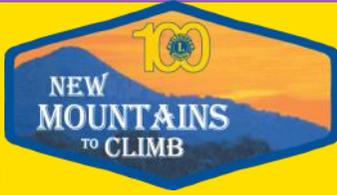




# District 5M11 Newsletter

January 2017



## BOILER ROOM



# THE CLIPPER WEEKLY

Vol. 25 No. 49

Dedicated to The North Eastman Community

December 8, 2016



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## CPR Holiday Train a record setting event

*Local food banks reap rewards from warm weather, great turn out*

*By Ariene Davidson and Mark T. Buss*

The Canadian Pacific Railway Holiday Train drew a record crowd to Whitemouth last Friday, which resulted in a record amount of nonperishable food items and financial assistance the Whitemouth Lions were able to donate to those less fortunate.

An estimated crowd of over 2,500 took in the annual rolling spectacle when it made its North Eastman stop on Dec. 2, resulting in 2,982 pounds of food and \$6,950 in financial support being turned over to the Lac du Bonnet and Beausejour Food Banks.

Of that total, CPR donated \$4,000, another \$1,000 came from the Whitemouth and District Lions Club, plus another \$500 from the RM of Whitemouth. Cash contributions from the public totalled more than \$1,530.

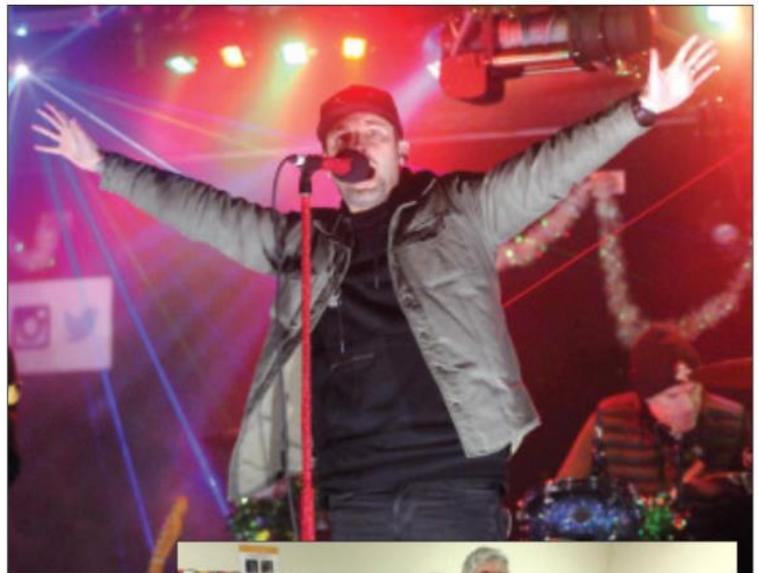
Raising money and awareness about hunger issues in Canada and the U.S. since 1999, each Holiday Train has 14 brightly decorated rail cars, including a modified box car that has been turned into a travelling stage for performers. Each car is decorated with hundreds of thousands of LED Christmas lights.

Over the past 13 years, the Whitemouth CPR Holiday Train stops have resulted in the collection of over 18,000 pounds of nonperishable food items and monetary donations over \$43,650.

On Dec. 2, entertainers Dallas Smith and Odds hit the stage at the Whitemouth stop on Railway Avenue. The concerts were free, but attendees were encouraged to bring either a nonperishable food item or a cash donation.

The Whitemouth Lions coordinate the CPR Holiday Train for the region and all proceeds collected are split between the Food Banks in Lac du Bonnet and Beausejour.

The Whitemouth Lions made donations to the Lac du Bonnet and Beausejour Food Banks on Dec. 3. With each receiving a cheque in the amount of \$3,475, the Lac du Bonnet Food Bank received 1,533 pounds of food with the Beausejour Food Bank weighing out 1,449 pounds of nonperishable items.



*Dallas Smith performs at the CPR Holiday Train stop in Whitemouth Dec. 2.*



*Ann Ticknor (left) of the Beausejour and Area Food Bank accepts a cheque from Whitemouth Lions Roy Moir, Cal Kirby and Amy Kirby in the amount of \$3,475 along with 1,449 pounds of food.*

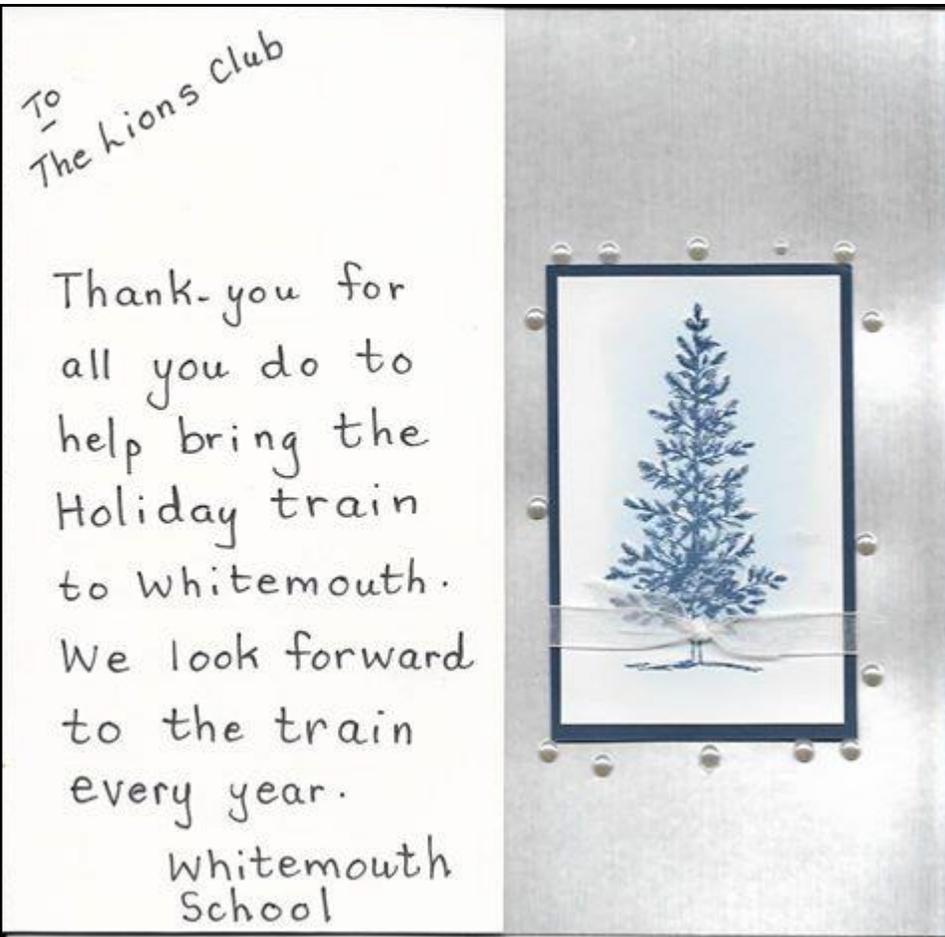
*Photos by Mark T. Buss*





What an amazing community we all live in!! At last night's CP Holiday Train, the Lions Club received nearly 3000 lbs of food and almost \$7000 in donations for the Lac Du Bonnet and Beausejour Food Banks. Some estimate that there were about 3000 people in attendance, with many from the surrounding towns of Lac Du Bonnet, Pinawa, Elma and Seven Sisters. Once again there was an excellent program, headlined by Dallas Smith and also "Nugget - the crazy Christmas Chicken". A huge THANK YOU to all those who came out and made such a worthwhile contribution to our local food banks....so proud to be a part of this community!

The Whitemouth Lions donating to the Lac du Bonnet Food Bank after the CP Holiday Train.



The Whitemouth Lions Club were excited to see this year's Christmas Concert at the Whitemouth School, where the theme chosen by the children was the CP Holiday Train. They did a wonderful job with the concert, and we were so pleased to receive their "Thank You" and chocolates. Their appreciation certainly makes all our efforts completely worthwhile!!



# DG Mike's Boiler Room Report

I have been attending club DG visits although requests have still been slow coming in. Some of my visits were postponed due to weather but have been rescheduled. I have been attending Other Midwinter conventions within the Multiple and have been promoting our convention both within our multiple and at my club visits. I have been taking in some zone and Centennial meetings as well. Sitting on the Lions Foundation of Manitoba and North-western Ontario has proven to be interesting.

While our district remains healthy there are still some areas we need to focus on. Our membership was at 1900 as of mid January. While we have added 17 new members in January we have lost 9 bringing us in at 1,908 members. We started the year out at 1,905. This means we are at a plus 3 for the year as of mid January. These numbers keep bouncing up and down as we go through the months, let's get rid of the downs and keep working on the ups. While we added 81 new members throughout the year we lost 78. It is hard when we loss members through pass and all we can do is to mourn their passing. I believe the numbers we lost this way is at 24 but what about the 54 we lost due to lost interest could we have worked on this. It would be nice to see 2000 members by the end of the year. We also need to work at identifying potential leaders and ensure that they are well trained to step up and lead when required. Let's continue using on line training, the RLLI, ALLI, and the USA Canada Forum as well as the new Northern Pride Leadership Forum is being accessed. We do have 5 candidates for the RLLI but could use one more. We now have zone chairs in all our zones, but still need chairpersons for clubhouse, Club Excellence Process Canada, and Leo Club chairs in both USA and Canada.

Jenifer Spielman District Administrator still continues to be an invaluable resource for me and the district and I encourage her to hold this position in the future should she wish to do so.

While we have someone willing step up to the position of 2<sup>nd</sup> Vice District Governor for next year, we need to identify persons willing to step up for the position of 2<sup>nd</sup> Vice District Governor in years to come and I am asking for recommendations.

We continue to work on the possibility of a Hawley Women's club, and I continue to work with the Ethiopian population in Winnipeg in an effort to get a club started, dealing with a different culture and mindset has made this a challenge.

Thank you everyone for all you do.

**District Governor Mike Janssen**



District Governor  
Mike Janssen



DG Mike presented IPDG Gerald Fontaine with a Certificate of Appreciation for his year as District Governor.




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### 5 Things All Kids Need

1. Strong positive relationships with people who care about them.
2. Safe and caring places to lives, learn, work and play.
3. Opportunity to provide service to others, learn and try new things.
4. Healthy habits.
5. Hope for the future.

Artwork courtesy of McMillan Elementary in Abbotsford, BC





# Zone Meeting Notices



## 5M11 Lions Zone 3 Meeting

Hosted by Fosston-Lengby Lions

At Ruffed Grouse Roadhouse 1337 300<sup>th</sup> Ave Lengby, MN

Tuesday, February 28, 2017

Meal at 6:00 pm, Program at 7:00 pm

Meal options: Prime Rib - \$16, Chicken Cordon Bleu - \$14



Featured Speaker: Lion Ken Bauer, Leader Dogs  
for the Blind

Reports from additional cabinet members and club representatives



Please report your plan to attend and meal choice to your club president by February 22.

Attending Cabinet Members please respond to Lion Kevin Reich by February 22.

## Zone 1 Meeting Hosted by Sabin Lions

Zone One will meet on February 20th at the Sabin Community Center with a 6 pm Social and 6:30 pm Dinner.

Speaker and club reports to follow dinner.

Speaker will be Lion Jenifer Spielman on Project New Hope.

Be prepared to give a short report on your club's activities/coming activities.

Menu will be pork chops, baked potato and vegetable. Cost is \$12.

Please RSVP to Lion Brian at ( [dilworthlions@hotmail.com](mailto:dilworthlions@hotmail.com) ) by February 15th, with the number you anticipate to attend from your club.

**Zone 6 Meeting**  
**Hosted by the Argyle Lions**  
**March 29, 2017 at the American Legion Club,**  
**Argyle MN. 7:00 pm**  
More details later. Wear a Crazy Farmer Hat or Cap.  
Lion Gladwin Lynne



PLUNGEMN.ORG

2017 POLAR PLUNGE

# LIONS OF 5M!



*Join the Lions of 5M take the PLUNGE to support Special Olympics MN!*

The Lions have been an important partner of Special Olympics Minnesota for decades, both international and locally here in Minnesota. Whether it be through the supporting our state athletic competitions, the Polar Plunges, or our Opening Eyes (free quality eye care for those with intellectual disabilities), the Lions have been a huge leader in giving back to their communities through Special Olympics.

Spearheaded by the Lions of 5M-7, we invite you to help support the over 8100 Special Olympics athletes in the state of Minnesota!

**Join the team, donate, and/or start your own Plunge team! Here's how:**

- **Join the team and Plunge on Friday, March 3, 2017 at Lake Calhoun in Minneapolis during our Corporate Hour!**  
You'll enjoy food and beverages starting at 3:00 p.m.! Plunge around 3:30 p.m. and then stay and enjoy the festivities including watching Lion Terry Wold, I-PDG of 5M-7, Plunge with the executives at our Executive Challenge Plunge starting at 5:00 p.m., live on Fox 9 News! Then we'll finish up with fireworks around 7:00 p.m.! Join the team by following this link: <https://reg.plungemn.org/team/lionsof5m>
- **Don't want to Plunge? Donate to the team using the same link!**
- **Want to Plunge at a different Plunge location near you?**  
Great, we have 20 locations! Choose a location and form your own team! Just follow this link and select, "Form a New Lions Team" from the right hand side. <https://reg.plungemn.org/group/lionsof5m>

**POLAR  
PLUNGE**

## CONTACT

Kelley Jensen

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763.270.7145

900 2nd Ave South, Suite 300 | Minneapolis, MN 55402



## *Eighth Annual Minnesota Lions Diabetes Research Update* April 8, 2017

Hosted by the University of Minnesota Foundation and Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn how these scientists, funded by the Lions Diabetes Research Foundation, are making a direct impact in our community, state, and beyond.

During a reception, following the research presentations, guests will have the chance to interact with the scientists, learn more about their research, and ask questions.

**Saturday, April 8, 2017**  
11 a.m. Registration  
11:30 a.m. Lunch and program  
1 p.m. Reception

**McNamara Alumni Center**  
University of Minnesota  
200 Oak Street SE  
Minneapolis, Minnesota

### **Faculty Research Presentations:**

- **David Bernlohr, Ph.D.**, Research on the role of calcium in insulin action that could lead to a new drug for treating type 2 diabetes
- **Brian Fife, Ph.D.**, How blocking the body’s immune pathway could stop the immune attack on islet cells
- **Michael Garwood, Ph.D.**, Advances in viewing transplanted islets inside the body pre- and post-transplant
- **Bernhard Hering, M.D.**, Discoveries in pig islet research that could lead to a cure

### **RSVP by Friday, March 24:**

RSVP online at [www.rsvp.umn.edu/Lions](http://www.rsvp.umn.edu/Lions)

Please contact Caitlin Ochtera at [ochte001@umn.edu](mailto:ochte001@umn.edu) or 612-625-8424 with any questions.  
*A confirmation letter, including parking information, will be sent prior to event.*





# Riverside Lions Club



The Lions Club of Riverside adopted a family from the Cheerboard and helped them with snowsuits for the children as well as the regular food hamper and gifts.



The Lions Club of Riverside presented Rossbrooke house with a donation.



The Lions Club of Riverside presents the Cheerboard with a donation.



The Lions Club of Riverside's Annual Christmas party had a very special surprise for one of our long time members. Lion Millie Babian, a member since 1994; was presented with a Melvin Jones Fellowship. Lion Millie has held many positions in her years with the Lions, and is our current club treasurer. Lion Millie is also a Life Member of Lions Club International. She was presented her fellowship by Immediate Past District Governor Gerald Fontaine. Congratulations go out to you and welcome to the fellowship.

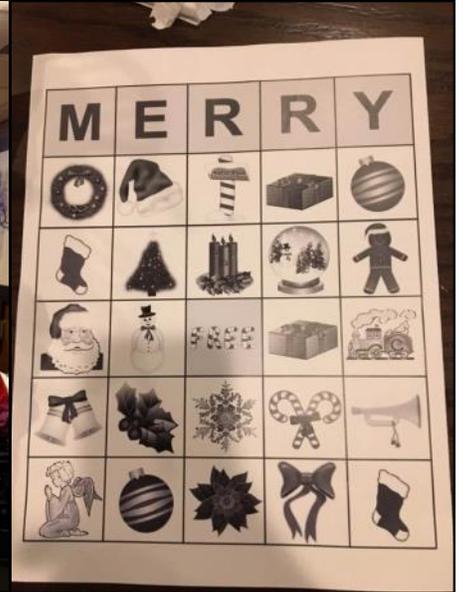


The Lions Club of Riverside made a donation to Agape Table.



# Glyndon Lions and Lioness Clubs

On Monday evening, December 12, 2016, members of Glyndon Lions and Glyndon Lioness Clubs enjoyed their annual Christmas party at The Boulder Taphouse in Moorhead, Minnesota. An enjoyable evening was had by all.



# Fosston-Lengby Lions



On Friday December 17th at the radio station the winner of the ice castle was drawn. Congratulations to Wayne Holt of Fosston!! The Fosston-Lengby Lions would like to thank everyone who participated in this and purchased tickets. (Contact Wayne for guided ice fishing trips this winter!)

# Winnipeg West Lions



Winnipeg West Lions at the Christmas Reading Action Program with Sunnyside Daycare. Lions Yvonne Doerksen, Bea Barnard, Kay Johnson, Norm Johnson, Dennis Doerksen

Thanks so much for coming out to visit the children, they are truly fortunate to have this opportunity. We wish you all a very Merry Christmas and Happy New Year! Your friends at Sunnyside



## West St. Paul Lions Club

Even a Chilly -25C doesn't stop the West St. Paul Lions holding their **Annual Lunch with Santa**

1. Craft Table for the Kids.
2. Lunch area so the kids could grab a snack.
3. West St. Paul Lions elves keeping all the kids tummies full.
4. Both of the West St. Paul Lions hanging with Santa

We took 45 pictures of kids/Santa photos



## Upcoming events for West St Paul Lions:

**Monday, 20 Feb** - Family Fun Day at Sunova Rec Ctr.

**Sunday, 26 Mar** - pancake breakfast at Applebee's on Regent from 8:00 AM to 10:00 AM. Cost \$10.00 per person with proceeds going to our bursary fund for 4 high schools.

**Sunday, 02 Apr** (date change) - 3rd annual Home Vendor/Artisan trade show and luncheon with proceeds going to: Type1 diabetic camp for children and Guide Dogs Canada.

**Summer months** - look for us at the Main Street IGA as we are doing a BBQ on weekends at least once a month between May (hopefully) and Sept with proceeds to our bursary fund



# Warren and Wannaska Lions Clubs

Below is the **Warren Lions & Warren Jaycees Basketball Fundraiser** that took place at the W-A-O High School on Saturday, January 7th. Lion Tony Gullikson was again Chairman of this successful Project, which was greatly assisted by the Warren Jaycees. Proceeds from this Fundraiser will be donated to various Community Charities and Projects.



A BGMR 6th Grade player drives towards the basket against the Thompson Team while Warren Lion Member Wade Johnson officiates during the Championship Game of the Warren Lions & Warren Jaycees Basketball Tournament Fundraiser held on Saturday, January 7th.

Warren Lions Members that worked at the Warren Lions & Warren Jaycees Basketball Tournament Fundraiser on Saturday, January 7th at the W-A-O High School are (L-R) Basketball Tournament Chairman Tony Gullikson, Nate Wozniak, Freddie Martinez, Greg Johnson, Rick Schmiedeberg, Darrell Rindy, Kevin Johnson, Allyn Roley, John Bowman and Wade Johnson. Warren Lions Members that also worked, but not included in the picture, were Darby Boe, Jim Duckstad, Chris Kirchner and Jim Myrfield.



Ask someone about the **Wannaska Lions** and you are likely to be told about the mouth watering pancakes they serve at benefits. The Lions hold Pancake Benefits for needy individuals and organizations. Made from scratch pancakes are the main item on the menu and you can eat them until your tummy is full. Benefits are held between the hours of 8AM and 1PM which allows people to come for breakfast or dinner. No matter what time you arrive, you will leave with your tummy full, you will have visited with friends and neighbors and you will have helped someone in need.



## Fertile Lions Club



Fertile Lions Club President Paul Borslien and Mike Slevin decorated a tree with children's mittens, scarves and hats at the Senior Citizens Christmas Party Dec. 17 at the Fair Meadow Assisted Living Facility in Fertile, MN. Fifty-nine items were donated by Lions Club members and guests. After the party, all the items were donated to the Fertile-Beltrami School. It was a first time project for the club.



Elaine Bertils, left, and Jean Wright served coffee during Senior Citizens Christmas Party on Dec. 17 at the Fair Meadow Assisted Living Facility in Fertile, MN. For more than 50 years, the Fertile Lions Club has sponsored the party. Club members provided and served holiday goodies.



Eileen Bevolden won a Christmas arrangement in a drawing at the Senior Citizens Christmas Party on Dec. 17 at the Fair Meadow Assisted Living Facility in Fertile, MN. The Fertile Lions Club has sponsored the annual party since 1965. Club members provided and served holiday goodies. Fertile-Beltrami School choir members sang carols at the party.





# Winnipeg Ma'di Lions Club

Results of Opening Meeting Place at Concordia! on December 3, 2016 for Winnipeg Ma'di! Photos by the Artistry of Lion. Rachel Okot



Centennial Charter Club President opening the ceremony program and welcome!



Thanks for welcoming us in your area, Federal MP. Daniel Blaikie, MLA. Matt Wiebe and Councillor. Jason Schreyer, 5M11 DG and fellow Lions / Friends



Club Vice President Presenting Welcome new private African Immigrant to Manitoba project and Winnipeg Ma'di Language Classes project!



Our fellow Lions Club of West ST. Paul, Club President Pat Wight and Club Treasurer Julia Doe.



Our Guest. Daniel Blaikie, Member of Parliament of Canada



Our Guest Matt Wiebe, Members of the Legislative Assembly of Manitoba with Akeri Isara. — at Winnipeg Ma'di Lions Club, Manitoba.



Our Guest Elmwood - East Kildonen Ward, Councillor. Jason Schreyer, City of Winnipeg Government



# Hitterdal Lions Club

Hitterdal Lions Club Christmas event was held Dec 10th at the Hitterdal Community Hall.





## Crookston and Winnipeg South Lions Clubs



The **Crookston Lions Club** had four award recipients that were present at our Awards Night at our December Meeting/Christmas Party. Lion Jerry Amiot with an LCIF - Melvin Jones Fellowship Award, Lion Shauna Reitmeier with an MD5M Vision Foundation Fellowship Award - the Helen Keller Award, Lion Fred Parnow with an MD5M Hearing Research Fellowship Award and Lion John Vik with an award from the Crookston Lions Club named the LION of the YEAR award.



The Winnipeg South Lions had their Christmas Dinner on December 7, 2016, 17 members were to join us.

On behalf of Winnipeg South Lions, we would like to wish ALL Lions and their family a very Merry Christmas & Best Wishes for 2017.

## Winnipeg South Lions Club

*presents the*

### **13<sup>th</sup> Annual Fundraising Bingo Bowl**

**Date: Saturday, May 6, 2017**

**Where: Dakota Bowling Lanes, 1085 St. Mary's Road, Winnipeg**

**Time: 7:00pm – 10:00pm (Please arrive at 6:30pm)**

**Cost: \$15 per person (includes shoes and snacks)**

**Children under 12 and Supporters - \$10 each**

**\*\*\*Rainbow Auction\*\*\*50/50 Draw\*\*\*Licensed Premises\*\*\***

**For Tickets, call Lion Steven at 204-299-8640**



## Thief River Falls Moonlighters Lioness

The ringing of the Salvation Army Bell on Dec. 16, 2016 at K-Mart. Workers were Sherry Sorenson of the Moonlighters Lioness Club of Thief River Falls, Hillary Stoltman of the St. Hilaire Lions, Cindy Vennes and Brent Fuller of the Moonlighters Lioness Club of Thief River Falls.



Sherry Sorenson of the Moonlighters Lioness Club of Thief River Falls pictured with the Christmas tree at McDonald's. We Donated 3-\$10 gift cards to the Ronald McDonald House in Fargo on Dec. 3, 2016.



Dec. 30, 2016 Lela Paetznick of the Moonlighters Lioness Club of Thief River Falls is pictured with 3 residents of Valley Home and the Activities director. We donated 8 adult coloring books.



# Winnipeg West Lions Club



Lion Al Lowry of the Ste Anne Lions and Lion Bea Barnard of the Winnipeg West Lions presenting a deserving senior with a new adjustable wheelchair. This wheelchair was made possible through the Winnipeg West Lions and the Medical Assistance Program of the Lions Foundation of Manitoba/NW Ontario.



Winnipeg West Lions President Gord Kalian (right) along with Lions members Yvonne and Dennis Doerksen manning the Salvation Army Kettles outside Sears Canada in the Polo Park shopping mall. The Winnipeg West Lions look after the kettles for the 6 Fridays before Christmas with 3 shifts of two members each day. It is a fun thing to do, we meet lots of people and promote Lions and help the Salvation Army raise some funds.

## True Friends

### Giving is Good *2016 Giving Highlights*

**C. H. Robinson:** last spring a generous grant was awarded True Friends from C.H. Robinson for the completion of a new accessible playground at Camp Eden Wood. This uniquely designed activity area was dedicated in early-May when more than seventy C. H. Robinson employees joined us for their annual Day of Service at Camp Eden Wood.

**Starkey Hearing Foundation:** renewed its support and financial assistance for the True Friends Deaf & Hard of Hearing Camp that was held in July at Camp Courage North. This grant enabled participants with hearing impairments to enjoy an adapted camping experience deep in the pines of northern Minnesota.

**R.R.W & Florence Berglund Foundation, Margaret A. Cargill Foundation, and the Pohlad Family Foundation:** each of these organizations made significant grants to underwrite the construction of the new *Twin Cities Respite Care Center* at Camp Eden Wood. This \$1.2 million project got underway in September and is expected to be concluded by June 2017 just in time for the summer camping season. The new center will greatly enhance our already highly-regarded respite care program services.

**William (Bill) Dudley & Richard (Dick) Ames:** provided the funds necessary to underwrite two new *Peace Warrior Project Camps* at Camp Courage in May and September. In partnership with SPARTA, a southern California-based counseling/consulting agency providing services for combat veterans, these camps were held for U.S military veterans coping with PTSD and other challenges they face as a result of their tours of duty.



# Whitemouth and District Lions Club

The Whitemouth & District Lions Club once again hosted the Carol Fest on Sunday, December 4th at the Community Club in Whitemouth. This is our annual fundraiser to raise funds for the Christmas Hamper program. Coffee and dainties were offered by the Lion members, while the entertainment was provided by local choirs and individuals. This year nearly \$400 was raised for the



Mitsui Sawabe plays banjo at the Whitemouth Carol Fest.



Betty Dancyt and Drew Plaetnik play Hallelujah



The Whiteshell Baptist Choir sing at Whitemouth Carol Fest



The Whitemouth Lions thank Beausejour Togs and Treasures for a generous donation to the Christmas hampers.

## Whitemouth Lions Club packing Christmas cheer

*By Carol Ans, The Clipper*

On Dec. 16, the members of the Whitemouth Lions Club gathered at the Whitemouth Rec. Centre to pack 55 hampers to distribute to those in need in the Whitemouth and Reynolds Municipalities.

Recipients of these hampers include 87 adults and 78 children. In addition to the makings of Christmas dinner, the hampers include canned goods and other non-perishable items.

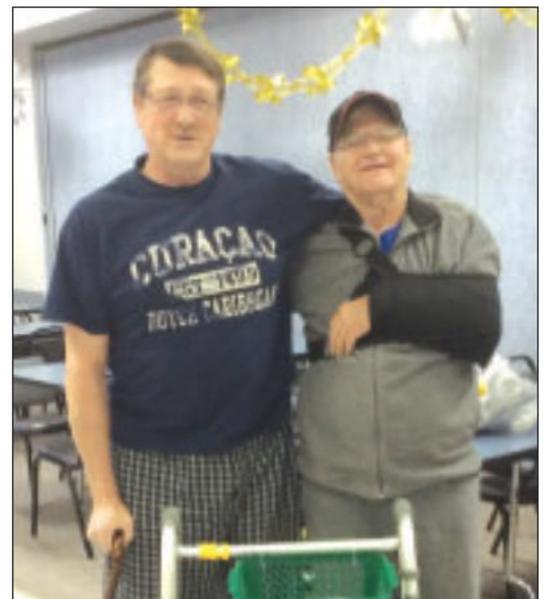
Every child under the age of 12 receives a gift appropriate to their age. Knitted items (donated by the community knitter) are distributed as well as additional warm clothing. It's a big undertaking for the Lion Club shoppers to find something to please every child.

Two members of the Lions undertake the chore of collecting good used clothing for distribution and those who pick up the hampers are encouraged to take items the family needs.

The requests for hampers were at a record high, but this year donations were down. The hampers depend on donations from the community. Those receiving hampers must remember to reapply each year for a hamper. Circumstances may change from year to year.

The Lions Club is exceedingly grateful for all that they receive in money and gifts and wish to thank all the volunteers and the people and business who donated for their generosity and help.

Through your generosity and gifts you have made Christmas happier for more than 160 people.



*Photo by Christine Savoy*  
Whitemouth Lions Club members Jim Sutton and Ken Barnard supervise their fellow Lions while hampers are packed.



# New Lion Members to 5M11

*5M11 is so excited to add so many new Lions to help us "SERVE" our communities. Thank you for taking the time out of your busy schedule to be a part of this hard working service organization. We look forward to working with you, side by side and strive to make a difference in a community or world-wide project to help "a person in need". THE FOLLOWING LIST IS AS FROM LIONS CLUB INTERNATIONAL. So if your new members are not on this list yet, it is due to when we get the confirmation from International.*

**Garret Kollin** – Crookston Lions Club

**Joe Kresl** – Crookston Lions Club

**Derek Martin** – Crookston Lions Club

**Nick Danielson** – Dilworth Lions Club

**Brandon Fletschock** – Dilworth Lions Club

**Shirley Wagner** – Greenbush-Badger Lions Club

**George Harris** – Halstad Lions Club

**Vickie Harris** – Halstad Lions Club

**Roger Langerud** – Hitterdal Lions Club

**Gary Mattson** – Olso Lions Club

**Mary Alexin** – Pinawa Lions Club

**J Horton** – Pinawa Lions Club

**Todd Grow** – Sabin Lions Club

**Cathy Hardman** – Riverside Lions Club

**Ivan Hardman** – Riverside Lions Club

**Denis Labossiere** – Riverside Lions Club

**Elizabeth Oberholtzer** – Riverside Lions Club

**Timo Gerzen** – Steinbach Lions Club

**Debbie Jones** – West St. Paul Lions Club

**Nadine Neufeld** – West St. Paul Lions Club

**Deborah Safiniuk** – West St. Paul Lions Club



*Clubs, as you add new members, please e-mail Lion Stacy, Newsletter Editor, as well as DG Mike to be included in the next newsletter.  
(E-mail is [skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or [specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com))*



DG Mike's Governors Night at Flom & Area Lions



DG Mike presented PDG Wayne Swanson with a walking stick that he made at a recent Cabinet meeting.

# Can Do Canines



Thank you to the wonderful Lions Club members for visiting us in the beginning of January! Special thanks to Ross Thorfinnson, a Lions Club member and Can Do Canines board member for attending as well.



## Celebrating the Northern Centennial Challenge with the Lions Foundation of Canada Dog Guides

- Date: May 28, 2017
- Location Kildonan Park – Winnipeg Manitoba
- Time: 08:00 - 4PM
- Type of Event – Walk for Dog Guides, BBQ & Family Day Children's Face Painting & Activities & much, much more...



# Advice to Caregivers

Don't be **bashful**.

Feel **empowered**.

Take control on behalf of your child's teeth.

If your child does not have a regular dentist, ask your child's doctor or nurse practitioner to apply fluoride varnish to your child's teeth four times a year.

Cavities can be prevented with fluoride, tooth brushing, and limited exposure of teeth to sugars.



Learn about proper tooth care and proper diet; you have an important role in keeping your child's teeth healthy.

Learn more about oral health by visiting the Minnesota Oral Health Project website [minnesotaoralhealthproject.com](http://minnesotaoralhealthproject.com) and liking us on Facebook.

Cavities **can** be prevented!



Supported by  
MD5M Lions



We have started a new award this year. It is called the Heart of the Lion Award. To receive this, you must have done 7 of the 10 criteria listed. This application can be filled out by the individual club member or the club can fill it out on behalf of the member. This can be accomplished from the last convention to the current convention. We will be awarding these at the convention or at a meeting after the convention. We would love to see many Lions receiving this award this year at the convention. You may have already done a lot of these things since July. Please get your club members to start filling it out. See you at convention.

**Lion Jenifer Spielman**  
**5M11 District Administrator**



## Heart of a Lion Award Application

This Award is for 5M11 lions that meet the criteria below. A lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be awarded at Mid-Winter Convention or at Governors meetings after Convention. This award can be earned over several years.

**A Lion Member must MEET 7 of the 10 CRITERIA listed below to RECEIVE the AWARD!**

Name: \_\_\_\_\_ Club \_\_\_\_\_  
 (Name of Lion Member)

\_\_\_\_\_ Sponsored a new Lion \_\_\_\_\_ Club \_\_\_\_\_  
 (Name of new member)

\_\_\_\_\_ Attended a Zone Meeting \_\_\_\_\_  
 ( What Zone and date attended Zone meeting)

\_\_\_\_\_ Attended 5M11 Convention.

\_\_\_\_\_ Served as a Club officer or District Cabinet Chairperson. \_\_\_\_\_  
 (last position held)

\_\_\_\_\_ Be a Chair or Co-Chair of a club or District Project. \_\_\_\_\_  
 ( What was the project)

\_\_\_\_\_ Attended one training event: Officer Training, Leadership Training or other Lions Clubs International sponsored class. \_\_\_\_\_ Date \_\_\_\_\_  
 (Training Attended and date)

\_\_\_\_\_ USA/Canada Lions Leadership Forum, International Convention or Multiple Convention.

\_\_\_\_\_ Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of Lions. \_\_\_\_\_  
 (Promotion idea and date)

\_\_\_\_\_ Attend 5 or more club events \_\_\_\_\_  
 \_\_\_\_\_  
 ( Events attended either your club or another club)

\_\_\_\_\_ Attend a club meeting of another club \_\_\_\_\_  
 (what club)

Original to be completed and turned into the District Governor or District Administrator.

Signature of District Governor or District Administrator. \_\_\_\_\_ Date \_\_\_\_\_



*Did you ask someone to be a Lion today?*

# State of the District

We added 7 new members this month (December) while losing -14 bringing us to 1900 this month with a -7. For the year, we have added 64 members and dropped 69 for a -5. Worldwide membership is 1,404,616

## NEW DISTRICT BANNER



Like the NEW district Banner!

We have five of them—2 on the Canadian side and 3 on the American side.

Have an event, zone meeting, project coming up and would like the district banner at your event?

Contact DG Mike Janssen, Gladwin Lynne or Russ McDougall to check out the banners.

On a first come, first serve basis. Just remember, you will need to get it back for the next club to use.

If you use the banner at your event, take a photo and send it in to Newsletter Editor Stacy Kleinwachter.

"The official currency for tail twisting at the 2017 5M-11 Mid-Winter Convention will be USA coined one dollar" "The official currency for tail twisting at the 2017 5M-11 Mid-Winter Convention will be USA coined one dollar" "The official currency for tail twisting at the 2017 5M-11 Mid-Winter Convention will be USA coined one dollar"

# MD5M Centennial PR Contest

### Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2018 Multiple Convention. \$500.00 will be awarded to the top winner overall.

Contest will run from January 1, 2017 –December 31, 2017.

Please submit your application to your District Public Relations Chair. If your District does not have a PR Chair, then submit it to your Newsletter Editor.

Mail to:

Lion Sandy Carlson, Public Relations Chair  
1109 2nd Ave N  
Moorhead MN 5656  
designerinmn@msn.com

or Lion Stacy Kleinwachter, Newsletter Editor  
3200 22nd St. S. Apt 424  
Fargo ND 58104  
skleinwachter@yahoo.com or specialk.stacy@gmail.com

**Centennial Public Relations Contest**

**Lions Clubs of MD5M January 1, 2017-December 31, 2017**

District \_\_\_\_\_ Club \_\_\_\_\_ Date of Event \_\_\_\_\_

Event \_\_\_\_\_

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

\_\_\_\_\_

Number of Club Members \_\_\_\_\_ Number of Members who participated \_\_\_\_\_

Approximate number in attendance/number affected by this Event: \_\_\_\_\_

Explanation of Event:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What benefit did this project have to your community?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How did this event publicize Lions and our 100<sup>th</sup> Anniversary (Anniversary must be publicized)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**\*\* Attach only 1 picture page**

Contact person for this event: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Does your club have a Lions sign in your town? \_\_\_ Yes \_\_\_ No

Have you refreshed your Lions sign- a new one or a new decal for our 100<sup>th</sup>? \_\_\_ Yes \_\_\_ No



**Please submit to your District PR Chair before January 1, 2018. Clubs may enter more than once.**

# Cabinet Directory

## District Governor Mike Janssen (Tammy)

R. 204.669.0473  
C. 204.479.1873  
[mjanssen@shaw.ca](mailto:mjanssen@shaw.ca)

## 1st Vice District Governor

### John Wollenzien (Dee)

R. 218.681.2117  
C. 218.686.3316  
[deehandjohnwollenzien@mncable.net](mailto:deehandjohnwollenzien@mncable.net)

## 2nd Vice District Governor and Lions

### Foundation of Canada Dogs Guides,

### Bill Myskiw (Evelyn)

R. 204.339.1242  
[wjmyskiw@shaw.ca](mailto:wjmyskiw@shaw.ca)

## Cabinet Secretary,

### Deanne Williams (Dave)

R. 218.790.3715  
[5m11cabsec@gmail.com](mailto:5m11cabsec@gmail.com) or  
[williams.deanne77@gmail.com](mailto:williams.deanne77@gmail.com)

## Cabinet Treasurer, Nadine Myers (Butch)

R. 218.567.8305  
[nmyers2@arvig.net](mailto:nmyers2@arvig.net)

## District Administrator & Project New

### Hope, Jenifer Spielman (Mark)

R. 218.567.8281  
C. 218.556.5660  
[5m11Jenifer@gmail.com](mailto:5m11Jenifer@gmail.com)

## Immediate Past District Governor,

### Gerald Fontaine (Eliane Carmel)

R. 204.433.7955  
[gerryfontaine@gmail.com](mailto:gerryfontaine@gmail.com)

## Club Quality Initiative (CEP) USA and GLT Leader, PDG Joanne Swanson (Wayne)

R. 218.281.5922  
B. 218.281.4343  
F. 218.281.1888  
[5m11pdgjoanne@gmail.com](mailto:5m11pdgjoanne@gmail.com)

## GMT Leader, PDG Doug Wiens (Kathryn)

R. 204.434.6042  
B. 204.326.9844 or 888.411.9311  
[doug@prudentialriverbend.ca](mailto:doug@prudentialriverbend.ca) or  
[djwiens@mymts.net](mailto:djwiens@mymts.net)

## Zone Chair Mentor (Zones 3, 5, 6, 7) and Centennial Service Challenge US,

### Jan Strandlie (Jim)

R. 218.681.2116  
[janstrandlie@mncable.net](mailto:janstrandlie@mncable.net)

## Zone 1 Chair Brain Norberg (Mary)

R.218.287.2484  
W. 218.299.5151  
[binlou4@prodigy.net](mailto:binlou4@prodigy.net)  
Clubs: **Barnesville, Barnesville Thursday  
Nite, Dilworth, Dilworth Loco Ladies,**  
Dilworth/Glyndon/Felton Leos, Glyndon,  
Glyndon Lioness, **Moorhead,** Moorhead  
Midday Central, **Sabin.**

## Zone 2 Chair Mark Spielman (Jenifer)

R. 218.567.8281  
C. 218.766.6738  
[markspiel53@gmail.com](mailto:markspiel53@gmail.com)  
Clubs: Ada, **Flom and Area,** Gary, **Hawley,**  
Halstad, Hitterdal, Twin Valley, Ulen.

## Zone 3 Chair

Clubs: Bagley, **Fosston-Lengby,** Gonvick,  
Winger.

## Zone 4 Chair Roger Grundhaus

R. 218.281.5951  
C. 218.686.7259  
[rgrundhaus@crookston.org](mailto:rgrundhaus@crookston.org)  
Clubs: **Crookston Noon Day,** Crookston  
Leos, **Fertile,** Red Lake Falls, UMC.

## Zone 5 Chair Deb DuChamp (Jim)

R. 218.465.4239  
B. 218.465.4215  
C. 218.684.1595  
[d\\_duke50@hotmail.com](mailto:d_duke50@hotmail.com)  
Clubs: Alvarado, Oslo, Plummer, Plummer  
Too, Thief River Falls, **TRF Moonlighters**  
**Lioness,** TRF Noon Lioness, **St. Hilaire,**  
**Warren.**

## Zone 6 Chair Gladwin Lynne

R. 218.201.0655  
C. 218.745.4457  
[galyenne@mncable.net](mailto:galyenne@mncable.net)  
Clubs: Argyle, Hallock, **Karlstad,** Lake  
Bronson, Lancaster, Newfolden, **Stephen.**

## Zone 7 Chair Colleen Hoffman

R. 218.683.3534  
B. 218.681.4047  
V. 218.689.0258  
[choffman@mncable.net](mailto:choffman@mncable.net)  
Clubs: Goodridge, Goodridge Lion Tamers,  
Greenbush-Badger, Grygla, Roseau,  
Wannaska, Warroad.

## Zone 8 Chair and Centennial Service Challenge Canada, Kevin Gamble (Andrea Kwasnicki)

R. 204.391.0644  
[kgamble@hotmail.com](mailto:kgamble@hotmail.com)  
Clubs: **Grunthal, Riverside,** South Junction  
and Area Pineland, **Steinbach and Area,**  
**Ste. Anne, Winnipeg South,** Winnipeg  
Transcona, Winnipeg Asia.

## Zone 9 Chair Stephen Logan

R. 204.421.5857  
C. 204.599.6293  
[sma.logan@yahoo.ca](mailto:sma.logan@yahoo.ca)  
Clubs: Beausejour, East Kildonan, East St.  
Paul, **Lac du Bonnet,** Pinawa, **West St.  
Paul, Whitemouth and District.**

## Zone 10 Chair Brian Nazarko (Jan)

R. 204-233.2736  
[jnazarko@mts.net](mailto:jnazarko@mts.net)  
Clubs: Selkirk and District, Winnipeg,  
**Winnipeg Beach/Dunnottar/Lakeside,**  
**Winnipeg Ma'di, Winnipeg West.**

## Technology/Webmaster

### PDG Dave Hollyoake (Barb)

R. 204.642.4650  
C. 204.797.5930  
[dave@hollyoake.ca](mailto:dave@hollyoake.ca)

## Mid Winter Convention Chairs

### Norm "Butch" Myers (Nadine)

R. 218.567.8305  
C. 218.242.5838  
[nmyers2@arvig.net](mailto:nmyers2@arvig.net)

### John Otto

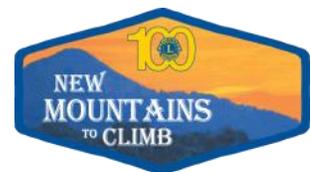
R. 218.596.8394  
[jdo@arvig.net](mailto:jdo@arvig.net)

## Public Relations, Sandy Carlson

C. 701.371.0129  
[designerinmn@msn.com](mailto:designerinmn@msn.com)

## Newsletter Editor, Stacy Kleinwachter

C. 612.269.1582  
[skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or  
[specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com)





# Wanted YOUR CLUB Help for the Newsletter



**Greetings Fellow Lions, Lioness and Leos of 5M-11!**

Thank you to all the clubs that put forth submissions this past year 2015-2016 as well as the cabinet members that sent me items. *56 out of 70 of the clubs had submitted something. That's 80% of the clubs.* This year, I want to see this number increase with the ultimate goal of getting every club to submit even ONE item, whether it be an awesome project, someone getting an awards or showing what you do in the community. We love to hear what you are doing and it may give other clubs ideas on what to do.



**LETS RAISE UP AND MEET THIS CHALLENGE**

**Please send the information to me by the 25th of each month unless stated otherwise.**

Upcoming deadlines for the newsletter:

**February 20th** — March Newsletter

**March 20th** — April Newsletter

**April 20th** — May Newsletter



**Lion Stacy Kleinwachter, Newsletter Editor**

**Email: [skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or [specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com)**

Thanks to the following Lions, Lioness and Leo clubs for submissions: Barnesville, Barnesville Thursday Nite, Beausejour, Crookston, Dilworth, Dilworth Loco Ladies, East Kildonan, East St. Paul, Fertile, Flom and Area, Fosston-Lengby, **Glyndon**, **Glyndon Lioness**, Goodridge Lion Tamers, Grunthal, Hawley, **Hitterdal**, Karlstad, Lac du Bonnet, Moorhead, Moorhead Midday Central, Pinawa, Red Lake Falls, Riverside, Sabin, St. Hilaire, Ste. Anne, Steinbach and Area, Stephen, Thief River Falls Moonlighters Lioness, Ulen, **Wannaska**, Warren, Warroad, West St. Paul, Whitemouth and District, Winnipeg Beach/Dunnottar/Lakeside, Winnipeg Ma'di, Winnipeg South and Winnipeg West.

**Over half way there, 40 clubs! Keep sending in items!**



## Websites to Know



District 5M-11: <http://e-district.org/sites/5m11> \*NEW\*

Multiple District 5M: [www.lionsmd5m.org](http://www.lionsmd5m.org)

Lions Club International: [www.lionsclubs.org](http://www.lionsclubs.org)

Lions Program Sites: Can Do Canines: [www.can-do-canines.org](http://www.can-do-canines.org)

Leader Dogs for the Blind: [www.leaderdog.org](http://www.leaderdog.org)

Lions Clubs International Foundation (LCIF): [www.lcif.org/EN/](http://www.lcif.org/EN/)

Lions Eye Bank of Manitoba and NW Ontario: [www.eyebankmanitoba.com](http://www.eyebankmanitoba.com)

Lions Foundation of Canada Dog Guides: [www.dogguides.com](http://www.dogguides.com)

Minnesota Lions Diabetes Foundation: [www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org)

Project New Hope: [www.projectnewhope.net](http://www.projectnewhope.net)

USA/Canada Lions Leadership Forum: [www.usacanadalionsforum.org](http://www.usacanadalionsforum.org)

[www.LionsUniversity.org](http://www.LionsUniversity.org) \*NEW\* Check it out





**Lions 5M11 District Governor  
Club Visitation Request Form  
2016-2017**

## We Serve

Today's Date \_\_\_\_\_ Club: \_\_\_\_\_

Preferred Date \_\_\_\_\_ Alternate Date: \_\_\_\_\_

Person Requesting \_\_\_\_\_

Phone# \_\_\_\_\_

If more than one club will be attending, please include the names of all clubs:

Meeting Time: \_\_\_\_\_ Social Time: \_\_\_\_\_ Dinner Time: \_\_\_\_\_

Location: \_\_\_\_\_

Lions Contact Person for visit: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Special requests: (Ex. Special Speech, induction of new members, installation of officers, present awards, etc.)

Please submit as soon as possible. I will confirm date with contact person either by phone or e-mail as soon as possible after request is received.

**Please send this information to:**

**DG Mike Janssen**

**58 Walter Copp Cres**

**Winnipeg, MB R2K 4H7**

**R. 204.669.0473 or C. 204.330.3802**

**Email: [mjanssen@shaw.ca](mailto:mjanssen@shaw.ca)**





West St. Paul Lions

Pancake Breakfast  
Fundraiser



Date : Sunday, 26 March 2017  
Time : 8am - 10am  
Place : 1598 Regent Ave  
Cost : \$10.00  
Proceeds to School Bursary Program

contact  
Lion Pat Wight 204-694-6881  
or pdwight@mymts.net



\*\*\*The official currency for tall twirling at the 2017 SM-11 Mid-Winter Convention will be USA coined one dollar\*\*\*The official currency for tall twirling at the 2017 SM-11 Mid-Winter Convention will be USA coined one dollar\*\*\*The official currency for tall twirling at the 2017 SM-11 Mid-Winter Convention will be USA coined one dollar\*\*\*

## HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS

Lancaster Lions	56 years	1/8/1961
Grygla Lions	46 years	1/20/1971
Bagley Lions	43 years	1/28/1974
Alvarado Lions	42 years	1/10/1975
Fosston-Lengby Lions	40 years	1/24/1977
Gary Lions	36 years	1/13/1981
St. Hilaire Lions	35 years	1/28/1982
Greenbush-Badger Lions	32 years	1/17/1985
South Junction & Area Pineland Lions	32 years	1/17/1985