

## 5M2 Co-chairs:

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### More information available at:

www.mnlionsdiabetes.org

## Catch the Dream: Life Without Diabetes

The Minnesota Lions Diabetes Foundation is founded by the Lions Clubs of Minnesota and their dedicated volunteer members who are strongly committed to improving the lives of people with diabetes by raising funds and collaborating with partners to do diabetes research, diabetes education, and sponsor preventative health activities that provide a caring and valued community service while helping to find a cure for diabetes.



# The Dream Catcher Legend

As the legend goes, the Dream Catcher was used by the Woodland Indians and was hung in the lodge (near the bed). Its use was to catch dreams, good or bad. The bad dreams would get caught in the webbing and would be held there till first morning light, then burn off. Now, the good dreams were caught, and knowing their way to the hole in the center, would filter down into the feathers and be held there, only the return another night, to be dreamed.

### **Dream Catchers**

The Dream Catcher Award is given to a person, club or organization that has worked to improve the lives of people with diabetes and others. Local Lions Clubs may give this award when they have donated \$1000 to the Foundation.

