

THE PRIDE

Newsletter of Lions District 44-H New Hampshire
July 2024, Volume 50, Issue 01



A Message from District Governor Peter LaPointe

Choosing to Make a Difference is a journey that begins for each of us today!

Choosing to make a difference can be a powerful and fulfilling decision. Wake up every morning and make a conscious decision to make a difference. Here are some steps and ideas on how you can make a meaningful impact:



1. **Identify Your Passion:** Determine what issues or causes you are most passionate about. This could be anything from environmental conservation to social justice, education, health, or animal welfare.
2. **Educate Yourself:** Gain knowledge about the issues you care about. Read books, watch documentaries, attend seminars, and follow reputable sources to understand the challenges and possible solutions.
3. **Volunteer Your Time:** Offer your time and talents to organizations working on the causes you care about. Volunteering can be a hands-on way to contribute and learn more about the issue.
4. **Donate:** If you have the means, consider donating to organizations that are making a difference. Even small contributions can have a big impact.
5. **Raise Awareness:** Use your voice and the various platforms to spread awareness about important issues. Social media, blogs, and community events can be effective ways to reach a wider audience.
6. **Advocate for Change:** Get involved in advocacy work. This can include signing petitions, contacting your representatives, participating in protests, or working to change policy and law.
7. **Live Sustainably:** Make choices in your daily life that reflect your commitment to making a difference. This could mean reducing your carbon footprint, supporting ethical brands, and being mindful of your consumption.
8. **Support Local Communities:** Engage with and support your local community. This can involve shopping locally, supporting small businesses, participating in community events, and helping out neighbors in need.
9. **Mentor and Educate:** Share your knowledge and skills with others. Mentoring young people or educating others about the issues you care about can create a ripple effect of positive change.
10. **Stay Persistent and Positive:** Making a difference can be challenging, and progress may be slow. Stay committed to your cause and maintain a positive attitude even in the face of setbacks.

Remember, making a difference doesn't always require grand gestures. Small acts of kindness can collectively lead to significant change.

Join in on our journey to bring about change

"Choose to Make a Difference"


DG Peter

Table of Contents

A Message from District Governor Peter LaPointe	1
District Goal Progress	3
Membership.....	3
Welcome new members!.....	3
Service.....	3
LCIF Donations	3
Upcoming Events	4
Fabricio Oliveira, International President	4
Marie Valliere, First Vice District Governor	5
Vince Giambalvo, Second Vice District Governor & GLT	5
Gail Dacey, Global Membership Leader (GMT)	6
Bob Bedrosian, Cabinet Secretary	6
Kamal Masand, Multiple Council Chair	7
Michelle Ackroyd, Childhood Cancer Chair	7
Jeri Maynard, Environment Chair	8
District Org Happenings	9
Cabinet Meeting Registration Form	9
Club Excellence Award Application	10
Camp Pride.....	11
Camp Pride Brick Order Form	12
Hugs & Cuddles District Project	13
Multiple District Happenings	14
DogSight Project	14
Green Team	14
Lions Youth Services	15
Club Happenings	19
Resources	26
Leadership Directory	27

District Goal Progress


Membership



District Membership*	Previous Month	2023-2024 Year	2024-2025 Goal
Opening Balance	1,255	1,246	
Added Members	11	127	167 new members
Dropped Members	60	167	
Closing Balance	1,206	1,206	
Net Gain/Loss	-49	-40	84 net growth, plus 1 new club


International membership is currently 1,345,152.

Welcome new members!




Club	New Member*	Sponsor
Exeter	Anne Marie Fournier	Shawna Fournier
Hudson	Reinstated 1	
Londonderry	Patricia Reid	Gary Smith
Nashua	Myra Nikitas	David Fredette
Nashua	Varsha Masand	Kamal Masand
Nashua	Dinesh Masand	Kamal Masand
Nashua	Suresh Masand	Kamal Masand
Nashua	Janet Masand	Kamal Masand
Plaistow	Thomas Cameron	Roy Walling
	2 unknown	

Service



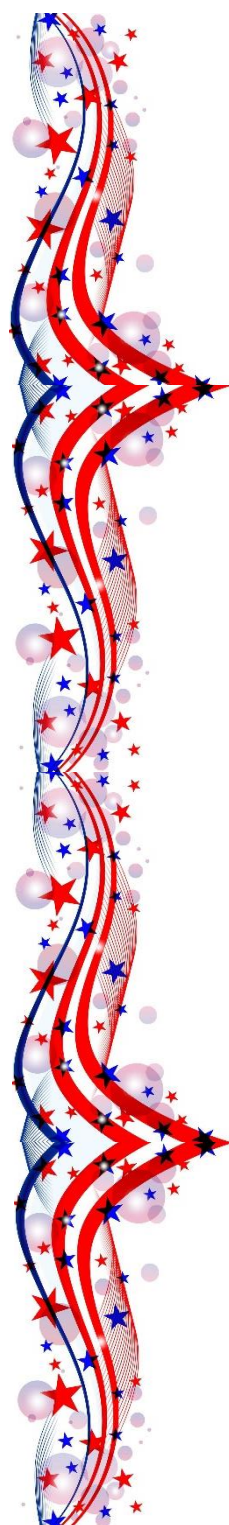
District Service*	June	2023-2024	Goals
Vision Screenings	1,137 people	13,804 people	
Hugs & Cuddle Bears	June 0 bears	835 bears	
% Lions Clubs Reporting		100%	100%
Volunteer Service Hours	7,121	43,887	22,500
Service Activities	154	1,990	1,100
Individuals Served	47,116	262,159	200,000

LCIF Donations

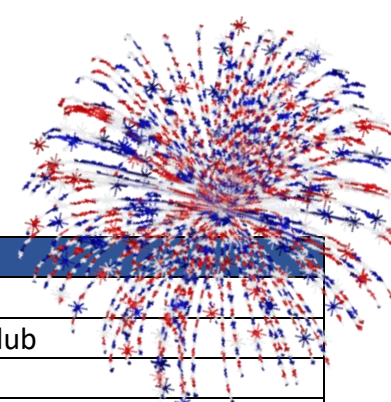


District LCIF Donations*	2023-2024	2024-2025 Goals
LCIF Donations	\$70,110	\$50,000
# Clubs Donating	21	25+
# Individuals Donating	26	100+


*Data as of 6/30/24



Upcoming Events



Date	Event
Jul 1 2024	Beginning of new Lion Year
Jul 14	Homecoming Celebration for MCC Kamal, 2:00pm, Nashua Country Club
Jul 20	Lions Twin State Soccer Association games, Hanover HS, 1:00 & 4:00
Jul 20	Deadline for newsletter articles; send to Newsletter44H@outlook.com
Jul 31	Deadline to email Club Excellence Award application to MCC Kamal; KMasand01@gmail.com
Aug 8	Please register for Cabinet Meeting before this date.
Aug 18	44H Cabinet Meeting, Camp Pride. Registration form in newsletter.
Aug 24	Lions Night at Fisher Cats. Flyer in newsletter.
Sep 5-7	USA/Canada Forum, Louisville, Kentucky
Oct 26	Camp Pride work day
Nov 10	44H Cabinet Meeting, Castleton Banquet & Conference Center, Windham



Upcoming Lions International Convention Locations:

2025 - Mexico City, Mexico
 2026 – Hong Kong
 2027 – Washington DC

2028 - Singapore
 2029 – Minneapolis, MN

2030 – San Antonio, TX
 2031 – Helsinki, Finland

Fabricio Oliveira, International President



Our new International President (IP) Fabricio Oliveira is from Brazil. He has held many offices within the association, and was voted in as our new International President at convention in Australia. He has been instrumental in adding several new Lion and Leo clubs and recruiting many new Lions. Outside of Lions he is active in numerous professional and community organizations. He and his wife, Lion Amariles, have three children and a granddaughter. [Click here](#) to learn more about IP Fabricio.



IP Fabricio's theme is "Make Your Mark." He believes "there is a leader inside every Lion. And leaders know that through collective action and individual commitment we can inspire and empower whole communities. Making them healthier and stronger than ever before. And making our mark in the process. As leaders, we unite people through our clubs, and in our mission of service. We foster collaboration so we can do what others say can't be done. We embrace innovation so we can bring our bold service vision to life. We give caring people the chance to serve with us so they can lead with us as Lions.

And with every new member we bring, we make our mark on the future of service. Together, we reach out to the people who need us. We amplify voices that would otherwise go unheard. We change lives in ways that only Lions can. And with every life we touch, with every community we serve, we make a mark that will endure, and will never be forgotten."



Marie Valliere, First Vice District Governor

WELCOME to the Lions year 2024-2025.

I look forward to working with all the clubs this year.

This is the time of year to look at your goals for the next year. Are there things that you did last year that ran well? Things not so well? Are you willing to try new things? New members need things to do; service and new projects are a good way to get them involved. The Lion Portal is up and running and DG Peter wants to plan a training session or two to assist anyone having difficulty. Let's all work together to help each other become the best Lions we can be.

I have an environmental project I am hoping to introduce at the August cabinet meeting. A part of the environment is recycling eyeglasses and plastics. Don't forget to report those as service projects.



Vince Giambalvo, Second Vice District Governor & GLT

As I start a new chapter in my journey with the Lions, I would like to introduce myself and take a moment to reflect on how I got here.

For those who don't know me, I am originally from New York, and have spent over 30 years working in Human Resource Management and Learning & Development prior to my retirement. Shortly after moving to New Hampshire in 2017, my wife RoseMarie and I were invited to a meeting of the Loudon Lions Club. Even though this was our first meeting, we were familiar with the Lions Club, as RoseMarie's father served as the First Vice President of the Lions Club in Hartford, CT. As we sat there and listened, I realized that the Lion's Motto, "We Serve" was very familiar.

As a young boy, I joined the Boy Scouts to serve my neighborhood. As a college student, I joined the U.S. Navy to serve my country. Throughout my working career, I always sought opportunities to make a difference through service. I helped start the Association for Training & Development (ATD) Chapter in Ann Arbor, MI and served as its first Membership Chair and Second President. When we moved back to New York I joined the Northern NJ Chapter and served in several positions including Chapter President. I remained on the Chapter Board of Directors for 26 years until my retirement. During that time, I also served on the Board of the Society for Human Resource Management (SHRM) in North New Jersey/Rockland County for 15 years. Through my positions with ATD and SHRM I was able to serve as a mentor for young professionals entering the field.

Shortly after we joined the Loudon Lions Club, I was asked to serve as President. Although I was a new Lion, I agreed - with some trepidation. You see that was not the first time I jumped into the deep end of the pool hoping I could swim well enough to survive. After two years as President, I was asked to become a Zone Chair. I said no at first as I still had much to do at the

club level. But the following year I was asked again and this time I agreed to become Zone Chair. After serving for one year, I was asked to run for Second Vice District Governor. Although I was honored, I said no. A year later I was asked again, and this time I agreed to run. How many times could I say no to an opportunity to serve?

As I go forward in my Lions journey, the only promise I can make is that I will work just as hard in the future as I have in the past. I look forward to serving the District and continuing to learn more about What Lions Do, especially by finding more ways we can serve our community and make a difference where we live. I am honored to have this opportunity and serve alongside all of you.



Gail Dacey, Global Membership Leader (GMT)

Welcome to the new Lions year with Peter as our new district governor. I will be the GMT again this year so if you need anything or have any questions please don't hesitate to ask. I'm here for you. PDG Al Goldstein, PCC Mike Baillargeon, and I are looking to put on a membership workshop to help with 1.5 and attracting new members. Be on the lookout for details.

All clubs should be thinking about holding a membership drive of some sort this summer or early fall. Remember more hands make light work and more service projects can get done. We also need to find ways to retain our new members.



Bob Bedrosian, Cabinet Secretary

It's going to be a great year! Lots of things are already happening. I look forward to working with all of you, along with DG Peter and his cabinet.

Please schedule your District Governor visitations with an email to bbedrosian@comcast.net.

District dues invoices will be emailed shortly to club Presidents, Secretaries, and Treasurers. Make your club's payment payable to Lions District 44H and mail it before August 31st care of Bob Bedrosian, 35 Glastombury Drive, Sandown, NH 03873.

Please use the registration form in this newsletter to register for the Cabinet Meeting on August 18th at Lions Camp Pride. We hope to have a great turnout to kick off Peter's year as District Governor. If you would kindly consider donating an item or gift basket for raffle at Cabinet Meetings, you can contact Mary Ellen Pate at meln71@msn.com. We are extremely grateful for any help.

Meeting Dates to put in your calendar:

- 44H Cabinet Meeting, Aug 18, Lions Camp Pride
- 44H Cabinet Meeting, Nov 10, Castleton Banquet & Conference Center
- Mid-Winter Convention, Jan 24-26, Holiday Inn, Concord, NH
- 44H Cabinet Meeting, Mar 2, location Pembroke Pines Country Club
- Spring Convention, May 9-11, location TBD

Moving forward, Linda Quebec has graciously agreed to continue as newsletter editor. All articles and submissions for The Pride are due by the 20th of each month. Submissions for The Pride should be submitted to Linda at Newsletter44H@Outlook.com.



As we start our new year in Lions, I would like to thank Past District Governor Toni Olden for a momentous year in growing and strengthening her district and wish her well in future Lions activities. I would also like to thank Past Council Chair Eric Lindberg and Past Council Secretary PDG Henry McKee, and Past Council Treasurer PCC Fred Plett, for their efforts working as council leadership to unite and strengthen the Lions of NH. As we start this new year, let's all welcome our new District Governors, Mike Lahey and Peter LaPointe, and support them as they lead our districts into the future. Also welcome my Council Secretary Linda Quebec and Council Treasurer PDG Jerry Vaccaro. Both are proven leaders and were instrumental in the success of 44H in 2023-2024. Happy New Lion Year.



June brought us Relay for Life, and Salem Lions were the Gold Together sponsor. This means that all the money raised by Salem Lions (\$10,794) goes to childhood cancer research. We had 2 heroes join us as our Grand Marshalls for the Gold Together lap.





Jeri Maynard, Environment Chair

If you read the notice from our newly formed NH Lions District Green Team, you will see that your club may now earn an Environment Patch for your banner simply by participating in an environmental service project and contributing to the [NH Lions Green Team](#). Projects include the “Zero Waste” initiative, DIY Sustainable Gift Fair, plastic recycling, road clean-ups, and electronic equipment disposal. All will help you win that badge!

Now, I would like to propose a new and unique project that should be fun, educational and of service to your community. You may have already heard that the District 44N side of the [NH Lions District Green Team](#) has embarked on the “**Community Based Windowdressers Insert Project**”. This is not a window replacement project, but a chance for homeowners to further insulate their windows, at a low cost, while reducing their heating bills, helping the environment, and building community spirit. Inserts, which function as interior storm windows, are installed inside of your existing window with no fasteners required. This project is open to any resident and provided free to those who cannot pay.

You may ask why is it called a community build? Basically, it is like an old-fashion barn-raising. Members of the community and recipients of the inserts gather together to build the inserts. Experienced volunteers teach new volunteers, food is provided, and the result are high-quality inserts, at an affordable price, and a stronger more connected community.

How can the Lions help? **1.** Get the info out to the community **2.** Volunteer to help build the inserts. **3.** Not handy? How about supplying the refreshments at the work site? **4.** Clubs can donate funds for the project to the NH District Lions Green Team via the Sight and Hearing Foundation; Just include **NH Green Team/Windowdressers** in the memo.

There are already Community Based Windowdresser projects centered in Northern NH; we are setting our sights on Exeter and its surrounding communities. More info at the August Cabinet Meeting.



District Org Happenings

Cabinet Meeting Registration Form



District 44H Cabinet Meeting Registration Form

August 18, 2024

Lions Camp Pride
154 Camp Pride Way, New Durham, NH

All Lions are welcome to attend to learn more about District 44H. Casual dress.

8:30 Registration; 9:15 Breakfast; Meeting after Breakfast; Noon expected adjournment.

Buffet breakfast includes scrambled eggs, bacon, sausage, fresh fruit, pastries, juices/coffee/tea.

Cost per person: \$25

*Please consider donating a gift basket for raffle at the meeting.
Contact Mary Ellen Pate at meln71@msn.com with questions.*



Club: _____

Name(s) registering: _____

Number registering _____ X \$25 per person = \$_____ (amount of check)

Please make check payable to Lions District 44H

Registration & Payment due by August 8, 2024.

Mail registration form and payment to

Bob Bedrosian, 35 Glastombury Drive Sandown NH 03873

e-mail: bbedrosian@comcast.net

cell: 603-560-3867

Club Excellence Award Application

Submit to DG Kamal Masand before July 31st KMasand01@gmail.com



Lions International

2023-2024

CLUB EXCELLENCE AWARD APPLICATION

Date:

Club Name: Club Number: District:

2023-2024 Club President's Name:

Member Number: Email Address:

1. MEMBERSHIP

☐ Achieved a net growth of one or more members **or** ☐ Chartered new Lions club or Club Branch

Name of Lions Club or Branch:

2. SERVICE

☐ Contributed to LCIF an amount equal to or greater than the club's membership total multiplied by US\$5.

Year-end membership count x US\$5=

☐ Started a new service project. *Consider one of our Global Causes!*

☐ List Three service activities your club participated in that were reported to LCI:

1.

2.

3.

3. LEADERSHIP & ORGANIZATIONAL EXCELLENCE

☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LC greater than US\$50 outstanding 90 days or more.

☐ Reported Club Officers to LCI

☐ Key Officers participate in club officer training

4. MARKETING

☐ The club has publicized its service activities through local media or social media

Learn more about [promoting your club and activities](#), and learn about the Marketing Award

Camp Pride



LIONS CAMP PRIDE CONNECTION

July 2024



Summer is here and our first lease group of the year is coming July 7th. They are Camp Exciting Adventure, and they are a brand-new group to Camp Pride. Camp Exciting is a blind or visually impaired group from the Rochester area, and we are **Excited** to have them on board.

Getting LCP ready for this camping season has definitely been a challenge. Over 300 trees came down in the late snow and windstorm, **All** have been cleaned up. New doors and windows in the dining hall. **All** have been installed and paid for, **thank you LCIF and the Clubs of 44H**. Other completed projects include a new utility shed, grading of LCP Way and campus roads including deep water road that was washed out. **Many Thanks to Busby Construction.**

I might be a little biased, but I think that Lions Camp Pride is the jewel of our district. The credit goes to all of us who year after year donate their time and money to maintain and improve this corner of our State. Please take a bow or have a cocktail in your own honor. Thank You.

Become a Lions Camp Pride Liaison and we will keep you informed as to what's going on at the Camp, and at the same time you can keep your Club informed.

Please visit <https://www.lionscamppride.org/> for information on the following, located under Support Us/Fundraisers:

1. Commemorative Bricks
2. TD Bank Affinity Program
3. Calendar raffle
4. Northwood Ice Racing
5. Latest Camp news and pictures.

Lenny Hall, LAH03811@Gmail.com, 978-360-0958

Lions Camp Pride NH

Commemorative Walkway

PO Box 135

E Hampstead, New Hampshire, 03826

Become a part of History – BUY A BRICK TODAY

Join us in creating a commemorative walkway by purchasing a personally engraved brick to be permanently installed at Lions Camp Pride NH. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company logos are also possible. Personalized bricks are a great way to

- Recognize a club anniversary, event, or member
- Remember lost loved ones with brick: in memory of them
- Recognize children, grandchildren, parents and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee, or friend, advertise a business
- Give a unique and lasting gift for the Holidays
- Honor a first responder, nurse, doctor, or public official

Here's how you can contribute: Three Lines \$75.00

.....

Brick Order Form

Name _____

Address _____

City/state/Zip _____

Phone _____

Payment may be made by check to Lions Camp Pride NH - Check Number _____

Date ____ / ____ / ____ Amount: _____

Please print in UPPERCASE Letters, each space as one character

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Mail to Lions Camp Pride NH, PO Box 135, E Hampstead, NH 03826

For more information contact Marilyn Vaccaro [603-437-1408](tel:603-437-1408)

Spread Kindness

Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money
- If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

Multiple District Happenings

DogSight Project



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Health Services of New Hampshire



Thank You, New Hampshire Lions!

Through the generous support of all New Hampshire Lions, The DogSight Project raised
\$27,721

for the Fidelco Guide dog Foundation in the Lions 2023-2024 year. It takes \$65,000 to breed, raise, train, and place a single quality Fidelco Guide Dog. Thank you to all the clubs for their support!

The Dogsight Project is looking for members. Duties are light, meetings are short and via Zoom, and satisfaction is great! Contact Linda Piekarski (lpiekarski@ne.rr.com) if you are interested.

Thank you all for your generous support!

Linda Piekarski, Chair, the DogSight Project, lpiekarski@ne.rr.com



Green Team



Lions Environmental Action: Help Reach the Tipping Point and Earn a Patch for Your Club

If your club is looking for inspiration to take on a new cause or service project, consider author Malcolm Gladwell's concept of the tipping point. *"That magic moment when an idea, trend, or social behavior crosses a threshold, tips, and spreads like wildfire."*

We have all seen something become the new normal as a result of a tipping point being reached. Remember when we used baby oil instead of sunscreen or when everyone smoked? These changes happened slowly and did not reach a tipping point until two things happened: respected members of society promoted the changes (education and outreach) and people saw that if they did not change, it would hurt their health or the health of loved ones. Sounds a lot like the issues that we are facing with the climate crisis today.

As respected and connected members of our communities, Lions are in a unique position to help tip the scale in favor of the health of our planet and all its inhabitants. We can do this through environmental service projects that get the community involved in making changes while having fun, learning, and coming together. Here in NH, we have already started with our Trex recycling projects, becoming Zero Waste Clubs, and holding our first every DIY Sustainable Gift Fair. Let's keep up the momentum and show our strength as Lions!

To Earn a Patch

Report your Environmental Service Project/participation in the Zero Waste Club Initiative to
NHLionsGreenTeam@gmail.com

Mail a check for a minimum of \$100 to Lions Sight and Hearing Foundation of NH
Attn: Fred Plett

Memo: NH Lions Green Team
P.O. BOX 970, CONCORD, NH 03302-0970



Lions Youth Services

June 13, 2024 Meeting

The June 13th meeting was held at the Poor House BBQ in Canaan and heard it was an awesome good time!

The BOD positions will basically remain the same for the upcoming Lion year 2024-2025 with the addition of Lion Mary Ellen Pate coming on board as a director for 44H. Many thanks to Lion Eric Olsen continuing on as President and all board members. We look forward to another great year in fun and service.

Grant Applications

Applications for a grant from LYS are still available, check this newsletter for the application form. LYS meets year round and begins their new year July 1st.

Lions Night at the Fisher Cats

Mark your calendar for **Saturday, August 24, 2024** for a great night of baseball!

Price is \$22 for game ticket which includes a baseball cap, hot dog, drink and chips. **Place please your order for tickets with Lion Lenny Hall at 978-360-0958 / email him at lah03811@gmail.com**
- See flyer in this issue for details.

Terri Lynn Fundraiser

We wish to thank you for your continued support with this fundraiser. Please see this newsletter for the latest flyer. Check out this month's featured nut "Honey Roasted Cashews" and a simple recipe featuring this favorite nut!

Peace Poster Contest

2024 - 2025 "Peace Without Limits"

We are half way in the year, school has ended for the year but there is still time to order a Kit. It's still time to ask a member to chair a committee for the contest if your club has not done so already. Believe it or not school doesn't have to be in session, your club could sponsor a youth group and have the participants work on their posters through the summer months.

There are 12 clubs who have already ordered and received a kit (s). Five clubs from 44H; Epsom, Hampton, Nashua, Seabrook, and Wakefield. Seven clubs from 44N; Canaan, Chesterfield, Jaffrey-Rindge, Milford, Pinardville, Souhegan Valley Boys & Girls Club, and Winchester.

There are Kits available to order at \$12.00 each, make check payable to Lions Youth Services, memo peace poster kit and mail check to Lions Youth Services, PO Box 156, Atkinson, NH 03811. If you wish to order a kit please email Rhonda Wynne at rwynnemilford@comcast.net - if you should have any questions, please let her know. And remember to retain the necessary material in the kit and give only the designated sheets to your contact. More details of the contest in the month's ahead. Looking forward to another great contest!

Next Scheduled Meeting - our next scheduled meeting is Thursday, July 11, 2024 at 6:30 pm at the Airport Diner in Manchester.

All are welcome to join us! ***Hope to see you there!***

Have a Happy and Safe 4th of JULY!



Fundraising with



LIONS YOUTH SERVICES is continuously working to help the youth and needy of NH. As you know, we have teamed up with **TERRILYNN** with a fundraising campaign to help us in those efforts. Their premium nuts, decadent confections, savory snacks and tempting mixes are unlike anything you will find at your local grocery store.

How can you help? By purchasing these delicious nuts and snacks today!

Please help us with a purchase today by placing an order.

Please visit: <https://LYSNH.terrilynn.com>

Summer is HERE! Terri Lynn's Signature nuts and snack mixes will fill your cravings. Throw a spoonful or two on your favorite yogurt and make it a special treat. ...Or you can make your own salad dressing with their wonderful **Honey Roasted Cashews**, (try this easy recipe shown below) besides they are incredible on their own!

Free shipping when you order \$30 or more (per recipient address).

For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

Honey Roasted Cashews

Whole cashews with our custom honey roast for a sweet snack or make a salad dressing! A little sweet, a little spicy, and ready in a flash!

Who says salad has to be boring?

Featuring our fan favorite [Honey Roasted Cashews](#)



Guaranteed
SATISFACTION
OR YOUR MONEY BACK!

Spicy Cashew Salad Dressing

Ingredients

- 1/2 cup Honey Roasted Cashews
- 1/4 cup Cold water
- 1 Lime (juiced)
- 2 tbsp Low Sodium Soy Sauce
- 1 inch piece of ginger, peeled
- 1 tbsp distilled vinegar or rice vinegar
- Sriracha
- 1 tbsp Maple Syrup
- 1/4 tsp Salt
- 2 tbsp fresh Cilantro leaves
- Red Pepper flakes (to taste)

Directions

- Add your Honey Roasted Cashews along with the rest of the ingredients except for the cilantro and red pepper flakes to a high-speed blender. Blend until smooth and creamy.
- Add the cilantro & red peppers and blend just until the cilantro is chopped up into small pieces but not fully pulverized.
- Toss onto your favorite salad and enjoy!



**FIRST ANNUAL
JOHN WYNNE LIONS NIGHT AT
THE FISHER CATS
SPONSORED BY LIONS YOUTH
SERVICES**

FISHER CATS



YARD GOATS

**SATURDAY, AUGUST 24
DELTA DENTAL STADIUM
6:35 P.M.**

**TICKET COST: \$22 PER PERSON
PRICE INCLUDES A HOT DOG, CHIPS
AND A DRINK
DON'T FORGET YOUR FREE HAT AS
WELL!**

**GAME ENDS WITH AN ATLAS
FIREWORK SHOW**

**ADVANCE TICKET SALES END AUGUST 14!
CHECKS CAN BE MADE OUT TO "LIONS YOUTH
SERVICES"**

**PLEASE MAIL PAYMENT TO P.O. BOX 156,
ATKINSON, NH 03811.**

QUESTIONS? CONTACT LENNY HALL AT 978-360-0958



LIONS YOUTH SERVICES

PO Box 156

Atkinson, NH 03811

~ GRANT APPLICATION ~

All completed applications MUST be sent to this PO Box

Amount requested

Date Requested

Requesting Club:

Club President:

Club Mailing Address:

Club Phone:

Club Email:

Briefly describe the project and how it will benefit the Youth in New Hampshire: (continue on back if needed)

of Youth Benefitting:

Required

Project Budget:

Requested Amount:

Project Start Date:

Project End Date:

Requesting Club

President's Signature:

Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. We encourage all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H.
- 2) The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July - June) for different projects.
- 3) Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 4) Grant Applications **MUST** be mailed to: LYS, PO Box 156, Atkinson, NH 03811 by the last day of the month *prior* to the start of the project. *No reimbursements will be approved.*

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the youth of our state, not to replace your club's support.

Grant Application rev 07.2023

Club Happenings

Derry

On June 1, 2024, five Derry Lions and four non-Lion volunteers participated in a Highway Clean Up along a 2-mile strip of Bypass 28 in Derry. 21 bags of trash were collected. Lions Cheryl Harvey, Katherine Prudhomme O'Brien, Pete Marcotte, Ellen Carter and photographer Lorraine Lindenberg participated in the clean-up. At least two of the volunteers are very interested in joining the Derry Lions.



Meredith

PDG Marie Hall visited the Meredith Lions Club recently to present Granite State Fellows to three members of the club. The first was to Secretary Margaret Maney, and the second to Treasurer Bob Maney. These two have been a steady force in the club for years and the fellowships are well deserved. The third fellowship was presented to PCC Bill Rathbun for his work on the Sight and Hearing board. Also present was Sight and Hearing incoming President Henry McKee. Absent in the pictures is Bob Maney as he had gone fishing.



Congratulations to Lion Salvatore "Sal" Bramante on 30 years as a member of the Meredith Lions Club. Sal is the "behind the scenes" worker on the course for the annual Rubber Duckie race. Congratulations!

Hudson



On June 10th members of the Hudson Lions Club held their 25th annual townwide Scholarship Awards Dinner. Throughout the day the club members prepared the spaghetti dinner. At 6:00PM they served about 250 people in 18 minutes. The event was Co-Chaired by Lion Joe Kasper and PDG Jerry Vaccaro. A Granite State Fellow was awarded to Kelly Fontaine, Secretary at Alvirne High School, who for the past 18 years coordinated the scholarship recipients to invite them to this dinner, which is free to everyone. The Award was presented by Lion Joe Kasper and Scholarship Chair, PCC Roger LaTulippe. Boy Scout Troop 20, which is sponsored by the Hudson Lions Club, helped set up, clean up, and served the dessert. Five \$1,000 Scholarships were awarded and one recipient is the President of the Alvirne Leo's Club.

Loudon

Loudon Lions Club celebrates it's 20th Anniversary

On June 9th the Loudon Lions Club celebrated 20 years of serving Loudon, New Hampshire and the world. Our anniversary celebration was attended by 50 Lions and guests from 15 Lions Clubs representing Districts 44H and 44N. Four of the Charter members were in attendance. We wish to thank all those who attended or contributed to the celebration. A good time was had by all.



Loudon President, Ed Friedrich (center) with Charter Members (L to R) Casey Williams-Schneider, Laura & Lee Smith, Joan Beldin.



Memorial to deceased members of the Loudon Lions Club



44H SVDG Elect Vince and Lion RoseMarie Giambalvo



Keynote speaker, 44H DG Elect, Peter LaPointe



Loudon members and guests enjoying the evening.



We wish to express our sincere thanks for several generous donations we received from Lions Clubs. Presenting to Ed Friedrich at the ceremony were (L to R), Ed Lecius, Marie Valliere, Bob Dennis, Kimberlee Fournier, Marie Hall.

Nashua



Dose of Good Podcast: DGE Peter LaPointe and Nashua's KL Erin were interviewed on the Dose of Good podcast recently. They talked about what Lions are all about, what encouraged

them to become Lions, and several other questions. Dose of Good is a podcast by Erin Rowe, a Hampstead Lion, where she shares interviews with good people, and good organizations, doing good things. [Click here](#) to listen to their episode.

We had a wonderful Scholarship Night, attended Loudon's 20th Anniversary, had a successful Golf Tournament, had Lions go Over the Edge in Manchester for a fundraiser, and celebrated new members, recognition, and new officers. We hope to see many of you at the Homecoming Celebration on Sunday, July 14th, 2:00pm, Nashua Country Club.

Call Linda Quebec to register for the DG Homecoming; 508-380-4098.

You and your guests are invited to the

DG Kamal Homecoming Celebration

Sunday, July 14th, 2:00pm
Nashua Country Club
25 Fairway St, Nashua

**At this time,
call Linda Quebec to register.
508-380-4098.**

Please check here if you would like to speak: ☐ Yes

\$ 44 x _____ people = \$ _____ check amount

The lunch buffet will include salad, soup, rolls, chef selected starch and vegetable, Chicken Francaise with lemon caper butter, Garlic marinated steak tips with peppers, onions, & mushrooms, and dessert.

Please make us aware of dietary considerations such as vegetarian, gluten-free, or food allergies:



Seabrook

The Seabrook Lions organized our first Step-Up Dance, led by treasurer April Koney. The event united 4th-grade students with local



police and firefighters for a fun-filled evening. Each child was escorted by a first responder. Due to its success, the club plans to make it an annual event.

The club also inducted new member, John Carty.

Wakefield

Wakefield Lions showed their support to the Paul School teachers by providing students snacks, all through the school year, so the teachers don't have to spend any more of their own personal money on school supplies. This is the last bunch of snacks that the Lions Club so generously donated to the 9 grade levels (Pre K through to 8th grade).



Wakefield Lions celebrating "Feel Good Day" in Milton in hopes that everyone has a wonderful day! We LOVE IT when teachers, parents and students beep and wave when they see us!



We lost our dear friend and fellow Lion earlier this year, quite suddenly. Some of us are still having a hard time realizing she won't be at a meeting or an event, as she was often the first to raise her hand! Her church let us know they needed a new picnic table. In Pat Currier's memory & honor, we have added this picnic table to an area where they join to play their instruments, which is what Pat enjoyed doing with other friends. We hope her fellow parishioners enjoy their music there as they remember their good friend Pat.



Wakefield Lions provided 26 hours of service while serving 7 individuals through Lions Lift in the last 4 months of the Lion year.

Wakefield Lions Club awarded five \$1,000 scholarships to seniors from Nute High, Spaulding High, and Kingswood High. Presentations were made to Lyric Picard (Nute HS), Faith Merrill and Julia McCarthy (Spaulding HS).



Wolfeboro

Wolfeboro Lions Club Great Smith River Canoe & Kayak Race

The Wolfeboro Lions Club 48th annual canoe & kayak race was held on May 18th, starting at Albee Beach and ending at the entrance to Wolfeboro Bay from Back Bay, covering a course of close to 4 miles... There were 39 boats registered and 68 paddlers. A total of approximately \$4600 was raised for the club to use in support of local programs and charities. Despite the threat of showers throughout the event a great time was had by all, participants and club members alike. Thanks to Race Committee Chair Roger Murray and all the Lions who helped out on the committee and race day.



Paddling to the finish line



Paddling to the finish line



Calling out the finisher's times

74th Annual Curley-Drew Fishing Derby

A fun day was had by all at the 74th Annual Curley-Drew Fishing Derby - Co-Sponsored by the American Legion Hariman-Hale Post 18 and the Wolfeboro Lions Club. There were 47 registered children (as well as parents and grandparents) all fishing for a maximum catch of 5 fish. Linda Siracusa, Barbara Fioravanti, Don Duhaime, Brian Murphy, Patty Walker and Gina Lessard all volunteered at the event, working both registration and serving up burgers for all the participants. Following the event, the club voted to contribute to Post 18 as a help to defray the costs of this wonderful community event.



Wolfeboro Lions / Wolfeboro Parks & Rec

Our club works closely with the town Parks & Recreation Department, assisting in and/or co-sponsoring community events. In June:

Lion Patty Walker, a Registered Dietician, was a guest speaker at the Wolfeboro Parks & Rec Senior Breakfast. She spoke on Understanding the Risks and Prevention of Prediabetes. Patty explained to the group that per the CDC (Centers of Disease and Control) 46% of persons over age 65 have prediabetes and 80% of those are unaware. Of the 45 attendees, 12 of them availed themselves of Patty's offer for free blood sugar screenings.



All 12 were provided with their glucose readings, information about glucose ranges and encouraged to see their PCP with questions or concerns. In addition, participants were given a Pre-diabetes Screening test to take and share with others. Many thanks to Patty for representing the club in this educational event.

Parks & Rec Summer Kickoff will be held on June 22nd at Pop Whalen Ice & Arts Center. The Wolfeboro Lions Club will be there promoting the club to potential new members.

Wolfeboro Lions/ American Legion Post 18

To round out June, the Wolfeboro Lions Club will again be working with American Legion Post 18 as they sponsor a Sock Hop on June 29th at the Pop Whalen Arena. The Wolfeboro Lions Club will be there serving up burgers & refreshments and promoting the club for potential new members.

**COMING SOON –
Wolfeboro Lions Car Show
– July 6th**



4th Annual Wolfeboro Lions Car Show

Sat., July 6 | 11 am - 2 pm

The Nick Recreation Park | 10 Trotting Track Rd. | Wolfeboro

*50/50 Raffle
Door Prizes for Participants
Concessions Available
Donations Welcome*

A Free, fun, no classes,
non-judged show!

All Vehicles & Motorcycles Welcome

Sponsored by

Ossipee Self Storage

Top Gear

KW COASTAL AND LAKES & MOUNTAINS KELLERWILLIAMS REALTY

John & Nancy Askew

NAPA AUTO PARTS
Wolfeboro, Ossipee, Sanbornville

D.F. RICHARD ENERGY

AVERY INSURANCE

NOLAN'S
BUILT OVER 100 YEARS

TWIN ASH Carpentry & Building

Heckman's Flooring

FLP FL Putnam
Insurance Management Company

EASTERN
Propane & Oil Since 1932

GRANITE STATE GLASS

TRENTA

MVSB

Resources

Camp Pride

Second Weds of the month, 6:30pm
Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm
Meets via Zoom
md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm
meets via Zoom
LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm
Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm
Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd
m.ackroyd@comcast.net

Diabetes Chair:

PCC Robert Gustafson
Robertgustafson11@gmail.com

Environment Chair:

Jeri Maynard
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Hunger Chair:

Mario Izzo
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Lions Fellowship:

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Available through LYS

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Uniforms/Jackets:

Joe Kasper
JKasper@nedelta.com

Newsletter Editor: Linda Quebec

Newsletter44H@Outlook.com
Send submissions by the 20th each month.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

- Our district page

Global Lions Forum

- Learning from Lions leaders around the world

Lion Portal Forum

- A group to support one another while learning how to use the Lion Portal.

Lions Clubs International

- Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

- Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

- Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

<https://www.lionsclubs.org/>

Lion Portal Login page:

[Login \(site.com\)](https://www.lionsclubs.org/portal/login)

District 44H website

http://e-district.org/sites/district_14-1/index.php

Leadership Directory

District Governor

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Cabinet Treasurer

Lenny Hall

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Multiple Council Chair &

Immediate Past District Governor

Kamal Masand

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E: kimberleef60@yahoo.com

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Windham

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Hampstead, Kingston, Plaistow,
Sandown

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Newmarket, Portsmouth, Raymond,
Rye, Seabrook

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Somersworth; Wakefield

Zone 5 Chair, Ken Ward

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Clubs: Epsom-Chichester, Laconia-
Gilford, Loudon, Meredith, Saddleback
Mountain, Suncook Valley

Zone 6 Chair, TBD

Ph:

E:

Clubs: Conway Area,
Moultonborough, Whittier, Wolfeboro

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