

The Serving Lion

Official Newsletter of District 35-N



April 2013 Volume 1, ls.

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District Governor's Message

My Fellow Lions:

In March we had the distinct honor to host the fourth Multiple District 35 conference in Deerfield Beach, Florida. Once again, we can be proud of the Lions in our district for their performance. The conference was a great success, thanks to the efforts of the many Lions in our district who devoted countless hours and effort to make sure that everything went well.

Especial thanks to the Coral Spring Lions Club, and particularly to Lion Joyce Loaiza, for the planning coordination and execution of all the aspects of the conference. The hotel, meeting rooms, and banquet facilities were outstanding. The food was delicious, and the service was impeccable.

The attending Lions were presented with the opportunity to participate in timely, meaningful and informative training sessions. They had access to our guests, International Director Joe Al Picone and his lovely wife, Lion Merle, for the weekend. Not only did they provide us with very pertinent information about what is going on at the international level for our organization, but by virtue of their lovely personality and sense of humor, made every session fun for all present.

Speaking of fun, the Friday evening social was a blast. Under the production and direction of Lion Dorothy Letakis and with the participation of Lions from the South

Florida Asian American, South Florida Maritime, Miami Lautaro Chilean and

Miami Buena Vista Biltmore Lions Clubs we put on a Hollywood-style game show "Dream Vacation Extravaganza," which turned out to be a lot of fun for all present. Afterward, we started dancing, and it seemed like no one wanted to leave.

On Sunday morning, after the customary Florida Lions Foundation breakfast, we held our Fourth District Meeting. We recognize that, with the size of the District, regardless of where we hold the meeting, some Lions will have to travel great distances. Therefore, we scheduled it right after the conference to spare the Lions another weekend of travel in order to attend the District meeting.

My Fellow Lions, with nine months already gone by, we have now entered into the final quarter. The home stretch, if you will. Yet, there is so much work still to do. This is not the time to coast to the finish line. Rather, it is time to sprint toward it. To give it our all so that we can achieve what we set out to do last July. There is so much that we can do in three months. All we need is a little determination and enthusiasm, and we can make it happen.

Yours in Lionistic Service,

DG Juan

2012 -2013 Officers

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Int'l Director Stacey Jones, PCC 305.624.1116

swj043@aol.com

1st Vice District Governor

Fellow Lions,

We are already well into the second half of this Lionisitic Year and I want to say thanks to all the Lions of this *great* District who are serving in their community every day. Our District hosted the Spring Conference in Deerfield and to the hard working Lions, I say thank you!.

Our District is down by 91 members but I know that we can pull out of the red. If each Lion brings one new member, we will be on our way. Clubs Leaders please remember your PU 101 must be in to International by April 15th. Come joint us in Daytona Beach May 2nd- 5th for the convention. It will be fun!

Class will held for Club presidents in English and Spanish, Club Secretary/Treasurer in both English and Spanish and future leaders, etc.

Join the District Governor visit to Freeport April 5-7 will be fun on the Island. Remember I am just call away.

Dudley Bent 1st VDG
District 35N—Florida & the Bahamas
President—Lions Diabetes Awareness Foundation MD-35
Lionbent@bateInet.bs
954.703.5094—H
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From Your Sunshine Chair

Lion Jim Silvernale informs us of the passing of Lion Neysa Katz, who just joined the Dania Lions Club seven months ago. Lion Norm Levison, her sponsor, informed us at the last meeting that she was in the hospital but doing well having a problem with a heart valve. She passed away in her sleep.

There was a memorial service at Landmark Funeral Home in Hollywood Blvd. Our thoughts and prayers are with the Katz family. Donations may be sent to the Hollywood YMCA in her name.

We also have some good news. Lion Ellen Morales of the Miami Lautaro Chilean Lions Club is feeling much better, and is recuperating from the fall she had some months ago, and of which we reported previously. She fell from the stairs at home.

Also Lissy Rodriguez from the Redlands is feeling much better after the accident she had some months ago. We hope they both joined the activities of their clubs very soon. The clubs need all the help they can get.

Lion Margaret Hiner, Sunshine Chair for Miami Lakes LC, reports that Lion Leone Cavallaro is back in the hospital. Please keep her in your thoughts and prayers as she's not doing well.

Status update for Tom Bateman, Day 143; March 19, 2013: Tom's temperature got as high as 103.5 today! It did drop down to 101.5 just after shift change. He is still on antibiotics for the blood infection. The good news is that Tommy passed his swallow test!!! Hooorrraaahhh!!! YYiiiippee!! I understand that he will be allowed soft food, but I still have a lot of questions... about this and will advise everyone once I know the answers! Now, that he may be able to eat...hopefully that will also mean he won't be so demanding and in better spirits! Thank ya'll for your continued prayers and support for "Our Tommy" and our family and his medical staff! Ya'll have been terrific to us! L.A.P., Laurie

And congratulations to Cabinet Secretary Mary Lackey on the birth of her grandson, Channing Parker!

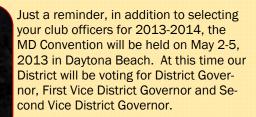
If you have any news that would like to share with your fellow Lions, please let us know. It will be published.

Olga B. Ortega, Sunshine Chair Alterationss@aol.com



Cabinet Secretary

ELECTION OF NEW CLUB OFFICERS AND VOTING AT MD CONVENTION IN DAYTONA BEACH



Please remind your members that they have delegates and/or alternates attending so they can vote on the Clubs behalf. Be sure to complete your delegate and alternate form and return as soon as possible.

Certification will take place on:

Friday, May 3, 2013 9A.M.—11:30 A.M. open Closed for lunch 2P.M.—5 P.M open

Saturday, May 4, 2013 7A.M.—9 A.M.

Voting will be Saturday 7 A.M. - 9:30 A.M.

Be sure to have your current Lions Identification card signed and a photo ID.

Lion Mary Lackey Cabinet Secretary

Cabinet Treasurer

It was good to see many Lions at the recent District Meeting. The Lions were most generous with their donations to the various entities/projects (see the list on page 4). These donations reflect the hard work of the members throughout the year. Keep up the good work! Thanks to Sharon Franklin, Ann Sweeney, and Bill Sweeney for all their assistance in the tabulation of these donations.

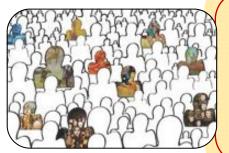
There are still some clubs who need to pay dues. It would be appreciated to receive these monies promptly. All monies must be paid in order for you club delegates to vote at the MD Convention.

Reminder. All corporations must file an An-

nual Report to maintain "active" status and avoid administrative dissolution or revocation. To file your report, go to the Divisions of Corporation's website at www. sunbiz.org and file on line. Instructions are available on the website and you may pay by check, credit card of through a sunbiz account. Do not be mislead by similar websites. When you go to the website you will see the banner at the top of the screen stating "Florida Department of State, Division of Corporations." You must file by May 1st. If you file after May 1st, there is a \$400.00 late fee that cannot be waived.

Colleen Pinkerton, PDG Cabinet Treasurer





How Many People Have Your Name

Not sure how accurate this is, but it was still pretty interesting, especially for me because I have a very uncommon maiden name, Click on this link and type in your first and/or last name and find out how many others have the same name.

http://www.funpageexchange.com/out.php?u=3466&pid=44953&s=n

Donations From 4th District Meeting

District Projects							
Back to School	\$	3,300.00					
Disaster Relief/Disaster Alert	\$	175.00					
Recycling for Sight	\$	25.00					
Peace Poster Contest	\$	150.00					
Public Relations	\$	25.00					
Sight Conservation/Kid Sight	\$	525.00					
Special Olympics	\$	150.00					
Youth Camp/Exchange	\$	25.00					
Other							
Total	\$	4,375.00					
Lions Entities	Ļ	225.00					
Florida Dog Guides for the Deaf	\$	325.00					
Florida Lions Community Hearing Bank of 35-N	\$	1,525.00					
Florida Lions Conkin Center	\$	3,800.00					
Florida Lions Eye Bank	\$	2,950.00					
Florida Lions Foundation for the Blind	\$	7,650.00					
Jose Sanchez Clinic	\$	1,100.00					
Leader Dogs for the Blind	\$	1,025.00					
LCIF (Lions Club International Foundation)	\$	4,900.00					
Lions Diabetes Awareness Foundation of MD 35	\$	500.00					
Lions for the Blind - District 35N	\$	2,000.00					
Lions for Diabetes Awareness of District 35-N	\$	2,274.30					
Southeastern Guide Dogs	\$	3,675.00					
Total	\$	31,724.30					
GRAND TOTAL		\$36,099.30					

Club Name	D	Donation		
Aventura N. Miami Beach	\$	2,050.00		
Coral Gables	\$	800.00		
Delray Beach	\$	1,024.30		
Ft. Lauderdale	\$	1,250.00		
Ft. Pierce	\$	1,000.00		
Hialeah Pan American	\$	1,300.00		
Hollywood Colombian Am	\$	600.00		
Key West	\$	700.00		
Lake Worth	\$	500.00		
Miami	\$	5,500.00		
Miami Colombian	\$	1,600.00		
Miami Kendall West	\$	500.00		
Miami Lakes	\$	2,900.00		
Miami Lautaro Chilean	\$	1,000.00		
Sebastian	\$	2,300.00		
S. Fl. Asian American	\$	600.00		
South Florida Maritime	\$	6,000.00		
Sunny Isles Beach	\$	3,450.00		
West Miami Sunshine	\$	1,425.00		
West Palm Beach	\$	1,600.00		
		,		
Total	\$ 3	36,099.30		

Thank you
Sunny Isles Beach Lions Club
for donating food during the
Jolly Holiday 2012 Party
for homeless children.



April 2013

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Resolution

Below is the resolution the will appear on the ballot to be voted upon by the delegates at the convention in Daytona next May. Please consider this as proper publication of the same, and timely notification to the voting delegates.

RESOLUTION #1

WHEREAS: There is no existing language in the District 35N By-Laws to govern providing the incoming District Governor with sufficient funds to pay for the District Governor's directory, convention pins and other necessary expenses.

THEREFORE: Section 3a (following) will be added to the Section 3 of Article VI of the District By-Laws entitled District Administrative Fund:

Section 3a. Notwithstanding the above Section 3, the current (sitting) District Governor's Cabinet shall provide sufficient Funds (not less than \$1,000.00) to pay for the incoming District Governor's administrative expenses, including the district directory and the convention pins.

This resolution is effective for the Lionistic year 2012-2013 and thereafter.

						AGAINST
OF						

Rationale: To provide language governing the disposition of specific funds from the outgoing District Governor to the incoming District Governor.

FL Lions Conklin Center "Loose Change" Project



"Loose Change" from around the state is finding its way to the Conklin Center. As of March 31st, the 12 Clubs supporting the project in District O collected \$2,490.31 and the two supporting Clubs in District L sent \$594.45—for a total of \$3,084.76 going to the Conklin Center! I will make a better effort to get District I and District N involved in the coming year. Frankly, the project required more volunteers than I anticipated, so if you have a little time to pass the word about the "Loose Change for the Conklin Center" – it all helps!

The project will continue in all Districts until the last Cabinet Meeting of 2014. Lions are asked to bring their loose change to the Cabinet Meetings where a "Conklin Center Loose Change" committee representative will be available to collect the money and provide cans to anyone interested. However, any container will work.

Lions are urged to drop their loose change into any suitable container at the end of the day. Then the Clubs should combine the loose change from their members and bring it (or count it and just bring a check made to the Conklin Center labeled "Loose Change") to each Cabinet Meeting. Following the 4th Cabinet Meeting in each District, a report will be distributed to the Florida Lions Conklin Center, the District Governors and sent to each District Newsletter for publication.

Let me offer a mighty *Lions Roar* for all the Lions that helped raise the \$3,084.76!

Need more information?
Call Lion Mary Pezzo at 352.735.9629
or email me at: mtpezzo@yahoo.com



Diabetic Pill?

You can significantly lower your risk of heart disease and stroke simply by taking a daily statin. Researchers analyzed patients over three years and found that for every 1,000 diabetes patients given the cholesterol-lowering drugs, there were 42 fewer heart attacks and strokes than there would have

been if they hadn't taken them. The statins even seemed to help those already diagnosed with vascular disease. The one caveat: Avoid this regimen if you're pregnant!

Source: Prevention magazine, June 2008

GlowCaps

Taking your medicine just a lot easier and very high tech! CVS and Vitality are working together in a new randomized control trial using Glow-Caps to test the effectiveness, so they may not be available at all stores or in all areas of South Florida. They have also developed the Vitality GlowPack, a customizable pouch which provides similar functionality to the GlowCap. The advantage to the GlowPack is that it can be used it for medications larger than pills.

GlowCaps, the music-making, glowing, cellularconnected caps designed to help people remember to take their pills, are a high-profile product in connected health. GlowCap lights up and plays music to remind users to take their pills and sends a signal to a reminder light. If the user still misses a dose, the system will call their phone. Also, GlowCaps sport a refill button that, when pressed, uses AT&T cellular connectivity to contact the user's pharmacy to request a refill. The customer than receives an automatic callback to confirm the refill. A study with Partners Healthcare Centers for Connected Health in June 2011 showed that GlowCaps allowed a group of hypertensive patients to achieve 98% medication adherence.

The GlowCaps are available at CVS.com for a discounted price of \$59.99, with the regular price listed at \$79.99. In addition, there is a monthly fee for the AT&T service.

The company's new product GlowPack — which is at least a year old now — is a connected sealable pouch which can store blister packs, inhalers, injectable solutions, liquid medicines, and topical ointments. It is currently in beta testing, but the company is advertising the product to potential pilot partners. Like the GlowCap, the device glows

and plays music when it's time for a user to take his or her medication. It also communicates with the same reminder light that the GlowCap uses, and includes the refill button. The GlowPack has a replaceable battery and is also connected via AT&T. A demon-

stration video of the product, apparently intended for pharmaceutical partners, is available http://vimeo.com/36859906.

Source: MobileHealthNews.com 3/11/13







Sandpaper People

When it comes to life and you have to put up with mean and awful people, think of them as sandpaper people. They might scratch you, rub you the wrong way, but eventually you'll be smooth and polished anD the sandpaper people will just be worn out and ugly!





LIONS OF FLORIDA AND THE BAHAMAS

DISTRICT 35-N DISTRICT GOVERNOR JUAN J. TICHDRA 2012 -2013



LIONS INTERNATIONAL CONVENTION

January 3, 2013.

Follow Licent

The Lions International Convention is the premier event for all Worldwide Lions. The correction this year will be held in Hamburg, Commany and starts on Friday, July 57, 2013 and concludes on Tuesday, July 98, 2013.

Pretybody that has attended one of those International Convention is telling tre "what a lasting event it is". At the convention, we will meet I form from all over the world.

With this letter you nell also find the acticulate of events that you can attend including the specialists provide of Netlans on Saturday, July 195, 2013.

The International Organization has beeind house all over the city and the Florida Delegation will be at the Holiday into Hamburg. The cost for some is very researchle at turn 050.00 or approximately US \$115.00 per night per room. The hotel is located about 3-3 miles from the convention center. Home from Arkaman, Georgia, Kentocky, Louisiana and Minnesoppi will stay at the same hotel.

I hope that many Lives from District 35-N will altend this year. The bigger the group the more time we are all gaing to have.

To book this event, please go to Lions Club International's probable and click on the International Convention, which will give you a far more information about the convention, betele, arministry, conflictors, nears, trips/fours in Consumy, etc.

The cusion't way to find airfant from South Horida to Harnburg is to go to one of the travel sites. Her, Tarnelority, Expedia, Orbite or contact your local Travel Agost for anistance. These are an absordance of Sight from Manus with Luffmess, Ale Berlin, American Artines, British Attreays, etc.

If you have any questions or need additional information, places do not besitte to contact me at largetness(lisp usc.com.

Keganda.

Kerneth Engstrom Diebsich "N" Chair

KTKip

April 2013

Pictures From District Meeting March 10, 2013



Zone Chair Elbio Gimenez, Maria Arguelles, Irma Burgos, Stella Yepes Presidente del Miami Colombiasn, Jaime Yepes and Alberto Arguelles. All Lions from the Hollywood Colombian LC and Miami Colombian LC.



Lions Eileen Wentworth, Marta Giambrone, Ildefonso B. Ortega, District GMT Coordinator/Zone Chair; Sam Velazquez, Juan J. Tejera, and PCC Richard Wurkmeister, Charlie Schreiber and Jackie Clark from Indiantown LC.



DG Juan J. Tejerajust chillin'



3-4-1! PDGs Edgar Roa, Diana Castillo and Laynee Riedinger



1st VDG George Letakis exercising?



Lions Sharon Franklin (Miami Lakes LC) and Ann & Bill Sweeney (Lauderdale by the Sea LC) who gladly take your donations!



Lions Elena Guzman and Perla Rita Pacheco receive their Melvin Jones Awards from ID (Texas) Al Picone and ID (Dist. N) Stacey Jones



Lion Carmen Aguila, Miami Lautaro Chilean LC, (above) and others enjoying the party after the Counsel of Governor's meeting.



Lions Geoffrey Wade, Joyce Loaiza, Joel Levinston & guest



Robert "Bob" Melnick, 2nd VDG-L, his wife Diane, and Lion Ildefonso Ortega. All are Crusaders Award winners.





LIONS OF FLORIDA AND THE BAHAMAS DISTRICT 35-N DISTRICT GOVERNOR JUAN J. TICJERA 2012-2013



Multiple District of Florida and Bahamas Convention

January 4, 2019

Fellow Licen:

The Multiple District Convention this year will be held in Daytosa, Plorida from May 2.4. May 55, 2013.

We wrent as assay Lions from our District to attend the consention this year. You will have a great weekend with other I term at a beautiful Hosida Resert. You will have a lot of fun attending the different meetings, training account, therewises, etc. In addition, you will meet a lot of I lone from all over Florido.

Having attached many of these meeting. I can promise you that you will have great time with your Herida Lion friends during the meeting and in the enesings.

At the specting you will learn a lot about the Lions, what other Districts and Chabs are doing. In addition, you will meet and talk to so many intenseting people like the Second International Vice President, Joseph "Joe" Preston.

During the meeting will be the election of Fast Covernor, Host Vice District Covernor and Second Vice District Governor for our District, such Cloth should make ours that they have the presentatives attending that can vote on the Chilo behalf. It is important that we get an many as possible to attend since it is of others importance that we do get prest people to lead our District.

The ascetting will be held at the Daysons Beach Resoct. They have limited amount of rooms available and they will rill them on a first came, first serve basis. You should back as early as possible to ensure that you gut a name at the Resort at the special rate suggestated by the Multiple District.

I hope we will have a lot of District 25-N Lions offending so that we can show the rest of Horista wast a great District we are.

Attuched with this letter you will find the information shoul the Daylana Boach Rosest Florel, brooking form, registration form, food, etc. You do not used to arrow all the discuss, etc., so just mark the pres that you want to attend.

I noking forward to see you all at the Multiple District Convention.

Regards,

Kanadh-Engdism District "N" Costr

Killide

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And Then is Winter!

You know. . . time has a way of moving quickly and catching me unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all the years went.

I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is... the winter of my life and it catches me by surprise...How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those older people were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is...my friends are retired and getting grey... they move slower and I see an older person now. Some are in better and some worse shape than me...but, I see the great change. Not like the ones that I remember who were young and vibrant...but, like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd be. Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore... it's mandatory! 'Cause if I don't on my own free will... I just fall asleep where I sit!

And so, now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, that though the winter has come, and I'm not sure how long it will last. This I know, that when it's over on this earth...its over. A new adventure will begin!

Yes, I have regrets. There are things I wish I hadn't done...things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime.

So, if you're not in your winter yet...let me remind you, that it will be here faster than you think. So, what ever you would like to accomplish in your life, please do it quickly! Don't put things off too long!! Life goes by quickly. So, do what you can today, as you can never be sure whether this is your winter or not! You have no promise that you will see all the seasons of your life...so, live for today and say all the things that you want your loved ones to remember...and hope that they appreciate and love you for all the things that you have done for them in all the years past!!

"Life" is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE SO - ENJOY THIS DAY WHILE IT LASTS.

- ~Your kids are becoming you...but your grandchildren are perfect!
- ~Going out is good.. Coming home is better!
- ~You forget names.... But it's OK because other people forgot they even knew you!!!
- ~You realize you're never going to be really good at anything....especially golf.
- ~The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore.
- ~You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep."
- ~You miss the days when everything worked with just an "ON" and "OFF" switch.
- ~You tend to use more 4 letter words..."what?"..."when?"
- ~Now that you can afford expensive jewelry, it's not safe to wear it anywhere.
- ~You notice everything they sell in stores is "sleeveless"!!!
- ~What used to be freckles are now liver spots.
- ~Everybody whispers.
- ~You have 3 sizes of clothes in your closet.... 2 of which you will never wear again.
- ~~~ But Old is good in some things: Old Songs, Old movies, and best of all, OLD FRIENDS!!

Stay well, "OLD FRIEND!" Send this on to other "Old Friends!" and let them laugh in AGREEMENT!!!

It's Not What You Gather, But What You Scatter That Tells What Kind Of Life You Have Lived.

Blessed are those who can give without remembering and take without forgetting.



Save the Date



April 27TH 2013

2nd Annual Dinner Under the Stars

Key Biscayne Beach Club

Cocktails & Appetizers from 6pm-7pm

Dinner at 7:30 pm

Wine with dinner included ex-desserts

\$60 per person

All proceeds benefit- Lighthouse for the Blind

Formal Attire, Shoes optional

Cash Bar, Silent Auction, Live Auction

Entertainment, Live Music

Don't miss out on an evening of dining, dancing and FUN!



DISTRICT CALENDAR FOR APRIL 2013



- 1 Hearing Bank Meeting (1st Monday) 7:30 pm—Larkin Hospital 7031 SW 62 Ave, 1st Floor, S. Miami
- 5-7 DGs Official Visit to Freeport, Bahamas
- 8 Diabetes Awareness Meeting (2nd Monday) Children's Hospital 7:30 PM George Batchelor Research & Academic Pavilion 1st Floor—Round Table Conference Room 3100 SW 62 Ave, Miami 33155
- 13 Worldwide Induction Day
- Lions For the Blind Meeting (3rd Monday)
- 20 Conklin Center Board Meeting 10:30
- 24 Florida Lions Eye Bank 6:30 pm Bonita Springs Lions Club House

Important Dates to Remember

May 2-5 MD-35 Convention, Daytona Beach

May 11-17 White Cane Week

June 1 FL Lions Eye Bank Installation

June 9 Dist. Award Luncheon, Tropical Acres Restaurant, Dania
July 5-9 Lions International Convention-Hamburg, Germany

Sept 19-21 USA/Canada Forum, Overland, KS

Things I've Learned from the Easter Bunny

Don't put all your eggs in one basket.

Everyone needs a friend that is all ears.

All work and no play can make you a basket case.

Good things come in small, sugar coated packages.

Some body parts should be floppy!