



November 1, 2020

"Seeing and Serving the Future with 20/20 Vision."

The Voice of District 22-C

Since 10/2016 Submit articles, club activities & Fundraisers to Editor <u>PDGSandi@gmail.com</u>. District 22-C Website: <u>http://Lionsdistrict</u> 22c.org

DG Message Section 1 - District Related Events Section 2 -Club Events/Fundraisers/Service Projects Section 3 - New Members/Passings/Achievements/Awards/Calendar of Events



Happy Thanksgiving



FROM THE DESK OF

DISTRICT GOVERNOR Ruth Moses

Hello 22C!

I hope this message finds you well and in good health. I am glad to report that many clubs are meeting virtually, and a few clubs are having in-person meetings. As a reminder, 22C has a Corporate Zoom account which can be used for a Lion's meeting. A Zoom meeting can be set-up by contacting your Zone Chair, GMT, GLT, Cabinet Secretary or myself. I've already set-up an ongoing monthly club meeting. Having virtual meetings is a helpful way to keep your club engaged and keep up with the health and welfare of your members. Honestly, I did enjoy attending a couple of in-person, social distanced meetings with the members of the LaPlata and Waldorf Lions Clubs. I miss the interactions with the members. However, during the pandemic, the ease and convenience of Virtual meetings has kept 22C involved with our community and each other. It's a useful tool many of us will continue to use to conduct our Lions' business.

November marks the beginning of the holiday season and it is also Diabetes Awareness Month. Diabetes affects more than 10.5% of the U.S. population and it impacts all social, economic, and ethnic backgrounds. The District Governors of Multiple District 22 are encouraging all Lions to participate in a Zoom seminar about Diabetes Awareness given by MD 22 Diabetes Chair John Monahan on Wednesday November 4, 2020 @ 1 pm. Please register in advance for this meeting: <u>https://lions22c-</u> org.zoom.us/meeting/register/tZctf-utrjIpHdLsrIKsGZQx2iUhiXzpTf5 . After registering, you will receive a confirmation email containing information about joining the meeting.

You are also encouraged to join Multiple District 22 in a Virtual Walk/Run/Bike/Activity on November 14, 2020, World Diabetes Day, to support Diabetes Awareness in our communities. Get your club members, family, friends, neighbors to go for a walk/run/bike or other activity. Wear your Lions gear and share on Facebook and social media platforms. Be safe. Wear your mask.

Social distance. Have fun.



I plan to have an early walk at Cosca Regional Park the morning of November 14, 2020 and then join the Washington Midtown Lions Club for their Diabetes Strides Walk at 10 am. Zone Chair Chris Wooters is organizing a walk for his Zone. These are just a few ideas going on in 22C. Feel free to join one of these activities or find your own activity to enjoy on World Diabetes Day. Whatever you do, I hope you have fun as you support Diabetes Awareness.

Take care, District 22C DG Ruth A. Moses Seeing and Serving the Future with 20/20 Vision

SECRETARY/TREASURER CORNER Reminders

Secretaries

** Monthly Membership Report due by end of each month by MyLCI reporting.

***Submit District 22-C 5-Star Award Activities Report quarterly, no later than **the last day of January, April.**

Please Share The District 22-C Roster Books

The email for Columbia Heights Lions Clubs Secretary Shirley Frederick is:<u>Sfreder209@aol.com</u>



Meetings

The **Takoma Park Lions Club** will hold a membership drive event on Tuesday, November 17 at 6:30 p.m. This will be a ZOOM event. For more information on the event, please call Lion Mike Hall at 301-412-2888.

Silver Spring Leisure World LC Zoom meeting will be on Wednesday November 11 at 1 PM. Speaker will be Lion Virginia Bickford, Former Dietitian and Diabetes Educator at the Veterans Administration Medical Center in Washington, DC and in Adult Health at the Prince Georges County Health Department (find link at end of newsletter)

Mt. Rainier-Brentwood Lions Club are holding their meetings by ZOOM. Contact the Secretary for a visitation.



Saturday, November 14, 2020, Virtual Diabetes Walk.

November is Diabetes Awareness Month and DG Ruth is encouraging all to participate in a Multiple District 22 Virtual Walk on November 14, 2020. <u>Refer to flyer attached to email.</u>

Also, The District Governors of Multiple District 22 are encouraging all Lions to participate in a Zoom seminar about Diabetes Awareness given by MD 22 Diabetes Chair John Monahan on Wednesday November 4, 2020 @ 1 pm. Please register in advance for this meeting: <u>https://lions22c-</u>

org.zoom.us/meeting/register/tZctf-utrjIpHdLsrIKsGZQx2iUhiXzpTf5 . After registering, you will receive a confirmation email containing information about joining the meeting.







I just wanted to take a moment to remind you that it is not too late to sponsor the **Peace Poster contest** in your area. You do NOT need to purchase a Peace Poster kit, IPDG Sonia has extras she would love to share those with you.

For those of you sponsoring the contest, please send me pictures of each poster entered in your contest, and most certainly the winning poster. My guru in all thing's website gave us these hints for taking the picture of the poster:

- Photo must be hi-res .jpg or .jpeg files only.
- Hang poster on the wall, head-height, where there is plenty of light.
- Take picture straight-on to avoid distortion.
- Crop image to show only the poster.

If you are able, it would be wonderful to have a picture of your winning artist also. In St. Mary's County we've asked each artist to submit their poster virtually with a selfie headshot photo. So far, it's working beautifully.

Why? Judging will be done virtually, and my hope is to display all posters and most certainly the winners on the District website. Working on that now. NOW DO NOT PANIC ABOUT THIS...I know it's a new thing, but if we start this year, maybe we can gather momentum for the coming years and end up with a wonderful spread for our social media pages, District and Club. I know you are all smarter than I when it comes to technical, but my input on this is that the photos taken with my phone worked just fine.

Your winning entries for the District competition **must be postmarked no later than November 15**.

Remember that according to International rules, the artwork must be flexible enough to ship in a mailing tube. For our District competition, I do not require you to use a mailing tube, but you do need to be aware that the winning poster will be shipped that way to the next level of competition. My personal hint and encouragement is that you not wait until November 15 to mail your entry. There is a follow-on deadline I must meet.

Mail your entry to: Lion Dana Davis, District 22-C Peace Poster Coordinator, 11740 Asbury Circle Apt 1216, Solomons MD 20688

For those of you who might want to deliver personally, you should be aware that COVID19 restrictions are in place at our facility. You will need to make certain I am available to accept your poster, because it will just be a hand off. Much as I wish it were otherwise, we can't visit, view posters, chat, or all that normal social stuff. Please also include a mailing tube; that's how the poster will be returned to you UNLESS it is the winning poster which goes on to the next level of competition. I have assembled a panel of judges which includes the Director of Fine Arts for St. Mary's County Public Schools, the Director of the St. Mary's County Arts Council, artists from the local artists co-op, and Lions from St. Mary's County Lions Clubs. The contest will be a blind judging. Student artists, schools, and sponsoring Lions Clubs will not be identified until the decisions are made.

I am open to any other suggestions you might have. I know this is a very difficult year for a contest, but we are going to make it work and I'm looking forward to seeing all the wonderful artwork.

Lion Dana Davis 301-863-2561/301-904-6205

P.S. If you are considering a virtual contest and would like to see how we've set things up in St. Mary's County, visit <u>https://lexingtonparklionsclub.org/peace-poster-</u><u>contest/</u>

Clubs

****Message from PDG William Thomas, District 22-C Protocol & Parliamentarian.

Club Presidents and Secretaries,

Thank you for your willingness to SERVE, especially during these trying times.

I am the District 22C Chair for Protocol, and serve as the district Parliamentarian. I am also on the Constitution & ByLaws and Policy Procedures Manual Committee.

If you ever have any questions in any of these areas, please do not hesitate to contact me.

As I have stated many times over the years as an instructor in these areas, including District, Multiple District, International Conventions and the USA/Canada Forum, Protocol and Parliamentary Procedure are to make things easier and not harder.

As Always, Thank You!

Yours in Lionism PDG Bill Thomas 240-558-3341

***** from PDG Kelley Randolph, LCIF Coordinator

Club Presidents and Secretaries,

As your District 22C LCIF Coordinator I am requesting a time to visit your club, either virtually or in person. Our Foundation has really stepped up during the Covid-19 pandemic and I would like to share some of our successes as well as an update on our Campaign 100 Empowering Service status. Even though we may be spending lots of our time at home, our Foundation has been on the front lines as our own District 22C received a \$10,000 grant from LCIF which enabled us to provide PPEs (personal protective equipment) to first responders in every county of our district!

Our District Governor, Ruth Moses, is actively working to make this Lion's year a true representation of our motto, We Serve. She will utilize the Five Star Club Awards, which asks each club to sponsor at least three programs. Also, visitations to other clubs must equal 50% of your total membership. Scheduling a virtual presentation and inviting other clubs to join is a way to accomplish these goals. Many of you scheduled what we referred to as "The Troop" (PDG Rich Barb, LVRF, Lion Charlie Spadone, Camp Merrick, Lion Lois Barb, Leader Dog and myself, LCIF). We can (and have already) do this. Just contact me with some possible dates and I will set it up for you!

Again, in this unique time, we will continue to be the only world-wide organization which actively per sues their reason for being and our District 22C is and will continue to be the reason for our existence - WE SERVE!

I am looking forward to hearing from every club in our district so that I can report to LCIF that District 22C had 100% participation in Campaign 100.

Together We Serve, PDG Kelley Randolph



District 22C Lion's Club

Join R1Z1 on World Diabetes Walk Day November. 14. 2020 at 9:00am Where: Rockville Towne Centre in Rockville MD Anyone interested - Please email me at Lionman22@gmail.com ZC Rodrick A Harris 301-300-6566

Above event is a Rockville LC sponsored Diabetes Walk and separate from the MD22 Event mentioned by DG Ruth.

La Plata Lions participated in a food distribution with Lifestyles.

La Plata Lions Club donated the ingredients to make about 150 dinners to Lifestyles in La Plata. Lifestyles provides so many services for our homeless so we knew they would put this food to good use. They were sad that they were not able to host their spaghetti dinner in 2020 but watch out next year!!!! Thank you, Lions Jordan and Connie Burick, Lion Phil Wilk, Lion Jerry Batterton and Lion Bambi Porter. Thank you also to Sandy Washington and her staff for all they do.



Picture 1 (left to Right)-Lions Connie Burick, Jerry Batterton, Phil Wilk, Jordan Burick and Bambi Porter.



Picture 2-(Left to Right)Lions Connie Burick, Jerry Batterton, Phil Wilk, Jordan Burick, Bambi Porter and Mrs. Sandy Washington CEO Lifestyles

Brandywine Lions serving their Community

For 59 years, the Brandywine Lions Club has been collecting donated food goods from the local area schools to supplement their Christmas Food Basket Program for needy area families. Since the schools are not scheduled to be opened until after the New Year, the Lions Club is asking local area residents to donate to this program by bringing their donations of dry food goods to the Brandywine Lions Club on Saturday, 5 December 2020 between the hours of 10am to 2pm. The Brandywine Lions Club is located at 11501 Cherry Tree Crossing Road, Brandywine MD 20623. After the Food Drive, any surplus items will be donated to local community food banks. For any questions, call 301-848-2380 or mail: Brandywinelionsclub@gmail.com

From **Damascus Lions Club** on recent 75th Anniversary. Thanks to all who attended our 75th Charter Night Celebration. Whether you were unable to "attend" or just can't get enough, we did record the meeting and you can watch it now. We exceeded our available space on Zoom, so I've moved the video to our Google Drive. You may share this link with others who might be interested. I did not record the slideshow running during our time of gathering. We will be sharing that at a future date... without the music!

Kudos to the Committee for planning a wonderful event!!

watch: <u>https://drive.google.com/file/d/1VftKmXqhnyQk</u> <u>VhP_cSJyZ62q1yK7pYNZ/view?usp=sharing</u>

Yours in Service, ~Secy. Marcia Damascus Lions participated in a road clean-up on Oct 24, 2020.



Lion Rich Tameris of

the **Silver Hill Lions Club** and his wife Ann donated 37 food items to the Accokeek United Methodist Church Food Pantry in Accokeek, Maryland on October 14, 2020. This is a program started by the club to bring food items in during our Dinner Meetings back in 2010. Last year the club donated more than 1,700 items. With dinner meetings being virtual members are giving directly to their local Food Pantry's in the community.

Leonardtown Lion, Georgie Guy, poses with the 79 pairs of shoes that he and other members of the Lions Club and their friends collected and donated to the Great Mills March Band. The Band was collecting slightly worn, used and new shoes to be donated to developing countries for use by micro-enterprises (businesses conducted by individuals or an individual and their family.) The shoe collection drive ended September 30th. – submitted by ZC George Kirby



Lion Rich Tameris from the **Silver Hill Lions Club** donated 14 stuffed animals to the NAVSEA Marine Corps Toys for Tots Christmas Drive Program on October 13, 2020



Mt. Rainier-Brentwood Lions Club are holding their meetings by ZOOM. They donated school supplies with the College Park Lions, they set up an eye exam with glasses, loaned a wheel chair and donated \$200.00 to Lions Clubs International Foundation.

Lions Donate PPE to St. Mary's County Emergency Services – submitted by Lion Dana Davis



Lion Jess Davis, representing the Lions of District 22C, with members of the Lexington Park Volunteer Rescue Squad

Lions of District 22-C (Calvert, Charles, Montgomery, Prince Georges, St. Mary's Counties and the District of Columbia) donated PPE supplies (gloves, surgical masks, N95 masks, and germicidal wipes) to support the 16 volunteer fire departments and rescue squads in St. Mary's County. Members of the Lexington Park Volunteer Rescue Squad accepted the donation, expressing appreciation, "Lions Clubs play an important role in serving their local communities and we're grateful for their support."

Lexington Park Lions Support Abberly Crest Food Drive



Lions Jess and Dana Davis with Yvonne Jones from the Abberly Crest Team

Lexington Park Lions supported the Abberly Crest Annual Food Drive with a donation of \$200 in groceries. Foods collected will benefit the Southern Maryland Food Bank which, in turn, supports our local St. Mary's County food pantries. Abberly Crest corporate management, HH Hunt, further supports the food drive with a \$1 match for every food item collected. Way to go Abberly Crest and HH Hunt! We're proud to be your community partners in feeding those in need.

Lexington Park Lions Sponsor Bunks Across America

On Saturday, September 26, Lexington Park Lions sponsored Bunks Across America with the St. Mary's County Chapter of Sleep in Heavenly Peace (SHP). Thirty-two volunteers built 31 beds for children who have none. Guided by SHP Chapter Leaders Gary and Debbie Faller, Lions from Lexington Park, Leonardtown, Mechanicsville, and Ridge joined with other community volunteers to sand rough lumber, drill holes, fit pieces, and dip boards in a protective coating. Beds are delivered and assembled, complete with mattress, pillow,



The work!

linens, and comforter. Sleep in Heavenly Peace has delivered more than 150 beds in 2020; Lexington Park Lions are proud to be a partner in this service to the

community.



The reward!



Greetings Lions, from your GLT Laura Salers.

Here are some important administrative tasks and reminders that may need your attention:

1) Please discuss appointing your Club Representatives to Lions Camp Merrick and Lions Community Outreach Foundation. The contact information for these two important positions should be forwarded to the Cabinet Secretary and the Chairs of these two District Programs. (This is a 5-Star item)

2) It's vital that your current Club Officers names and contact information is updated into MyLCI asap, if you haven't done it already. Your Club Secretary or President can do this. Important information is falling through the cracks if your information is not updated with International. Contact me if you need assistance logging into <u>lionsclubs.org</u>. (This is a 5-Star item)

3) Have your Officers received training this year? There is officer training available at <u>lionsclubs.org</u> if you missed the District Training sessions. (This is a 5-Star item). Even if you are a "repeat" Officer, you may learn a new tip which makes your job easier!

4) Let's get our service reported in MyLION. Anyone in your Club can enter the details of a service activity if it's entered before the activity takes place. Your Club Officers can "report" that entry for your Club once it has taken place. Since we are restricted in some areas of service, it's important to record all the things that we ARE able to do. Contact me if you need assistance with this.

5) Don't forget that the District can set your Club up for a Zoom meeting. You can see each other and chat and take care of business items. Contact any member of the Cabinet for assistance.

6) Have you scheduled your Club's virtual Open House or Informational Forum? Each Club was asked by our DG to host an event which was open to the public or invited non-Lion Guests, to share what we do as Lions and to share specifically what your Club has to offer new members. Lets end the year with each Club at least +1 in membership! The District Zoom account can schedule your event. If you'd like a copy of the Open House Workshop that was held a few weeks ago, email <u>ljboat@aol.com</u> and I will send it to you for guidance and suggestions of an agenda for your member recruitment event.

Keep up the great work, Lions and continue to SERVE!

Global Leadership Team Coordinator Lion Laura Salers jboat@aol.com



District 22-C Family and Women's Specialist Report August/September 2020

The Global Membership Team's Family and Women's Specialist Paula Nasta together with several Lions from around the District completed the School Supply Drive distribution on Saturday, September 26 when they participated in the College Park Food Bank Produce and School Supplies event. The event held in the parking lot of the College Park Community Church on Rhode Island Road served over 1200 people from 278 families. Those served came from zip codes all around the region

Aimed at supporting families in the District 22-C region, we conducted a school supplies drive during August & September. Our District's Lions contributed paper, pencils, pens, folders, notebooks and more to fill over 160 bags of school supplies. College Park Food Bank, an area food bank, distributed 250 ten-pound produce boxes using funds from the CARES Act. In addition, Meals on Wheels donated additional produce and the CP Food Bank purchased 214 gift cards at Giant. All were distributed during the event and there were even more in need.

Over 15 volunteers participated in the beautifully choreographed distribution including several District 22-

C Lions. Region 1 Zone 2 Sandy Spring King Lion David Hull participated. College Park Lions Laura and Greg Salers, and I, Greenbelt Lions Dale and Vincent Wilding; and Zone Chair & Mt. Rainer Brentwood Lion, Joe Hinton represented Region 2. The school supply donations were received from Mt. Rainer Brentwood, Silver Hills, College Park, Beltsville, University Park; and Region 2 Zone 2 Chair, Lion Tommye Grant; as well as the Mary Digges Lee Chapter NSDAR from Laurel, MD. The event demonstrates the power of working together in kindness to support those in need across our community. Thank you District 22-C Lions for all your support in this event. - GMT Family and Women's Specialist & College Park King Lion Paula Jarrett Nasta.



Contact Clubs for more information

Brandywine Lions Blood Drive December 3rd Baden VFD, Baden, MD.

Calvert County Lions Blood Drive October 9; December 11; February 12, 2021; April 9, 2021; June 11, 2021

Silver Hill Lions Blood Drive December 29,2020, 9am-2pm

On Friday, October 9th, the Sandy Spring Lions Club held another very successful blood drive at Ashton Baptist Church. A total of 39 units of blood were collected! These donations have the potential to help up to 101 patients in need. Thank you to all of the Lion volunteers and all of the wonderful donors!! Donations remain needed as we move into the winter months!! KL David Hull, Sandy Spring Lions Club

Accomplishment and Happy **99th** Birthday to Washington D.C. Palisades/Georgetown Lion Clarence "Larry" Beaver. Lion Larry turned 99 years young on October 25, 2020, celebrating for lunch with Lion Lee Wilson and



and a few

June Lusby (Gateway LC) of his Palisades/Georgetown friends afterwards. Lion Larry is a well known name in District 22-C as he was very active up till recently as, among other positions, Region Chair, Zone Chair (many years), President of the Eye Bank (known as LCOF) and various other titles. He became a Lion May 1, 1956 (64 years).



Congrata!

to PDG Rich Barb, Silver Hill Lions Club on receiving a Joseph F. Gaffigan Fellowship.





no known passing's for month of October.



Lions Community Outreach Foundation Corner

REMINDER!! Please provide eyeglasses in boxes, not bags as they are too cumbersome for our volunteers to handle and store. Also, please <u>only send complete glasses</u> (no pieces) and NO eyeglass cases.

Anyone who would like to **volunteer to sort glasses**, contact Lion Mary DeHart (301) 266-8074.

Application information for a **Francis F. Garner Grant** can be obtained from LCOF Grant Chair PDG Gary Burdette at <u>glburd54@comcast.net</u>.

Coordinator for the **Joseph F. Gaffigan Fellowship** is PDG Gary Burdette at <u>glburd54@comcast.net</u>

Fundraisers in District 22-C



Calvert County Lions Club

Applebee's Fundraiser. Last Wednesday of each month from 4pm to 7:30pm, Prince Frederick, MD. You will have a great meal and be helping the Calvert County Lions support their community.





Laytonsville Lions Club 2020 Fruit Sale Order Form



FLORIDA RED GRAPEFRUIT & NAVEL ORANGES!

Select, tree-rip anec top of the crop, sweet, ju icy seedless. Available in 10, 2 0, 40 pound boxes, they keep for r norths if stored in a cool pace.

On line ordering available at

www.LaytonsvilleLions.com

Orders must be received by Saturday November 12, 2020



Golf Tournaments in District 22-C

Contact Clubs for more information



October 5, 2020 – Monocacy Golf Tournament has been postponed. The new date is Monday, May 24, 2021. It will be held at the Bretton Woods Golf Course. Information and registration form are available from Lion Bill Jamison at williamhjamison@outlook.com.



October 5, 2020 – Calvert County Golf Tournament – Chesapeake Hills Golf Club, Lusby, MD Rescheduled to June 7, 2021



The current of the second seco

Sandy Spring Lions Club - info TBD



in Multiple District 22 & Lions Clubs International



World Diabetes Day

World Diabetes Day is on **November 14**, and this year, we're asking Lions to continue serving safely by serving virtually. Beginning October 12, your club can participate in a variety of virtual activities to promote diabetes awareness, prevention, and care.

Visit our World Diabetes Day page for activities and educational series that you and your club can participate in to make a difference in your community. And don't forget to use the hashtag #LionsFightDiabetes to celebrate your service with us and Lions around the world.



Mark your Calendar to Celebrate 100 years of Multiple District 22 (Delaware, Maryland, and District of Columbia), August 12, 2022 at the Delta Hotel Baltimore Hunt Valley. If you find anything historical for District 22-C, please keep it handy or contact me. PDG Sandi Halterman, PDGSandi@gmail.com



District 22-C Leader Dog Coordinator Lion Lois Barb shared that her Leader Dog in Training – Harper, is one of the featured puppies if you would like to sponsor her.

These six puppies are more than just cute faces. Right now, they are learning from their volunteer puppy raisers, gaining the skills and behavior they'll need to become a guide dog one day. You can be part of the future of these incredible puppies and every dog who graduates to change the life of someone who is blind. With your \$500 donation, <u>you can symbolically</u> <u>sponsor</u> one of these puppies today.



SakariSequoiaTheaImage: SequoiaImage: SequoiaImag

Your sponsorship includes: a 5x7 photograph of your sponsored Future Leader Dog suitable for framing, four wallet-size photos to share, a profile of your Future Leader Dog, an official sponsorship certificate and a plush puppy!

Whether you **sponsor a puppy** yourself or give a sponsorship as a gift, you support both the puppies growing up to become heroes and their future partners.



Leader Dog is now posting weekly Lions specific items.

We realized we had a lot of Lions content (clients and puppy raisers) but they weren't tagged as Lions. We are checking that now! Posts will go up on all of our social media outlets: Facebook, Twitter and Instagram. If you don't see it in your feed, please go to our FB page to see everything that is posted.

On the same note, please help us get the word out that we are always looking for Lions and Leader Dog posts so have the clubs send them my way and to, likewise, share the posts we have! There is a club in Atlanta that re-tweets our posts regularly to their 1,000+ Twitter followers which is

great. We need more people to know we serve their communities.

Last week was an article about Lion Dawn Rudolph who is a client and her journey before and after Leader Dog (Oct 16 post, this is the newspaper article in the post: <u>https://bit.ly/34UgBN3</u>). I believe the next post will be about Dewey Beach Lions Club (22-D) and their sponsorship commitment for our summer experience for teens. I'm waiting for a few other Lions to send me updates about events they have hosted and one who helped a client with her application video.

Thanks to all the Lions and their help in so many ways-

we are happy to share the partnership! We just inducted another staff member into the Lions—all good things in trying times. Cheers,

Lion Beth

Message from Leader Dog Program Opportunity

Greetings:

Now that I have your attention, **We would like to come to one of your meetings and it won't even cost you a dinner!** Could be a Club in your District, Zone, Region... perhaps a Cabinet Meeting or an upcoming Convention. Time Zones are of no consequence. Alaska, Bahamas, Puerto Rico... we can meet at YOUR convenience. We are finding that one of the benefits of this new virtual world, is that we can go anywhere and talk about Leader Dog.

We can...

- Talk about Leader Dog Programs
- Introduce you to a Client or a Puppy Raiser
- Hear from a Trainer
- Describe White Cane Training
- And so much more

Not sure how-to set-up a Virtual Meeting? We can help with that too. But we need your help in getting the word out and promoting our virtual road show. So please pass this flier on to Clubs and leadership in your Districts. A Leader Dog presentation is also a great way to introduce prospective members to a program that you support.

Thanks for reading this to the end. Be safe!

Mike

Mike Dengate Lions Engagement Specialist 1039 S. Rochester Road Rochester Hills, MI 48307-3115 248-650-7102 888-777-5332 ext. 1102 What does Leader Dog do? Watch this short clip: https://youtu.be/mF_pMLZUJn8

Visit us online at leaderdog.org or 'like' us on Facebook

Empowering people who are blind or visually impaired with lifelong skills for independent travel through quality Leader Dogs, highly effective client instruction and innovative services



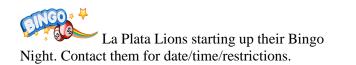
See life through Lion lenses in Montréal!

Online registration is officially open for the Lions Clubs International Convention (LCICon) 2021 in Montréal, Canada

Message from Lion Jimmy Jarboe, Takoma Park Lions Club









Calvert County Lions invite you to their Applebee's Fundraiser, last Wednesday of each month.

November

November 14, 2020 Virtual Diabetes Walk

November 14, 2020 – Region 1, Zone 1 World Diabetes Walk Day 9:00am, Rockville Towne Centre in Rockville MD

November 19, 2020 – Region 1, Zone 1 Zone meeting – Contact ZC Rodrick Harris

DECEMBER

December 3, 2020 – Brandywine Lions Blood Drive

December 11, 2020 - Calvert County Lions Blood Drive

JANUARY

Secretary Deadline – 5-Star Award Activity Report, submit by end of month

January 23, 2021

3rd Cabinet Meeting – Waldorf

FEBRUARY

February 12, 2021 - Calvert County Lions Blood Drive

MARCH

March 15, 2021 – Club Secretary - Deadline to submit Club Delegates & Alternates to the MD-22 Convention.

March 1, 2020 – 22-C Honor Band contribution deadline. Send to Lions Charles & Marcia Holpuch, 24405 Hanson Road. Laytonsville, MD 20882, (301) 253-6240. Lions.22c.honor.band@gmail.com



District 22-C Social -

March 20, 2021 2nd Advisory & Cabinet Meeting – Brandywine Lions Den

March 31, 2021 - Deadline for Semi-annual permember dues for Internatioal, Multiple District 22 & District 22-C to Cabinet Treasurer Larry Shelton.

APRIL

Secretary Deadline – 5-Star Award Activity Report, submit by end of month

April 9, 2021 – Calvert County Lions Blood Drive

April 15, 2021 – Secretary Deadline to report New Officers for 2021-2022 to LCI through MyLCI.

April 15-18, 2021 – Multiple District 22 Convention, Gettysburg, PA

May

May 24, 2021 – Monocacy Lions Club Golf Tournament.

JUNE

June 7, 2021 - Calvert County Golf Tournament – Chesapeake Hills Golf Club, Lusby, MD

June 11, 2021 – Calvert County Lions Blood Drive

June 25-29, 2021 – Lions Clubs International Convention, Montreal, Quebec

Upcoming Conventions

MD22 Convention	
April 15-18, 2021	Gettysburg, PA
April 21-24, 2022	Gettysburg, PA
April 20-23, 2023	Ocean City, MD

Lions Clubs International Convention

June 25-29, 2021	Montreal, Quebec
July 1-11, 2022	New Delhi, India
July 7-11, 2023	Boston, MA
June 21-25, 2024	Melbourne, Australia

Leisure World Lions Low Vision Support Group



November is diabetic Eye Disease Awareness Month; the goal is to create a mindful population to the effect of diabetes on our eyes. Diabetic eye disease should encourage people with diabetes to seek treatment for vision problems related to diabetes.

According to Prevent Blindness America, diabetes is the leading cause of new cases of blindness in adults and all people with diabetes are at risk for vision loss and blindness from diabetic eye disease. African Americans, Native Americans, Alaska Natives, Hispanics, Latinos, and older adults with diabetes are especially at higher risk.

In addition, an emerging body of research in diabetes, vision, and health care indicates that significant differences in the quality and equality of eye care exist throughout the United States, specifically in the African American and Latino communities.

According to the ophthalmological Institute, diabetic retinopathy has four stages:

Mild non-proliferative retinopathy; Moderate nonproliferative retinopathy; Severe non-proliferative retinopathy; and Proliferative retinopathy which is the most severe. Without going into depth in this article, my point is that care must be taken as soon as possible to get to your eye professional. Diet alone may not be enough if you are a senior diabetic.

Our next Zoom meeting will be on Wednesday November 11 at 1 PM. Our speaker will be Lion Virginia Bickford, Former Dietitian and Diabetes Educator at the Veterans Administration Medical Center in Washington, DC and in Adult Health at the Prince Georges County Health Department with 40 years of experience teaching about nutrition and diabetes care. Virginia will talk about "The ABCs of Diabetes". Taking care of your diabetes limits the complications of diabetes and improves overall health.

To Join Zoom Meeting

https://us02web.zoom.us/j/86093597020?pwd=NXhpZD

hrVW5oOXdUVXNjUmlBZ1NBdz09, Meeting ID: 860 9359 7020, Passcode: 602810

One tap mobile: +13017158592,86093597020#,0#,602810# US

If you have any questions contact Lion Larry Cohen at 908-770-9111 or topops@aol.com or KL Maxine Hooker at 301-598-0242 or hookermr59@gmail.com.

Congratulations on serving over 275 million people! Let's break it down.

5,734,744 people served through vision screening

2,278,223 people served through childhood cancer awareness, education and advocacy

4,361,416 people served through environmental clean up and restoration projects

- 1,337,746 people served through type two diabetes risk awareness and screenings
- 14,756,467 people served through food collection and meal preparation
- 5,762,256 people served through tree planting and tree care
- 2,925,727 people served through education, literacy and reading programs
- 2,172,113 people served through eyeglass collection and recycling
- 1,377,427 people served through clean water and sanitation

31,410 people served through trachoma surgeries

600,000 people served through Lions Quest programs

8,500,000 people served through river blindness treatments

And that's just a fraction of the work our Lions have done this year.

Together, we're making our communities and the world a better place. Celebrate this momentous milestone with us — we couldn't have done it without you.

