



District 33-N Lions Peanut Butter & Jelly Challenge

November 1 - December 31



TO BENEFIT OUR LOCAL SHELTERS AND PANTRIES:

Peanut butter is rich in heart healthy fats and is a good shelf stable source of protein to have available to our shelters and pantries. Peanut butter and Jelly are not just for kids, but families and seniors also rely on this pantry staple.

Please help us in this food collection competition to kick out hunger in our local communities by benefits going to our local shelters, pantries, and food banks. We will be collecting non-perishable items and for each item collected you get a point.

What kinds of peanut butter and jelly?

Single servings, small or medium jars and squeezable. Sugar free, almond butter, all natural, crunchy.

HOW TO HELP?

Bring your collected items to your meetings and have someone in your club and keep track of items collected. All totals must be turned into the Region Chair no later than January 1, 2023 and the winner will be announced at Mid-Winter Convention!



**The club that collects the most peanut
butter & jelly by December 31st, will win the
Peanut Butter Trophy!**