



ZONE O6



Concrete, Sedro-Woolley, Burlington, Mount Vernon, Stanwood, Arlington, Lake Stevens & Skagit Valley Leo

INTERNATIONAL PRESIDENT IP FABRICIO OLIVEIRA

Make Your Mark – Give back to the community through service that leaves a mark.

DISTRICT GOVERNOR DG BETH JAMES

Give 'Em Something to Talk About – Build teams to share, serve, and inspire growth.

ZONE CHAIR ZC ROSEMARY WALKUP

*Friendship
Zone Project -
Lions Trek 2024-2025*

Thinking Ahead

Wow! It is already time for second half dues to be paid and to start thinking about getting our ballots ready to vote for incoming club officer positions. Get your nominations ready, invite someone to step into a role, or offer to mentor the next officer into a position. Inspire others to leadership and encourage members to learn new skills.

Lions Trek is on a roll. I have been in contact with the Skagit County Health Department with interest in collaborating on diabetes prevention. Discuss in your clubs' ways to bring attention to your trail, build community engagement, and support the effort. Let us know what you are planning so we can offer each other support in our efforts.

I heard Concrete Lions have partnered with their school's 100 Mile Club. What will your club do? Maybe set up an umbrella walk, a glow worm evening event, or a diabetes dash. Get your community moving! ★

Your Club, Your Way

Stanwood Lions embrace Camano Island & surrounding communities. With annual planning in June, they are meeting their goals - revamping their website & increasing their social media presence. These Lions are the mainstay of their community offering preschool vision / hearing screening, food bank fundraisers, & raising 200 flags for eight holidays. They hold a Health and Wellness Fair, support Relay for Life, and offer Camp Leo talks on Diabetes & camperships. Stanwood Lions hold a shredding fundraising event and can be seen hosting Bingo at the Fair. It's no wonder that their club is growing!

These Lions are creating a habit of recycling in their communities by earning benches in the Bags to Benches plastic recycling program - one bench has become two. Plastic is coming in faster than the benches can be claimed. Stanwood Lions trained the Skagit Valley Leo Club on the project & is passing on their plastic sources to encourage environmental stewardship. Leos were also included in the holiday light display atop the Hamilton Smokestack. Lights seen for miles bringing hope, love, unity, and smiles to all. Stanwood Lions' hearts are huge! Check out their light display this month for proof.



O6 ZONE MEETING #3

Date: Saturday March 15th, 2025

Time: 10AM - Noon

Location: University Ballard
Lions Youth Camp, 499 W
Camano Drive, Camano Island
WA 98282

IN THE ZONE

Diabetes Support Group
hosted by Anacortes Lions
4th Tuesday of the Month
Skagit Valley Hospital
Shuksan Room
Eagle Entrance on west side

CONTEST & AWARDS –

The Lion's Journey for Service, Growth, and Leadership – Member / Mentor Contest:

This Member / Mentor award is earned by acting to support Service, Growth, & Leadership. The award focuses on performance between July 1, 2024 – March 14, 2025. Each individual activity in the 3 categories is eligible for one contest entry for the Member and one for the Mentor. The qualification is easy!

SERVICE: Have you participated in an induction ceremony, attended an orientation meeting, or sat through a board meeting? How many of you supported a service project, fundraiser, or social event? Did you visit at least two other clubs and attend a Zone meeting or District Meeting?

GROWTH: Have we seen you at a leadership training session? Did you Chair or Co-chair a committee? Were you part of an annual club planning session or sponsor a new member? Are you attending the District 19O Convention?

LEADERSHIP: Have you sought training through the Northwest Lions Leadership Institute, or the USA / Canada Lions Leadership Forum? Do you hold a Senior Club Leadership position or Serve on a District, Multiple District, or Higher Committee? Are you a Mentor / Guiding Lion?

If you answered, “YES” to any of these questions, congratulations, you qualify to enter into the Lions Journey for Service, Growth, and Leadership Award! Random winners will be chosen March 21st at the 19O Convention. Get your forms turned into Lyro Downie-Cyphers by March 14th 2025 or bring them to the Dist 19O convention. Reach out to Lyro for details at liondownielyro98@gmail.com

MD19 Trainings Online 7 PM

RSVP LionAl@Hedstrom.ws

** Denotes special expert guest*

- 2/03- Ethics in Lionism
- 2/04-Your Club, Your Way
- 2/06- Starting a New Club: The Role of a Guiding Lion
- 2/13-NW Lions Leadership Institute
- 2/17- New Member Orientation
- 2/19-Public Speaking Strategies with Presentation Software *
- 2/20- Brief Software Intro: MS PowerPoint
- 2/21-Duties & Responsibilities Club President
- 2/25-Duties & Responsibilities of the Club Secretary

Keep Visisting Clubs!

I have seen a lot of you out and about at neighboring club activities. Keep up the good work visiting clubs & attending training programs! You probably noticed that I have been sneaking in little training sessions when we meet. At our 1st Zone meeting, we had over 30 attendees in Sedro-Woolley & learned about goal setting. The 2nd Zone meeting, had over 40 attendees in Lake Stevens and focused on public speaking. Our third Zone meeting is just around the corner and will have another mini training session at University Ballard Lions Youth Camp. The format will be a little more interactive in the camp setting. The Skagit Valley Leo Club is our host supplying drinks / paper products and Arlington Lions will build us burgers. Please fill in the gaps with potluck items. This will be a time to celebrate our successes, offer recognition to members / clubs, and have a little fun together.

Talk To

ZC Rosemary

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MD19 Environment Committee 1st Tues/month Noon-1 PM

zoom link

<https://uso2web.zoom.us/j/83307285506>

2025 MD19 Convention

“Lions, A Culture of Growth - Hitting the Mark”

8 Global Causes for Service Fun!
May 15 -17, 2025

Coast Hotel, Chilliwack, B.C.

Oak Harbor Crab Feed

Thurs 2/20 6 PM @ Elks Club

RSVP <https://ohlions.org/>

District 19-O Convention

“Give ‘Em Something to Talk About”

Date: March 21-23, 2025

Location: Swinomish Casino,
12885 Casino Drive, Anacortes,
WA 98221 Cost \$ 25

We Serve!

MD19 Council Of Governors Meeting
ZOOM 2/8 & Pre-council meeting 2/7