



The Voice of District 22-C

Since 10/2016

Submit articles, club activities & Fundraisers to Editor

PDGSandi@gmail.com.

District 22-C Website: <http://Lionsdistrict22c.org>

April 1, 2021



DG Message

Section 1 - District Related Events

Section 2 - Club Events/Fundraisers/Service Projects

Section 3 - New Members/Passings/Achievements/Awards/Calendar of Events



FROM THE DESK OF

DISTRICT GOVERNOR Ruth Moses

Happy Spring 22C Lions!

Spring is a time of renewal. As a child I remember my mother spring cleaning our home. Along with my Dad and much older brothers, my mother lead the family with taking down and washing the blinds, beating area rugs, cleaning all the windows, washing walls, etc. Lions should also think about a spring cleaning or a renewal for their club, service projects and fundraisers.

How can your club implement impactful service and fundraising projects? Can your club improve its members' experience and engagement? Should you update a service project to reach out to more community members? Are your fundraisers successful? Do new members feel valued? Does your club encourage new leadership? These are only a few questions our clubs should contemplate. Lions' International changes leadership annually and continuously improves and updates its programs every year. I encourage 22C Lions to also rethink how we can improve.

Our 22C District Cabinet, leadership and members have worked to improve and increase our impact within the community during my term as District Governor. We have instituted a GMT Family and Women's Specialist, began a Childhood Cancer committee, and renewed our Lions Quest service. The District also implemented a Diabetes Awareness Campaign during Diabetes Awareness Month in November 2020 along with a Multiple District 22 Virtual Walk.

I do not think many people spring clean today as I remember my Mom do so many years ago. However, I hope you contemplate how to make your club more effective. Effective clubs provide meaningful service, maintain a strong and active membership, and continually develop new leaders. The strength of service to your community depends upon the willingness and innovation of your club to serve. Rethinking how we do things as Lions, will provide our clubs a renewal of member engagement, impactful service projects and stronger communities.

Take care,

DG Ruth



District Governor Ruth Moses is seeking nominees from each Lions Club for her Visionary Award.

Do you have a member of your Club who works to modernize the club by embracing technology, a member who recruits membership diversity, or someone who works with partners with your community to expand the service to that area? If so, nominate that club member for the District Governor's Visionary Award.

Write a few words about how your club member has embraced any or all these qualities. **All nominations are due by April 30, 2021 and should be forwarded to Cabinet Secretary Dave Golden (davegolden99@yahoo.com) and DG Ruth Moses (lionruth22c@gmail.com)**



April 10, 2021 - 4th Cabinet/2nd

VIRTUAL Advisory meeting, Brandywine Lions Den.

This is a change from March 20th. -Candidates for District Governor, First Vice District Governor and Second Vice District Governor will be introduced and they or their representative will give up to a (5) minute campaign speech.

SECRETARY/TREASURER CORNER

Reminders

Secretaries

**** Report New Officers for 2021-2022 to Lions Clubs International by April 15, 2021.** This is done through MyLCI.

**** Submit to Cabinet Secretary Dave Golden a list of Club Delegates and Alternates for the Multiple District 22 Convention. These are due NOW.**

**** Monthly Membership Report due by end of each month by MyLCI reporting.**

*****Submit District 22-C 5-Star Award Activities Report quarterly, no later than **the last day of April.****

Treasurer's – reminder to pay any bills due to LCI and District 22-C

International Board of Directors Approves Revised Dues Adjustment Resolution

Dear Lion Leader,

Lions Clubs International supports clubs and members around the world so we can advance our global mission of service together. Our international support and the work of Lions Clubs International is fueled by the international dues of our incredible members.

In recent years, it has become increasingly clear that the services Lions Clubs International has been able to provide to members with the available budget is no

longer in line with what Lions need and expect.

The International Board of Directors voted in October 2019 to approve an international dues adjustment resolution that would be voted on at the 2020 International Convention, but it was canceled due to the COVID-19 pandemic. *The board recently approved a new dues adjustment model that will be voted on at the 2021 International Convention.*

The Board of Directors undertook an extensive review of Lions Clubs International's financials, including the implementation of substantial budget reductions. After much consideration, the board proposed to adjust dues by \$7 over a three-year period.

Under the proposal, international dues would be adjusted according to the following schedule:

- \$3 increase on July 1, 2022
- \$2 increase on July 1, 2023
- \$2 increase on July 1, 2024

Why an international dues adjustment is needed?

We realize the association has been reluctant to adjust dues over the years, and we have not adjusted international dues since 2011. The proposed adjustment will help cover our costs and allow us to suitably serve our members' needs. With that said, the Board of Directors did not take this issue lightly, nor are we minimizing the value of each dollar that our members contribute.

As we consider this dues adjustment, it is essential that we keep in mind that our global efforts and initiatives

support more than 1.4 million members in 50,000 clubs around the world. Through the support of staff, we are able to serve globally on the level that we do, keeping members and clubs fully supported with service resources, training events and software, club operational support, international meetings, language services, technology, Foundation support, leadership support, and everything else we have come to expect as Lions.

A dues adjustment will allow Lions Clubs International to provide improved support to Lions and to continue to invest in improving programs and digital products such as our website and MyLion. It will also allow us to invest in new programs such as the Learning Management System (LMS), development of new curriculum such as digital literacy, training videos, global advertising, marketing automation, digital and video storytelling and other tools and initiatives that will enhance our impact, our brand and our membership.

Why your help is needed.

Essentially, we must decide whether we want Lions Clubs International to continue to grow and thrive. Lions is more than a way of life. It is also an investment of money, time, energy and passion. As with any good investment, the more we put in, the more returns we see.

We need you to help our members and leaders understand why this adjustment is needed. We have developed an [international dues adjustment FAQ and PPT](#) to help you present it to your Lions.

I hope that you will see this adjustment as we do: as an investment in the future of Lions. Through your support, we can ensure that Lions are positioned for success in the future.

Regards,

Dr. Jung-Yul Choi, International President



See below changes & information.

Now that many of us have received our first and/or second Covid vaccines, many of our District Clubs are starting to meet in person and some combining with

If your club is one of these, let The Voice Editor, Sandi Halterman know @ PDGSandi@gmail.com know so that it can be broadcast to the District Lions.



Those clubs known are:

LaPlata Lions will resume regular meetings beginning April 15, 2021 at the Lions Bingo Hall, Bel Alton at 6:30pm.

Laytonsville Lions will also be starting in person meetings starting with Charter night, April 22nd at the Montgomery Country Club in Laytonsville, the 4th Thursday of the month, all meetings will be there until further notice. Meeting time 7 p.m. More information contact PDG William Lynch.

Leonardtown Lions are hosting their Wednesday, April 7th meeting in person and virtually. The meeting will start at 7:00 pm at the Olde Breton Inn in Leonardtown. Those interested in attending can contact Lion George Kirby and he will forward the [link](#) or arrange for the in-person visitation. Hope I am too late. georgekirbylions@gmail.com 240-577-0029

Waldorf Lions has both in person and Zoom meetings. First and third Wednesday of each month at 7:00 p.m. Babes Boys Tavern, Waldorf.



in District 22-C



Sandy Spring Lions

Located on FaceBook - Sandy Spring Lions is a local service organization that raises money to support our community in several areas: sight, hearing, pediatric oncology, and education and research related to these areas. Our spring "White Cane" season of fundraising has begun - I was with several members of the Lions at the Olney Farmers Market - where we will collect used eyeglasses and accept donations during the month of March.

Our group is part of a Maryland coalition that supports the endowed fellowship-training program at the Wilmer Eye Clinic at Hopkins. The Lions Low Vision Rehabilitation Fellowship Program is unique because both direct patient care and research are built in. The program provides dedicated time for trainees to develop their career as a clinician and as a scientist. The Lions Fellowship Program has made a huge impact on low vision patients, the community, and the field of LVR. The original scientific work published by Lion's fellows has impacted the scientific community in the field's understanding of low vision discipline.



From PDG Bill Thomas regarding the White Cane Event and above picture.

The Sandy Spring Lions club is off to a great start with our White Cane Vision Days!! Donations in the amount of \$80 were collected at the Olney Farmer's Market. It was a good opportunity to showcase what our club is doing to support the community. Hopefully, we will see

bigger crowds as the weather gets warmer. We are still required to wear masks outside to protect everyone. It was a bit on the cool side with a nice breeze, so the masks helped keep our faces warm.

We will be out in the field the next three Sunday's from 9AM to 1PM. Feel free to stop by and say hello and help recruit future Lions. We need all the support we can get during these wonderful times!!!

Pictured from left to right are 2nd VP Jim Simmel, PDG Bill Thomas, Lion Julie Thomas and future club leader in the wings Lion Rich Collins!! A big thank you also goes out to First VDG Bill Lavelly for putting up the tent and helping collect donations as well. We both missed each other as we were setting up at opposite ends, but we got it together!!

Photo by SSLC King Lion David Hull

Lion Richard Collins, Safeway in Cloverly today - we serve a wide community.



From Takoma Park newsletter – supporting Childhood Cancer.

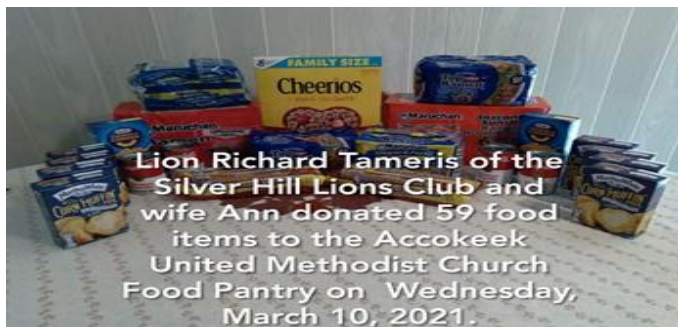
The Takoma Park Lions Club Board of Directors have approved \$500 for the current Lions Year to support funding a District 22C-wide initiative towards easing the burden on families that have children with cancer. The fund, to be administered by the cabinet treasurer, will support nonmedical expenses (transportation, food vouchers, comfort blankets and toys) of families in-need through a partnership with Children's National Medical Center and the University of Maryland Medical Center. District Governor Ruth Moses has ee, chaired by Zone Chairman Mike assigned a committee, led by Zone 2 Chair Mike Shavatt, to create a two-phase approach for clubs throughout Maryland and the District of Columbia to support. The committee will be making a presentation at the April 10 district cabinet and advisory meeting.

in addition to the initial \$500 seed funding for this Lion Year (through June 30, 2021) the Takoma Park board approved adding an annual gift of \$500 to the club's annual budget. "As a new parent myself, I can't fathom the impact that having a child with cancer can place on a family," said King Lion Kirk Szymanski. "I am proud that our club is leading the way in the District to help provide support to these families in a small but significant way." Club secretary Mike Hall was chosen as one of the District's eight Lions to serve on the Childhood Cancer Committee.

Sandy Spring Lions Serving the Youth
sent in by Lion Julie Thomas

For the last several years, the Sandy Spring Lions Club has donated a variety of school supplies to Sherwood Elementary school in Sandy Spring, MD each fall. This school year because of COVID-19 related school closings and distance learning, that donation was delayed until March 2021. Over \$500 dollars' worth of supplies were delivered to Sherwood Elementary this morning, March 3, 2021.

These were supplies that were priority items as requested by the elementary school counselor, Megan Wilson and included the following: hand sanitizer, soft soap dispensers, children's disposable masks, sidewalk chalk, colored pencils, washable markers, individual pencil sharpeners, composition notebooks, glue and pink erasers.



From the **Ridge LC** FaceBook
March 20, 2021

A Big Thank You to all who came out to attend and help out with our **Ridge Lions Scrapbook Crop and Food Drive** today. Your support is greatly appreciated. We were able to take two large tubs of food to the food pantry.



From KL David Hull to his Sandy Springers (**Sandy Spring Lions**)

Our club received a very nice write-up in The Greater Olney News publication this week regarding our donation to Sherwood Elementary School. It reads as follows:

Lions donation school supplies to Sherwood Elementary School

Sandy Spring Lions Club made good on its annual donation of school supplies to Sherwood Elementary School even if the donation was delivered about six months later than usual.

For several years, the Lions Club has donated school supplies to Sherwood Elementary in Sandy Spring each fall. Because of covid related school closings & distance learning this year, that donation was delayed until this month. Over \$500 worth of supplies were delivered to Sherwood Elementary on March 3rd.

The supplies were priority items requested by school counselor Megan Wilson and included hand sanitizer, soft soap dispensers, children's disposal masks, sidewalk chalk, colored pencils, washable markers, individual pencil sharpeners, composition notebooks, glue & pink erasers.

=====

Thank you for your continued efforts to support our school system and all of those who may need assistance with supplies.

Zone Chair 2.2 Lion Tommye Grant met March 26, 2021 with members of the **Special Olympics Lions Club** via Zoom. Talks ranged from club activities to support for other clubs' activities such as diabetes awareness campaigns and childhood cancer support campaigns as they are rolled out online. ZC Grant also talked about the advantages of going beyond the club such as the upcoming virtual 22MD CON and LCICON for more experiences and ideas to fulfill our motto #weserve.



Silver Spring Leisure World Lions Club

Girma Allaro

Sponsor David Weiss



South Gate – Clinton Lions Club on the passing of Lion **John “Jack” Stueckler** who passed on March 1, 2021.



Lion Jack was a member of the South Gate-Clinton Lions, former Clinton Lion and Progressive Melvin Jones. He also chaired the Lions Eye Bank during the 1991 era among other things. He will be missed by his Club and those who knew him.

From the **Sandy Spring Lions** - It is with deep sadness and regret that we announce the sudden and unexpected death of Sandy Spring Lion

Laura Lianne Hill

on Sunday March 21st, 2021 at the age of 39.

In lieu of flowers, donations should be made to a cause dear to Laura's heart. Give to an animal shelter near you, your preferred animal charity (such as PetSmart Charities, Animal Friends, Friends of Animals, etc.), or to the noble work of the Sandy Spring Lions Club for whom she was a volunteer for many years. Or consider a priceless gift that will cost you nothing: go to your local MVA or online to OrganDonor.gov and register as an organ donor to give the gift of life to others at the end of yours. Don't put it off to get around to later...do it now.



The family of **PIP Ashok V. Mehta** and the Lions Clubs International family on his passing.

Ashok Mehta, of Mumbai, India, was elected to serve as the 2005-2006 president of The International Association of Lions Clubs at the association's 88th International Convention in Hong Kong on July 1, 2005. His theme was "Passion to Excel." A Lions member since 1963, Past President Mehta organized more than 30 eye-camps all over India and Africa. He mobilized international support during major catastrophes, including earthquakes and super-cyclones in India. His peace mission to Pakistan, promoted by Lions of the two nations, added to the spirit of building bridges between the people of these countries. Past President Mehta served on the Campaign SightFirst International Committee from 1990-95, collecting US\$150 million for the project. He has also presented papers on sight conservation and other topics at Lions international forums and conventions.



Honor Band Scholarships

Whatever our District 22-C Celebration looks like this year, we want to continue the tradition of recognizing the outstanding student musicians throughout the District with scholarships. If we can meet in person, we will return to our previous format. If that is not possible, we will repeat the process we followed last year by conducting scholarship auditions remotely. We were able to award 7 scholarships to deserving students, totaling \$6,200.

The only way the scholarship program can be kept alive is by donations from the clubs within the District. Although fundraising efforts have been impacted this year, we are hoping there is something in each club budget to make a contribution to the Honor Band

Scholarships. No amount is too small. It would be especially exciting if every club made a donation this year. Donations from individuals are also welcome.

Send donations to Lions District 22-C Honor Band Chairs Lions Charles & Marcia Holpuch, 24405 Hanson Road, Laytonsville, MD 20882. Write check to District 22-C, Earmark: Lions District 22-C Honor Band. See page 96 of District Roster Book for more contact information.

Fundraisers in District 22-C



Golf Tournaments in District 22-C

Contact Clubs for more information.

May 14, 2021 - Sandy Spring Lions Club Golf Willow Springs Golf Club.

Registration is from 7:30 to 8:30 with a start at 8:30. There will be lunches, but they may be boxed due to Covid.



~~October 5, 2020~~ – **Monocacy Golf Tournament** has been postponed. The new date is **Monday, May 24, 2021**. It will be held at the Bretton Woods Golf Course. Information and registration form are available from Lion Bill Jamison at williamhjamison@outlook.com.



~~October 5, 2020~~ – **Calvert County Golf Tournament** – Chesapeake Hills Golf Club, Lusby, MD
Rescheduled to June 7, 2021

Silver Spring Leisure World

Save the Date

Monday, July 19, 2021

Leisure World Lions Club Charity Golf

“Keep Hope Alive”

Tournament



Tee Time 9 a.m.

Montgomery County Country Club
20908 Golf View Drive, Laytonsville, MD 20882

Cost: \$115 per Golfer.....For Additional information contact:

Golf Tournament Chair, Maxine Hooker (301) 598-0242 or via email at mxnhooker129@gmail.com.

Sandy Milligan, Tournament Director, (301) 442-0599

Golf Outside District 22-C



20th Anniversary
Region IV Zone III
Lions Clubs
Golf Tournament
In honor of
PID Richard Liebno

Support the Tournament
Place a \$5.00 Patron Ad
in the Program

Send names and donations to
Lion Marie Simons, Tournament Treasurer
1743 Cedar Park Road
Finksburg, MD 21048

Checks Payable to Region IV Zone III Golf Tournament
Submit No Later Than May 18, 2021



Palisades/Georgetown Lions Club Upcoming Events



June 6, 2021 – Community Flea Market,
Wells Fargo Bank, Washington, D.C.



September 24, 2021 – Annual Crab Feast,
St. Ann's, Washington, D.C.



Lions Community Outreach Foundation Corner

Do you have eyeglasses or hearing aids that you have collected? Contact your Zone Chair who will work with LCOF to make a mass pick-up.

REMINDER!! Please provide eyeglasses in boxes, not bags as they are too cumbersome for our volunteers to handle and store. Also, please only send complete glasses (no pieces) and **NO eyeglass cases**.

Application information for a **Francis F. Garner Grant** can be obtained from **LCOF Grant Chair PDG Gary Burdette** at glburd54@comcast.net.

Coordinator for the **Joseph F. Gaffigan Fellowship** is **PDG Gary Burdette** at glburd54@comcast.net



Lions Mary DeHart (South Gate-Clinton LC) & Zone Chair Lion Lois Barb (Silver Hill LC) have been sorting eyeglasses each week for months. On March 4th the sorting was complete with what we had at the LCOF Office, about 75,000 total glasses. They will eventually go to a recycling center that is open (due to Covid they have been closed) either Virginia or Delaware. Others who helped along the way were Lions Sandi Halterman (Gateway LC) and Diane Miceli (Silver Hill LC)



Blood Drive!

Contact Clubs for more information.

Brandywine Lions Blood Drive

Baden VFD, Baden, MD.

April 1, 2021, May 27, 2021, July 22, 2021, September 30, 2021, December 2, 2021

Calvert County Lions Blood Drive

April 9, 2021; June 11, 2021

Silver Spring Lions Club Blood Drive

June 22, September 28, and December 28.

Blood drives are held at the Clinton American Legion Post 259 from 9:00 AM until 2:00 PM

Sandy Spring LC PDG Paul Hawkins working today's registration table at the Norbeck Country Club blood drive in Rockville (I consider that Olney). The greens were too wet, so we put him to work helping save lives!!! KL David Hull



By PDG Kelley Randolph
Lions Clubs International Foundation

Dear Fellow Lions,

Our Covid Lions year is quickly coming to an end and with it is our 5 Star Award program. The 5 Star reports are due in by April 30th. If your club has not already made its donation to our foundation, LCIF, now is the time to do so. You can send your donations directly to LCIF or you may send them to me, and I will do it for you. Just be sure to state whether your donation is for Disaster Relief or Empowering Service (all other LCIF supported areas). All donations are automatically counted toward future Melvin Jones Fellowships or Progressives. If your club is a Model Club, your yearly pledges are due now.

If you have any questions or concerns, feel free to contact me.

Together We Serve,
PDG Kelley Randolph
District 22c LCIF Coordinator

PS - If you still need presentations, the Troop is available, just let me know and we will try to schedule a presentation. These include LCIF, Leader Dog, Camp Merrick and LVRF. My email is:

kelly22c@aol.com Phone number 202-439-0399. If I don't answer, leave a message or send a text.

Washington Midtown Lions Club

The Washington Midtown Lions Club is assisting in the dissemination of information that will help Lions, families, and friends to expand their knowledge/skills in the new Prince George's County Health Department Online Diabetes Education Prevention Program

Key words: Prevent Type II Diabetes, Risk factors, Increasing Personal Health Skills, Health Literacy, and online learning.

Great news! The Prince George's County Health Department is excited to launch the online version of Prevent T2 called HALT DPP on Monday, March 29, 2021. Late registration ends on Monday, April 5, 2021.

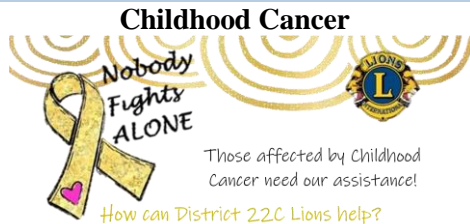
To register: Email wellnessinfo@co.pg.md.us.

HALT DPP is a one-year, self-paced online lifestyle change program that aims to teach individuals how to prevent or delay type 2 diabetes. HALT DPP is for individuals with prediabetes or other risk factors for type 2 diabetes. Risk factors include:

- 45 years of age or older
- Overweight
- Family history of type 2 diabetes
- Physically active fewer than 3 times per week
- History of diabetes while pregnant (gestational diabetes) or have given birth to a baby that weighed more than nine pounds.

This program is 100% online, you can complete each session at a time that best fits your schedule.

Thank you and we look forward to preventing T2 with you!



**by Mike Shavatt, Leisure World Lions
Zone Chair - Region 1, Zone 2**
Dear Fellow Lions,

Along with the guidance and support of our District Governor, a committee was recently formed to determine what District 22C Lions can do to provide non-medical resources to individuals and families affected by childhood cancer and blood borne illnesses.

The childhood cancer committee has been working on developing a needs assessment with the intention of implementing a multi-club plan to help support our local stakeholders (i.e., Hospital systems).

The plan that was developed consists of two phases.

Phase 1 involves working with two hospitals in our area

that treat childhood cancer. They are University of Maryland, Cancer Center and Children's National, Cancer Center. Our contacts at the hospitals are Child Life Specialists who have helped us with identifying several areas for immediate needs. These needs are to help with:

- Family transportation costs and food vouchers
- Blankets and certain toys

The goal for phase 1 is to raise \$10,000.00 to be split equally between the two hospitals and funds to be used to help for these needs. To date the committee has raised \$2,000.00 just from the committee's clubs representing Takoma Park, Sandy Spring, Bowie and Leisure World Lions. The committee has established the deadline to complete phase 1 on or before June 30th, 2021.

Phase 2 will involve collaboration with local stakeholders, service projects, and other programs. The list is too many to mention. Any covid-19 restrictions will play some part in phase 2. The committee's role is flexible in this phase since many clubs have their own ideas on how and where they can play a part in childhood cancer.

Your club's support and generosity in phase 1 will be greatly appreciated and will help towards meeting the financial goal stated above.

Contributions that are donated should be directed to Larry Shelton, Cabinet Treasurer and will be tracked and noted "Childhood Cancer".

Attached is a power point presentation that communicates the committee's assessment, needs and plan to help with this important cause.

Sincerely,

The Childhood Cancer Committee

LAUNCHING I.S.P.O.T AND LIONS QUEST



Comun!Build Foundation Inc 501c3 (84-4623817); is the non-profit arm to Comun!Build, LLC, which is an original concept of Building Communities through Community Building, developed by Lions Barrington "Bo" Scott II & Charisse Callender-Scott. This includes residential housing and commercial business development, and the implementation of strategic partnerships to help support this development in a localized manner, including family and community engagement to support areas where our services will have the most dynamic impact, on the entire community.

They are introducing I.S.P.O.T. (Instructional Support Providing Online Training) for students seeking safe, creative and unique environments to receive academic, social emotional, and student service learning support and opportunities through the Covid-19 Pandemic and beyond.



This pilot program is being presented by Comun!Build Foundation, to offer sustainable solutions that promote building communities through, community building, in conjunction with the [Lions Club International Foundation, District 22C Silver Spring Leisure World Lions Club](#) and supporting Lions and locals throughout the state of Maryland. These efforts are also supported by a variety of contributions from community and strategic partners including student and adult volunteers, citizens, other non-profits, local businesses and the government.

I.S.P.O.T. PROGRAM DETAILS

Available Monday-Friday @ 9am-5pm | 12-Week Program | Due to Launch April 2021

School Support 9-3:30pm – M-F | Enrichment Activities 3:30-5pm – M-F & Full Day on

Off Days. Locations: Near NEC-Sherwood Cluster Schools – **First Site (Cedar Ridge Community Church) 2410 Spencerville Rd, Spencerville, MD 20868.**

8:2 Student: Counselor Ratio | Register for One Week, or One Day Allowing More Student

Engagement: Utilize Lions Quest SEL Curriculum with SSL Components Built In.



Lions Clubs International & Multiple District 22 Information



MEMORIAL DAY PARADE LIONS OF DC, DE, MD & VA

Video Taping Date 5/1/2021@9:00AM

Lion Leaders, Lions, Lionesses, LEOs and Guests,

The time is fast approaching when Lions would normally take to the streets of DC to honor Service Members, active, retired and deceased. Of course, that is the

National Memorial Day Parade. Except for last year, the Lions of DC, DE, MD & VA have actively participated for the past 13 Years. Last year we participated in a re-broadcast of the 2019 parade with new advertising for Lions.

Although we are still operating under the COVID-19 protocol, the American Veterans Center, who coordinates the parade, is planning to do a scaled down version of the parade which will be videoed with the floats and other vehicles on May 1, 2021 Video Recording will begin at 9:00AM and should take no more than a couple of hours. There will be limited spectators along the shortened route, but we will be allowed to have Lions participating both marching and riding the float/Lions Vehicles. We Lions will have the opportunity to showcase our float and if space is available, we may be able to include our Sight and Hearing Vehicles from Maryland and Northern VA. This will have to be cleared with AVC. This video will air multiple times as well as on Memorial Day giving us extra publicity opportunities.

This is the current plan, but everything will depend on the state of the Pandemic and the DC Government. As of now, the plan is to do everything on U.S. Parks & Recreation property which will give us a little more leeway and freedom. We are looking at the Smithsonian Metro Station as the nearest point to our staging area.

As of now, I believe that our shortened route will bring us back to the starting point, so there will be no need to be bussed back. COVID-19 Protocols and further details will be shared as they are received.

Yours in Service,

Ed "Woody" Woodard, PDG – woodywoodard@cox.net
Cell- 703-314-0889

For the Parade Committee: PID Joe Gaffigan – MD22;
PDG Don Beeson – 22C
VDG Bill Lavelly – 22C; Lion Mike Yuenger – 24C;
Lion Bill Strauss – 22W

Lion Logo T-Shirts and Face Masks
For Sale

All net proceeds go to help fund the Lions Participation in the National Memorial Day Parade

Small - 3X-Large	\$12.00
*4X-Large - 5X-Large	\$14.00
Lion Logo Face Masks**	\$8.00

Ladies V-Neck Style T-Shirts Available
Face Masks are reusable

*Sizes 4XL & 5XL are in limited supply but can be special ordered.
**Masks available with Large or Small Logo

We will gladly fill and ship orders at cost of the T-Shirt plus Shipping. We will ship at the lowest rates possible. Orders over \$100 will ship free.

Our slight increase in Price (First in 12 Years) is due to increases in price from our suppliers.

Contact info: PDG Woody Woodward (24L)- woodywoodward@cox.net
PDG Don Beeson (22C)- donb798@gmail.com
Lion Mike Yuenger (24L)- myuenger@comcast.net
VDG Bill Laveley (22C)- bwlaveley@verizon.net
Lion Bill Strauss (22W)- williamstrauss@msn.com
PID Joe Gaffigan (MD22)- pjgiffi@gmail.com

WE SERVE

Save the Date

100 Year Anniversary
Multiple District 22 LIONS

100 Year Celebration
Friday August 12th - Saturday August 13th, 2022
Delta Hotels by Marriott
245 Shavhan Road Hunt Valley MD

100 Years of Service

Important Information from



Lions Clubs International

Message from Past International President and Campaign 100 Chairperson Dr. Jitsuhiro Yamada

In the professional world, ongoing connections with customers, clients, and constituents drive growth. Congratulations to Area VII-D leaders, who created connections to help the area become the first to achieve 100% club participation in Campaign 100! Leaders worldwide, thank you for nurturing our campaign as you would nurture your professional business. Engaging with Lions – your customers – and connecting them to important campaign information will grow fundraising, now at US\$196,067,816.



Your gift to Campaign 100 creates lasting opportunity. Thank you for your support.

Connecting for the Cause

Ongoing gifts of every size transform into grants to help us serve our communities. As you connect to share the helpful resources above with Lions in your club and district, let them know you just supported their service through your next gift to Campaign 100. Be the leader Lions will follow. **See attached to April 2021 The Voice of District 22-C email a pledge form.** PDG Kelley Randolph is the District 22-C LCIF Coordinator or contact PID Joe Gaffigan, the Area Coordinator for questions.

100% of funds raised benefit Lions Clubs International Foundation Campaign 100

Every \$\$\$ donated will change lives!

DONATE NOW!!!

lionsclubs.org/givetoday

Canada: lionsofcanadafundforlcif.ca/GiveToday

Facebook: facebook.com/donate/2857731397835283/

VP Douglas Alexander Invites You To the 1st ever LCIF Campaign 100 Tell-A-Thon by Lions Virtual

236 views - Premiered Feb 15, 2021

Announcements and Upcoming Events

District 22C Social has been *postponed* and it is hoped to have more information soon. The plan is to have an outdoor event and it may happen later in the summer. More information to be presented at the 4th Cabinet/2nd Advisory Meeting.

National Memorial Day Parade, the largest PR effort for Lions on the East Coast is being planned to be Virtual this year. More information to come.

APRIL

Secretary Deadline – 5-Star Award Activity Report, submit by end of month.

April 9, 2021 – Calvert County Lions Blood Drive

April 15, 2021 – Secretary Deadline to report New Officers for 2021-2022 to LCI through MyLCI.



April 15-18, 2021 – Multiple District 22 Convention, Gettysburg, PA Changed to **May 21-22, 2021**.



April 17, 2021 - 2nd date Lions Camp Merrick Camp Clean-up

May

May 21-22, 2021 - Multiple District 22 Convention, Virtual (Date changed from April 15-18, 2021)

May 24, 2021 – Monocacy Lions Club Golf Tournament.

JUNE

June 6, 2021 – Palisades/Georgetown Lions Community Flea Market

June 7, 2021 - Calvert County Golf Tournament – Chesapeake Hills Golf Club, Lusby, MD

June 11, 2021 – Calvert County Lions Blood Drive

June 25-29, 2021 – **Lions Clubs International Convention, Montreal, Quebec will be VIRTUAL**,

July

July 19, 2021 – Silver Spring Leisure World Golf Tournament

SEPTEMBER

September 24, 2021 – Palisades/Georgetown Lions Crab Feast

Continuing



La Plata Lions Bingo Night. Contact them for date/time/restrictions.



Calvert County Lions invite you to their Applebee's Fundraiser, last Wednesday of each month.

UPCOMING CONVENTIONS, FORUMS & CELEBRATIONS, MD22 & INTERNATIONAL

MD22 Convention

~~April 15-18, 2021~~ **Date changed to May 21-22, 2021**, this **will be a Virtual Convention**, more to come soon. **The MD 22 Convention (Friday/Saturday). Orientation is the afternoon/evening of May 20th. This Convention will be VIRTUAL.**

Link to sign up for this event will soon be out.

There will be interesting seminars to attend, various Club information and fundraising rooms to drop into and lots of other fun activities. Stay tuned for more information.

Has your Club received and sold your Multiple District 22 Convention 50/50 Raffle Tickets? If not, contact your Zone Chair or DG Ruth Moses, IPDG Sonia Wiggins. If you need additional tickets, please contact IPDG Sonia Wiggins, Lionsmile2021@gmail.com who is the Treasurer this year of the MD 22 Convention Committee



LAST CALL

April 21-24, 2022
April 20-23, 2023

Gettysburg, PA
Ocean City, MD

Lions Clubs International Convention

June 25-29, 2021 **LCI Montreal Quebec Convention** will be **VIRTUAL**,

OPPORTUNITY

Virtual LCICon 2021



How will you & your Club seize the opportunity? Now that we have all had a moment to process LCI Con 2021 going virtual, it's time to look for the opportunities this virtual Convention brings... **For only \$50**, Lions who could never afford to travel to an International Convention can experience the true nature of being part of a global network of Lions!

For only \$50, your club could host a community picnic & broadcast the Convention on a big screen to raise awareness about the amazing things we do.

Our District 22-C LCI Convention Coordinator is PDG Michael Bigler, mike.bigler@verizon.net.

Or visit

<https://lcicon.lionsclubs.org/>

July 1-11, 2022
July 7-11, 2023

New Delhi, India
Boston, MA

June 21-25, 2024 Melbourne, Australia
July 4-8, 2025 Mexico City, Mexico
July 3-7, 2026 Atlanta, Georgia
July 2-6, 2027 Washington, D.C.
June 23-27, 2028 Singapore



MD22 100th Year of Service Celebration



Save the Date

100 Year Anniversary

Multiple District 22 LIONS

100 Year Celebration

Friday August 13th - Saturday August 14th, 2022
Delta Hotels by Marriott
245 Shaven Road Hunt Valley MD

100 Years of Service

If you have any questions or find anything historical for District 22-C, please keep it handy or contact me. PDG Sandi Halterman, PDGSandi@gmail.com or PDG Sonia Wiggins Lionsmile2021@gmail.com

Here's a great opportunity to attend the Lions Day with the United Nations New York without leaving your home.



Join and celebrate 75 years of partnership with the United Nations and start a global conversation on being "Connected Through Service."

Apr 10, 12:00PM to Apr 10, 2:00PM EDT

2216 people attending

Register - ldun@roar.lionsclubs.org

Lions Day with the United Nations

Lions Clubs International will celebrate 75 years of partnership with the United Nations by holding Lions

Day with the United Nations on April 10, 2021. This event will commemorate our long-standing relationship as a consultative NGO to the UN dating back to 1945 when Lion leaders were asked to help develop the NGO charter for the UN. Join Lions, Leos, UN diplomats, dignitaries and other guests in the global conversation about this year's theme, "Connected Through Service."

About our Event Chairperson

Albert F. Brandel of Melville, New York, USA, was elected president of Lions Clubs International at the association's 91st International Convention, held in Bangkok, Thailand, June 23 through 27, 2008. A member of the West Hempstead Lions Club since 1975 and an associate member of the Melville Lions Club, Past International President Brandel has held many offices in the association. He is currently the Lions Appointed Representative to the United Nations Economic and Social Council and Department of Global Communications.



District 22-B will be honoring District Governor Wayne Benjamin and First Lady Lynn on **Saturday, June 19, 2021** at the Hyatt Regency Chesapeake Bay, 100 Heron Blvd, Cambridge, MD 21666.

The social hour, with cash bar, will be at 5:30 with program and dinner to follow at 6:30.

The special guests for the evening will be International Director Mark Lyon from Brookfield, Connecticut, and his wife Carolyn.

Menu

Hors d'oeuvres
Dinner Rolls, Garden Salad
Choice of Pan Seared Salmon with Citrus Dill Cream,
Molasses Brined Pork Chop with
Whiskey Pan Sauce, Old Bay Chicken Breast with Jus Lie
Roasted Yukon and Red Bliss Potatoes, Young Carrots
and Grilled Asparagus,
Desert, Coffee and Tea

The cost of the meal will be \$50.00 per person. Please note any dietary restrictions on the attached order form. Reservations, with checks made out to District 22-B Social, should be mailed to CT Ken Roderick, 126 Church Hill Farm Ln,

Sudlersville, MD 21668 by June 5, 2021.

Seating will be arranged with preferential consideration in the order received.

Acknowledgment and directions will be sent by email.

Tickets will be available at the door.

Accommodations for Thursday, Friday, and Saturday nights will be available at the Hyatt.

Regency Chesapeake Bay, 100 Heron Blvd, Cambridge, MD 21666 for \$218.00 per

night plus taxes (a significant reduction from usual room cost for the month of June). For

reservations go to <https://www.hyatt.com/en-US/group-booking/CHESA/G-LINB>. The

deadline for room reservations at this reduced rate is May 4th.

For further information contact Social Chair Lion Matthew Kempel, 410-490-

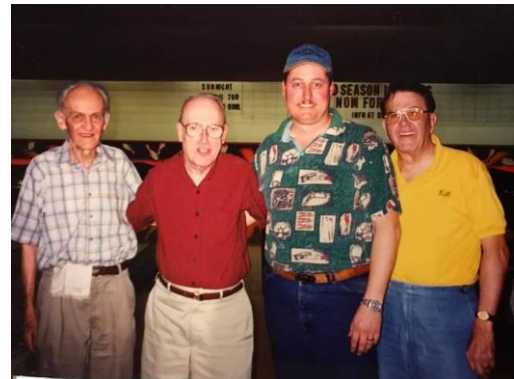
6186, mkempel@live.com or Ticket Chair, CT

Kenneth Roderick, 410-924-2810, roderick73@gmail.com.

Business Casual Attire, Black Tie optional



Back as far as 1965, maybe earlier, District 22-C had a Bowling League. This ended in 2003 after the term of office of District Governor James "Artie" Carr.



Here's a post found from Lion Laura Salers, College Park Lions Club to Karen Yoho daughter of PDG Bill Yoho... your Dad and Greg on the Lions bowling team. Good times!

at least 38 years of fun times

DID YOU KNOW!!



found on Facebook, Tucson Cyber Lions Club

Think about it for your Club.

ONE CLUB'S ONLINE BRAND VISIBILITY

Our club online presence in a chart. We have attempted to be visible in our community focusing primarily upon Facebook (we have almost 8k followers). We have a website (e-Clubhouse) as a landing pad for people searching us out with explanations of what we do and how to contact us, and an application to join and PayPal to pay dues and donations. We have our own email address, domain name, fb short name, that all use our club's name so we can be easily found. The dotted line connections with Instagram and YouTube indicate our intention of building those in the future. **The purpose of the chart is to explain to our members how we are maintaining visibility and marketing our brand in our community.** There is more involved than just having a Facebook page. Also note that we use a private Facebook group for our own internal communications.



From Lions Clubs International

Now more than ever, your club's stories of kindness and compassion will inspire your community and bring hope to a world in need. That is why your role as marketing communications chairperson is so important. Your efforts ensure that your club's life-changing stories are told—on social media and in your local media.

To help you succeed, we're excited to announce the launch of the brand-new Lions Press Center, the association's online newsroom designed for both clubs and journalists. The press center provides you with the tools you need to promote your club, including customizable press releases, media kits, photos, news and more.

The Lions Press Center provides everything you need to start sharing your good news in your community. Check out the Lions Press Center today!

Your Lions International Marketing Team

FEATURED RESOURCES

Media Kits

The media kit includes resources like fact sheets, photos, sample interview questions and responses, and more.

Press Releases

A library of past press releases about Lions International and LCIF can be viewed in the Lions Press Center.

PR Blog

Find out how the new Lions Press Center can help you promote the good works of your club and our mission of service.



COLOUR		Designed By : MAURICE BLINK
■	Loyalty one's Self, Friends, Country and Integrity of Mind	Approved BY : International Board on 31st Dec 1921
■	Traditional Colour of Strength, Courage & Tireless dedication to a cause and sincerity of purpose, liberty in judgment, Purity of mind, heart and love towards fellowmen.	Motto : We Serve
		Slogan : Liberty Intelligence Our Nation's Safety
		Flag : The Flag of Lionism in Golden Yellow with Purple border and a size emblem in the Center. Lionism Means Opportunity for fellowship and Service.
		Lets us do humanitarian Service while Enjoying fellowship

On 17th July 1917 at the invitation of Melvin Jones, delegates met in Chicago, The only point of contention was the selection of a name the New Organization. Melvin Jones researched the idea of calling the New Organization Lions. He was convinced that lion stood for strength, courage, fidelity and vital action. On a secret ballot the name LIONS was chosen over several others.

The Lions Emblem

At the 1919 convention, there was a move to change the symbol, but a young attorney from Denver, Colorado rose to speak. His name was Halsted Ritter. "The name Lions stands not only for fraternity, good fellowship, strength of character and purpose, but above all, its combination of L-I-O-N-S heralds to the country the true meaning of citizenship: LIBERTY, INTERLEGGENCE, OUR NATION'S SAFETY

to go to the bathroom, he/she got up from bed in a hurry, but the brain needs greater blood flow, for having rested, causing a state of fainting and that is when the stroke happens. It is recommended to learn the "One-and-a-Half-minute law" that can save your life.

When you wake up to go to the bathroom, you must first: Lay for 30 seconds after waking up and then sit up in bed for 30 more seconds lowering your legs quietly and sit like that for another 30 seconds " and only then get up to go to the bathroom.

With these steps the chances are gigantic to survive a sudden stroke, regardless of age...

Share with all your family and friends Remember that you can save yours and the lives of many people sharing this information...

Prevention is better than healing:

Pressure Arterial

- ☐ 120/80 normal
- ☐ 130/85 normal (requires control)
- ☐ 140/90 high
- ☐ 150/95 very high

Heartbeat per minute

72 BPM (Default)

60 to 80 BPM (normal)

40 to 180 BPM (abnormal)

Compatibility of blood groups

What's your blood type and how common is it?

- O+ (1 IN 3)
- A+ (1 IN 3)
- B+ (1 in 12)
- Ab+ (1 in 29)
- O-(1 in 15)
- A-(1 in 16)
- B-(1 in 67)
- AB-(1 in 167)

Water effect

About the body We know that water is important, but you never knew the right time to drink!

Did you know? Drinking water in the correct time maximizes the effectiveness of the human body.

1 Glass of water after waking up, helps activate internal organs...

As we age, we sometimes find that our plumbing does not always work the way it used to...for those who are up in the night, the article below might be an important read...

Article from ZC George Kirby, Leonardtown LC

Please take time to read this thoroughly-even if it is a review.

One-and-a-Half Minute Walk

I WANT YOU ALL TO GROW OLD WITH ME, THAT'S WHY I

My name is Alexander, I am a cardiologist and a paramedic. A very important warning for those who wake up at night to go to the bathroom...


You must be careful and use the "One-and-a-Half-minute law" which is scientifically proven. By waking up suddenly for one's physiological needs normally, we often hear that someone "was well in good health and died suddenly during the night without reason. "

The most likely reason is that when that person woke up

1 Glass of water 30 minutes before meal helps digestion.
1 Glass of water before showering helps lower blood pressure.
1 Glass of water Before sleeping avoids stroke or heart attack.

When someone shares something important with you, take advantage of this and share with more people.



Have you conducted a  of your Club members lately? Give them a call, make sure they are ok and if you can help them in any way.

District 22-C Lions Clubs who have Websites, Facebook, Twitter and the like.

District 22-C

Website - District 22-C - Lions e-District Houses (e-district.org)

Facebook - Lions of Maryland 22 C

Lions Community Outreach Foundation

<https://www.facebook.com/Lions-District-22-C-Lions-Community-Outreach-Foundation-1582303735315026/>



Clubs

Beltsville LC – Facebook -

<https://www.facebook.com/search/top?q=beltsville%20lions%20club>

Bowie LC -

<https://www.facebook.com/search/top?q=bowie%20lions%20club%20maryland>

Brandywine LC - <https://www.facebook.com/BrandywineLions>

Calvert County LC -

<https://www.facebook.com/search/top?q=calvert%20county%20lions%20club>

Colesville LC -

<https://www.facebook.com/search/top?q=colesville%20md%20lions%20club>

College Park LC -

<https://www.facebook.com/search/top?q=college%20park%20lions%20club>

Damascus LC -

<https://www.facebook.com/search/top?q=damascus%20lions%20club>

Greenbelt LC -

<https://www.facebook.com/search/top?q=greenbelt%20lions%20club>

Hollywood LC -

<https://www.facebook.com/search/top?q=Hollywood%20Lions%20Club>

La Plata LC -

<https://www.facebook.com/search/top?q=la%20plata%20lions%20club>

Laurel LC - <https://www.facebook.com/groups/139116042774555/about>

Silver Spring Leisure World LC -

<https://www.facebook.com/search/top?q=Silver%20Spring%20Leisure%20World%20Lions%20Club>

Leonardtown LC -

<https://www.facebook.com/search/top?q=Leonardtown%20lions%20club>

Lexington Park LC -

<https://www.facebook.com/search/top?q=lexington%20park%20lions%20club>

Website Lexington Park – <https://lexingtonparklionsclub.org>

Mechanicsville LC -

<https://www.facebook.com/search/top?q=mechanicsville%20lions%20club%20-%20md>

Melwood Environmental LC - [\(20+\) melwood environmental lions club -](#)

[Search Results | Facebook](#)

Monocacy LC -

<https://www.facebook.com/search/top?q=monocacy%20lions%20club>

Olney - <https://www.facebook.com/search/top?q=olney%20lions%20club>

Washington Palisades/Georgetown LC -

<https://www.facebook.com/search/top/?q=Washington%20Palisades%20FGeorgetown%20Lions>

Potomac LC -

<https://www.facebook.com/search/top?q=potomac%20lions%20club>

Ridge LC -

<https://www.facebook.com/search/top?q=ridge%20lions%20club>

Sandy Spring LC - <https://www.facebook.com/groups/168664076516976>

Silver Hill LC -

<https://www.facebook.com/search/top?q=silver%20hill%20lions%20club>

Washington D.C. Special Olympics LC -

<https://www.facebook.com/search/top?q=washington%20dc%20special%20olympics%20lions%20club>

Waldorf LC -

<https://www.facebook.com/search/top?q=waldorf%20lions%20club>



Lions Camp Merrick - <https://www.facebook.com/campmerrick>

