

District 5M11 Newsletter June 2016



DIGNITY THROUGH SERVICE





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Beausejour Lions part of Recycle for

Sight program

Appeared in The Clipper Weekly on June 2 The Beausejour Lions are doing their part to change lives, one pair at glasses at a time.

Lions Clubs across Canada are participating in the Recycle For Sight program, which involves the gathering of eyeglasses at a community collection spot.

In Beausejour, Lion Harold 'Spotty' Ott regularly stops at Beausejour Optical where Dr. Lorne Ryall and his staff at the Park Avenue location collect them. In total, Ott gathers over 2,500 pairs of used eyeglasses each year and delivers them to the Lions Eye Bank of Manitoba and Northwest Ontario Office in Winnipeg before being sent by Lions Clubs International to Calgary.

In Alberta, a team of dedicated prison inmates then clean, refurbish and determine the eyeglass prescription of tens of thousands of pairs of glasses, which are then bagged, packed and shipped to sight missions around the world.

The next step is getting the eye glasses to those who need them. The Lions Clubs International Foundation selects a location that needs a sight

mission clinic - always in some remote place that has not had this type of service before.

As the sight mission team is put together, Lions local to the mission prepare a clinic and getting the word out near and far that the eye clinic is coming.

The clinic team is made up of regular volunteers, eye specialists, surgical teams and everyone else that is needed from cleaners to packers. Each person on the team is a volunteer. Most are also Lions and each covers their own expenses.

At the clinics, patients travel hundreds of miles, usually on foot, and wait in long lines for their turn.

Volunteers do the general eye exams. If eyeglasses are needed, the team fits the patient with a pair with the prescription closest to the one needed. None of the people who are fitted with glasses are worried about style or if the prescription is exact.

Many stories are told of how a person now with eyeglasses, maybe for the first time in their life, can see leaves on the trees, the faces of loved ones, or can finally get a job to help their family. To them, it is a miracle.

As the clinic winds down and everyone on the team returns to their normal lives, it is always with a sense of 'we serve', with new friends for life, and the wonder that with so little they could change so many lives for the better.

If you have eyeglasses, or even just the lenses that are no longer needed, drop them into one of the Eye Bank Eyeglass Collection Boxes around your town or contact Ott at 204-268-8170.





DG Gerald's Report

Greetings Lions,

It has been a good learning experience and a tremendous honor to serve as District Governor for 5M 11.

As I finish my year, I wish to thank my wife and partner in service who has been my right arm throughout this journey. I am also very thankful to my home club, Riverside Lions Club of Winnipeg, for their unwavering support and encouragement.

I am very pleased of the hard work that has been accomplished by Cabinet Members and Program Chairpersons this year.

Visiting with every club has been the highlight of my term. I enjoyed meeting with so many Lions and hearing of all of the projects and fundraising ideas that clubs do in their communities.

I thank Lions members for all of their hard work.

Keep up the good work and don't forget to have fun.

In Lionism,

Lion Gérald Fontaine—DG 5M 11

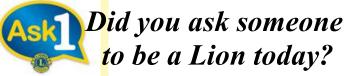




DG Gerald Fontaine











We added 8 new members this month (May) while losing 10 bringing us to 1919 this month with a -2. For the year, we have added 192 members and dropped 196 for a -4. Worldwide membership is at 1,413,822



Canadian Foundations Update

Lions Eye Bank, Lions Foundation, Lions Hearing Manitoba & Northwest Ontario

From July 1, 2015 up to and including May 15, 2016 we have been able to promote and assist many people.



Lions Eye Bank

We have assisted 6 individuals in obtaining specialized glasses, adaptive technology and specialized medication. We have assisted 11 individuals in obtaining eye exams and eyewear. We have assisted Thunder Bay Vision Care Centre in obtaining necessary equipment.

RECYCLE For Sight

CLERC

To date we have collected 40,000 pairs of glasses. This is a new record! Thanks for your help. We have also welcomed 3 new businesses collecting on our behalf.



Lions Foundation

We continue to assist 36 individuals facing hardship while undergoing medical treatment. District Governors Kerensted and Fontaine have made the Lions Foundation (MAP) their pet project and clubs have generously donated \$3735.00. Thank you so much!



Hearing

LIONS FOUNDATION

of Manitoba & Northwestern Ontario

We have assisted 10 individuals in obtaining hearing aids. Our presentation at the Provincial Forum for the Deaf, deaf and Hard of Hearing Educators was well received. We have made worthwhile contacts and a clearer understanding of how we can best help. The 8th Annual 100 Hole Golf Marathon will take place September 12, 2016. More news and details to follow.



Housing

We have been able to accommodate 35 people in our Rural Housing program for stays from anywhere from 2 days to 3 months.

Parade of Green How fortunate we are to receive \$45,570.00 from clubs in all 3 districts. Your support means a great deal to us.

Did You Know?

The Lions Foundation was pleased to award 69 Hope Medals to supporting clubs. The Lions Eye Bank was pleased to present the following Stew Peever awards:

<mark>5M10 Lion Wendy</mark> Wiedenhoeft 5M11 PDG Chris Barnard 5M13 PDG Cheryl McKitrick

We send our heartfelt appreciation to all clubs for your unwavering support in all areas. Without you, we would not be able to accomplish and meet the needs placed upon us. We have spent over \$130,000.00 in assistance.

We will keep everyone posted as to new developments to our programs but in the mean time, enjoy your summer!

With many thanks.



West St. Paul Lions 8 IGA Jefferson





Grocery Scramble \$2.00 per ticket

5MINUTES SHOPPING



TO MAX OF \$500.00 Draw Date July 14th Scramble Date July 17th



The WINNIPEG BLUE BOMBERS Welcome Riverside Lions friends and family to INVESTORS GROUP FIELD

Portions of every ticket sold with promo code and link below goes directly to Riverside Lions Promo code: LIONS Follow link: <u>http://bit.ly/23WnG6C</u> Deadline to purchase tickets is Monday, August 1st at 11:59pm Questions? Please call Samantha at 204-784-7453

lioncentennialride.eventbrite.com sen The Wisconsin Lions Camp is a FREE CAMP for Wisconsin children who are blind, hard of hearing, intellectually disabled or have diabetes stimating food, music & raffles 1,000+ bikers Wisconsin Lions **Centennial Ride** September 10, 2016



Winnipeg South Lions Bingo Bowl

The South Winnipeg Lions Club Bingo Bowl which was held at the Dakota Bowling Lanes on Saturday, May 14, 2016. It was very successful. All the lanes were full and we had a great turn out of fans cheering on their favorite team. Before expenses, \$4,000 was raised.



Happy Winners

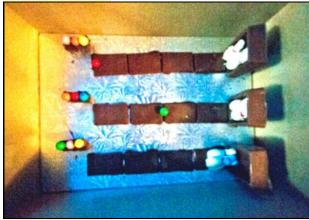


Our Announcer Lion Kevin





Lions Ray and Ranjit at the door



Chocolate Bowling Lanes Door Prize





Lions Crest fruit carving



Lion Marvin taking care of the 50-50 Sales Table



Dilworth, DGF Leos, Glyndon & Plummer



About forty Dilworth Lions, DGF LEOS and family members came together on May 19th to clean Dilworth City Parks



The Dilworth Lions cooked pasta for the Annual Clay County Law Enforcement Awards Luncheon on May 17th in Dilworth. We fed about 80 law enforcement, prosecutors, support staff and related personnel.





Glyndon Lions Club enjoyed a taco party - Tacos by Rodger - at their monthly meeting on Monday, May 2, 2016, which Lion Gayle Robertson won at the recent Zone Extravaganza in Lake Park, Minnesota. Rodger and Elaine Palmer graciously served the group delicious made-from-scratch soft shell tacos with all the trimmings and then joined the group for the rest of the meal. Good fellowship and great food were enjoyed by all.



Plummer Lions Club hosted the Lions 5M11 District Governor Gerald Fontaine on Monday, June 6th. Plummer Lions Too members were also included. Dist Gov. Gerald presented several years of service awards. Members in the photo: Lion(s) Jerod Kelley, Rodney Duden, Jim Duchamp, Don Fox, Eliane & DG Gerald Fontaine, Kevin Tvedt, Bob Johanning, Jerry Freitag, Steve Rosten and Roger Gallant. Photo by Lion Deb DuChamp.



Warren Lions and Barnesville Lions



Lion Jim Duckstad (center and co-chairman of the Warren Lions Bike Safety Program), is shown receiving a personal donation from Jim Myrfield (left) and a Bremer Bank donation from Darrell Rindy (right) for the purchase of bikes that were given away at the annual Warren Lions Bike Safety Program held on Friday, May 13th at the W-A-O School.



Warren Lions Club members are standing underneath a City of Warren Speed Sign prior to their monthly meeting on May 17th. The Warren Lions Club donated \$2,000 for the purchase of (1) of the (4) Speed Signs that have been placed on the highways entering the City of Warren. In the picture are Warren Lions Club Members (L-R) Freddie Martinez, Jim Myrfield, Jon Holter, Rick Schmiedeberg, Jim Duckstad, John Bowman, Lonnie Stauffenecker, Nate Wozniak, Ron Loeslie, Darrell Rindy & Kevin Johnson.



Lance Akers, a leading fundraiser for WDAY Honor Flight, is shown receiving a "large" check in the amount of \$1,500 from incoming Lion President Jay Nord (middle), and current Lion President Mike Quiggle. Charter flights depart from Hector Airport in Fargo and land in Washington, D.C., allowing Korean and World War II veterans to visit the various memorials. Even though it cost \$750 per individual to make this journey, the cost to the veteran is -o-, since it is covered by donations. Excellent community support for the various Lion fundraisers allows the club to continue to help fund these worthy causes and exemplify the Lions motto of, "We Serve."



Gonvick Lions Governor's Night

Appeared in the Tri County Canary on June 1



Gonvick Lions members with District Governor at a meeting at Sportsmens Lodge. Back row from left to right: Jesse Smith, Chris Eck, Éliane Fontaine, Governor Gérald Fontaine, Corrine Richards, Dan Johnson, Crystal Smith and Les Watne. Front row: Dick Richards, Richard Vinje and Norman Rude.

Lions Club hosts District Governor

The Gonvick Lions Club hosted the 5M11 District Governor Gérald Fontaine from St. Pierre Jolys, Manitoba at a recent meeting.

He and his wife Élaine intend to visit all of the 65 Lions Clubs that make-up District 5M 11 during his year as the District Governor. There are 20 clubs in South Eastern Manitoba and 45 clubs in North Western Minnesota.

On his visit he also presented awards that the club had earned during the year. They included District Governor Awards to Člub President Lion Chris Eck, Club Secretary Corrine Richards and Club Treasurer Lion Jonathan Solberg. He presented a 10-year Monarch Chevron to Jonathan Solberg, 25-Year Monarch Chevron to John Hellquist and 40 year Monarch Chevron to Richards Richards. The club also received the Centennial Service Challenge Banner Patch Level 2. The banner was earned on completion of projects and reporting of activities though MyLCI in service areas of Youth, Vision, Hunger and Environment.

Lions Clubs International is the larg-

est service club organization in the world. There are over 1.4 million members in 210 countries around the globe. The International President D. Jitsuhiro Yamada stresses the theme which is Dignity, Harmony and Humanity. He tells that... "We have shown time after time that national boundary lines are nothing more than dots on a map." "In spite of conflicts throughout the world, we work beyond differences."

Lions help by sending money to Lions Clubs in various countries to help with Lions led relief efforts. They have been active in refugee camps in Jordan and Lebanon and Syria. Doctors Without Borders who helped contain the Ebola Epidemic in Africa. Recently they have sent emergency relief for Japan and Ecuador earthquakes, responding to the major flooding in Austin, Texas and a Major Catastrophe Grant to the Canadian Lions to provide assistance to the wild forest fire victims and evacuees of Fort McMurray in Northern Alberta.

He went on to thank the Gonvick Lions Club for its dedicated community service since 1975.



Lions District Governor Gérald Fontaine from St. Pierre Jolys, Manitoba speaking at the Gonvick Lions meeting.



Twin Valley Lions DG Visit

Twin Valley District Governor Visit on June 7th. The visitation took place at the Twin Valley Park where we had a BBQ for those attending. The club was well represented.



Acting President Lion Peg Hanson accepting their clubs Centennial Banner Patch



Centennial

blic Relations

Chevron presentation



New member induction

Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2017 & 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2017 & 2018 Multiple Convention. A money amount will be determined by the District Governors at the July 2016 Council of Governors.

Contest will run from July 2016- December 31, 2017 and January 2017 –December 31, 2017.

Please submit your application to your District Public Relations Chair. If your District does not have a PR Chair, then submit it to your Newsletter Editor.

Mail to:

Lion Sandy Carlson, Public Relations Chair 1109 2nd Ave N Moorhead MN 5656 designerinmn@msn.com or Lion Stacy Kleinwachter, Newsletter Editor 3200 22nd St. S. Apt 424 Fargo ND 58104 skleinwachter@yahoo.com



Centennial Public Relations Contest Lions Clubs of MD5M July, 2016-January 1, 2017



| -8,- | | | - | iii A |
|---------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------|-----------------------------|-----------------|
| District | Club | | Date of Event | |
| Event | | | | |
| E | Protecting our WIRONMENT 25 Million Poople | g the Sharing the VISION | YOUTH | 1 |
| If your event de | oes not fit one of the abo | ove areas, where would | d you classify it? | |
| Number of Clu | b Members | Number of Mem | bers who participate | ed |
| Approximate n Explanation of | umber in attendance/nur Event: | nber affected by this E | vent: | |
| | | | | |
| | | | | |
| | | | | |
| What benefit di | id this project have to yo | ur community? | | |
| | | | | |
| How did this ev | vent publicize Lions and | our 100 th Anniversary | (Anniversary must | be publicized)? |
| | | | | |
| | | | | |
| ** Attach only 1 | 1 picture page | | | |
| Contact persor | n for this event: | | | |
| Phone Number | r: | Email: | | |
| Does your club | have a Lions sign in ye | our town?Yes _ | No | |
| • | shed your Lions sign- a Please submit to our Clubs r (2 nd Contest will be ru | District PR Chair be nay enter more than | fore January 1, 20 once. | 17. |
| | Le concor win ben | Sanaary 1, 2011-L | | ~/ |



Fertile Lions



Monday, Memorial Day, the Fertile Lions served the Annual Lions Memorial Day Lunch, serving Scallop Potato with Ham, veggie, salad, and dessert. We served about 130, and all proceeds going for Scholarships for our Fertile / Beltrami High School Seniors. We are able to give 4 \$500 scholarships. The top picture is the Lions that worked and the bottom photo is part of the crowd we served.



Fertile Lion member Norma Erickson's husband Bruce, and he put their Lions sign up, although he is not a member of the club. He is always a help if Norma needs something done. So Norma had the sign and Bruce said, "Well we better get it up". So they got permission to put it on the city of Fertile sign, on the south side of Fertile, and it is in the works to put a big Fertile sign on the north end of town, and at that time, we will be putting up another Lions club sign on it also.

The Fertile Lions Club put up Bird Houses in front of the Assisted Living here in Fertile. Our Member Mike Slevin, headed up this project. Our President Lion Paul Borslien brought his tractor and post hold digger, from his farm, and drilled those holes in about 2 to 3 minutes, and then the guys put up the poles for the bird houses, and poles for bird feeders. The feeders will be hung in a few days. Now the residents at the Assisted Living will be able to watch the birds take up residence in their houses, and will also be able to watch them at their bird feeders. Our members, in the top picture, is Lion Mike Slevin, the head of the project, and Lion Lionel Sandness, and on the tractor, Lion Paul Borslien. In the last picture Lion Dean Radke, was also helping, and Norma Erickson was the picture taker. We want all the credit For this project to go to Lion Mike Slevin.





Whitemouth and District Lions

Whitemouth and District Lions had a wonderful time at our Annual Picnic on May 28th, and it was so great to have beautiful weather with clear skies this year! Thanks to all that came out. At the end of the day, there were 65 well fed people...including us!!





Club Updates:

Winnipeg Asia – We currently have 18 members. We have been collecting eyeglasses for the Lions Eye Bank for the past couple of months and are planning to have a summer BBQ or a clothing and toy drive possibly this summer.

Ste. Anne – We currently have 24 members. Here is a brief look at the service projects, fundraising projects and other activities since this fall: Collected Food for the Food Bank in Ste. Anne; Assisted in Ste. Anne Library sorting/filing books, secretary/treasurer duties; 6 members attended the Bud Spud fundraiser in support of the mid-winter convention; Presented wreath at Remembrance Day Service; Held 2nd annual craft/bake sale; Held 3rd annual Christmas Light Bus Tour for seniors; Held 3rd annual Evening of Coffee and Entertainment in support of local food bank; 10 members attended mid-winter convention in Winnipeg; Held 1st annual Rumor Comedy Club Evening in support of school's breakfast program; 2 members attended Multiple Convention in Mankato; Hosted a zone meeting; Held Town Clean-Up; Hosted a Walk for Dog Guides; Hosted a Kite Festival and meat raffle drawing.

Winnipeg Transcona - Collected eye glasses and raised money for the Birtle Lion Club Journey for Life.

Steinbach and Area – We currently have 22 members. Here is a brief look at the service projects, fundraising projects and other activities since this fall: donated silent auction prizes and several members attended the Bud Spud Fundraiser for the mid-winter convention; Presented wreath at Remembrance Day Service; Sold tickets for Grey Cup; collected and delivered eye glasses to the Lions Eye Bank; Donated money to Operation Red Nose; Cooked hot dogs and bought a tree for the Lighting of the Trees Fundraiser for the Bethesda Foundation; Helped deliver 950 Christmas baskets; Donated to the Mid-Winter silent auction; Donated to the parade of green; Attended the Mid-Winter Convention in Winnipeg; Sold tulips for the Lung Association; Donating and working at the Manitoba Summer Games this August; Donated a 4 wheel walker with basket and seat; Helped with the Lions Foundation to cover part of the cost for a lung transplant recipient; Had several cookouts. The Steinbach and Area Lions Club are visible in the community with our 3 fully equipped trailers at most events held in the community.

Winnipeg South – Membership now stands at 24. Here is a brief look at the service projects, fundraising projects and other activities since this fall: Donated money to the Canadian Diabetes dinner; Held a meet and greet; Rang bell for the Salvation Army Christmas Kettle project; Helped deliver Christmas hampers for the Christmas Cheer Board; collect eye glasses and turn in to the Lions Eye Bank; 6 members attended the Mid-Winter convention in Winnipeg; Gave money to the parade of green; Lion Agnes Scott, 98, passed away.

Riverside - Here is a brief look at the service projects, fundraising projects and other activities since this fall: Hosted a craft sale at Riverside Lions Estate; Adopted a family for the Christmas Cheer Board Hamper program; had a successful Hawaiian night with the tenants and guests; helped organize the Bud Spud and Steak night for the mid-winter convention; Helped plan the Mid-Winter Convention; Sold Grey Cup tickets; Sold Christmas cakes; 3 members attended West St Paul Spring Tea and Craft sale; 2 members attended Ste. Anne Lions fundraiser at Rumors; 3 members attended Ste. Anne Lions craft sale; packed up 1048 pairs of glasses and 105 sets of lenses and took to Lens Crafters; Took 6 hearing aids into the Lions Foundation for reuse; Gained 12 new members; Hosted the 2016 Mid-Winter Convention; 3 members visited West St Paul Lions; 5 members visited Winnipeg Lions; 2 members attended Winnipeg Lions Spring Fundraiser; 3 members attended officer training workshop; Life Member Lion Howard Elliott passed away. Donated money to the following: Riverside Lions Senior Residents Inc; Christmas Cheerboard; Rossbrook House; Salvation Army; Conseil Saint Joseph Council to assist in a wheelchair ramp; Marlene Street Tenant Advisory Board for the Children's Christmas Party; Diabetes Cavalcade to help send a child to camp; Lions Foundation for a hearing aid; Lions Eye Bank; Clandeboye United Church for help with refuges.



202 First Avenue North P.O. Box 157 Moorhead, MN 56560-0517 Phone: (218) 299-5511 Fax: (218) 299-5510

Dear Lions

As Helen Keller's Knights of the Blind, Lions worldwide recognize the importance of supporting those among us who are blind or vision-impaired. Another important role Lions play is educating the rest of the public about the lives of people who are blind or vision impaired. I am writing to ask for your help in supporting a project that does both at the same time.

In July of this year, at the museum at the Hjemkomst, the Historical and Cultural Society of Clay County will host a nationally touring exhibit of some renown. *Child in a Strange Country: Helen Keller and the History of Educating People who Are Blind or Visually Impaired*. The exhibit explores four primary subjects: Reading, Science, Math, and Geography. Using Helen Keller's educational journey as a lens, the exhibit uses tactile reproductions and authentic artifacts to uncover the roots of modern education for children with vision loss. Please see the enclosed exhibit description or go online to http://www.aph.org/museum/programs/traveling/strange-country

We expect the exhibit to draw in students of all ages from throughout the region, including ND School for the Blind students, during its four-month exhibition period July 1 through Nov. 1, 2016. Although we are committed to bringing this highly interactive educational experience to our community, we can use your help: the exhibit rental fee is \$7000. Several Lions members have encouraged us to reach out to Lions Clubs in our region to ask for club support to help cover these expenses.

We want you to know that we already discount the admission of the school children of Clay County when they come to the museum as a class to just \$2 per person. We also offer a special rate of \$4 per person to organized school groups from outside of Clay County as well. Even with paid admission, HCS does not expect to profit from this exhibit. It is not our purpose to profit; our purpose is to educate. Please consider a donation of any amount to help us defray the hard costs.

In gratitude, we will acknowledge the Lions in our marketing and your specific club with a thank-you sign at the end of the exhibit highlighting all groups who donated to the exhibit. In addition, we invite the Lions to have a table display about the organization and its fine work near the exhibit to help promote it to everyone who visits the museum.

Donations can be mailed to HCSCC, 202 1st Ave. N., Moorhead, MN 56560-1985. <u>Please write in the Memo line "Helen Keller</u> <u>exhibit"</u>. If you need any more information to make a decision, please don't hesitate to call or email me.

Many thanks for all you do for our community and beyond!

Maureen Kelly Jonason

HCSCC Executive Director

Maureen.jonason@HCSmuseum.org

A big thank you to the following Lions Clubs for their financial support of the exhibit Child in a Strange Country: The History of Educating People who are Blind or Visually Impaired?

Dilworth Lions ~ Hawley Lions ~ Moorhead Lions Horace Lions ~ Fargo Gateway Lions



Minnesota Lions Diabetes Foundation, Inc. <u>"Catch the Dream" - Life Without Diabetes!</u> <u>2017 Calendar Fundraiser</u>



Honor Someone Special or A Special Event in Your Life By Purchasing a Spot on the 2017 Calendar "Your Gift Will Help Find The Cure"

| IDEAS - Honor | ing Special People and Events: | Memorialize Someone | Historic Event |
|---------------|--------------------------------|---------------------|-------------------------|
| Birthday | Wedding Anniversary | Graduation | Lions Club Charter Date |
| Melvin Jones | Market Club Event | Advertise Community | Event / Business Event |

Option 1: For \$100 (\$90.00 tax deductible) you can:

1) Choose a person's name, honored Lion, award winner or a family member who is special to be recognized in our printed calendar,

2) This name will also be posted on the MN Lions Diabetes Foundation web calendar and the

3) Printed calendar and a Dream Catcher Pin will be mailed to the designated person.

Option 2: For \$200 (\$190 tax deductible) you will:

Receive Option 1 package plus a 50 word message and picture on the MLDF Facebook page.

| | | | May 2017 | | | |
|--------|---------------|-----------------|-----------------|------------------------|--------|------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 1 | 2 Mary Jones | 3 | 4 Our Lions Club | 5 | 6 US Military |
| 7 | 8 Lion Joe | 9 | 10 Tom & Sue | 11 | 12 | 13 River Days |

Sample Calendar – "Catch the Dream" – Life Without Diabetes!

*Option 2 -Sample Message: Dale Johansen served with the US Army in the Mekong Delta of Vietnam in 1965 and 1966. Dale was a helicopter mechanic whose main mission was to assist in the recovery of helicopters that had gone down either from mechanical failure or hostile fire. Thank you for your service Dale. (Find additional 50 word sample messages on our web site.)

The Minnesota Lions Diabetes Foundation, Inc. is a 501(c) (3) non-profit organization. MLDF is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities. http://www.mnlionsdiabetes.org/

MN Lions Diabetes Foundation Calendar Fundraiser Order Form

Option #1: For \$100.00 (\$90.00 is tax deductible).

- 1) Choose name to be honored on any date in our 2017 printed calendar.
- 2) Name also posted on the MN Lions Diabetes Foundation, Inc. web calendar.
- 3) Printed calendar and a Dream Catcher pin will be mailed to address below.

Option #2: For \$200.00 (\$190.00 is tax deductible).

1) Receive Option 1 package <u>plus</u> a 50 word message and picture on the Minnesota Lions Diabetes Foundation Inc. Facebook page (on selected date).

| *Select one: | Option #1 Option #2 |] | |
|-----------------|---------------------|------------------|-------------------------------------------------------------------|
| *Name to go | on Calendar | | |
| *Date chosen | for name on Caler | ndar | |
| | | | |
| *Name & add | ress of purchaser_ | | |
| | | | |
| If you are a Li | on Club Name | | District# |
| Send complet | ed registration for | m and check to: | Lion Mark Eyre 2672 West Vermilion Shores Rd Cook, MN 55723 |
| Please make o | check Payable to: | MN Lions | Diabetes Foundation, Inc. or |
| Purchase with | Pay Pal on the: | | s Diabetes Foundation web site. /www.mnlionsdiabetes.org/ |
| | | e and 50 word me | essage to: meps@accessmn.com |
| *REQUIRED F | IELUS | | |



Can Do Canine Update



Thanks to the support of Lions Clubs across 5M, Can Do Canines continues to train specially trained dogs for people with disabilities and provide them free of charge to those in need.

One recent recipient of a Can Do Canines assistance dog is Amanda Mollner. Amanda now has a greater sense of freedom, independence and peace of mind thanks to Mobility Assist Dog Phyllis. Read their story below.

Amanda Mollner & Mobility Assist Dog Phyllis

At 18, Amanda Mollner of Woodbury, Minn. began having episodes of dizziness. Sometimes she felt off-balance; other times like she was spinning while standing still. She had ringing in her ears so loud that sometimes she couldn't hear. Amanda has Meniere's

disease, a rare disorder of the inner ear that causes vertigo, hearing loss and ringing in the ears. "The disease is in my ears," Amanda says. "But it affects my entire body. I fall frequently and drop things a lot."

For nine years, she did her best to cope with the disease that cost her employment opportunities and made relationships stressful. But after



Can Do Canines Executive Director Lion Al Peters and friends at the MD5M Multiple Convention in Mankato, MN

three ear surgeries, Amanda began looking for another solution. She found Can Do Canines, and was paired with Phyllis, a two-year-old black Lab. Phyllis helps Amanda by fetching the phone, acting as a brace when she gets up, and



retrieving her cane. She also opens doors and drawers, and picks up items that Amanda drops.

With Phyllis by her side, Amanda says she feels more secure and safe, and ready to pursue the independent life she imagined nine years ago. "Phyllis gives me a reason to get up every day," Amanda says. "I am forever grateful to all those who helped bring this beautiful little soul into my life."



Can Do Canines Demonstration Dog Sam makes a friend at the MD5M Multiple Convention in Mankato, MN



International News



Sponsor a Centennial Leo Club

Are you interested in cultivating leaders for our organization's next 100 years? By sponsoring a Leo club, Lions provide young people with opportunities to serve their communities, develop leadership skills, make new friends and have fun! Leo clubs organized during the Centennial Celebration receive a limited edition Certificate of Organization and Centennial Leo Club Extension Certificates. Learn how to start a new Leo club in your community today!



View and Share #LIONS100 Media

Lions have been serving communities for nearly 100 years, which means Lions have many stories to tell. These stories help us celebrate our Centennial, remind us to take pride in everything Lions have accomplished and prepare us for another century of service. Visit the Centennial Media page for Touchstone Stories on defining moments in

Lions history, as well as Centennial videos that bring 100 years of service to life. Download and share the Lions story on your social media pages with the hashtag #LIONS100.

<mark>Social Me</mark>dia Tips, How-To's and More

Whether you're just getting started on Facebook or you're interested in improving your club's current social media presence, you can find resources on the LCI website that will help. Learn how your club's photos can be featured on LCI official social channels; read the Lions SMiLE

Blog for the latest on apps and tools; and discover new ideas to share at your next club meeting. <u>Visit the Lions Social Media page to get started.</u>



Lions Worldwide Week of Service for Youth in August

This August 8 –14, join incoming international President Chancellor Bob Corlew and Lions around the world for a special Worldwide Week of Service event dedicated to engaging youth in our communities. From organizing a new Leo Club to inviting youth to serve alongside you, there are countless ways to join the Worldwide Week of Service for Youth. To learn more about how your club can serve, visit <u>Lions100.org</u>and start planning your service project today!

Submit a Photo and Share Your Lions Year!

Show Lions everywhere how you served your community and made a difference in people's lives this year. <u>Visit the Submit a</u> <u>Photo page on the LCI website and upload photos of your club in action, doing hands-on service, reaching out to people in need and having fun. Your photo and story might be featured on our official social media channels, including Facebook and Twitter.</u>





The International Association of Lions Clubs DISTRICT 5M-11

100% Secretary's Award Application for 2015-2016

In order to receive the 100% Secretary's Award, each Club Secretary who has qualified must fill out this form and have it approved and signed by the Club President and Zone Chair. The listed criteria apply to the 2015-2016 Lions year. (July 1, 2015 – June 30, 2016) The form is to be completed and submitted to the District Governor no later than July 31, 2016.

| CLUB | Submitted | , 2016 |
|--------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| SECRETARY | Mailing Address | |
| | Telephone | |
| TO QUALIFY, ALL FIVE (5) OF TH | IE FOLLOWING CRITERIA MUST | Г ВЕ МЕТ: |
| · · · · · | led or filed electronically to LCI by the last ((MAR) mailed or emailed to the DG, VDG'S ent month. | • |
| PU-101 (report of new officers) submit | ted to the District Governor by May 1, 2016 | , • |
| All dues to the District and Lions Inter owed to Lions International. | | |
| | of all club and board meetings, attendance club correspondence in a timely manner. | records, awards and |
| IN ADDITION, SIX (6) OF THE FOLLOWI | NG NINE (9) MUST BE FULFILLED: | |
| Submit Annual LCI Activities Report | to LCI by July 1, 2016, with copy to the DG. | |
| Attend two (2) of the three (3) Zone Mo | eetings during the 2015-2016 year. | |
| Attend a District 5M-11 Club Officer | Fraining Session during the year. | |
| Attend one (1) of the following: | | |
| 5M-11 Midwinter Con | nvention 5M Multiple Convention | n |
| LCI International Co | nvention USA/Canada Forum | |
| Arrange for an Induction Ceremony for | or all new Lions members of your club. | |
| Arrange for an Orientation Presentation | on for all new Lions members of your club. | |
| Sponsor a new member into your club. | | |
| Make club members aware of the mon | thly District Newsletter or print and distributed and the stribute of the stri | ute copies at monthly meeting |
| Prepare this form with all 3 signatures | and mail it to the District Governor by July | 31, 2016. |
| | | |

Club Secretary:

Approved By:

Club President:_____



Zone Chair: _____



2015-2016 CLUB EXCELLENCE AWARD APPLICATION

To qualify the club must be chartered for 6 or more months prior to the end of the fiscal year, further the objectives of the association, adhere to the association's constitution and by-laws and policies, and meet the requirements noted below during the fiscal year.

| Club Number | Club Name | | Date |
|------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------|
| | 2015-2016 Club President's Name | Member Number | |
| SERVICE – The cl | ub has conducted at least three service projects. Br | iefly describe the service activities that we | ere conducted: |
| Date: | Activity: | | |
| Date: | Activity: | | |
| Date: | | | |
| CONTRIBUTION - | The club has made a contribution to LCIF. | | |
| | EVELOPMENT - The club achieved a net growth in monsored a new club. New members attended an ori | | |
| □ Net Grow | th in Members: 🗖 Name of sponsored of | club or Branch: | |
| | ON – The club has publicized the club's service activi ctivities to club members. | ties to the public through local media and | l effectively |
| Please explain bri | iefly how the club service activities were publicized | | |
| Lions, the club w program. The tra Online courses fr | /ELOPMENT – All officer positions were filled in acc as represented at zone meetings and a majority of ining program could include training offered at the rom the Lions Learning Center, participation in a Clu ding Lion course also count toward the award. | the club officers participated in a leadersl zone, district, multiple district or Interna | hip training tional level. |
| | The club has hosted regular and meaningful club e ficers in a timely manner. | events and reported Membership, Service | Activities, and |
| | TANDING – the club is not in status quo and Intern lore than US\$50 in any other expense due to LCI is | | ees have been |
| Date | 2015-2016 District Governor's Signature* | District | Member No. |

* Applications received from the District Governor's registered email address will be considered signed by the district governor. In undistricted areas the coordinating Lion or provisional zone or region chairpersons should sign the completed form.

The completed form must be mailed to the English Language Department at International Headquarters, or email to <u>clubexcellenceaward@lionsclubs.org</u>, or fax to (630) 706-9273 to arrive by August 31, 2016. Request for review of award eligibility from a disqualified club shall be considered only if received at International Headquarters within 12 months after completion of the fiscal year, provided that the original application form is already filed at International Headquarters. The award will be mailed to the 2016-2017 district governor for presentation. In undistricted areas the award will be mailed to the coordinating Lions or directly to the 2015-2016 club president.

DA-1.EN 10/15

| | © <u>Northern Pride</u> Lions Leadership Forum | |
|-------------------------|---------------------------------------------------|------------------------------------------------------|
| Hosted by MD5M Lions | November 11th - 12th, 2016 | "Meet your fellow Lions from Wisconsin, Nebraska, |
| SND54/ | Shooting Star Convention Center, Mahnomen MN USA | lowa, Saskatchewan, North Dakota, South |
| | 2016 Registration Form | Dakota, Manitoba, NW Ontario and Minnesota." |
| Your Distri | ict & Club Name: | |
| | | - · |

| Name & Title | Registration form at <u>http://www.lionsmd5m.org</u> |
|-----------------------|---------------------------------------------------------|
| Address | |
| City/Town | ALL costs are in USD Canadians are asked to |
| State/Prov. | send USD money order to |
| Zip/Postal | PDG Cheryl |
| Phone (w / area code) | |
| Email | |
| | |

Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____ (circle ones that apply)

Registration Fee \$99.00 USD

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: Northern Pride Lions Leadership Forum

US residents mail to:



PDG Dave Jensen, 32549 Co Rd 11 Wendell, MN USA 56590-9771 R. 218.458.2428 C. 218.770.9410 E. oakstuff@runestone.net Canadian residents mail to: Send USD money order



PDG Cheryl McKitrick PO Box 340, Crystal City MB Canada R0K 0N0 E. <u>cemckit@gmail.com</u> R. 204.873.2091 C. 204.825.8073

Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at cdk3inc@outlook.com

Hotel Reservations - Contact the hotel directly - Rate \$65.00 USD per night (+ taxes) Until October 30th, 2016

Shooting Star Hotel & Casino, Mahnomen, MN - call 1-800-453-STAR and ask for block #71.

This block is called "Northern Pride Lions Leadership Forum"

American Diabetes Association Minnesota Area Events Calendar 2016 www.diabetes.org/minneapolis • 1-888-DIABETES

Camp Needlepoint Camp Daypoint

August 15-19, 2016 Camp Needlepoint, a residential camp for children with diabetes ages 8-16 years, holds two one-week sessions. Camp Daypoint, a day camp for children with diabetes ages 5-9 years, holds one five day session. The camps have been serving thousands of children with diabetes for over 50 years. For more information contact Becky Barnett at ext. 6596.

American Diabetes Association Evening of Research and Recognition

The American Diabetes Association Evening of Research and Recognition will focus on Celebrating Excellence to Stop Diabetes. The evening will consist of highlighting various research projects and progress being made in Minnesota through American Diabetes Association funding and the presentation of awards which are given to honor people or organizations for their tireless commitment to all people with diabetes. For more information contact Susan Klimek at ext. 6591.

Tour de Cure (Rochester)

The newly refaced Rochester ride features a fall event starting at the YMCA Parking Lot, near Soldier Field. You can still expect wonderful, safe routes for all ages and abilities, but now you have all summer to train. With an expanded after party, come see why our motto is Ride. Party. Stop Diabetes. For more information contact Janeece Oatman at ext. 6784.

Step Out: Walk to Stop Diabetes (Twin Cities)

Join us at the General Mills outdoor campus in Golden Valley as we walk to help raise awareness and funds for diabetes research, programs, advocacy and information. Start the morning with our kids diabetes dash, then choose the 1 mile or 5K route for walkers and runners. The is a non-competitive run/walk. For more information contact Jackie Reding at ext.6598.

Step Out: Walk to Stop Diabetes (Brainerd, Mankato, Stillwater/East Metro) Saturday, October 1, 2016

Join one of the these three Minnesota walks to help raise vital funds for diabetes research, programs, advocacy and information. Brainerd, Paul Bunyan Trailhead contact Jen Eller at ext. 6783; Mankato, Sibley Park contact Jennifer Williams at ext. 6728; Stillwater, Pioneer Park contact Jackie Reding at ext. 6598.

Healthcare Professional Breakfast

Healthcare professionals breakfast is held prior to the doors opening for the Diabetes EXPO and is free for healthcare professionals to attend. The breakfast includes a key note speaker, networking session and tour of the Diabetes EXPO show floor. For more information contact Sarah Laulunen at ext.6592.

American Diabetes Association EXPO

Join thousands of others in your community at one of the largest diabetes programs in the country. Learn how to live well with diabetes with tips and demonstrations on how to eat healthier, be more active, and get the latest information on preventing and managing diabetes and its complications. For more information contact Sarah Laulunen at ext 6592

American Diabetes Month

November is Diabetes Month. The goal is to raise awareness about diabetes and its complications.

National Healthy Lunch Day

The American Diabetes Association will host the first ever, National Healthy Lunch Day in 2015. Our goal is to raise awareness on the importance of good nutrition as part of a healthy lifestyle. For more information contact Sarah Laulunen at ext.6592.

Stop Diabetes @ Work

Presentations with content including: Diabetes 101, Healthy Eating, Active Living, Diabetes Prevention as well as free ADA Resources that are available to employees. For more information contact Sarah Laulunen at ext.6592.



1.4 million Minnesotans with prediabetes who are at risk for developing diabetes. In Minnesota \$3,2 million was raised and is making an impact in our community to STOP DIABETES.

Saturday, October 15, 2016

Saturday, October 15, 2016

Events throughout 2016

November, 2016

Tuesday, November 15, 2016

Saturday, September 10, 2016

Saturday, September, 2016

Saturday, September 24, 2016

(Session 1) August 14-20, 2016

(Session 2) August 21-27, 2016

Good Tooth Care for Children

Your child's teeth are important to good health and development.

You can prevent childhood cavities by following these simple steps:

Limit sugary foods and drinks.

Make sure your child's teeth are brushed twice daily with fluoride toothpaste starting when the first tooth appears.
Take your child to the dentist every six months for an exam and fluoride treatment.

 If your child does not have a dentist, ask your child's doctor or nurse practitioner to apply fluoride varnish to your child's teeth every three months starting by age one at the latest. Learn more by visiting the Minnesota Oral Health Project website minnesotaoralhealthproject.com and liking us on Facebook.

Cavities can be prevented.

Southwest Nitiotive

Copyright 2013, Regents of the University of Minne

SOUTHWEST

Supported by

MD5M Lions

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Wanted YOUR CLUB Help for the Newsletter



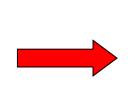
Greetings Fellow Lions, Lioness and Leos of 5M-11!

Thank you to all the clubs that put forth submissions this past year 2015-2016 as well as the cabinet members that sent me items. 54 out of 70 of the clubs had submitted something. That's over 77% of the clubs. This year, I want to see this number increase with the ultimate goal of getting every club to submit even ONE item., whether it be an awesome project, someone getting an awards or showing what you do in the community. We love to hear what you are doing and it may give other clubs ideas on what to do.



LETS RAISE UP AND MEET THIS CHALLENGE

<u>Please send the information to me by the 25th of each month</u>



unless stated otherwise. Upcoming deadlines for the newsletter:

June 30th — July Newsletter July 23rd— August Newsletter



Lion Stacy Kleinwachter, Newsletter Editor Email: skleinwachter@yahoo.com or specialk.stacy@gmail.com

Thanks to the following Lions, Lioness and Leo clubs for submissions: Ada, Argyle, Barnesville, Barnesville Thursday Nite, Beausejour, Crookston, Crookston Dilworth, Leos, Dilworth/Glyndon/Felton Leos. Dilworth Loco Ladies, East Kildonan, East St. Paul. Fertile, Flom and Area, Fosston-Lengby, Gary, Glyndon, Glyndon Lioness, Gonvik, Goodridge, Goodridge Lion Tamers, Greenbush-Badger, Grunthal, Hawley, Hitterdal, Karlstad, Lac du Bonnet, Lake Bronson, Lancaster, Moorhead, Oslo, Plummer, Plummer Lions Too, Red Lake Falls, Riverside, St. Hilaire, Ste. Anne, Steinbach and Area, Thief River Falls, Thief River Falls Moonlighters Lioness, Twin Valley, Ulen, Wannaska, Warren, Warroad, West St. Paul, Whitemouth & District, Winnipeq, Winnipeg Asia, Winnipeg Beach/Dunnottar/Lakeside, Winnipeg Ma'di, Winnipeg South, Winnipeg Transcona and Winnipeg West.





Websites to Know

Lions Club International: <u>www.lionsclubs.org</u> Multiple District 5M: <u>www.lionsmd5m.org</u> District 5M-11: <u>http://e-district.org/sites/5m11</u> *NEW* Lions Program Sites: Can Do Canines: <u>www.can-do-canines.org</u> Leader Dogs for the Blind: <u>www.leaderdog.org</u> Lions Clubs International Foundation (LCIF): <u>www.lcif.org/EN/</u>



Lions Eye Bank of Manitoba and NW Ontario: <u>www.eyebankmanitoba.com</u> Lions Foundation of Canada Dog Guides: <u>www.dogguides.com</u> Minnesota Lions Diabetes Foundation: <u>www.mnlionsdiabetes.org</u> Project New Hope: <u>www.projectnewhope.net</u> USA/Canada Lions Leadership Forum: <u>www.usacanadalionsforum.org</u> <u>www.LionsUniversity.org</u> *NEW* Check it out

| | Lions 5M11 District Governor Club Visitation Request Form 2016-2017 |
|---------------------------------|-------------------------------------------------------------------------------------------|
| We Se Today's Date_ | |
| Preferred Date | e Alternate Date: |
| Phone# If more than c | ne club will be attending, please include the names of all clubs: |
| Meeting Time | Social Time: Dinner Time: |
| Location: | |
| Lions Contact | Person for visit: |
| Phone: | |
| | |
| E-Mail: | |
| Special reques present awarc | ts: (Ex. Special Speech, induction of new members, installation of officers, ls, etc.) |
| Please submit | as soon as possible. I will confirm date with contact person either by phone or |

e-mail as soon as possible after request is received.

Please send this information to:

DG Mike Janssen 58 Walter Copp Cres Winnipeg, MB R2K 4H7 R. 204.669.0473 or C. 204.330.3802 Email: <u>mjanssen@shaw.ca</u>



HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS

- Roseau Lions East Kildonan Lioness Flom and Area Lions Goodridge Lion Tamers Plummer Lions Too Dilworth Loco Ladies Lions Moorhead Lions
- 65 years6/6/195135 years6/8/198133 years6/30/198317 years6/16/199917 years6/17/199912 years6/22/20049 years6/29/2007

Volunteers are not paid, not because they are worthless but because they are priceless.





2016 USA-Canada Lions Leadership Forum

Omaha, Nebraska

Sept. 15-17, 2016

Leadership ? Service ? It's what Lions do !

"Leadership for Service", the theme for the 2016 Forum, reflects our goal of equipping our Lions to meet the Centennial Service challenge in performing 100 million acts of service.

Saturday afternoon will have three large service projects that every attendee will be able to participate in. Corresponding seminars have been added, teaching the skills and organization needed to better prepare service projects at the Club and District level.

Opening night, Thursday brings master illusionist and motivational entertainer, Billy Riggs. On Friday, Lion Jay Blake brings his drag race car "Follow a Dream" to the Forum, along with his amazing story of overcoming a blinding accident to follow his racing dream.

Saturday we look forward to the inspiring words of our then International President, Chancellor Bob Corlew. We finish the evening with Retired General

Dick Abel, who after a long career of military, private sector and public leadership will be talking about the leader within each of us.

Register now via our website: <u>www.lionsforum.org</u>

