



# LION EYES

DISTRICT 14-P

*"We Serve"*

DISTRICT GOVERNOR ART PECHT

[WWW.EDISTRICT.ORG/SITES/14P](http://WWW.EDISTRICT.ORG/SITES/14P)

DS LINDA LONG

DT PDG RICHARD TAYLOR

NOVEMBER 2020

## *Calendar of Events*

November 7th:  
Topton Lions  
Garage Sale

November 13th:  
Parkesburg Lions  
Name That Tune  
on Zoom

November 14th:  
Honey Brook  
Lions Chicken Pot  
Pie Sale

November 21st:  
MC Seminar

November 22nd:  
West Goshen Fruit  
Sale

## *Amity Lions Welcome the Lioness*

*On October 7, 2020 Lois Reinert and Linda McCue were installed as the newest members of the Amity Township Lions Club. Zone Chairperson Sue Prutzman did the honors. Lions Lois and Linda were longtime members of the Amity Township Lioness Club and expressed a desire to join our club. Lion Lois was a Charter Member of the Amity Township Lioness Club, which was founded in 1985. Lion Linda joined the club in 1989. Together they bring 66 years of Lionism to the Amity Township Lions Club. We welcome Lions Lois and Linda to the Amity Township Lions Club!*

*Pictured:*

- 1. Lions Linda and Lois being installed by ZC Sue*
- 2. L to R: Lions Linda, Lion President Dave Kurtz, Lion Lois and ZC Sue*



# A Message from District Governor Art Pecht



Just wanted to wish everyone a Happy Thanksgiving. This is normally a time with family and friends. I hope that tradition continues.

We are going to have in-person district cabinet meeting at the Honey Brook Lions club. It will start at 9AM. On that day, the Honey Brook Lions will be having a potpie sale, so when parking please park around the side. Please practice social distancing, and wear a mask. There will be no tables, only

chairs.

I would like to thank all Lion and Lioness and Leo's who participated in the Louisiana project for the hurricane victims. We had about 2/3 of the clubs help out in many different ways. Some clubs sent in money; one club had the goods delivered directly there. The most common way was to bring the items to a drop off location and getting them boxed. Lion Jim Groff our disaster chairperson for the state and PDG Tom Gregg did all the coordination for the pickup. Our VDG Gary Hilbert who is also the district Service Chair did a great job on the district level coordinating the items to Honey Brook.

Happy Thanksgiving and stay safe.



Kindness Matters

*Art Pecht DG*

484-680-4315

[artpecht413@gmail.com](mailto:artpecht413@gmail.com)



## *Proposed District Governor's Schedule*

**November 6 & 7th:  
State Council  
Meeting via Zoom**

**November 14th:  
District Cabinet  
Meeting, Honey  
Brook**

**November 26th:  
Happy  
Thanksgiving!**

## *Visitation*

**Nov 5th: Mohnton  
Cumru**

**Nov 10th: PBM**

**Nov 11th:  
Kimberton &  
Veterans Day**

**Nov 12th:  
Strausstown**

**Nov 19th: Kennett  
Square**

**Nov 24th: Central  
Berks**

**Dec 1st: Topton**

## A Message From 1st VDG Gary Hilbert



*Hello Fellow Lions,*

*Last Friday, Lion Paula and I took our camper on a trip to the coal regions for the weekend. We were just 3 miles from our destination when we passed a sign. "Catawissa Valley Lions Club Food Truck Event Saturday"*

*So, we penciled into our schedule sometime to visit our Lion neighbors. We had a nice time meeting folks from Berwick Lions Club and enjoyed some tasty treats from their food trailer. Members of The Catawissa Lions Club were selling raffle tickets, and we just had to support them as well. It's great to see Lions active and involved in their communities.*

*In this season of Thanksgiving, The Hilbert's want to THANK YOU for being a Blessing to us and to Lionism. May the warm glow of Autumn surround you and your family during this wonderful time of year.*


**Serving Together,**

*1st VDG Gary*

**glh40@comcast.net**

**610-468-4788**

14TH  
NOV

  
WORLD  
**DIABETES**  
DAY

Visit

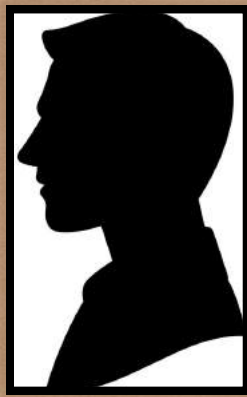
<https://www.lionsclubs.org/en/start-our-global-causes/diabetes>

To learn how to make an impact



# WANTED

ENERGETIC LION TO STEP FORWARD TO BE DISTRICT 14P  
FIRST & SECOND VICE DISTRICT GOVERNOR!



- ◆ MAKE NEW FRIENDS LOCALLY, STATE-WIDE, AND INTERNATIONALLY
- ◆ MAKE AN IMPACT ON THE FUTURE OF THE STATE (MD14) OPERATES
- ◆ VISIT LEADER DOG SCHOOL IN ROCHESTER, MICHIGAN
- ◆ VISIT PA LIONS BEACON LODGE CAMP
- ◆ FREE TRIP TO NEW DELHI, INDIA JULY 1-5, 2022

UPCOMING INTERNATIONAL CONVENTIONS:

JULY 1-5, 2022: NEW DELHI, INDIA

JULY 7-11, 2023: BOSTON, MASSACHUSETTS

JUNE 21-25, 2024: MELBOURNE, AUSTRALIA

JULY 4-8, 2025: MEXICO CITY, MEXICO

JULY 3-7, 2026: ATLANTA, GEORGIA



CONTACT

DG ART PECHT

IF INTERESTED!



# 1st Annual Membership Connections



\$5 per 10 tickets  
7 Baskets

Sponsored by PA State Lions  
Council of Governors for the  
Global Membership Team

## Seminars

Between  
the Lions



We can only accept 70 Lions at  
this time; 23 per session with 3  
sessions running at one time  
frame, separate rooms!!!!  
**CALL EARLY TO GET A SEAT!!**

Saturday, November 21, 2020 (8:30 a.m. to 5:00 p.m.)

Wyndham Garden State College Mountain View Country Club, 310 Elks Club Road, Boalsburg, PA

Cost: Lunch Only \$10.00

Seminar Reservations: [cawilbur65@gmail.com](mailto:cawilbur65@gmail.com) or 607-738-6909

## Topics of Interest

**Members: A, B, C Acronyms** New members arrive with heads turning and twirling in all directions: what to do, what does that mean, what did she/he just say? *PID Cindy Gregg* will put a spin on those initials for better understanding!

**Members: Boosting Satisfaction** Additional ways to encourage Lions to step-up; keeping seasoned members active; and handling conflicts with resolutions. *International Director Larry Edwards* will guide us to the future in Lionism.

**Members: Fun(ds) Raising: FUN & Games** Bored with same 'ole, same 'ole? Creating ways to add enjoyment and excitement to the traditional meetings. Co-Instructors *Lions Dorothy Daugherty and Debra Bieber* will entertain new ideas.

**Members: Grants: Funding Awards** An alternative to gaining access to funds to keep serving those in need. *IPDG Jim Wilbur* will provide Guidance with access and applications to assist with providing members and clubs more financial opportunities.

**Members: Membership: Panel of Young Lions** What do they want to do; how can they add energy to your club; and they will answer your questions, with steps to recruiting and enticing the next generation. *Lions representing the Mansfield Lions Club*

**Members: Service: More Opportunities** Lions are always looking for new ways to provide service to those in need. With the leadership of our Multiple District *PDG GST Tom Gregg*, you will need to bring a book to make a list!

**Members: Technology: Taking It Forward** The pandemic has us adapting ways to meet, conducting services, and fund-raising. *PDG John Mallonee*, LCI Certified Instructor, will show new tools assisting our members with new applications in technology.

Rooms are available the night before, November 20, 2020, at the cost of \$76 + room tax.

(Code: Lions2020) for Reservations Call: 814-466-6260 State you are a PA Lion, attending the Membership Seminars.



## Lions Clubs International FOUNDATION



I will start this month's article by repeating a congratulations and thanks that I gave at our passing of the banner. During our 2019-2020 year, the Coatesville Lions Club donated to LCIF at a rate of more than \$100 per member. This is the only club in our district that donated at this level. Thank you to the Coatesville Lions Club, and I encourage other clubs to donate at this level.

World Diabetes Day is always on November 14th. Last year at this time I personally made a three year pledge to LCIF to be paid around this date. I will make the second payment on this pledge this month, and I encourage others to make a donation to LCIF during world diabetes month. You can donate online using the "donate" button on the lionsclubs.org website or mail it to Lions Clubs International Foundation, Department 4547, Carol Stream IL 60122-4547. Remember to list your member number for credit.

If you go onto the LCI website and search for "world diabetes day", the first item that comes up will have a list of projects that can be done for world diabetes day. I will list some of them here:

- Donate a diabetes magazine subscription or diabetes related books to your local library. (We had this as a district service project during my DG year.)
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club website and social media accounts sharing available community resources for people with or at risk for diabetes.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.
- Organize a weekly walking club at your place of work and share healthy snacks afterwards.
- Organize a community support group for people diagnosed with diabetes and their families.
- Organize a school or community vegetable garden to encourage healthy eating.

LCIF grants of \$2,293,573 empowered Lions to increase diabetes awareness, education, and treatment in areas of the world where the disease is prevalent.

Please support our LCIF empowering service fund with a donation around World Diabetes Day this month.  
Thank you.

*PDG David Hunsberger*



CAMPAIGN | 100  
LCIF • EMPOWERING SERVICE™



## Pledge Form

for all Campaign 100 donations

Thank you for supporting Lions Clubs International Foundation (LCIF) and Campaign 100!

For assistance and for information on recognition, please contact [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org) or call +1.630.203.3836.

## Thank You for Your Support

In addition to receiving Campaign 100 recognition, your contributions throughout Campaign 100 qualify for additional Melvin Jones Fellow recognition. Commitments of every size make a big impact over time. Here's how:



Campaign 100 Recognition Level	Pledge Amount (US\$)	Annual Contribution (US\$)	Monthly Contribution (US\$)
<b>LEAD &amp; MAJOR GIFTS</b>	\$25,000+	\$5,000	\$417
<b>LION OF EMPOWERMENT</b>	\$15,000	\$5,000	\$417
<b>LION OF COMMITMENT</b>	\$5,000	\$1,667	\$139
<b>LION OF DEDICATION</b>	\$2,500	\$833	\$69
<b>LION OF ACTION</b>	\$1,000	\$333	\$28
<b>LION OF KINDNESS</b>	\$600	\$200	\$17
<b>LION OF SERVICE</b>	\$300	\$100	\$8





## How to Donate

Several methods are available to support LCIF and Campaign 100.

### Credit Card or PayPal

Donate securely at [lionsclubs.org/change](https://lionsclubs.org/change).

### Check

Send US\$ checks, **payable to LCIF**, to:

Lions Clubs International Foundation  
Department 4547  
Carol Stream, IL 60122-4547 USA

### Wire Transfer

To transfer funds to LCIF, present the information below to your bank, along with local currency funds covering the amount of your donation and applicable bank charges.

JPMorgan Chase Bank, N.A. ABA Routing Number: 021000021  
10 S. Dearborn St. Account Name: Lions Clubs International Foundation  
Chicago, IL 60603 USA Account Number: 754487312  
Swift International Banking Number: CHASUS33

Email a copy of your receipt or wire transfer form – along with your name, member ID, club name, and district name – to [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org). If requesting recognition, please include the recipient's name, member ID, club name, and district name.

### Local Bank Deposit

Lions Clubs International has accounts at local banks in several countries. Find a list of banks at which donations may be made at [lionsclubs.org/paymentbycountry](https://lionsclubs.org/paymentbycountry). Email a copy of your deposit receipt – along with your name, member ID, club name, and district name – to [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org). If requesting recognition for someone else, please include the recipient's name, member ID, club name, and district name.

### Transfer of Stock

To transfer stock or other securities, use the instructions and form found at [lionsclubs.org/waystolive](https://lionsclubs.org/waystolive).

## Complete Your Pledge Form Today!

Your pledge form is at right. Please return your completed form by either:

- **Email:** Scan and send to [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org)
  - **Postal Service:** Lions Clubs International Foundation | Department 4547  
Carol Stream, IL 60122-4547 USA
- If including your initial payment with the form, please follow instructions above.

## Campaign 100 Pledge Form

All donations toward fulfilling Campaign 100 pledges receive Melvin Jones Fellow credit!

### PLEDGE INFORMATION

I pledge a **total contribution** of US\$ \_\_\_\_\_ to LCIF.

My first payment, US\$ \_\_\_\_\_, will be made by \_\_\_\_\_ Month/Day/Year.

Pledges of US\$25,000+ are payable over five years; pledges of US\$1,000+ are payable over three years. If no payment frequency is selected, LCIF assumes equal annual installments based on pledge amount.

### PAYMENT FREQUENCY (choose one)

☐ **All at Once** ☐ **Monthly** ☐ **Annually**  
My monthly payment is to be US\$ \_\_\_\_\_ My preferred annual payment is US\$ \_\_\_\_\_

### PAYMENT METHOD (choose one)

☐ **Check** ☐ **Wire Transfer** ☐ **Credit Card\* / PayPal**

\* Donate securely at [lionsclubs.org/change](https://lionsclubs.org/change) or provide:

☐ VISA ☐ MC ☐ AMEX ☐ Discover

Card # \_\_\_\_\_ Exp. Date (mm/yy) \_\_\_\_\_

Name on Card \_\_\_\_\_ Security Code \_\_\_\_\_

### DONOR INFORMATION

For pledge recognition and recording purposes, please provide the following information:

Name (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_

ZIP/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Member ID \_\_\_\_\_

Club Name \_\_\_\_\_ District Name \_\_\_\_\_

☐ Please keep my personal and donation information anonymous. I understand my club/district (if any) may receive recognition for my donation.

Signature \_\_\_\_\_ Month/Day/Year \_\_\_\_\_





## Keystone Deaf & Hard of Hearing Services

BDHHHS

2045 Centre Avenue  
Reading, PA 19605

LCDHH

2270 Old Philadelphia Pike  
Lancaster, PA 17602

Voice: 610-685-4520

*This is an urgent request. We need your help.*

Friends,

I am writing on behalf of Keystone Deaf and Hard of Hearing Services (formerly known as Berks Deaf and Hard of Hearing Services and Lancaster Center for the Deaf and Hard of Hearing) to request donations to support our ongoing mission of providing services to the deaf and hard of hearing communities.

This is the first time in 52 years that we are reaching out to the community for emergency monetary support. The impact of COVID-19 on our organization is unprecedented. It has affected our capacity and overall sustainability. Although the pandemic has caused our office to remain closed to the public, our staff continues to provide services via videophone and telephone appointments as well as interpreting services. The safety and health of our clients and staff is of critical importance to us.

Our primary source of revenue over the years has resulted from interpreting services, sign language classes, grants, fundraising and your generous community support. The pandemic caused most of our revenue generating services to come to a sudden halt, causing us an abrupt, catastrophic loss of earned revenue.

While already coping with lost revenue, we are now tasked with taking on the added duty of protecting those we serve and those who provide the services. Quite frankly, without your help, the programs and services we provide will no longer be able to continue at the same capacity as they once did. We are asking you for your help by making a monetary donation to our agency. As we continue to apply for grants, your donations will demonstrate that we are an important and needed agency that is supported throughout our community.

KDHHS serves Berks and Lancaster Counties and the surrounding areas every day. If you want to know you can help KDHHS during these extraordinary times, please make a donation. Help us to continue to provide the client services and programs that are so desperately needed in the deaf and hard of hearing communities.

To donate today, please call the office to make a donation by credit card, 610-685-4520.

Our Deepest Thanks,

Kandy Reyes

KDHHS President



## **Do you have plans for November 7th and 8th?**

### **Beacon Lodge is having a Fall Work Weekend**

Covid restrictions permitting... We are looking for 25 Lions to come help with our Fall Work Weekend. Lions are welcome to come Friday evening to get a good night's rest before the start of the work weekend on Saturday morning. Lions will be housed in the Main Lodge, Tarrentum, and C-Building.

#### **Saturday Projects: Work starting at 8am– Breakfast, Lunch, and Dinner Provided**

- Creating a stone pad for the Golf Course Swings (4 Lions)
- Removing the Swinging Bridge (4 Lions)
- Removing old bushes/ trimming bushes (4 Lions)
- Parking lot and entrance flower beds/ installing posts for our new sign (6 Lions)
- Building and installing a new privacy screen for the new propane tank at C-Building (2 Lions)
- Electrical mapping of Breaker Panels (2 Lions)

#### **Sunday Morning Projects: 9am until 12pm– Breakfast and Lunch Provided**

- Grounds cleanup
- Winterizing the playground equipment
- Installing a couple roofing panels on the Treatment Plant

To volunteer:

Call or email Lion Casey Carver, Maintenance Supervisor at 814-542-2511 ext 145  
or [mtce@beaconlodge.org](mailto:mtce@beaconlodge.org)

Or visit our Fall Work Weekend Volunteer Opportunity Page online!

# Help for Louisiana

*The Lions of Pennsylvania loaded a trailer with disaster relief supplies for the people of Louisiana. The 17 districts of MD-14 have spent the last 2 weeks gathering the supplies through donations and purchases. In addition to the relief supplies, we are also sending 2 disaster pods to help with relief efforts. Each pod will sleep 6 and has storage for work tools. The pods are the idea and design of Lion Jim Groff, our MD Disaster Relief Chairperson.*



**Thank You,**

To the Lions of Pennsylvania,  
Thank you so much for your  
generosity to the Lions of Louisiana.  
We have always been proud to  
have been PA Lions - now we are  
even prouder.  
Although our membership is here in LA  
we will always be MD 14 Lions in  
our hearts.

Lions Judy & Scott Dudley



## *Lions of Pennsylvania Foundation*



*Recently the Lions of Pennsylvania Foundation (LOPF) was asked to provide a vehicle to receive moneys donated by Pennsylvania Lions for disaster relief. This was a logical request since the foundation was already designated a 501.3c organization (a federally tax-exempt service organization). The Board of Directors have approved this request.*

*With the recent multiple hurricanes impacting the U.S. shores of the Caribbean, the Lions of Pennsylvania have stepped up with many donations to help those effected. With moneys coming into the LOPF, several minor administrative issues have been identified that can easily be corrected with some further clarification.*

*The first issue is LOPF has agreed to provide this service to help our state office and our Disaster Relief Team, but is completely separate from the normal activities of the Foundation. Moneys received are held in a totally separate account and will not be used for credit for normal Foundation recognition awards. For example, a \$500.00 donation can be designated for a Fellow or disaster relief but not both.*

*Second, the purpose of disaster relief on the District 14 level is to provide help quickly to effected people to get through tomorrow and maybe the next week. It is important that funds get to these people as quickly as possible. To minimize the time required checks should be made payable to the Lions of Pennsylvania Foundation with a note in the memo field indicating disaster relief/special designation (ie Louisiana Hurricane). Checks should be mailed directly to:*

*Lions of Pennsylvania Treasurer  
Lion Mark Tomco  
1117 Burgard Street  
York, PA 17404*

*This allows the treasurer to direct funds in a minimum time frame.*

*Last, the purpose of using LOPF is to be able to provide proper documentation for money donated by “for profit businesses” to use the donation as a tax write-off. If you should need documentation to support this request please include the name, address and donation amount with your donation so LOPF can provide the needed document.*

*As we move forward there is definitely a learning curve. We are sure more issues will come forward. We will try to stay on top of them and quickly communicate solutions. On behalf of the Lions of PA Foundation and Lions everywhere we thank you for your consideration and can say we are proud to be a Pennsylvania Lion.*



## Hurricane Relief Project



On a brisk sunlit morning, Lions from PA's Eastern Region gathered in the parking lot at Lowes in Morgantown, PA. Why? A request was made on Sept 20 by our friends in Louisiana District 8-0 asking for help and to provide relief due to recent storms. Many of you responded with open arms. Collections started at our recent "Passing the Banner" on Sept.26. Over half of our District 14P clubs donated supplies or sent monetary gifts to LCIF (disaster relief). Thank You 14P Lions.

DG Art was able to secure storage space for about 2 weeks. Then the big day arrived. Thursday, October 15. The newly minted PA Lions disaster Services trailer arrived. Thank You to all volunteers who worked so tirelessly providing support for this project.

Also, A big Thank You to the employees of Lowes assisting in loading the truck with their forklift.

Where there is a need, There is a Lion.

*VDG Gary Hilbert*

District 14P GST



## Lions Eye Bank of the Delaware Valley Golf Tournament

*"Thank you so much for helping this year's 26th Annual Gift of Sight Charity Golf Classic be our most successful outing to date, with a grand total of over \$45,000 raised! We appreciate each and every one of you and feel so fortunate to have such amazing people supporting our organization. We had an amazing turnout, with over 100 golfers and over 20 volunteers."*

*"Because of your endless help and support, 15 people who would otherwise live in darkness will be given a second chance at sight through our Gratis Tissue Program. We are so grateful to all our volunteers who helped to make this year's outing so fun and successful despite these unprecedented times." -Eye Bank Staff*

**Please note: the following Lions from District 14-P serve on the Board of Directors as Trustees of the Lions Eye Bank: PDG Phil Shober (currently Treasurer for the LEBDV), PDG Walt Labs, PDG Barry Hinkle, DG Art Pecht, Lion Joe Cutolo, Lion Nelson Moeller, and until recently our beloved PDG Dave Smith**



1. DG Art and Evelyn Pecht, busily selling chances for our massive Basket of Cheer & Gift Card raffle.

2. The team representing the Exeter Twp Lions club. From left to right, Lion Nelson Moeller, PDG Phil Shober, and Club President John Magee

*Start a movement in your community and help our troops! Get Leos involved as well!*

*If your individual club would like to participate, you can use this flyer to promote your donation drive ( Just update with your Club's info, contact person, and drop off location)*

*Each club must designate their own contact person and drop off location for their community*



## PENNSYLVANIA LIONS ADOPT A SOLDIER PROJECT



The Pennsylvania Lions are hosting collections for soldiers. The boxes will go to service men and women currently deployed overseas. Each box is medium flat rate box from the post office that cost \$15.05 per box to ship.

Listed below are some of the items we are specifically requesting:

### Food/Snacks

Hard Candy (no chocolate)  
Gum such as Eclipse or Chiclets  
Tic Tacs/Mints  
Beef Jerky  
Slim Jims  
Peanuts, Cashews, etc (travel size)  
Trail Mix  
Sunflower Seeds  
Ramen Noodles  
Individual packets of condiments  
Packs of Crackers

### Toiletries/Hygiene

Baby Wipes – wash clothes  
Deodorant (travel size, liquid roll-on)  
Hand Lotion (travel size)  
Hand Sanitizer (travel size)  
Q-Tips (travel size)  
Disposable Razors  
Soap, Body Wash, Face Wash (travel size)  
Shampoo (travel size)  
Toothbrush/Toothpaste/Floss (travel size)  
Tissues (travel size)  
Tylenol/Advil (travel size)  
Lip Balm  
Foot Powder (travel size)  
Sunscreen (travel size)  
Fingernail Clippers

### Miscellaneous Items

Any type of Puzzle Books  
Pencils/Pens  
DVD's (new and gently used)  
Handheld Video Games  
Board Games/Deck of Cards  
Baseball Gloves/Baseballs/Frisbees  
Magazines (new and gently used – fairly recent)  
Socks (cushioned, white, calf-high)  
Batteries (AA or AAA)

Address to send your boxes:

SGM Guy Miller

HHC. 28th ECAB

APO AE 09330

### **NO AEROSOL CANS OR SOLID STICK DEODORANTS**

For more information on how to help with this project or Lions, please contact



Here are some tips put together by PDG Nancy Gauthier to help any Club who feels the call to organize their own drive. Contact [ngauthier@comcast.net](mailto:ngauthier@comcast.net) if you have any questionings after reading the following tips:

**PUBLICIZING:** If I had only sent this project information out to my club members, we might have gotten 20-25 boxes donated. So I decided to appeal to our local community by writing up what we were doing, attaching a picture of our flyer which lists suggested items to be included in the boxes, and putting it on a "locals" Facebook page. I also put it on my church Facebook page, some local yard sale site pages and asked all my friends and fellow club members to share it to their friends as well. The response was incredible - the first year we sent out over 60 boxes and last year it was 95 boxes. I used social media to my advantage. I also listed my phone number on the flyer so I could answer any questions, as well as used my address as the drop off location. Providing them with multiple contacts and drop-off locations could add confusion.

**BOXES:** When anyone expressed interest in participating, I had them get a medium size flat rate box from the post office (I also picked up 50 boxes from the post office and left them on my front porch so anyone could pick up a box from me if they needed it. Also some people dropped off their donations in bags so I would box them). Having a uniform size box helped not only fitting everything into them but in transporting them to the post office. I asked everyone to bring the boxes unsealed so I could inspect them to make sure there was no unapproved items included since I was signing the custom forms and so I knew what was in the box to include on the customs form. I then sealed them with good clear packaging tape, attached the mailing address (the post office will give you priority mail address labels for free) and the completed custom form.

**SHIPPING COSTS:** The charge for shipping the medium flat rate box is \$15.05 this year (military rate to an APO address - make sure to specify that it's military rate at the post office). When someone stated they wanted to Adopt A Soldier I gave them all the information and also asked them to include the cost of shipping. I told them they could give me cash or a check made out to my Lions club. My club then gave me one check in the end when we took all the boxes to the post office to be shipped. Some people even gave extra money to pay for someone else's shipping costs. In the end this highly successful and worthwhile project cost our club nothing financially but has given us so much in terms of goodwill, positive publicity and new member interest. A Win-Win!

**CUSTOM FORMS:** Make sure to talk to your local post office and get the most up to date custom forms. Ask them how they want them filled out and they may even give you examples. Our post office was happy to work with us and help us. One post office after hearing what we were doing, even had an employee volunteer to help fill out the custom forms and they processed the boxes as well. Also see under BOXES some information on custom forms.

**FOLLOWUP THANK YOU POSTS:** I always made sure to post on each Facebook page that I had publicized this project on, how helpful the post office had been as well as thanking the community for their donations. I also took pictures at the post office of us bringing all the boxes in, posted those pictures and told everyone how many we were actually able to send out. It has brought us repeat donors as well as interest in our club.

**CUT OFF DATE:** You will each need to decide what your last date to accept donations will be but keep in mind that the post office usually wants all military mailings out by the end of the first week in December to make sure they will be delivered before Christmas. I would never turn down a box if someone needed more time. The way I looked at it was even if it was late getting there, it was better late than never.

**ITEMS:** The previous flyer was made to give suggestions of acceptable items. Remember it could be a male or female soldier. Each year I've been amazed at the ingenuity of some people in including things I would never think of. Snacks, personal care items, crossword, find-a-word and Sudoku puzzles, playing cards, hard candy, gum, licorice, jerky, socks, bandanas, pens, writing paper, mints, nuts, crackers, trail mix, dried fruit and magazines are just some ideas. Someone even added a small football and frisbee. They will not allow any aerosol cans, solid stick deodorants, fireworks, lighters, matches or alcohol. I encouraged each contributor to add a personalized, signed note with their address in the hopes they would get a note back from "their soldier". I received lovely thank you notes 2 out of the 3 years we have done it. It also helps to include a little note from your local Lions club noting this is a Lions project and since these boxes are all going to PA Soldiers who are currently overseas, they may feel inclined to search out the Lions club in their local community when they return stateside. We can always use more members, right!



Welcome New Members!

*Former Lioness Lois Reinert, Sponsored by  
Sue Prutzman to Amity Township*

*Former Lioness Linda McCue, Sponsored by  
Sue Prutzman to Amity Township*

*Victor Henriques, Sponsored by Daniel Hensinger to Longswamp*

*Daniel Wade, Sponsored by Jerry Zeiler to Muhlenberg*

Diabetes



Environment



Hunger



Vision



Pediatric Cancer



BE A PART OF THE BIGGEST SERVICE COMMUNITY- JOIN LIONS CLUB





We serve ...  
through diversity



# Congratulations!



**CONGRATULATIONS TO THE AVON GROVE LIONS CLUB SENIOR STUDENTS OF  
THE MONTH OCTOBER 2020! AVON GROVE CHARTER SCHOOL SENIOR**

**HANNAH KAHAN**

*"In middle school I started my volunteer work by making snow cones at a summer camp for a week called Wipeout Camp through Willowdale Chapel. After that summer I returned to the camp every year, and once high school began, I became a camp counselor. This past summer the camp was canceled due to Covid-19 but from the previous years I had worked with kids aged kindergarten to fifth grade and accumulated over 120 hours from the camp alone.*

*I also do volunteer work with the clubs I am in at school such as Tri-M and student council. Lastly, I recently performed in a series of Cul De Sac Concerts, a nonprofit started by the Tyree family.*

*After high school I plan on going to school for Hospitality and Business management, hopefully in the U.K." -Hannah Kahan*





We serve ...  
through diversity



## Coatesville



*President Lion Pat Milliken and Lion Penny Swank presented a check for \$600 to the Coatesville Senior Center to help with purchasing cleaning supplies needed for Covid-19.*

## Boyertown



*On Saturday October 17th, the Boyertown Lions adapted their Kauffman's Chicken BBQ to provide dinners by Drive thru! We sold 600 dinners for a profit of \$2,464.95!!*

*Pictured left to right: Lionville LP Tracey Melia, Lion Kitty Tribbet, VDG Gary Hilbert, Lion Dennis Weller, volunteer Chuck, Lion Paula Hilbert, Lion Melanie Conrad, Lion Sue Prutzman, and Lion Geoff Littlefield*

*Special thanks to the Lionville & Parkesburg Lions for helping out!*



We serve ...  
through diversity



## Avon Grove



*The Avon Grove Lions donated to Camp Abilities at the West Chester University to support their program for blind children. The camp was held virtual this year with 20 children and 30 volunteers.*

*Pictured L-R Monica Lepore Immediate Past Director, Professor Emeritus and Maria Lepore-Stevens.*

## Hamburg



*The Hamburg Lions recently held an outdoor Bingo fundraiser at the Hamburg Park. We raised \$160, but more importantly, we learned a new way forward for our Bingo fundraisers. We will be doing more of these in the Spring!*

***Please submit your Club News, Event Information, Photos, and Service Projects  
by the 26th of each month to be featured in next month's Lion Eyes!***

***Email to: [sgerlott@comcast.net](mailto:sgerlott@comcast.net)***

***Lion Eyes Editor Stephanie Gerlott***



We serve ...  
through diversity



## Avon Grove



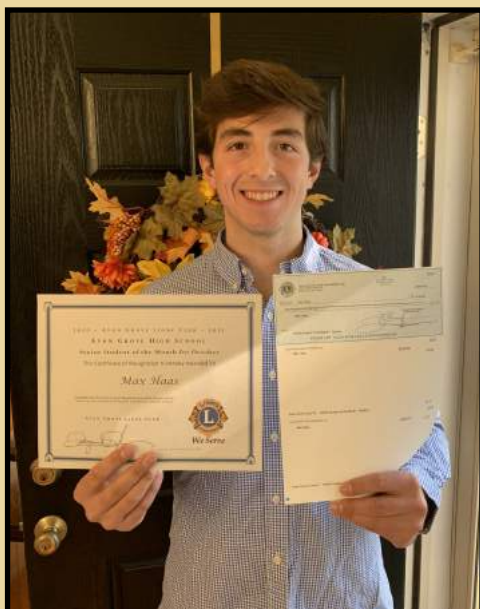
*The Avon Grove Lions held a White Cane Collection for the sight impaired at Dunkin in Jennersville. The Lions would like to thank everyone who contributed to this great cause. Special thanks to Dunkin for allowing us to hold our fundraiser.*

*The Avon Grove Lions also held a 2nd White Cane Collection on Saturday October 3rd. Because of the people's generosity the Lions collected over \$700 for the sight impaired. One hundred percent of the funds the Lions collect at these fundraisers will be donated to nonprofit organizations that support the sight impaired. Thanks to everyone who donated to this cause.*

*Special thanks to Aurora Pizzeria & Pasta Kitchen for providing lunch to the Lions.*

*Pictured R to L: Lion George Steele, Lion Ian Currie, Lion Fran, Lions President Dwayne Degler*

## Congratulations!



*Max Haas has been named the Avon Grove Lions Club Student of the Month for October. He is the son of James and Vicky Haas of Avondale. Max's list of school activities includes Avon Grove Baseball, Student Leader for Fellowship of Christian Athletes, President of Model UN, President of Avon Grove Leadership Academy, NHS, Avon Grove Computer Science Honors Society, Robotics, Teacher Assistant and NHS Tutor. Max has been very involved with his community; volunteering with Boy Scouts of America, local food bank, with his church, Knights of Columbus Oktoberfest, Avon Grove Baseball Clinic, Respite Night, Avon Grove Sports Booster Bingo, Night to Shine and working 232 hours on an Eagle Project. Max's honors include Eagle Scout, Presidents Award for Educational Excellence, inducted into the Order of the Arrow, President's Volunteer Service Award (Gold), International Spirit Award, World Conservation Award, Keep America Beautiful Hometown USA Award, Introduction to Business Outstanding Performance Award, International Business Outstanding Performance Award and academically he has achieved High Honors and Distinguished Honors throughout High School. Max plans to attend the United States Air Force Academy or the United States Naval Academy and major in Aerospace Engineering, possibly minoring in Business. Teachers he has most been influenced by are Ms. Cahill, Mrs. Penn and Mrs. Wilkinson*



# Where Are They Now?

## A Monthly Update of Past District Governors

PDG 2008-2009

Bob Argot



Life has been good to me. I have a wonderful, supportive wife and I had a fulfilling career of 35 years as a teacher. Then it was on to seminary and a 13 year period of service to the United Methodist Church. My plan had been to serve in churches that could not afford a full time minister; however, after 4 years I was called to full-time ministry in the Bangor area.

Volunteerism was always a part of my adult life – mostly involving service to my church. Of course when our sons started to get involved in activities – music lessons, 4-H, Boy Scouts, and sports – my wife and I both became chauffeurs often going in different directions. Our sons' involvement became our involvement as we became part of the adult support. Finally, by 1989 they did not need us as much so I decided to become part of a service group, with no direction as to which one. Well, my wife leaked it out to a former student who happened to be a Lion. He approached me and that became the beginning of an exciting journey. I became a Lion in District 14U.

It did not take long before they had me involved in the leadership. After having served in many of the club leadership positions, I was asked to be Associate Cabinet Chaplain for the district. That evolved into my having a number of District positions with the highlight being District Governor in the 2008-2009 Lions Year. That was the year that the International Convention was held in Bangkok, Thailand. What an exciting event! I even got to ride an elephant.

I continued my service on the club and district level, then was asked to take on commitments to being on the State Finance Committee and being a part of the State House of Delegates.

Once we moved to Berks County in 2012, we visited about a half dozen clubs before deciding which one would be chosen. All of those visited were very welcoming.

While my main focus in volunteering is within the realm of Lions activities, church volunteerism (including preaching at several denominations and officiating at funerals), delivering for Meals on Wheels (a carryover from service in Monroe County) and serving the local food pantry have also kept me busy.

When we were looking for a home in the area we chose one with a wide open field, something I had always wanted as a father with active boys. My heart told me that the grandchildren would enjoy playing on the 2.7 acre plot. I did not figure on today's youth as being tied to video games rather than outside activities. That said, a good part of my time now is taken up by maintaining the property.

Of course, I do continue to serve my chosen club here and have started through the chairs again. I have also served District 14P as Zone Chair and Audit Chair.

Beside my club, Shartlesville Lions, I serve as an Associate Member and advisor for the Frystown club.

*PDG Bob Argot*

The Central Berks Lions Club is offering a Display of International Flags to any other club. First come, First served.

Contact Central Berks President Anne Ostrowski at [anne15@frontiernet.net](mailto:anne15@frontiernet.net)



**HONEY BROOK LIONS CLUB**  
**CHICKEN POT PIE SALE**

**TAKE OUT ONLY**

**WHERE**  
**HONEY BROOK LIONS CLUB**  
**COMMUNITY CENTER**  
**14 MT PLEASANT ROAD**  
**& RTE 10 SOUTH**  
**HONEY BROOK, PA**

**WHEN**  
**SATURDAY, NOV 14TH**  
**11 AM TO 2 PM**  
**OR UNTIL SOLD OUT**

**QUARTS \$ 8.00**  
**CONTAINERS PROVIDED**

Pre- orders welcome 717-484-2694

**GARAGE SALE**

**Sat. NOVEMBER 7 ,2020**

**8:00 AM to 1:00 PM**

**TOPTON LIONS CLUB**

**24 EAST HIGH STREET (Rear)**  
**(Down Alley Behind JAK'S Restaurant) TOPTON, PA**

Jigsaw puzzles  
Nascar collectables – plates, cards, clothing and die cast, etc.  
Mugs/coffee cups, Some sets of drinking glasses  
Second Hand Jewelry  
Celtic Items Directly from Great Britain  
Vintage Vinyl Long Playing Records  
Some Christmas Items  
Some newly donated items



**West Goshen Lions Club 2020 Fruit Sale**

**You can order online!**

**<https://freshfruitorder.org/WestGoshenLions>**

**Sale ends Sunday, November 22nd at 5pm**

**Fruit will be delivered Wednesday, December 9th to the SAME PLACE AS LAST YEAR:**

**ABC Paper & Chemical Co**

**510 E. Bernard Street**

**(Across the street from West Chester Area Senior Center)**

**\*We need Fruit picked up & out of the warehouse by Friday, December 11 at 5pm\***

**Contact Tony Simkovich**

**Email: [simkovich1@comcast.net](mailto:simkovich1@comcast.net)**

**Phone: 610-436-4958**

**Music Trivia!**





## In Memory of Lost Lions

*PDG Donn Barber, served 62 years for Kennett Square*

*William Baseley, served 68 years for Amity Township*

*Walter Christ, served 46 years for Muhlenberg*

*John Sands, served 41 years for Reading Pagoda*

# November is Diabetes Awareness Month

## DIABETES AWARENESS

### STATISTICS

**29.1**  
MILLION

people in the U.S. have diabetes. That's about **1 out of every 11** people



**1 out of 4** do not know they have diabetes

**86**  
MILLION

people - more than **1 out of 3** adults have prediabetes



**9 out of 10** do not know they have prediabetes



**15-30%** of people with prediabetes will develop type 2 diabetes within **5 years** without weight loss and physical activity



People who have diabetes are at higher risk of serious health complications:



BLINDNESS



KIDNEY FAILURE



HEART DISEASE



STROKE



LOSS OF TOES, FEET, OR LEGS

### RISK FACTORS FOR TYPE2 DIABETES



BEING OVERWEIGHT



HAVING A FAMILY HISTORY



HAVING DIABETES WHILE PREGNANT (gestational diabetes)

### TYPES OF DIABETES

#### TYPE 1

Body does not make enough insulin

- Can develop at any age
- No known way to prevent it

**5%**

In adults, type 1 diabetes accounts for approximately **5%** of all diagnosed cases

#### TYPE 2

Body cannot use insulin properly

- Can develop at any age
- Most cases can be prevented

**95%**

Type 2 diabetes accounts for **85% - 95%** of all diabetes in high-income countries

### SYMPTOMS OF DIABETES

- Constant hunger
- Lack of energy/ Fatigue
- Excessive thirst



- Frequent urination
- Sudden weight loss
- Vision changes

### TO REDUCE YOUR RISK



LOSE WEIGHT



EAT HEALTHY



STAY ACTIVE



QUIT SMOKING



WORK WITH A HEALTH PROFESSIONAL

GLUCOSE  
DIABETES  
COMPLICATIONS  
INSULIN  
WEIGHT  
MONITOR  
STAGES  
ISLETS  
INJECT  
SENSITIVITY  
NERVE  
HEALTHCARE  
SYMPTOMS  
TYPE  
PANCREAS  
MELLITUS  
RESPOND  
SUGAR  
KETOACIDOSIS  
HYPERGLYCEMIA  
ACUTE  
ENDOCRINE  
CELLS  
PANCEREAS  
RESISTANCE  
METABOLISM  
ADULTS  
INJECT