. Well done, Ladies!



We rounded out the month on a purely social note with a party on the shores of Arlington Pond hosted by Marie and Phil Camarata at their home. A great time was had by all who attended. Thank you, Marie and Phil for your hospitality!!

Coming up next month is our inaugural 5K for Childhood Cancer. Please share the link, or better still join us to walk, run, stroll, or dance your way along the course and raise money to support the Little Warrior Foundation, an organization dedicated to finding a cure for Ewings Sarcoma. Details in the flyer under the Cancer Chairs section earlier in the newsletter.

## Wolfeboro

**Lake Winnepesaukee Day** (sponsored by Wolfeboro Economic Development Committee) August 8<sup>th</sup> 5pm to 10pm

The Wolfeboro Lions Club was again one of the main attractions and food vendors for the 3rd annual Lake Winnepesaukee Day, serving up burgers, sausage subs, etc. which raised funds for the club's charity donations. And, we had a display promoting the club's lottery raffle (drawing to take place 9/27 at the 9<sup>th</sup> Annual Fall Festival) and information for potential new members.



### Club Lottery Raffle

The club is selling raffle tickets for a scratch lottery ticket packet valued at \$500. The drawing will take place 9/27 at the 9<sup>th</sup> Annual Fall Festival. Email Gina Lessard at [weez\\_gina@roadrunner.com](mailto:weez_gina@roadrunner.com) for ticket and payment information.



## Wolfeboro Lions / Wolfeboro Parks & Rec

Our club works closely with the town Parks & Recreation Department, assisting in and/or co-sponsoring community events. August 16<sup>th</sup> was the annual Granite Man Triathlon, sponsored by Parks & Rec. Several Wolfeboro Lions were present as volunteers for the event, directing traffic on the race route and handing out refreshments to participants.

## AND....Last Call!

**Wolfeboro Lions 20th Annual Golf Tournament September 9<sup>th</sup>**





**“Team Cribbage”  
Tournament**

**Cash Prizes!!!**

**When:** September 13, 2025  
1pm to 5pm

**Where:** The American Legion Hall  
6 Androscoggin St. Gorham, NH

**Price:** \$40 cash per team (2 people)

Proceeds will go towards programs that the Berlin  
Gorham Lions Club sponsors.

**Contact Travis (603) 915-0227  
To Reserve your team’s spot.**





## Join the NH Lions Green Team – Be Part of the Change!

### Why Join the Green Team? As a participant, you'll:

- **See Your Ideas in Action** – Help shape our projects and tell us about the environmental needs in your community.
- **Use Your Unique Skills** – We need people with all kinds of talents, from social media skills (like Facebook) to community needs assessment, education, and hands-on project work.
- **Make a Real Difference** – Join a group dedicated to taking local action for global impact, whether through energy-saving initiatives, plastic recycling, or sustainable gardening projects.

**Are you ready to make a positive impact on the environment and your community?** The *NH Lions Green Team* is looking for passionate Lions and community members to join us in creating sustainable, community-focused projects across New Hampshire. With the support of Lions Clubs International, the world's largest service organization, we're making a real difference—and you can, too!

### Current & Upcoming Projects



#### WindowDressers Build

Insulating homes to help families save on energy costs.



#### Trex Plastic Film Recycling

Reducing plastic waste with community-based collection.



#### Sustainable DIY Craft Fair

Creating beautiful, creative crafts with upcycled material.



#### Mini Raised Bed Gardens with Hoop Houses

Enabling community members to grow their own food nine months a year.



#### Roadside/Park Clean-Ups

Keeping New Hampshire's natural spaces beautiful.

### Ready to Get Involved?

Together, we can create a cleaner, greener future for New Hampshire. Contact Sarah at [NHLionsGreenTeam@gmail.com](mailto:NHLionsGreenTeam@gmail.com) to join us today and help make a difference!

**NH Lions Green Team – Your Ideas, Your Community, Our Future**



## Resources

### **Camp Pride**

Second Weds of the month,  
6:30pm Airport Diner, Manchester

### **Health Services of NH**

Fourth Tues of the month, 6:30pm  
Meets via Zoom

[Click here for Zoom link](#)

md44healthservices@gmail.com

### **Lions Twin State Soccer Assoc.**

Fourth Tues of the month, 6:30pm  
meets via Zoom

LTSSAVTNH@gmail.com

### **Lions Youth Services**

Second Thurs of the month,  
6:30pm Airport Diner, Manchester

### **Sight & Hearing Foundation**

Third Thurs of the month, 6:30pm  
Airport Diner, Manchester

### **Childhood Cancer Chair:**

Michelle Ackroyd  
m.ackroyd@comcast.net

### **Diabetes Chair:**

PCC Robert Gustafson  
Robertgustafson11@gmail.com

### **Environment Chair:**

Jeri Maynard  
lionjeri@comcast.net

### **Hunger Chair:**

Open

### **Lions Fellowship:**

Nancy O'Dowd  
Lupesmom14@gmail.com

### **Peace Poster:**

Available through LYS

### **District Photographer**

Open

### **Newsletter Editor:** Linda Quebec

Newsletter44H@Outlook.com

Please send submissions by the  
20<sup>th</sup> each month.



### **Facebook Resources:**

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

### **NH Lions District 44-H**

- Our district page on Facebook

### **Global Lions Forum**

- Learning from Lions leaders around the world

### **Lion Portal Forum**

- A group to support one another while learning how to use the Lion Portal.

### **Lions Clubs International**

- Posts from Lions International

### **Lions Club Members: Public Image, Graphics & Ideas Hub**

- Great Lions images to use in your marketing, social media, newsletters

### **Lions SMiLE (Social, Media, including, Lions, Everywhere)**

- Excellent resource on how to improve your club's social media marketing.

### **Online Resources:**

#### **Lions International website**

<https://www.lionsclubs.org/>

#### **Lion Portal Login page:**

[Login \(site.com\)](#)

LionsSupport@LionsClubs.org  
(630) 468-6900 Member Svc.

#### **District 44H website**

[http://e-district.org/sites/district\\_14-1/index.php](http://e-district.org/sites/district_14-1/index.php)

## Leadership Directory

### **District Governor**

**Marie Valliere**

603-998-0871;  
keylion03@gmail.com

### **First Vice District Governor**

**Vince Giambalvo**

845-304-2059;  
rosevin68@gmail.com

### **Second Vice District Governor**

**Kimberlee Fournier**

603-897-9348  
LionKimberlee@gmail.com

### **Cabinet Secretary/Treasurer**

**PDG Jerry Vaccaro**

603-204-7752  
LionJerryVaccaro@gmail.com

### **Multiple Council Chair & Immediate Past District Governor**

**PDG Michael Leahey**

603-667-6719  
MiketheLion44N@outlook.com

### **Zone Liaison, Langdon Plumer**

C: 603-770-6499  
E: Langplumer@gmail.com

### **Zone 1 Chair, Erin Hendrickson**

C: 603-305-5696  
E: erinfreda@gmail.com  
Clubs: Derry, Hudson, Litchfield,  
Londonderry, Nashua, Salem,  
Windham

### **Zone 2 Chair, Bob Choumitsky**

C: 617-291-3723  
E: rchoumitsky@gmail.com  
Clubs: Atkinson, Auburn-Candia,  
Chester, Danville, Hampstead,  
Kingston, Plaistow, Sandown

### **Zone 3 Chair, Open**

Clubs: Exeter, Epping, Hampton  
Area, Newmarket, Portsmouth,  
Raymond, Rye, Seabrook

### **Zone 4 Chair, Ajay Rana Bhat**

Ph: 508-685-0582  
E: ajayranabhat@gmail.com  
Clubs: Dover, Rollinsford, S  
Berwick; NH Everest; Rochester;  
Somersworth; Wakefield

### **Zone 5 Chair, Ken Ward**

Ph: 631-220-5106  
E: kenward636@yahoo.com  
Clubs: Epsom-Chichester, Laconia-  
Gilford, Loudon, Meredith,  
Saddleback Mountain, Suncook  
Valley

### **Zone 6 Chair, Gina Lessard**

C: 603-651-6598  
E: weez\_gina@roadrunner.com  
Clubs: Conway Area,  
Moultonborough, Whittier,  
Wolfeboro

### **Global Action Team Leader**

**Marie Valliere**

603-998-0871;  
keylion03@gmail.com

### **Global Extension Leader**

**PDG Al Goldstein**

603-913-1281  
A1Goldstein@comcast.net

### **Global Leadership Leader**

**SVDG Kimberlee Fournier**

603-897-9348  
LionKimberlee@gmail.com

### **Global Membership Leader**

**Vincent Giambalvo**

845-304-2059;  
rosevin68@gmail.com

### **Global Service Leader**

**Linda Hedrick**

603-553-9015;  
lindahedrick676@gmail.com

### **LCIF Coordinator**

**PDG Al Goldstein**

603-913-1281  
A1Goldstein@comcast.net