



Happy Birthday, Melvin Jones! On January 13th, Lions around the world will be commemorating the birthdate of our founder, Melvin Jones. He started as a Chicago insurance salesman with a big idea: successful people should use their talents to improve their communities. That idea became Lions Clubs International. Melvin Jones didn't just start a club, he sparked a global force for good.

To celebrate, please make a donation to LCIF in his honour. You can learn more about Melvin Jones by [clicking here](#) to watch this great video. Share it with your club at your next meeting!

Congratulations to all the clubs who took part in the worldwide **Hunger Awareness** Service week! Send us photos of your event, we'd love to share them here.

Thank you to the Chilliwack Mount Cheam Lions Club for their recent donation to Lions Quest Canada. [Click here](#) to see the latest newsletter from LionsQuest.

Leadership Quip: Being a leader is not just about a title, it's about helping others succeed. Our International President, AP Singh's motto is Lead to Serve, Serve to Lead. In keeping with that, I highly recommend you take a few minutes to watch this fitting video by noted leadership expert Simon Sinek. It's called [Why Good Leaders Make You Feel Safe](#).

Visitations: This past week was a busy one for visits. 2nd VDG Carolyn O'Dell visited the Burien Lions on Monday. I had the pleasure of visiting four clubs in three days; Whidbey Island on Tuesday, then a joint visit with both the Renton Lions and Seattle Bituin Lions

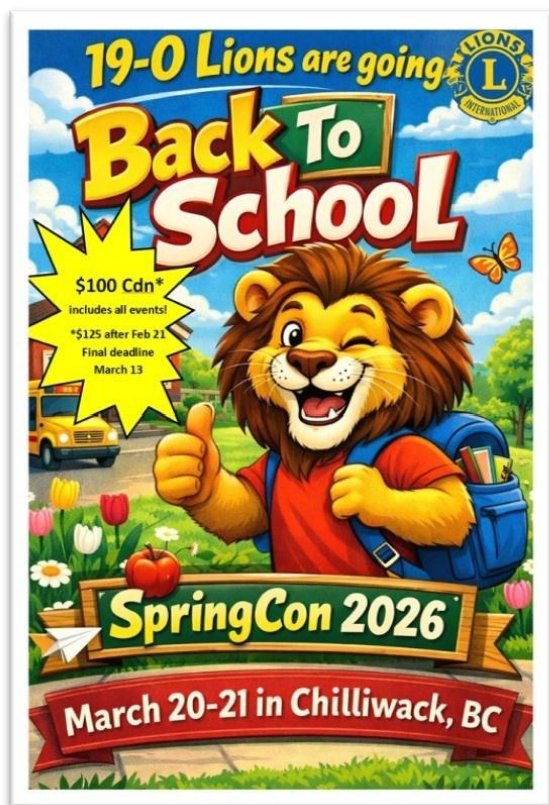
on Wednesday, followed by the Anacortes Lions Club on Thursday. Thank you to all the Lions for your hospitality and fellowship.



Snapshots: PDG Beth James, DG September Stokes and O-11 ZC Lyro Downie-Cyphers put on goofy faces at the **Renton/Seattle Bituin** joint Lions meeting. At the **Anacortes Lions**, it was a special moment for Rodger Felton, a longtime friend and volunteer for the club, as they honoured him with a Melvin Jones Fellowship. Pictured are ZC Bobbi Lornson, Club President Colette Arvidson, Secretary Cato Woods, Council Chair Steve Brooks, DG September Stokes and 2ndVDG Carolyn O'Dell.

Back to School! It's time to get ready and get registered for our Back To School Spring Conference!

Use the QR code to go straight to registration. Act now to get in the amazing deal of just \$100Cdn which includes all events. Go to the website for more info.



	
SPRINGCON2026	
<input type="radio"/>	Evergreen Hall, 9291 Corbould Street, Chilliwack, BC
Registration Includes:	
FRIDAY	Spaghetti Dinner Sock Hop, with live music and snacks
SATURDAY	Pancake Breakfast School Is In Session: classes Elections/Silent Auction/Displays School Lunch Contests and Prizes Graduation Banquet And much, much more! Use QR Code to register now! 
Early Bird deadline: February 21st!	
<input type="radio"/>	Check district website for list of hotels available: www.19olions.org

Get ready for lots more news and things to share, and we welcome your submissions.

Have a wonderful week, and check out our website for the latest news. It's easy to find now, it's at www.19olions.org



Lions Clubs of District 190

SpringCon 2026: Back To School, March 20-21 at the Evergreen Hall in Chilliwack, BC

Featuring our International Guest, **ID Debbie Dawson** from Ontario, Canada

[If you would like to unsubscribe, please click here.](#)

Sent using [Sender.net](#)