



November Diabetes Service Projects

Raise Awareness • Inspire Action • Serve Together



Key Dates: November 14 – World Diabetes Day
November is Diabetes Awareness Month



Individual Lions Ideas

- Host a Facebook Fundraiser – invite friends to share their personal prediabetes stories.
- Celebrate caregivers – treat one to a meal or outing.
- Launch a Healthy Eating Challenge – swap recipes & photos.
- Wear Blue on Nov 14 – post out and share because you're supporting.

Lions Club Ideas

- Host or volunteer at a Diabetes Screening Event.
- Organize a community walk or exercise class.
- Share an educational sugar display in schools/libraries.
- Light up a local landmark blue for awareness.
- Run a club steps contest – prizes for most steps, most improved, or consistent activity.

District Lions Ideas

- Partner with local media for PSA campaigns.
- Build a core outreach team with flyers & resources.
- Work with restaurants on diabetes-friendly fundraising meals.
- Provide diabetic friendly snack tables at district meetings.
- Host a CPR class for community wellness.
- Create a club competition for most impactful diabetes project.
- Play Diabetes Bingo (cards available – contact Lion Donna Rollins at  CALionsdiabetes@gmail.com).

Together, Lions across California can shine a light on diabetes prevention, awareness, and healthy living this November!

Resources

- MD4 Diabetes Chair Lion Donna Rollins CALionsdiabetes@gmail.com
- CA Lions Projects at a Glance, view [here](#)
- California Lions Project Care Service Project Groups
<https://www.facebook.com/groups/1004812288444492/>

