THE PRIDE

Newsletter of Lions District 44-H New Hampshire January 2025, Volume 50, Issue 07



A Message from District Governor Peter LaPointe

Dear Lions,

As we step into the second half of this Lions year, let us pause for a moment to reflect on the incredible journey we have shared so far. Together, we have demonstrated the true spirit of service—extending kindness, hope, and support to those in need.



Every life we've touched, every smile we've inspired, and every community we've uplifted is a testament to the unwavering commitment of each and every one of you. Your passion, dedication, and tireless efforts are what drive the success of our mission to serve.

The second half of this Lions year provides an opportunity to build on the foundation we've laid. Let us continue to innovate, to lead with compassion, and to work hand-in-hand to overcome challenges. Remember, no act of kindness is too small, and no goal is out of reach when we serve together and Choose to Make a Difference!!

Thank you for your remarkable contributions thus far. Let us move forward with renewed energy, inspired hearts, and the shared belief that our collective service can change the world for the better.

Choose to Make a Difference and Make your Mark!!

Peter

District Governor 44H

Note: Personally, I am looking forward to a New Year of happiness and good health!!



District Governor's Special Membership Incentive for January 2025!!!

Anyone who recruits a new member starting January 1 through January 30th, will receive a lion's winter scarf for each new member they recruit. To qualify the new member must be entered into the portal during this time frame. Go out and Choose to Make a Difference, let's start off the new year with a BANG.



The Melvin Jones Fellowship Program



The Melvin Jones Fellowship (MJF) Program is a generous way to show commitment to the humanitarian work of Lions Clubs International Foundation (LCIF).

The MJF Program was established in 1973 in honor of Melvin Jones, the founder of Lions Clubs International. The MJF program recognizes donations of US\$1,000 to LCIF.

New MJFs receive a pin, commemorative plaque and a letter from the LCIF Chairperson. If the donor so chooses, they may use their donation credit to recognize another individual with a MJF.



The Progressive Melvin Jones Fellowship Program

The Progressive Melvin Jones Fellowship (PMJF) provides an opportunity to advance in the Fellowship program. For each additional donation of US\$1,000 to the MJF beyond the initial contribution, donors will receive a unique PMJF pin. This applies for donations up to US\$50,000, and the pin will correspond to their level of giving. Additional levels of recognitions are available on lionsclubs.org. Like MJFs, donors can recognize another individual with PMJF donations.

Areas of Giving

LCIF can globally help improve health and well-being, strengthen communities and support those in need through humanitarian services and grants. Donors will receive MJF and PMJF credit when directing their support to:

Empowering Service Fund: All the causes the foundation supports.

Disaster Relief: Specifically reserved for disaster relief.

Did you know...

Districts, clubs and individuals can donate to LCIF through the MJF program, but only an individual can receive the recognition. MJF applications using collective donations from multiple donors must be accompanied by written consent from all donors to use their donations for MJF recognition for the individual specified on the application.

Melvin Jones Fellowships can be named in honor or in memory of an individual.

Melvin Jones Fellowships do not need to be paid in full at one time; minimum installments to LCIF of US\$100 can be paid over a five-year period to total US\$1,000, at which time the MJF Application can be submitted.

Complete the MJF application on the next pages or visit lionsclubs.org/MelvinJonesFellowship and submit with payment.

INDIVIDUAL COMPLETING THIS FORM

Name _	Date
E-mail	Phone

AREA OF GIVING

0

EMPOWERING SERVICE FUND

A donation to LCIF and all the causes the foundation supports.



DISASTER RELIEF FUND

A donation to LCIF specifically reserved for disaster relief.

Please note that donations to the Disaster Relief Fund are not eligible to receive District and Club Community Impact Grants.

MJF credits to be used from previous donation:

Note: This section is applicable only if sufficient funds have been previously deposited with Lions Clubs International Foundation. By completing this section, you are indicating your desire to utilize Melvin Jones Fellowship (MJF) credits from a prior donation. Please provide the necessary details, including the source of the credits and your corresponding identification number.

Use Credits From: ID#:

CONTRIBUTION DETAILS
Donor Name (individual, club, company, foundation)
Donor ID, Donor District, Donor Club
AMOUNT OF CONTIRBUTION O Full Payment Installment
Donors making personal donations towards MJF or PMJF also receive credit as a Presidential LCIF Supporter. The LCIF Supporter recognition is an annual program that recognizes three levels of support:
Bronze Pin - US\$50 to US\$99.99 Silver Pin - US\$100 to US\$199.99 Gold Pin - US\$200 and above
Yes! In addition to receiving MJF credit, I would like to receive Presidential LCIF Supporter recognition for my donation. Note: The supporter pins will be auto shipped to your member preferred address as listed on your Lions International Membership record.
GIFT TYPE (Make donations via the web at lionsclubs.org/donate) Credit Card (visit lionsclubs.org/donate and please attach a copy of your online transaction receipt) Wire/Bank Transfer (please attach bank transfer receipt) US\$ Check Enclosed (payable to LCIF, drawn on US bank) Local LCI Deposit (please attach bank deposit ticket)
RECIPIENT OF RECOGNITION (Individual person)
TYPE OF RECOGNITION REQUESTED (check one) Fellowships cannot be presented to businesses or organizations. O MJF O PMJF O To be named later O Memorial Plaque in memory of deceased Recipient Name (Exactly as it is to be engraved on plaque)
Recipient ID# (if applicable)
Recipient Name Club # District
Individual to be honored (if memorial)
INFORMATION FOR THE MEMORIAL PLAQUE ACCOMPANIED LETTER: Please provide the name and relationship of surviving family member of MJF to whom the Memoria plaque will be presented. This information is essential for the recognition letter that will accompany the plaque. Example names include, Spouse: Mary Johnson, Children: John Johnson, Sarah Johnson, Siblings: Robert Smith, Emily Davis. SHIP TO: (P.O. Boxes are not accepted and all fields are required.)
First Name Last Name
Address
City/State/Province
ZIP/Postal Code Country
Phone Email
Recognition is sent once donation and application are received and processed at headquarters. Please allow a minimum of 15 days in the U.S. and 30 days elsewhere for shipping.
A Tax ID# is necessary in various countries for compliance purposes. Examples include India's Know Your Customer (KYC), Brazil's Cadastro de Pessoas Fisicas (CPF), Bangladesh's National Identity Card (NID) and Korea's Residential ID. If required, please identify your Tax ID#:
Note: Many countries may charge custom and VAT fees for importation of Melvin Jones Fellowship plaques and other LCIF recognition. These fees are the responsibility of the individual, club or district receiving the plaques.

Special Instructions/Notes

Please email your completed form and copy of donation deposit information to donorassistance@lionsclubs.org.



The Foundation uses a lock box service to receive and process all US check donations. For US dollar checks drawn on a US Bank – please mail to following address:

Lions Clubs International Foundation | Dept. 4547 | Carol Stream, IL 60122-4547 USA

+1.630.203.3836 | Donorassistance@lionsclubs.org | Icif.org

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District Goal Progress

Me<u>mbership</u>

District Membership*	Prev Month	2024-2025 Year	2024-2025 Goal
Opening Balance	1,237	1,201	
Added Members	10	100	167 new members
Dropped Members	18	72	
Closing Balance	1,229	1,229	
Net Gain/Loss	-8	28	82 net growth, plus 1 new club

International membership is currently 1,365,914*

Welcome new members!

Club	New Member*
Atkinson	Jason Mlocek
Exeter	Crystal Baez
Wakefield	Bob Ouellette
Windham	Mary Ann Horaj
Wolfeboro	Judi Soja
Reinstated	5



THROW KINDENESS



Service

		The second secon	
District Service*	Previous Month	2024-2025	Goals
Vision Screenings (Nov)	3,636 people	10,671 people	
Hugs & Cuddle Bears	Oct 100 bears	163 bears	
% Lions Clubs Reporting		77%	100%
Volunteer Service Hours	4,778	23,329	+10% over last yr = 48,275
Service Activities	110	820	+10% over last yr = 2,189
Individuals Served	15,999	125,942	200,000
Funds Raised	7,548	\$133,048	
Funds Donated	17,613	\$183,339	

LCIF Donations

District LCIF Donations*	Previous Month	2024-2025	2024-2025 Goals
LCIF Donations	\$13,000	\$68,995	\$38,000

^{*}Data as of 12/31/24

Upcoming Events

Date	Event	
Jan 3	Deadline to register for MidWinter Convention. Registration form in newsletter.	
Jan 11	10:30-12:30, Green Team Upcycling Project. See details in flyer at end of newsletter	
Jan 18	44H Recruitment Training & Open Discussion; 9am-noon; Danville Community Center	
Jan 20	Deadline for The Pride newsletter submissions to Newsletter44H@outlook.com	
Jan 24	Report all club activity in Lion Portal (meetings, service, donations, fundraisers)	
Jan 24-26	MidWinter Convention. Courtyard Marriott Grappone Convention Center, Concord, NH.	
	Register before Jan 3 rd	
Jan 30	Support humanitarian work with a donation to LCIF. Click here to donate online	
Jan 31	Deadline for Regional Lions Leadership Institute application. App in newsletter.	
Feb 26	MD44 Council Meeting	
Feb 21	Deadline to register for March 2 nd Cabinet Meeting	
Mar 2	44H Cabinet Meeting, Pembroke Pines Country Club	
Mar 18	MD44 Council Meeting; 6pm social; 6:30 meeting; Airport Diner, Manchester	
Mar 21-22	Regional Lions Leadership Institute (RLLI), see details on flyer and application.	



Recruitment Training & Open Discussion

January 18th, 9:00 AM – 12:00 PM

Location: Danville Community Center 169 Main Street Danville NH

Session Highlights:

- Why: Explore the importance of recruitment in strengthening our clubs and their impact.
- Who: Identify and connect with individuals who embody the spirit of service and align with our mission.
- What: Learn practical strategies and tools for successful recruitment efforts.

This session is designed to include open discussions where attendees can share ideas, ask questions, and collaborate on solutions to improve recruitment efforts.

Details:

- Eligibility: Open to members of District 44H.
- Pre-registration Required: Secure your spot today!
- Send your registrations to GML Gail Dacey grd514@aol.com

Join us to strengthen your recruitment skills and foster meaningful discussions that will help grow and energize your club.

Choose to Make a Difference! District 44H Leadership Team



Marie Valliere, First Vice District Governor

Be-lieve vb 1: trust in 2: accept as true: hold as an opinion. This is my favorite word. "If you believe it you can achieve it". "Believe in yourself". Now is the time to think about stepping up in your club and/or district. The two biggest fears are fear of the unknown and fear of failure. Facing the unknown is hard but you do it all the time. A few years ago you were uncertain about cell phones and now you wouldn't be without one. GPS and back up cameras in your car? They have become so standard now but it was something new to fear. The other is failure. We all fail. We couldn't know success without it. There is a whole team of members who have gone before you to train you and back you in your step in a new direction. When you are asked to take on a position it is because you are someone to be believed. You are trusted to carry out the duties of that office. I'm dealing with fear of rejection at this time. I'm looking for cabinet members and so far two yesses but mostly no's. That will not stop me from keeping at it. I believe I will have it done in time because I believe in my fellow district members to step up. I have a quote on my desk that reads, "Stop being afraid of what could go wrong and start being excited about what could go Right. Let's start the next quarter of a century with a new sense of service beginning in our own club or district.



Vince Giambalvo, Second Vice District Governor & GLT

Position and Personal Power

In previous messages, I have discussed Role & Identity, Management and Leadership, and Influence and Control. Now let's look at how these relate to your Power as a leader. Power refers to the ability to get things done. Power can come from two sources, Position Power and Personal Power.

- Position Power comes from your Role, it is given to you by the organization.
 - Position Power is more like telling
 - o Relating what needs to be done.
- Personal Power comes from your Identity, you earn it.
 - Personal Power is more like asking
 - o Giving clear reasons about why things need to be done.

For example, using Position Power, we might say "We need to increase membership in accordance with Mission 1.5". Using Personal Power, we might say, "As a service organization, we need to increase membership so that we can better serve our communities and the world". When we use only Position Power, it's like giving orders that must be followed. Using Personal Power, we give reasons that will help people to buy-in to the cause.

Building Personal Power will help a leader to get people to be more engaged in the activities that need to be done and therefore be more productive. You build Personal Power by the way you interact with those you hope to lead. Some ways to increase personal Power include:

- Giving clear and accurate instructions
- Including the reasons things need to be done
- Providing positive and specific feedback

- Being available to coach and council
- · Listening to the needs and questions of the people you lead
- Showing empathy

To paraphrase Eisenhower, practicing these kinds of behaviors, will allow you to get people 'to do something you want done because they want to'.

Regional Lions Leadership Institute

You are encouraged to consider leadership training through the Regional Lions Leadership Institute (RLLI). It will be held in Keene. See application in this newsletter.



Bob Bedrosian, Cabinet Secretary

Please make sure your club is reporting your service, sharing your successes and updating your membership monthly. Around the world Lions are doing amazing service projects. As we all report our service, it creates an inspiring story of giving back. Club Presidents, Secretaries, and Administrators have access to report. Be proud of the work your club does and report it in the Lions Portal. If your club is unable to report, please ask your Zone Chair for help.

Our Midwinter State Convention will take place Jan 24th- 26th in Concord, NH. All Lions are welcome. Registration information is further in this newsletter. I hope to see many of you there.

Both LCI and District dues bills will be sent out in early January. Please be prompt with your payments.

DG Peter's next Cabinet Meeting will be March 2nd at the Pembroke Pines Country Club. Registration includes a breakfast buffet. Registration information and form is included in this newsletter; the deadline is February 21st. If you or your club would like to donate a raffle basket, thank you and please let me Mary Ellen Pate know (meln71@msn.com). We have been moving toward being totally paperless at our meetings. We will continue to have all reportsagendas, minutes, financials, etc. available by QR code at the meetings. Whereby, the reports will be available on your mobile phones. We ask that clubs and committees no longer bring flyers advertising upcoming events. Rather, please send them to me for inclusion in the QR code (bbedrosian@comcast.net). Further instructions will be forthcoming as we draw closer to the Cabinet Meeting.

Plan for success, and take a look at the application for the Club Excellence Award. Your club still has time to work towards the components for this award: Membership, Service, Leadership & Organizational Excellence, and Marketing. The 2024-2025 application form is included in this newsletter or available online. Please email applications to DG Peter by July 31st (plapointe.lions@gmail.com).



District 44H Cabinet Meeting Registration Form



March 2, 2025

Pembroke Pines Country Club, 45A Whittemore Rd, Pembroke, NH

All Lions are welcome to attend to learn more about District 44H. Casual dress.

8:30 Registration; 9:00 Meeting Begins; 9:15 Break for Breakfast; Meeting after Breakfast; Noon expected adjournment.

Breakfast Buffet. Cost per person: \$25

Please consider donating a gift basket for raffle at the meeting. Contact Mary Ellen Pate at mein71@msn.com with questions.



Club:
Name(s) registering:
Number registering X \$25 per person = \$ (amount of check)
Please make check payable to "Lions District 44H"
Registration & Payment due by February 21, 2025.
Mail registration form and payment to
Bob Bedrosian, 35 Glastombury Drive Sandown NH 03873
e-mail: bbedrosian@comcast.net cell: 603-560-3867

Gail Dacey, Global Membership Leader (GMT)

Happy New Year. I hope you had a restful holiday and are ready for the second half of our Lions Year. Our membership has increased but we still have a long way to go. There will be a recruitment workshop held at the Danville Community Center on January 18th from 9-12. There are only 24 slots so if you are interested email me at grd514@aol.com to reserve a slot. Remember if you have new members give them an orientation, put them to work, and mentor them. We want our members to be happy, feel useful and appreciated. The more members you have the lighter the workload. Looking forward to seeing everyone at the cabinet meeting. I will have supplies if you need them.

Linda Hedrick, Global Service Team (GST)

Greetings!

I hope everyone had a wonderful Christmas, and I wish you all a year of health, happiness and service!

Now that the holidays are over, how about starting the year with a new service project. Socks of Love! It can be as big or little project that your club can do. Let's try and fill those socks with items such as tissues, chap sticks, nail clippers, just to name a few. You can put anything you want in them. Make it a Valentine theme. Maybe hand them out at the senior citizens center in your community.

Have you been able to donate any cuddly bears? There are so many places that would love to have some to put a big smile on someone's face.

What other projects are you planning on? I would love to hear from you.

Please don't forget to log into the portal to add your projects, and if you're stuck please reach out to me. I will also visit your club to help show you. As the they, "just ask"!

Are you planning on going to the recruitment training on January 18th at the Danville community center? I hope you are because I would love to see you there!



GST Linda Hedrick and DG Peter LaPointe met with Ariana Lacombe, a representative from the Cystic Fibrosis Foundation, to deliver the donation from the Christmas Quilt raffle.

PCC Scott Wilson, 44H LCIF Coordinator

A New Year of Opportunity

The first half of the Lionistic Year is now in our rearview mirror.

Lions of our district have donated over \$69,000 in support of communities in our district and in support of communities around the world. This is a precious gift to people in their time of need and sometimes in their time of distress.



With every act of kindness, we support what it means to be a Lion. We reinforce the basic human desire to help each other, and these acts of service are "a gift that keeps on giving". The people we support, not only appreciate our support in the moment, some of these people become Lions and in turn, they support the next generation of people in their time of need and so on. Our actions and our money help improve people lives. This is a most profound gift. Put donations to LCIF in your club's annual budget. A donation in the summer/fall and a donation in the winter/spring helps to ensure LCIF has the resources to help throughout the year.

Locally, Regionally, Nationally and Internationally – Lions Serve!

Please call me to schedule a visit to your club in the coming months. I can be reached at 603 770-3700, and by email at scottwils@comcast.net.

Thank you for making LCIF part of your life.



PDG Al Goldstein, MD44 LCIF Coordinator

District and Club Community Impact Grants

Through the District & Club Community Impact Grants program, 15 percent of unrestricted contributions to LCIF are transformed into grants that fund local projects on a club and/or district level.

Donations may be made throughout the year, and grants can be applied for in the following Lions year. The District & Club



Community Impact Grant requires a \$5,000 minimum donation for clubs and a \$10,000 minimum donation for districts. The minimum donation must be achieved within the fiscal year (i.e. July 1 – June 30).

So many of our clubs have money put aside for this program. Reach out to me or your District Coordinator to see where you stand. This is a great opportunity for you to do something special.

Michelle Ackroyd, Childhood Cancer Chair

Ewing Sarcoma is an aggressive bone cancer affecting kids & young adults The treatment for Ewing Sarcoma hasn't changed in nearly 40 years. It includes the most toxic chemotherapy



drugs on the market. Despite the aggressive treatment, the prognosis for Ewing Sarcoma is unacceptable. Advances in cancer treatment are not trickling down to kids. Take a look at <u>LittleWarrior.org</u> to learn more about how they are working to fund projects and research that have a high potential for saving kids' lives.



PCC Robert Gustafson, Diabetes Chair

As we know, Diabetes is a chronic, metabolic disease that occurs when the body has trouble regulating blood sugar levels. The disease can have detrimental effects on many of the systems in the body including the heart, kidneys, eyes and nerves. The Lions have identified Diabetes as a major issue for us to address. Unfortunately, we also know Diabetes is becoming an epidemic.

So, what are the Symptoms of Diabetes? Note that Diabetes symptoms vary depending on the type of diabetes. Most people have Type 2 diabetes where symptoms can develop over years, and some people may not experience any symptoms. The following are the symptoms of type 2 diabetes:

- Frequent urination, especially at night
- Excessive thirst
- Fatigue
- Weight loss and loss of muscle bulk
- Slow to heal cuts or ulcers
- Frequent vaginal or penile thrush
- Blurred vision

Other symptoms of diabetes include:

- Nausea, vomiting, or stomach pains
- Unexplained weight loss
- Numbness or tingling in your hands or feet
- Slow-healing sores or cuts
- Frequent skin and/or vaginal yeast infections

Diabetes can increase the risk of heart and blood vessel disease, stroke, kidney failure, and permanent vision loss.

If you have any of the above Symptoms, please see your Doctor and get checked out. It can save your life.

Mario Izzo, Hunger Chair

Is There a Global Food Shortage? What's Causing Hunger, Famine and Rising Food Costs Around the World.

Conflict, economic shocks, climate change and soaring prices for food and fertilizer are all combining in a perfect storm to create a hunger crisis of unprecedented proportions. Right now, in some of the hungriest places around the world, there just isn't enough food to feed the population. Does that mean there is a global food shortage? And if so, is there anything we can do to stop it?

What Are Food Shortages?

First, let's take a look at what food shortages are. A food shortage happens when an area, country or region does not have enough food – or enough *nutritious* food – for its population. Typically, a food shortage happens because of production issues where not enough food is grown or imported to meet a population's energy and nutrient requirements. Food shortages can also spread **locally**: When political insecurity grows or frequent climate-related disasters hit, food can become scarce in multiple areas of a country or region. But there is no food shortage happening **globally**. Food shortages can be chronic or acute. An acute food shortage is one that occurs suddenly, while chronic shortages go on month after month or year after year. Extreme climate or price shocks usually trigger acute shortages, while chronic shortages tend to happen in more low-income and/or war-torn countries where systems have broken down.



Jeri Maynard, Environment Chair

HAPPY GREEN NEW YEAR!

It's 2025!! January 1st is here and now is the time to leave old habits behind and embrace new and more substantiable ones. (Remember the term "Zero Waste")?

So, this year, let us look at making a resolution that may seem insignificant but, eventually, could be beneficial to you, your family and the environment.

Resolution: On day one of each month, I promise to either "give-up" and/or "swap" one wasteful product leading to at least 12 "zero waste" actions for 2025.

By <u>"giving up"</u>, I will stop buying a wasteful product to save money and save the planet. Do we really need dryer sheets, fabric softeners, saran wrap or zip lock bags? Check the studies on these products...

By <u>"swapping"</u>, I will replace some needed wasteful items with zero waste alternatives: Example: swap plastic water bottles for reusable bottles/containers, cloth items for paper napkins/paper towels and eco-friendly laundry detergent sheets for those heavy plastic laundry containers.

Remember - keep track of the money you would have spent if you had not decided to do so...you will be surprised!

Over the past year, we have talked about "Zero Waste", especially at the club level. Many clubs have jumped on board and now insist members bring reuseable water bottles to their meetings. At food functions, where ever possible, compostable dinnerware is being used along with available compost buckets for left-over food waste. The reduction of paper usage has been evident at both 44H and 44N District Meetings-setting a great example for all Lions in attendance. Hopefully, more clubs will climb onto the "Zero Waste" band wagon.

Finally, please keep these terms in mind: "Reduce, Reuse, Repair, Recycle" and even the newest- "Precycling" (not buying a product) and "Upcycling" (turning product into a different sustainable item).

*Check out the Green team's flyer further into this newsletter- you'll see those "R's" in action *

Just one little change each month can make a big difference this year.



Steve Middlemiss, International Director



From International Director Steve Middlemiss



As we enter the second half of this Lions year, we are in need of all Lions to double their efforts to bring new members to their clubs. Look for areas in your District and Multiple Districts that are not supported by a Lions club and help your District's effort to start one there. The membership in Constitutional Area 1 (The United States) continues to shrink as the needs of our communities continues to grow. As we look at our own communities imagine what it would look like if your Lions Club was no longer there to provide the services we do. Who else would step in and collect food for the food pantry, screen the vision of our school children, hold Diabetes clinics etc. We make an Impact in our communities and to continue to do so we need to attract new members. We need to grow to maintain our Legacy of Service. Have you brought in a new member this year?

PDGSs The International Directors were asked to reach out to the PDG's of all Districts Worldwide to encourage them to continue their support of their clubs and Districts. The first phase has been completed by sharing the link to 4 videos provided by International and reaching out via zoom meetings. During the Zoom we were able to discuss the areas where you as a PDG can use your experience and knowledge to help your Club and District leaders reach their goals. I hope you were able to view the videos. If not, I have provided the link here. PDG Webpage

Let's continue to work together as we Make our Mark on the World.

LeeAnn and I hope each of you had a very Safe and Happy Holiday Season sharing the time with family and friends. We continue to look forward to serving the Lions of the World as we all work toward "Making Our Mark".

Yours in Lionism, ID Steve & Lion LeeAnn, pccmiddlemiss@gmail.com

District Org Happenings

Camp Pride



LIONS CAMP PRIDE CONNECTION



January 2025

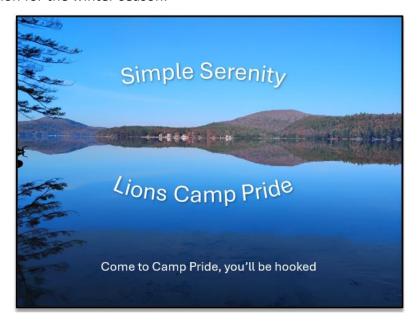
First and foremost, your Lions Camp Pride Board want to thank you for your continued support of our Camp and wish you all a happy and safe Holiday season and a prosperous 2025.

What's happening:

- Pickleball play continues to help the bottom line.
- Volunteers have shut down construction for the winter season.

One of the Board's biggest concerns is the continued increase in our camp's electrical bills.

We are in the process of looking at putting solar panels on the roof of the new Rec. center. As some of you might remember, when the rec. center was constructed, it was placed in such a way as to take full advantage of a possible solar installation. A study has already been completed and there is enough roof available to pay for our entire annual electrical cost if we decide to move forward with this installation. The cost would be about \$92,000, and with some Federal help available that cost could be reduced by as much as \$30,000. Feel free to



reach out to me or any of the Board members with your comments.

Stay warm!

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time you can keep your Club informed.

Please visit https://www.lionscamppride.org/ for information on the following:

Choose "Support Us/Fundraisers"

- 1. Commemorative Bricks
- 2. TD Bank Affinity Program
- 3. Calendar raffle
- 4. Northwood Ice Racing
- 5. Latest Camp news and pictures.

Lenny Hall LAH03811@Gmail.com 978-360-0958

Multiple District Happenings

MidWinter State Convention: Last Call to Register Last Call! Make sure you do two things to register for the state MidWinter Convention:

- 1. Send in your registration form. Form is on the next page.
- 2. Reserve your hotel room before January 3rd to get the Lions discounted rate. The link to make a reservation is on the registration form on the next page.

MidWinter Convention will take place January 24-26th. We hope to see you at the Courtyard Marriott and Grappone Conference Center in Concord for this celebration of Lions in New Hampshire. The Registration form is on the following page, and includes a link to reserve your hotel room at the discounted rate. Discount available until Jan 3rd.



We will have a service project Friday evening after dinner, the Council meeting Saturday morning (open to all), an ID townhall meeting Saturday afternoon where you can meet and have a conversation with the visiting ID Bert Nelson, and a banquet Saturday evening. The Hospitality Suite will be open on and off during the weekend – it's a great place to mingle and meet the 44H candidate for Second Vice District Governor – Kimberlee Fournier.

An overview of the convention schedule is below. We hope to see many Lions in January.

Friday	Function	Location
3:00pm	Hotel check-in	Marriott Registration Desk
3:00-5:00pm	Convention check-in	Marriott Lobby
3:00-5:00pm	Hospitality Suite open	Marriott 3 rd floor suite
5:30-6:30	Cocktail time; cash bar	Marriott Constitution Rm
6:30pm	Dinner & Raffle baskets	Grappone Salon AB
7:30pm	Service Project	Grappone Salon AB
9:00-11:00pm	Hospitality Suite open	Marriott 3 rd floor suite
Saturday	Function	Location
8:00-9:00am	Convention check-in	Grappone Hallway
9:00am-noon	Meeting & 50/50	Grappone Salon C
Lunch	On Your Own	
2:30-3:30pm	ID Town Hall Meeting	Marriott Constitution Rm
3:30-5:00pm	Hospitality Suite open	Marriott 3 rd floor suite
5:30-6:30pm	Cocktail time; cash bar	Marriott Constitution Rm
6:30-9:00pm	Banquet & 1 Raffle Basket	Grappone Salon AB
9:00-11:00pm	Hospitality Suite open	Marriott 3 rd floor suite

MidWinter Convention Registration Form



MD44 MidWinter Convention

Courtyard Marriott & Grappone Conference Center 70 Constitution Ave, Concord, NH January 24 & 25, 2025. Check-out on the 26th Registration deadline is January 3, 2025.



Room Reservation: Use this link before January 3rd for a Lions discounted room reservation including breakfast at the in-house Starbucks Bistro; \$119 per night plus tax. Or call the Courtyard Marriott at 603-225-0303. Discounted rooms available when reserved before January 3rd – don't delay.

Convention & Meal Reservation:

Name	Club	
Name	Club	
Provide 1 contact email:		
Meal & Convention Registration (pick one)	#People	Total
Fri buffet dinner & Sat meeting (\$49pp); see details below.		\$
Sat meeting & Sat plated dinner (\$49pp). Choose one dinner option per person; see details below. Options: A (chicken), B (haddock), C (vegetarian)	A: # people B: # people C: # people	\$
Fri buffet & Sat plated dinner & Sat meeting (\$98pp). Choose one dinner option per person for Sat dinner; see details below. Options: A (chicken), B (haddock), C (vegetarian)	A: # people B: # people C: # people	\$
Sat meeting ONLY (\$5pp)		\$
Total Amount Due		\$
Any special dietary needs/allergies?	ADA4 a/a Linda Qual	nos 16 Woodsvost
Please send this registration form plus your check before January 3 rd to Lions I Dr, Nashua, NH 03062. Call Linda if you have questions; 508-380-4098.	vid44, c/o Linda Quei	dec, 16 Woodcrest

Friday buffet dinner includes roast sirloin of beef with cabernet demi-glace, roast pork loin with brandied peach chutney, various side dishes, and chef's mini dessert selection.

Saturday Banquet is semi-formal attire. Choose one meal option, and include it in your registration form above. All meals include salad and vegetable.

- Option A: Baked stuffed chicken breast with potato sage filling, pan gravy, with sweet potato puree
- **Option B**: New England Baked Haddock with shrimp and butter crumb topping, lemon butter, with roasted rosemary baby red potatoes
- **Option C:** Vegetarian curry spiced roasted eggplant with cauliflower, red pepper, chickpeas, tikka masala sauce, with yellow saffron rice

Service Project: Lions Youth Services will be running a Service Project on Friday from 7:30 to 8:30pm.

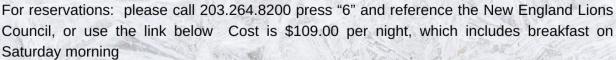
Townhall: Also, join us for a townhall style interaction with visiting ID Bert Nelson on Saturday at 2:30. **Raffle baskets welcome**. Please do not bring club banners.



"Serving the Needs of the Districts of New England"

2024-2025 Winter Weekend JANUARY 3-4, 2025 (FRI/SAT) GAT Theme: Service

HERITAGE HOTEL GOLF, SPA & CONFERENCE CENTER 522 HERITAGE RD., SOUTHBURY, CT 06488



HTTPS://WWW.BESTWESTERN.COM/EN_US/BOOK/HOTEL-ROOMS.07029.HTML?GROUPID=U76DY501

Friday Evening 6-10 p.m.

Fellowship, drinks and a meal at the TAVERN at Heritage Hotel, reservations are strongly recommended

Saturday * AM Seminars * Luncheon
Business Meeting and Governors' Reports

SATURDAY LUNCHEON

Saturday Noon Luncheon: Heritage Mixed Greens Salad, Balsamic Vinaigrette, Penne ala Vodka, Chicken Piccata, Sliced Top Sirloin, Fresh Seasonal Vegetable, Cookies & Brownies

Lunch at \$38.00 per person, Breakfast on Saturday morning \$17.50 per person (for those coming in on Saturday that are not staying overnight)

Lunch \$38.00 X	1 1 2 3 1 2 3 3	188	
Breakfast \$17.50 X			STATE OF STA
Lunch/Breakfast	Total \$		
Name(s):	and the state of t		
	Dist/MD Position:	Club Position:	
Contact Info: Phone			
You can use the QR	Code to register for this N	NELC Winter Weekend	19 30 6 18
Make check payable	to: NELC or use the Venr	mo link	Kathleen Dorman
Mail check/form to:	PDG Kathy Dorman, Treas	surer, P.O. Box 91,	@Kathleen-Cannon-30
New Haven, VT 0547;	2	to the second	
Email: vtlionkathy@			Venmo

Event Registration Deadline: December 27, 2024

Questions or Special Dietary needs to: PDG Melissa A. Smith, 203-430-9356, lionlissa@yahoo.com



MD-44 3rd Regional Lions Leadership Institute

When: March 21-22, 2025.

Where: Hampton Inn – 126 Key Rd., Keene, NH.

Why: To stimulate and grow Leaders and Leadership Opportunities at the Club, District,

Multiple District Levels and beyond.

Attendees: All LIONS in good standing who have not yet reached the position of 2nd Vice District

Governor. Only twenty-five slots available so apply early! Please forward a completed application, no later than Jan 31, 2025, to your District Governor via Club President.

Cost of the Institute:

Multiple District 44 will provide meals according to the schedule of the institute. Double Occupancy Hotel rooms are included in the cost of the Institute. Hotel stay is required. By attendees. Single Room occupancy is available @\$129.00 plus taxes and Same rate will apply for Thursday or Saturday Night if desired.

Please note the cost for participation in this training event is \$125.00.

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 2-day intensive training program. Applicants must be willing to commit to attending both days of the Institute, including mandatory classroom sessions and scheduled group mealtimes.

Note: Acceptance to the Institute is not guaranteed. Limited to twenty-five.

Expectations of RLLI Graduates:

- Pursue additional leadership roles and responsibilities in their respective zones and Districts.
- Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones, and Districts.

Regional Lions Leadership Institute Curriculum:

- List of Training Topics: Lion Fundamentals, Working in Teams, Diversity.
- Local issues and Opportunities, Public Speaking, Time Management.
- Personal Mission Statement, Member Motivation, Goal Setting.
- Join the Mission.

For further information please contact your District Governor or Event Coordinators Kamal Masand or Randy Tompkins (kmasand01@qmail.com or rye642@comcast.net).



MD 44 Regional Lions Leadership Institute Hampton Inn,126 Key Road, Keene, NH Friday thru Saturday March 21 to 22, 2025

Part 1: Applicant Information

••
* PLEASE PRINT - Required information for all institute correspondence
District Number:Membership Number:
First/Given Name: Last/Family Name: Email*: State Gender: Male Female
Month and Year Joined Lions Clubs: Club Number: Name :
Current Lions Title: Highest position held in Lions Clubs:
I confirm that I am capable of understanding and actively participating through reading, writing, and fluent speaking skills in English
Lions Leadership Institutes Previously Attended (Locations & Dates):
Check for \$125.00, Made out to Multiple District of NH 44.
Part 2: Experience and Skills, Please type or print using additional sheets as needed.
1. Offices held within current Lions Club:
Part 3: Acknowledgements I understand that MD44 is not responsible for personal costs, including but not limited to, those associated with the following: illness, unanticipated or other personal events, lost or stolen property. I understand that I am expected to attend all classroom sessions and group meals and activities.
Part 4 Endorsement The applicant's District Governor or Global Leadership Team (GLT) District Coordinator must complete this section. In what ways will this applicant benefit from attending the Regional Lions Leadership Institute?
Applicant :Title:Email: DG or GLT: Date:
DG= Please Mail the application with checks to Council Chair Kamal Masand or PDG Randy Tompkins





4 TRAINING SESSIONS

Club President
Club Secretary
Club Treasurer
Club Membership Chair
8:00 to 8:30 Registration
8:30 to 8:45 Introductions
9:00-1:00 Training

Training conducted at:

NH Police Standards and Training Academy
17 Institute Dr. Concord NH

Registration Forms will be Forthcoming

For additional information, Please contact

Dean Toni Olden, PDG

Assistant Dean Bill Rathbun, PCC

Chairperson, NHLPPDGA Training Committee

Registrar

(603) 677-2431,

toniolden@gmail.com

(603) 707-6209, pdgbill33Y@yahoo.com

Club Excellence Award Application

(application also available online; click here)

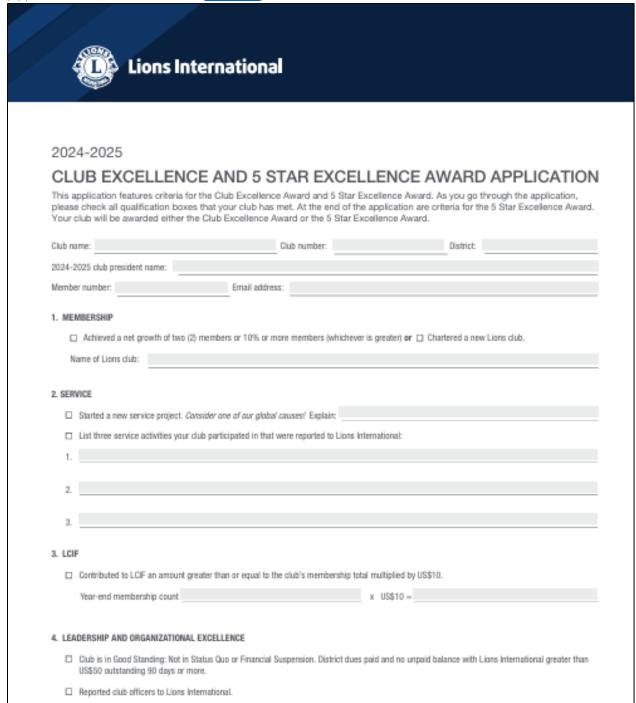
Key officers participate in club officer training.

☐ Multiple district

□ International

□ Webinars

☐ Lions Learning Center



5. MARKETING				
□ The club has publicized its service activities through local media or social media.				
Provide a link to where they were publicized:				
Learn more about promoting your club and activities, and learn about the Marketing Award.				
DOES YOUR CLUB QUALIFY FOR THE 5 S	TAR EXCELLENCE AWARD?			
☐ Achieved the Club Excellence Award.				
☐ Membership increase of 20% (minimum of five (5) members for small clubs).				
☐ Minimum donations of US\$20 per member or US\$1,000 (whichever is less).				
☐ Annual service and membership report submitted.				
2024-2025 district governor signature*:		District:		
District governor member number:		Date:		
"If sent from district governor's registered	email, it qualifies as signature on applications	submitted electronically:		
Due by: August 31, 2025				
Send to: clubescellenceaward@lionsclube Awards mailed to: 2025-2026 district go	s.org vernors			
		shard of Linne International Meadouarters with	hin 12 months ofter	
Request to review award eligibility from a disqualified club will be considered only if received at Lions International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.				



Lions International

District and Clubs Administration Lions International 300 W. 22nd St. Oak Brook IL 60523-8842 USA www.lionsclubs.org

DA-CEA 4/2024 EN



Health Services of NH

is looking for Board Members

Are you interested in the OKS vision screening program?

Are you interested in helping to initiate a new hearing program?

Maybe interested in the Diabetes program?

If you are interested in joining our team,

Please contact HSNH Chair Tom Reynolds E-mail tcreynoldsjr@comcast.net



Lions Youth Services



Lions Youth Services

Grant Applications

One Grant application was reviewed and approved for the Salem Lions during the December 12th meeting at the Airport Diner in Manchester. This makes a total of 16 grants approved thus far for the 2024-2025 Lions Year. Approximately, 6,093 + youth have been impacted with these grants. If you have a project or a program your club needs assistance in supporting, please fill out an application and email it to Lenny Hall at lah03811@gmail.com or mail directly to PO Box 156, Atkinson, NH 03811. All applications upon receipt will be reviewed at the following meeting. Meetings are held on the 2nd Thursday of each month year round.

Terri Lvnn Fundraiser

Thinking of attending the Mid-Winter Convention. why not fill a Raffle Basket filled with premium nuts, decadent confections, savory snacks and tempting mixes or place an order for a February Valentine.



See the flyer in this issue of the newsletter.



Blessing Bags for the Homeless

Friday evening (time to be announced) there will be a time to pack bags to help out with some needed items for the homeless. The following will be packed into clean empty eyeglass cases and then placed into storage bags to be distributed: Inside Eyeglass Case: Band-Aids, Screen Cloth, Purely Packet, Cough Drops, Nail Clippers, Ibuprofen, Lip Balm Inside Ziplock Freezer Bags: Filled Eyeglass Case, Comb, Large Body Wipe Tissues, Toothbrush/Paste Kit, Cup of Soup Packet), Cheese Crackers, Socks, \$10 Gift card (Dunkin Donuts, McDonald's, Cumberland Farms, Wendy's, etc.



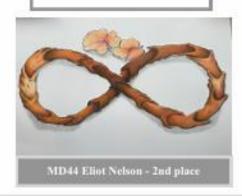
Peace Poster Contest 2024 - 2025

"Peace Without Limits"

Shortly after the December issue of the newsletter was published, the winning posters from the two districts were chosen. 1st place winner from District 44H, sponsored by the Nashua Lions, is Ava Durden. After judging took place between the 2 districts, Ava's poster was chosen as the MD44 1st place winner. Ava's poster from last year 2023-2024 also won her the MD44 1st placement as well as a LCI Merit Award. The 1st place winner from District 44N, sponsored by the Pinardville Lions, is Eliot Nelson. Eliot is the 2nd place MD44 winner. Both posters will be displayed along with other participants of the contest at the Mid-Winter Convention January 24-26. On Saturday, January 25, 2025, there will be an award presentation for both winners. Congratulations Ava and Eliot!



MD44 Ava Durden - 1st place





Calendar March 2025 Raffle Tickets

Now available: \$5.00 each or 5 for \$20.00 Drawing to be held April 11, 2025

Tickets will be available to purchase during the Mid-Winter Convention. A proposal by a 44N member was made to 44H-there is a competition to see how many tickets can be sold by each district!

Here is a breakdown of each day:

March 1 - \$200

March 2 - \$125 value for 2 tickets to

Seacoast Repertory Theater

March 3 - \$100

March 4 - 1/2 Gal Maple Syrup

March 5 - \$100 Health Closet

March 6 - \$50

March 7 - \$100 NE Professional Services

March 8 - \$50

March 9 - \$100

March 10 - \$100

March 11 - \$50

March 12 - Child Adirondak Chair

March 13 - \$100

March 14 - \$50

March 15 - \$50 March 16 - \$50

March 17 - \$200

March 18 - \$50

March 19 - \$100

March 20 - \$50

March 21 - \$100

March 22 - \$100

March 23 - \$50

March 24 - \$100

March 25 - \$50

March 26 - \$100

March 27 - \$50

March 28 - \$100

March 29 - \$50

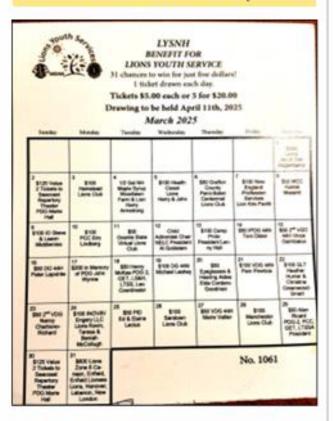
March 30 - \$125 value for 2 tickets to

Seacoast Repertory Theater

March 31 - \$600

~ Over \$3,000 in Prizes ~

31 Chances to WIN for just Five Dollars! One Ticket drawn Each Day.



Next Scheduled Meeting

Our next scheduled meeting is Thursday, January 9, 2025 at 6:30 pm at the Airport Diner in Manchester! We Welcome You to Join Us!





Studio Two A Beatles Tribute Band In Concert





April 4, 2025

Friday, 7:30 pm (Doors open at 6:30: Show starts at 7:30) Austin 17 House 263 RT. 125 Brentwood NH

Ticket: \$30.00

(Tables of 8 are available for this 2 hour show Light refreshments and beverages will be available)

to support



A Youth and Family Community Center Sponsored by Lions Youth Services

Contact Mary Ellen Pate: meln71@msn.com or Text at 603-475-9985



LIONS YOUTH SERVICES PO Box 156 Atkinson, NH 03811

Email: lah03811@gmail.com

	~ GRANT APPLICATION ~	Amount requested
Requesting Club:		
		ab Phone:
		Club Email:
Briefly describe the project and ho	ow it will benefit the Youth in New Har	mpshire: (continue on back if needed)
		_
# of Youth Benefitting:		
Project Budget:	Requested Amo	unt:
Project Start Date:	Project En	nd Date
Requesting Club President's Signature:		

Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. If possible, we encourage all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H
- 2) The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July-June)
- Each application must be for a unique project Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 5) Grant Applications <u>MUST</u> be received by the last day of the month *prior* to the start of the project, otherwise the request may not be considered.

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the Youth of our state; not to replace your club's support.

Grant Application rev 10.2024



LionsUSA New Club Development Workshops



Calling All LionsUSA Membership Volunteers: Join Us for New Club Development Workshops!

Dear Lions Membership Volunteer, you are receiving this email because you signed up to be apart of helping LionsUSA grow our membership which in turn grows our service in our communities.

I hope this message finds you well and energized as we work together to strengthen the Lions Clubs in CA1 and your district. As part of our Mission 1.5 initiative, we're excited to announce New Club Development Workshops coming to your district via zoom. These workshops are crucial to helping us achieve our goal of chartering vibrant, impactful new clubs—and we need your support!

Workshop Dates and Times

Below are the dates and times for the three Zoom sessions:

Tuesdays

<u>GAT Area F – MD16, MD20, MD22, MD23, MD33, MD44, D41, D42, D45</u>

Session 1 - 1/14; Session 2 - 1/28; Session 3 - 2/11

How You Can Help

Your participation is vital to the success of this initiative. Here's how you can get involved:

- 1. Attend the Workshops for your District: Choose your sessions above where your district is and join us on Zoom to learn strategies and best practices for starting new clubs.
- 2. Connect with Your Leaders: Reach out to your GAT Leader, Council Chair, or District Governor to collaborate and ensure alignment with district goals. THEY WILL GIVE YOU THE CONNECTION/REGISTRATION INFORMATION FOR THE WORKSHOPS
- 3. Be Part of the Solution: Help identify opportunities in your district to start new clubs and make a lasting impact on your communities. We can use multiple extension teams in every district

Together, we can reach our Mission 1.5 goals and grow the reach of Lions Clubs International. Let's bring new energy and new members into our organization, ensuring we continue to serve where we're needed most.

REGISTER Now!

To register for one of the Zoom sessions, please contact your GAT leader, CC or DG, they will send you your registration link!! Thank you for your dedication and commitment to the success of our mission. Together, we serve better!

Make a great day!!

Lion Brian Sheehan
22-23 Lions International President

Has Your Club Donated Hugs & Cuddles Bears Yet?

It's easy to do, and makes a difference to the people who receive bears for comfort. Look at the info below to see the simple steps to spread kindness through the Hugs & Cuddles bears project.

Spread Kindness

Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money

If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
 - Provide project success details to district Childhood Cancer Chair

Club Happenings

Atkinson

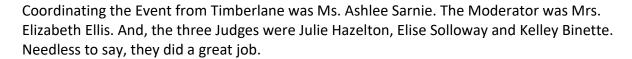
Happy Holidays from Atkinson. As we near the closing of the year, with a hopeful wish for all in the new year, Lions everywhere should celebrate the blessings and abilities we have to help others. We, in Atkinson, as well as all over the world, have been busy doing what we can to help those in our community. This month, we are sharing a few pictures of some of the support we have given.

In December, Timberlane Regional Middle School held their 40th annual Spelling Bee. Twelve students participated in the final Middle School Event sponsored by the Atkinson Lions. It was an exciting event that lasted 5 rounds with 6th grader Bria Baumann spelling "Inferno" correctly to become the winner.

Bria will compete in the New Hampshire State Spelling Bee in Concord in early 2025. Placing second was 7th grader Lukas Sczcapa. Third place went to 8th grader Tayla Lopes. Each of these contestants received a beautiful trophy for their accomplishment.

Other finalists were Alexander Farnell,

Chelsea Murray, Lea Ricketts, Anna Newman, Mia Luliucci, Henry Carrell, Aaron Demers, Wyatt Sullivan and Reece Stewart. They each received a plaque for their accomplishment.



Pictured from left to right are Atkinson Lion Dennis Stasio, 2nd place finisher, 7th Grader Lukas Sczcapa, Atkinson Lion Coordinator Dick Magoon, 1st place finisher, 6th grader Bria Baumann, PCC Atkinson Lion Robert Gustafson and 3rd place finisher, 8th grader Tayla Lopes. The Lions provided the trophies and plaques. Best of luck to Bria as she advances in the Spelling Bee competition!



Chester

The Chester Lions Club donated Christmas gifts for 3 children of the Chester Food Pantry along with fresh vegetables for the Christmas baskets to pantry director Cindy McLaughlin.

The Chester Lions Club held their annual December meeting with a visit from DG Peter LaPointe, a catered dinner and a Yankee Swap. Other guests included CS Bob Bedrosian & Zone 2 Chair Krissy McKeeman. Colleen Towle received a Milestone Chevron Award from International President Fabricio Oliveira for 25 years of service as a Lion.

















Dover, Rollinsford, South Berwick

The Dover, Rollinsford and South Berwick (DRSB) Lions Club was pleased to accept a \$1000 check from the *Richard Goulet Foundation* at their recent Business Open House. The check was presented by Representative Kathy Gordon.

The golf tournament was held at the Links at Outlook Golf Course, in honor of Richard Goulet of South Berwick, Maine, who passed away on May 24, 2021. Richard was District Governor of Lions District 44H New Hampshire and was the recipient of numerous humanitarian and leadership awards.

The award was accepted by Richard's niece, Jennifer Laurent, who is the current club President. "Uncle Richard is the reason I became involved with the Lions. I wanted to help resurrect the



club and continue his legacy. He was completely dedicated to the mission of the Lions and motivated me to become involved in the community in the same way that he always was. He was an inspiration."

The funds will be used to further the mission of the Lions, which is the largest service organization in the world.

Salem

It's beginning to look ALOT like Christmas in Salem!! We have been busy with our tree lighting and parade events. We have also donated to Holiday Happenings who are making 1500 meals for the needy in town. Merry Christmas and Happy New Year everyone!



Hudson



Hudson Lions Club Endorsement

The Hudson Lions Club is proud to endorse
Club President Kimberlee Fournier
for the office of
2nd Vice District Governor 2025-2026





On November 29th, following the tree lighting ceremony at the town common, the Hudson Fire Department escorted Santa to the Hudson Community Center. Families were warmly received by members of the Hudson Lions Club, and children were presented with a bag of treats. Appreciation is extended to volunteers from town-wide organizations for providing complimentary activities for the children. Families took photos with Santa, creating lasting memories. Gratitude is expressed to Lion Jeri Maynard, chair of the event, along with members of the Hudson Lions Club. A donation box of warm hats and mittens was filled.

Meredith

The Lions Club continues its rich tradition of service and camaraderie, celebrating over 40 years of community engagement at the annual Zone Thanksgiving party with a meal made by Hart's Turkey Farm Restaurant. This year's event was held at the Meredith Community Center, where nearly 40 Lions from five clubs gathered to induct three new members and give back to the community.

The ceremony, officiated by District 44-H First Vice District Governor Marie Valliere, welcomed Helen Altavesta, Sherie D'Onofrio, and Jeff Hubbell as the newest Lions members. Their induction marks a commitment to making a difference through service.

In the spirit of giving, attendees brought non-perishable food items as a part of their admission, contributing to the local food bank. Additionally, three turkeys generously donated by Heath's in Center Harbor were raffled, with all proceeds benefiting the pantry. This tradition not only fosters fellowship but also ensures that those in need have food on their tables.

"Sharing a meal together while helping others is at the heart of what being a Lion is about," said Lion Marie Valliere. "Service can be warm, rewarding, and even fun!" The event also featured games and delicious food, creating an atmosphere of joy and unity while emphasizing the Lions' mission of serving their community.

Pictured: Lion Sherie D'Onofrio, Secretary Margaret Maney, Service Chair Judy Cerrito, Lion Jeff Hubbell, President Phil Girard, Lion Helen Altavesta and Membership Chair Marie R Valliere



Moultonborough

Thanksgiving donations: we matched the amount of money raised by the Moultonborough School District staff (\$1,100) to purchase grocery gift cards for families in need this Thanksgiving and also contributed \$500 to the Breaking Bread Food Pantry for food boxes and grocery gift cards for over 70 families. In addition to the donation, two of our members (Bob and Sally) helped pack the food boxes.

Christmas Cards to nursing homes: At the beginning of December, we brought 285 personally written Christmas cards (some of which were made by Lion Joanne Vidal to three nursing homes: Golden View, Mountain View, and Forest View.

Christmas Donations: We continue to contribute money during the holiday season to the four towns we service: Moultonborough – the Santa Fund; Tuftonboro –the Christmas Fund; Sandwich – Inter-lakes Children's Christmas Fund; and Center Harbor – Heath Supermarket gift certificates for Thanksgiving and Christmas.







Nashua

In December we made several donations locally, including \$1000 to Nashua High School North's Meals Matters program, and \$1000 to Nashua High School South's Food Pantry program.



Check presentations were made by Club President Ed Lecius, Treasurer Dave Fredette, and Director Lou Marino.



Vision Screenings: OKS Chairperson Kevin Kelly was joined by Lions Louise Deschenes, Eileen Kelly, Stephanie Norris, and Mary Ann Melizzi-Golja. They provided vision screenings, and Mary Ann did a great job learning how to use the screener.





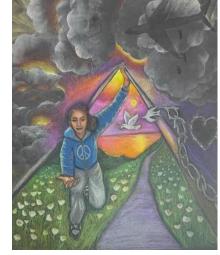


Donated Hats: Lion Louise Deschenes made hats and donated them on behalf of the Nashua Lions Club this time to Paisner Dental for their support of the United Way's Winter Coat Drive. Shown here accepting the hats is Dr Michael Paisner.



Breakfast with Santa: We had another successful year with the Breakfast with Santa French toast breakfast. Lions were cooking up breakfast, taking tickets, making coffee, cleaning tables, taking pictures, eating breakfast, sitting on Santa's lap, and having fun. It was a great event. Thank you to the Nashua Senior Activity Center for the use of their great space.

Peace Poster: Our club is proud to sponsor several entries for the Peace Poster Contest. The entry from Ava Durden was selected as the winning entry from 44H, and was also selected to represent all of NH in the international competition. Ava presented her entry at a club meeting and explained how her poster represented two realities in our world: chaos and peace. She drew herself reaching through the chaos to get to peace. Congratulations to Ava on this stunning artwork!



Windham

Windham Senior Center: Lions Renee Bailey and Diane Leone presented our annual Christmas donation of \$1,000 to Windham Senior Center President Barbara Coish and her members.

Eye Screening: We held 2 eye screenings at our Windham Academy Charter School. We screened over 90 children and had 9 referrals. Thank you, Lions Becky Brown, Renee Bailey, Glenn Jutras, Bobby Leone, Pattie Provenzano and a huge shout out to Lion Marilyn Vaccaro from the Hudson Lions Club for helping us out during the two days of screenings!

Socks of Love: We visited Pine Hill Assisted Living Facility, Grace House and Windham Terrace to deliver our Christmas Socks of Love to the residents. To see the smiles on the many faces of the residents was priceless. Unfortunately, we were not able to visit with the residents of Warde Senior Living due to COVID but dropped off their socks of love with the staff. We hope the residents of Warde Senior Living are recuperating.



Wolfeboro

Another Successful Year



The club has had a successful first half of the new fiscal year both in services and fundraising and was able to make over 15 significant donations to local and other families & organizations. To further highlight the success of our club, Marie Valliere, 1st Vice District Governor presented the Lions Club Excellence Award for 2024 to the club. Club President, Gina Lessard, received the award from Marie.

Also notable, was the presentation of a Progressive Granite State Fellow to John Adams. In addition to being a past president, John has chaired our annual golf tournament going on 20 years, chairs the Operation Kids Sight Program for the club including scheduling and conducting the screenings with his team and oversees our 501C3. A well-deserved recognition. Thank you, John.



Wolfeboro Lions Club Operation Kids Sight

The Wolfeboro Lions continued screening students, bringing our total so far this year to 1117 students screened and 104 referrals for further testing. More screenings are planned for the new year. In addition, the club has helped 7 families with eye exams and eyewear since the beginning of the fiscal year.

The Holidays Festival of Trees - The holidays are a busy time for the Wolfeboro Club, this month the club assisted the 25th Annual Festival of Trees with tree setups and on December 3rd and 8th with logistics for the festival gala. Of course, the club also had a tree at the festival, decorated to highlight the Wolfeboro Lions Club focus area of Vision, Diabetes, Environment, Youth, Hunger, and Childhood Cancer.

Poinsettia Sale - The club had another successful year with its Annual Poinsettia Sale, an event that has continued for more than 20 years. This fundraiser has grown through the years, and this year the holiday plants

could be ordered by mail, email, or using a newly added online purchasing feature. More than 300 plants were sold and delivered by Lions' volunteers to local families and businesses. Of note is that many of the plants purchased by local individuals and businesses were to be delivered to nursing homes, Huggins Hospital, and the Wolfeboro Library. Evidence of our caring and generous Wolfeboro community!

Holiday Food Drive – The club, in partnership with the Life Ministries Food Pantry, conducted a holiday food drive with locations at both Hunters and Harvest Market. Despite the cold and winds off the lake, the Lions were at both locations. More than \$1700 was collected from the community as well as over 100 food items. In keeping with our hunger focus the club also contributed an additional \$2000, bringing the total to over \$3700 for this holiday food drive.

Mission 1.5 Stayin' Alive Monthly Zoom Info



District 44H Challenge – GMT Christine Smart

Ends June 30, 2025

GOALS:

Sponsor at least ONE new member – Silver Star

Sponsor more than TWO members – Special dangler for silver star

Sponsor more than FIVE members - GOLD star

The Lions Club with the MOST new members by June 30, 2025 – will WIN a club roll out marketing banner!

Monthly Stayin Alive 1.5 Zoom meetings will be FIRST Wednesday of each month. https://us02web.zoom.us/j/88314436877?pwd=dqWPqi4iXZaBOYcWAznpALsHanNiVH.1

> Meeting ID: 883 1443 6877 Passcode: 866173



Join us for Fabric and Clothing Repair & Upcycling Event

Saturday, January 11th from 10:30am - 12:30pm at the **Hopkinton Library**

. Extend the life of your favorite clothes or make them into new items





BROUGHT TO YOU BY THE HOPKINTON LIONS CLUB AND THE NH LIONS GREEN TEAM







Contact Sarah at: NHLionsGreenTeam@gmail.com

Resources

Camp Pride

Second Weds of the month, 6:30pm Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm Meets via Zoom md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm meets via Zoom LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd m.ackroyd@comcast.net

Diabetes Chair:

PCC Robert Gustafson Robertgustafson11@gmail.com

Environment Chair:

Jeri Maynard lionjeri@comcast.net

Hunger Chair:

Mario Izzo Mbi1220@gmail.com

Lions Fellowship:

Nancy O'Dowd Lupesmom14@gmail.com

Peace Poster:

Available through LYS

District Photographer

PCC Deedee LaTulippe liondeedee@comcast.net

Newsletter Editor: Linda Quebec Newsletter44H@Outlook.com Send submissions by the 20th each month.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

• Our district page on Facebook

Global Lions Forum

• Learning from Lions leaders around the world

Lion Portal Forum

 A group to support one another while learning how to use the Lion Portal.

Lions Clubs International

Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

 Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

 Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

https://www.lionsclubs.org/

Lion Portal Login page:

Login (site.com)

LionsSupport@LionsClubs.org (630) 468-6900 Member Svc.

District 44H website

http://e-

district.org/sites/district_14l/index.php

Leadership Directory

District Governor Peter LaPointe

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First Vice District Governor Marie Valliere

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Second Vice District Governor Vince Giambalvo

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rosevin68@gmail.com

Cabinet Secretary Bob Bedrosian

603-560-3867:

bbedrosian@comcast.net

Cabinet Treasurer Lenny Hall

978-360-0958;

lah03811@gmail.com

Multiple Council Chair & Immediate Past District Governor

Kamal Masand

603-661-6638:

kmasand01@gmail.com

Zone 1 Chair, Kimberlee **Fournier**

Ph: 603-897-9348

E: kimberleef60@yahoo.com Clubs: Derry, Hudson, Litchfield, Londonderry, Nashua, Salem,

Windham

Zone 2 Chair, Krissy McKeeman

Ph: 978-314-9445

E: krissy8379@gmail.com

Clubs: Atkinson, Auburn-Candia, Chester, Danville, Hampstead, Kingston, Plaistow, Sandown

Zone 3 Chair, Langdon Plumer

Ph: 603-770-6499

E: langplumer@gmail.com Clubs: Exeter, Epping, Hampton Area, Newmarket, Portsmouth, Raymond, Rye, Seabrook

Zone 4 Chair, Ajay Rana Bhat

Ph: 508-685-0582

E: ajayranabhat@gmail.com

Clubs: Barrington; Dover,

Rollinsford, S Berwick; NH

Everest: Rochester: Somersworth:

Wakefield

Zone 5 Chair, Ken Ward

Ph: 631-220-5106

E: kenward636@yahoo.com

Clubs: Epsom-Chichester, Laconia-

Gilford, Loudon, Meredith,

Saddleback Mountain, Suncook

Valley

Zone 6 Chair, TBD

Ph: E:

Clubs: Conway Area, Moultonborough, Whittier,

Wolfeboro

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