

Let's Embrace Change As We Serve

District I Bulletin

December 2023

District Governor Michael Livingstone lionmichaellivingstone@gmail.com

Bulletin Editor Debbie Bostock debbie.bostock@gmail.com

DG MIKE'S MESSAGE

As the first 6 months of the Lions year winds down, Christmas is just over and 2023 will be in the past. 2024 starts. We have not had a lot of snow this year which is different, however we will continue to hope for some at least in the hills.

We have set up a new email account to be used when an e-transfer to the alert fund is made. That email is alertacc.md19i@gmail.com

Again, use for e-transfers or to contact the administrators. Currently there is just over \$64,000.00 for the application for the matching grant from Lions Clubs International Foundation (LCIF) towards equipment needs for the Scotch Creek Fire Hall. Cheques are also welcome and can be mailed to DG Michael Livingstone at PO Box 437, Okanagan Falls, V0H 1R0.

Planning for the District I Convention is going well; Lion Bob Elliot will have the Registration form out in January. Now is the time to start planning your attendance to the First ever District I Convention being held on April 26 & 27, 2024. Planning is under way and more to come in January. Plan to attend the Convention events: Friday Fun Night, Saturday Luncheon, Saturday Banquet as well as training opportunities. The Convention will be held at Ramada by Wyndham Kelowna Hotel & Conference Center, 2170 Harvey Ave Hwy 97 N, Kelowna, BC V1Y 6G8 CA. We have booked a slate of rooms available starting Thursday April 25th. To make a reservation call Tel: 250-860-9711. The group booking is under 'Lions Club'. The Hotel and Conference Center is across the road from Orchard Park Mall. and Costco is 3 blocks away.

I have just received a email that the expected update for MyLCI and MyLion has been moved from the planned January 2024 start to a later date to be announced in the future.

The November December Md19 Newsletter is out, go to the MD19 website to read it.

<https://lionsmd19.org/newsletters.php>

And I just received a call from a club president that a spam email is going around requesting you to buy some gift cards for the DG. I assure you it is a spam as I would not send such a request. The email address is wrong and is not my email. Just move it to spam and if you can, report it as spam on your computer so it will be automatically not come to your in box.

To all my fellow Lions Val and I wish you the very best of the season and may 2024 be the best ever as we continue our journey in Lionism,

Sincerely YIL Michael Livingstone DG MD19-I

APOLOGIES

My sincere apologies for the very lateness of this bulletin, I unfortunately came down with a nasty cold beginning of December then caught a very nasty virile virus and have been really down and out.

Debbie Bostock, Bulletin Editor

OUR ENVIRONMENT

Today all one hears about is our environment. Some of it is dire news but there is some good news. What can we do to make more good news? Our environment chair before me, Angus Benedict, encouraged repurposing items into something more useful. This was good and I'd like to expand on those ideas. Many of our clubs are into recycling things like bottles, drink cans, pull tabs, and cardboard. But, what do we as individuals do? Dorothy and I recycle metal, paper, glass ware, cardboard, and plastic. We even take good used clothing to our local thrift center.

We all need to think about keeping things out of our landfills. Recycling helps to do this. Planting trees, cleaning roadsides, and removing certain types of weeds from the fields and parks are great things for us to be a part of. To better make us aware of all that you do, please send me a list of things done in your communities to make it a better place to live.

Contact me, Joe Nilles, at lionjoed2@gmail.com 509-669-6766, or at 10460 Ski Hill Drive- Leavenworth, WA 98826

Lion Joe Nilles, I Environmental Chair

DIABETES

Apologies again, due to my being away on a cruise in November, I had an earlier deadline for submissions and this article was received too late to get in the November Bulletin.

Debbie Bostock Bulletin Editor



From the desk of:

District I Diabetes Awareness Chair

Dr. Lee MacKay

Email: lmackeh@hotmail.com

Cell: 250-509-0976 (evening call/text only please)

As a new Lion, personally Type 1 Diabetic and local rural Diabetes Specialist, I was deeply moved to see the Global Diabetes epidemic is one of Lions Clubs International five core causes. It is truly an honour to step into the role of District I Diabetes Awareness Chair.

This month as we observe World Diabetes Day on November 14th it is important, that Lions recognize this as a call to further action to address this year's theme **Access to Diabetes Care**. We must encourage those in the communities we serve to get screened for type 2 diabetes, so meaningful education and interventions can be started early. We must also assist those living with type 1 diabetes especially youth to live full lives with the condition and minimize the impact of diabetes distress by supporting attendance at diabetes camps through Strides events in Washington and in BC Camp Kakhamela at YMCA Camp Elphinstone on the Sunshine Coast.

I look forward to supporting Lions Clubs in District I by raising awareness and promoting actions to address the myriad of impacts of diabetes locally and globally. Please reach out if I can support your club in your efforts to support Diabetes Awareness!

Best regards, Dr. Lee Mackay

2024 MD19 CONVENTION

We are changing things again; no longer will the MD19 convention be in the fall. We are moving it to the spring. This will be the first. Please take note of the info below and also the attached registration..



May 23-25, 2024
Silver Reef Casino Resort
Ferndale, WA
Off to the Races
"Kentucky Derby Style"
Ladies, get out the big hats, and Gentlemen time to show off those ties!

Chairs
Marilynn Danby and Leslie Smith
Committee: Steve Noble
PDG Group

LIONS MULTIPLE DISTRICT 19 TRAINING AND INFORMATION SCHEDULE JANUARY AND FEBRUARY 2024

New Member Orientation third Monday of every month

Artificial Intelligence and ChatGPT *	4 Jan
Make a YouTube video using that amazing device in your pocket	9 Jan
The International Board meeting in Vancouver, BC *	12 Jan
Leader Dogs for the Blind *	16 Jan
Duties and Responsibilities of the Club Secretary	18 Jan
New Member Orientation	22 Jan
Lions Together: The Power of Followership in Building Communities *	23 Jan
Member Satisfaction *	24 Jan
Succession planning	30 Jan
Reporting service in MyLCI	31 Jan
Washington Secretary of State Charities information *	5 Feb
Reserved for Charities follow-up	6 Feb
Duties and Responsibilities of Club Treasurer	8 Feb
Your Club's Constitution and By-Laws	15 Feb
Succession Planning	16 Feb
New Member Orientation	19 Feb
Duties and Responsibilities of the Zone Chairperson	20 Feb
MS Excel: The IF and LOOKUP functions	21 Feb

* Denotes special expert guest speaker

RSVP for all training to Al Hedstrom at LionAl@Hedstrom.ws

Each session starts at 7 PM Pacific time. All district training sessions above are free of charge and are about one hour in length.

Permanent Training Link <https://us02web.zoom.us/j/85745644261>

The online Zoom connection requires the following on your computer, tablet or smart phone: A web browser (such as Edge, Firefox, Chrome, Safari, etc.) to download and install the Zoom application, a microphone and speakers or headset. While a camera is optional, we would like to see your smiling face. Future Multiple District, Regional and LCI Training NW Lions Leadership Institute: May 2024 in Canada (more details later) Other free online training available at the LCI Lions Learning Center and at LionsUniversity.org Highly recommended: Selecting Your Team course in the Lions Learning Center. Additional topics coming soon:

Duties and Responsibilities of Club Treasurer Mission 1.5
Your Club's Constitution and By-Laws Succession planning
Effective Communications: A Two-Way Street Conflict Resolution
Youth Exchange Program Using Google's free search and applications
Marketing 101 Role of District Service Chair
Role of District Membership Chair Role of District Leadership Chair
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Guest Speakers

Artificial Intelligence and ChatGPT: Lion Nadine Stecklein (Walla Walla) is a dedicated professional and first-generation college graduate currently serving as the Assistant Director for Internship Programs at Whitman College. Proudly embracing her MexiRican heritage, a blend of Mexican and Puerto Rican roots, Nadine brings a unique perspective to her work in the public sector with nearly two decades of experience.

Nadine made history as the first Hispanic president of the College Place (WA) Lions Club where she continues to be an active member.

Leader Dogs for the Blind: Dave Bann joined Leader Dogs for the Blind in February 2017 after 15 years in the for-profit sector. For Leader Dog, he established and implemented an employee development program called Harness the Power of Leadership, which he delivered to various organizations throughout the country, including to other nonprofits. Two years later, he shifted his attention to building partnerships between Leader Dog and the business community. Under his leadership, Leader Dog received nearly \$1 million of products & services, and countless volunteer hours from organizations that share our mission. As a new member of the Lions Engagement Team, Dave looks forward to connecting with the Clubs, Districts, and Lions who join us in empowering more people who are blind to live unstoppable lives!

The International Board meeting in Vancouver, BC: Past Zone Chairperson George Sim of North Vancouver, BC was in the food business and, after running a successful business in West Vancouver during the 70's and 80's, had a very successful sales management career with JM Schneider for 29 years. Lion George is a proud member of the Ambleside Tiddlycove Lions Club (yes, it actually exists) for 45 years. PZC George was the MD 19 International Convention Chair for the 2019, 2022, and 2023 LCI Conventions and will do the 2024 LCI Convention in Melbourne. PZC George is also heavily involved with the North Shore Lions Youth Exchange Program, a cultural exchange with Chiba, Japan, North Vancouver's sister city since 1970. Since retiring his winters have been spent in the mountains of Colorado skiing. Golf, tennis, rugby, bicycle riding and travel take up the rest of his time.

Member Satisfaction: Upon retirement from the United States Navy, PDG Chris Gunstream embarked on a lifelong dream become a PGA professional. He worked in the golf industry for almost 13 years working his way from assistant golf professional to General Manager of 4 different golf/country clubs in the Orlando area. Lion Chris is a member of the Orange Lions Club where he took on leadership roles as Club President and zone chairperson for 2 years. Lion Chris was 2019-2020 District Governor for District 2-S1 and he continues to serve as the GAT Area A Leader. He has received numerous awards, and is a Melvin Jones Fellow, Jack Wiech Fellow and Texas Lions Foundation Fellow.

Washington Secretary of State Charities Information: Constance Parbon is the Charities, Nonprofits, and Public Affairs Administrator under the Washington Secretary of State Corporations and Charities Division and has been with the division for seven years. Constance currently works towards expanding education and outreach throughout Washington State for small businesses regarding state compliance and Nonprofits and Charities regarding state compliance and internal governance. During her seven years Constance aided in the 2017 implementation of the online Corporations and Charities Filing System "CCFS". She continues to collaborate with IT development to further enhance and incorporate statutory changes within CCFS. Constance also assists customers, business partners, and the Attorney General's office with their needs pertaining to filing, the system and the division.

***It's not in doing what you like, but in liking what you do that is the secret of happiness.
(James Barrie)***

UPCOMING EVENTS

April 26-27, 2024 – District 'I' Conference in Kelowna BC at the Ramada.

May 23rd – 25th, 2024 – MD19 Convention in Ferndale, WA at Silver Reef Casino Resort



Interesting mathematical fact: The cover of a soccer ball contains 32 polygons. There are 12 pentagons and 20 hexagons.

IMPORTANT CONTACT INFORMATION

District Governor	Mike Livingstone	lionmichaellivingstone@gmail.com	250-809-6027
1 st Vice District Governor	Jennifer Edgar	jenedgar@shaw.ca	250-551-3737
2 nd Vice District Governor	Chuck Robinson	Chuckr49@nwi.net	509-679-4550
Cabinet Secretary	PDG Norma Bent	bentnj41@shaw.ca	250 572 2201
Bulletin Editor	PDG Debbie Bostock	debbie.bostock@gmail.com	250-819-6075
District I website		https://www.e-district.org/sites/district_19-i/index.php	
District I Facebook		https://www.facebook.com/groups/5745189942250564	
Lions International		http://www.lionsclubs.org	630-571-5466
MD19 Lions Foundation		www.lionsleadershipfoundation.org	
Multiple District 19 Office	4141 Maplewood Avenue, Bellingham, WA 98226	md19lions@lionsmd19.org	
		http://www.lionsmd19.com	

Canadian clubs mailing anything to MD19 Office please use following mailing address:
Multiple District 19, Lions International, P.O. Box 1621, Aldergrove, BC V4W 2V1

