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Conflict Resolution

A Pillar of Success

Objectives

- Determine what is a conflict
- Review common causes of conflict
- The different types of conflict
- Understand the different conflict handling modes
- Understand the benefits of a conflict
- Know some methods of resolving conflict
- Look at negotiation and some of its components
- ► Look at mediation and some of its components

What is a conflict?



A disagreement or difference of opinion between two or more persons.

Common causes of conflict

- Individual differences
- Cultural differences
- Social differences
- Values
- Interests
- Religion
- Race
- Poor communication
- Fear
- Conflicting goals

Is conflict bad?

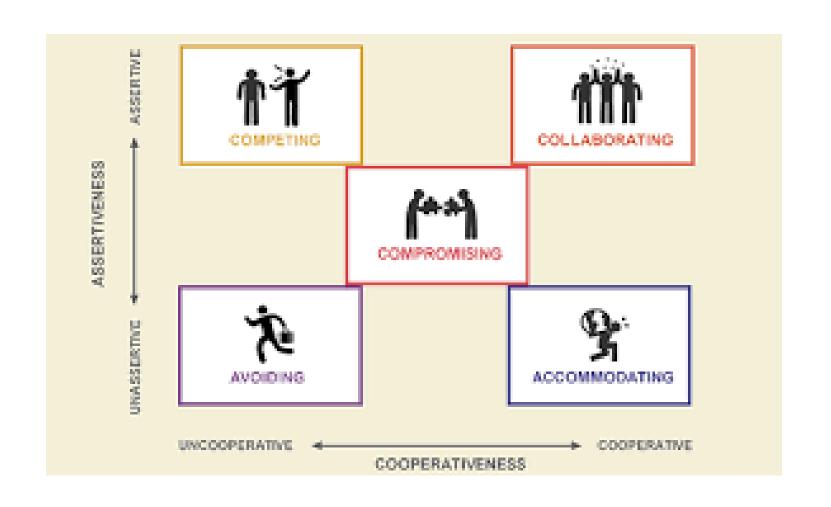
- Inevitable
- Opportunity for growth
- Opportunity for change

What is conflict resolution?

The process (formal/informal) that is used to find a peaceful solution to a dispute.

Benefits of conflict

- ► Improve problem solving
- Clarity of issues
- Increase participant involvement and commitment
- ▶ Results in a better decision or outcome



Collaboration

Working with others to achieve or create something.



- Awareness We become part of a working entity with a shared purpose
- Motivation We drive to gain consensus in problem-solving or development
- Self-synchronization We decide as individuals when things need to happen
- Participation We participate in collaboration and we expect others to participate
- Reciprocity We share and we expect sharing in return through reciprocity
- Reflection We think and we consider alternatives
- Engagement We proactively engage rather than be reactive

Some methods of conflict resolution(ADR) strategies

- ► Facilitation
- Arbitration
- Negotiation
- Mediation

Negotiation

- Two or more parties talk with one another to resolve their opposing interests
- Key characteristic- parties need each other in order to achieve their preferred outcomes

Alternatives to working together

- **BATNA**
- **► WATNA**
- Bargaining range

Mediation

- ▶ Confidential
- ► Voluntary
- Neutral third party
- ► Parties have control over the outcome

Benefits of Mediation

- Less costly than litigation
- Often builds/repairs relationships
- Gets to the root of issues
- Mutually satisfactory outcomes
- High compliance with decisions
- Customised agreements

Video time

https://www.youtube.com/watch?v=gtJN1b3z-nk

Practicum

As a service club, there are usually multiple demands on the limited resources available. The current economic climate has exacerbated this situation. The club has to decide which project to undertake. A vote of the committee members shows that there are two major competing activities. How do we go about deciding which project will be undertaken?

QUOTES

- Peace is not the absence of conflict, but the ability to cope with it.
 - Mahatma Gandhi
- An eye for an eye will only make the whole world blind.
 - Mahatma Gandhi
- Because people aren't perfect and relationships are messy, we all need to learn how to resolve conflicts.
 - John Maxwell