



Lions Information Schedule October & November 2025



New Member Orientation third Monday of every month

The Conversation: Anna Corina Villarreal, Oak Harbor Lions Club *	6 Oct
Duties and Responsibilities of the District Global Leadership Team	7 Oct
Duties and Responsibilities of the District Global Membership Team	10 Oct
Grants for Clubs, Zones and Districts	17 Oct
New Member Orientation	20 Oct
The Care and Feeding of New Lions	21 Oct
"Constructing" Tables in MS Word	24 Oct
Duties and Responsibilities of the Club President	27 Oct
Club, Zone & District Excellence Awards from MD-19 and Lions Int'l	28 Oct
Computer Security Basics	3 Nov
Building and Growing an LGBTQ+ Club *	5 Nov
Intro to Lions Quest	6 Nov
Service Reporting: How and Why	10 Nov
Brief Intro: MS PowerPoint	12 Nov
Club Leadership: Dealing with Resistance to Change	13 Nov
New Member Orientation	17 Nov
The Conversation: (Just) Brian and Lori Sheehan of Bird Island, MN *	19 Nov
Duties and Responsibilities of the Club Secretary	20 Nov
New Voices in Lions	21 Nov

* Denotes special expert guest speaker, see page 2.

Please RSVP for all training to Al Hedstrom at LionAl@Hedstrom.ws.
Each session is free, starts at **7 PM Pacific** and most are about one hour in length. 晚上 7 時開始, 約一小時

This schedule is always
posted at LionsMD19.org

Permanent Training Link: [Click here](#)

The online Zoom connection requires the following on your computer, tablet or smart phone: A web browser (such as Edge, Firefox, Chrome, Safari, etc.) to download and install the Zoom web-based application, a microphone and speakers or headset. While a camera is optional, we would like to see your smiling face.

 **Selected sessions are recorded and posted on YouTube.**
To view, search YouTube for Al Hedstrom.



More Training Opportunities

Free online training available at the Lions Learning Center (in the Lion Portal on the Lions International web site) and even more at LionsUniversity.org.

* Guest Speakers *

The Conversation: Anna Corina Villarreal: Anna Corina Villarreal, a proud Washingtonian originally from the Rio Grande Valley, TX, has been a dedicated member of the Oak Harbor (WA) Lions Club since January 3, 2024. A joyful wife, mother, and grandmother, she brings warmth and commitment to her service. As membership chair she rallied her club and took their membership from a deficit to a net gain and has sponsored 9 new members herself. Her passion for membership has earned her the Membership Excellence Award for two consecutive years and because of this excellence, she is the Global Membership Team Coordinator for District 19-O.



Anna Corina is a Certified Guiding Lion, a 2025 graduate of the Northwest Lions Leadership Institute and obtained a bachelor's Degree from Lions University. She comes to Lionism with two decades of experience as an Executive Director for diagnostic imaging and outpatient surgical facilities. She was an advanced placement English, Theatre and Dance teacher and brings a wealth of leadership experience and creativity to her Lions service.

Building and Growing an LGBTQ+ Club: Lion Joshua Smith serves as the Global Leadership Team (GLT) Coordinator for District 20-K2, where he helps Lions grow their skills and confidence through training, club development, and leadership workshops. A passionate advocate for inclusive service, Joshua is a Charter Member and current President of the Long Island Pride Lions Club. He actively supports community projects across Nassau, Suffolk, and Bermuda. Beyond titles, he views leadership as a service-first approach, and he strives to create environments where Lions feel equipped, valued, and inspired to make a meaningful impact.



The Conversation: Past International President Brian Sheehan and Lion Lori Sheehan from Bird Island, Minnesota. Brian was elected to serve as international president of the 104th International Convention held in Montréal, Québec, Canada. He served as Chairperson for Lions Clubs International Foundation in 2023 to 2024. Brian is the founder and CEO of Rural Computer Consultants, a software development company.

A member of the Bird Island Lions Club since 1991, he has held many offices within the association, including council chairperson, membership and retention chairs, women's initiative chairperson, and GLT area leader. He has been a presenter at numerous Lions events, including many of the Global Forums.

In addition to his Lions activities, Brian is active in numerous professional and community organizations. He has served as president of Bird Island Civic and Commerce, director of the Learning Funhouse and as a member of various school committees.

Lion Lori joined the Bird Island Lioness Club in 1998 and later joined the Olivia Lions Club in 2003. She and Brian are part of a four-generation Lions family.

She owned and operated a family health club and is a dedicated advocate of personal and family health. She is part of an all-women's climbing team for charity, and recently climbed Mt. Kenya to help raise funds for an LCIF-designated grant, building a dormitory for a low-vision school in Tanzania.

In recognition of her service to the association, Lion Lori has received numerous awards including MD5M Hall of Fame, International President's Certificate of Appreciation, International President's Leadership Award, International President's Award and the Ambassador of Good Will, our association's highest honor bestowed on its membership. She is also a Progressive Melvin Jones Fellow.

Lori and Brian have two sons, two daughters, and four grandchildren.

