

The **R.O.A.R.**

Recruit Orientate Activate Retain

5M-2



April 2013

www.5M2lions.org

Editor **Bill Curtis,**



Three new members were inducted at DG Ron's visit to the Shakopee Lions. (L to R) Lion John Schuele, Lion Scott Trosen, Lion Mike Burville, with DG Ron



Cologne Lions Immediate Past President Lion Sandy Schneider receives a Club Excellence Award and Pin, in recognition for leading her Club's accomplishments for 2011-2012.



Montgomery Lions recognized are: (L to R) Lion Darlene Wondra, and Lion Maridan Nesmoie, who received Melvin Jones Fellowships, and Lion Bertyn Teig and Lion Harry Mach, who received Helen Keller Sight Awards.



Cologne LEOs (and Lion Jean) were assembling "Birthday Boxes" at the DG visit to their Club. The completed Birthday Boxes, which contain all the fix'ins for a child's birthday party, are then provided to the Carver County Food Shelf. When a household that is served at the Food Shelf, has a child with a

Lion Wanda Briemhorst recognized by the Jordaness Lions with presentation of a Melvin Jones Fellowship at their December Meeting.



A Lion's View

Ron Dahlke
District Governor

A Lion's View



District Governor
Ron Dahlke

As I finish this article, we've returned to Daylight Savings Time, and "The First Day of Spring" is only ten days away! (at least according to my calendar). But before long, fields and gardens will be planted and lawns will need to be mowed.

Since spring is the season of NEW growth in our world, it also can be a time to revitalize our Clubs with NEW ideas, NEW officers, and NEW members.

April, will indeed, be a busy "Lions" month with more Zone Meetings, the annual Journey for Service April 3-5, and our District 5M-2 "Step Up to the Plate" event scheduled for April 28th at the Nicollet High School.

If you have a member who is not a leader in your Club, please invite him or her to attend the 5M-2 "Step Up to the Plate" event. This single event could serve as the initiative for that member to become more involved in your club, and more willing to accept a club leadership position in the future.

Also, a reminder that PU-101's should be completed as soon as your Club elections are completed. Be sure to update/correct any e-mail addresses for those individuals as this information is used in the MD5M Directory, and correct information is vital to ensure quality communication.

I would like to promote one very important recognition from Lions Clubs International, which is the Club Excellence Award for 2012-2013. A copy of that award application (da-1) appears elsewhere in this issue.

At the recent Mid-Winter Convention, IPDG Sue Bowman was able to present 12 such awards to Clubs in our District, which was great! However, I'm sure there were more Clubs that could have qualified, but, for some reason, did not submit an application.

So Club Leaders, let's take a good look at the application **NOW**, and determine if your Club qualifies (or will qualify) by June 30, 2013. If you need to accomplish one or more of the guidelines, you do have three months to do so. The completed application needs to be submitted to me after July 1, 2013, but prior to September 30, 2013.

Remember--Your Club's Activities Do Make a Difference in your Community, in our Country and in our World! Thanks for all that YOU do!



Henderson Lions Club Spaghetti Feed

Henderson Community Building

Sunday - April 21, 2013

4:00 - 7:00 p.m.

Adults....\$8.00
Children ages 5-10....\$4.00
Children under 5....free



Proceeds used for continued enhancement of Allanson's Park

DG Ron's Routes April

- 
- 2 - Zone 4 Meeting at Lafayette
 - 3 - Journey for Service
 - 4 - Journey for Service
 - 5 - Journey for Service
 - 10 - Zone 1 Meeting at Brownton
 - 11 - Zone 7 Meeting at Mankato
 - 15 - Glencoe Lions Club Visit
 - 17 - Zone 2 Meeting at Carver
 - 18 - New Auburn Lions Club Visit
 - 22 - Zone 8 Meeting at Blooming Prairie
 - 23 - Albert Lea Lakeview Lions Club Visit
 - 24 - Blue Earth Lions Club Visit
 - 28 - 5M-2 "Step Up to the Plate" Event at Nicollet High School
 - 29 - Zone 5 Meeting at Norwood- Young America
 - 30 - Zone 6 Meeting at Faribault

Correction

In the March Issue, the caption for the photo showing the presentation of a 30 Charter Member Chevron to my brother, Lion MELVIN DAHLKE.....He is a member of the NEWAUBURN Lions, not the Brownton Lions.

Written with "Pride"

Joan Blank
District Governor Elect



Step Up to the Plate

And hit one out of the park for your Club.

Be a 5M2 team player and come for "Spring Training" on **Sunday, April 28th**.

We are inviting all:

- President – new and returning
- Vice Presidents
- Secretaries – new and returning
- Treasurers – new and returning
- New Members – for the newest members of your club, no matter when they joined

You won't strike out with all the training and resources you will be given to make your year in office or as a club member a success. If you have been to training before, don't be afraid to run the bases again as procedures change from year to year, a new International President takes over, new information is handed down from Lions International and your wealth of knowledge and experience may be just what some Lions coming from the bullpen might need to hear.

Presidents and Treasurers – you will hit a home run with all the wisdom you will return to your club with.

Secretaries – you will get a chance to have hands on experience in the computer lab to access the LCI website for club reporting.

New Members – come away amazed at what you didn't know, but do now!

Here are the stats:

- Place:** Nicollet Public School – Nicollet MN
3:45 – 4:15 – Pick up tickets (registration)
4:15 – First Pitch (opening)
4:30 – 1st, 2nd, 3rd and Home (break-out sessions)
5:30 – Concession Stand – (supper)
- Grilled Ambassador wieners, brats and hamburgers
 - Relish Bar
 - Baked Beans (DGE's specially doctored up)
 - Coleslaw
 - Nachos & cheese/chips
 - Popcorn, Peanuts and Crackerjacks
 - Root beer floats
- 6:15 – Game Over (closing remarks)

Because this article had to be to press early, the final cost has not been finalized. I know it won't be over \$10.00 a person and hope I can lower that cost a bit yet. New information will be sent to the current Presidents and Secretaries with finalized details by your next club meeting.

Thanks in advance to all new and returning club officers who are willing to serve their club in the new Lion year of 2013 – 2014. I can't wait to get out of the dugout and have a grand slam year!
Coach Blank (Joan-DGE)

Harry's Corner

Harry Klenke
First Vice
District Governor Elect



I spoke briefly about our guest speaker International Director Marvin Chambers last month. He and his wife Lion Lynne are from a small community in Southeastern Saskatchewan. It is a small farming community, so he has many of the same ideas as the members of the clubs in our District. He believes in helping your neighbors in your community. He spoke of all the good the Lions do for our communities and around the world. One of the things he spoke about was the Measles Initiative. The Measles Initiative gained a lot when we able to connect with the Bill and Melinda Gates Foundation. The money we raised was matched by their foundation. We raised 10 million dollars and they put in 5 million dollars. Because of this initiative the numbers of measles cases around the world has dropped dramatically. A couple years ago 450 lives were lost every day to measles. Now that number is much lower. Measles outbreaks have been occurring on every Continent. Yes, we even have measles in this country even though it is not very well known. Measles is a very contagious and 90% of the people who are exposed will contract it if they have not been vaccinated. Complications of measles may include pneumonia, encephalitis, severe diarrhea, and even in some cases blindness. About a third of the cases will come down with at least one of these complications. This disease is spread by close contact in crowded areas, which you have in many countries around the world. According to the Lions magazine 157 million children were vaccinated in 2012 thanks to your help. This will go along way toward eradicating measles in a few years. This is much like it was when many of us when were young and we were vaccinated for polio. You can read more about this in your Lions magazines.

Another interesting thing that my niece came across recently was a list of charitable organizations and how they stacked up. It was entitled "Think Before You Donate". It showed how some of the organizations had paid executives and groups like the Lions Club International gave 100% of its money to causes like helping the blind and sight impaired, hearing aids, support for medical missions around the world and their latest undertaking of vaccinating for measles (only 1 dollar per shot). So you can see we are being recognized for the good we do.

Spring is here so it is a time of rebirth and a time our Lions clubs can refocus on what we can do to help our communities. We will be electing new people to lead our clubs. We need to show these people who have stepped forward that we are behind them 100% as you have shown District Governor Ron your support. District Governor Elect Joan has come with a new idea for training of officers so I hope everyone will take advantage of this new training. I will let her tell you more about this in her articles and at the Spring Zone Meetings. I am looking forward to what the Zone Chairs will do at the Zone Meetings this time around. What was done last fall was interesting and informative. I am looking for to seeing many familiar faces and hopefully meeting many new people. Lion Loretta and I would like to wish all of you a Happy Easter.



District 5M-2 Jungle Days 2013

**18 Hole Tournament
4 Person Scramble**

Monday, August 5th, 2013

Valley View Golf Course

\$85.00 per golfer - includes golf cart, dinner & prizes

11:00 a.m. - Registration

Lunch will be available

12:30 p.m. - Tee off shot-gun start

Dinner @ approximately 5:30 p.m.

Additional Dinner Tickets available for \$15.00

Registration Deadline Monday, July 22nd, 2013

Tournament Participants - Teams of 4

	Dinner	Cart
Name: _____	Yes/No	Yes/No
Name: _____	Yes/No	Yes/No
Name: _____	Yes/No	Yes/No
Name: _____	Yes/No	Yes/No

Extra Dinner Tickets x \$15.00 per ticket = _____ Total Payment: _____

Check Payable to: Jordanell Lind Club
Send Payment to: Lisa Amy Pichrowski
104 Avalon CT
Jordan, MN 55352

For qualified please email:
jordanellind@jordanellind.com
(952) 492-8290

SUBSCRIBE NOW TO THE DISTRICT NEWSLETTER

Now is the time for each member to
SUBSCRIBE to the **DISTRICT NEWSLETTER**.

The Governor would like every member to receive the newsletter. Have your club subscribe every member to this important communication.

MAKE CHECKS PAYABLE TO: District 5M-2

HOW TO SUBSCRIBE

SEND \$9.00 FOR (12) ISSUES (1) COMPLETE YEAR

TO: PDG Bill Curtis
1014 Mitchell Court
Glencoe, MN 55336

Start your subscription anytime as it will run for one calendar year.

YOUR MAILING ADDRESS

Name _____

Address/Box # _____

City/State/Zip _____

Name of Club _____

Check your mailing label on your newsletter for the expiration date of your subscription .

DIABETES RISK TEST.
CLICK. TAKE IT. SHARE IT.



Take it. Share it.

During March, 2013, the American Diabetes Association is encouraging the public to take the Diabetes Risk Test, as well as to share the test with everyone they care about - friends, family members and colleagues. With each person that takes the test and knows their risk, the Association is that much closer to stopping diabetes.

American Diabetes Association Alert, held every March, is a "wake-up call" asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes. Preventative tips are provided for everyone who takes the test, including encouraging those at high risk to talk with their health care provider.

Diabetes by the Numbers

Diabetes is a serious disease that strikes nearly 26 million children and adults in the United States, and a quarter of them—7 million—do not even know they have it. An additional 79 million, or one in three American adults, have prediabetes, which puts them at high risk for developing type 2 diabetes. Recent estimates project that as many as one in three American adults will have diabetes in 2050 unless we take the steps to Stop Diabetes®.

Are You at Risk?

Everyone should be aware of the risk factors for type 2 diabetes. People who are overweight, under active (living a sedentary lifestyle) and over the age of 45 should consider themselves at risk for the disease. African Americans, Hispanics/Latinos, Native Americans, Asian Americans, Pacific Islanders and people who have a family history of the disease also are at an increased risk for type 2 diabetes.

Unfortunately, diagnosis often comes 7 to 10 years after the onset of the disease, after disabling and even deadly complications have had time to develop. Therefore, early diagnosis is critical to successful treatment and delaying or preventing some of its complications such as heart disease, blindness, kidney disease, stroke, amputation and death.

The American Diabetes Association has made a strong commitment to primary prevention of type 2 diabetes by increasing awareness of prediabetes and actively engaging individuals in preventative behaviors like weight loss, physical activity and healthful eating. March is a singular moment in time in which we can raise awareness and prompt action among the general public - particularly those at risk.

Take Charge of Your Health

Studies have shown that type 2 diabetes can often be prevented or delayed by losing just 7% of body weight (such as 15 pounds if you weigh 200) through regular physical activity (30 minutes a day, five days a week) and healthy eating. By understanding your risk, you can take the necessary steps to help prevent the onset of type 2 diabetes.

You can be part of the movement to Stop Diabetes® and get your free Diabetes Risk Test (English or Spanish) by visiting the Association on [Facebook](https://www.facebook.com/stopdiabetes), stopdiabetes.com or by calling 1-800-DIABETES (1-800-342-2383). The Diabetes Risk Test is available year-round.



2012-2013 CLUB EXCELLENCE AWARD APPLICATION

To qualify the club must be chartered for 6 or more months prior to the end of the fiscal year, further the objectives of the association, adhere to the association's constitution and by-laws and policies, and meet each requirements noted below during the fiscal year.

Club Number	Club Name	Date
2012-2013 Club Presidents' Name		Member Number

CLUB IN GOOD STANDING – International per capita taxes and new member entrance fees are paid in full and there is no outstanding balance of US\$50 or more that is ninety (90) days or more past due.

SERVICE – The club has conducted at least three service projects. Please briefly describe the service activities that were conducted:

Date: _____ Activity: _____

Date: _____ Activity: _____

Date: _____ Activity: _____

CONTRIBUTION – The club has made a contribution to LCIF.

MEMBERSHIP – The club achieved a net growth in membership (including branch club members when applicable) or sponsored a new club. The new members attended an orientation and were properly inducted into the Lions club.

Net Growth in Members: _____ Name of sponsored club or Branch: _____

COMMUNICATION – The club has publicized the club's service activities to the public through local media and effectively communicated activities to club members.

Please explain briefly how the club service activities were publicized.

LEADERSHIP DEVELOPMENT – All officer positions were filled in accordance with the constitution and by-laws by qualified Lions, a majority of the club officers participated in a leadership training program at the zone, district, multiple district or international level and the club was represented at zone meetings.

CLUB DEVELOPMENT – The club has hosted regular and meaningful club meetings and submitted the Monthly Membership Report, the Service Activity Report, and the Club Officer Report (PU-101) in a timely manner.

Date	2012-2013 District Governor's Signature*	District
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* In undistricted areas the Coordinating Lion or Provisional Zone or Region Chairpersons should sign the completed form.

The completed form must be mailed to the English Language Department at International Headquarters, or faxed to (630) 706-9130, to arrive by September 30, 2013. Request for review of award eligibility from a disqualified club shall be considered only if received at International Headquarters within 12 months after completion of the fiscal year, provided that the original application form is already filed at International Headquarters. The award will be mailed to the 2013-2014 district governor for presentation. In undistricted areas the award will be mailed to the Coordinating Lions or directly to the 2013-2014 club president.



AMBOY LIONS CLUB

PLEASE JOIN US FOR OUR ANNUAL BENEFIT AUCTION

THURSDAY, APRIL 25, 2013

ST. MATTHEW'S CATHOLIC CHURCH
200 KENDALL ST., VERNON CENTER, MN

FAMILY STYLE MEAL AT 6:30 P.M.



**GRILLED PORK LOIN
POTATOES & GRAVY
VEGETABLE
SALAD - DINNER ROLLS
DESSERT**

\$9.00 PER PERSON

Join us for a fun evening and live auction of fresh Home Baked Goods, Hand Crafted Items and more. Auction to follow a delicious dinner.

**TICKETS ARE AVAILABLE AT AMBOY COMMUNITY BANK
AND LION CLUB MEMBERS**

All proceeds benefit the many projects that the Amboy Lions Club support including Diabetes, Hearing and Sight, Scholarships and Community Improvements.



Diane Hoffman and Lion Ann Oelfke presenting dictionaries to the third grade



Lion Ann Oelfke reading with a student

NYA LIONS PORKCHOP FEED



WHEN: May 3, 2013

TIME: 5:00-8:00pm

WHERE: NYA Pavilion

DETAILS: Dinner includes a pork chop, augraten potatoes, coleslaw, applesauce & beverage

COST:

- \$10.00 Adult-1 Porkchop Dinner
- \$2.00 Each Extra Porkchop
- \$6.00 Ages 5 to 12
- Free Under Age 5



**GET YOUR MEAL FREE IF YOU
JOIN NYA LIONS THAT
EVENING!**

Hamburg Lions "RAP" it up!

Hamburg Lions have been supporting educational projects for many years so when LIP Wayne A. Madden introduced and encouraged participation in the RAP program our club had no problem working it into their itinerary. Two members weekly work with the teachers & students at Hamburg Emanuel School in accordance with the RAP program. The other projects the club has been involved with for many years is Reading Corps, which is a pre-school literacy program to promote key components to help build literacy skills before children start grade school. Each year they promote an appropriate book to be "Read For The Record" nationwide on the same day. Our club helps to purchase these books which are then distributed to each student, after a club member has read the book to the class. Another continued project is a donation to the Carver County Library Summer Reading Program every year, this promotes continued reading throughout the summer months and encourages Library use. In addition to these projects, Hamburg Lions have distributed dictionaries to 3rd graders at Emanuel Lutheran School in Hamburg for many years and did so again this year.



Lion Diana Kroells

The Club's latest endeavor is to support "My Favorite Book" a book about doing your best and being your best. The book is distributed to all primary classes in School District 108 in March of each year. It is published and sponsored by the Character Program and dedicated to parents, guardians, teachers and students. The purpose is to promote a quest for knowledge and positive character traits that will accompany these students throughout their lives.

MD5M Convention Schedule

Friday, May 3

7:30 a.m. Governor's Council Meeting
McDonnell Suite

10:00 a.m.-4:00 p.m. Registration
6:30 p.m.-9:00 p.m. Registration
North Lobby

10:00 a.m.-4:00 p.m. Credentials
North Lobby

12:30-2:30 p.m. 1st Vice District Governor
Elect Training
Legion Suite

12:00-1:00 DGE's Meet with VP Barry
Palmer
McDonnell Suite

3:00 p.m. Opening business meeting
Exhibit Hall I and II

5:30 p.m. Past District Governor's
reception
Exhibit Hall III

8:00 p.m. Memorial Service
Exhibit Hall I and II

9:00 p.m. Social (Entertainment)
Exhibit Hall IV

Saturday, May 4

6:30 a.m.-noon Registration and Credentials
7:00 a.m.-7:00pm Raffle Item Display
Exhibit Hall IV

7:00 a.m. Continental Breakfast
Exhibit Hall IV

8:00 a.m. Keynote Speaker
Dr. Elizabeth Seaguest,
speaking on diabetes
Exhibit Hall IV

8:30 a.m. Concurrent seminars begin
5:00 p.m.-6:30 p.m. Registration and
Credentials
North Lobby

9:15 a.m. 2nd VDGE Meet and Greet
Ballroom I

9:15-10:05 First Seminar Session
(Three Seminars)
International Vice President Barry Palmer
Exhibit Hall I and II

Where do all Those Eyeglasses Go
McDonnell Suite

Border to Border Legion Suite

10:30-11:20 Second Seminar Session
(Four Seminars)
Can Do Canines Legion Suite
Leads Dogs for the Blind McDonnell
Suite

Connecting the Deaf and Hearing
Communities

Ballroom II

11:30 - 1:30 Lunch
Exhibit Hall IV

Peace Poster and Essay
Contest Winners and Hall of
Fame Awards

1:30 p.m. Pin Traders Meeting
Exhibit Hall III

1:30 p.m.-2:30 p.m. Foundation Meetings
2:30 p.m.- 5:00 p.m. Business Meeting
Exhibit Hall I and II

6:00 p.m. Cash Bar Prior to Banquet
North Lobby and
Exhibit III

7:00 p.m. Banquet
Exhibit Hall IV

Sunday, Sunday, May 5

8:30 a.m. - 9:30 a.m.
Registration

7:30 a.m. PDG Meeting
McDonnell Suite

8:30 a.m. International Convention
Information Meeting
Legion Suite

9:30 a.m. Sunday Brunch
Exhibit Hall IV

Speaker: Dave Dorn, CEO
of Special Olympics
Minnesota, and a Special
Olympian.

This schedule will also be posted on the MD5M
website, and the 5M1 Website.



Zone 9 Lion of the Year

Minnesota Lake Lion Jim More was nominated at
chosen as Zone 9 Lion of the Year at the Zone 9 Lions meeting
hosted by the Blue Earth Lions on Tuesday March 12, 2013.
Lion Jim was chosen not only because of his commitment as a
Lion but also because of his outstanding community
involvement. This Lion has spent years of being committed to
man of local and area organizations as well as to his family.



COURTLAND LIONS CLUB

**PANCAKE,
SAUSAGE, EGG**



BRUNCH

SUNDAY, April 7, 2013

ADULTS: \$7.00 CHILDREN 12 - 5: \$4.00 UNDER 5: FREE

COURTLAND COMMUNITY CENTER
COURTLAND, MN

SERVING 10:30 A.M. to 12:30 P.M.

BRING A FOOD ITEM FOR THE FOOD SHELF

BRING YOUR USED EYE GLASSES OR HEARING AIDS FOR RECYCLING

PRSRT STD
U.S. POSTAGE
PAID
Glencoe, MN
PERMIT #18

Ron Dahke
5M DISTRICT GOVERNOR
308 20th St. W
Glencoe, MN 55336



To: MD5M USA Canada Forum Attendees

Have you thought about how you are traveling to Overland Park, Kansas?

Consider a motor coach!

Contact your District Governor or USA Canada Forum Chair for info before 5/1/13.

Stop & Shop

NYA West Carver Lions

Household Treasures
Annuals & Perennials
Lunch in the Park

Saturday

May 4th

Lions Shelter / Sports Complex

(Ethel Street, Forward Young America)



Proceeds to Community Projects

Save The Date

June 8, 2013



D-Feet Hearing Loss

Fundraiser Walk held at Landscape Arboretum