

SEPTEMBER 2016

www.5m2lions.org



by Lion Steve Wasserman District Governor This has been, by far, the most difficult newsletter article for me to write. Every time I have sat at the computer with the intent to write about "A Legacy of Service" or "New Mountains To Climb" or my District Governor

LEGACY LOG

Goals, my mind has refused to cooperate. Instead, it has always come to focus on my fellow District Governor, Judy Hoofnagle of 5M8. I give up, I have to write about DG Judy.

For those of you who may not have heard, Judy had a massive heart attack and died on August 17. To say that it was a shock would be a significant understatement.

Judy was a wonderfully upbeat, joyful, and caring lion. She had persevered through difficult times as her husband PDG Bob was diagnosed with stage 4 pancreatic and liver cancer. When Bob's doctor advised him not to travel, Judy stayed with him while her fellow (then) DGEs went to the International Convention in Fukuoka, Japan. It was the right thing to do. If you're on Facebook, you may know that we took both Judy & Bob with us to DGE School and the International Convention in the form of their pictures mounted on foam boards. It was important to us that Judy & Bob be a part of our experience. Now I treasure those days even more, knowing that we brought Judy and Bob an occasional chuckle, and realizing that they were some of our last shared experiences.

We held a special installation ceremony for DG Judy at the start of the Council of Governors Meeting in July since she wasn't able to be at the convention to be sworn in by the International President. PID Debra did the honors, and Judy's daughter Cindi removed the "Elect" ribbon from Judy's name badge. We presented Judy with some things we brought back from Japan, including a photo of Lions Bob and Lion Diane Corlew holding Judy & Bob's picture for the official DG photo with the President.

Judy was the only female Governor in our group. At first, she was a little apprehensive about that, but once we all got to know each other a little better, her worries disappeared. She often said that she was lucky to have such a great group of guys as fellow governors. I know that we were the lucky ones to have had the opportunity to serve with her.

I keep thinking of something Judy said as part of her invocation at the Council Meeting. It's a quote often attributed to John Wesley, the founder of Methodism:

"Do all the good you can. By all the means you can. In all the ways you can. In all the places you can. At all the times you can. To all the people you can. As long as ever you can."

DG Judy did just that, and made us all better Lions

by her example. I think God must have heard our Centennial Motto "Where There's a Need, There's a Lion" and decided he needed a Lion in heaven. He could not have picked a better one. Rest in peace, good and faithful servant, DG Judy.



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MOVING FORWARD...AND LOOKING BACK



Nancy Mathwig 1st Vice District Governor

Last month I began to highlight the many, many ways District 5M-2 clubs have touched the lives of youth in our communities and beyond. My intent was to continue that conversation this month; however, I experience something this past weekend that I need to

highlight instead. Stay tuned for October's article to learn more about 5M-2 and youth!

As your 1st Vice District Governor, I had the privilege this past weekend of traveling to Leader Dogs for the Blind in Michigan. Over the years I have learned a lot about Leader Dogs from District chair Lion Shirley Hespenheide and the various Leader Dogs reps at conventions. Nothing prepared me for the actual experience of spending a full day in Rochester, Michigan seeing the whole picture. The facility is wonderful, the staff and volunteers so dedicated and as our afternoon guide pointed out – it does not "smell" like dogs live and work there. It is definitely a facility that Lions Clubs can be confident in supporting.

During the day we heard over and over how important the support of Lions Clubs is to Leader Dogs and has been from the beginning, when it was founded by Lions. For the past 5 years, Multiple District 5M has donated an average of \$152,529.23 annually to support Leader Dogs for the Blind, with third highest donations in 2015 - 2016. During this past fiscal year of 2015-2016, only 19 districts nation-wide received the distinction of being 100% districts, meaning each club in the district contributed to Leader Dogs. I was really proud of District 5M-2 when we were noted as one of the nineteen. Congratulations to Immediate Past District Governor Marv and District Leader Dog chair, Lion Shirley for encouraging each club to consider a donation to this amazing program and to the clubs of 5M-2 for extending your support beyond your communities.

Throughout the day we heard from staff as well as clients of Leader Dogs. I learned that they are putting together a Leader Dog training curriculum on how to travel with the new Argus II implant, the "bionic" eye that we heard about at the 2016 Mid-Winter convention. We also heard about navigational tools available such as GPS, I-beacon and web-based applications for the iPhone.

The most exciting portion of the day was the opportunity to tour the facility and to participate in the blindfold walk with a Dog in Training. I have to admit that I'm not a very trusting person when I cannot see where I am going. Never have done well in dark haunted houses or driving in fog or heavy snow or rain! Putting on the blindfold and letting a dog guide me through hallways, doors and outside was truly an experience for me! I actually did much better than I thought I might, even though I constantly wanted to put my hand out to make sure I wasn't going to run into a wall or door. The walker who assisted with the exercise was great at instructing me on where we were and what to expect also. I have a difficult time imagining the trust in the dog that needs to be present in order to cross a busy street!!!

We were able to view the new canine kennels that have recently been completed. Our guide gave us a comparison of the size of the old facilities such as the veterinary area to the new one and they have so much room in the new areas. I have included a few of the photos I snapped during the tour.

If you have the opportunity to travel to Rochester, MI in the future, stop at Leader Dogs and check it out. The information is amazing!



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Before I close, our history fact for September. The following clubs will be celebrating anniversaries during the month of September:

- Green Isle Lions Club 44 years
- Lake Crystal Lions Club 71 years
- o Mankato Lions Club- 91 years
- Shakopee Lions Club 54 years
- Silver Lake Lions Club 50 years
- Victoria Lions Club 50 years

Congratulations to these six clubs – 360 years of service from just 6 clubs!!! Wow!!!!

BITS AND PIECES



Diana Kroells 2nd Vice District Governor

Where in the world did the month of August go??? Perhaps it went by so fast because I hate to bid farewell to summer or maybe because it was an exceptionally busy month for me. To start the month, I was looking forward to attending Jungle Days and my first Cabinet meeting as 2nd VDG but

was terribly disappointed when I became sick on Sunday afternoon and was unable to even get out of bed on the "big" day. I only got to hear about it from my husband Lion Duane who attended the Cabinet meeting for me. Thank you to the Jordaness Lions for hosting the golf tournament.

On August 2 Lions clubs across the District participated in their town's "National Night Out" by serving various treats, providing games or just showcasing their clubs. What a great way to let the community know what you have been up to the past year. It was a perfect time to ask someone to join your club. Hope some of you took advantage of that and you will be installing some new members soon.

On August 7 I attended the Watertown Leos presentation of a check for \$500 to Leader Dog. It was so interesting to listen to these young Leo members telling about all of the activities they have been involved in this past summer and contributing to their community. I even learned a bit about "Gaga ball". The Watertown Lions matched the Leos donation with another \$500 to Leader Dog. We listened to a great presentation by Lion Bunny, The Multiple Leader Dog Chairperson. 5M2 can be very proud of the Leo clubs that we have.

WHERE CAN YOU FIND DG STEVE IN SEPTEMBER



- Sept 6: Midwinter Convention Planning Committee Meeting, 6:00 pm
- Sept 8: Region 3 Meeting, 6:00 pm, Moose Lodge, Albert Lea
- Sept 12: Region & Zone Chair Online Meeting, 7:30 pm
- Sept 13: Region 1 Meeting, Victoria
- Sept 14-18: USA/Canada Lions Leadership Forum, Omaha, NB
- Sept 20: Zone 2 Meeting, Lafayette (Presidents & Secretaries only)
- Sept 22: Region 2 Meeting, St. Peter
- Sept 24: Bike Ride for Project New Hope
- Sept 26: Faribault Lions Ćlub Visit

In August I attended the funeral of my 30 year nephew (an Iraqi war vet) who suffered from PTSD and took his life. When I received the news about Matt, I sent a message to Project New Hope Chairperson Lion Darlene Wondra and thanked her for her dedication to the project. You just never think that this will happen in your family. Matthew was in treatment but still felt that life was too unbearable to live. He was not alone, about 20 other vets committed suicide the same day he did.

On a lighter note: I suppose you are wondering if I am going to get to the "missing puzzle piece'. Let's just say "I cloned it". I took a photo copy of the box showing the picture of the puzzle and kept blowing it up until it was the right size then I carefully cut out a puzzle piece with a knife. The piece fit perfectly and no one ever knew the piece was missing unless I tell them. Wouldn't it be nice if we could "clone" ourselves some days. Many times we are torn between wanting to be two places at once whether it be 2 Lions events, a family event & Lions or two meetings happening on the same night. I am sure I am not the only Lion who feels this way- we just have so many things we want to accomplish and so little time. Sometimes we just have to give someone else "the opportunity" to take on some of our tasks. Who knows there might be someone in your club who has been waiting to be asked to serve on a committee or help with a fundraising project. Give them a chanceremember everyone is an important part of that puzzle.

Question for next month- how many one thousand piece puzzles do I have hanging in my office?

"No act of kindness, no matter how small, is ever wasted." Aesop

5M2 Awards from LCIF and Leader Dog



IPDG Marvin Grimm with two 100% awards. On Marvin's left is 100% of 5M2 clubs donations to Leader Dog. On the right is 100% of clubs in 5M2 donations to LCIF. I want to thank all the clubs in 5M2 for all their work and effort to gain these awards. They are your

awards as well. So be very proud of what you do.

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Centennial Update

By DG Steve Wasserman, 5M2 Centennial Coordinator

Centennial Service Challenge:

As you can see from the graphic on the right, we are getting **VERY** close to our Centennial Service Challenge goal of serving 100 Million People. The latest total is **99,560,015** people served! What an exciting moment it will be to see that clock pass the 100 Million Mark. We have already exceeded the goal of serving 25 million by "Engaging Our Youth" and "Protecting The Environment". We are also getting close to our goals for "Sharing The Vision" and "Relieving The Hunger".



Centennial Members:

Every new member that joins your club this year is considered a "Centennial Member". They receive a special Centennial Membership Pin and Certificate. Sponsors are also provided a special Centennial Sponsor Pin and Certificate.



So far this year, we have taken in a total of 38 new Centennial Lions. We also inducted 202 Centennial Members last year, and approximately 40 after April 1 of the 2014-2015 Lions Year. Look for those Centennial Membership & Sponsor Pins!

Centennial Community Legacy Projects:

Our International President Bob Corlew's goal is to have 20,000 clubs do Centennial Community Legacy Projects. In order that we do our part, I have set a goal of having 50% of clubs in the district report on Centennial Legacy Projects. So far, according to the Centennial Dashboard, we have five clubs who have reported at total of 6 Centennial Legacy Projects. While finding them on the MyLCI website is proving a challenge, I did see the following:

- The Norwood Young America West Carver Lions purchased a bench to be installed in the Wilkomen park.
- The Shakopee Lions committed a significant amount of money towards the planned "Fun For All Park" improvements at Lions Park.

Now is the time to be planning your Legacy Project. Remember, it needs to be a **"Visible gift to your community that commemorates our Centennial and creates a lasting legacy of your service contribution".** For more information and ideas, see the brochure and FAQ included in this newsletter, or look on the Lions International website.

"Where There's a Need, There's a Lion!"

Centennial Community Legacy Projects FAQ

Q1. What is a Centennial Community Legacy Project?

A1. Centennial Community Legacy Projects are designed to help clubs connect with their communities and create a visible and lasting Lions legacy. With three levels of participation, there's an opportunity for every club to get involved.

Q2. What are the three levels of Community Legacy Projects?

- A2. There are three levels of Legacy Projects, with increasing levels of size and impact. Clubs should choose the level that's right for their club and community:
 - Level 1: Raise Your Community Visibility a public item such as donating a park bench, bike rack or a new sign
 - Level 2: Provide a Community Gift a larger contribution such as refurbishing a park, establishing a community garden or providing medical equipment
 - Level 3: Make a Community Impact a significant community impact such as building a clinic, school, eye-hospital or library

All Legacy Projects should be identified with a sign or plaque indicating the project was donated by a Lions club.

Q3. When can my club complete its Centennial Community Legacy Project?

A3. Anytime during the Centennial Celebration Program, from July 2014 through June 2018.

Q4. Do Legacy Projects qualify for the Centennial Service Challenge?

A4. Legacy Projects qualify if they also provide benefits under one of the four Centennial Service Challenge areas: hunger, youth, vision or the environment. For example, if you build a children's park in your community, you could enter it as both a Legacy Project and as a Centennial Service Challenge activity.

Q5. How do I report my Centennial Community Legacy Project?

A5. You report Legacy Projects just like you report your Centennial Service Challenge activities – by using MyLCI's Service Activity Report, under the *Community and Culture* activity type.

	Community & C	Cultural Activity	
art / cultural event	facility improvement / construction	civic services	education / language / literacy / book collection / book distribution (adult)
drug awareness (adult)	food collection / food distribution / hunger	other community & cultural activity	social / event
clothes collection	life skills / social emotional learning	competition / contest (adult)	reading action program / RAP (adult)
ports / recreation event / camp (adult)	centennial community legacy project Level 1	centennial community legacy project Level 2	centennial community legacy project Level 3





Connect with your community by planning a **Centennial Community Legacy Project** during our Centennial Celebration. Legacy Projects are visible gifts to your community that commemorate our Centennial and create a lasting legacy of your service contributions.

Plan Your Legacy Project

All Lions clubs around the world are encouraged to complete a Legacy Project by June 30, 2018. With three levels of participation, there's an opportunity for every club to get involved.

Promote Your Legacy Project

Your Legacy Project is an opportunity to showcase your project and club to the community. These tips can help you maximize this great PR opportunity:

- **Dedication Ceremony** Host a dedication or ribboncutting ceremony and invite your community and media to attend.
- Social Media Share your project on social media and ask your community to share photos at the site of your Legacy Project. Use the hashtag #Lions100 on all your Centennial posts.
- Local Media Send out a press release or ask a reporter to help tell your story.

Report Your Legacy Project

Be sure to report your Legacy Project using the MyLCI Service Activity Report, under the *Community and Culture* activity type. Clubs can earn a special banner patch, and select projects will be featured on the LCI website, social media and LION Magazine.



Start Planning Your Legacy Project Today!

Choose from the project ideas below or create your own to address specific needs in your community.

Raise Your Community Visibility

- Post new Lions signs
- Donate a park bench
- Dedicate a statue
- Sponsor a fountain in a local park





Provide a Community Gift

- Refurbish a park or playground
- Build a footbridge over a busy road
- Fund resources for the visually impaired
- Donate a vehicle to a community organization







Make a Community Impact

- Build a clinic
- Expand a library or school
- Develop a training center
- Equip an area hospital





All Legacy Projects should be identified with a sign or plaque indicating the project was donated by your Lions club.

Choose your project and start building your Lion Legacy today! Visit Lions100.org to learn more.







September 15 – 17, 2016

USA/Canada Forum

We are looking at getting a bus to take all interested Lions to the Forum in Omaha, Nebraska. We would leave at noon on September 14^{th} arriving in Omaha that night between 9:00 - 10:00 pm. The forum starts the next day and this way everyone will be well rested for the festivities planned for the forum.

The cost of the bus will be \$95.00 a person and that includes departing from Frazee, MN or Fergus falls, MN (we will be including stops along the route to pick up Lions from other Districts) and dropping off at the Hotels listed by the forum committee and pick up on Sunday morning starting at 8:00 am arriving back in Frazee at approximately 5:00 – 6:00 on Sunday afternoon.

If you are interested in going to the forum and traveling by bus and enjoying the comradery of fellow Lions, please notify IPDG Jay as soon as possible so we can see if we can get enough interest so we can make this work. In order to secure a seat on the bus please send a \$25.00 deposit (non-refundable unless the bus is cancelled) to guarantee a spot on the bus. If we cannot get enough people signed up by September 1 we will have to cancel the bus.

If you have never been to a USA/Canada Forum this is a perfect opportunity for you to learn more about Lions and have a lot fun doing it. This is going to be one of the closest forums to us for a while, so take advantage of going and not having to drive.

We of course will have some fun and games on the way down.

For more info or to get your name on the list contact;

IPDG Jay Norby 1021 5th Ave NW Perham, MN 56573 (218)298-2140 <u>ljnorbs@eot.com</u>

5M2 LIONS' NEWS NEWSLETTER DEADLINE: <u>15TH OF EACH MONTH...</u>

Submit your club events and Lions program articles to: 5m2newslettereditor@gmail.com

LEADERSHIP



PID Debra Wasserman GLT Coordinator As Lions, we have many opportunities to develop, enhance and demonstrate Leadership skills. My July GLT article highlighted a

number of opportunities in the areas of skill development and enhancement. So what might doing that lead to? The next step might be to demonstrate your leadership skills, AND there are many opportunities to do just that.

- Chair a service project or fundraiser in your club
- Hold a club office such as Secretary or President
- Serve as a Zone Chair
- Work in a program area and/or hold a position on the District Cabinet
- Start on the District Governor path by running for 2VDG.

Viewing Forward

MN Lions Vision Foundation

As you may be noticing, our articles are currently focusing on the many aspects of the Vision Foundation. This month our focus is the Lions Research Building. Opened in 1993, the Research Building is home to physicians and research scientists who develop the treatments and cures for eye diseases. Eye donations are critical. Almost anyone can be an eye donor; diseases and medical conditions do not prevent donation. Professional research of diseases like macular degeneration, glaucoma, diabetic retinopathy and more are all projects.

A quote can say so much. I have a small spinning top, made in several layers of colored woods, given to directors by the MLVF staff. The top was made by David Dunn, a corneal transplant recipient and accomplished woodworker. His quote: "To get up each day and be able to see the vivid colors and all that's going on around us is a gift so easily taken for granted. I am blessed to have had that gift returned to me." Research and surgery. We are honored to provide funds for research equipment and research fellowships.

Thanksgiving for Vision is scheduled for October 29. This is a wonderful opportunity to hear about research and the gratitude resulting. Soon club presidents and new Helen Keller recipients will If you want to learn a bit more or a lot more about some of the above opportunities, the Global Leadership Team would like to hear from you. We are looking at having a session during the MidWinter Convention to share information about these and other leadership opportunities available to Lion members. If you are interested or think you might be interested, please drop me an email (LionDebra@Charter.net) or catch me at an upcoming Region meeting. Connecting with me doesn't commit you to anything. It will give me an idea if there is at least some interest in the topic. Remember information is power and knowing the facts is always the best way to make an informed decision about taking (or not taking) a new step.

I'm looking forward to seeing you at the Region meetings and on DG Steve's official club visits and at other club events.

receive invitations to this event. You will want to have some members of your club take in this morning of knowledge followed by a good luncheon.

Together, "WE SERVE" continues. Remember that Lions Diana and Mary are your Vision Foundation reps willing to visit your clubs – dianakroells@ embarqmail.com or mkspille@embarqmail.com.



A visit to the Lions Children Eye Clinic. Interesting to know: Children are not able to be vision checked via the standard "E" chart. They do best in special suites designed with color and a monitor at the end of a long tunnel. Pictures were taken midway between the chair and monitor which shows simple picture images.

THE 9TH ANNUAL 5M LEO LEADERSHIP CONFERENCE "THE YOUTH,"

MD5M Leo Leadership Conference 2016 / Camp Friendship - Annandale, MN



WHEN October 7-9, 2016

WHERE Camp Friendship Annandale, MN

CONTACT

Pete Yelle 1415 81st Avenue NE Spring Lake Park, MN 55432 763-600-5055 pyelle@district16.org

COST

\$100 Leo Member and Lions Members

\$120 Non- Leo Members

Includes all meals, lodging, training, materials and activities

REGISTER View the registration form on the reverse side.

SIGN UP TO JOIN US OCTOBER 7-9 YOUNG PEOPLE COMING TOGETHER

Young people explore the issues of community involvement, ethics and contributing locally and globally. Participants are challenged by outdoor, experiential, and service activities, and learn to communicate and solve problems with a diverse group of peers.

Leo Leadership Conference combines physical activities, with intellectually stimulating seminars, small group interactions and reflection time to empower young people to lead and serve in their home communities and beyond.

TENTATIVE SCHEDULE

FRIDAY, OCTOBER 7

4-6 p.m. arrival and registration6-7 p.m. dinner7-10 p.m. team building, ice breakers

SATURDAY, OCTOBER 8

8-9 a.m. breakfast
9 a.m.-noon workshops
12-1 p.m. lunch
1-5 p.m. obstacle course
6-7 p.m. dinner
7-9 p.m. skits

SUNDAY, OCTOBER 9

8-9 a.m. breakfast
9 a.m.-noon service project
12-1 p.m. lunch
1-2 p.m. closing and pictures



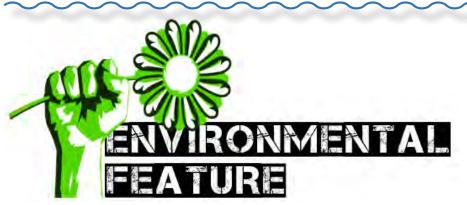


CAN DO CANINES WOOFAROO

Are you free Saturday, Sept. 17, 2016? Join us with your family, friends and well-behaved pups at our annual Can Do Woofaroo and Dog Video Festival! Every dollar raised goes towards providing freedom, independence and peace of mind for someone with a disability in our Minnesota community. The Woofaroo fundraising walk begins at 11 a.m.



Interested in attending only the Dog Video Festival? Tickets are \$10 and can be purchased via <u>http://goo.gl/</u> <u>LoAQKO</u>. The video part of the festival kicks off at 1 p.m.! We're so excited for you to join the fun! You can learn more about the Can Do Woofaroo and how to participate at www.candowoofaroo.org.



EACH MONTH A DIFFERENT "ENVIRONMENTAL

FEATURE" WILL APPEAR IN THE NEWSLETTER TO HELP CLUBS EXPAND IDEAS FOR POSSIBLE ENVIRONMENTALLY FOCUSED VOLUNTEER OPTIONS/AREAS OF FOCUS.

STATE TRAIL MONITORS:

http://www.dnr.state.mn.us/volunteering/statetrails/index.html

State Trail Monitors work with the Park and Trails Council of MN along with other local trail associations/ clubs to help maintain local trails. Clubs would be able to commit to local sites and then set times to meet and clean that work for the individuals of the club. The DNR website listed above outlines steps in becoming involved which are as follows:

- 1. **CONTACT THE DNR**: contact the DNR supervisor for the MN state trail you would like to volunteer on
- 2. COMPLETE REQUIRED FORMS (found on the DNR website)
- 3. **NOTIFICATION OF AUTHORIZATION**: clubs will be notified when approved as state trail volunteers
- 4. **RECORD YOUR TIME**: records will need to be kept and reported to your DNR supervisor regarding location/sections monitored, dates, and hours

Volunteering as clubs to keep local sections of state trails tidy on a schedule set by a club is a great way to help keep local trails clean while also being visible in the community as a club working towards bettering the environment and the areas we serve.

DREAM CATCHER NEWS MN Lions Diabetes Foundation, Inc.



"Catch the Dream" Life Without Diabetes! www.mnlionsdiabetes.org |www.facebook.com/MinnesotaLionsDiabetesFoundation 2016 Fall

Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

Foundation News

Lions We Have an Opportunity for You --

Are you the Lion in your club who is interested in being our MN Lions Diabetes Foundation "Diabetes Awareness Champion"?

We need YOU to help us with Diabetes Awareness in your club and in your community! We have the organization plan done for you... All we need is your willingness to share our messages in your club. Your understanding of your community will help us spread awareness even further.

Contact your district Trustee for information.

Welcome To Our New Trustees

We would like to welcome DG Dennis Heinen from 5M4 who will be our Liaison this year, and the incoming Trustees: Lion Diane Tlougan from 5M1, Amy Swensen from 5M4, Joel Anderson from 5M7, Chari Buhman from 5M9, Kim Peters from 5M11. Welcome back to all returning Trustees and Executive Secretary PCC Bill Bard. We look forward to attending all the clubs in MN to share the MLDF story.

Our Web Site

The MN Lions Diabetes Foundation has a new web site. You can find us at the same address. We updated the site with a new look, added a lot of new information, and put everything in a very user friendly format. You will find helpful information for people living with diabetes, information on how to help support our mission of finding a cure for diabetes, and lots of pictures of award winners and fundraising efforts. Check it out at: <u>mnlionsdiabetes.org</u>



Spotted at the Vadnais Heights Farmers Market. Healthy Living includes fresh produce.

World Diabetes Day – MLDF Diabetes Education Planning for 2016

With the success of the 2015 World Diabetes Day -Diabetes Education behind us, we are gearing up to host more sites this year. So far we are planning to be at 10 sites throughout the state. Several of these will be inside Walmart stores, and some will be in community grocery stores. This year we will be working with many of the same partners including: Walmart, Novo Nordisk, American Diabetes Association, U of M Extension Supplemental Nutrition Assistance Program Education (SNAP-ED), local Health and Fitness Organizations. Our Trustees will be looking for your help to greet customers and share diabetes education materials and information on healthy life styles. Locations will have four different stations of information. We would like to see Lions from each club attend this event to see how easy it would be to host a Diabetes Education event in more communities across MN. The 2015 results and

comments from those that attended tell us this is a valuable service for folks in need. Get involved by contacting your district trustees for more details.

Dream Catcher Calendar Fund Raiser

MLDF 2017 "Catch the Dream" - Life Without Diabetes! Calendar Fundraiser. It's not too late to get your spot on the 2017 Calendar. By purchasing a spot you will be supporting diabetes research to find a cure. Honor someone special or post your club's activities –you can pick from 365 days for your spot.

Option 1: For \$100 (\$90.00 tax deductible) you can:

1) Choose a person's name, honored Lion, award winner or a family member who is special, or showcase a special event to be recognized in our printed calendar,

2) This name or event will also be posted on the MN Lions Diabetes Foundation, Inc. web calendar and the

3) Printed calendar and a Dream Catcher Pin will be mailed to the designated person.

Option 2: For \$200 (\$190 tax deductible) you will:

Receive Option 1 package plus your 50 word message and picture on the MLDF Facebook page. A great way to show that special someone you care!

More details can be found at our website <u>www.mnlionsdiabetes.org</u> or contact your area Trustee.

Students and Diabetes

guide/Pages/publicationdetail.aspx

Diabetes is one of the most common chronic diseases in school-aged children, affecting about 208,000 young people in the United States. Research shows that wellmanaged blood glucose levels not only can help young people stave off the long-term complications of diabetes but also help them feel better, happier, and more productive at school. In a supportive school environment, where school personnel understand the needs of students with diabetes and can respond appropriately in emergency situations, young people can manage their diabetes effectively throughout the school day and at school-sponsored activities. A Guide for Families and School Personnel can be found at http://www.niddk.nih.gov/health-information/healthcommunication-programs/ndep/health-careprofessionals/schoolMark Your Calendars ----

Tour de Cure Rochester – October 1, 2016 ADA Expo in Minneapolis - October 15th, 2016 UofM Diabetes Research Update – April 8th, 2017



Thank you to the Sherburn and Jackson Lions Clubs of 5M3 for hosting their second annual "Lions Golf Tournament" and donating \$3,500 in profits to our MN Lions Diabetes Foundation! Sixty Lions and community members "Golfed for Diabetes" and area businesses and individuals sponsored holes and donated prizes for a silent auction and raffle! Come join in the fun next year on Friday, June 9, 2017! Watch for the ad in our new MLDF 2017 Calendar!



Celebrating Discovery, Innovation and Progress diabetes.org/75years

THERE ARE ONLY 2 MONTHS UNTIL THE 2016 DIABETES EXPO!

Register today for the American Diabetes Association Diabetes EXPO on Saturday, October 15, 2016 at the Minneapolis Convention Center. The EXPO is FREE to attend and will include multiple exhibitors with the latest products, resources and information on diabetes.

For more information on the event visit the Diabetes EXPO website at http://diabetes.org/expominneapolis.

Be sure to share the EXPO news with your friends, family and co-workers. Forward this message to others who may be interested in attending and they can visit http://diabetes.org/expominneapolis to register online and receive up to the minute information on the EXPO.

WE CAN'T WAIT TO SEE YOU AT THE EXPO!

Celebrating Riding



years of service miles for those who served

Join the Great Project New Hope Bike-a-Thon – A Lions International Centennial Event For the Bike-a-Thon of your life join the 5M-2 Lions on SATURDAY, SEPT. 24 – for a Great Cause

This Bike-a-Thon will be a 100 mile Bike-a-Thon on the beautiful Sakatah State Trail, traversing from Faribault to Mankato. The west end of the Trail may be under construction in late summer so we will travel the trail only from Faribault to Eagle Lake, back tracking a couple of times in order to reach the 100-mile goal.

The actual route is: leave Waterville (starting point is the parking lot south of the school and just north of the Catholic Church right on the Sakatah Trail route) about 6:15 or 6:30 a.m. for Faribault, arrive to meet Gov. Lion Steve and Lion Debra along with other Faribault Lions (at the DQ/Country Kitchen parking lot) about 8 a.m. or sooner. Head back towards Waterville and continue on west to the Eagle Lake turnoff. Along the way there will be parking lots (adjacent to the Sakatah State Trail) at Elysian and also Madison Lake (adjacent to the Trail and also a great restaurant for those who desire lunch) where riders from outlying Lions/Legion Clubs could join up or start their own 'journey' in whichever direction they please. From the Eagle Lake area the group will head back to Faribault with stops along the way at designated 'parking lots' for water and possibly energy bars as desired. When the Faribault parking area is reached (for the second time) riders will return to the original starting point in Waterville for the grand finale of the 100-mile ride!

At the conclusion of this Tremendous Day, the Waterville Lions Club will host all riders and anyone else involved on Saturday to a Grand Picnic at the Fire Hall on Main Street, two (2) blocks west of the stop sign on Main Street. (note to Lions Rick and Mary---you DO REMEMBER what a stop sign looks like, don't you?) We expect the last riders to arrive at the starting/finishing point in Waterville (parking lot south of school/north of Catholic Church) around 6 or 6:30 p.m. We would expect the picnic to be ready about 6:30 so make an effort to complete your ride by that time.

I would like to stress a few things about this Bike-a-

Thon Fundraiser: It is not a race; it is not a 'must' that all riders complete the full 100-mile course; riders can join at any point along the route and ride as far/long as they desire; in fact it would probably be better if not too many riders rode 'as a group' due to other riders using the trail'; there will be shirts of all sizes, complete with Bike-a-Thon logo, available at all points along the route as long as the supply lasts-\$10 per shirt; and it is stressed THAT ALL RIDERS REG-ISTER IN WITH LION LORI KLEIN at the Waterville site sometime during the ride. Lion Lori has graciously agreed to act as the main contact person for this event the day of the Bike-a-Thon to register all riders, collect all donations/pledges/monies from riders and clubs. Also when you sign in with Lion Lori, please give her the name of your club or organization so all can receive recognition. Lion Lori will also have the majority of the shirts at her location-and for \$10 it would make a great memento of a Fabulous Fundraiser.

A couple of other things to remember: as I said earlier this is not a race-the only winner is Project New Hope and our Combat Veterans. Also rest assured that 100% of the funds collected will go to aid our Veterans at the week-end Retreats for our returning Combat Veterans and their families.

Just as important as collecting funds for this project is that WE MUST GET THE WORD OUT TO OUR COMBAT VETERANS WHO NEED HELP IN AD-JUSTING TO CIVILIAN LIFE SO THEY CAN AT-TEND THE FREE WEEK ENDS OFFERED BY OUR CAMPS. We urge all Lions in the District to contact any and all Service Clubs in your area and tell them about these camps.

If you are using gambling funds to make your donation, make the check out to PNH Lions Foundation of Minnesota. Otherwise make the check to 5M-2 Lions, and write in the memo space (lower left on check) PNH Bike-a-Thon. Exception: When you buy your Bike-a-Thon shirt, if you are not paying in cash please make the check to the Waterville Lions Club. Lion Webster's daughter Robin ordered and paid for the shirts so we want to pay her back as soon as possible. Please---cash only or by check to the Waterville Lions Club. Thank You.

JUNGLE DAYS



The Jordaness Lions would like to thank everyone who came out to participate in and support the annual Lions Jungle Days golf tournament! We were honored to spend a lovely August day with 26 teams and 102 golfers. Congratulations to the Norwood Young America Lion golfers for taking first place! We've included a few photos of the event, but invite you to visit our Facebook page for photos of all of the teams!



Bike-A-Thon continued from previous page

The first 'Fund Raiser' for the Bike-a-Thon is the sets of 25 pins we will be selling at the Region Meetings in September. \$25 per set and each purchase will give you a chance to win the set of Beautiful PDG Pins (complete from 1981 with only three missing because those Governors did not have personal pins. Don't miss out . . .

REMEMBER:

Saturday, Sept. 24 Project New Hope Bike-a-Thon.

Register in with Lion Lori sometime during your ride!

100% of the Funds raised will go to help our returning Combat Veterans Starting and Finishing Points are in Waterville, parking lot south of school/north of Catholic Church.

Register in with Lion Lori and give her all monies collected, your name, club or address.

You do not need to ride the entire 100 miles – you can start your ride anywhere along the route and ride as far or as long as you desire.

Notify ALL Veterans in your area about the Weekend Retreats available to our Veterans and their families. Counselors are available if so desired.

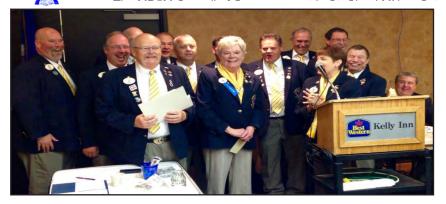
This is not a race – the only winners are our Combat Veterans!

The Picnic will begin serving about 6:30 p.m. at the Waterville Fire Hall on west Main St.

MD5M

MD5M First Council of Governors Meeting





Lion Cheri Appel, MD5M PR Chair

The MD5M Council of Governors met in St. Cloud MN on Saturday, July 23, 2016 at the Kelly Inn. The Council consists of all 12 District Governors along with the Council Chair Lion Todd Neumann. The Council meets 4 times a year to review MD5M Lions business. This was the first meeting of the Council since they took office at Fukuora Japan on June 27th. One District Governor from 5M8 Lion Judy Hoofnagle was unable to attend the Lions Club Inter-

national Convention so a small ceremony was held for Lion Judy to install her as District Governor for 5M8.

International Director Bruce Beck (2016-2018) reported that 37,000 Lions attended the International Convention. ID Bruce will serve on the Constitution/Bylaws Committee for Lions Clubs International. The new officers for LCI are: International President Robert "Bob" E. Corlew from Milton Tennessee; First Vice President Naresh Aggarwal from Delhi India; Second Vice President Gudrun Bjort Yngvadottir from Gardabaer Iceland; Third Vice President Jung-Yul from Busan City Republic of Korea.

The meeting started with the passing of the gavel from Past Council Chair Kathy Jensen to Council Chair Todd Neumann. It was announced that PDG Bill & PDG Donna Mae Landwehr from 5M8 have established 9 new lions clubs in our Multiple this past year. This year they have started 2 new clubs in the Multiple. CC Todd informed us that IP Bob Corlew's is asking us to foster peace throughout the world so CC Todd is asking each District to host a Community Peace Project.

We now have 21,523 Lions in MD5M as of June 30, 2016 stated MD5M Global Membership Chair PDG David Dominick. Awards were given to Districts for: Member Retention- 5M3; Women Net Gain-5M5; Most Women- 5M10 40%; Out of Transition- 5M10 & 5M3; Highest Plus in Membership- 5M10; Most New Members- 5M9 with 286; New Club Award- 2 new clubs 5M4 & 5M9; 1 new club- 5M11, 5M1, 5M5, 5M8, 5M10; Best Year in Membership- 5M10.

A bus is being chartered to take Lions to the USA/Canada Forum in Omaha Nebraska on September 14 which will start in Frazee MN. For \$95.00 56 Lions can ride on this bus with various pick up points throughout the state of Minnesota. Check your District/Multiple websites & District Newsletters for the registration form. Dress code is casual & comfortable even at the evening banquets with no formal wear needed.

The District Governors voted to continue with assisting the Oral Health Initiative. They received information from 5M3 PDG Dan Snobl and Cris Gilb, Director for Health & Human Services in 6 counties in SW MN. Pediatricians/General Practitioners have started working with this organization in doing baby checks for dental problems and referring the child to Dentists for cavity care. The biggest problem is many DDS refuse to treat young children especially those on medical assistance. In Southwest Minnesota there are 26 DDS with only 3 who will take medical assistance patients. Children should visit the dentist for the first time by the age of 1. A mouthful of decay can cause death. We need to prevent cavities.

Vision Honduras was presented by PDG Orville Trettin Letter who asked for support to send volunteers to Honduras in January. It costs a volunteer \$600 trip expense along with \$750 living expense while working in Honduras. This will be their 9th trip with over 10,000 pairs of eye glasses and sunglasses being given away. They are in need of volunteers and donations. Since this is not an MD5M project, it was approved for District Lions to help out.

Sending a Marching Band to the International Convention Parade in Chicago was discussed by PDG Keith Johnson. He has 2 bands who maybe going. Financial costs were discussed. We have money in our Parade fund to send both bands for the 100th Anniversary Celebration. It was voted in favor to send both bands, using 1 band for another country who will pay to have a band march with them. A short discussion was then held on the 2018 International Convention Parade in Las Vegas, Nevada.





The Centennial Committee is receiving money from LCI with matching funds from the MD5M Multiple. This money will be used at the Mall of America on Saturday, June 3 in the afternoon for a Lions Celebration for Lions 100th Anniversary. Everyone is asked to attend this event.

A visit from the International Youth Exchange delegation invited the Council of Governors and guests to their International Supper. A dish is made by each student from their home country and shared with everyone in attendance. Twenty eight youth from 16 different countries were visiting Minnesota and participating in Camp Spicer.

Lions Minnesota Hearing Foundation reported that \$118,000 was raised so far for the D-Feat Hearing Loss with \$132,000 total pledged. A new fundraiser is coming out to each club to update the busy University of Minnesota facility with state of art equipment. "\$100 for 100 years" is a campaign where each Lions club will receive a box to donate to this event.

We will not be receiving MD5M Directory disks this year. The company that we receive the disks from is having problems with their program working with the new Windows 10/Office program. A PDF version of the directory will be available via email so a hard copy of Districts, Clubs and Presidents/Secretaries will be available but there will be no directory available to access all Lions members in MD5M. Please do not share the information in these directories for they are not to be used for solicitation.

The Minnesota Lions Vision Foundation is hosting their annual Minnesota State Fair booth. There are 46 shifts – 36 shifts have 2 volunteers manning the booth. Five shifts have 1 volunteer and 5 shifts have no volunteers. Please check with your District Chair if you can volunteer at the booth. New equipment for the first eye surgery suite is being installed at the U of M with hope for 4 or more in the near future. There will be a name change coming in the near future because our area now extends beyond Minnesota. There are 1,165 Helen Keller Awards available. If your club is one of the clubs with an award available (check with your District Chair on this) please consider awarding this to someone in your club or community.

The GMT's theme for the year is "Invite for Impact" which involves 3 steps: Chartering, Retaining, Recruiting. "Grow more to serve more".

LCIF- MD5M is number 2 in donations to LCIF in the United States, California being in first place. Club participation in MD5M was at 87%. For every district that has 100% participation in donating to LCIF in 2016-2017 Multiple Chair Lion Bert Nelson will donate \$100.00.

KidSight approached MLVF with a request for \$100,000 in their effort to purchase eye screeners of pre-school children in all districts of MD5M. MLVF agreed to help them once they present MLVF a written grant request, get a tax ID, have a bank account and become 501(c)3 qualified.

Leader Dogs for the Blind made their goal of \$14.5 million to build kennels. A bus trip in the spring from MD5M is being planned to travel to Rochester Michigan to tour the new facility. Eighty six people were trained in white cane use which is the first step in being considered in receiving a dog.

MN Lions Diabetes Foundation is planning a tour of their Research building on April 8, 2017. A new website will coming that will list upcoming events.

The upcoming Multiple Convention for April 21-23, 2017 in Bemidji already has 155 Lions pre-registered. Cost is \$110.00 until March 1.

The Winnipeg Host Committee announced a calendar fund raiser for their convention in 2018. Each district is asked to sell 166 calendars (3 calendars per club) to help with expenses. This calendar will be an 18 month calendar.

Special Olympics completed their "Opening Eyes" in June. They screened 459 athletes, gave out 460 pairs of sports glasses using monies from an LCIF grant.

ND5M



Have you ever wanted to attend the USA/Canada Lions leadership Forum and either did not have the time, four days, or the money, over \$700 dollars?

But you really want to hear some exciting speakers, learn more about our organization and get ideas on how to increase your leadership ability or learn new ways to keep your club strong and help your communities?

Then the Northern Pride lions Leadership Forum is for you!!!!

One day, or come in Friday night for a great meet and greet mixer. Only \$164 includes registration fee and one night hotel. Fee also includes lunch and dinner on Saturday and a free gift.

Choose from 36 great seminars and hear two dynamic speakers, PID Robert Littlefield and PID Brian Sheehan.

So come and join other members of our Lions family in Mahnomen MN November 11 and 12 2016 for great company, networking and knowledge.

You can find the registration form and seminar schedule at:

http://www.lionsmd5m.org

Northern Pride Lions Leadership Forum

	© <u>Northern Pride</u> Lions Leadership Forum		
Hosted by MD5M Lions	November 11th - 12th, 2016	"Meet your fellow Lions from Wisconsin, Nebraska.	
	Shooting Star Convention Center, Mahnomen MN US	Jowe Seekstehowen	
	2016 Registration Form	Dakota, Manitoba, NW Ontario and Minnesota."	
Your Distri	ict & Club Name:		
Name & Title _		Registration form at http://www.lionsmd5m.org ALL costs are in USD Canadians are asked to send USD money order to PDG Cheryl	
Address			
City/Town			
State/Prov.			
Zip/Postal _			
Phone (w / area co	de)		

Special Dietary Needs: Vegetarian, Gluten Free, Allergies (circle ones that apply)

Registration Fee \$99.00 USD

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: Northern Pride Lions Leadership Forum

US residents mail to:

Email



PDG Dave Jensen, 32549 Co Rd 11 Wendell, MN USA 56590-9771 R. 218.458.2428 C. 218.770.9410

C. 218.770.9410 E. <u>oakstuff@runestone.net</u> Canadian residents mail to: Send USD money order



PDG Cheryl McKitrick PO Box 340, Crystal City MB Canada R0K 0N0 E. <u>cemckit@gmail.com</u> R. 204.873.2091 C. 204.825.8073

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Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at <u>cdk3inc@outlook.com</u>

Hotel Reservations - Contact the hotel directly - Rate \$65.00 USD per night (+ taxes) Until October 30th, 2016

Shooting Star Hotel & Casino, Mahnomen, MN - call 1-800-453-STAR and ask for block #71.

This block is called "Northern Pride Lions Leadership Forum"



2015-2016 FOLLOW UP!

5M2 had an AMAZING first year of involvement in the Lions Environmental Photo Contest! 2015-2016 was the first year our district participated and had 19 gorgeous photos to select from. Following are the results from 2015-2016:

1st PLACE: Lion Dave Sunderman: LeSueur Lionswinner of \$100 prize

The winner of 5M2 automatically is entered to compete in 5M Multi District; in 2015-16 Lion Dave's photo advanced to 5M, won 5M, and was advanced to the International Competition!



Thank you for all the clubs that participated in 2015-2016 (NYA West Carver, Cannon Valley, NYA Lions, Courtland Lions, Silver Lake Lions Club, Alden Lions, LeSueur Lions, Gibbon Lions, Ellendale Lions, Mankato Sunrise Lions, Albert Lea LakeView, Mayer Watertown Dandy Lions, Hamburg Lions, Carver Lions, Arlington Lions, Green Isle Lions, Faribault, Waterville, Plato) and we hope to see 100% club participation in the 2016-2017 year!

2nd PLACE: Lion Sandy Posusta: Siver Lake Lions



3rd PLACE: Lion Kathleen Bleckeberg: Alden Lions



Calling all Lions!

Join in on the Lions Environmental Photo Contest!

We are looking for photos from all 5M2 clubs (one photo per club) along with volunteers to help judge the final submission to be sent to 5M Multidistrict!

Photographers need only snap the perfect shot and submit it by December 31, 2016 and judges need only check their email for a voting form near the start of the New Year!

Those interested in either mode of involvement can inquire for further details to Lion Evelyn Grimm and Lion Kate Pattison at lions5m2photocontest@gmail.com

The Lions Environmental Photo Contest provides a way for Lions to portray, through an original photo, their pride and commitment to improving, protecting and preserving the environment.

Photos should focus on the following themes:

Animal Life Landscape (urban or natural) Plant Life Weather Phenomenon

All photos must be submitted with the form on the following page:



2016-2017 DISTRICT 5M2 PHOTO ENTRY FORM All submissions due by December 31, 2016

DISTRICT_____ CITY OF CLUB______ STATE_____ NAME OF LION PHOTOGRAPHER ______ LIONS CLUB OF PHOTOGRAPHER ______ EMAIL ADDRESS OF PHOTOGRAPHER

Please enter this photo into the following category (select only one):

□ Animal Life

□ Landscape (urban or natural)

□ Plant Life

 $\hfill\square$ Weather Phenomenon

Please note: Only one photo will be accepted from each Lions Club in the 5M2 district

CERTIFICATION

I hereby certify this photo as the official entry from my individual club. By signing below I certify the photo is an original, unaltered photograph taken by myself and I grant permission for the Lions Environmental Photo Contest to use my attached photo for submission to further judging and any other showings and uses.

Club President (please print) _____

Club Secretary (please print) _____

Photographer's signature _____

8"x10" printed submissions must be mailed to the following by December 31, 2016: Lion Kate Pattison 326 E. Pleasant St #3 Mankato, MN 56001



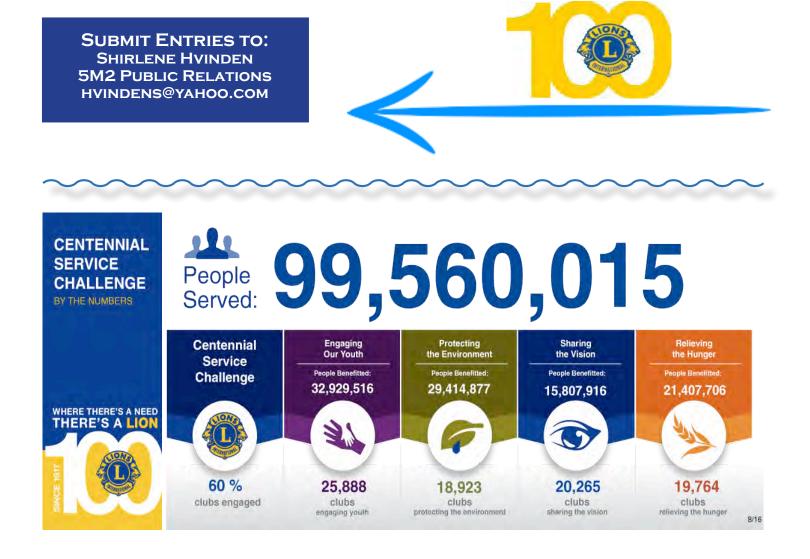
Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2017 & 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2017 & 2018 Multiple Convention. Top winning Club will receive \$500.00.

Contest will run from July 2016- December 31, 2017 and January 2017 – December 31, 2017.



LIONS' CLUBS NEWS AND ACTIVITIES LAFAYETTE LIONS

CROSSING DISTRICT LINES AT THE NEW ULM DIABETES WALK

The 2nd Annual New Ulm Diabetes Walk will be held Saturday, October 1 at the New Ulm Civic Center, on the Brown County Fairgrounds in New Ulm. This event – which crosses district boundaries – started in 2015 with the Lafayette Area Lions Club (5M2) and the New Ulm Lions Club (5M3) teaming up to put on a fundraising event to benefit the Minnesota Lions Diabetes Foundation.

Last year, the clubs raised over \$6,500 for the Foundation. The goal this year is to exceed that amount.

Registration will begin at 8:00 a.m., with the walk taking place between 8:00 and 10:00 a.m.

Lions Clubs in District 5M2 are encouraged to participate in this event—either by attending or by making donations. Those attending are encouraged to wear their Lions vests or other Lions apparel. Donations should be made to Minnesota Lions Diabetes Foundation. If unable to attend the day of the walk, donations can be sent to Lions Robert Wise at P.O. Box 146, New Ulm, MN 56073. Lafayette Area Lion Joe Maidl received the Legacy of Service Award last week. The award, presented by District Governor Steven Wasserman to one member of each club in the district, was to be presented when Wasserman made his official District Governor's Visit to the Lafayette club last month. Maidl was unable to attend that event so Lafayette president Elmari Kamm made the presentation August 9.

Club recipients are nominated by club presidents as members who exemplifies the Lions Centennial Motto of "Where There's a Need, There's a Lion." Nominees are dedicated members of their club who regularly volunteer to help at service projects and fundraisers while not necessarily seeking the limelight. Maidl received a framed certificate and District Governor Steve's personal pin.



HAMBURG LIONS

Lion Bruce Gruenhagen of the Hamburg Lions presented bikes to Jackson Wolter and Kyle Petersen at the clubs first National Night Out Bike Giveaway.





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VESELI AREA LIONS FUNDRAISER

Vomacka Soup and Zelnicky at **Dozinky Festival in New Prague**

> Sept 16th 5pm to close Sept. 17th 11am to 5pm





SATURDAY

September 24 FROM 4-8 King Pin Pub

PLATO LIONS will be serving Brats, Sauerkraut, German Potato Salad, and Apple Dessert.



Proceeds to go to LOCAL

COMMUNITY PROJECTS

For good exercise, a very good time, good fellowship and a lot of fresh air--get that bike out of the basement, garage or storage area and come join us for a Great Time and a Great Cause.

ROJEC NEW HOPE Our Combat Veterans put their lives on the line for us every day. We, as Lions, can lead the way in helping them to readjust to civilian life.

Support Project New Hope!

Proceeds will provide FREE weekend retreats for veterans & their families to aid in rehabilitation to civilian life. Counseling is available

s? Call Jack Webster • 507-339-6465

