

# THE PRIDE

Newsletter of Lions District 44-H New Hampshire  
September 2024, Volume 50, Issue 03



## A Message from District Governor Peter LaPointe

**Choose to Make a Difference** - our journey continues ... Discovering your passion can be a transformative journey. Here are some steps to fostering a lifelong habit of education and self-improvement:

### 1. Read Regularly

- **Books:** Fiction and non-fiction alike can expand your understanding and imagination.
- **Articles:** Keep up with current events and thought leadership trends in your areas of interest.
- **Research Papers:** Delve into scholarly articles for in-depth knowledge.

### 2. Take Courses

- **Online Learning Platforms:** Websites like Coursera, edX, and Khan Academy offer a wide range of subjects.
- **Workshops and Seminars:** Attend in-person or virtual sessions to gain practical skills.
- **Certifications:** Obtain professional certifications to advance your career.

### 3. Engage in Discussions

- **Forums:** Participate in online communities like Reddit or specialized forums.
- **Debates:** Join debate clubs or informal groups to practice critical thinking.
- **Networking:** Connect with professionals and experts in your field.

### 4. Listen to Podcasts and Audiobooks

- **Podcasts:** Choose from a variety of educational podcasts covering diverse topics.
- **Audiobooks:** Listen to books while commuting or doing chores.

### 5. Watch Educational Videos and Documentaries

- **YouTube Channels:** Follow channels that provide educational content.
- **Documentaries:** Watch documentaries on platforms like Netflix or Amazon Prime.

### 6. Practice Writing

- **Journaling:** Reflect on your learnings and personal growth.
- **Blogging:** Share your knowledge and insights with a broader audience.
- **Research Papers:** Contribute to academic journals or publications.

### 7. Stay Curious

- **Ask Questions:** Never hesitate to ask questions, no matter how simple they may seem.
- **Explore New Topics:** Don't restrict yourself to one field; diversify your knowledge.



- **Experiment:** Try new hobbies and activities to discover new interests.

## 8. Reflect and Apply

- **Reflection:** Take time to reflect on what you've learned and how it applies to your life.
- **Application:** Put your knowledge into practice to reinforce learning and gain experience.

## 9. Teach Others

- **Mentorship:** Mentor others in areas where you have expertise.
- **Tutoring:** Offer tutoring services to help others while reinforcing your own knowledge.
- **Public Speaking:** Engage in public speaking to share your insights and practice articulation.

## 10. Stay Adaptable

- **Embrace Change:** Be open to new methods and ideas.
- **Continuous Improvement:** Regularly assess your skills and knowledge to identify areas for growth.

By staying curious and committing to continuous learning, you can adapt to changes, overcome challenges, and create a brighter future for yourself and those around you.

"Choose to Make a Difference," Just Ask One!  
DG Peter



## Table of Contents

Click on a topic below to go directly to that page.

A Message from District Governor Peter LaPointe.....	1
Upcoming Events .....	4
District Goal Progress.....	5
Membership.....	5
Welcome new members!.....	5
Service.....	5
LCIF Donations .....	5
Marie Valliere, First Vice District Governor .....	6
Vince Giambalvo, Second Vice District Governor & GLT .....	6
Bob Bedrosian, Cabinet Secretary .....	7
Gail Dacey, Global Membership Leader (GMT) .....	8
Linda Hedrick, Global Service Team (GST) .....	8
Scott Wilson, District LCIF Chairperson.....	9
PDG Al Goldstein, MD LCIF Coordinator .....	10
Michelle Ackroyd, Childhood Cancer Chair.....	11
PCC Robert Gustafson, Diabetes Chair .....	11
Mario Izzo, Hunger Chair .....	11
Jeri Maynard, Environment Chair .....	12
District Org Happenings .....	13
44H August Cabinet Meeting.....	13
44H November Cabinet Meeting Registration.....	16
Auburn – Candia Lions Club Charter Night .....	17
Camp Pride & Call for Directors .....	18
Camp Pride Commemorative Brick.....	21
Camp Pride Calendar Raffle Sponsor Sign-Ups .....	21
Hugs & Cuddles District Project .....	22
District Christmas Quilt Raffle.....	22
Mission 1.5 Membership Challenge.....	23
Lion Portal Workshop .....	24
Lion Portal Information.....	25
Club Excellence Award Changes .....	25
2024-2025 Directory .....	25
Eyeglass Recycling Guidelines .....	26
Multiple District Happenings .....	27
New England Lions Council (NELC) .....	27
International Director Gathering .....	28
DogSight Project.....	28
Lions Youth Services.....	29
Green Team.....	32
Club Happenings .....	33
Resources.....	44
Leadership Directory.....	45

## Upcoming Events

Date	Event
Sep 4	Deadline to register for 9/11 Lion Portal Workshop. See flyer.
Sep 5-7	USA/Canada Forum, Louisville, Kentucky
Sep 10	Wolfeboro Lions Club Golf Tournament, 7:30am, Indian Mound Golf Club. See flyer.
Sep 11	Lion Portal Workshop, 6pm, Seacoast School of Technology, Exeter. Register via LangPlumer@gmail.com; see flyer.
Sep 19	Dover, Rollinsford, S Berwick (DRSB) Lions Club Comedy Night. 7pm, Chameleon Club at Cara Irish Pub, Dover. See flyer.
Sep 20	Hudson Lions Club Meat Raffle, 7pm, VFW Hudson
Sep 20	Deadline for The Pride newsletter submissions to Newsletter44H@outlook.com
Sep 22	Deadline to become a sponsor on the Camp Pride Calendar Raffle. See flyer.
Sep 23	Atkinson Lions Club Golf Tournament, Atkinson Country Club. Contact Roger 603-489-3913. See info under club's activity report in Club Happenings section.
Sep 24	Portsmouth Lions Club hosting speaker Randy Pierce, Portsmouth Library, 6:30pm. Register through portsmouthnhlions@gmail.com.
Sep 25	Report all club activity in Lion Portal (meetings, service, donations, fundraisers)
Sep 28	Deadline for reservations to Auburn-Candia Charter Night. See flyer.
Sep 30	Windham Lions Club Golf Classic, 7:30am, Windham Country Club. See flyer.
Sep 30	Support humanitarian work with a donation to LCIF. <a href="#">Click here to donate online.</a>
Oct 5	Hudson Lions Club fundraiser, 6:30pm, White Birch, Hudson, see flyer.
Oct 9	Deadline to provide a Director's letter of intent to Camp Pride board. See flyer.
Oct 12	Auburn-Candia Lions Club Charter Night, 5:45pm, Puritan Conference Center; make reservations; see flyer.
Oct 25	LYS Fundraiser for Austin 17 House, 7:30pm, Brentwood, NH. See flyer.
Oct 25	Deadline to register for November Cabinet Meeting
Oct 26	Camp Pride Work Day – fall clean-up
Nov 9	Merrimack Valley Window Dresser build, 8am or 1pm, Canterbury Town Hall. Register in advance; see flyer.
Nov 10	44H Cabinet Meeting, Castleton Banquet & Conference Center, Windham
Nov 10	Christmas Quilt Raffle Drawing at Cabinet Meeting; purchase tickets beforehand via LindaHedrick676@gmail.com, or plapointe.Lions@gmail.com (DG Peter)

**Keep your eyes open to find DG Peter at events – our own version of Where's Waldo!**



## District Goal Progress

### Membership

District Membership*	Prev Month	2024-2025 Year	2024-2025 Goal
Opening Balance	1,228	1,201	
Added Members	9	42	167 new members
Dropped Members	13	19	
Closing Balance	1,224	1,224	
Net Gain/Loss	-4	23	82 net growth, plus 1 new club

International membership is currently 1,360,965\*

### Welcome new members!

Club	New Member*	Sponsor
Hampstead	Raegan Peabody	Peter LaPointe
Hudson	Russell Whitton	Steve Middlemiss
Moultonboro	Jeannie Burden	Peter Strople
--	6	Reinstated

### Service

District Service*	Previous Month	2024-2025	Goals
Vision Screenings	27 people	27 people	
Hugs & Cuddle Bears	August 33 bears	63 bears	
% Lions Clubs Reporting	--	67%	100%
Volunteer Service Hours	3,049	3,707	+10% over last yr = 48,275
Service Activities	88	121	+10% over last yr = 2,189
Individuals Served	11,989	16,076	200,000
Funds Raised	0	0	
Funds Donated	36,324	36,324	

### LCIF Donations

District LCIF Donations*	Previous Month	2024-2025	2024-2025 Goals
LCIF Donations	\$350	\$350	\$38,000
# Clubs Donating	1	1	25+
# Individuals Donating	1	1	100+

\*Data as of 8/31/24



## Marie Valliere, First Vice District Governor

Now that we have started the new year, we will be promoting our events more on social media. Before, during, and after. Remember to use the rules of journalism. Who, what, when, where, why, and how. How much, if necessary. Use complete details such as the date should include the day of the week not just the date. Location needs a full address with an actual number. Details make a difference, even the smallest ones. Most projects have a benefit behind it. That's the Why. Lions Charities is too broad and vague. That's where details help. Does it help the hungry? Is it for scholarships? Get the idea? Identify people in the photos. This is a form of recognition, and a lot of newspapers insist on it. All too soon some of those people are gone and others don't remember them or their names. Every photo should have a caption to identify it. It can be brief and to the point. Don't forget a contact number or form of address for the public to reach the club for questions or more information.



## Vince Giambalvo, Second Vice District Governor & GLT

To begin our discussion of leadership let's go back to some basic concepts and then build on them. A starting place is to distinguish between our Role as leaders and our Identity. Role refers to the position we have taken on and what are the expectations of that Role. For instance, the position of Club President carries some responsibilities. Among these are running meetings, appointing committees, gaining support for club activities, resolving conflict, budgeting, etc.

Identity refers to those individual characteristics that define who you are. Characteristics such as attention to detail, vision, punctuality, empathy, friendliness, etc. are examples of what makes up your Identity.

There is an interesting interplay between these two. In some cases, your Identity can act as a power source in achieving the requirements of your Role. For example, attention to detail helps in making plans, empathy assists with coaching and counselling, punctuality assists in keeping meetings on time.

Sometimes your Identity makes it difficult to perform your Role. For example, someone who is very empathetic might find it difficult to handle discipline, someone who is very detail oriented might find it hard to deal with people who are "Big Picture" oriented, or someone who is very punctual might find it difficult to deal with people who tend to run-on when they speak.

In trying to understand the things that makeup your Identity you might try this exercise. Make a list of the characteristics you think make up your Identity. You may ask people who know you well to see the list. Then give away as many characteristics as you think may not belong on the list. The remaining characteristics help define your Identity. They are those characteristics you couldn't give away if you wanted to.

In future issues we will explore how these relate to being an effective leader both in Lions and life.



## Bob Bedrosian, Cabinet Secretary

**Cabinet Meeting:** We have just recently returned from our Cabinet Meeting at Camp Pride. It was an exciting and informative meeting. District Governor Peter LaPointe welcomed a great turnout with 24 clubs represented and 133 registered Lions. We shared fellowship and enjoyed a hearty breakfast prepared by the Camp Pride kitchen staff. We heard great reports from Zone Chairs and district organizations and committees; a low-cost window insulation presentation from Jessica Williams of Window Dressers, GAT, International Relations, LCIF, and multi-district reports; a great 50/50 and fabulous raffle baskets – thank you donors. Our next Cabinet Meeting will be on November 10<sup>th</sup> at the Castleton Event Center in Windham. Please gear up and get ready to go!

**Dues:** The first set of District dues bills went out at the beginning of July. There are still some clubs that are outstanding. A second bill will be e-mailed to those clubs at the beginning of September. Please remit promptly.

**Visitations:** We have heard from several clubs looking to set up a visit from the District Governor to either a meeting or event/project. Please send an e-mail to [bbedrosian@comcast.net](mailto:bbedrosian@comcast.net) to schedule a visit. DG Peter would love to meet you and learn what your club is up to.

**Reporting:** Every club should be reporting all their service activities online at the Lions Portal. This includes donations, fundraising, meetings, projects, etc. – all in service to our communities. To effectively tell our story, measure our impact, and grow membership, it's critical that all clubs report service. Every activity that we participate in is important in our journey of service. Please contact anyone on the cabinet if you need help using the Portal to report service.

**District Goals:** Lions, it's all about service. District Governor Peter has outlined goals for the district; yet as clubs and as individuals we all play a part in the reaching these goals. • Increase membership by a minimum of 167 new members with net growth of at least 82. Last year with 1246 members in District 44H, we provided 275,772 hours of service. Simple math, with 167 new, excited Lions we could service at least 37,000 more people in our communities. People need our help. • We need to do a better job of training new leaders by increasing individual club officers training by 10%; a goal to increase the number of clubs participating in training by 10%; all Lions can use Learn (LCI online learning modules), and can attend district/multi-district trainings. • Report service so that 100% of clubs are reporting their service activities in the Portal. • Support LCIF, our charitable arm, with at least \$38,000 in donations and have all of our clubs make a donation of at least \$10 per member. Bottom line, run your service projects, report them and offer the Lion opportunity and the goals should be met. Service to humanity is the best work of life.

## Gail Dacey, Global Membership Leader (GMT)

We are going to be working very hard on increasing and retaining members this year. The GMA approach really works. If you need any help with that please let me know.

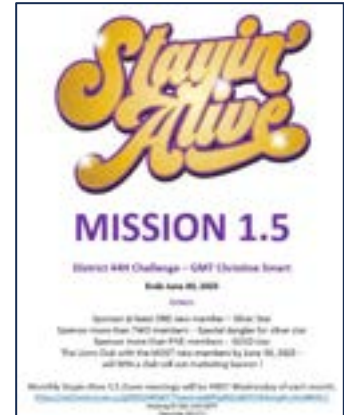
Our push is 1.5 million members by June 2027. We are going to have some incentives for your club and individual members. Our theme along with 44N's is Staying Alive 1.5. See the flyer in the "District Org Happenings" section of this newsletter with the incentives explained for individuals. It will be a friendly competition between the two districts. Also PCC Christine Greenwood Smart will be holding a zoom meeting the first Wednesday of the month at 7:00 for an hour on membership, service or leadership that your club members are welcome to attend. Please share this with your members.

The district is working on club incentives rewarding clubs for new members. Stay tuned for updates.

Hold a membership drive. Wear your Lions gear any time you hold a service project because every project is a membership opportunity. Please orient new members and mentor them. Get them involved as soon as possible. Find out what their interests are and listen to any new ideas they might have.

Retention is just as important as adding new members. Check up on members you haven't seen in a while. Give them a simple job to do to make them feel needed.

Please let me know if there is anything I can do for you.



## Linda Hedrick, Global Service Team (GST)

As we begin our year, I'm sure there are many service projects underway. Share your projects in the district newsletter and when you receive it, be sure to read what other clubs are doing. There could be projects that would work in your community. Signage helps at your events whether it's posters, vests, or stickers on something you may be giving out. Having an application on hand because you never know when you'll need it!

It's very important that you record all your events in the portal.

Did you get your raffle tickets for the beautiful Christmas quilt that was donated by DG Peter's sister. If you win, it will look great in your home, or if you gift it to someone, imagine the smile you'll put on that person's face! All proceeds from the quilt will benefit Cystic Fibrosis. See more info on the flyer in the "District Org Happenings" section of this newsletter.

If you have any questions, please reach out, we're here to help!







## Scott Wilson, District LCIF Chairperson

### **Begin With the End in Mind!**

It has been suggested by some to start with the end in mind. I ask you to consider your Lions Legacy by contributing to LCIF by including LCIF in your estate plan.

This will further your Lions Legacy of Service well after you have left this world. What a tremendous way to be remembered for the selfless work you have done in the many years you have been a lion.

When you include Lions Clubs International Foundation in your estate plan, your generosity helps ensure LCIF can carry out its mission to support the efforts of Lions clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants. You are helping LCIF impact communities well into the future.

To recognize those of you committing at least \$1,000 to LCIF in your estate plans, the foundation is pleased to provide you with a Lions Legacy Society pin.

To learn more about the positive impact you can make through your estate plan, go to [lcif.myplannedgift.org](http://lcif.myplannedgift.org).



Please feel free to reach out to me with any questions. I would like to schedule a visit with your club in the coming months. I can be reached at 603 770-3700 and by email at [scottwils@comcast.net](mailto:scottwils@comcast.net).

Thank you for considering this request.

PCC Scott Wilson  
LCIF Chairperson – District 44-H  
(603) 770-3700





## PDG Al Goldstein, MD LCIF Coordinator

[See this article online here.](#)



Natural disaster knows no borders.

There's no telling when or where a disaster might strike. You can make sure that Lions and Leos will always be there when needed.

[LIONSCLUBS.ORG/DONATE](https://LIONSCLUBS.ORG/DONATE) ▶

Devastating natural disasters have recently struck across the globe, including:

Destructive typhoons and hurricanes in Australia, Jamaica, Philippines and the United States

Catastrophic flooding in Bangladesh, Brazil, Chile, Colombia, Indonesia, India, Kenya, Korea, Mali, Nepal and Sri Lanka

Ravaging wildfires in Canada, Nepal and the United States

When humanitarian crises of this magnitude strike, we, as Lions, are ready to help. Right beside us is Lions Clubs International Foundation (LCIF), our global foundation. Since July 1, 2024, LCIF has awarded nearly 40 disaster relief grants totaling more than US\$400,000, including a Major Catastrophe Grant of US\$100,000 for the floods in Kerala, India.

Your donation to LCIF's Disaster Relief Fund helps ensure LCIF responds quickly and supports Lions efforts to provide help and hope where it is needed most.

[I WANT TO GIVE\\*](#) ▶

To learn more about LCIF Disaster Relief grants, visit [lionsclubs.org/disastergrants](https://lionsclubs.org/disastergrants) or email [LCIFGlobalGrants@lionsclubs.org](mailto:LCIFGlobalGrants@lionsclubs.org).

*\*100% of donations benefit grants and programs and qualify for Melvin Jones Fellowship (MJF) or Progressive MJF.*





## Michelle Ackroyd, Childhood Cancer Chair

Childhood Cancer by Michelle Ackroyd September is Childhood Cancer Month. There are many organizations that provide services for children with cancer. This might be a good me to donate to one of those organizations. I have provided links to some. [Childhood Cancer Lifeline!](#); and [CHaD Amazon Wish List](#), and they are always looking for Gift cards for the families. If there is a child in your community that is going thru treatment reach out with a donation of gift cards for gas or to a grocery store that may help them get thru and remind them that Lions are there to help.



## PCC Robert Gustafson, Diabetes Chair

As I said in my last report, Diabetes is a chronic, metabolic disease that occurs when the body has trouble regulating blood sugar levels. The disease can have detrimental effects on many of the systems in the body including the heart, kidneys, eyes and nerves. The Lions have identified Diabetes as a major issue for us to address. We know Diabetes is becoming an epidemic.

So, let's start with drinks. What are the worst three drinks to drink for Diabetics? I remember drinking Mountain Dew when I was a kid. Great drink for a Diabetic? Not so much. It turns out the worst three drinks to drink are Soda with sugar, Energy drinks that contain sugar and fruit juices. Yikes. How about Sugar Free Canada Dry? It has Aspartame, a sugar substitute. Is it safe?

Well, aspartame has NOT been found to pose a risk to people with diabetes if used in moderation. Why? Aspartame has zero grams of sugar and won't spike insulin levels after it's consumed. However, studies in mice have shown that Aspartame affects gut bacteria in ways that could lead to insulin resistance, especially with frequent and repeated use. Thus, always drink in moderation. Or, just drink Water! There's nothing like a cold glass of Water after a long walk.

And remember, you can find out if you may have pre-Diabetes by going to the site [DoIHavePreDiabetes.org](http://DoIHavePreDiabetes.org)



## Mario Izzo, Hunger Chair

Hunger is not an issue of charity, a hungry man can't see right or wrong.

According to the Food and Agriculture Organization of the United Nations. It is estimated that over 37 million people across 47 countries will be in emergency, or worse, levels of acute food insecurity in 2024. They require immediate emergency assistance to save lives and livelihoods.



## Jeri Maynard, Environment Chair

First, I would like to thank the attendees at the 44H August Cabinet meeting for the warm reception they gave to Ms. Jessica Williams, Executive Director of the WindowDressers.org. Secondly, I would like to draw your attention to the [NH Lions Green Team Information Sheet](#) that is published later in this newsletter. On November 9<sup>th</sup>, “Lions Day”, there will be a community build held at the Canterbury Town Hall in Canterbury NH. First session starts at 8:00 am and second session at 1:00 pm, lunch will be served. All Lions are invited to attend either one of these sessions to see the “Community Build” in action! Contact info is on that informational flyer.

Thirdly, I would like to notify you that I have contacted a member of the Exeter Building Team, Ms. Stephanie Marshall, about service opportunities for our Lion members in Exeter and the surrounding towns. She responded enthusiastically, and is eager to hear from any Lion or Lions Club that would like to volunteer. Perhaps an invitation to visit one of your club meetings would further explain what is needed. Remember, Our District has been challenged to perform **NEW** service activities and this project, which does not cost anything, fits the bill!

I will send a list of the Exeter Building Team members, all being leaders in the Exeter Community, to each of the neighboring club’s secretaries.



### EXETER

Build Dates: Jan. 18 – 23, 2025

Location: Exeter Town Hall, 9 Front Street, Exeter NH 03833

Contact: Kristen Murphy, [windowdressers@exeternh.gov](mailto:windowdressers@exeternh.gov)

**Sign up to volunteer: Coming Soon**



## District Org Happenings

### 44H August Cabinet Meeting

The August Cabinet Meeting was a wonderful gathering of Lions. DG Peter's first meeting was a very good one, and we all got caught up on what our goals are for the coming year: really focus on adding more members so we can contribute to serving 1 billion people in 2027; send leaders to training; report everything our clubs do in the Lions Portal; support our charitable arm, LCIF, with donations from clubs and from individuals. ... and continue to enjoy the company of each other. Congratulations to PDG Randy Tompkins of Rye Lions Club on receiving a Presidential Leadership Medal at the August Cabinet Meeting! Randy was nominated for this recognition by Kamal Masand during his year as District Governor. The medal was presented by International Director Steve Middlemiss on behalf of Past International President Dr Patti Hill. Thank you for all you do for our district, Randy! Enjoy the pictures everyone!










Those of you at the Cabinet Meeting saw the Hampstead Lions Club’s vision screening sign. DG Peter has provided this contact info for that vendor. He adds that “banners are a powerful way of promoting your club’s involvement in providing this free service to the communities of New Hampshire.”

**FAST SIGNS®**  
*Make Your Statement™*

160 Plaistow Rd  
 Unit 15  
 Plaistow, NH 03865 phone 603-716-9526



HAMPSTEAD LIONS CLUB



P.O. Box 171  
 Hampstead, NH 03841  
 Meets the 1st and 3rd  
 Thursday of the month  
 At 7pm  
 @ Senior Class 201 Rt 111  
 Hampstead Commons  
 FB: Hampstead NH Lions Club

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Name \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Also from DG Peter: Here is another idea that has proven helpful to many clubs while recruiting potential members. It’s the size of a business card, with a serrated tear off bottom holding the person’s contact information. Please contact [plapointe.lions@gmail.com](mailto:plapointe.lions@gmail.com) if you are interested in a template to make this for your club.



## District 44H Cabinet Meeting Registration Form

November 10, 2024

Castleton Event Center  
58 Enterprise Drive, Windham, NH

All Lions are welcome to attend to learn more about District 44H. Casual dress.

8:30 Registration; 9:00 Meeting Begins; 9:15 Break for Breakfast; Meeting after Breakfast; Noon expected adjournment.

Buffet breakfast includes scrambled eggs, bacon, sausage, fresh fruit, pastries, juices/coffee/tea.

Cost per person: \$25

*Please consider donating a gift basket for raffle at the meeting.  
Contact Mary Ellen Pate at [meln71@msn.com](mailto:meln71@msn.com) with questions.*



Club: _____
Name(s) registering: _____
Number registering _____ X \$25 per person = \$_____ (amount of check)
Please make check payable to Lions District 44H
Registration & Payment due by October 25, 2024.
<b>Mail registration form and payment to</b>
Bob Bedrosian, 35 Glastombury Drive Sandown NH 03873
e-mail: <a href="mailto:bbedrosian@comcast.net">bbedrosian@comcast.net</a>
cell: 603-560-3867

Auburn – Candia Lions Club Charter Night

Let's celebrate the newest Lions Club in District 44H!



# AUBURN-CANDIA LIONS CLUB CHARTER CELEBRATION

**SATURDAY, OCTOBER 12, 2024**  
PURITAN CONFERENCE & EVENT CENTER  
245 HOOKSETT RD., MANCHESTER, NH

5:45 pm Social - 6:30 pm Dinner

**Reservations must be received  
Before September 28, 2024**

**MEAL COST \$45.00 PER PERSON**

Appetizers, Buffet Dinner and assorted Desserts, Coffee & Tea

RETURN THIS PORTION

AUBURN-CANDIA LIONS CLUB CHARTER NIGHT RESERVATION

PLEASE MAKE CHECKS PAYABLE TO:

**AUBURN-CANDIA LIONS CLUB**

MAIL TO:

Michael Baillargeon

(603) 235-1260

11 Michael Bennett Road

[mdbail@comcast.net](mailto:mdbail@comcast.net)

Brentwood, NH 03833

**DEADLINE SEPTEMBER 28, 2024**

NAME OF CLUB \_\_\_\_\_ # ATTENDING \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_ (\$45.00 PER PERSON)

NAME(S) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**We Look Forward to Seeing you on October 12, 2024!**

Camp Pride & Call for Directors



## LIONS CAMP PRIDE CONNECTION



September 2024

By the time you read this newsletter we would have hosted DG Peter's first Cabinet meeting at the camp. All I can tell you is that it was a huge success. Over 130 Lions attended from 24 different clubs. The food was great and lots of fun was had by all.

Our lease season is over except for ROTC which will be at the camp in October.

I think this season was a good one as there were no major negative events. This off season will be no different from the past with several projects on tap including Exeter bunkhouse baths and medical building major renovations.

Utility costs continue to be a budget killer. I think the time has come to revisit solar power going on the roof of the new recreation center. It will be expensive but will reduce our electrical costs virtually to -0-

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time you can keep your Club informed.

Please visit <https://www.lionscamppride.org/> for information on the following: Choose "Support Us/Fundraisers": Commemorative Bricks, TD Bank Affinity Program, Calendar raffle, Northwood Ice Racing, Latest Camp news and pictures.

Lenny Hall; [LAH03811@Gmail.com](mailto:LAH03811@Gmail.com); 978-360-0958



[Click Here](#)  
to watch the Chronicle episode  
featuring Camp Ex-Sighting Adventures  
at Camp Pride





LIONS DISTRICT 44-H

**LIONS CAMP PRIDE NH**  
for special needs individuals  
[www.lionscamppride.org](http://www.lionscamppride.org)

**Peter LaPointe**  
Immediate Past President

**Lenny Hall**  
President

**Robert Bedrosian**  
Vice President

**Elaine Foster**  
Treasurer

**Jerilyn Maynard**  
Secretary

**Patrick Rossiter**  
Camp Administrator

**Lions Camp Pride**  
154 Lions Camp Pride Way  
New Durham, NH 03855

*A Lease Site  
for Non-Profit  
Camp, Conference & Retreat  
Programs*

**Mailing Address:**  
Lions Camp Pride NH  
P. O. Box 135  
E. Hampstead, NH 03826

**Telephone**  
(603) 482-6115

**E-Mail:**  
[LionsCampPride44h@gmail.com](mailto:LionsCampPride44h@gmail.com)



Dear Lions Clubs of District 44H

In accordance with the By-Laws of Lions Camp Pride NH (aka Lions Camp Pride), four (4) new directors, to serve four (4) year terms, shall be elected.

Each Lions Club, in good standing of District 44-H, may nominate, by a written nomination, a director to the Camp Pride Board of Directors at least thirty (30) days prior to the annual meeting. Each nominee shall be a Lion in good standing. Their names shall appear on a ballot to be used during the District Cabinet Meeting and distributed to all Lions, in good standing, present to cast said vote.

The Camp Pride BOD is looking for individuals willing to commit, become involved, and work towards the success of the camp.

Candidates for election to Director must have their name submitted by their club secretary in a letter of intent to Lion Jeri Maynard, 104 Lowell Road, Hudson, NH 03051 by October 09, 2024. The election will take place during the November 10, 2024 Cabinet Meeting at the Castleton Banquet Hall, 58 Enterprise Drive in Windham, NH 03087. Respectfully,

Jeri Maynard

Lion Jeri Maynard, Camp Pride Secretary  
104 Lowell Rd, Hudson, NH 03051  
603-320-3614  
[Lionjeri@comcast.net](mailto:Lionjeri@comcast.net)





# LIONS CAMP PRIDE WORKDAY

**OCTOBER 26, 2024**  
STARTING AT 9:00AM

- HELP PREPARE CAMP FOR WINTER**
- ENJOY SOME FUN AND FELLOWSHIP**
- LUNCH WILL BE SERVED**

**154 CAMP PRIDE WAY**  
**NEW DURHAM, NH 03855**

Contact Lenny Hall at [lah03811@gmail.com](mailto:lah03811@gmail.com) or 978-360-0958



Camp Pride Commemorative Brick  
 Refer to the [Camp Pride website](#) for the form to purchase a brick.

Camp Pride Calendar Raffle Sponsor Sign-Ups

**CAMP PRIDE ANNUAL CALENDAR RAFFLE 2025**

# <b>January 2025</b>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 \$200.00	2 \$50.00	3 50.00	4 \$100.00
5 \$200.00	6 \$50.00	7 \$50.00	8 \$50.00	9 \$50.00	10 \$50.00	11 \$100.00
12 \$200.00	13 \$50.00	14 \$50.00	15 \$50.00	16 \$50.00	17 \$50.00	18 \$100.00
19 \$200.00	20 \$50.00	21 \$50.00	22 \$50.00	23 \$50.00	24 \$50.00	25 \$100.00
26 \$200.00	27 \$50.00	28 50.00	29 \$50.00	30 \$50.00	31 \$500.00	

**LIONS CAMP PRIDE ANNUAL RAFFLE SPONSOR FORM**

Please fill in all the information

SPONSOR NAME \_\_\_\_\_

(or other designation such as Happy Birthday, Happy Anniversary or anonymous)

ADDRESS \_\_\_\_\_

TOWN, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

SPONSOR DATE: 1ST CHOICE \_\_\_\_\_ 2ND CHOICE \_\_\_\_\_

3RD CHOICE \_\_\_\_\_ CHECK # \_\_\_\_\_ AMT \_\_\_\_\_

*Please return check for date selected by **SEPTEMBER 22TH** and a copy of this form to:*

Lion Marilyn Vaccaro, 74 Chase Rd, Londonderry, NH 03053  
 Tel 603-204-7251 Jvac1408@comcast.net

## Hugs & Cuddles District Project

### Spread Kindness Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



District Christmas Quilt Raffle  
Don't miss out on purchasing your raffle tickets for this beautiful 74" x 83" Christmas quilt in red and green. Tickets available through GST Linda Hedrick and DG Peter. Proceeds to benefit Cystic Fibrosis. Refer to flyer for more information.

 *NH District 44-H Lions Fundraiser*  
*Christmas Quilt Raffle*  
*Proceeds to benefit Cystic Fibrosis*  
*Drawing at the November, 10, 2024 Cabinet Meeting*



*Handmade Christmas Quilt*

Tickets are \$5.00 each or 3 for \$10.00  
Make checks payable to District 44H  
To Obtain Tickets  
Linda Hedrick Email: [Lindahedrick676@gmail.com](mailto:Lindahedrick676@gmail.com)  
DG Peter LaPointe Email: [plapointe.lions@gmail.com](mailto:plapointe.lions@gmail.com)



# MISSION 1.5

**District 44H Challenge – GMT Christine Smart**

**Ends June 30, 2025**

**GOALS:**

- Sponsor at least ONE new member – Silver Star
- Sponsor more than TWO members – Special dangler for silver star
- Sponsor more than FIVE members - GOLD star
- The Lions Club with the MOST new members by June 30, 2025 – will WIN a club roll out marketing banner !

Monthly Stayin Alive 1.5 Zoom meetings will be FIRST Wednesday of each month.

<https://us02web.zoom.us/j/88314436877?pwd=dqWPqi4iXZaBOYcWAZnpALsHanNiVH.1>

Meeting ID: 883 1443 6877

Passcode: 866173

Lion Portal Workshop



LCI Lion Portal Workshop  
**NH District 44-H - Zone #3 Clubs**



**44-H Zone #3 is offering LCI Lion Portal Workshop  
to learn about the new **LION PORTAL**.**

Linda Quebec, an outstanding Lion with expertise  
using the LION PORTAL, will be our facilitator/coach.

6:00 PM to 8:00 PM. light snacks and refreshments available at 5:30.

Seacoast School of Technology for Wednesday, September 11, 2024.  
SST is at 40 Linden Street, Exeter, NH.

Bring your laptop for the workshop.

Participation is encouraged for Club Presidents,  
Secretaries, and Club members.

Zone #3 Clubs:

Epping, Exeter, Hampton Area, Newmarket Area,  
Portsmouth, Raymond, Rye, and Seabrook

**Please RSVP by 9/4/24 via email to [langplumer@gmail.com](mailto:langplumer@gmail.com)**

If you have any questions, please call or text me at 603-770-6499  
or email me at [langplumer@gmail.com](mailto:langplumer@gmail.com)

Yours, *Langdon Plumer*, 44-H Zone #3 Chairperson '24- '25

*You bet I wouldn't miss it!*

Name(s) \_\_\_\_\_ Club \_\_\_\_\_



## Lion Portal Information

### How to add a service activity:

- Service of any sort should be reported at least monthly. Many clubs report activities right after they happen. Service comes in 4 categories: service activities, meetings, fundraisers, and donations -- report it all so you accurately reflect what your club is doing.
- From the home page of the Lion Portal, on the navigation bar click on Service, then My Activities. Click on the blue Create Service Activity button (top left of screen).
- If asked, select the club the activity belongs to, click Next
- Enter the activity title, select activity type, click Next
- Fill in the required fields, click Save (bottom of screen). Note that required fields change depending on the activity type, and are indicated with a red dot at the required fields.
- Edit the activity, click Report Complete, click Save. Verify that status is Reported (top of screen). Note that only the Club President, Secretary, or Club Admin can perform this final step which completes the report and makes it available to Lions International.



## Club Excellence Award Changes



**Officers be informed...** the criteria for the Club Excellence Award has changed for 2024-2025. Take a look at the new application and plan for your club's success. [Click here for link to the application.](#)

### Two significant changes include:

- A net growth of 2 members or 10% or more members (whichever is greater), or charter a new club. For example, a club with 40 members on 7/1/24 needs to grow by 10%; a net growth of 4 or more, or charter a new club.
- LCIF contribution of an amount greater than or equal to the club's membership total multiplied by \$10. For example, a club with 44 members on 6/30/25 needs to make an LCIF donation of \$440 (44 members x \$10) or more in order to qualify for the Club Excellence Award.



## 2024-2025 Directory

**The New Hampshire Multiple District 44 2024-2025 Directory is now available!** Printed directories are available through District Governor Peter, and Cabinet Secretary Bob Bedrosian.

[Click here](#) for the convenient electronic version of the directory. Save it to your device for reference.

Directory updates will be provided quarterly. To report updates, please send an email to [EdFarrington@Hotmail.com](mailto:EdFarrington@Hotmail.com) AND [LindaQuebec@Ymail.com](mailto:LindaQuebec@Ymail.com). Provide the page that needs updated, and what information is correct information for that page.

Your assistance in keeping the directory updated is greatly appreciated.

## Eyeglass Recycling Guidelines

### EYEGLOSS RECYCLING GUIDELINES

This is divided into two sections: What the sending clubs should attempt to check and what the Hampton Area Lions will check

#### Sending clubs:

Discard cases, wrappings from glasses, and/or any safety straps attached to glasses, except those attached to baby glasses (usually rubber and easy to spot). Discard glasses with solid neck support and eyeglass lenses connected by Magnets.

Glasses must be complete – No missing lenses, ear pieces, or nose pads.  
(Note – Forward new/demo frames with no lenses, but pack and mark them)

Discard unusable glasses that have all plastic frames. Mark and pack separately those glasses with any metal frames or components and send to Hampton.

#### Hampton Area Lions:

Sort and pack glasses:

Check that glasses are complete

Lenses may not be cracked, scratched, or deteriorating. If glasses are dirty, clean to check if lenses are satisfactory.

Ear pieces or frames must not be discolored or show signs of having been chewed.

Lens area of plastic glasses must not show a forward bend or flat lens area – discard.

Safety glasses with side protectors should be set aside and checked to see if side protectors can be removed without damaging glasses.

Pack complete and satisfactory glasses and send to the Virginia Eyeglass Recycling Center. (Pack separately new/demo frames with no lenses)

Discard unusable glasses with plastic frames. Save unusable glasses with metal components. Remove lenses and pack and ship metal components send to the Virginia Eyeglass Recycling Center

**When in doubt as to whether or not glasses are satisfactory, ask yourself – would you want to use these glasses?**

In addition, please donate used eyeglass cases to Savers in Nashua and Manchester. Also, it costs an average of \$.08 (8 cents) per eyeglass pair to ship – consider a donation to the Hampton Area Lions Club to help defray shipping expenses.





# Multiple District Happenings

New England Lions Council (NELC)



## NEW ENGLAND LIONS COUNCIL (NELC)

*"Serving the Needs of the Districts of New England"*

### OCTOBER 11TH & 12TH (FRI/SAT)

### 2024-2025 Fall Weekend

## GAT Theme: Membership Development

### ALFOND FORUM, UNIVERSITY OF NEW ENGLAND, 605 POOL RD., BIDDEFORD, ME. 04005

Note: There is no specific hotel with a room block, it is peak season in Maine and most hotels are not offering that option. Suggested hotel options are: Holiday Inn Express Biddeford (6.2 miles); Ramada Inn, Saco (6.2 miles); Hampton Kennebunk (13.1 miles) You may want to check other hotels in the area.

**Friday Evening 6-10 p.m.**

Fellowship, drinks and a meal at Batson River Brewery & Distillery.  
Located at the Lincoln Hotel, 17 Lincoln Street, Biddeford, ME. 04005

**Saturday AM Seminars**

8:30-9:30 Necrology Service in memory of our deceased Lions since October 2023  
9:30-10:30 Membership Growth - Make your Mark - Lion Daniel Marney-Elkins  
10:30-10:45 Break  
10:45-11:45 Membership 1.5 - Panel Discussion - Facilitated by PDG John Babb - Listen to our GMT Leaders discuss their successes in utilizing creative Methods to increase district membership. PDG Michelle Crocker, PDG Deb Grassi, PDG Christine Greenwood & PDG Michele Wyatt

**Luncheon**

**Luncheon Speaker: Lion Daniel Marney-Elkins, Past International Board Appointee 2023-2024**  
**LCIF - Our Global Foundation**

**Business Meeting and Governors' Reports**  
Immediately following lunch

**SATURDAY LUNCHEON**

Saturday Noon Luncheon: Choice of assorted pre-made sandwiches and gluten-free vegetarian wraps, garden salad, whole fruit, chips, cookies and lemonade.  
Lunch at \$35.00 per person X \_\_\_\_\_ Total = \_\_\_\_\_

Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
District/MD \_\_\_\_ / \_\_\_\_ Dist/MD Position: \_\_\_\_\_ Club Position: \_\_\_\_\_  
Contact Info: Phone \_\_\_\_\_ Email \_\_\_\_\_

Make check payable to: NELC  
Mail check/form to: PDG Kathy Dorman, Treasurer, P.O. Box 91, New Haven, VT 05472  
Email: vtlionkathy@gmail.com

**Event Registration Deadline: October 4, 2024**

Questions or Special Dietary needs to: PDG Norm Hart, 207-431-0235 normhart13@yahoo.com



### International Director Gathering



Current International Director Steve and Lion Lee Ann Middlemiss hosted the past International Directors from around New England for their annual summer outing. A few PIDs were unable to attend. Joining the event with their partners in service were John Hoyle (MD33), Tom Broughton (SD45), Steve Middlemiss (MD44), Ed Lecius (MD44) and Ed Farrington (MD44).



### DogSight Project



## THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions  
Multiple District 44 – Health Services of New Hampshire  
Thank You



As I took my walk today with my beautiful Fidelco German Shepherd guide dog, I thought about how many generous people made this walk possible for me. I was able to enjoy the birds singing in the woods besides the road, smell the wonderful fragrance of the newly mown fields, and know that I was perfectly safe and would not stumble on unexpected debris on the roads from our recent storms. My dog’s journey to being my companion and guide all began with donors. You, the Lions of New Hampshire MD44, walk with me every day I go out. I am sincere when I say, thank you for making my life as a blind person independent and happy.

Linda Piekarski  
Chair, the DogSight Project  
[lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)



Raised for Fidelco in 2024-2025: \$3000



# Lions Youth Services

## **August 8, 2024 Meeting**

The August 8 meeting was held at the Airport Diner in Manchester with 11 in attendance along with guest Jim Hogancamp.

## **Grant Applications**

To date: \$2500 has been approved—since inception: a total of \$40,095 has been approved. Three (3) grant applications were reviewed and approved for a total of \$1,500. To apply, an application can be found in this issue of the newsletter.

## **Terri Lynn Fundraiser**

Please look for the latest flyer in this issue. This month features “Honey Roasted Peanuts”. So many possibilities, from Caramel Apples to Pad Thai! Don’t forget about all the other delicious nuts, chocolate and sweet and salty treats that Terri Lynn has to offer! As always, we thank you for all your support!

2023–2024 “Dare to Dream” Grand Prize Winner



## **Peace Poster Contest**

### ***2024 - 2025 “Peace Without Limits”***

There is one more month left to purchase a kit, email Rhonda Wynne [rwynnemilford@comcast.net](mailto:rwynnemilford@comcast.net) for a kit.

Six (6) clubs from 44H; Epsom-Chichester, Hampton Area, Litchfield, Nashua, Seabrook, and Wakefield. Six (6) clubs from 44N; Canaan, Chesterfield, Jaffrey-Rindge, Milford, Pinardville, and Winchester.

And remember to retain the necessary material in the kit giving only the designated sheets to your contact.

## **Upcoming Fundraisers**

Sponsoring Studio Two A Beatles Tribute Band in Concert to support Austin 17 House on Friday, October 25, 2024 in Brentwood, NH. Looking for Raffle Baskets to be donated for this event. See flyer in this issue for details.

*A North Country Food Packaging* project is being considered to be held in November. More details to be worked out at the next meeting in September. Another *Back Pack* project has been brought up for discussion to take place during the Mid-Winter Convention in January 2025. Further discussion during the September meeting will take place.

## **Next Scheduled Meeting**

Our next scheduled meeting is Thursday, September 12, 2024 at 6:30 pm at the Airport Diner in Manchester. All are welcome to join us!

***Hope to see you there!***





Studio Two  
A Beatles Tribute Band  
In Concert



October 25, 2024

Friday, 7:30 pm

(Doors open at 6:30: Show starts at 7:30)

Austin 17 House

263 RT. 125 Brentwood NH

Ticket: \$30.00

(Tables of 8 are available for this 2 hour show  
Light refreshments and beverages will be available)

to support



A Youth and Family Community  
Center  
Sponsored by  
Lions Youth Services

Contact Mary Ellen Pate: meln71@msn.com  
or Text at 603-475-9985



Fundraising with Terri Lynn

**WE NEED YOUR CONTINUED SUPPORT! - THANK YOU!**

By purchasing these delicious nuts, snacks and chocolates, every purchase brings us a step closer to achieving our goal. Please help us with a purchase today! A portion of every product sold on this website benefits Lions Youth Development of NH (Lions Youth Services of New Hampshire!)

Free shipping on any order \$30 or more (per recipient address).

For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

Please visit <https://LYSNH.terrilynn.com>  
to choose from the many delicious selections offered!



*It's Apple Picking Season here in New Hampshire, Why Not Combine Some of those Delicious Apples with Honey Roasted Peanuts from Terri Lynn to make a Sweet, Tart, Nutty Treat or use the Peanuts as the topping for your favorite Pad Thai!  
Roasted Peanuts with their custom Honey Roast blend for just the Right Touch!*

Please visit <https://LYSNH.terrilynn.com>



LIONS YOUTH SERVICES  
PO Box 156  
Atkinson, NH 03811

- GRANT APPLICATION -

*All completed applications MUST be sent to this PO Box*

\_\_\_\_\_ *Amount requested*

\_\_\_\_\_ *Date Requested*

Requesting Club: \_\_\_\_\_

Club President: \_\_\_\_\_

Club Mailing Address: \_\_\_\_\_

Club Phone: \_\_\_\_\_

Club Email: \_\_\_\_\_

Briefly describe the project and how it will benefit the Youth in New Hampshire: *(continue on back if needed)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# of Youth Benefitting: \_\_\_\_\_ *Required*

Project Budget: \_\_\_\_\_

Requested Amount: \_\_\_\_\_

Project Start Date: \_\_\_\_\_

Project End Date: \_\_\_\_\_

Requesting Club \_\_\_\_\_

President's Signature: \_\_\_\_\_

Grant Request Guidelines:

*All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. We encourage all clubs to join us to present their request.*

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H.
- 2) The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July - June) for different projects.
- 3) Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 4) Grant Applications **MUST** be mailed to: LYS, PO Box 156, Atkinson, NH 03811 by the last day of the month *prior* to the start of the project. *No reimbursements will be approved.*

*It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the youth of our state, not to replace your club's support.*





## Green Team

### Help Address Climate Inequity in New Hampshire. Support WindowDressers!

The climate crisis affects everyone, but it hits low-income residents the hardest. Many of these families live in older, poorly insulated homes, with higher heating costs that strain already tight budgets. This forces difficult choices between staying warm and having enough to eat.

The NH Lions Green Team and Henniker Lions Club have partnered with WindowDressers, a volunteer-run nonprofit, to address this challenge. This November, at the Merrimack Valley Build, they will teach residents to build their own insulating window inserts at low or no cost. These inserts can make a significant impact: just ten can save a household over 85 gallons of fuel in a single winter. Yet, in the Merrimack Valley area—including Henniker, Hopkinton, Hillsboro, Antrim, Canterbury, Loudon, and Boscawen—the cost of over \$500 for 10 inserts remains out of reach for more than half of the families who need them.

By donating to WindowDressers through the NH Lions Clubs, you can help your neighbors save money, stay warm and reduce their carbon footprints. Please send your donation to the Henniker Lions Club (PO Box 808, Henniker, NH 03242) with "WindowDressers" in the memo line. Should we exceed our fundraising goals, any additional funds will support WindowDressers' work across Maine, Vermont, and New Hampshire.

\*\*Join us on "Lions Day" at the Merrimack Valley WindowDressers Build, located at the Canterbury Town Hall, 8 am and 1 pm shifts on 11/9. Or volunteer at other builds this fall and winter across New Hampshire—including Exeter, New London, Monadnock, and North Conway. Help meet our District goal of launching a *new service project* and earn a NH Green Team Patch by reporting your service to [NHLionsGreenTeam@gmail.com](mailto:NHLionsGreenTeam@gmail.com). When we serve, everyone wins!

Submitted by The NH Lions Green Team 🍏



**A Drafty House This Winter?**  
It doesn't have to be next year!  
Get insulating window inserts for your home at **LOW or NO cost!**

**Insert Benefits**

- Helps lower your heating costs
- Keeps your home warm through winter
- Reduces greenhouse gas emissions
- One insert saves around **8.5 gallons** of heating fuel every year.

Scan to sign up for inserts!



**Merrimack Valley Community Build**  
Serving: Boscawen, Canterbury, Henniker, Hopkinton, Loudon, & Weare

Nov. 7th - Nov. 13th, 2024  
Canterbury Town Hall  
1 Old Tilton Rd, Canterbury NH 03224

Contact: [MerrimackValleyWD@gmail.com](mailto:MerrimackValleyWD@gmail.com)

- Ruth Heath, 603-724-4343
- Claudia Leidinger, 603-568-4713
- Sarah Keniston, [HennikerLions@gmail.com](mailto:HennikerLions@gmail.com)



**Merrimack Valley WindowDressers**  
Sponsored by: Loudon Energy Committee, Canterbury Energy Committee, Loudon Lions Club, Henniker Lions Club, NH Lions Green Team



## Club Happenings

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### **Atkinson**

Where did the summer go? The Atkinson Lions hope that everyone had a chance to relax and enjoy time with family and friends. We are ready to get back to work.

We had a few projects this summer. We had members that continue to go to Lions Camp Pride to continue the good work there and complete needed projects.

A couple of our local food pantries reached out for help during the summer and members quickly responded by holding a couple of very successful food drives in cooperation with our local Dollar Tree.

The Atkinson Lions support the Elder Affairs Annual BBQ by providing the food for the occasion. Inclement weather postponed the event, but it has been rescheduled, and by the time you read this, will have taken place.

We are busy planning for the Annual Car Show on Labor Day. This is in conjunction with the Atkinson Fire Dept and is well attended each year with over 200 cars in attendance. Come join in the fun on Dow Common.

The Annual Golf Tournament is being held at the Atkinson Country Club on Monday, September 23. There are still openings for golfers, as well as sponsors. You can contact Roger at 603-489-3913, Dennis at 603-498-6991 or Janet at 781-864-3082 for more information.

Our next Meat Raffle is being planned for Saturday, October 5 at the Atkinson Community Center at 7:00. Doors open at 6. Come join the fun and take a chance on winning quality meat. BYOB and food. We will provide snacks.

**Auburn-Candia**

Congratulations to the Auburn-Candia Lions Club on joining District 44H Lions! Let's show our support to this new club at their Charter Night Celebration. Please use the registration form to reserve your spot at the celebration.



**AUBURN-CANDIA LIONS CLUB CHARTER CELEBRATION**

**SATURDAY, OCTOBER 12, 2024**  
**PURITAN CONFERENCE & EVENT CENTER**  
**245 HOOKSETT RD., MANCHESTER, NH**

**5:45 pm Social - 6:30 pm Dinner**

**Reservations must be received**  
**Before September 28, 2024**

**MEAL COST \$45.00 PER PERSON**

**Appetizers, Buffet Dinner and assorted Desserts, Coffee & Tea**

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RETURN THIS PORTION

AUBURN-CANDIA LIONS CLUB CHARTER NIGHT RESERVATION

PLEASE MAKE CHECKS PAYABLE TO:

**AUBURN-CANDIA LIONS CLUB**

**MAIL TO:**

**Michael Baillargeon**

**(603) 235-1260**

**11 Michael Bennett Road**

**[mdbail@comcast.net](mailto:mdbail@comcast.net)**

**Brentwood, NH 03833**

**DEADLINE SEPTEMBER 28, 2024**

NAME OF CLUB \_\_\_\_\_ # ATTENDING \_\_\_\_\_

AMOUNT ENCLOSED: \_\_\_\_\_ (\$45.00 PER PERSON)

NAME(S) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**We Look Forward to Seeing you on October 12, 2024!**

**Dover, Rollinsford, South Berwick (DRSB)**

On Thursday, September 19, 2024, at 7pm, the *Lions Club of Dover, Rollinsford and South Berwick* will host a Comedy Night to benefit community initiatives at the Chameleon Club (Cara Irish Pub) in Dover, NH. Tickets are \$20 and can be purchased at <https://www.eventbrite.com/e/charity-comedy-night-cara-to-benefit-the-doverrollinsfords-berwick-lions-club-tickets-887116949677>.

Popular comedians from around the area will join forces for this event, including Mark Moccia, Stephen Bjork, Janet McNamara and Logan O'Brien. There will also be a 50/50 raffle.

Doors open at 6pm so come early, grab a good seat and come have some laughs for a good cause!

**21+ CHARITY COMEDY NIGHT**

BENEFITING DOVER ROLLINSFORD  
SOUTH BERWICK LIONS CLUB

**LIONS INTERNATIONAL**

THE CHAMELEON CLUB @ CARA IRISH PUB  
SEPT 19 @ 7 PM; DOORS OPEN AT 6

\$20 TICKETS

Host

**MOCCIA**  
COMEDY PRODUCTIONS

Triple Headliner Show!

**STEPHEN BJORK**      **JANET MCNAMARA**      **LOGAN O'BRIEN**



Hudson



2024-2025 Hudson Lions Club Officers  
 Front L-R: Secretary PDG Gary Rodgers, 1st VP Gary Gasdia,  
 President Kimberlee Fournier, 2VP Pamela Lalmond,  
 3VP Mary Joy Gasdia, Treasurer, Tracy Gendreau  
 Back: Lion Tamer Jeff Lalmond, Tail Twister Diane Brooks,  
 BOD Ann Mason, Lara Raymond, Pauline Boisvert,  
 Barbara Bouley, Membership, PCC Celeste Ricupero.  
 Not pictured PCC Roger LaTulippe, LCIF  
 Marketing & Communications, PCC Deedee LaTulippe

AWARDS



Top Left: Bill LeBlanc, PGSF, Joe Kasper, MJ Tracy Gendreau, PGSF, Barbara Bouley, MJ, Linda Hedrick 2nd PMJ, Robin Rodgers, PMJ, Pamela Lalmond, MJ, Linda Hedrick, 2nd PMJ, Pres Kimberlee Fournier, PGSF, Pres Kim pinning IPP Linda Hedrick. PCC Roger LaTulippe, Installation, Lion Joe Kasper, Emcee.



Hudson Lions Club members, Dr. David Appler (1976) and Lillian Bellisle (1980) received Life Membership in the Hudson Lions Club at their Installation. Presenting on behalf of the club were PCC Celeste Ricupero & PDG Gary Rodgers.



Hudson Lions Club Fundraiser  
To Benefit The Hudson Food Pantry  
Sat. October 5, 2024



The White Birch Function Hall, 222 Central St., Hudson NH  
Doors open at 6:30PM—10:00PM  
\$35.00 PP Entertainment, Dancing, Raffles, Cash Bar  
Additional Questions: Barbara 603-305-5193



**AYLA BROWN AND ROB BELLAMY**

With sweet harmonies and a catchy concoction of melodies, Massachusetts natives and country duo, [Ayla Brown](#) & [Rob Bellamy](#), first began writing songs together after meeting over a 1000 miles away in Nashville. They eventually began recording demos, uploading videos on Facebook and YouTube of their songs, and booking shows together along the East coast. In 2019, they released their first EP, *Make it Mean Something*.

Ayla Brown was a contestant on American Idol season 5 where she placed in the **top 16**. A woman of many talents, she is also a former NCAA basketball player and a graduate of Boston College with a degree in communications.

Rob Bellamy, in addition to Country Music fame, was drafted by the Hockey team, the Flyers, in the 3rd Round of the 2004 NHL Entry Draft. He made his professional debut on 4/2/08 vs. Norfolk after signing an ATO with the Phantoms.



**FOR TICKETS**

<https://hudsonlionsclub.ludus.com>





**Be silly. Be fun.  
Be different. Be crazy.  
Be you.**  
Because life is too short to be anything but happy!



In Loving Memory of  
Our Fellow Lion and Friend  
Lion Joe Kasper  
April 23, 1953 - July 16, 2024

MD 44 Lions in attendance at the "Celebration of Life"



Lions of MD44 gathered on August 24th at the Delta Dental Campus to pay their final respects to Hudson Lion Joe Kasper, International Director Steve Middlemiss spoke of the many ways Joe impacted the lives of those he came in contact. Joe was involved in many activities not only with the Lions, but numerous organizations throughout the state. Joe lived the Lion's motto, "We Serve", and he did so with kindness and humility. On behalf of the Lions, ID Steve extended his deepest sympathies to Joe's wife, Lion JoAnn Kasper, their children and family. Joe will be missed by many in many ways.



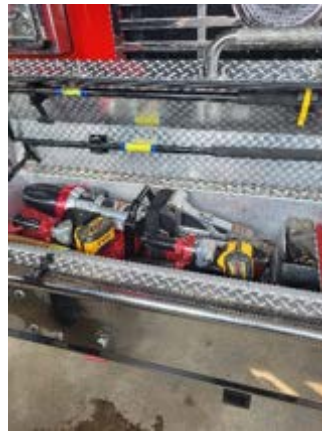
## Loudon

Lions President Ed Friedrich presents a check for \$1,751 to Fire Chief Tom Blanchette and Deputy Chief William Lake for the Firefighters Association.

The check represents the donations received at the Lions Old Home Day Pancake Breakfast.

The equipment pictured are an example of what the Association purchases with donations received.

The Chief said that over the past 5 years, the Association has purchased over \$76,000 worth of equipment plus hosted events like Community Dinners and Ice Cream Sundae nights.



## Angels 5K at MVHS

The June 13th Angels 5K Road Race at Merrimack Valley High School raised considerable scholarship funds for MVHS grads. Sponsored by the Loudon Lions, this event has grown significantly in recent years. Lions seen here at the awards presentation are (l-r) local Loudon Lion officers Ed Friedrich (President) and Vince Giambalvo (Second Vice District Governor of District 44H) along with 44H District Governor Peter LaPointe. On the far right is the late Joe Kasper of the Hudson Lions and Northeast Delta Dental, one of the race's prime sponsors.





## Nashua



Nashua Lions have been busy this summer. We donated a Trex bench to the Nashua Boys & Girls Club in memory of Lion Dr Robert Moheban. Dr Mo was a long-time Nashua Lions Club member, and was active until his death. In addition, our club presented an MVP Award to River Hart, a Silver Knights baseball player. We provided more birthday bags to the Corpus Christi Food Pantry. Club members participated in the Mission 1.5

summit in Chicago, the 44H Pre-Cab and Cabinet Meetings, and the 44N Cabinet Meeting. KL Ed started a new club recognition, "Make Your Mark," and presented 3 of these to Lions who have stepped up in service over the summer. Nashua Lions helped pack 1500 bags of school supplies for Nashua Goes Back to School, where we also ran a vision screening. Lions helped pack food bags with End 68 Hours of Hunger, and provided meals for Marguerite's Place while clients attended life-skills seminars. Where there's a need, there's a Nashua Lion!



## Portsmouth

Hear Randy Pierce, CEO of Future In Sight, in Portsmouth Sept. 24

You're invited to join the Portsmouth Lions Club when we host Randy Pierce, president and CEO of Future In Sight, speaking about his inspirational adventures since he lost his sight as an adult, on Tuesday, Sept. 24 at 6:30 p.m. at the Portsmouth Public Library in Portsmouth, N.H.

Pierce is a captivating motivational speaker who draws upon his life experiences to inspire, entertain and teach. He creates a powerful connection to his audiences through unique viewpoints on the adventures and challenges of a man who chose a life filled with incredible adventure-laden experiences despite his being suddenly stricken with a neurological disease rendering him blind at age 22. Participants experience the highs, lows and problem-solving techniques used to convert adversity into methods of achieving their peak potential. Emphasizing goal-setting, problem-solving, teamwork, and communication with amusing anecdotes and demonstrable achievements, he motivates everyone in the audience to set and achieve their own goals.

Pierce has also written a memoir, "See You At The Summit," which has been inspirational, helping readers to overcome challenges in their lives.

The event is free and open to the public. Please let us know you'll attend by emailing [portsmouthnhlions@gmail.com](mailto:portsmouthnhlions@gmail.com). The Portsmouth Public Library is located at 175 Parrott Ave., Portsmouth.

## Salem

### Salem Lion News

Summer went by too quickly; however, the Salem Lions were still managing to stay visible in the community. During the month of June, we presented a check to the Salem Police Department to help fund their summer camp for youth. In addition to volunteering time helping with Salem High School's youth program, End 68 Hours of Hunger, we presented a donation to the program. In August, we were honored to have Gail Dacey attend the Mission 1.5 conference in Chicago along with others from 44N and 44H. We participated in the Salem Police Department's National Night Out event and most recently attended the 1<sup>st</sup> Cabinet Meeting for the 2024-2025 Lion Year and won the Best Spirit!

We've got the spirit, how 'bout you!? Ready to hit the ground running for another incredible year!



## Seabrook



The Seabrook Lions Club presented another Granite State Fellow! This award was presented to Kathy Schroth for all her help with creating posters and digital posters for us. Pictured is vice president Linda Fortin, Kathy Schroth, and President Jayne Dobbins.

## Windham




Hugs and Cuddles: Lions Tom Winter and Frank Provenzano delivered 30 bears to Parkland Hospital in Derry, and Lion Susan Flynn along with her sons Bobby and Charlie delivered 20 bears to Convenient MD in Windham. The staff at both medical facilities were once again very thankful for the bears as they will be bringing lots of comfort to their young patients.



Join us for the Windham Lions Club Golf Classic on September 30<sup>th</sup> at the Windham Country Club. Refer to the flyer for more information.

**Windham, NH Lions Club Golf Classic**

<p><b>Save the Date</b> <b>Windham CC</b> <b>Sept 30, 2024</b> <b>Shotgun Start 7:30am</b></p>		<p><b>\$150 entrance fee per golfer includes:</b> <b>Greens Fees &amp; Cart</b> <b>Gift Bag</b> <b>Coffee &amp; Donuts</b> <b>Hot Dogs at the turn</b> <b>Italian Feast Lunch</b></p>
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**We are excited to announce the Windham Lions Club Golf Classic**

The Windham Lions Club has served the Windham community for over 50 years! The proceeds from our golf classic will benefit the many service projects we support.

We are kindly asking for your support. There are many opportunities for you to support our event and help us continue to give back to our community. There are event sponsorships, raffle items, monetary donations, and player registration.


**Sponsorship Opportunities**

- Golf Ball Sponsor - \$ 1000**  
Name / Logo in Program
- Hole Sponsor - \$100**
- Raffle Items for Drawing**
- Gift Certificates for Drawing**

**This is a Four-person scramble format - RCMGC Scoring will determine winners**  
Based on 18-hole gross score, the teams with the lowest scores will become Flight 1,  
the teams with the highest scores will become Flight 2.  
Nine holes will be picked randomly to determine net scores.  
The three lowest, 9-hole, team net scores, in each flight will be awarded prizes.

For more information contact co-chairs:  
Fran Cedrone - [fredrone52@gmail.com](mailto:fredrone52@gmail.com) 603-440-5996  
Michael Murphy- [michaelpmurfphy21@gmail.com](mailto:michaelpmurfphy21@gmail.com) 978-407-5338  
or visit our website: [www.e-clubhouse.org/sites/windham\\_nh](http://www.e-clubhouse.org/sites/windham_nh)

**Windham Lions Club Website**



504025



**Wolfeboro**

**Lake Winnepesaukee Day** (sponsored by Wolfeboro Economic Development Committee)  
August 11<sup>th</sup>, 5pm-10pm



Although the event was postponed due to weather from Friday evening to Sunday evening, the Wolfeboro Lions Club was present for the entire event, serving up burgers, sausage subs, etc. which raised funds for the club's charity donations. And, we had a display promoting the club for potential new members. Pictured are Sharon Waid, Chuck Badzmierowski, Barbara Fioravanti, Gina Lessard, John Askew and Nancy Askew. Not pictured, but also part of the event are John Adams, Nancy O'Dowd, and Larry Wilberton.

**Wolfeboro Lions / Wolfeboro Parks & Rec**

Our club works closely with the town Parks & Recreation Department, assisting in and/or co-sponsoring community events. In August was the annual Granite Man Triathlon, sponsored by Parks & Rec. Several Wolfeboro Lions were present as volunteers for the event.

**AND, JUST A REMINDER....**

**Wolfeboro Lions 19<sup>th</sup> Annual Golf Tournament September 10<sup>th</sup>**

**Wolfeboro Lions Club**  
*19th Annual Golf Tournament*  
**Tuesday, September 10, 2024**  
Indian Mound Golf Club  
Route 16B, Center Ossipee

7:30am-8:30am Breakfast/Registration  
8:30am Shotgun Start  
1pm Lunch  
Prizes and Raffle to Follow

For Registration Forms Visit  
Wolfeboro Lions Club Facebook Page  
or Call John Adams 603.569.4670 or  
John Askew 603.569.1099

Net proceeds benefit  
Wolfeboro  
Lions Club  
Charities  
including:  
NH Sight  
and Hearing,  
Camp Pride,  
and Book  
Scholarships.



## Resources

### **Camp Pride**

Second Weds of the month,  
6:30pm Airport Diner, Manchester

### **Health Services of NH**

Fourth Tues of the month, 6:30pm  
Meets via Zoom  
md44healthservices@gmail.com

### **Lions Twin State Soccer Assoc.**

Fourth Tues of the month, 6:30pm  
meets via Zoom  
LTSSAVTNH@gmail.com

### **Lions Youth Services**

Second Thurs of the month,  
6:30pm Airport Diner, Manchester

### **Sight & Hearing Foundation**

Third Thurs of the month, 6:30pm  
Airport Diner, Manchester

### **Childhood Cancer Chair:**

Michelle Ackroyd  
m.ackroyd@comcast.net

### **Diabetes Chair:**

PCC Robert Gustafson  
Robertgustafson11@gmail.com

### **Environment Chair:**

Jeri Maynard  
lionjeri@comcast.net

### **Hunger Chair:**

Mario Izzo  
Mbi1220@gmail.com

### **Lions Fellowship:**

Nancy O'Dowd  
Lupesmom14@gmail.com

### **Peace Poster:**

Available through LYS

### **District Photographer**

PCC Deedee LaTulippe  
liondeedee@comcast.net

### **Uniforms/Jackets:**

Joe Kasper  
JKasper@nedelta.com

### **Newsletter Editor:** Linda Quebec

Newsletter44H@Outlook.com  
Send submissions by the 20<sup>th</sup> each  
month.



### **Facebook Resources:**

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

### **NH Lions District 44-H**

- Our district page

### **Global Lions Forum**

- Learning from Lions leaders around the world

### **Lion Portal Forum**

- A group to support one another while learning how to use the Lion Portal.

### **Lions Clubs International**

- Posts from Lions International

### **Lions Club Members: Public Image, Graphics & Ideas Hub**

- Great Lions images to use in your marketing, social media, newsletters

### **Lions SMiLE (Social, Media, including, Lions, Everywhere)**

- Excellent resource on how to improve your club's social media marketing.

### **Online Resources:**

#### **Lions International website**

<https://www.lionsclubs.org/>

#### **Lion Portal Login page:**

[Login \(site.com\)](https://www.lionsclubs.org/)

LionsSupport@LionsClubs.org

(630) 468-6900 Member Svc.

#### **District 44H website**

[http://e-district.org/sites/district\\_14-1/index.php](http://e-district.org/sites/district_14-1/index.php)

## Leadership Directory

**District Governor****Peter LaPointe**

978-479-0454;  
plapointe.lions@gmail.com

**First Vice District Governor****Marie Valliere**

603-998-0871;  
keylion03@gmail.com

**Second Vice District Governor****Vince Giambalvo**

845-304-2059;  
rosevin68@gmail.com

**Cabinet Secretary****Bob Bedrosian**

603-560-3867;  
bbedrosian@comcast.net

**Cabinet Treasurer****Lenny Hall**

978-360-0958;  
lah03811@gmail.com

**Multiple Council Chair &  
Immediate Past District  
Governor****Kamal Masand**

603-661-6638;  
kmasand01@gmail.com

**Zone 1 Chair, Kimberlee  
Fournier**

Ph: 603-897-9348  
E: kimberleef60@yahoo.com  
Clubs: Derry, Hudson, Litchfield,  
Londonderry, Nashua, Salem,  
Windham

**Zone 2 Chair, Krissy McKeeman**

Ph: 978-314-9445  
E: krissy8379@gmail.com  
Clubs: Atkinson, Auburn-Candia,  
Chester, Danville, Hampstead,  
Kingston, Plaistow, Sandown

**Zone 3 Chair, Langdon Plumer**

Ph: 603-770-6499  
E: langplumer@gmail.com  
Clubs: Exeter, Epping, Hampton  
Area, Newmarket, Portsmouth,  
Raymond, Rye, Seabrook

**Zone 4 Chair, Ajay Rana Bhat**

Ph: 508-685-0582  
E: ajayranabhat@gmail.com  
Clubs: Barrington; Dover,  
Rollinsford, S Berwick; NH  
Everest; Rochester; Somersworth;  
Wakefield

**Zone 5 Chair, Ken Ward**

Ph: 631-220-5106  
E: kenward636@yahoo.com  
Clubs: Epsom-Chichester, Laconia-  
Gilford, Loudon, Meredith,  
Saddleback Mountain, Suncook  
Valley

**Zone 6 Chair, TBD**

Ph: E:  
Clubs: Conway Area,  
Moultonborough, Whittier,  
Wolfboro

**Global Action Team Leader****Peter LaPointe**

978-479-0454;  
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**Global Extension Leader****PID Ed Lecius**

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**Global Leadership Leader****SVDG Vincent Giambalvo**

845-304-2059;  
rosevin68@gmail.com

**Global Membership Leader****Gail Dacey**

603-560-1029;  
grd514@aol.com

**Global Service Leader****Linda Hedrick**

603-553-9015;  
lindahedrick676@gmail.com

**LCIF Coordinator****PCC Scott Wilson**

603-770-3700;  
scottwils@comcast.net