

DG John Hand - "Opening New Doors"

Over the past six weeks I have enjoyed so much getting to spend time with many clubs and see the difference Lions make to our communities every day. Thank you to Emmett, Boise Bench, Payette/Syringa, Nampa, Caldwell, Mountain Home, and Adrian!

Every visit is rewarding and underscores how each Lions Club is unique. We share common values and purpose, of course, but priorities and challenges differ from community to community and club to club.



As a district, our primary focus this year is membership. Since July we have grown from 858 to approximately 885 members—which is great!! But while we have several big success stories in clubs like Mountain Home and Boise Bench, our growth is challenged in other areas.

What can YOU do?

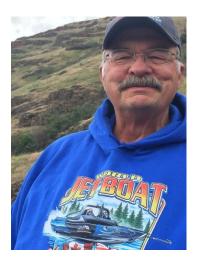
Make a goal for your club! 10% or 15%--even 20%! growth—by July 1. As I said last month, this is the most important service project every Lion can do to keep our clubs healthy!

Asking is always the hardest part, but it is always worth it. I am happy to update you on my five recruits: one has committed to join this month and two in January.

If you want support in any way, just call me at 208-869-8007!

All the Best, John Hand District Governor

Email: history.major1994@gmail.com



Remember Bob Hays!

Bob Hays was an incredible citizen of his home state and a member of Emmett, Boise Capitol and Meridian clubs before his passing in 2023.

Bob was a public servant who, with his wife Becky, lived a life of service and left an enduring legacy.

In Bob's honor, the Western Whitewater Association Endowment Scholarship was created "In Honor of Bob Hays" at the College of Southern Idaho. The endowment will primarily support students pursuing a degree in Aquaculture.

The Meridian Lions Club invites all Lions from District 39W to make a contribution in Bob's honor before December 31, 2024.

Please make checks payable to: Meridian Lions Club Foundation PO Box 266 Meridian ID 83680

VDG Peggy Hess

Hope you had a great Thanksgiving.

I need help getting some great Lions to fill some positions. I need someone to take Dennis's place on GET, Global Extension Team, which helps with new clubs. Someone for GLT, Global Leadership Team, checking to see if club leaders are getting training; GST, Global Service Team, checking with clubs to see if they are reporting their service on LCI. I am in need of a Diabetes Coordinator.





Please look at your clubs, especially your past presidents to help out the District. Contact me via text or email. I need your help and the District needs your help to be ready for text year.

Hoping you have an awesome Christmas with community, family and friends. I also pray we all have a fantastic New Year.

Peggy Hess Vice District Govenor Email: Peggjess@pmt.org

Message from Lion Lisa Gier

Hello Lions! I am really so honored to have accepted the nomination of the First Vice District Governor at our District Convention last month. What we do is so, so important. I look forward to having the opportunity to support and elevate the individual and collective voices of our District Lions through the important work we are doing. I also hope to work alongside each of you to bring more Lions in to join us in our important projects.



As my (amazing!) Caldwell Club would tell you, I am not often a member who is present in person. Though I am present in impact. Lions are always on my mind, and service is the foundation of my whole heart. I live it and breathe it, just like we all do. I do also balance my Lions life with having a young family and a career - and I think it's really awesome that we want to find a way to explore elevating leaders from all different stages of life, in our District's Leadership Model. So you may see my son join me at a club meeting with you, or you may get me to join your committee call from a work trip! Even with this, you can expect my full dedication, and my best. I am grateful for your learning this role with me through this newly adapted lens.

Outside of Lions, I am also the Executive Director of the Diabetes Education and Camping Association. I was also the Executive Director of Idaho Diabetes Youth Programs/Hodia for over 15 years. I have an incredible 10 year old son named Gavin, and I love to explore the outdoors, read and travel.

I look forward to learning more about each of you as we go. Call, email or text me anytime! (208)371-2020 or lisa@diabetescamps.org. The world needs so much service, love, support and togetherness. Together, we got this!

Sincerely, Lisa

Peace Poster



A big thank you to the Caldwell Lions Club and their Middleton Branch. They delivered some excellent work which was submitted for review. Our district winner was forwarded to Multiple District 39 and—late-breaking news—our District 39W winner also won the Multiple District competition!

The winner is from a Nampa school and I will work with the Caldwell/Middleton team to recognize our top three District 39W winners. Our winner's work will now be submitted into competition with others across the country. More details will be shared in the January newsletter!

DG John Hand

LCIF

Happy Holidays, Multiple District (MD) 39 Lions!

Our MD 39 "Heart of a Lion" fundraiser for LCIF is going well. ROAR! You will find the list of our Multiple District Lions that have already been named as "Heart of a Lion" recipients as of December 5. Congratulations! (**Multiple indicates those Lions nominated more than once.)

It is still <u>not too late to nominate a recipient</u> as this fundraiser does not end until December **31**st.

To name a "Heart of a Lion" recipient, please, mail a \$10 donation **per Lion nominated** no later than December 31, to:

CC Betty Simpson 1760 Sunset Street Weiser, ID 83672



Checks should be written to **LCIF**. Please, note each recipient's club name. Nominators' names are confidential. All donations will go toward Melvin Jones Fellowship Awards from our Multiple District. Recognition & presentation(s) will take place at the MD 39 Convention, Sun Valley, this May, 2025.

Thank you, for your continued support.
Warm December Regards,
From your MD 39 LCIF Coordinators
Multiple District Coordinator - CC Betty Simpson
39E District Coordinator - PDG Lyndon Rinehart
39W District Coordinator - Lion Rick Shurtleff

Multiple District 39 - Heart of a Lion Recipients (As of December 5, 2024)

Lois Sutton (Midvale)

PCC Cliff Hart (American Falls)

Jennifer Weeks (Meridian)

DG Lisa Allen (Chubbuck) **Multiple

VDG Paula Turner (Chubbuck) Curt Kelley (Boise Bench)

Linda Youngblood (Weiser)

PCC Joyce Saunders (Scholarship)

Billie Wood (Payette Syringa)

PID Floyd Miller (Twin Falls)

Darlene Storck (Boise Bench) **Multiple

PCC Bob Saunders (Scholarship)

PCC Greg Torgesen (Soda Springs)

Irene Torgesen (Scholarship)

Neal Jorgensen (Preston)

Louis Mendoza (Franklin)

Brad Sandburg (Franklin)

Angie Drury (Preston)

Lorraine Taylor (St. Anthony)

Don Oram (St. Anthony)

Linda Foster (Mackey)

Julie Rodman (Challis)

Stein Shaw (Challis)

Gary Warren (Soda Springs)

Michelle Warren (Soda Springs)

Ted Young (Soda Springs)

Pat Scott (Rigby)

PDG Craig Parrish (Chubbuck)

Rose Jensen (Payette Syringa)

Susan Chamberlin (Payette Syringa)

**Multiple

Barbara Champion (Payette Syringa)

**Multiple

Eugenia Fairbanks (Payette Syringa)

Eyvonne Nichols (Payette Syringa)

Karen Roberts (Payette Syringa) **Multiple

Cleo Thompson (Payette Syringa)

Jackie Ashby (Payette Syringa) **Multiple

Eleonore Huggins (Payette

Syringa) **Multiple

Bonnie Ney (Payette Syringa)

Leigh Simmons (Payette Syringa)

Scott Jones (Council)

Jim Rogers (Council)

George Dempsey (Council)

Ken Feil (Council)

Don Sherry (Council)

Brian Frew (Chubbuck)

Carla Aylworth (Chubbuck)

Sammy Avlworth (Chubbuck)

Jodi Parrish (Chubbuck)

Amy Parrish (Chubbuck)

Penny Parrish (Chubbuck)

Tim Sudweeks (Chubbuck)

Toni Ward (Boise Bench) **Multiple

Jerry Ward (Boise Bench) **Multiple

Lisa Gier (Caldwell) Curt Kelley (Boise Bench)

CC Betty Simpson (Weiser) **Multiple

Esteban Galan (Boise Bench)

Marie Virden (Adrian)

PDG Tim Vincent (Nampa)

Larry Hunt (Emmett)

Chealsey Shaw-Holguin (Mountain Home)

Bryan Straw (Mountain Home)

Anita Straw (Mountain Home)

Brendan McCarthy (Mountain Home)

Carlotta McCarthy (Mountain Home)

Christy Martin (Mountain Home)

Tina Hutton (Mountain Home)

Shawna Draper (Mountain Home)

Mark Draper (Mountain Home)

Mark Light (Mountain Home)

Debora Griffin (Payette Syringa)

Joyce Roberts (Payette Syringa)

Joyce Roberts (Payette Syringa)
Trudy Keim (Payette Syringa)

Cliff Ogborn (Boise Bench)

The Marchetti's- Ken & Sharon (Boise Bench)

Cindy Schreiner (Boise Bench)

The Kidds- Larry & LaDawn (Boise Bench)

Angel Wohlschlegel (Boise Bench)

The Shelton's – Jan & Lavon (Boise Bench)

The D'Orazio's- PID Gary & Linda (Boise Bench/

McCall Cyber branch)

The Spencer's- Kari & Larry (Boise Bench)

The Frison's- Dan & Patty (Boise Bench)

The Chaney's- Gayle & Dave (Boise Bench)

Helmi Schade (Boise Bench)

The Burks'- PDG Lynne & PCC Dennis (Boise

Bench)

The Cardinale's- Henry & Liz (Boise Bench)

Sharon LaSasso (Boise Bench)

Mary Jane Thompson (Boise Bench)

The Locklear's- Larry & Suzanne (Boise Bench)

Rick Vogel (Boise Bench)

Joyce Schram (Boise Bench)

PCC Jay Lugo (Treasure Valley)

PDG Lyndon Rinehart (St. Anthony)

John Annen (American Falls)

PCC Michael Ferguson (American Falls)

John Gist (American Falls)

Stan Gortsema (American Falls)

Steve Kelsey (American Falls)

Randy Jensen (American Falls)

Michael Miller (American Falls)

Robert Schreiber (American Falls)

Tracy Smith (American Falls)

PCC Norm Wright (American Falls)

Steve Somerset (SVDG Facilitator- 39E & 39W)

Lois Watkins (Weiser)





Memorial at Sun Valley

Lions,

We will be holding a memorial service at the MD39 Lions Convention, May 3, 2025. Please send me information about any Lions who pass away this year. We would like to honor all who may have been Lions prior to their passing, but not a current Lion. It would be great if you have a picture, or an obituary.

Please let us know: Name of Lion

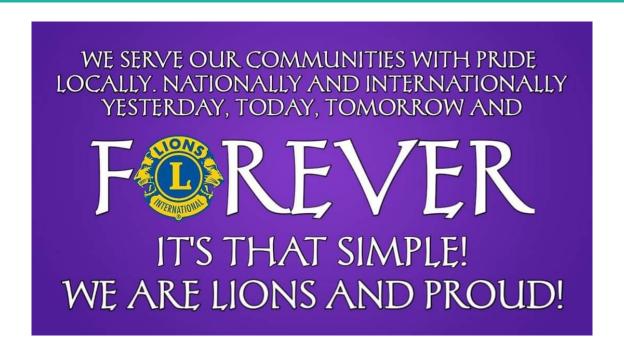
Birth date and death date

Lions Club name How many years a Lion Offices held, passion, hobby

Please send this as soon as possible. Please send by April 29, 2025 to:

Joyce Saunders

<u>Bobjoy17@msn.com</u>
307-884-6262
713 Alpine Way #7285
Star Valley Ranch, WY 83127



Envision



Illuminate Futures: Give the Gift of Sight This Holiday Season

Because of YOU, miracles happen at Envision Sight.

We are **officially kicking off the Illuminate Futures Campaign** to transform lives and expand our impact in 2025! As Idaho's only eye bank and one of just 70 in the nation, **your support restored vision for 300 people** through corneal transplants last year. Together, we provided over 600 free or low-cost eye exams and glasses to neighbors in need.

But this is just the beginning. We're dreaming bigger—doubling the lives we touch and reaching Idahoans in rural and underserved communities.

To make this dream a reality, we need YOU.

Imagine your investment:

- Expanding our facilities
- Modernizing our equipment
- Delivering care to rural communities

Vision isn't just about seeing clearly. It's about giving someone the chance to thrive in school, work safely, and live independently with dignity.

This holiday season, YOU can make these miracles happen.

Your gift of \$1,000 could be life-changing.

Here's how you can help:

- 1. Scan the QR code on the enclosed materials
- 2. Visit <u>www.give.envisionsight.org</u>
- 3. Send your gift to:
 Envision Sight
 1090 North Cole Road
 Boise, ID 83704

Don't wait—join us today!

Restore sight. Empower lives. Together, we can Illuminate Futures. This season, let's make the best gift ever—a brighter, clearer future for

Your help matters.

Surgical Assistance

Pays for cataract surgeries, corneal transplants, diabetic retinopathy, retinal detachments, glaucoma, and more. Your investment alleviates the burden of cost by providing services free of charge.

Portable Screening Technology

Used to provide both vision and hearing screenings for those in our communities. Local Lions Clubs and other trained volunteers provide this service for free at schools, the public, retirement homes, businesses, and more.

As one of only 70 eye banks

In the US, your investment makes available leading-edge technology to obtain, medically evaluate, and transplant corneal eye tissue from humanitarians who donate their eyes upon death.

Every year, roughly 300 people afflicted with blindness are given the gift of sight through recovery and transplant services.

Thanks to your support

Your charitable giving and financial investment has a lasting, real impact on the lives of Idahoans in need. Without you, access to care is limited or impossible.

Because of you, we have provided full eye exams and eyeglasses to low-income individuals who lack vision insurance and are unable to afford basic eye exams and a pair of eyeglasses.

By providing these resources, we can make the difference between visual impairment and functional eyesight. Your contributions allow others to live, thrive, and contribute to our Idaho community.

The need is real

The Center for Disease Control estimates that vision loss and blindness cost the US roughly \$130 billion, or \$17,000 per person affected. Visually impaired adults also earn an average of \$10,000 less annually and are 44% less likely to be employed.

Vision loss impacts more than just sight. It can affect independence, mobility, and education, while increasing the risk of falls, injuries, poor mental health, cognitive issues, and social isolation. Managing chronic diseases also becomes harder with vision impairment. complicating self-care, transportation, and medication.

In Idaho, the need for support is growing. A 2019, American Foundation for the Blind study found that over 41,000 Idahoans experience vision difficulty, with more than half under age 65 right in their prime working and learning years.

Vision impairment financially impacts those in need, their families. and Idaho's economy. Your support can help end suffering and get them back on track towards a more fulfilling and productive life.

The needs are growing

Our ability to help those in need is directly tied to the resources, personnel, and equipment we have available. When you invest with us, you invest in Idaho and your fellow Idahoans.

2024 is a benchmark year for Envision, here's why:

Investing in our Eye Bank laboratory is necessary in order to process eye donations directly within Idaho.

We look forward to expanding our processing of corneas in our state and the Envision Eye Bank

To expand these vital services and more, we need to raise \$310,000, providing the gift of eyesight to Idahoans in need. The money raised

Updating examination equipment \$25,000

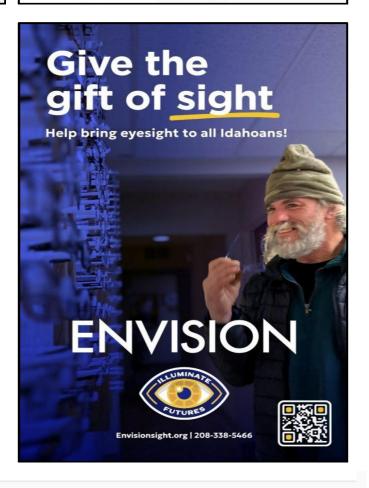
Hire personnel to assist in Center \$50,000

Expanding the Vision Center \$85,000

Expand screenings, exams, and glasses across rural Idaho \$50,000

Add a corneal tissue processing room \$100,000

With your help, we can break ground, expand our reach, and restore sight throughout Idaho to those in need.



Diabetes

Hello Lions! There were printouts of the District Diabetes Team's really awesome, informational, fun and educational Zine (a Zine is a mini magazine, extra emphasis on the magaZINE) at the District Convention. We've learned some folks didn't get them. If you would like them and didn't get copies, here is the file and the instructions to print assemble them! If you'd like support please contact us (lisa@diabetescamps.org)



 I may run out of insulin over time diabetes: I have type 2

diabetes: I have type 1



Still confused?







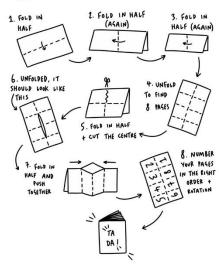
So, what is diabetes?

di•a•BEET•eez

noun
a disease in which
the body's ability
to produce or
respond to the
hormone "insulin"
is impaired



HOW TO MAKE A ZINE



Leader Dog





Update on Adalyn the recipient of the Melvin Jones at the Sun Valley convention last year.

Adalyn is still busy with fundraising below is an up-date on her most recent one (Sent in by PDG Lynne)

Hi Lynne,

First we would again like to thank you, Dennis and 39W for the support of Adalyn's fundraiser for the Cannon family after their tragedy. I've copied an article that appeared in the Oregon School Activities Association Today, news and notes section that summarizes what happened and updates Sarah's progress.

John

Oct. 15 girls volleyball notebook News and notes from across Oregon, in girls volleyball October 15, 2024 by John Tawa, OSAAtoday

Unsung Heroes:

We asked coaches this week to tell us about their team's "unsung hero." An unsung hero is a player who probably does not start or, if she does, is not one who fills the stat sheet, but is integral to team success for any number of reasons.

Here is what we received:

Sara Cannon, Fr., Vale – Cannon is playing JV and JV2, but her story has given her unsung hero status that extends beyond her teams to the varsity players and coaching staff as well. "She loves the game and her story is one that brings all of us together," noted Viking coach Shannon Steele.

Last spring, Sara's older brother, Wyatt, was driving them home from school when they were involved in a headon collision that cost Wyatt his life. Wyatt's evasive maneuvers, however, likely saved Sara's life. She suffered grievous injuries -- a broken pelvis, cracked ribs, bruised internal organs, and a large number of lacerations – and had to be "life flighted" to the hospital but pulled through.

"The community was in shock and did what Vikings do: we pulled together," Steele said.

Sara was discharged from the hospital after a week. When her thoughts weren't on her big brother, they were on when she might return to volleyball. She diligently worked at physical therapy and was released to come back a few weeks prior to season.

"She made it to team camp and, at times, we knew she felt behind, slow, and defeated," Steele noted.

"However, this athlete never gave up and put everything into getting into shape, getting stronger, and perfecting her defensive skills. She lit up the court in her first match of the season and, for the first time in months, we all noted a sparkle in her eye and true happiness



MD39 Newsletter

The MD39 District Newsletter is distributed via email to all Presidents and Secretaries within MD39. If you are not receiving the MD39 newsletter, please reach out to your club's President or Secretary.

To the Presidents and Secretaries of District 39W: Please ensure the distribution of the MD39 Newsletter to all your club members. If you are not currently receiving the MD39 Newsletter, please send your name and email address to md39newsletter@gmail.com, or text your details to 214-784-3217 to have your email address updated.

Newsletter Info

Greetings, 39W Lions!

Have you recently completed an exciting project or have an event on the horizon? We want to hear about it! Submit your details, and we'll feature it in our upcoming Newsletter. Enhance your story with a couple of photos for greater impact.

Please provide articles as Word documents or similar text files. Keep your submissions brief and limit photos to two per article. The deadline for newsletter submissions is the first Wednesday of each month.

*Ensure you have consent from a parent or guardian for any photos featuring children.

For club members not receiving the newsletter who wish to subscribe, direct them to email our team at 39WLionsnews@gmail.com.

Warm regards, Lions Billie Wood and Rose Jensen Payette Syringa Lions Club

If you want your new members to receive the 39W District Newsletter don't forget to send their Name and Email to the 39W Newsletter email address <u>39Wlionsnews@gmail.com</u>.

CLUB NEWS

Emmett Lions

You wouldn't believe what we've been up to if I just told ya. So let me show you! If you've been seeing our recent posts, you would see that we've been making our rounds to all the schools to do our vision screening. Woohoo! In a couple of weeks, I will let you know how many kids in total we screened! you'd be surprised!

Last Month we had our charter party, and it wasn't one to disappoint! We had Ted Thompson from the War Hawk Museum come talk to us about his life adventures and neat things about the Museum! Thanks again for joining us that evening Ted!

Our Lion Stephanien Brent Arnold received the Lions of the year award! So well deserved! Congrats Stephanie!! You've handled so much and do it with ease!

We Welcomed 2 New members that evening as well! Give a big welcome to Reese Quenzer & Gabe Mattingly!

Ron Coates... Little refresher, Ron was with another fellow Lions member for our highway cleanup in September. If it wasn't for Ron and his response and knowledge to the life-threatening situation he was in, we would have lost a Lion's Member. Ron was awarded the Melvin Jones Fellowship.



Come Join us for lunch sometime and see what we're all about and what we do for our community! We meet every Tuesday at 12pm <u>La Costa Mexican Restaurant</u>

The details provided above were sourced from the Emmett Idaho Lions Club Facebook page.

Rupert Lions



The Rupert Lions Club has had a bustling period of activity. They've generously donated funds to provide Thanksgiving dinner for veterans, assisted six individuals with eye exams and glasses, and delivered nearly 300 pairs of glasses to Envision. Additionally, they sold nuts and chocolate-covered nuts at the Christmas market following Thanksgiving weekend.



Coming up is Christmas presents for 6 folks at the Country Side Care Center, because they don't have family in the area. Shopping for this is so fun. We get a list of items they want, colors they like, and if they want candy. The items are clothes, shoes, hair items, jewelry, etc.

Weiser Lions

Weiser Lions helped serve cookies and hot cocoa during the recent Festival of Trees week. Weiser Lions Club members also helped with the Gala Night's formal banquet setup, along with members of the W.H.S. Leo Club.

A special Appreciation Supper for our sponsored Leo Club members & parents plus, potential Lion members was held. Guest speakers included DG John Hand, MD Council Chair Betty Simpson, Leo Club advisors, and club President Linda Youngblood. Leos were presented special certificates of appreciation. We had a great turnout and a good time was had by all present!

Plans have begun for our Weiser Lions Club's Charter Party which will celebrate 95 years of service since being chartered in 1930.



Payette Syringa Lions

The Payette Syringa Lions donated \$400 to the Payette Senior Center's meals on Wheels program for Thanksgiving and Christmas dinner. The check was presented by President Rose Jensen to Greg Randleman, the executive. director of the Senior Center, also pictured are lion's Billie Wood and Eugene Fairbanks.

Our Christmas party took place on December 7th, featuring a secret sister reveal and a gift exchange. Everyone enjoyed a wonderful time, marveling at the gifts and exchanging stories. This year's Christmas project involved collecting food and household items for the Senior Center's food pantry.





Caldwell Lions Club



The Caldwell Lions presented Teacher Grants of \$200 to two teachers at Mosiacs Public School. These funds will be used by the teachers for special needs for their classrooms or for special instructional projects they will share with their students.

The details provided above were sourced from the Lions District 39W Share and Discuss Facebook page.

Boise Bench Lions





Boise Bench Lions November Activities

The Veteran's Day Parade gang showed up and marched in the Boise Veterans Day Parade. The club handed out flags, had a band, a couple of Lions and a beast. PID Gary, organized it again. Boise Bench Lions, Valley Mountain Cyber Lions and Boise Vista Lions participated.

The club Veterans Lunch hosted 15 of our veterans and one guest this year. This is an annual event to celebrate our military veteran's contribution to our national defense.

At the Idaho Foodbank monthly event we filled 2 lb. bags of black beans. 2400 lbs. for 1,200 families.

The club screened over 200 students at Anser Charter school at our annual vision and hearing screening event. We have been regulars at the school for over 4 years.

A new project for the club as we volunteered at the Astegos Community Warehouse "Toys for Tots" on November 27th.

Curt Kelley
MD39 Marketing Chair
2024-2025
Boise Bench Lions Club
208 859 3642
Multiple District 39 - Lions e-District Houses

Star Lions



What a great community we live in! Thanks to everyone who sponsored a wreath, we have met our goal for the Star Cemetery. All of the Veterans gravesites have been marked in preparation for December 14th (only 1 month away).

Join the mission and make plans to join the Star Lions Club on National Wreaths Across America Day, 12.14.2024 at Star Cemetery. The ceremony will begin at 10:00, followed by laying of the wreaths. Everyone is welcome!

Star Lions Club



We love supporting our local schools/teachers. Congratulations Star Middle School teachers.

The details provided above were sourced from the Lions District 39W Share and Discuss Facebook page.

Merry Christmas







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You are receiving this District 39W email because you are a club president or secretary, zone chair, cabinet member, have held an office in the past, or are a Lion!

Want to change how you receive these emails?
You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

