



# ZONE O6

Concrete, Sedro-Woolley, Burlington, Mount Vernon, Stanwood, Arlington, Lake Stevens & Skagit Valley Leo

## INTERNATIONAL PRESIDENT IP FABRICIO OLIVEIRA

*Make Your Mark – Give back to the community through service that leaves a mark.*

## DISTRICT GOVERNOR DG BETH JAMES

*Give 'Em Something to Talk About – Build teams to share, serve, and inspire growth.*

## ZONE CHAIR ZC ROSEMARY WALKUP

*Friendship  
Zone Project -  
Lions Trek 2024-2025*

Together anything is possible. Review your club goals. Assess your club leadership, membership, and processes. Encourage members to share their talents & strive towards excellence through continued training. Is your club progressing towards your set goals? What works and what needs to be tweaked before continuing in the process? Do you have all the right team players? Are you growing? Thriving?

## TEAMWORK

Share your knowledge, skills, and abilities. Network within your communities. Discover where you serve best. Invite community members to join your planning, implementation, & review. Performing a community assessment is the first step in building healthy clubs. Referring to the LCI New Club Community Needs Assessment Guide:

Learn 1. What services the community needs 2. Which projects & programs are important 3. Which organizations provide similar services 4. Build relationships with leaders & gain support 5. Assess project feasibility based on community needs, demographics, & Lions assets. ★  
**Share your projects at the District Convention in a 5-minute speech!**

## Your Club, Your Way

Concrete Lions are cutting edge! These Lions opened a Health Care & Medical Equipment Resource Unit serving local needs. Additionally, these Lions host an annual Youth Activity Day Resource Fair in July. Beyond their boundaries, Concrete offers vision & hearing screenings in schools as far away as Darrington - gifting sight to five students in need of glasses. In August, Concrete serves hamburgers & hotdogs at Cascade Days festivities. Halloween brings kiddies and seekers of paranormal ghost walks on Main Street. Here, you will find Concrete Lions feeding hungry trick-or-treaters hotdogs.

in December, they partnered with a local market expanding their Christmas Tree sales. Keeping the trees onsite all week-long increased revenue and they nearly sold out. Going all out to support Lions Trek, they collaborated with the local school district 100 Mile Club - encouraging youth to explore nature, increasing activity, & promoting healthy lifestyle. They requested a 2nd batch of 100 pins to award trekkers! Famous for their Corned Beef & Cabbage St. Patrick's Day fundraiser - pitch some green to the Concrete Lion leprechauns this month and help them haul in a pot of gold!



## O6 ZONE MEETING #3

Date: Saturday March 15th, 2025

Time: 10AM - Noon

Location: University Ballard  
Lions Youth Camp, 499 W  
Camano Drive, Camano Island  
WA 98282

**Remember to report in Lions Portal:** service activities, fundraisers, visitations, and new members.

Send copy of Lions Club Officer Report Form (PU101-International form) to MD19 Office before May 15th.

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## In the Zone

**Concrete Corned Beef & Cabbage  
Canceled!**

## We Serve!

### Dist. 19-O Convention Chair

Hello Lions of 19-O,

The deadline for the convention  
registration is **March 5th**.

The deadline for the program is  
**March 1st**.

We are requesting clubs to donate  
a basket costing \$30-\$50 dollars and  
we are not allowed to bring in any  
wine or other alcohol or cannabis  
products, vape supply etc.

That being said if a club so  
chooses, they could put a gift card  
in the baskets for wine or alcohol.  
Raffle Tickets come in a sheet of 25  
tickets for \$20.00

### MD19 Trainings Online 7 PM

RSVP LionAl@Hedstrom.ws

*\* Denotes special expert guest*

- 3/03-Treasurer Duties/Responsibilities
- 3/04-Recognition with Pizazz on a  
Shoestring Budget \*
- 3/13-Duties & Responsibilities of the  
Zone Chair
- 3/14-The Lion Portal for Club  
Presidents, Secretaries (& anyone else)
- 3/17- New Member Orientation
- 3/19-What your district does for your  
club
- 3/20- An Introduction to LionsVirtual
- 3/25-Duties & Responsibilities of the  
Club Board of Directors

Please encourage your club members to  
attend Saturday's sessions and to  
register as soon as possible.

If any group, foundation or club wants  
to highlight a signature event please let  
me know so I can add them to the  
display table list.

We cannot "sell" anything, but  
information that can be given out about  
your event will help with attendance at  
your event, and you are free to put out  
contact information advertising your  
event/fund raiser. Donations can be  
given to foundations and causes.

I want to thank you all for the work you  
have done this past year, and I am  
excited to celebrate DG Beth's  
convention with you.

Again, please reach out to your  
club/clubs and please make them aware  
of these deadlines and rules.

If there are any questions please  
contact me by email, phone, or text.

Thank you again, see you atConvention!  
Lyro

## Keep Visisting Clubs!

**Zone meeting #3** - Special Guest  
Speaker Past Council Chair Hal  
Palmer is leading a mini training  
session. Do not miss this innovative  
& expressive speaker from Longview  
Lions Club. The meeting is indoors,  
with a kitchen, & flush toilets. In the  
camping spirit, it will be fun!  
The Skagit Valley Leos are hosting:  
**Saturday March 15th from 10-Noon**  
**at the University Ballard Lions**  
**Youth Camp - 499 W. Camano Dr,**  
**Camano, WA 98282.**

The Leos will stoke the fire, set up  
the meeting space, & provide  
beverages, utensils / paper  
products. The Arlington Lions are  
serving their famous hamburgers.  
This is a Picnic / Potluck. Your job is  
to please bring an item to share &  
enjoy lunch with us following the  
meeting. Leos reserved the Camp  
for the entire day. You are welcome  
to explore the grounds. A minimum  
\$5 donation is kindly requested for  
those that do not add to the potluck.

### Talk To

**ZC Rosemary**

+1-360-393-1112 mobile  
rosemarywalkup@gmail.com



### 2025 MD19 Convention

"Lions, A Culture of Growth  
- Hitting the Mark"

8 Global Causes for Service Fun!  
May 15 -17, 2025

Coast Hotel, Chilliwack, B.C.

### Diabetes Support Group - Anacortes Lions

3rd Wednesday of the Month

In person: Fidalgo Room, Island Health

1211 24 th Street

Anacortes, WA 98221

Zoom: Meeting ID: 880 2388 8946

Passcode: 226473



### District 19-O Convention

**"Give 'Em Something to Talk  
About"**

Date: March 21-23, 2025

Location: Swinomish Casino,

12885 Casino Drive, Anacortes,  
WA 98221 Cost \$ 25



**MD19 Environment Committee 1st  
Tues/month Noon-1 PM**

zoom link

<https://uso2web.zoom.us/j/83307285506>