

The District 22-C Voice

Reminders and Activities of District 22-C

Information obtained by PDG Sandi Halterman by way of Club newsletters, facebook, websites and activities of the District. Distribution to Club Presidents and Secretaries as reminders and to distribute to Club members for information on other District 22-C Clubs and Multiple District activities.



November 20, 2016

The Club Secretary Corner

SECRETARIES – Please share with all members

Several clubs, plus a few individual Lions in Multiple District 22, helped pay for a video, which is now being heralded by eye professionals. Eye care specialist are saying about low vision rehabilitation that “this is now the standard of care”. This is what we started in Multiple District 22, 25 years ago, at the Wilmer Eye Institute, Lions Vision Research Foundation. When low vision rehabilitation wasn’t even on the radar. Lions of District 22-C should be proud, very proud that we were part of this historic endeavor. Check out the video and see for yourself. <http://www.aao.org/smart-sight-low-vision>. It was noted at the recent Lions Vision Research Foundation (LVRF) Rally that the Suburban, Silver Hill, South Gate-Clinton and Gateway Lions were clubs who donated to the production of this video.

Has your club scheduled for DG Steve to come speak to your club? If not, please contact Administrative Assistant Sonia Wiggins at (301) 876-4424 (home) or email: lion2sweet@gmail.com, page 4 of the District Roster Book.



Club reports are due by the last day of each month. You do not have to wait to the last day of the month to do these reports. Reports includes

LCI Membership ** LCI Activities ** District 22-C Activities (5-Star Award Program)

Send to:

CS Mary Dehart - mdhart41@gmail.com

DG Steve Borsh - fandsborsh@Comcast.net

FVDG Carl Vettel - carljan2006@verizon.net

SVDG Andrea Cumberland – lionandrea66@gmail.com

LCI Membership Report is sent to PDG Dee Hawkins - dee22c@gmail.com

Region 1, Zone 1 – Douglas Sherwood, dougsherwood@verizon.net

Region 1, Zone 2 – PDG Bill and Julie Thomas, billysbarn@gmail.com

Region 2, Zone 1 – Kenneth Wenzel, ken.j.wenzel@gmail.com

Region 2, Zone 2 – Lee Wilson, lerwilson@aol.com

Region 3, Zone 1 – Dollye Cooper, cooper_dlc@verizon.net (note: it’s underscore between cooper and dlc)

Region 3, Zone 2 - Charles Spadone, spadonecharles@aol.com

Region 4, Zone 1: ZC Charlie Spadone (Upper Marlboro and Waldorf LC’s)

ZC George Kirby (Brandywine, Calvert County and LaPlata LC’s)

Region 4, Zone 2 – George Kirby, georgekirby_97@yahoo.com (note: it’s underscore between Kirby and 97)



This just in, the **Officer Training for 2017-2018** has been scheduled for the following dates. Please mark your calendars. Contact PDG Kelley Randolph @ kelly22c@aol.com (301) 423-5012, if you need additional information

May 20, 2017 – Huntingtown United Methodist Church, Huntingtown, Maryland
 June 3, 2017 – Silver Spring Leisure World, Silver Spring, Maryland



New Members to District 22-C from October 20, 2016 to November 20, 2016.

Marcel W. Brooks, Sr.

Lexington Park Lions Club

Sponsor: not provided

Speaking of Membership - Did you know?

Lions Membership Worldwide as of October 31, 2016 is:

| | | |
|---------------|-----------|-----|
| Total Members | 1,401,121 | |
| Total Women | 389,424 | 28% |
| Total Clubs | 47,087 | |



The Ridge Lions Club on the passing of Lion Loren Kroehler who passed away on November 14, 2016. Lion Loren was 90 years old and joined the Ridge lions in 2003. Lion Loren was the stepfather to past Cabinet Secretary Lion Buddy McBride, Sr. (Addie). Donations can be made to the St. Michaels School, POB 259, Ridge, MD 20680, www.saint-michaels-school.



to the following Lions who completed LCI Leadership Training in Houston, Texas.

PDG Dee Hawkins completed Faculty Development Institute “Train the Trainer”

SVDG Andrea Cumberland completed Advanced Lions Leadership Institute

AA Sonia Wiggins completed Advanced Lions Leadership Institute



District 22-C Lionsnewsletter, contact Lion Larry Cohen, Silver Spring Leisure World Lions with your club information, passing’s, fundraisers, etc. at lionsnewsletter@gmail.com. **If you are not on the distribution list, send your name and email to Lion Larry.**



Bull Thrower's Award

Dear Club Presidents and Secretaries,

As a past recipient of the Bull Thrower's Award I am honored to serve as the District 22-C Committee Chair for 2016-2017. Joining me on the Committee are the previous four (4) recipients namely: Buddy McBride, Sr. (2012-2013), William "Bill" Thomas (2013-2014), Donald Beeson (2014-2015) and Kenneth Burton (2015-2016). As the Committee Chair I am requesting that you consider a nomination for this most prestigious annual District 22-C award. Information on the Bull Thrower's Award can be found in the District 22-C Directory and Club Roster Book, page 70 and the District 22-C Constitution and By-Laws, Article VII.

There are many deserving Lions in our District. I urge each of you to take the time to nominate a Lion who has a record of demonstrated outstanding service. Nominees for this award must have been a Lion for at least ten (10) years. **Nominations are due by no later than April 1, 2017.**

The Committee will evaluate each nomination based on the established criteria. In submitting your nomination be sure that you have included all pertinent information. The Committee will only use the information submitted in the nomination and not use any personal knowledge in the evaluation. Only one nominee will be selected. The award will be presented to the recipient at the Multiple District 22 Convention in Gettysburg, PA during the District 22-C business meeting on May 17, 2017.

Please send your nomination to PCC Charlie Kears, 9408 Thornedike Drive, Laytonsville, MD 20882 or by e-mail to cdkearse@comcast.net. As a note my e-mail address under the Bull Thrower's Award in the Roster Book is incorrect. Use the above e-mail address. If you have any questions about this award please contact me at 301-926-2011 or by e-mail. Nominations can be submitted at anytime but remember the cutoff date is April 1, 2017. Thank you for your service.

Yours in Lionism, PCC Charlie Kears, District 22-C 2016-2017 Bull Thrower's Award Committee



amazonsmile
You shop. Amazon gives.

Shop Online and Donate to LCOF

AmazonSmile is a simple and automatic way for you to support the *Lions Community Outreach Foundation (LCOF)* every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate .5% of the purchase price to the LCOF.

To shop at AmazonSmile simply go to smile.amazon.com on your computer or mobile device.. **On your first visit to AmazonSmile (smile.amazon.com), you need to select the *Lions Community Outreach Foundation* to receive donations from eligible purchases before you begin shopping.** (This is a drop down located on the right hand, upper side of the site). AmazonSmile will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

Have you signed the District Governor's Banner that will be walked in the Lions Clubs International Parade? If not, try to do so before the Multiple District 22 Convention in May, 2017. It's currently being carried around by the District Governor on his visits.



Lions Clubs International (LCI) Convention in Chicago, JUNE 30 - JULY 4, 2017.

Registration \$130.00 to January 2017 then it goes up. To make a reservation, please submit your completed Convention Registration and Hotel Reservation Form with the hotel deposit and, convention registration fees. Hotel reservations for the Lions Clubs International convention are automatically made at the delegation's assigned hotel until January 13, 2017. After January 13, rooms can be reserved at any hotel in the LCI hotel block, subject to availability. PLEASE NOTE: All requests are processed first-come, first-served. Questions can be directed to: Lions Clubs International Convention Division at (630) 468-6914 or e-mail us at registration@lionsclubs.org. Visit us online at www.lionsclubs.org for convention updates.



Mark your Calendar

The **#LIONS100 Centennial Commemorative Coins** will go on sale during calendar year 2017. They will be **available for purchase from LCI Club Supplies and the #USMint.** Here's Past International President Clement F. Kusiak from District 22-A, holding one of the new minted coins.

Thank you PDG Brother Pattie and Lion Allan Ballard from the Sandy Spring Lions, for having the vision to promote this Centennial Coin to Lions Clubs International.



Work Day to Winterize Camp December 3, 2016



Annual Camp Gala – Friday February 10, 2017

Message from the Camp

Dear Friends, The Holiday shopping has begun and we would like to remind you that if you are going to shop on line at Amazon their **Amazon Smile program** will donate to non-profits and Lions Camp Merrick is one of the non-profits on their list. All you have to do is click on this link smile.amazon.com/ch/52-1289731 and you can shop knowing your funds are doing “double duty”.

Thank you for your support !

Your LCM Staff Donna L. Wadsworth, Administrative Assistant, Lions Camp Merrick, Inc.

Phone: 301.870.5858, www.lionscampmerrick.org

February 3 & February 4, 2017 - MD22 Regional Lions Leadership Institute. at Wor-Wic Community College in Salisbury, Maryland. **NOTE: The 1st Lions to register the basic course from each District in the month of October will receive a discount to \$75.00 as documented by the postmark date.** For more information contact 22C – PDG Kelley Randolph, kelly22c@aol.com

April 22, 2017 – District 22-C Social. District’s Honor Roll Award recipient will be announced.

CLUBS AND ACTIVITIES

Suburban Lions Secretary Rebecca Britt received a Melvin Jones Award during the recent District Governor visitation.



Congratulations

Becca.

Melwood Environmental Lions Club has a FaceBook account, check them out and “Like” them at <https://www.facebook.com/MelwoodEnvironmentalLions/>

Takoma Park Lions - November 4, 2016, King Lion Kirk Szymanski dropping off over coats for shepherds table in downtown Silver Spring. A total of 40 coats delivered to the shelter on Dixon Ave in downtown Silver Spring.



Laytonsville Lions Club at the Town of Laytonsville invite anyone interested to their Annual Tree Lighting Ceremony on Friday, **December 2, 2016**. The event starts at 7:00 PM with the Laytonsville

Elementary School Chorus entertaining the audience with songs of the season, the lighting of the tree this year by our new Mayor, Jim Ruspi, and the arrival of Santa Claus on his red Laytonsville Fire Department "sleigh". Santa visits with all the children and some parents, bring your list, and everyone enjoys coffee, hot chocolate and hot cider and cookies. It is a delightful evening and it would be even better with your attendance.

THE TOWN OF LAYTONSVILLE
CORDIALLY INVITES YOU TO OUR
ANNUAL TREE-LIGHTING CEREMONY
TO CELEBRATE THE HOLIDAY SEASON



PLEASE JOIN US FOR CAROLING,
A VISIT WITH SANTA AND REFRESHMENTS
LAYTONSVILLE TOWN HALL, 21607 LAYTONSVILLE ROAD
FRIDAY, DECEMBER 2, 2016 7:00 P.M.

CONTRIBUTIONS BY THE LAYTONSVILLE LIONS CLUB, ALL
STAGE AND SOUND, BOYLAND ELECTRIC, GIRL SCOUTS, CUB
SCOUTS, BOY SCOUTS AND LAYTONSVILLE ELEMENTARY
SCHOOL CHORUS.

THANKS TO THE LAYTONSVILLE VOLUNTEER FIRE
DEPARTMENT FOR ESCORTING SANTA.

Silver Hill Lions - Silver Hill Lions Club members volunteering at the Annual Spaghetti Dinner at St Phillips Church in Temple Hills Maryland on Saturday, October 29, 2016. The funds raised from the spaghetti dinner is for the church Scholarship Foundation. Those Lions not working the event had dinner and participated in the raffling of cakes, pies and etc. Lion Richard Tameris purchased brownies and a cake to take to work. The brownies never made it to work. My wife and I ate them all.



College Park Lions – November 12, 2016, Clothing Donation Fund Drive Crew
5 men, 2 trucks, many heavy bags. They got it done! Thank you, and to all who donated to help support the work we do in the community.



Fundraisers



Takoma Park Lions Club - Ham & Nut Fundraiser - Contact IPDG Mike Bigler at mike.bigler@verizon.net or 202 438-1686. They will be selling 12-14lb Southampton Country Ham at \$62.95, Gourmet (22oz salted Peanuts (\$13), Gourmet (22oz unsalted Peanuts (\$13); Gourmet Cashews (22oz \$22); Natural (in-shelled) Pistachios-18oz \$18; Peanut Brittle Squares (22oz tin \$15); Dark Chocolate Covered Peanuts (24oz \$18); Double Dipped Milk Chocolate Covered Peanuts (24oz \$16); Honey Roasted Nuts (22oz \$15) and Roasted (in-shell) Peanuts (2lb \$7). **All orders MUST be in by December 1, 2016.**



Fruit Sales



Laytonsville Lions club – contact Laytonsville Lions Club, P.O. Box 5111, Laytonsville, MD 20882 by **Friday, November 25, 2016**, Lion Gerda Sherwood (301) 253-6064; gerdoug@gmail.com or Lion Kevin Curran (301) 926-3119, kevin_curran@comcast.net.

- Holiday Pack Fresh Fruit Sampler, 36 pieces \$35.00
- 20 lb Navel Oranges, 28-36, \$25.00
- 10 lb Navel Oranges, 14-18, \$15.00
- 30 lb Texas Ruby Red Grapefruit, 18-22, \$25.00
- 10 lb Texas Ruby Red Grapefruit, 9-11, \$15.00
- Small Box Ruby Red + Navels, 4 + 8, \$15.00
- Jumbo Shelled Pecan Halves, 1 lb bag, \$17.00
- SEE's Candy – Mixed Chocolates, 1 lb box, \$17.00
- SEE's candy – Toffee Ettes, 1 lb can, \$25.00



Rockville Lions Club

| | | | | | |
|-----------------|-------------------|---------------------|--------------------------|-------------------------|--|
| Oranges \$25 | ½ Oranges \$15 | Grape-fruit \$25 | ½ Grape-fruit \$15 | Holiday Pack \$35 | |
|-----------------|-------------------|---------------------|--------------------------|-------------------------|--|



Christmas Tree's: Clubs, please send PDG Sandi at PDGSandi@gmail.com and Lion Larry Cohen, Lionsnewsleter@gmail.com, a location of your tree lot so it can be published. Also, if not listed below and would like to be, send in that information also.

- Bowie LC
- Laurel LC
- Palisades/Georgetown LC
- Sandy Spring LC - trees are on the lot, start selling next week
- Suburban LC – scheduling to start selling next weekend
- Upper Marlboro LC



Blood Drives in the District

Bowie Lions Club
December 10, 2016, Bowie Giant, Bowie, MD

Brandywine Lions Club, Baden VFD, 16608
Brandywine Road, 301-888-1666
Dec 1, 2016
2:30–7 pm,

La Plata Lions Club, all drives are held at the La Plata United Methodist Church
1:30 pm to 7:30 pm.
December 26, 2016

Silver Hill Lions Club
December 27, 2016
Clinton American Legion, 12:30-6:00pm



Lions Vision Research Foundation Rally

On November 19, 2016, lions from District 22-C attended the Lions Vision Research Foundation (LVRF) 25th Anniversary Rally at John's Hopkins Hospital, Wilmer Eye Institute. There were approximately 200+ in attendance from Multiple District 22 at this rally with two energetic patient testimonials, information about what exciting projects are being researched and about the Wilmer Eye Institute and how lions are a major part of the low vision research. Some Arnall Patz Fellowships were also given out and we had a great luncheon. Those lions spotted from District 22-C were: DG Steve Borsh, Vice District Governor's Carl Vettel, Andrea Cumberland, CS Mary Dehart, Zone Chairs Lee Wilson, George Kirby, Dollye Cooper, PID Joe Gaffigan, PDGs Ken Watson, Rich Barb, Sandi Halterman, Paul and Dee Hawkins, Lions Jess Davis, Dana Davis, Ron Seibel, Rosann Seibel, Jim D'Amico, Richard Tameris, Lois and Leader Dog Liberty, Fran Borsh, Dorothy Price and Vincent Price. Sorry if I missed anyone, but with over 200 people it's sometimes hard to find everyone.

Did you know that Wilmer has 19,000 same day appointments, has 500 applicant's for the Internship of which only one is selected each year for which the Lions have financially supported and John Hopkins is the only Zika Research Center in the United States studying and treatment of Zika as it relates to vision. It's found that 60% of the children born with Zika has eye problems. A beautiful mosaic was presented by Dr. Gislin Dagnelie to Wilmer from a friend of his from Sacramento, Mary. She benefited from the Wilmer Eye Institute.

This article could never give you the great feeling and pride of the accomplishments that the lions of Multiple District 22 have given to the Wilmer Eye Institute and the Lions Vision Research Foundation. You really need to hear it for yourself and should try to attend this event next year. It won't have the luncheon, but will go back to the fantastic tours given as in the past.





Leader Dog for the Blind will have a higher number of puppies than usual in January & February 2017. They need a number of volunteer puppy raisers in the spring, Club Secretaries please forward to your club members. **Anyone interested in helping with this contact or e-mail Lion Lois Barb 301- 449-7107, ibarb@arlingtonva.us**

Did You Know...

One of the three District 22-C Awards you can be recognized for is the

Joseph F. Gaffigan Fellowship

Lighting a Pathway to the Future



The **Joseph F. Gaffigan Fellowship** was established to honor Past International Director Joseph F. Gaffigan for his many years of dedicated humanitarian service to the Lions of District 22-C, Multiple District 22, and Lions Clubs International. As a Lion, he has a distinguished career of leadership, devotion, and service at all levels of the Lionism. The Joseph F. Gaffigan Fellowship will recognize individuals (including non-Lions), clubs, or districts who have demonstrated a commitment to humanitarian service.

Fellowship Levels: Bronze \$250.00 Silver \$500.00 Gold \$750.00 Platinum \$1,000 Progressive \$1,000

Designate Donation to: Lions Community Outreach Foundation (LCOF) or Lions Camp Merrick (LCM)

Or divide between the two

Recipients



| | | | | | | | |
|-----------------|----------|------|-----------|---------------------|-------------|------|------------|
| Sandi Halterman | Platinum | LCOF | 1/14/2011 | Laura Salers | Platinum | LCM | 6/9/2013 |
| Mark LeRoux | Silver | LCOF | 4/26/2012 | Tab Wheeler | Platinum | LCOF | 6/27/2013 |
| Carole Kearse | Platinum | LCOF | 4/30/2012 | Helga Murdock-Niles | Platinum | LCOF | 8/21/2013 |
| Mark LeRoux | Silver | LCOF | 5/8/2012 | Melvin Anderson | Platinum | LCOF | 8/21/2013 |
| Mark LeRoux | Silver | LCOF | 7/23/2012 | Sandi Halterman | Progressive | LCOF | 10/31/2013 |

| | | | | | | | |
|-------------------------|----------|----------|------------|--------------------------|----------|------|------------|
| James Cochairo | Platinum | LCOF | 7/23/2012 | Louise Maculey | Platinum | LCOF | 11/21/2013 |
| Dalton Mann (22-B) | Bronze | LCOF | 8/1/2012 | Doris Messick | Platinum | LCOF | 11/27/2013 |
| Mark LeRoux | Silver | LCOF | 8/1/2012 | Ray Messick, Sr. | Platinum | LCOF | 11/27/2013 |
| Ann Reiver (22-D) | Bronze | LCOF | 8/1/2012 | Evelyn Gottlieb | Platinum | LCOF | 1/9/2014 |
| Mark LeRoux | Silver | LCOF | 8/2/2012 | Andrea Cumberland | Platinum | LCOF | 1/9/2014 |
| Lucy L. Friedman | Platinum | LCOF | 9/27/2012 | Elliot Weisman | Silver | LCOF | 2/10/2014 |
| H. Barry Wilen | Platinum | LCOF/LCM | 10/3/2012 | Sal Raspa | Silver | LCOF | 2/10/2014 |
| PID Dave Stoufer (Iowa) | Platinum | LCOF | 10/11/2012 | Robert F. Woody | Silver | LCOF | 2/10/2014 |
| PDG Mike Bleything | Platinum | LCOF | 11/20/2012 | Gregory Salers | Platinum | LCOF | 5/21/2014 |
| Buddy W. McBride | Bronze | LCOF | 11/28/2012 | Don McGinn | Platinum | LCM | 5/21/2014 |
| Ronald J. Seibel | Platinum | LCOF/LCM | 1/31/2013 | John Jones | Silver | LCOF | 4/21/2015 |
| Rosann J. Seibel | Platinum | LCOF/LCM | 1/31/2013 | Joe Cannetti | Silver | LCOF | 4/21/2015 |
| Chester Lynch | Silver | LCOF | 2/20/2013 | Sherri L. Hitt | Platinum | LCOF | 4/21/2015 |
| Francis Kuhn | Silver | LCOF | 2/20/2013 | Wm (Billy) Halterman, II | Platinum | LCOF | 10/1/2015 |
| Donald Beeson, DG | Platinum | LCOF | 3/27/2013 | Jeremy Hall | Platinum | LCOF | 10/15/2015 |
| Ed Smith | Platinum | LCOF | 4/16/2013 | Susan Matthews | Platinum | LCOF | 3/8/2016 |
| Aki Shabani | Bronze | LCOF | 4/30/2013 | Eileen Gaffigan | Platinum | LCOF | 5/18/2016 |
| Hosein Moravji | Bronze | LCOF | 4/30/2013 | Linda Talton | Platinum | LCM | 11/5/2016 |
| Maryam Asdj | Bronze | LCOF | 4/30/2013 | Ronald Talbot | Platinum | LCM | 11/5/2016 |
| Betty Djawdan | Bronze | LCOF | 4/30/2013 | Father Jeffrey Samaha | Platinum | LCM | 11/5/2016 |
| Susan Makki | Bronze | LCOF | 4/30/2013 | Betty Jane Iannicelli | Platinum | LCM | 11/5/2016 |
| Mike Owens | Platinum | LCOF | 6/9/2013 | Richard "Dick" Gesell | Platinum | LCM | 11/5/2016 |

For additional information on this award, contact PDG Gary Burdette @ glburd54@comcast.net, (301) 916-3098 or PDG Sandi Halterman @ PDGSandi@gmail.com, (301) 751-8627.

If you do not see your name on this list and received this award, please email PDG Sandi.

Recent recipients from the Silver Hill Lions Club

| | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>The club honor some of its Lions and friends who supported the Silver Hill Lions Club with a Joseph F. Gaffigan Fellowship - Platinum Award for their dedicated work in Lionism. PID Joe Gaffigan presented these awards to Lions Betty Jan Iannicelli, Father Jeffrey Samaha, Dick Gesell, Ms. Linda Talton and Mr. Ronald Talton.</p> |  <p>KL Ruth Moses, Lion Betty Jane Iannicelli receiving her Joseph F. Gaffigan Fellow Platinum Award for her hard work in making pillow cases and crocheting blanket to be donate to hospitals and the Arnold Palmer Foundation (Averaging 40 hours a month)</p> |  <p>KL Ruth Moses, Ms. Linda Talton and PID Joe Gaffigan - Ms. Linda Talton received her Joseph F. Joe Gaffigan Fellow Platinum Award for her dedicated volunteering with the fire departments and selling T-Shirts at the Silver Hill Lions Club Demolition Dery's come rain or shine</p> |
| <p>KL Ruth Moses, Lion Father Jeffrey Samaha, PID Joe Gaffigan - Lion Jeff</p> | <p>PID Joe Gaffigan and Lion Betty Jane Iannicelli putting on Lion Betty Jane's</p> | <p>KL Ruth Moses, Lion Father Jeffrey Samaha, Lion Betty Jane Innicelli, Ms.</p> |

received his Joseph F. Joe Gaffigan Fellow Platinum Award for his volunteer work in the community and at Southern Maryland Hospital (Averaged 280 hours a month)



Joseph F. Joe Gaffigan Fellow Platinum Pin Award



Linda Talton and PID Joe Gaffigan - These three individuals received a Joseph F. Gaffigan Fellow Platinum Award for there dedicated work in Lionism



Borrowed from the LaPlata Newsletter



HAPPY THANKSGIVING TO ONE AND ALL!

'Twas the night of Thanksgiving, but I just couldn't sleep.
I tried counting backwards, I tried counting sheep.
The leftovers beckoned, the dark meat and white,
but I fought the temptation with all of my might.
Tossing and turning with anticipation,
the thought of a snack became infatuation.
So, I raced to the kitchen, flung open the door,
and gazed at the fridge, full of goodies galore.
I gobbled up turkey and buttered potatoes,
pickles and carrots, beans and tomatoes.
I felt myself swelling so plump and so round,
'til all of a sudden, I rose off the ground.
I crashed through the ceiling, floating into the sky,
with a mouthful of pudding and a handful of pie.
But I managed to yell as I soared past the trees,
"Happy eating to all - pass the cranberries, please!"
May your stuffing be tasty, may your turkey be plump,
may your potatoes 'n gravy have nary a lump.
May your yams be delicious, may your pies take the prize,
may your Thanksgiving dinner stay off of your thighs!