THE PRIDE

Newsletter of Lions District 44-H New Hampshire October 2025, Volume 51, Issue 04





Message from District Governor Marie R. Valliere

"No one has the right to consume happiness without producing it."

Helen Keller

I went to the USA/Canada Leadership Forum in Atlantic City, New Jersey. The classes were amazing, and renewing friendships was great. The interesting part was handing out kindness cards from the beginning of the trip until the end. The reactions from the people I handed them was heartwarming. Surprise, astonishment and one woman clutched it to her heart and couldn't stop saying thank you after I had walked away. My response was always," Pass it on." The Multiple District is looking into a variation on this and redesigning them with a larger Lions logo. The more I passed out, the easier it became to do. President Singh said in his address at the forum that "Our currency is kindness" and this is one small way of sharing our wealth. I have the template if your club needs to print some to distribute where you travel in your community or beyond.



The next Rally will be November 1st and I want you all to think about the year your club was chartered, and could your club be run the same way it was back then.

Marie R Valliere, DG

Celebrating a Milestone in Service



Happy Anniversary!
Suncook Lions Club, 15 years



Table of Contents

Click on a topic below to go directly to that page.

Message from District Governor Marie R. Valliere	1
Celebrating a Milestone in Service	1
Multiple District 44 Directory – Q1 Updates	2
District Goals Progress as of 9/30/25	3
Upcoming Events	
Vince Giambalvo, First Vice District Governor & GMT	4
Kimberlee Fournier, Second Vice District Governor & GLT	4
PDG Jerry Vaccaro, Cabinet Secretary/Treasurer	5
Linda Hedrick, Global Service Team (GST)	5
PDG Al Goldstein, GET & LCIF coordinator	6
PCC Robert Gustafson, Diabetes Chair	6
Michelle Ackroyd, Childhood Cancer Chair	6
Jeri Maynard, Environment Chair	7
PID Ed Lecius, Resolutions Chair	7
District Happenings	8
Rally Registration Form	8
Camp Pride	9
Mental Health Service Ideas	11
Lion Portal Tip	11
Multiple District Happenings	12
DogSight Project	12
NH Lions Speak Out Contest	12
USA/Canada Forum	13
PID Steve Middlemiss Homecoming	14
Lions Youth Services	15
NELC	17
44N District Meeting Registration	18
Regional Lions Leadership Institute (RLLI)	19
NH Mid-Winter Convention	21
44H Club Happenings	22
44N Posts	31
Resources	32
Leadership Directory	33

Multiple District 44 Directory – Q1 Updates



The 2025-2026 MD Directory has been updated. Below are links to the updated directory, and to a list of what has been updated.

<u>Click here</u> to obtain an updated electronic version of the directory. <u>Click here</u> to see the updates since 7/1/25.

If you discover a page that needs to be edited, please email the information to Linda Quebec <u>and</u> Rhonda Wynne (LindaQuebec@Ymail.com;

RWynneMilford@comcast.net). We will be updating the directory and sending out updates quarterly. Thank you from Linda and Rhonda.



District Goals Progress as of 9/30/25

Membership

District Membership	Prev Month	2025-2026 Year
Opening Balance	1,225	1,214
Added Members	9	27
Dropped Members	8	15
Closing Balance	1,226	1,226
Net Gain/Loss	+1	+12

International membership is 1,379,825, effective 9/30/25.



Service

District Service*	Previous Month	2025-2026
% Lions Clubs Reporting	58%	58%
Volunteer Service Hours	1,901	5,569
Service Activities	99	267
Individuals Served	13,387	35,253



LCIF Donations

District LCIF Donations*	Previous Month	2025-2026
LCIF Donations	990	9,060



Upcoming Events

Date	Event
Oct 1	Deadline for Camp Pride director nominations. Info in newsletter.
Oct 1	Windham 52-week charity raffle tickets on sale. Info in newsletter.
Oct 4-12	Mental Health and Well-Being service week.
Oct 4	Walk for Fidelco. Info in newsletter
Oct 4	NELC fall meeting. Flyer in newsletter.
Oct 15	Deadline to register for 44H Rally. Registration form in newsletter.
Oct 18	Atkinson Club Octoberfest Meatfest Rafflefest. Flyer in newsletter.
Oct 23-28	Green Team Window Dressers Build. Details in newsletter.
Oct 25	Camp Pride Work Day
Oct 25	Report service, meetings, donations, and fundraising in Lion Portal.
Nov 1	44H Rally and winter clothing drive. Registration form in newsletter.
Nov 1	Kenne Club Dinner in the Dark. Flyer in newsletter.
Nov 8	Bedford Club 60 th anniversary celebration. Info in newsletter.
Nov 15	Deadline to submit Resolutions for consideration. Details in newsletter.
Nov 25	Report service, meetings, donations, and fundraising in Lion Portal.
Dec 25	Report service, meetings, donations, and fundraising in Lion Portal.
Jan 23-25	MidWinter Convention. Save the date. Flyer in newsletter.
Mar 6-8	Regional Lions Leadership Institute (RLLI). Registration form in newsletter.

Vince Giambalvo, First Vice District Governor & GMT

Recruiting New Lions

Every great service project begins with a group of caring hearts and helping hands. As Lions, we know the more members we have, the greater the impact we can make in our community and around the world. Recruiting new members is not just about numbers—it's about inviting people to join a movement of service, leadership, and friendship. We have all experienced how being a Lion can make a big difference in our lives.

Here are a few simple but effective ways to invite others to become Lions:

- **Share Your Story** Tell friends, family, coworkers, and neighbors why *you* became a Lion. Personal stories are powerful and can inspire others to see themselves as part of the mission.
- **Bring a Guest** Invite someone to attend a service project, club meeting, or community event. Experiencing the fellowship and impact firsthand often sparks interest in joining.
- Leverage Social Media Share photos, short stories, and testimonials about your club's projects. Tag people and encourage sharing—sometimes the right post reaches the right future Lion.
- **Highlight the Benefits** Lions membership isn't just about giving back. It's also about leadership development, networking opportunities, and lifelong friendships.
- Create a Culture of Invitation Make it a habit: after each event, ask, "Who else can we invite next time?" Everyone knows someone who wants to serve.

Closing:

Remember, recruitment is about connection. Every new member is another voice, another pair of hands, and another heart committed to making a difference. Together, let's continue to grow our pride and extend the reach of Lionism



Kimberlee Fournier, Second Vice District Governor & GLT Happy Fall,

Training can take place through many different facets; Lions Learn Portal, your club, research, conversing with others, and USA/Canada Forum, to name a few.

This month's message has a small sampling of information I received at The USA/Canada Forum held this past September. The Forum offers a large variety of seminars to choose from. A few thoughts I would like to share: 1) No matter the size of your club, your events will have a positive impact in the community. 2) Lead by example. 3) Club visibility in your community; how many times have you heard "I didn't know about Lions in our town"? 4) Assisting others helps our self-esteem.

Ultimately, the training the Lions Learn Portal provides will help us to grow and move forward.



PDG Jerry Vaccaro, Cabinet Secretary/Treasurer

<u>Club Financial Reports</u>: This is a reminder that all Club Treasurers should be doing or getting ready to do their IRS 990's which are due by November15, 2025. Another report is the New Hampshire's Department of State, the <u>5-year nonprofit report</u>. This Report is due to the State every 5 years from all nonprofits; 2025 this year next time is 2030 -please make note.

<u>District 44H Cabinet "Rally" November Meeting:</u> Please look for the flyer enclosed with the newsletter and note that the \$22.00 per person is due by October 15th. Please get this to me by this date. Thank you.

<u>Club District First Half Dues:</u> There are several Lion clubs that still have not paid their first half dues. Please check with your club treasurers to make sure dues has been paid. Please make checks payable to **Lions District 44H** and forward them to CST/PDG Jerry Vaccaro 74 Chase Rd. Londonderry, NH 03053. Thank you.

LCI Club Reporting: This will be an ongoing request. Please make all efforts monthly, to report on LCI Portal, all Club Service Activities, Hours, New Members and what is important to you.

<u>Club DG Activities</u>: Per DG Marie, she has asked all clubs, please e-mail your anticipated activities to my attention so that I can coordinate these dates for the governors' visit. My email <u>Lionjerryvaccaro@gmail.com</u>. DG Marie will make all efforts to attend.

Looking forward to our November 1st, 2025, District "Rally" I hope to see you then.

If you have any questions, please give me a call.



Linda Hedrick, Global Service Team (GST)

Happy Fall!

I'm sure all the clubs are in full swing with their service projects and fundraisers. Don't forget to enter the information into the portal.

I've asked that you share your ideas on service projects and haven't heard many. Do you have one lined up for mental health awareness? Let me share what the Hudson club is doing. We purchased stress ball in the shape of a football. It says Kindness Matters - You Matter. It also has the hotline number on it. We'll be attending one of the high school football games and throwing them into the stands. What does your club have planned?

Did you attend the USA/CANADA FORUM? Share the info you came home with to others.

Looking forward to seeing many of you at the November 1st Rally! Don't forget to bring your gently used clothing to the Rally on November 1st. The clothing will be donated and delivered to Waypoint in Rochester after the meeting.



PDG Al Goldstein, GET & LCIF coordinator



Happy Fall Season to all Lions of MD44,

We are getting off to a good start this lions year. So far we have donated 10,700 as a multiple district. There are many projects and need ahead of us.

Toni and I are available to talk to your club, feel free to reach out to us. If your club has not selected a LCIF Coordinator, it is not too late to do so.

PCC Robert Gustafson, Diabetes Chair

Have there been any recent breakthroughs for Diabetes you ask?

Recent diabetes breakthroughs include a combination treatment that eliminates insulin for many type 2 diabetes patients by using a novel procedure called ReCET and the drug semaglutide, and the potential use of CRISPR-edited, immune-evading cells to produce insulin without immunosuppression in type 1 diabetes patients. Other promising avenues include a new drug for type 1 diabetes that protects remaining insulin-producing cells, a method for converting alpha cells to beta cells using drugs like harmine, and the use of stem cell-derived islets with immunomodulatory microgels to reverse type 1 diabetes.

Breakthroughs for Type 2 Diabetes (T2D):

- <u>ReCET and Semaglutide Treatment</u>: This combination therapy uses a procedure called ReCET to reset the lining of the small intestine, which, when combined with the drug semaglutide, eliminated the need for insulin in 86% of participants in a study, according to SciTechDaily.
- Alpha to Beta Cell Conversion: Researchers have shown that the drug harmine can
 induce human beta cell regeneration, potentially by converting abundant alpha cells
 into insulin-producing beta cells. Adding a GLP-1 receptor agonist, like semaglutide,
 further enhances this effect.

Michelle Ackroyd, Childhood Cancer Chair

The goal is survival. But what comes after is rarely easy. Survivors of pediatric cancer often live with:

- Organ damage
- Fertility issues
- Cognitive challenges
- Chronic pain

Some are cured but feel like strangers in their bodies.

Some lose the ability to walk, read, or play.

Some don't make it past their 30s.

So, when you hear "great news, they're in remission"... know it's just one chapter. There's still a mountain to climb. That's why respite and care beyond the cure is everything.



Jeri Maynard, Environment Chair

Back in August of 2024 at the 44H District Cabinet Meeting, we had a guest speaker from the Exeter Window Dressers Community Build Project. A follow-up explanation about the program was placed in a later issue of the "Pride".

But in case you may have forgotten: **Window Dressers** is a low-cost program that enables homeowners/renters to insulate their interior storm windows with a portable insert that helps protect their home from the cold in the winter and the heat in the summer. In between seasons, the inserts can be removed enabling residents to enjoy the more pleasant spring and fall weather...

The "community build" aspect of the program is that participants receiving inserts, along with volunteers from their surrounding areas, help build the inserts. Since Lions are always looking to provide service to their communities, this is a perfect opportunity to complete your service hours.

<u>The NH Lions Green Team</u> is looking for volunteers for the Window Dressers Build in Concord, NH that will be taking place on October 23-28, 2025. There are two four-hour sessions each day with October 25th designated as "Lions Day"- however volunteers are needed for each session. **No special skills are required-** just a willingness to pitch in, whether it be helping on the assembly line, assisting with wrapping, taping, drying and finishing. You might be helping with the meal provided or signing in the people at the beginning of their volunteer shifts. If you can give a few hours, your help will make a BIG difference. To sign up, go to windowdressers.org and click on Community Builds, NH-Concord.

Back to Exeter: Exeter had a successful Window Insert Community Build in January, 2025 and are now working on a second build in January, 2026. Because of the enthusiasm and gratitude shown by their participants, the Exeter Build Committee will be extending their opportunities to the following towns/areas: Stratham, Brentwood, Newfields, East Kingston, Kensington, and of course, Exeter- whose bragging rights include 86 community volunteers and 189 Inserts built at their first event.

For more information on the **NH Lions Green Team** and their upcoming projects visit their Facebook Page: NH Lions Green Team. For questions E: nhlionsgreenteam@gmail.com

P.S. Besides Exeter and Concord, there are 4 other Window Dressers Community Build sites in NH; all have Builds planned for 2025!! <u>Kearsarge</u> (11/6 -11/12); <u>Merrimack Valley</u> (10/30-11/05); <u>Monadnock</u> (10/16-10-22); Mt. <u>Washington Valley</u> (10/17-10/22).

*There is a site for every Lions Club, in the State of New Hampshire, waiting for your service



PID Ed Lecius, Resolutions Chair

Anyone wishing to submit a Resolution for consideration at the January MD44 Convention MUST submit the proposed Resolution to Resolutions Chair PID Ed Lecius at lioncommish@gmail.com NO LATER THAN NOVEMBER 15, 2025.



District Happenings

Rally Registration Form





NOVEMBER 1, 2025

Rochester American Legion Post #7

188 Eastern Ave, Rochester, NH 03867
All Lions are welcome to attend to learn more about District 44H

8:30 registration, Come join us for breakfast

Scrambled Eggs, bacon, Homefries, pastry, coffee Tea

Meeting to follow 9:00am-12:00pm

****Winter Clothing Drive ****

CLUB
NAME(S) REGISTERING
Number attendingX \$22 per person = \$amount enclosed
Please make checks payable to LIONS DISTRICT 44H
Registration & payment due by October 15 th

Mail registration & payment to:

PDG Jerry Vaccaro, 74 Chase Rd, Londonderry, NH 03053

Email: lionjerryvaccaro@gmail.com

603-204-7752

Camp Pride



LIONS CAMP PRIDE CONNECTION



October 2025

Happy Fall to Y'all, here's what's happening at the Camp.

- Docks are out, waterfront is closed
- New metal skirts on the front 3 bunkhouses. 2 done (Check 'em out on our facebook page)
- New baths in the One-on-One building (getting started week of 9-29)
- Complete flooring in the One-on-One building
- Remove deck on the Arts and Crafts building and replace new smaller deck and handicapped ramp. (Starting week of 9-29)
- New roof over BBQ grill (In progress looks awesome)
- Wakefield Club doing some remodeling on their own to the inside of their bunkhouse
- Solar savings in the last 4 months \$3,092.
- Get your calendar raffle tickets
- ❖ Don't forget Camp Pride workday October 25th. We could sure use some volunteers to give us a hand!!

Every year we turn over 4 Director seats and replace them with new enthusiastic Board Members. Please consider being a member of the Board that manages the Crown Jewel of the District. Have your club secretary send a letter of good standing to Jeri Maynard (she's in the directory) and come help us be even better.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time keep your Club informed.

Please visit https://www.lionscamppride.org/ for information on the topics below that support Camp Pride. Choose "Support Us/Fundraisers", then select from the options: Commemorative Bricks, TD Bank Affinity Program, Calendar raffle, Latest Camp news and pictures.

Lenny Hall; LAH03811@Gmail.com; 978-360-0958





LIONS DISTRICT 44-H

LIONS CAMP PRIDE NH for special needs individuals www.lionscamppride.org

Peter LaPointe
Immediate Past President

Lenny Hall President

Robert Bedrosian
Vice President

Elaine Foster Treasurer

Jerilyn Maynard Secretary

Patrick Rossiter Camp Administrator

Lions Camp Pride 154 Lions Camp Pride Way New Durham, NH 03855

A Lease Site for Non-Profit Camp, Conference & Retreat Programs

> Mailing Address: Lions Camp Pride NH P. O. Box 135 E. Hampstead, NH 03826

Telephone (603) 482-6115

E-Mail:

LionsCampPride44h@gmail.com



Dear Lions Clubs of District 44H

In accordance with the By-Laws of Lions Camp Pride NH (aka Lions Camp Pride), four (4) new directors, to serve four (4) year terms, shall be elected.

Each Lions Club, in good standing of District 44-H, may nominate, by a written nomination, a director to the Camp Pride Board of Directors at least thirty (30) days prior to the annual meeting. Each nominee shall be a Lion in good standing. Their names shall appear on a ballot to be used during the District Cabinet Meeting and distributed to all Lions, in good standing, present to cast said vote.

The Camp Pride BOD is looking for individuals willing to commit, become involved, and work towards the success of the camp.

Candidates for election to Director must have their name submitted by their club secretary in a letter of intent to <u>Lion Jeri Maynard</u>, 104 Lowell Road, Hudson, NH 03051 by <u>October 01, 2025.</u> The election will take place during the November 1 2025 Cabinet Meeting at the American Legion Hall, Post #7, 188 Eastern Avenue, Rochester, NH 03860

Respectfully,

Lion Jeri Maynard, Camp Pride Secretary 104 Lowell Rd, Hudson, NH 03051 603-320-3614 Lionjeri@comcast.net

Mental Health Service Ideas

Lions International has designated October 4th through 12th as a time for all Lions to provide a mental health and well-being related service project. Here are some ideas if your club is struggling with this topic.

Lions Mental Health and Wellbeing Service Ideas

- Mindfulness Colouring for Playgroups, Community centres, or Libraries
- Give out flower stems or cupcakes outside Train/ Bus stations
- "Pause & Breathe" Moments: Share simple breathing videos or tips on social media
- Stress Relief Kits: assemble & distribute small kits (tea, stress ball, affirmations)
- Mental Health First Aid Training: Invite a local professional for a Zoom workshop.
- Chalk the Walk/Kindness Rocks: Lions and Leos with local people draw uplifting messages in chalk on driveways, pavements or on stones
- Mindfulness Walk: Organize a community walk focusing on reflection & gratitude.
- Positive Post-It Day: Place kind messages in public spaces, schools, care homes
- Support Circle Café: 30-min online "coffee chat" on mental health
 no therapy, just connection
- Wear Green Day: Simple awareness campaign—wear green and explain why- it's for mental health awareness.
- Senior Story/Music Time: Call or visit the elderly to listen to or read their favourite stories or listen to their favourite music.
- Gratitude Tree: Invite community members to write things they're grateful for on leaves to hang on an artificial tree.



Lion Portal Tip



As part of the club excellence award criteria this year, three service weeks have been identified for all clubs to participate in. The first one is Oct 4-12, Mental Health and Well-Being.

To report service for Mental Health and Well-Being, create a service activity, in the Cause field, select Other Humanitarian Service, in the Project Type field, select Mental Health and Well-Being. Complete the rest of the service report as usual. It is important to report this

service with an activity date between 9/24/25 and 10/22/25, in order to have it count toward your Club Excellence Award application for 2025-2026.



Multiple District Happenings

DogSight Project



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions Multiple District 44 – Health Services of New Hampshire



Fall Festival and Open House at Fidelco

On Saturday, October 4th at 10:00 am Fidelco is sponsoring a "Walk for Fidelco" in Bloomfield, CT. Bring your dog and be led by clients and their guide dogs on a 1.1 mile walk around Fidelco's Bloomfield campus.

Walking not your thing? Then just come for the Fall Festival & Open House from 10am until 3pm. Enjoy guide dog demos, blindfold walks, Touch-A-Truck, kids' corner activities, a car show, Puppy Olympics, and more! It's a great opportunity to learn more about this wonderful organization that the Lions of New Hampshire support!

You can make a donation to the DogSight project any time. Please make checks payable to: **LSHF** and write **DSP** on the memo line to ensure the proper account is credited. Please mail checks to the project Treasurer: Gregg Kleiner, PO Box 94, Keene, NH 03431

Linda Piekarski Chair, the DogSight Project lpi314@outlook.com

Raised for Fidelco in 2025-2026: \$4800

NH Lions Speak Out Contest

The Speak Out Contest Committee would like to acknowledge the following clubs who are participating in the inaugural speech contest: Antrim-Bennington, Bedford, Canaan, Concord, Grafton County/Pemi-Baker Centennial, Hudson, Portsmouth, and Wilton. Students from grades 9-12 will participate in this speaking challenge at the club level with one winner going on to the state level where the grand prize will be \$575.00! We look forward to an exciting event, both at the club level and the state finals which will be held during the Mid-Winter Convention on January 24, 2026. Questions can be directed to Tim Morehouse, 603-557-1141, ab.liontime@gmail.com.



USA/Canada Forum

Several Lions from New Hampshire participated in the USA/Canada Forum which was held in Atlantic City, NJ. International President, A.P. Singh presented at the New England Lions Council gathering. PID Steve Middlemiss was recognized during the International Donors Recognition which included International 1st Vice President, Mark Lyon; IPIP Fabricio Oliveira; PID Steve Middlemiss (Hudson Lion); and International President A.P. Singh. PID Steve and Lion LeeAnn Middlemiss were seated at the host table. Global Service Leader Linda Hedrick, Lion Marilyn Richardson, and Second Vice District Governor Kimberlee Fournier participated in the Strides Walk at the Forum

Nashua Lions PID Ed and Lion Elaine Lecius participated in a class reunion of the International Directors of 2007-2009. Seated left to right Rachel and Larry Johnson, PIP Al Brandel, Kathy and Doug Lozier. Back row Neil and Jacqui Spencer, Greg Holmes and PIP Patti Hill, and Elaine and Ed Lecius.



Lions from NH and VT enjoyed fellowship at the Rainforest Café. They reported having fun, learning about unique service, building and retaining membership, and gathering fresh ideas to bring home. Can you spot 44H DG Marie, 1VDG Vince, 2VDG Kimberlee, GST Linda, LCIF Chair Al, Marilyn Richardson, and RoseMarie Giambalvo?











PID Steve Middlemiss Homecoming

Lions from around New England turned out to welcome home immediate Past International Director Steve and Lion Lee Ann Middlemiss. Several speakers shared kind words for PID Steve and the work he did as an International Director over the past two year. Lion LeeAnn was continuously by his side, and they both experienced amazing things with Lions around the world. First Vice President Mark Lyon (from Connecticut) was in Australia for the ANZI Forum, and took time to send a video message congratulating Steve and Lee Ann for their service. PID Steve thanked everyone who helped them during their two-year journey.



Many pictures were posted on the facebook page for NHLionsDistrict44-H. Below are just a few – enjoy!





Lions Youth Services

September 11, 2025, Meeting

President Eric Olsen called the regular in person meeting to order at 6:30 pm at the Airport Diner in Manchester, NH. In attendance: Harry Armstrong, John Bayliss, Jerry and Marilyn Vaccaro, Eric Lindberg, Rhonda Wynne, Lara Raymond, Mary Ellen Pate, Kris Pavlik, Tracey Pierce, Mike Leahey – Guest Speaker Randy Pierce

Seafood Festival Sep 5-7, 2025

Sunday turned out to be a full day of rain, but volunteers were not disheartened by it.







Lions Youth Services was presented with "Best of the Fest" volunteer award (1st yr given) Above Jerry and Marilyn Vaccaro and LYS President Eric Olsen accepting award.

Peace Poster Contest 2025-2026 "Together As One"

The contest is underway with the Canaan, Chesterfield, Jaffrey-Rindge, Meredith, Milford, Nashua, Pinardville, Hampstead.

Winchester, Seabrook clubs participatingthere are a few kits still available, contact Rhonda Wynne at rwynnemilford@comcast.net Last date to order online is October 1st. The deadline for the posters to be completed is Saturday, November 15th. Please be sure that you judge the posters by this date and first place winners are selected. Your club and school/youth may hold a presentation to award the winners but please be sure that the 1st place winner's poster is photographed and the picture is emailed to Rhonda Wynne at rwynnemilford@comcast.net prior to December 1st. The 1st place winner's photo will be submitted to the district governors who will then select their choice. If your club's 1st place winner is selected by the DG, instructions will be sent to the club's chair as to where the actual signed off poster needs to be sent. If there are any questions, please email or call Rhonda Wynne.

Grant Program

There was one application received and approved for \$500 for approx. 65 youth at Mascenic Regional High School for the purchase of sports equipment. The Canaan Lions club is matching with a \$500 donation to the school.

"Speak Out" Contest

Lion Tracy Pierce has set up a statewide committee, Linda and Tim Morehouse, Marie Hall. There is a December 15 deadline and there will be winners selected at the club level. The final winner will be making a presentation during the Mid-Winter convention in January. More details will be forthcoming in the November issue of the newsletters. If you have any questions regarding this contest, please contact Tracy at tracy.pierce54@gmail.com



Berlin/Gorham Lions

Food Packing Sponsorship for this club will be held on October 25, 2025, from 12-2:30. A hot luncheon buffet and celebration from 3:00-5:00, cost \$35 per person. PID Steve Middlemiss will be the guest speaker.

Future In Sight

Guest Speaker, Randy Pierce of Future In Sight visited for the purpose of looking for funding of \$25,000 for NH youth living with a severe vision disability. Future in Sight's Youth Services program works with youth from birth through age 24.

Randy spoke to their mission to advance the independence of persons who are blind and visually impaired.

He outlined what the program offered and supported based on three different groups. Randy provided details and an overview of FIS budget and answered several questions from those in attendance.

Mid-Winter Project

A project involving Childhood Literacy had been discussed during last month's meeting but due to time limits at this meeting, this project will be discussed at the next meeting.

Next Scheduled Meeting

Our next scheduled meeting is Thursday, October 9, 2025, at 6:30 pm at the Airport Diner in Manchester!

WE WELCOME ALL TO JOIN US!









NELC

NEW ENGLAND LIONS COUNCIL (NELC)



"Serving the Needs of the Districts of New England"

SATURDAY, OCTOBER 4, 2025

8:30 a.m. - 4:00 p.m.

Fall Meeting - Service and Necrology Ceremony

ENVISION HOTEL & CONFERENCE CENTER, 31 HAMPSHIRE ST., MANSFIELD, MA

Rooms availabe at \$179.00 not including tax, please request "New England Lions." Please let us know if you will be coming in on Friday to partake in a social dinner

Saturday AM Seminars

- · Service Project Panel asking each District to bring your "winner" Service Projects, inducing a how-to-flyer
- · Mission 1.5 Status and plan
- · Lions of US update
- · Service Carnivals PDG Kathy Dorman
- LCIF update

Luncheon - Business Meeting and Governors' Reports

- Necrology Ceremony reading of names of our deceased lions (October 2024- October 2025)
- . Immediately following Necrology District Governor Reports
- Last words NELC Directors, PID's, etc.

SATURDAY LUNCHEON

Saturday Noon Luncheon: Gourmet Box Lunch (Sandwich or Salad) chips, cookie, bottle of water. Coffee and tea will be available in the morning and afternoon. Limited soda available.

		55 m 1 m 1		
Lunch at \$45	.00 pe	r person X	Total =	
Name(s):				
Address:				
District/MD	1	Dist/MD Position:	Club Position:	

Email

Make check payable to: NELC

Contact Info: Phone

Mail check/form to: PDG Melissa A. Smith, 26 George St., Seymour, CT. 06483

Event Registration Deadline: September 27th

For More Information, please contact PDG John Babb, President NELC babbjd@comcast.net, 508-455-7294

PDG Kathy Dorman, Secretary NELC vtlionkathy@gmail.com, 802-373-4180 PDG Melissa A. Smith, Treasurer NELC lionlissa@yahoo.com, 203-430-9356











New England Lions Council (NELC)

Serving the Needs of the Districts of New England

PDG John Babb, President ~ Massachusetts Email: babbjd@comcast.net Phone: 508-455-7294

PDG Melissa A. Smith, Treasurer ~ Connecticut 26 George Street, Seymour, CT 06483 203-430-9356 / lionlissa@yahoo.com

Individual Membership Dues

2025-2026 NELC Individual Membership Dues \$10.00 Membership coverage is from July 1, 2025 - June 30, 2026

Lions Name:	
District/MD:	
District/MD Position(s):	
Mailing Address:	
Phone Number:	
Email:	
Renewal	New NELC Member?:

payable to NELC or you can Venmo with a note that says for NELC Dues.



44N District Meeting Registration



DISTRICT 44N MEETING November 8, 2025



ENFIELD COMMUNITY BUILDING

308 US Route 4, Enfield NH 03748

REGISTRATION: 9:30 AM MEETING OPEN: 10:00 AM

~ Guest Speaker from Childhood Cancer Lifeline of NH ~

District Governor Pam and her Cabinet Members are planning on having a rewarding, fun and active Cabinet Meeting which includes your contribution and participation in....

SERVICE – Please bring Card Games, Sketch Pads, Sticker books, Markers, Colored Pencils, small Lego sets so that delivery bags may be filled up for kids in the hospital. Also, cash donations are accepted to go toward the "Gas Card" program to assist families with getting their child to treatment.

COOKOFF – Please bring your favorite Chili or Beef Stew recipe. If you have a favorite Cornbread recipe, you can make that too! Plans are to serve your delicious Chili and Stew for Lunch while your vote on the favorite will be taken.

MENU – Chili, Beef Stew, Cornbread, Apple Crisp, Soda, Water, Coffee, Tea – price per person \$20.00

Checks payable to Lions District 44N and mail to CST Gregg Kleiner, PO Box 94, Keene, NH 03431

Please Reply No Later than October 31, 2025 - Thank You!





The scheduling of a Regional Lions Leadership Institute

When: March 6-8, 2026 Where: West Lebanon, NH

Why: To stimulate and grow Leaders and Leadership Opportunities at the Club,

District, Multiple District Levels and ...beyond

Who: All LIONS in good standing who have not yet reached the position of

Second Vice District Governor.

Please forward a completed application, prior to February 1, 2026 to

your District Governor

Cost of the Institute: Multiple District 44 will provide meals according to the schedule of the institute. double occupancy Hotel rooms for Friday and Saturday night are included in the cost of the Institute. Hotel stay is required. Please note the cost for participation in this training event is \$125.00. For Lions outside of Multiple District 44 the cost is \$300.00. Thursday night rooms are available at a cost of \$141.00

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 3 day intensive training program and applicants must be willing to commit to attending all days of the institute, including group mealtimes, and understand that personal time is extremely limited. Attendance at all classroom sessions and scheduled meals is mandatory

Please note: Acceptance to the Institute is not guaranteed.

Expectations of RLLI Graduates:

- 1. Pursue additional leadership roles and responsibilities in their respective zones and Districts
- 2. Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones and Districts
- 3. Share their Institute experience with members of their Club, Zone and District and encourage others

For further information please contact your District Governor or Event Coordinator Bill Rathbun (pdgbill33y@yahoo.com or 603-707-6209)



MD 44 Regional Lions Leadership Institute West Lebanon, NH

Friday thru Sunday March 6 to 8, 2026

Part 1: Applicant Information

* PLEASE PRINT - Required information for all institute correspondence
District Number:Membership Number:
First/Given Name: Last/Family Name: Email*:
State/Province: Gender: Male Female Month and Year Joined Lions Clubs:
Club Number: Lions Club Name: Current Lions Title:
Highest position held in Lions Clubs: I confirm that I am capable of understanding and active
participating through reading, writing, and fluent speaking skills in English
Lions Leadership Institutes Previously Attended (Locations & Dates):
Part 2: Experience and Skills Please type or print using additional sheets as needed.
1. Offices held within current Lions Club:
Committee positions held within current Lions Club:
3. Previous Lions Clubs you have been a member of and Offices held:
4. Why is this institute of interest to you?
Part 3: Acknowledgements
I understand that MD44 is not responsible for personal costs, including but not limited to, those associated with the following: illness, unanticipated or other personal events, lost or stolen property.
I understand that I am expected to attend all classroom sessions and group meals and activities.
Part 4 Endorsement The applicant's District Governor or Global Leadership Team (GLT) District Coordinator must complete the section. In what ways will this applicant benefit from attending the Regional Lions Leadership Institute?
Completed by:Title: Email:

NH Mid-Winter Convention Lions Legacy Carnival

JANUARY 23-25, 2026

Please Contact FVDG Nancy Carbono-Ricard for Raffle Basket donations



FIRESIDE INN, W LEBANON NH

Please Contact DG Marie Valliere to Reserve a Carnival Booth



44H Club Happenings

Atkinson

Happy Fall everyone!

While everyone was hopefully taking advantage of the great summer weather we had, Atkinson Lions participated in a few community activities. An impromptu Food Drive was held in July to help benefit the local food kitchen. Lots of food was collected.

Members also participated in a Sun & Fun Day for the recreation department by providing lunch for the 60 campers and counselors.

Members continue to work at Camp Pride to keep it up and running and a great place for all to have fun.

Our kickoff to the new Lion year BBQ was a great time with steaks and fireworks being the highlight.

The annual Car Show, co-sponsored with the Fire Department. saw hundreds of antique cars in town. Lions provided the food for the event, as well as giving out popcorn from our very own popcorn machine.

Atkinson Day returned last year and we once again provided the food for the day. Activities for all. Weather didn't totally cooperate, which led to the fireworks display happening the following night. It was an awesome display!

The Annual Golf Tournament was also recently held. Beautiful weather made for a great day of golf, followed by an Italian food buffet at the Atkinson Country Club.

Proceeds from all of these events will benefit the local community.

Coming on October 18th is our Octoberfest Meatfest Rafflefest. Refer to the flyer for details.





Derry

The Derry Lions participated in Derryfest on Saturday September 20. Seven of our members manned a booth from 10 am to 4pm. We had a Lion Lion cut out for picture taking by parents of their child roaring like a Lion. Lion Ellen showed the kids how to do it. We were able to gather 8 names and contact info for individuals interested in learning more about Lions. We also had a raffle for Fall Scented Hand Soaps made by the daughter of one of our members. In addition, we gauged interest in forming a Jump Rope Club chaired by a new member who has coached jump rope teams. We hope to partner with the Derry Rec Dept. in the near future.



Hudson



Hudson Lions Club





The Hudson Lions Club 1st Vice President Pamela Lalmond, welcomed home Past International Director Steve and Lion LeeAnn Middlemiss along with Lions throughout New England on Saturday September 6. Club members since 1980, Lion Lillian Bellisle and PCC Roger Latulippe led the Lions Toast. PCC Scott Wilson presented a donation on behalf of the club, to Camp Pride in Steve's name. The afternoon was filled with presentations from attendees. Good food, laughter, and much fun made for a festive Homecoming.

As part of a project with the Nashua Lions Club, Hudson Lion Pauline Boisvert knitted 18 comfort shawls and delivered them to Ed of Pastoral Care at St, Joseph Hospital. Pauline truly is a fine example of the Lion's motto, "We Serve."





The Hudson Lions Club presented a \$10,000 check to the Town of Hudson at the Board of Selectmen meeting to kick off Phase 1 of the new town recreational project which starts with brand new pickleball courts. The club is also funding the first 3 years of maintenance to ensure this project gets off to a strong start.

Hudson Lions Club members gathered at Benson's Park at 5:30pm for the rededication of the Hudson Fire Department Memorial followed by the Town's annual 9/11 Memorial Observance. A touching tribute to those who lost their lives on September 11, 2001.





Loudon

Loudon Lions Club







Loudon Lions hosted a pancake breakfast the morning of Loudon Old Home Day Pancake Breakfast. Lions DG Marie Valliere, Gerry Lange and Sara Wagner serving residents who enjoyed pancakes, fresh fruit, Juice, coffee, and a variety of treats prior to the parade.







At the Old Home Day Parade the Lions decorated the District Float to match the theme of "The Ocean". Our entry won first place in its category. Lions Jean Blogett, Gerry Lange and Sara Wagner displayed the trophy. Lions Esther Boriss, Lynda Caine and DG Marie Valliere showing part of the float.



Lions RoseMarie Giambalvo and Ed Friedrich presenting Hugs & Cuddles Bears to Wendy Bassett of the Richard Brown House in Loudon. The bears will be given to residents going through difficult times.



FVDG Vince and Lion RoseMarie Giambalvo presenting a check from Lions Youth Services to Kersten Matera, Library Director and Nicole Gauvreau, Youth Services Librarian and Assistant Director of the Maxfield Library in Loudon. The grant is for a special library project to be used in parent-child workshops.



Nashua

The Nashua Lions Club welcomes new member Suzanne O'Malley; sponsored by Louise Deschenes. In addition, we welcome 11 members of the Nashua Hunt Community Lions Club Branch. They were induced by PDG Peter LaPointe, and their officers were installed by DG Marie Valliere.



Nashua Service: Lions presented 20 Hugs & Cuddle bears to St Joseph's hospital. Busy hands worked weekly at End 68 Hours of Hunger to pack food bags. Five Nashua Lions volunteered at the Hampton Beach Seafood Fest; they worked ticket entrances and Lion Al St. Louis sang the national anthem. Nashua Lions PID Ed Lecius, Lion Elaine Lecius, and PCC Kamal Masand joined the celebration welcoming PID Steve Middlemiss back to the state. PID Ed presented letters from US Senator Maggie Hassan and Congresswoman Maggie Goodlander as well as a commendation from Governor Kelly Ayotte. Lions supported Girls Inc in their golf tournament. Nashua Lions kept busy with another vision screening where 4 children were referred for further evaluation. We continued our monthly meal to Marguerite's Place. We had guest speaker Randy Pierce at a meeting where he discussed Lions Lift and the ability for Lions to assist visually impaired individuals who are challenged by getting to appointments because they cannot drive themselves. Six club members are in the process of becoming Lions Lift drivers! PID Ed and Lion Elaine Lecius represented our club at the USA/Canada Forum. They were joined for dinner one evening by District Governors Pam Prentiss (44N) and Marie Valliere (44H). PID Ed worked the Lions USA booth. PID Ed and Lion Elaine enjoyed the company of fellow Past International Directors and Past International Presidents from the ID class of 2007-2009. We cleaned the trails in Mine Falls Park, and participated in charity walks for suicide prevention and childhood cancer. It was a busy month.



Coming Soon! We are supporting the Nashua Soup Kitchen and Shelter by holding a hygiene drive as our mental health service project in October. We hope to see many of you at the Camp Pride Work Day on Oct 25th. Also, please consider giving yourself and others a great evening out with our Warren Miller Extreme Ski Movie presentation on December 6th, 7pm, Nashua High School South. Sugarbush is providing a free mid-week ticket for each of the swag bags given out at this event. Share this link with people interested in buying tickets: Warren Miller Nashua 2025 Tickets, Sat, Dec 6, 2025 at 7:00 PM | Eventbrite

Salem

September saw the Salem Lions working hard on the inaugural 5K to raise funds for childhood cancer research, and it succeeded beyond all our hopes! We had a great turnout including Lions from around the region, family, friends, and neighbors from Salem and beyond. It was a beautiful day full of support, laughter, music and movement. The highlight of the day was Weston crossing the finish line after completing the entire route, never once losing his smile! While we don't yet have exact numbers, we are thrilled to have had such a successful first effort, and are already planning for next year!

This inaugural year we were determined to do even more to support Weston Moss, our neighbor, friend, and the son of fellow Lion, Kelly Moss, by donating 100% of the money raised from the 5K to Little Warrior Foundation. Little Warrior Foundation is a 501(c)3 organization entirely devoted to the cure of Ewing Sarcoma, a rare and therefore woefully understudied form of cancer. The most advanced treatments for ES are over 30 years old, and most are highly toxic, have long term negative side effects, and do not work for many patients.

A number of members of the club also presented a \$1,000 check during the ALS walk earlier this month.



Wakefield

Club members met at Ken & President Gloria Ballinger's home for a pot-luck meal, a business meeting, and our summer raffle drawing of 500 tickets. Congratulations to all the winners.

Fourteen Lions members served BBQ at Paul School's Welcome Back Night, featuring a live Wildlife Encounters demo for all attendees.

Wakefield Lions helped Paul School (K-8) remove several old desks, chairs, and metal items from storage to be recycled. Pictured are Lions Tom Daniels, Mary Wing Soares, Donna Ackerman, Mary Collins, Ken Ballinger, Tim Bartlett, and Assistant Principal Aaron Nason (center).

This year 18 Lions participated in "Feel Good Day" while welcoming students back to school with encouraging signs. The event was marked by positive "feel good" signs that were acknowledged with waves and horns from those driving by.

Our annual Shred Event provided community members a secure way to dispose of sensitive documents. Participants drove through and dropped off materials, with volunteers assisting in unloading boxes and bags from vehicles. A total of 3,200 pounds of material was shredded. Lions Joe Palmariello, Mary Wing Soares, Carrie Hubbard, President Gloria Ballinger, Ken Ballinger, Sharon Baldwin, and Tim Bartlett volunteered at the event. (Not pictured – Jackie Moriarty, Jay and Jan Vanderhoof).

#WE SERVE

















Windham

Windham Lions Club
PO Box 312
Windham, NH 03087-0312
www.e-clubhouse.org/sites/windham_nh





2026 WINDHAM LIONS CLUB 52 Week Charity Raffle – 56 Chances to WIN!!

The Windham Lions Club 20th Annual 52 Week Raffle

Be a lucky winner!

ALL net proceeds benefit The Windham Lions Club Charities.

No portion of the proceeds shall be used for any administrative expenses.

YOU HAVE 56 CHANCES TO WIN!!!

After each drawing, the winning ticket goes back in the pot. That's rightone ticket lasts all year!!

First drawing, January 7, 2026

Based on the sale of a maximum of 400 tickets, payout will be as follows:

52 - \$50 Winners - One for each Wednesday

3 - \$100 Winners - Memorial Day, Labor Day and Thanksgiving

1 - \$250 Winner - July 4th

Drawings may not be made on the actual award date. All drawings will be held in a public place and may be observed by interested parties.

WINDHAM LIONS CLUB CONTRIBUTIONS & SERVICE PROJECTS

The Windham Lions Club is a service organization with a primary focus on service projects in Windham and the State of New Hampshire. Membership dues cover all administrative costs, thereby allowing 100% of fundraising profits to be returned to the community and to others in need.

Windham Lions Club also supports the Lions Club International Foundation (LCIF), which enables Lions to tackle global problems such as blindness, hearing loss, diabetes, hunger, childhood cancer and respond to major catastrophes such as earthquakes and floods.

- *Annual Memorial Scholarships totaling \$10,000
- Harvest Festival
- *Rt. 111 Adopt-A-Highway
- ·Childhood Cancer
- *Pre-school Sight and Hearing Screenings
- *Shepherd's Pantry Support
- *Camp Pride NH Lions Camp for Special Needs
- *Twin State Soccer
- Strawberry Festival
- Lions Youth Services
- ·WHS Last Night

- Homeland Heroes Foundation
- •NH Lions Sight & Hearing Foundation
- *Free Eye Care & Glasses for the Needy
- Senior Citizens Support
- *Local & International Disaster Relief
- *Local Social Services
- *Fidelco Guide Dog Foundation
- *Windham Helping Hands/F2FC Walk
- Operation Care For Troops
- Easter Basket of Hopes
- YMCA



Windham Lions QR Code

TICKET SALES START September 3, 2025

Windham raffle permit on file.

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For more information: Visit www.e-clubhouse.org/sites/windham nh Of Contact a local Lion or call our Chairperson, Bobby Leone at 603-566-8888, email: bobleone@comcast.net

Wolfeboro

The Wolfeboro Boy Scouts joined us to kick off our year. They presented a wonderful video slideshow highlighting their Jamboree trip to New Mexico this past summer. Each Scout shared a favorite memory, reflecting on the challenges they faced and the strong sense of brotherhood they built through the experience. One Scout mentioned that they would not have been able to attend the Jamboree without the support of the Wolfeboro Lions Club. His words are a powerful reminder of just how meaningful our work is in the community.

We hosted our 20th Annual Golf Tournament — and our largest fundraiser did not disappoint! This year, 100 golfers registered for the event, and 90 players hit the course for a fun and spirited day of golf. Beyond the greens, participants enjoyed chances to win raffle prizes (donated items tucked into the small bags pictured), a lottery board valued at \$100 in tickets, and silent auction items. A heartfelt thank you goes out to Event Chair John Adams, along with the many volunteers and generous sponsors who helped make this year's tournament another great success.

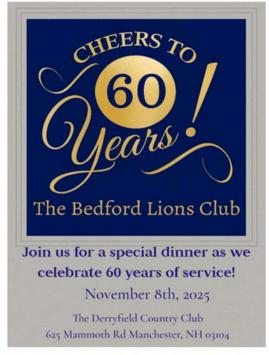




By the time the newsletter is published, we will have been out in the community again: the Parks & Recreation Fall Festival, and the Kingswood Youth Center Chili Challenge. Both events are fun-filled, and provide the opportunity to show our pride to families in the community. Our Lottery Scratch Ticket raffle is sure to be a big hit.



44N Posts



WHEN.....Saturday, November 8, 2025 5:30 PM - 9:00 PM ET

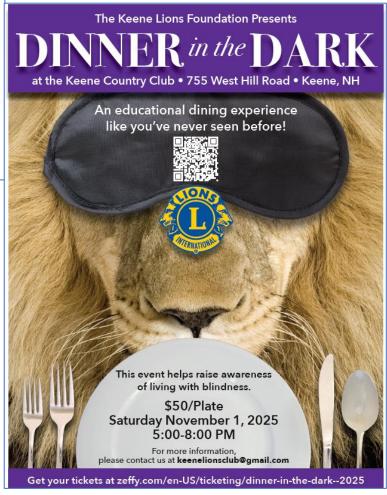
Registration is \$45 per person and includes: Dinner • Swag bags • Free entry into lots of fun GIVEAWAYS!

HOW TO PAY.....Payments may be made using the PayPal link via Evite or by sending a check to Sophie Cutler: 14 Kennedy Dr. Bedford, NH 03110. Checks should be made payable to "Bedford Lions Club". Ticket Registration and payment must be received by October 30th.

Register online: https://evite.me/jM3AEsZfnX or email sophcutler@yahoo.com







Resources

Camp Pride

Second Weds of the month, 6:30pm Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm Meets via Zoom Click here for Zoom link md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm meets via Zoom LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd m.ackroyd@comcast.net

Diabetes Chair:

PCC Robert Gustafson Robertgustafson11@gmail.com

Environment Chair:

Jeri Maynard lionjeri@comcast.net

Hunger Chair:

Open

Lions Fellowship:

Nancy O'Dowd Lupesmom14@gmail.com

Peace Poster:

Available through LYS

District Photographer Open

Newsletter Editor: Linda Quebec Newsletter44H@Outlook.com Please send submissions by the

20th each month.

Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

• Our district page on Facebook

Global Lions Forum

• Learning from Lions leaders around the world

Lion Portal Forum

 A group to support one another while learning how to use the Lion Portal.

Lions Clubs International

Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

 Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

 Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

https://www.lionsclubs.org/

Lion Portal Login page:

Login (site.com)

LionsSupport@LionsClubs.org (630) 468-6900 Member Svc.

District 44H website

http://e-

district.org/sites/district_14-1/index.php



Leadership Directory

District Governor Marie Valliere

603-998-0871; keylion03@gmail.com

First Vice District Governor Vince Giambalvo

845-304-2059; rosevin68@gmail.com

Second Vice District Governor Kimberlee Fournier

603-897-9348 LionKimberlee@gmail.com

Cabinet Secretary/Treasurer PDG Jerry Vaccaro

603-204-7752 LionJerryVaccaro@gmail.com

Multiple Council Chair & Immediate Past District Governor PDG Michael Leahey

603-667-6719

MiketheLion44N@outlook.com

Zone Liaison, Langdon Plumer

C: 603-770-6499

E: Langplumer@gmail.com

Zone 1 Chair, Erin Hendrickson

C: 603-305-5696

E: erinfreda@gmail.com Clubs: Derry, Hudson, Litchfield, Londonderry, Nashua, Salem,

Zone 2 Chair, Bob Choumitsky

C: 617-291-3723

Windham

E: rchoumitsky@gmail.com Clubs: Atkinson, Auburn-Candia, Chester, Danville, Hampstead, Kingston, Plaistow, Sandown

Zone 3 Chair, Open

Clubs: Exeter, Epping, Hampton Area, Newmarket, Portsmouth, Raymond, Rye, Seabrook

Zone 4 Chair, Ajay Rana Bhat

Ph: 508-685-0582

E: ajayranabhat@gmail.com Clubs: Dover, Rollinsford, S Berwick; NH Everest; Rochester; Somersworth; Wakefield

Zone 5 Chair, Ken Ward

Ph: 631-220-5106

E: kenward636@yahoo.com Clubs: Epsom-Chichester, Laconia-Gilford, Loudon, Meredith, Saddleback Mountain, Suncook Valley

Zone 6 Chair, Gina Lessard

C: 603-651-6598

E: weez_gina@roadrunner.com Clubs: Conway Area, Moultonborough, Whittier,

Wolfeboro

Global Action Team Leader Marie Valliere

603-998-0871;

keylion03@gmail.com

Global Extension Leader PDG Al Goldstein

603-913-1281

A1Goldstein@comcast.net

Global Leadership Leader SVDG Kimberlee Fournier

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Global Membership Leader Vincent Giambalvo

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Global Service Leader Linda Hedrick

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LCIF Coordinator PDG Al Goldstein

603-913-1281 A1Goldstein@comcast.net