



LOOK & LISTEN

5606 Dower House Road, Room L-1 Upper Marlboro, MD 20770 301-599-7600 lionsoutreach@gmail.com

NEWSLETTER OF THE DISTRICT 22-C LIONS COMMUNITY OUTREACH FOUNDATION Winter 2015-16

President’s Message

By PDG Gary Burdette

At the Lions International Convention in 1925, Lions accepted Helen Keller’s challenge to become “Knights of the Blind in the crusade against darkness” and our work ever since has included sight and hearing programs aimed at preventable blindness and deafness. The Lions Community Outreach Foundation (LCOF) was created to help the Lions of District 22-C meet that challenge. Our mission is to offer screening programs to detect vision and hearing loss in its early stage, and to assist those who already suffer from vision and hearing loss. Specifically, the services we offer include: vision and hearing screenings, preschool vision screening, financial assistance for vision and hearing medical care through the Garner Fund, eyeglasses and hearing aid recycling, assistance obtaining affordable hearing care, and low vision aids for the visually impaired. Through these services, we touch the lives of thousands of people in our communities every year.

These services, which we provide free to the public, are only made possible through the generous donations we receive from clubs and individual Lions. I would like to thank all the clubs and Lions who have donated to the LCOF this year. If you or your club has not donated to the LCOF, I urge you to consider doing so. There are three ways to donate: (1) Make a direct monetary donation, made payable to the *Lions Community Outreach Foundation*. The LCOF is a 501(c)3 tax exempt organization, so donations from individual Lions are fully deductible. (2) Donate to the LCOF through the Joseph F. Gaffigan Fellowship program. A Gaffigan Fellowship also provides a way for clubs to recognize individuals for their service. (3) Donate a car to Melwood and designate the proceeds to the LCOF.

Any donations we receive will be greatly appreciated, especially by the people we serve.

**LCOF Board meets
at 6 pm & Council
meets at 7 pm
on March 30 at
New Carrollton
City Hall**

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Preschool Vision Screening

If your club is interested in conducting a Preschool Vision Screening event, please contact the LCOF office (301-599-7600). The LCOF can provide the equipment and necessary training.



We Need Your Help at the Melwood Eyeglass Recycling Center

Volunteers are needed to clean, inspect, sort, and package eyeglasses. If you want to volunteer, please contact Lion Susan Matthews, the Eyeglass Recycle program Coordinator, at 202-617-7314 or lionsusan612@aol.com.

Lions Community Outreach Foundation Officers & Key Persons 2015-16

*President, PDG Gary L. Burdette
Monocacy Lions Club*

*Vice President, Maqboleh (Maye) Haddad
Bowie Lions Club*

*Secretary, Lee Wilson
Palisades Georgetown Lions Club*

Treasurer, Dustin Fain, Suburban Lions Club

*Immediate Past President, James (Jim) Cocchiaro
Suburban Lions Club*

*Mobile Health Unit Hearing & Glaucoma Screenings
Yilia Jackson, LCOF Office at 301-599-7600*

*Hearing Program, Mary Frances Gosnell
Damascus Lions Club*

*Pre-School Vision Screenings
PDG Donald (Don) Beeson, Sandy Spring Lions Club*

*Eyeglass Collection & Recycling, Susan Matthews
Silver Hill Lions Club*

*Francis Garner Fund, Maqboleh (Maye) Haddad
Bowie Lions Club*

*Requests for Financial Assistance, Yilia Jackson
LCOF Office at 301-599-7600*

*Medical Advisor, Dr. Chris King
Rockville Lions Club*

Region Representatives

*Region 1, Mary Francis Gosnell
Damascus Lions Club*

Region 2, PDG Ted Ladd, Beltsville Lions Club

Region 3, PDG Rich Barb, Silver Hill Lion Club

*Region 4, FVDG Steve Borsh,
Calvert County Lions Club*

*At Large Directors
PDG Sandi Halterman, Gateway Lions Club
PDG Don Beeson, Sandy Spring Lions Club*

*Legal Advisor, PID Joe Gaffigan
Suburban Lions Club*

*Newsletter Editor, PDG Ted Ladd
Beltsville Lions Club*

WHAT DID YOU SAY?

By Lion Mary Frances Gosnell
Hearing Program LCOF

It isn't unusual for someone to ask you to repeat what you said as there are so many loud noises surrounding us and when we focus on one sound or voice, it is difficult to hear other voices/noises!

Did you know that the noise at NBC4 was tested at 88 plus decibels and that was in a quiet area? The acceptable standards recommend that one should not be exposed to more than 85 decibels for longer than 8 hours. When it reaches 88 – 90, the exposure should be 2 – 4 hours. Sounds that are 85 decibels or above can permanently damage hearing/ears!

With all the noise factored into NBC4, our Mobile Outreach made a definite impact on those who stopped by for hearing tests. There were 273 hearing screenings and 84 referrals. We made a difference in someone's hearing life and we hope they follow through. This could be a good job for someone to call these folks and follow-up with their progress. The Hearing and Speech Clinic of U of MD sent Audiologist students both days to work the hearing booths. In talking with the students, they really enjoyed getting hands on experience and talking with the clients. On the other side of the spectrum, our staffing remarked that the audiology students could answer the client's questions much more readily than we could. So it was a Win-Win effort for all!

The Hearing and Speech Clinic of U of MD sent Audiologist students both days to work the hearing booths.

LCOF reports reflect that 104 used hearing aids have been collected and reported this Lions year. A reminder that when you turn in hearing aids to either Lion Gary Burdette or myself or give them along with your glasses, your club needs to email LCOF and tell them how many hearing aids you turned in – and the same with glasses. The club representative is responsible to get the numbers to LCOF. Your club may not be receiving the credit it has earned if this reporting is not directed to the LCOF office.

We have had two applicants for hearing aids thru the U of MD clinic – one has an appointment for an evaluation. The blank applications have been sent to your Zone Chairman for distribution to the clubs.

As you get requests for hearing aids and financial assistance thru the clinic at U of MD, please contact me and send the application to me. We will start the process. And while thinking about your budgets for 2016-2017, you may want to include an amount for hearing aid assistance whether it be with the clinic at U of MD, an ENT Medical Office or an Audiologist Office. This way should you get a request, you will have already set the parameters of your intended assistance.

“As you get requests for hearing aids and financial assistance thru the U of MD, please contact me and send the application to me.”

Lion Mary Frances Gosnell



NBC4 Health & Fitness EXPO

Lions from District 22-C Clubs participated in the NBC4 Health & Fitness EXPO held at the Washington, D.C. Convention Center on 9 and 10 January. 744 screenings were conducted over the two days of the EXPO, 228 vision, 273 hearing, and 243 glaucoma. Of those, 276 were referred for further professional screening.

In addition, 11 children were screened for signs of amblyopia, and two were referred for further testing.

This was the 23rd anniversary of the NBC 4 Health & Fitness Expo in Washington, the largest and best-attended Consumer Wellness Expo in the country.

Photos on this page and page 5 were provided by PDG Sandi Halterman.

744 screenings were conducted over the two days of the EXPO



PCC Charlie Kears, Laytonville Lions Club, performed vision screenings



Laytonville Lion Carole Kears provided vision screening of toddlers to detect signs of amblyopia



A toddler ready to be screened for amblyopia



Lions at work



Four vision screeners at work



Contemplating an expected rush



Donning the lion costume



People registered and waited to be screened

Open House at the Lions of District 22-C Eyeglass Recycling Center

On October 20, 2015 LCOF Chairman PDG Gary Burdette, PDGs Ted Ladd, Sandi Halterman and Kelley Randolph, Lions Jack and Susan Matthews, Ann Ladd, Bob Fry, Diane Miceli, Tina Bayless, Mary DeHart, Waneda Cornett, Rodric “Rod” Harris, KL Rich Tameris and KL Sonia Wiggins were on hand to celebrate the seventh anniversary of the District 22-C Eyeglass Recycling Center at Melwood. Lion Susan Matthews had cake and coffee to celebrate this special occasion.



Front row (L-r) Lion Waneda Cornett, PDG Sandi Halterman, Lions Mary DeHart, Jack Matthews and Ann Ladd. Back row (L-r) LCOF Chairman PDG Gary Burdette, PDG Kelley Randolph, Lion Susan Matthews and PDG Ted Ladd

(Present but not in photo: KL Rich Tameris, KL Sonia Wiggins, Lions Rodric “Rod” Harris, Bob Fry, Diane Miceli and Tina Bayless)



Eyeglass Recycling Report through 2nd Quarter of Lion Year 2015-16

CENTER OPEN: EVERY TUESDAY & THURSDAY FROM 10:30 AM TO 2:30 PM

(By Appointment only)

EYEGASSES PROCESSED (Calibrated)

	<u>TOTAL</u>
1 st Q JULY / AUGUST / SEPTEMBER (2015)	1543
2 nd Q OCTOBER / NOVEMBER / DECEMBER (2015)	2023
3 rd Q JANUARY / FEBRUARY / MARCH (2016)	
4 th Q APRIL / MAY / JUNE (2016)	_____
TOTAL FOR THE YEAR:	3566

HOURS WORKED

*** NUMBERS IN RED FOR THAT QUARTER ONLY**

	1 st Q	2 ND Q	3 RD Q	4 TH Q
LIONS & NON LIONS	112.00	162		
MELWOOD	18.50	22		
TOTAL:	130.50	184		
TOTAL FOR THE YEAR:		314.50		

USABLE EYEGASSES COLLECTED FROM DISTRICT 22-C

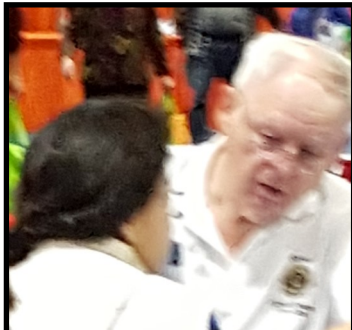
JULY / AUGUST / SEPTEMBER (2015)	4150
OCTOBER / NOVEMBER / DECEMBER (2015)	5148
JANUARY / FEBRUARY / MARCH (2016)	
APRIL / MAY / JUNE (2016)	
TOTAL FOR THE YEAR	9298



Lion Susan Matthews with Beltsville Lion Mary Ann Hanson at Police Night Out



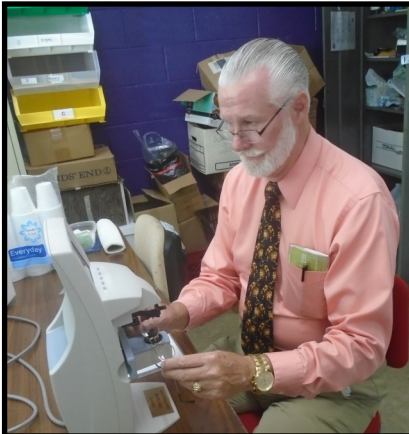
DG Mike Bigler and 1VDG Steve Borsh prepare to do vision screening at Wheaton Plaza. 2VDG Carl Vettel and PDG Dee Hawkins observe.



1VDG Steve Borsh involved in vision screening at the 2016 NBC4 Health & Fitness EXPO



IPDG Kelley Randolph makes a point with KL Sonia Wiggins, Rockville Lions Club, at the Eyeglass Recycling Center Open House on October 20th.



KL Rich Tameris, Silver Hill Lions Club, calibrating eyeglasses at the Eyeglass Recycling Center

Maryland Governor Larry Hogan visited Beltsville Lions as they performed vision, hearing and glaucoma screenings on Police Night Out. With Governor Hogan are Beltsville Lions Stephanie Brandon and Ann Ladd.

