



Thank You so much to everyone for an amazing Spring Conference!

A highlight of this Lions year is sure to be our Spring Conference, held March 20-21 at the Evergreen Hall in Chilliwack. So many wonderful moments, from the spectacular Sock Hop to a great day "at school" with lots of learning, featuring a Drum Line, cheerleaders, registration lunch bags, fellowship, terrific contests, and a delicious banquet. Our guest, International Director Debbie Dawson and her husband Lion Don Bridge, had nothing but wonderful things to say about our conference.

Thank you to our energetic committee, led by Spring Conference Chair PZC Linda Deroche. They worked hard to bring you a unique and memorable event, and for those who were there, I hope you'll go back to your clubs and share your experience.

Congratulations to all the winners in Contests and Awards, and a special thank you to everyone who participated! You can get a list of winners from our website, just [click here](#).

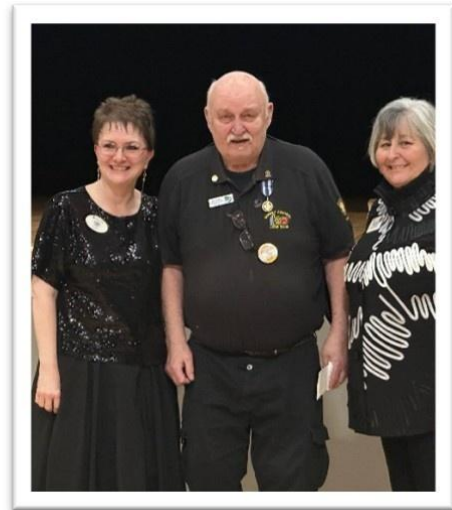
Special recognition to the recipients of the following International Awards:

PZC Rosemary Walkup, PZC Sandy Ball, and ZC Roy Button were recognized for their achievements with the International President's Certificate of Appreciation



Congratulations to **Zone Chair Terry Bronkema**, who was honoured with the Leadership Medal from LCI, presented to him by International Director Debbie Dawson, along with District Governor September Stokes. It's the 3rd highest honour in Lions, and this recognition is well deserved

It was indeed an honour to recognize **Past Zone Chair Barry Shiles** with the Lions International President's Medal, presented to him by International Director Debbie Dawson and District Governor September Stokes. It's the 2nd highest honour in Lions, and this recognition is not only long overdue, but well deserved. Congratulations, Barry!





PDG Ray Tremblay was honoured to also receive the Lions International President's Medal, presented to him by International Director Debbie Dawson and District Governor September Stokes. This award is well deserved, and it was an honour to present it. Congratulations, PDG Ray!

Want to see more photos from the Conference? Go to our website, and check it out!
www.19olions.org

Are you ready for the next Service Week? April 18-26th is Environment Week!

About the environment

The environment is our home

The earth sustains human life. Our environment is more than a background: it's our home. And we're committed to caring for it.

*UNEP
**World Bank
†United Nation's Sustainable Development report, 2022

12M Hectares of forest destroyed each year*	6-7M Number of premature deaths annually caused by air pollution*
1/3 Amount of generated waste that is not safely managed**	17M Metric tons of plastic entered the ocean in 2021. Projected to double or triple by 2040.†

Learn more about what your club can do to help the environment. [Click here](#) for the information page on Lions Clubs International website.



Congratulations to **Lion Michael Contreras** of the Oak Harbor Lions, who has successfully completed all the training requirements, and is now listed with Lions Clubs International as a **Faculty Development Institute Graduate**. Look for him at the MD19 Convention in Wenatchee as one of the trainers!

“The way to achieve your own success is to be willing to help somebody else get it first.”

– Iyanla Vanzant, inspirational speaker and author



[Click here](#) for the MD19 April online training sessions, lots to choose from and all on ZOOM!



You don't want to miss this! We had such an amazing time last year, bring your new members who've joined your club this year so you can be part of this extra special event! Join us in the spirit of service and fellowship at Peace Arch Park; no passports needed!

Saturday, April 25th is Lions Worldwide Induction Day! [Click here](#) for more details!

Have a wonderful week, fellow Lions! Never doubt that you make a difference and you make us proud.

Lions Clubs of District 190

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