



# 5M2 LIONS' NEWS



JULY 2016

WWW.5M2LIONS.ORG



## LEGACY LOG

by Lion Steve Wasserman  
District Governor

As I write this, my first news-  
letter article as your District  
Governor, I am actually on an  
airplane returning from the Li-  
ons Clubs International Con-  
vention in Fukuoka, Japan.

Perhaps it is fitting that I am  
experiencing a bumpy ride across the Pacific Ocean. I  
am very excited about the upcoming year, and know  
that we will do some great things together. I also  
know that there may be some bumps along the way,  
and not everything will come easy. I have laid out  
some ambitious goals for myself and for our district.  
I have completed my DGE Training, received my cer-  
tificate, and been duly installed by our International  
President, Lion Bob Corlew from Tennessee. I have  
asked people to serve on our Cabinet, helped train  
our Region Chairs, Zone Chairs, and Club Presidents.  
The stage is set, and the curtain rises. It is time for the  
symphony to begin, and I am the conductor. I raise  
my baton, and ...

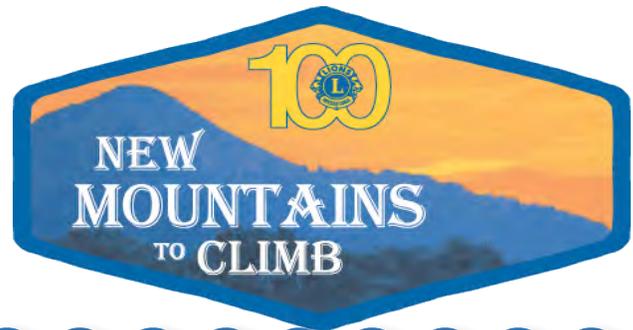
Will we make beautiful music together this year? I  
really hope so. I think the potential is there. But like  
the conductor, I cannot make a sound. It is you who  
are the musicians. It is you who perform the acts of  
service that combine to form the music of this orches-  
tra. Without you, I am just a crazy man flailing his  
arms around to no avail.

I am truly humbled to accept the role of your District  
Governor for the 2016 - 2017 Lions' Year. We have the  
opportunity to make this a truly landmark year. It  
is the Centennial Year of Lionism. Lions all over the  
world will be celebrating the legacy of service begun  
by Melvin Jones, crystalized by Helen Keller, built  
through our Lions Clubs International Foundation  
(LCIF) and our many successful service projects and  
initiatives. We have a once in a lifetime opportunity  
to capitalize on our legacy of 100 years of living our  
motto "We Serve!" My pledge to you is perhaps best  
expressed in the words of Helen Keller: "I will not  
refuse to do the something I can do". I will not refuse  
to do the something I can do to be the best District  
Governor that I can be. Will you join with me? Will  
you not refuse to do the something you can do? If  
you will do that, I am certain that we will indeed

make beautiful music together, for as Helen Keller  
also said "...together we can do so much!"

So, let us make the most of this historic opportunity.  
Let us do even more service in our community, and  
let us be even more visible doing it. Let us increase  
our presence on social media to let even more people  
know about all that we do, and about all the fun we  
have doing it. Let us invite even more people to share  
in the satisfaction we get from serving those in need,  
thereby increasing our capacity for service. We are  
Lions, hear us roar!

## 2016-17 - PRESIDENT'S THEME



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## MOVING FORWARD...AND LOOKING BACK



*Nancy Mathwig  
1st Vice District Governor*

July – the first month of the new Lions' year! I am really excited to begin a new year of Lions and am looking forward to serving as your 1st Vice District Governor along with Governor Steve and 2nd VDG Diana. A new adventure awaits!

Have you thought about your goals for the new year? I've been contemplating what I need and want to accomplish this year and have started one of my many to-do lists. I know I'll continue to add to this list as time passes.

1. Learn as much as I can about the current happenings in our District, Multiple District and Lions Clubs International by attending Region and Zone meetings, Cabinet and Council of Governors meetings, and Mid-Winter and Multiple conventions and by reading the many newsletters and Lions magazine.
2. Help District Governor Steve in whatever way he needs to make his year as Governor the best.
3. Attend the scheduled trainings for 1st VDG and DGE (if elected at Mid-Winter) to enable me to follow Lion Steve.
4. Continue to be an active member of my Lions club, the Arlington Lions, and work to bring in at least one new member.
5. Work on my monthly district newsletter article and submit it ahead of the due date!!!!!!

Have you been asked what Lions do and not known how to answer except with "pancake breakfasts, fish fries, golf outings", etc. Do you really know how we serve? In you need some help with this question, there is a wealth of information on the Lions Clubs International website for you to check out. The following information on how we serve is taken from the LCI site:

- o Where There's a NEED, There's a LION. When it comes to meeting challenges, our response is

simple: We serve. In over 200 countries, Lions are doing community volunteer work. Because we are local, we can serve the unique needs of the communities we live in. And because we are global, we can address challenges that go beyond borders. We do this through -

- o Sight programs – vision screenings, eye banks, eyeglass recycling.
- o Health programs – hearing loss, diabetes
- o Youth Volunteer Opportunities – Leo clubs, Peace poster,
- o Community and Environment programs – ditch cleaning, 4th grade foresters project, creating parks
- o Disaster relief – we are among the first to respond when disaster strikes in the event of a natural, man-made or healthcare emergency.

Go to [www.lionsclubs.org](http://www.lionsclubs.org) to learn more about your organization or for additional information for your club.



And now, our history fact for July. Do you know the history of Jungle Days, our annual district golf event, held annually on the first Monday of August? According to the information on the district website ([www.5m2lions.org](http://www.5m2lions.org)) with the redistricting of 5M-5 and 5M-6 in 1978, came the District of 5M-2. The former 5M-6 had a Jungle Days program, which was carried over to the new District 5M-2.

The first District 5M-2 Jungle Days was held on August 6, 1979, and hosted by the Faribault Lions Club. It was held at the Faribault Golf & Country Club. The first Cabinet meeting of the new Lions' year is typically held in the morning prior to the golf outing. This year, August 1, 2016 will be the 38th annual District 5M-2 Jungle Days.

Have an enjoyable summer and I look forward to seeing many of you at the Region meetings in September.

## 5M2 LIONS' NEWS NEWSLETTER DEADLINE: 15TH OF EACH MONTH...

Submit your club events and Lions program articles to:  
[5m2newslettereditor@gmail.com](mailto:5m2newslettereditor@gmail.com)

BITS AND PIECES



Diana Kroells
2nd Vice District Governor

By the time you are reading this article the new Lions year has begun. When I said yes to an invitation to be your 2nd Vice District Governor in February, July 1, seemed so far away- and now here we are already. I am excited to begin my journey as part of DG Steve's cabinet and governor's team. I know

I have a lot to learn and I am willing to take on the tasks asked of me. I am excited about serving on the cabinet during the Centennial year of Lions.

Let me tell you some "Bits & Pieces" about myself. I grew up in Norwood the second oldest of 12 children. Yes 12- I had 7 seven sisters and 4 brothers. My mother (age 91) still lives in that house. Needless to say with a family this large we all had to recognize what needed to be done, help out and try to get along with everyone. (Similar to being a Lion).

Duane & I were married in 1969 and our family grew to 5 children and 9 grandchildren (with hopes of more). I was a stay at home mom until our first four children were all in school. Our 5th child arrive in 1987, eleven years after our 4th. I did day care in my home, some days having up to 14 children there at one time. (I think that is illegal now) and then I began my career at the State Bank of Hamburg in 1983 where I am still employed as the V. P. of Operations/ Deposit Compliance Officer/Internal Auditor.

Serving as Clerk of Washington Lake Twsp. in Sibley County, treasurer of the New Ulm Diocese Region 1

Council of Catholic Women, being an active member of St. Brendan's Catholic Church in Green Isle & still teaching religious education for over 25 years keeps me busy.

I am a 10 year member of the Hamburg Lions Club but because my husband was a charter member of the club formed in 1982 I have known about the value of Lions for many years prior to joining. I enjoyed attending conventions & zone meetings as a guest before I was a Lion. I have been serving as the club treasurer for 9 years and served 1 year as the club president. I was 5M2 Zone 5 chairperson and am currently a director on the Mn. Lions Vision Foundation. Attending the Leadership Institute was one of my best experiences. I still pull out the manual to see if I am staying on track.

I know that these next few years will not only give me a chance to meet new friends but it will also enable me to learn and have a deeper appreciation for all of the work done by Lions every day. I cannot wait to hear about all of the projects that you have planned for the coming year.

"Bit & Pieces" the title of my article has a special meaning to me - it's about a catalog that arrived in my mail box one day- a catalog full of puzzles. What does that have to do with Lions???? Come back to read my article next month and I'll tell you what puzzles & Lions have in common.

"Well done is better than well said." Benjamin Franklin

2016 USA-Canada Lions Leadership Forum

Omaha, Nebraska - Sept. 15-17, 2016

Leadership ? Service ? It's what Lions do !

"Leadership for Service", the theme for the 2016 Forum, reflects our goal of equipping our Lions to meet the Centennial Service challenge in performing 100 million acts of service. Saturday afternoon will have three large service projects that every attendee will be able to participate in. Corresponding seminars have been added, teaching the skills and organization needed to better prepare service projects at the Club and District level.

Opening night, Thursday brings master illusionist and motivational entertainer, Billy Riggs. On Friday, Lion Jay Blake brings his drag race car "Follow a Dream" to the Forum, along with his amazing story of overcoming a blinding accident to follow his racing dream. Saturday we look forward to the inspiring words of our then International President, Chancellor Bob Corlew. We finish the evening with Retired General Dick Abel, who after a long career of military, private sector and public leadership will be talking about the leader within each of us. Register now via our website: www.lionsforum.org

# 2016-2017 District Governor Goals



## Service:

1. That every Club in the District qualify for a Four Diamond Centennial Service Challenge Banner Patch during the 2016 – 2017 Lions Year.
2. That KidSight be developed as a Lions Centennial Legacy Project in the District and that at least one club in each Zone participate in a preschool eye screening during the 2016 – 2017 Lions Year.

## Leadership:

1. That 50% of the clubs in the District host the 5M2 Orientation Program during the 2016 – 2017 Lions Year.
2. That at least one pair of Lions in each Zone complete the 5M2 Mentorship Program during the 2016 – 2017 Lions Year.

## Public Relations:

1. That at least 75% of the Clubs in the District have an active Facebook Page by the end of the 2016 – 2017 Lions Year.
2. That all Clubs in the District conduct at least one event publicizing the Centennial of Lionism during the 2016 – 2017 Lions Year.

## Recognition:

1. That one member of each club be recognized with a “Legacy of Service” award.
2. That at least one club in each Zone be recognized by the District for excellence in Public Relations during the 2016 – 2017 Lions Year.
3. That at least 60% of the Clubs in the District qualify for the Lions Clubs International Club Excellence award for the 2016 – 2017 Lions Year.

## Personal:

1. To attend at least one non-meeting function at each club during the 2016 – 2017 Lions Year.
2. That we see our grandchildren at least once each month during the 2016 – 2017 Lions Year.
3. That Debra and I have at least one “Non-Lion” fun day each month during the 2016 – 2017 Lions Year.

FORUM - FORUM



*PID Debra Wasserman  
GLT Coordinator*  
Would you like to increase your knowledge of Lionism? Would you like to improve your leadership skills? Is attending the USA/Canada

Lions Leadership Forum too expensive? Is three days too long to be away? Is Omaha, Nebraska too exotic a location? Perhaps the first ever Northern Pride Lions Forum is for you! Yes, MD5M is putting on its own Leadership Forum right here in beautiful northern Minnesota on Friday and Saturday, Nov. 11-12, 2016.

The cost of the forum is only \$99. Hotel rooms at the Shooting Star Casino Hotel in Mahanomen can be reserved for only \$65/night. You will be able to choose up to 6 of the following seminars to attend:

- GLT GMT Working Together
- The ride of a lifetime for your hearing
- Sing and laugh your way to a better club
- Leadership Coaching Components
- Recruiting younger Lions - Panel
- Young Punks vs Old Geezers
- Construct a meaningful project
- I'm the Chair of the committee, Now what?
- Successful Tricks for Recruiting New Members
- Mentoring
- GLT - how to spot a successful leader
- GMT - gotta ask
- Women's symposium panel
- www.I'm.lost.com

- Roberts Rules
- The Role of the PDG - panel
- Protocol
- Lions University - Understanding and using it in your District
- Centennial
- Orientation for your new members
- Do you want to be part of the District governor Team? (DG, 1VDG, 2VDG, ZC)
- Succession Planning
- Quality Assurance Program (CEP)
- Zone/Region Chairperson; Expanding your pride
- Strengthening the Pride within your Club
- Think!!!
- Starting a Leo's club or Campus Club - Building Blocks of our Future
- Fun with Tail Twisting
- Hello, I'm your new member, I'm leaving
- The fun way to build a team
- Role of Supporting Partner
- Creative recognition
- Conflict resolution
- Time management
- New ways to strengthen your club

Don't delay! More information and registration forms are available in this newsletter or on the MD5M website ([www.lionsmd5m.org](http://www.lionsmd5m.org)).

Of course if you have a little more time, and you've always wanted to visit Omaha in the fall, and/or you would like to meet Lions from throughout the United States and Canada, it's not too late to register for the 40th Annual USA/Canada Lions Leadership Forum to be held September 15-17. For additional information and registration, visit [www.lionsforum.org](http://www.lionsforum.org).

60<sup>th</sup>  
Anniversary

*PDGs Marlys and Larry Meskan  
observed their 60th wedding  
anniversary, June 16th.*

*An Open House will be held,  
in their honor,  
Saturday, July 23, 2016, from  
2-5 p.m.  
at the Village,  
205 N 1st. St., Waterville*

*No gifts please.*



Fluoride

Fluoride is the key to healthy teeth because it prevents cavities.

It is found in most of the foods we eat and in the public drinking water in most of Minnesota.



Fluoride makes teeth more resistant to damage and strengthens them. If your child drinks well water, ask your local health department about its fluoride



content because well water is often low in fluoride.

Always drink fluoridated water if possible.

Also, reverse osmosis filters (but not charcoal filters) remove fluoride from water.

Make sure you are **fluoride smart**.

Learn more by visiting the Minnesota Oral Health Project website [minnesotaoralhealthproject.com](http://minnesotaoralhealthproject.com) and liking us on Facebook.

Cavities **can** be prevented.



## PREMIER CENTENNIAL LIONS CLUB



Any club that adds three new members in any fiscal year (July 1 – June 30) is eligible to qualify as a Premiere Centennial Lions Club, and will be recognized as such providing the members remain active for at least 2 years and a day. 23 clubs in 5M2 have brought in three or more new members during the 2015 – 2016 Lions Year.

*Congratulations to the following Lions Clubs that added at least three new members the 2015 - 2016 Lions' Year:*

- Albert Lea (12)
- Amboy (6)
- Belle Plaine (6)
- Blooming Prairie (4)
- Carver (7)
- Chaska (8)
- Cologne (5)
- Courtland (3)
- Gibbon (4)
- Hutchinson (3)
- Jordaness (7)
- Le Center (6)
- Le Sueur (8)
- Lonsdale (6)
- Montgomery (3)
- NYA West Carver (4)
- Shakopee (15)
- Veseli Area (3)
- Victoria (10)
- Waconia (16)
- Watertown (7)
- Waterville (7)
- Winsted (3)



# Centennial Service Challenge Update

By DG Steve Wasserman, 5M2 Centennial Coordinator

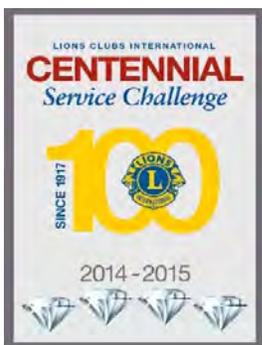
## Centennial Service Challenge:

As you can see from the graphic on the right, the Lions of the world are closing in on our Centennial Service Challenge goal of serving 100 million people in our four Challenge areas (Engaging Our Youth, Sharing The Vision, Relieving The Hunger, and Protecting Our Environment). At the halfway point in our four-year challenge, the Lions of the world have now provided service to **90,045,786** people in the four Centennial Service Areas! We have already exceeded our 25,000,000 goal in the areas of "Engaging Our Youth" and "Protecting The Environment". Globally, 59% of all clubs have participated in the Challenge. Clearly, the goal will be not only met, but obliterated! ***"Where There's a Challenge, Lions Will Meet It!"***



It was another great year of Service here in District 5M2. **57 clubs** reported on projects serving **112,586 people**. **41 clubs** reported on projects in all four areas of the challenge and have earned their **four diamond patches** for the 2015-2016 year. **54 clubs (84%)** participated in two or more areas, so our District will once again qualify for the District Banner Patch.

## 2015 – 2016 Four Diamond Banner Patches:



### ALBERT LEA

Arlington  
Carver  
Courtland  
Gibbon  
Hamburg  
Jordaness  
Le Center

### MANKATO SUNRISE

New Auburn  
NF CANNON VALLEY  
Prior Lake  
Victoria

### WINSTED

### Albert Lea Lakeview

Belle Plaine  
Chanhassen  
Ellendale  
Glencoe

### HUTCHINSON

Lafayette  
Le Sueur  
Mayer Watertown  
Nicollet  
Nya West Carver  
Silver Lake  
Watertown  
Winthrop

### Alden

Blue Earth  
Chaska  
Faribault  
**GREEN ISLE**  
Jordan  
Lake Crystal  
Mankato  
Montgomery  
Northfield  
Plato  
Veseli  
Wells

*Congratulations to those clubs in **RED** for completing the requirements last month!  
Remember: You have until July 15 to complete your 2015-2016 Service Activity Reporting*

***"Where There's a Need, There's a Lion!"***

# A Legacy of Service!

By Lion Steve Wasserman



Webster's Dictionary defines legacy as "something transmitted by or received from an ancestor or predecessor or from the past". I have chosen the theme "**A Legacy of Service**". I believe our legacy comes from the past, exists in the present, and can be projected into the future. It's never too early to start thinking about our legacy, and never too late to establish or change it. I see our **Legacy of Service** as having three stages: "Build The Legacy", "Celebrate The Legacy" and "Enhance The Legacy".

## Build The Legacy

As we approach the Centennial of Lionism, it is important to look back at the **Legacy of Service** that has been built over those 100 years. Lionism began with an idea formulated by our founder, Melvin Jones in 1917. His guiding principle was that "You can't get very far until you start doing something for somebody else". In 1925, Helen Keller built upon that legacy when she challenged lions to be "Knights of the Blind". Our modern legacy includes establishing the LEO Program in 1957, the Lions Clubs International Foundation (LCIF) in 1968, two SightFirst Campaigns targeting preventable or reversible blindness, and now the Centennial Service Challenge to serve 100 million people in four key areas by June 30, 2018.

The **Legacy of Service** of our district goes back as far as 1921 when the Faribault and Northfield Clubs were chartered. We have built a legacy of supporting research through the Minnesota Lions Vision Foundation, the MD5M Hearing Foundation, and most recently, the Minnesota Lions Diabetes Foundation. We support Leader Dogs for the Blind, Can Do Canines, Project New Hope, and many Youth Activities. Our district's **Legacy of Service** also includes community service projects in 12 counties of South Central Minnesota.

The **Legacy of Service** of your Lions Club is revealed in the service projects you do in your community. Perhaps your club's legacy includes the "Dictionary Project", Highway Cleanups, or a Scholarship Program. Perhaps you are known for providing meals for those in need, for supporting extracurricular activities in the local schools, or for supporting the local Police, EMTs or Fire Department. What do the people of your community associate with your club? That is the **Legacy of Service** your club has built.

## Celebrate The Legacy

Lions worldwide will celebrate our **Legacy of Service** during the 2017 calendar year. We will celebrate meeting the goals of our Centennial Service Challenge. Our Peace Poster theme will be "A Celebration of Peace". There are many Centennial Commemorative items for sale in the Lions Store. The US Mint will be releasing a Commemorative Lions Centennial Silver Dollar with Melvin Jones image on one side and three lions on the other. The Centennial Convention in Chicago from June 30 – July 4, 2017 will be the culmination of our celebration. Come join the fun!

The Lions of District 5M2 will celebrate our **Legacy of Service** at the Midwinter Convention February 10 – 12, 2017 in Mankato. In addition, Lions from Minnesota, Manitoba and Northwest Ontario will gather at the Mall of America on June 3, 2017 to celebrate the **Legacy of Service** of all of MD5M. These two events promise to be very exciting and very fun. You won't want to miss them!

Your Lions Club can celebrate its **Legacy of Service** during the 2016-2017 Lions year as well. You might want to have a party on or near your club's charter anniversary even if it's not a traditional milestone. You could invite fellow Lions and/or community members for cake & ice cream. You might have a parade float as part of a community celebration or festival. However you choose to celebrate your **Legacy of Service**, make the 2016 – 2017 Lions' Year memorable in your community!

### *Enhance The Legacy*

While we may reach the top of one mountain in 2017, our International President, Lion Bob Corlew, from Tennessee reminds us that "long after our Centennial celebration is over, we will continue to be faced with new mountains to climb". A new strategic plan has been developed called "LCI Forward" that (has?) will have a primary goal of enhancing the lives of 200 million people annually.

One way we will be enhancing our **Legacy of Service** in District 5M2 is by initiating Project KidSight. This project will involve screening children from 6 months to 6 years old for a variety of eye conditions that, if left untreated, can lead to permanent vision issues. Another new district wide project that will enhance our **Legacy of Service** is the Bike Ride for Project New Hope. While we have supported PNH in the past, the Bike Ride will take our support to a whole new level.

Hopefully, your Lions Club will initiate new service projects that will enhance your **Legacy of Service**. Conducting eye screenings for preschool children in your town is certainly one opportunity to do so. There may be other needs going unmet in your community, and you may want to take advantage of the many resources and tools offered by our organization. The 5M2 Zone and Region Chairs, the District Cabinet, and the District Governor Team are all available to assist your club. New ideas and inspiration are available at the MD5M and USA/Canada Lions Leadership Forums, the MD5M Regional Leadership Institute, and the 5M2, MD5M, and LCI Conventions. Many other resources are only a click away on the LCI Website.

### *Where There's A Need, There's A Lion!*

Lions are there, wherever and whenever there is a need. We are in over 212 countries around the world. After natural disasters, we are the first ones on the scene and the last ones to leave. Wherever there is preventable blindness, Lions are striving to eliminate it. Lions in over 46,000 clubs are meeting community needs every day. Every penny of every dollar that is donated to Lions goes toward meeting needs. That is the **Legacy of Service** Lions have built. **Let's Build! Let's Celebrate! Let's Enhance!**

### *Viewing Forward*

#### *MN Lions Vision Foundation*

And here we are again! Lions Diana Kroells and Mary Spille serving this year as MLVF directors. We enjoy being able to participate, learn and give on the original Minnesota Lions Foundation. Vision, Hearing and Diabetes are our three Lions foundations in 5M, Minnesota side. We meet quarterly, hear reports, review grants to fund, and learn about the happenings at the University Ophthalmology Department. We share some info via this monthly article but we are always willing to visit your clubs, too!

Focusing this month on the Eye Bank. The Eye Bank, the origin of MLVF, is committed to donors and their families who wish to give the gift of sight. Donating a loved one's tissues is a major decision. Just mentioning eyes: corneal transplants are a gift of "normal" life to many. Corneas not



used as transplants are used for research and education; the development of treatments for diseases is quality of life for many of us. Bet there is not one of us who has not had eye surgery or knows someone with cataract, macular degeneration, retinal issues, etc.

Fun thing to do: If you attend the State Fair, stop at the Education Building and visit the booth of MLVF and MLHF. Say hello to the working Lions; they appreciate the moment you chat with them. Always fun to meet another Lion! At the booth is a list of all Minnesota businesses with eyeglasses boxes. If your club has an update on locations, shoot us an email so that we can have your town's spots shown accurately.

Together, "WE SERVE" continues. Remember that Lions Diana and Mary are your Vision Foundation reps willing to visit your clubs - dianakroells@embarqmail.com or mkspille@embarqmail.com.



Northern Pride



Lions Leadership Forum

# November 11th & 12, 2016

## Northern Pride Lions Leadership Forum

Shooting Star Convention Center, Mahnomon MN

Registration fee \$99.00 USD

(Includes Saturday's lunch and dinner)

Hotel \$65.00 USD plus tax

Meet & Greet Mixer Friday - Seminars on Saturday

36 informational seminars and Leos Track

*GLT/GMT Working Together, The Ride of a Lifetime for your Hearing, Sing and laugh your way to a better club, Leadership Coaching Components, Recruiting Younger Lions – Panel, Young Punks vs Old Geezers, Construct a Meaningful Project, I'm chair of the committee, Now what?, Successful tricks for recruiting new members, Mentoring, GLT – how to spot a successful leader, GMT – Gotta Ask, Women's Symposium – panel, [www.i'm.lost.com](http://www.i'm.lost.com), Robert's Rules, The Role of the PDG – panel, Protocol, Lions University – Understanding it and using it in your District, Centennial, Orientation for your new member, Do you want to be part of the District Governor Team? Succession Planning, Quality Assurance Program (CEP), Zone/Region Chairperson; Expanding your Pride, Strengthening the Pride Within your Club, Think!!!!, Starting a Leos club or Campus Club – Building Blocks of our Future, Fun with Tail twisting, Hello, I'm your new member, I'm leaving, The fun way to build a team, Role of Supporting Partner, Creative Recognition, Conflict Resolution, Time Management, New Ways to Strengthen your Club, Lions Clubs International – Everything you wanted to know,*

Dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield

Registration form at <http://www.lionsmd5m.org>

Northern Pride Lions Leadership Forum



**Northern Pride  
Lions Leadership Forum**



Hosted by  
MD5M Lions

**November 11th - 12th, 2016**  
**Shooting Star Convention Center, Mahnomen MN USA**  
**2016 Registration Form**

"Meet your fellow Lions from Wisconsin, Nebraska, Iowa, Saskatchewan, North Dakota, South Dakota, Manitoba, NW Ontario and Minnesota."

Your District & Club Name: \_\_\_\_\_

Name & Title \_\_\_\_\_  
Address \_\_\_\_\_  
City/Town \_\_\_\_\_  
State/Prov. \_\_\_\_\_  
Zip/Postal \_\_\_\_\_  
Phone (w / area code) \_\_\_\_\_  
Email \_\_\_\_\_

Registration form at  
<http://www.lionsmd5m.org>

ALL costs are in USD  
Canadians are asked to  
send USD money order to  
PDG Cheryl



**Special Dietary Needs:** Vegetarian, Gluten Free, Allergies \_\_\_\_\_ (circle ones that apply)

**Registration Fee \$99.00 USD**

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: **Northern Pride Lions Leadership Forum**

**US residents mail to:**  
  
PDG Dave Jensen,  
32549 Co Rd 11  
Wendell, MN USA  
56590-9771  
R. 218.458.2428  
C. 218.770.9410  
E. [oakstuff@runestone.net](mailto:oakstuff@runestone.net)

**Canadian residents mail to:**  
Send USD money order  
  
PDG Cheryl McKittrick  
PO Box 340, Crystal City  
MB Canada R0K 0N0  
E. [cemckit@gmail.com](mailto:cemckit@gmail.com)  
R. 204.873.2091  
C. 204.825.8073

Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at [cdk3inc@outlook.com](mailto:cdk3inc@outlook.com)

Hotel Reservations – Contact the hotel directly – Rate \$65.00 USD per night (+ taxes) Until October 30th, 2016  
Shooting Star Hotel & Casino, Mahnomen, MN – call 1-800-453-STAR and ask for block #71.  
This block is called **“Northern Pride Lions Leadership Forum”**



## MINNESOTA LIONS DIABETES FOUNDATION, INC. *"Catch the Dream" – Life Without Diabetes!*

May 18, 2016

Dear Lions Club President:

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is launching a **2017 Calendar Fund Raiser** to raise much needed funds to help accelerate the prevention, cure and better treatment of diabetes! On behalf of the Fund Raising Committee of the MLDF I am writing to you today to ask your club to sponsor a date or an entire month of diabetes research! The date you sponsor just might be the date that diabetes is cured!

The MLDF recently made a second \$75,000 payment on its three year pledge of \$250,000 to the Schulze Diabetes Institute(SDI) of the University of Minnesota for its ongoing funding of the Minnesota Lions Islet Imaging Laboratory. Next year a \$100,000 payment will be due on this pledge to help develop a bio-artificial pancreas and critically needed magnetic resonance imaging assessment tools to advance the cure for diabetes.

Most recently the MLDF awarded a \$70,000 grant to the University of Minnesota SDI to fund a Quality Assurance Manager position for obtaining licensure to manufacture and distribute human pancreatic islets for the treatment of Type 1 diabetes. The following three \$25,000 grants were also awarded to the SDI for:

- Identifying and selectively removing the self destructive immune cells responsible for causing diabetes before irreparable damage to the islets has occurred.
- Development of negative vaccines to eliminate the need for chronic immunosuppression in preventing rejection of porcine islet transplants for Type 1 diabetics.
- Investigation and testing of a new drug used to lower calcium levels and restore insulin control in the treatment of Type 2 Diabetes Mellitus.

So that we can continue to fund this critical diabetes research we are asking your club to participate in our new calendar fund raiser. Please refer to the attached documents to see how your club can sponsor a date for diabetes research by selecting Option 1 for \$100 or Option 2 for \$200. There is also a document with message ideas for how you can use Option 2. There are months available for you to sponsor an entire month of diabetes research for \$500 and at the same time promote your club's activity on the calendar. The deadline to sponsor dates on the 2017 calendar is **September 30, 2016**.

We are also continuing our **"Feed the Pig Fund Raising"** fund drive. Please encourage your members to deposit their loose change in this piggy bank at your meetings.

We greatly appreciate your support of the Minnesota Lions Diabetes Foundation, Inc.!

Sincerely,

**Mark Eyre**

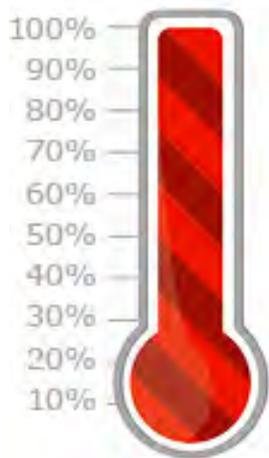
\_\_\_\_\_  
 Lion Mark Eyre, Chair  
 Fund Raising Committee  
 Minnesota Lions Diabetes Foundation, Inc.

\_\_\_\_\_  
 Lion  
 District 5M- Trustee  
 Minnesota Lions Diabetes Foundation, Inc.



# THANK YOU!

**\$14.5 MILLION**



## We did it...together!

Through a combination of your generous donations, multi-year pledges and grants, we have reached our **Canine Development Center** campaign goal of \$14.5 million. This state-of-the-art facility not only increases the health and happiness of future Leader Dogs, it encourages their development so they can become our highest-quality guide dogs ever. On behalf of our current and future clients, Leader Dogs, puppies, volunteers, staff and supporters, we have one thing to say to you:

# THANK YOU!

\*\*\*\*\*Press Release\*\*\*\*\*

The MN Lions Diabetes Foundation has a new web site. You can find us at the same address. We updated the site with a new look, added a lot of new information, and put everything in a very user friendly format. You will find helpful information for people living with diabetes, information on how to help support our mission of finding a cure for diabetes, and lots of pictures of award winners and fundraising efforts.

Check it out at: [mnlionsdiabetes.org](http://mnlionsdiabetes.org)

**Celebrating  
Riding**



**years of service  
miles for those  
who served**

Join the Great Project New Hope Bike-a-Thon --- A Lions International Centennial Event

Save the date of ---**SATURDAY, SEPT. 24** --- for the fun time of your Lions Year!

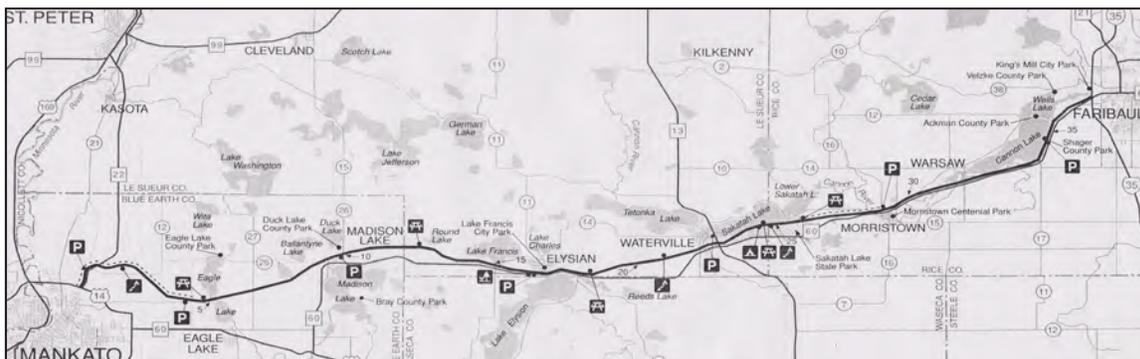
This Bike-a-Thon will be a 100 mile Bike-a-Thon on the beautiful Sakatah State Trail, traversing from Faribault to Mankato. The west end of the Trail may be under construction in late summer so we will travel the trail only from Faribault to Eagle Lake, back tracking a couple of times in order to reach the 100-mile goal.

The actual route is: leave Waterville (starting point is the parking lot south of the school and just north of the Catholic Church right on the Sakatah Trail route) about 6:15 or 6:30 a. m. for Faribault, arrive to meet Gov. Lion Steve and Lion Debra along with other Faribault Lions (at the DQ/Country Kitchen parking lot) about 8 a.m. or sooner. Head back towards Waterville and continue on west to the Eagle Lake turnoff. Along the way there will be parking lots (adjacent to the Sakatah State Trail) at Elysian and also Madison Lake (adjacent to the Trail and also a great restaurant for those who desire lunch) where Lions from outlying Lions/Legion Clubs could join up or start their own 'journey' in whichever direction they please. From the Eagle Lake area the group will head back to Faribault with stops along the way at designated 'parking lots' for water and possibly energy bars as desired. When the Faribault parking area is reached (for the second time) riders will return to the original starting point in Waterville for the grand finale of the 100-mile ride!

I would like to stress a few things about this Bike-a-Thon Fundraiser: It is not a race; it is not a 'must' that all riders complete the full 100-mile course; riders can join at any point along the route and ride as far/long as they desire; in fact it would probably be better if not too many riders rode 'as a group' due to other riders using the trail; there will be shirts of all sizes, complete with Bike-a-Thon logo, available at all points along the route as long as the supply lasts---\$10 per shirt; and it is stressed **THAT ALL RIDERS REGISTER IN WITH LION LORI KLEIN** at the Waterville site sometime during the ride. Lion Lori has graciously agreed to act as the main contact person for this event the day of the Bike-a-Thon to register all riders, collect all donations/pledges/gifts, monies from riders and clubs. Also when you sign in with Lion Lori, please give her the name of your club or organization so all can receive recognition. Lion Lori will also have the majority of the shirts at her location --- and for \$10 it would make a great memento of a Fabulous Fundraiser.

A couple of other things to remember: as I said earlier this is not a race --- the only winner is Project New Hope and our Combat Veterans. Also rest assured that 100% of the funds collected will go to aid our Veterans at the week-end Retreats for our returning Combat Veterans and their families!

In the Newsletter stories the next two months there will be more detail as to the sag wagons, phone numbers of contact personnel, location for picking up cold bottles of water, and maybe granola bars, etc. Shown below is a map of the Sakatah State Trail that we will be conducting the Bike-a-Thon on and also mileage between parking areas.



Lion Jack will have a dozen sets of 25 pins each for sale at Jungle Days for \$25 dollars each as a 'kick off' fundraiser for the Bike-a-Thon. Anyone (and everyone) who buys one of these sets will have a chance to win a complete set of our Past Governors' personal pins! There are maybe four Governor's who did not have pins but all available are in order---it would be a very nice collection or a raffle 'fund raiser' for a club.

### CAN DO CANINES' WOOFAROO

Want to take your dog for a walk and support Can Do Canines at the same time? Well, here is your chance!

Bring your dogs and your friends and celebrate the amazing partnership between assistance dogs and the people who need them at the Can Do Woofaroo. This outdoor family-fun fundraising event includes a fund-raising walk, dog-centric vendors, a food truck, dog costume contest, music and more! All ages are welcome.

New this year is a chance to see your dog on the big screen at Can Do Canines first ever Dog Video Festival! Participants may submit their whimsical dog video in advance for consideration, and videos will be shown on a special outdoor screen for attendees.

Every dollar raised at the Can Do Woofaroo helps provide freedom, independence and peace of mind for someone with a disability. Simply put, your support helps Can Do Canines train more assistance dogs and help more people. Join us in helping our dogs fetch amazing things for their partners!

#### CAN DO WOOFAROO

Saturday, September 17, 2016: 10 a.m. - 2 p.m.

Fundraising Walk: 11 a.m.

Dog Video Festival: 1 p.m.



Can Do Canines  
9440 Science Center Drive  
New Hope, MN 55428



Above: Weinreb Family and Assistance Dog in Training Milton.



Above: Julie Schneider & Hearing Assist Dog Shiya.



Right: Supporters lead more than 180 walkers at the kick off of the Can Do Woofaroo.



**Centennial Public Relations Contest  
Lions Clubs of MD5M July, 2016-January 1, 2017**

District \_\_\_\_\_ Club \_\_\_\_\_ Date of Event \_\_\_\_\_

Event \_\_\_\_\_

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members \_\_\_\_\_ Number of Members who participated \_\_\_\_\_

Approximate number in attendance/number affected by this Event: \_\_\_\_\_

Explanation of Event:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What benefit did this project have to your community?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How did this event publicize Lions and our 100<sup>th</sup> Anniversary (Anniversary must be publicized)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\* Attach only 1 picture page

Contact person for this event: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Does your club have a Lions sign in your town? \_\_\_Yes \_\_\_ No

Have you refreshed your Lions sign- a new one or a new decal for our 100<sup>th</sup>? \_\_\_Yes \_\_\_ No

**Please submit to our District PR Chair before January 1, 2017.  
Clubs may enter more than once.  
(2<sup>nd</sup> Contest will be run January 1, 2017– December 31, 2017)**

# MD5M Centennial Public Relations Contest

## Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100<sup>th</sup> Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2017 & 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2017 & 2018 Multiple Convention. A money amount will be determined by the District Governors at the July 2016 Council of Governors.

Contest will run from July 2016– December 2017 and January 2017 – December 2018.

Please submit your application to your District Public Relations Chair. If your District does not have a PR Chair, then submit it to your Newsletter Editor.

**SUBMIT ENTRIES TO:**  
SHIRLENE HVINDEN  
5M2 PUBLIC RELATIONS  
HVINDENS@YAHOO.COM



## LIONS' CLUBS NEWS AND ACTIVITIES

### ALBERT LEA LIONS



*Albert Lea Lions club member Irene Anderson presenting \$500 scholarships to four area students.*

### JORDAN LIONS



*The Jordan Lions awarded a total of \$20,000 in scholarships to graduating seniors at this year's ceremony. Nineteen \$1000 awards were presented by the Lions to worthy students who filled out an application and wrote an essay about service. Another \$1000 was given to the Dollars for Scholars program coordinated by the high school. Dollars for Scholars presented two seniors with \$500 scholarships on behalf of the Jordan Lions.*

**JORDANESS LIONS**



Above: Jordaness Lions Officers for the 2016 - 2017 year were inducted into office during our June membership meeting. From left to right.....Shelly Habeck, Wanda Breimhorst, Christy Trutnau, (holding a future Lion), Deb Barker, Doni McQuiston, Sue Hovland, Donna Will, Amy Piotrowski, Martha Reger, Stacy Chalupsky, not pictured, Kelli Hollingsworth

Right: The Jordaness Lions were thrilled to be a Silver Sponsor for the D-Feet Hearing Loss fund-raiser held Saturday, June 4th at the University of Minnesota Landscape Arboretum. We joined Lions clubs from across our multiple to raise awareness and funds that support clinical care, research, and programs for children inflicted with various levels of hearing loss. Several members of our club attended along with our spouses, children, and grandchildren to support this wonderful event and cause.

Below: The Jordaness Lions participated in our annual event of working for the State High School baseball tournament by running the concession stand. Always a good time for our group!

**Thank you to our Sponsors**  
www.5mhf.org

**SILVER SPONSORSHIP**  
Make a pledge...change a life!

Club Name:	District:	Donation:	Club Name:	District:	Donation:
Burnsville Lions Club	5M-6	\$1,000.00	Maple Grove Lions Club	5M-5	\$1,600.00
Eagan Lions Club	5M-6	\$1,000.00	New Ulm Lions Club	5M-3	\$1,000.00
Green Isle Lions Club	5M-2	\$1,000.00	Ramsey Lions Club	5M-7	\$1,000.00
Grey Eagle-Burtrum Lions Club	5M-8	\$2,000.00	Scandia Marine Lions Club	5M-6	\$1,000.00
Hanover Lions Club	5M-7	\$1,500.00	Silver Lake Lions Club	5M-2	\$1,000.00
Jordaness Lions Club	5M-2	\$1,000.00	St. Paul East Parks Lions Club	5M-6	\$1,000.00
			St. Paul Midway Lions Club	5M-6	\$1,000.00



**HAMBURG LIONS**



**DG Marvin installs Hamburg Lions Officers**  
 Back row: Lions Ray Bracht, Duane Kroells, Richard Kroells, Brian Herrmann, Richard Stoeckmann, Chris Lund & DG Marvin  
 Middle row: Kim Schneider, Ann Oelfke, Tyler Rath, Cindy McGuire, Amy Chadwick, Lion Evelyn Grimm  
 Front Row: Diana Kroells, Bruce Gruenhagen, Sarah Gruenhagen



**Hamburg Lions receiving chevrons for years in service:**  
 Back row: Lions Bruce Gruenhagen 10 years, Willy Fuellner 15 years, DG Marvin  
 Front row: Lions Lavern Graupman 20 years, Diane Hoffman 10 years, Diana Kroells 10 years



DG Marv threw out the opening pitch at the Hamburg Lions Day at the Hamburg Hawks baseball game.

**COURTLAND LIONS**



**These are the 2016-17 Courtland Lions officers.**  
 Front row: Tail Twister, Lion Wally Sagmoen and Mascot Lion Lucy.  
 2nd row: Lion Charlette Abbas, Membership and Lion Tamer; Lion Brenda Jones, President; Lion Mary Johnson, Secretary.  
 3rd row: Lion Shirlene Hoinden, 2nd Vice President; Lion Rusty Christopherson, 1st Vice President; Lion Lowell Abbas, Treasurer.

**CARVER LIONS**



**These are the 2016-17 officers for The Carver Lions.**  
 Front row: Lion Cheryl Peterson, Tail Twister; Lion Kristy Mock, 2nd V.P.; Lion Laura Niesche, Secretary; Lion Cathy Elke, Treasurer; Lion Sandy Bellig, Director; Lion Donna Nelson, Lion Tamer  
 Back row: DG Marvin; Lion Tim Shanahan, 1st V.P.; Lion Deidre Moynagh, 3rd V.P.; Lion Adam Holder, Director; Lion Chris Jerome, Membership; Lion Greg Osterdyk, Director.

# CHANHASSEN LIONS



**Charity Golf Scramble  
Waconia's Island View Golf Course  
Monday, July 18, 2016**

Welcome to the Chanhassen Lions Annual Golf Outing. We invite each of you to submit a team for a "FUN DAY". Teams must be submitted by July 8th. Mixed & Ladies Teams encouraged.

**Email Registration form to Denny Fisher** (See address at bottom of page)

HERE ARE THE EVENTS PLANNED FOR YOU:

*Longest Putts  
Closest to the Pin  
Dinner starting at 5:30*

*Longest Drive  
"Skins" game  
**WIN A NEW CAR !!** First hole-in-one of the day on #11*

**Special Note: Soft Spikes Required**

TEAR OFF HERE AND RETURN

.....

Chanhassen Lions Golf Scramble - Island View Golf Club/Waconia  
July 18, 2016 12:30PM Shotgun - Check in starts @11:00AM

**TEAM MEMBERS**

Captain #1	_____	\$ _____
Captain email	_____	
Captain phone	_____	
Member #2	_____	\$ _____
Member #3	_____	\$ _____
Member #4	_____	\$ _____
		Total \$ _____

All pre-registration must be received by July 7th with payment.  
Cost per player is **\$125** for Golf, Cart & Dinner (**pre-registration**)  
Cost per player is **\$140** for Golf, Cart & Dinner (**day of event**)

**Email this registration to:**

**Denny Fisher: [fishercorp@qwestoffice.net](mailto:fishercorp@qwestoffice.net)**

**Phone (952) 974-0351**

If you would like to donate a prize, please call Gary Haberman @ (952) 403-6689

*For those who are not members of a Lions Club, please consider joining the world's largest service organization and accomplish our motto "WE SERVE". Talk to any of our members. Visit us at [www.chanhassenlions.org](http://www.chanhassenlions.org)*



# District 5M-2 Jungle Days

*Hosted  
by the  
Jordaness*

**18 Hole Tournament  
4 Person Scramble**

**Monday, August 1st, 2016**  
*Shotgun Start at 12:30 p.m.*

**CreeksBend Golf Course**  
26826 Langford Ave  
New Prague, MN

**\$85.00 per golfer - includes golf cart, dinner and prizes**

11:00 am - Registration & Driving Range  
Lunch will be available for purchase  
Dinner @ approximately 5:30 pm

Additional Dinner Only Tickets available: \$20.00

## Registration Deadline Monday, July 18, 2016

<b>Player Name (Teams of 4)</b>	<b>Dinner Y/N</b> <i>Included with registration</i>
Name:	
Name:	
Name:	
Name:	

Extra Dinner Tickets x \$20 Per Ticket = \_\_\_\_\_

Total Payment Included: \$ \_\_\_\_\_

Check Payable to: Jordaness Lions Club  
Send Payment to: Lion Amy Piotrowski  
104 Arabian Court  
Jordan, MN 55352

For questions, please email:  
Jordanesslions@gmail.com  
(952) 239-0654 (Lion Amy)

**64th FESTAG DAYS**  
**July 12 & 13**  
**Minnesota Lake**

Sat July 9 • Livestock Show  
 Sun July 10 • Lions Bicycle Ride to Daly Park

**TUESDAY**  
**The Johnny Holm Band**  
 8-11:30 • FREE Street Dance

**WEDNESDAY**  
 • Giant Twilight Parade  
 • FREE Street Dance  
 • Fireworks

Carnival Rides  
 Food Stands  
 Pork Burgers

**FESTAG**  
 Festival of Agriculture

[www.minnesotalake.com](http://www.minnesotalake.com)

**Winthrop's**  
**Music in the Park**  
**ENTERTAINMENT SCHEDULE**

Sponsored by the Winthrop Lions and Winthrop Area Chamber of Commerce

**THURSDAY, JULY 14th • 7 p.m.**  
**Myron Wolff**  
 Refreshments available from the GFW Arts Council

~~~~~

**TUESDAY, AUGUST 2nd • 7:30 p.m.**  
**Larry Mages**

~~~~~

**THURSDAY, AUGUST 11 • 7 p.m.**  
**Wendinger Band**  
 Refreshments available from our Winthrop Royalty

All refreshments are free will offering!

This activity is made possible by a grant provided by the Prairie Lakes Arts Council from funds appropriated by the Minnesota State Legislature.

**Music In The Park**

Presented by the Glencoe Lions Club  
 Oak Leaf Park, Glencoe, Shelter #2

**Featuring FREE Live Music**

Food Available from 6 to 7 p.m.  
 Music begins at 6:30 p.m.

**Entertainment Schedule**  
 July 6 – Allen and Matt Carlson, sponsored by Security Bank & Trust  
 July 13 – The Flemming Fold, sponsored by First Minnesota Bank  
 July 20 – Jim & Mike Wendolek sponsored by McBride Chapel  
 July 27 – Chuck & Jason Thiel sponsored by McLeod Publishing Inc.

Thanks for your support of the Glencoe Lions Club  
 WE SERVE – All Proceeds go to local Community Projects

Bring a chair and bring a friend or two!  
 Questions???? Call 320 864-5237

Mark Your Calendars,  
clean up your clubs,  
**Jungle Days 2016**  
Monday, August 1, 2016  
Hosted by the Jordanness Lions

Creeksbend Golf Course  
26826 Langford Ave, New Prague

- 4-Person Scramble
- \$85.00 per golfer
- Registration: 11:00 AM
- Shotgun start: 12:30 PM
- Dinner / prizes: 5:30 PM

**\*\*Registration forms available in May**

and plan to have fun!!

Follow us on Facebook, at [www.JordannessLions.org](http://www.JordannessLions.org)  
or email us at [Jordannesslions@gmail.com](mailto:Jordannesslions@gmail.com)

## Plato Lions 20<sup>th</sup> Annual Golf Tournament Monday, August 8, 2016

11:00 A.M. - Registration - 1:00 PM Shot Gun Start



### Glencoe Country Club

\$55.00 per person (Glencoe club member)  
\$65.00 per person (non Glencoe club member)  
\$45.00 per person (Glencoe Club member & your own cart)



4 Person Scramble



Entry fee includes cart, dinner & prizes



Registration Fees after August 1, 2016 will be \$10.00 more per foursome

### TO REGISTER

**CONTACT RON - 320.238.2285**  
Email to Ken - [kmfranke@embarqmail.com](mailto:kmfranke@embarqmail.com)

If you are not interested in golfing, please consider becoming a hole sponsor at \$25.00 per hole or donating a door prize.

Thank you for supporting the Plato Lions!

*All Proceeds go to local projects*



[lioncentennialride.eventbrite.com](http://lioncentennialride.eventbrite.com)

# Help send 1,300 Special Kids to Camp

*The Wisconsin Lions Camp is a FREE CAMP for Wisconsin children who are blind, hard of hearing, intellectually disabled or have diabetes*



**food, music & raffles**



## Wisconsin Lions Centennial Ride

September 10, 2016




## Lions District 5M-2 BIKE-A-THON



### Are you ready to ride?

Are you ready to have some fun? Are you ready for the District 5M-2 Bike-a-thon? Are you ready to help our Combat Veterans adjust back to Civilian Life?

Why not answer all these questions with a resounding YES and make plans to ride in the 100-mile Bike-a-Thon that will be held this fall, **Saturday, Sept. 24**. All proceeds and funds raised will go towards our Lions' Project New Hope, which has set up veteran retreat camps around the State of Minnesota.

**Celebrating 100 years of service.  
Riding 100 miles for those who served.**

The Bike-a-Thon is being hosted/planned by the Waterville Lions Club, and the 100-mile trek will take place on the scenic Sakatah Singing Hills State Trail. Depending on the weather, riders will be heading out about 6:30 a.m., thus allowing to be completed by 5:30 p.m. or 6 p.m. that evening. There will be "sag wagons" for relief if needed, fresh water along the way.

A lot of Bike-a-Thons require prior registration--we DO NOT. Often there is a registration fee for participants in marathons--there WILL NOT be a "fee" for ours. Quite often a goodly portion of funds collected go towards administration and / or expenses--NOT OURS as at least 95% of the funds collected will go to help our Veterans via Project New Hope!

For good exercise, a very good time, good fellowship and a lot of fresh air--get that bike out of the basement, garage or storage area and come join us for a Great Time and a Great Cause.

Our Combat Veterans put their lives on the line for us every day. We, as Lions, can lead the way in helping them to readjust to civilian life.



### Support Project New Hope!

Proceeds will provide **FREE weekend retreats for veterans & their families to aid in rehabilitation to civilian life.** Counseling is available.

Questions? Call Jack Webster • 507-339-6465