



District 5M11 Newsletter

May 2016



DIGNITY THROUGH SERVICE



PDG Gary H. Olson honored with MD5M Hall of Fame award



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Past District Governor Gary H. Olson received the Hall of Fame Award at the Multiple District 5M Convention in Mankato on Saturday, April 23, 2015 at the Noon luncheon. The award was presented by Immediate Past International President Joe Preston from Arizona and Past International Director Debra Wasserman.

PDG Olson was sponsored by the Moorhead Midday Central Lions club at the Mid Winter Convention where he was elected by the delegates to receive this honor from District 5M11. This award is given to individual who have been active in their clubs, districts and multiple districts, community and church.



PDG Gary Olson joined the Starbuck Lions in Oct. 1964; then joined the Wheaton Lions in 1965; joined Roseau Lions in 1971 and finally joined the Moorhead Midday Central Lions in 1978. He has served as vice president, president and is currently secretary. He also has served as zone chairman, vice district governor and in 1994-95 as District Governor. PDG Gary has also served on the Minnesota Lions Hearing Foundation board, the Minnesota Lions Eye Bank board of Trustees, was chairman of the 5M11 Lions Youth Exchange and has hosted youth from three countries. He established the Lion Qwest program in the Moorhead Horizon Middle School for all sixth graders. PDG Gary has received the Melvin Jones, Helen Keller and International Presidents awards. PDG Gary has also been very active in the Minnesota Jaycees, National Board of Directors for Reserve Officers Association; US Regional President of the National Air Force Association for five states; completed over 40 years of military service to the rank of Colonel; Post 21 and 9th District Commander of the Minnesota American Legion; Unit Commissioner for Boy Scouts; Master of Fargo Daylight Mason Lodge; Trinity Lutheran church user and Cathedral choir; and the President Kringle Lodge Sons of Norway.

PDG Gary H. Olson has been an active member of the LIONS organization since 1964 at the club, zone, district, multiple and International level. He taught high school and adult vocational Agriculture for 18 and has been in the insurance business since 1982. He and his wife Becky have three sons and five grandchildren.

Becky is a seamstress and has served a Lions Club President for two terms.

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PDG Jim Aasness honored with the Al Jensen award

The Al Jensen Award Honoree was announced at the MD5M Convention in April and the recipient was PDG Jim Aasness of 5M11. He was sponsored by the Sabin Lions.

This award is named after Past Council Chair Al Jensen, whose contributions as a Lion were many and varied. Lion Al was a caring, effective, dedicated, but quiet leader. He was a man who taught by word and by example; who helped people build their skills and self confidence. Lion Al was well known and highly respected from the grassroots of Lionism in MD5M to the very highest offices in our association, as a man who gave much and expected little in return. *(Lion Jensen died of cancer in 1995. This is an excerpt from his bio)*

PDG Jim has served as a club president, vice president and tail twister. He has been a District Governor, Vice District Governor, Region Chair and Zone

Chair. In addition to the offices PDG Jim has held at the club and district levels, Jim has served his district as a Trustee for the MD5M Lions Hearing Foundation and as a representative for Leader Dogs for the Blind. For the last ten years, he has been the Chairs for the District Pin Trader's group and for the USA/Canada Leadership Forum.

PDG Jim was District Governor in 2003-2004, the first year of the newly redistricted 5M11. That year 5M11 absorbed some of the clubs from 5M12 as a result of the MD5M redistricting. It was a tumultuous year for Multiple and district 5M11. PDG Jim's leadership was instrumental in getting the "new" 5M11 on the road to being the successful district it is today.

PDG Jim has chaired, co-chaired or mentored chairs for a number of midwinter conventions and was a co-chair for a successful MD5M multiple convention.

PDG Jim is a progressive Melvin Jones Fellow, he was honored with a Leadership Award from PIP J. Frank Moore III in 2001-2002 and a Presidential Award from PIP Jimmy Ross in 2006-2007.

PDG Jim has attended at least 12 International Conventions and has been an invaluable resource to the Multiple District Secretary at the conventions. He helped Lion Bob assist the District Governors Elect at the DGE School for each of these conventions. At each of the conventions, PDG Jim has also helped with the parade arrangements and making sure the MD5M delegation has an area to sit together for the Plenary Sessions. PDG Jim helps with packing supplies needed for the International Convention (for parades, marking seating areas and supplies for the ID candidates). When costs prohibit bringing supplies, he helps locate needed supplies in the city where the International Convention is being held. PDG Jim provides critical assistance to the Executive Secretary. The only compensation that he receives is to share a room.

PDG Jim also has volunteered to assist with the transportation of dignitaries from outside of the Multiple District between the Fargo ND airport and the facilities at Mahnomen MN.

PDG Jim has attended a number of USA/Canada Lions Leadership Forums and is always offering to help any Lion at the Forum and has been seen many times assisting at the Project New Hope booth at the Forum.

PDG Jim has offered and has helped Past International Directors Lion Maynard Rucks, Lion Debra Wasserman, Lion Brian Sheehan and Lion Mike Molenda with their campaigns at the International Conventions. He asks what he can do to help and no matter what help they need, he is off and running to get it done.

PDG Jim actively watches for opportunities to help other Lions be successful and shies away from receiving credit for such mentoring and help. All he wants is to help those less fortunate and to help Lions be successful and if he can help in any way, little or big, he is honored to do so.

PDG Jim had demonstrated over many years that he truly has the heart of a LION and exemplifies the dedication and commitment that is worthy of an Al Jensen award.



Presenting PDG Jim Aasness, center, with the Al Jensen Award is from left, Council Chair Kathy Jensen, Immediate Past Council Chair Earl Orvik, Past Council Chair David Dominick and Immediate Past International President Joe Preston.



DG Gerald's Report

Greetings Lions,

By the end of April, I will have completed 51 of my District Club Visitations. I have another 10 visitations scheduled in May and early June. I am now trying to arrange dates for the remaining 7 club visitations.

When I took on the position of District Governor, I committed to meeting with as many of the club membership at Governor Visitations as possible. I chose to meet with them on their home turf instead of at Zone Meetings where generally only a few from each club attend. I look forward to meeting with the remaining clubs now that the snowbirds have returned to their roost.

From April 21st to 25th my wife and I will have attended the 5M Multiple District Convention in Mankato, MN. It was fun meeting the delegates.

Congratulations are in order for three of our 5M 11 members.

PDG Lion Jim Aasness for being awarded the distinguished "Al Jensen Award".

PDG Lion Gary Olson for receiving the "Hall of Fame Award".

PDG Lion Gunter Zion for being presented with a "Melvin Jones Fellowship".

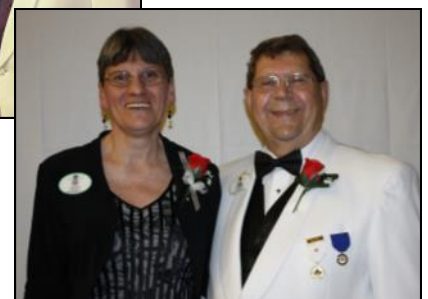
Keep on reporting all of your club activities in MyLCI so that your club can obtain its share of the Centennial Service Challenge banner patches.

In Lionism,

Lion Gérald Fontaine—DG 5M 11



**DG
Gerald Fontaine**



***Did you ask someone
to be a Lion today?***

State of the District

**We added 8 new members this month
(April)**

**while losing 7 bringing us to 1921
this month with a +1.**

**For the year, we have added 184 members
and dropped 186 for a -2.**

Worldwide membership is at 1,411,191



DG Elect Mike's Report



**DG Elect
Mike Janssen**

Greetings Lions!

With less than 2 months to go in our Lions year how is your club doing on completing this year's goals? Will you have met them by June 30, 2016. Your club officers for next year should be elected and planning a strategy for next year. Will we take our clubs to new heights? Will we gain new members and will our current members be satisfied with what we have accomplished? We will continue to help those in need regardless of their situation?

The district is also making plans for next year especially since we are in the middle of our Centennial. Let's take time as a club, a district and as Lions to celebrate this momentous accomplishment. Our Centennial committee is hard at work planning and will keep you informed as plans progress stay tuned. as well individual clubs and district chairs should be making plans to celebrate in some way as well, Let your communities know that Lions have served for 100 years and are looking forward another 100 years and beyond!

I am currently filling positions for the upcoming years cabinet and need to find chairs for the following, Zone chair

mentor for districts 1,2,and 3, Zone chair District 2, Zone chair District 3, and Zone chair District 10, Can Do Canines, Club Excellence Process Ca., E clubhouse, LCIF USA, and Leo Clubs Ca and USA, should you or anyone you know be interested in any of these positions please contact me ASAP.

I have been quite busy since the convention. Tammy and I attended a fantastic Multiple Convention in Mankato. Tammy and I had the honor of meeting with Immediate Past International President Joe Preston. Lion



Mark Spielman and I presented him with one of Mark's very special handmade mugs inscribed with Joe Preston P.I.P. Tammy and I met with the Council of Governors team and spouses for the upcoming year. We have become a very cohesive group over the past few years and are ready to take on our responsibility to serve the Lions of MD5M and its 12 districts.



On June 9 it's off to Dog Guides in Oakville, Ontario and to the International Convention in Fukuoka, Japan on June 18th. We are looking forward to this once in a lifetime experience! We will be spending 18 days in Japan The first 4 days will be final training, followed by a week convention activities, Then a week with Gordon and Wanda Kingdon {DGE 5M13}. We will base in Kyoto taking day trips to see the sights. This is possible thanks to the bullet train. We will spend our last 2 days in Tokyo and then it will be back to business. I am extremely excited to be attending my first International convention, and it won't be my last. I'm already making plans to attend in Chicago and Las Vegas.



I look forward serving all of you over the next year.

ROAR LIONS, BITE EM, BITE EM, BITE EM, DON'T YOU HEAR THEM LIONS ROAR.



Need me to visit, or I can be of assistance please do not hesitate to contact me. My email address is mjanssen@shaw.ca, my home phone number is (204) 669-0473 and my cell number is (204) 330-3802.

Yours in Lionism

Lion Mike Janssen, District Governor Elect





LIONS 5M11 CancerCare Initiative



April has been an interesting month for the CancerCare Initiative, there has been an indicator that perhaps the initiative could spread into the southern end of the district. I have had some enquiries about it and had also received parade of green cheques from some American clubs. My promise is that if the Initiative expands that I will appoint an American chairperson and that the monies I received for the U.S. side of the district will be turned over to that chairperson. If you know of anyone who would like to take this on please let me know, I would be willing to help them get started.

I had the pleasure of attending the Lac Du Bonnet Lions 53 annual Charter Night Celebration on April 17th and was very honored to speak about the Lions 5M11 CancerCare initiative and to be on hand when Dr. Michel Bruneau was presented with The Lions 5M11 CancerCare Award the "Kristin's Hope" medal for his tremendous work in the field of Cancer Medicine. Dr. Bruneau has been a dedicated member of the Lac Du Bonnet Lions since 2012 and maintains a medical practice in the area.

Congratulations Dr. Bruneau.

Should anyone wish to know what our money and efforts have already done or will be doing please ask and I will be happy to talk with you. Thank You Lions for your support.

Together we can make a difference.

Lion Mike Janssen, Chairman

LIONS 5M11 CancerCare Initiative



5M11 Lions at the Multiple Convention in Mankato April 22-24.





5M11 Lions and guests at the Multiple Convention in Mankato: Left photo back row—Harvey Windels, PDG Jim Aasness, PDG Jeannine Windels, PDG Gunter Zionn, Becky Olson, PDG Joanne Swanson, Deanne Williams, PDG Wayne Swanson, Eliane Carmel, DG Gerald Fontaine, PDG Dave Hollyoake, 2nd VDG Elect Bill Myskiw, Barb Hollyoake, DG Elect Mike Janssen, Tammy Janssen, Jan Strandlie, PDG Jim Strandlie. Front row—PDG Gary Olson, PDG Doug Wiens, Stacy Kleinwachter, Mark Spielman, Pat Barnard and PDG Chris Barnard. Photo on right is 1st VDG Elect John Wollenzien and Dee Wollenzien. Missing PDG Dennis Olsen.





Upcoming Events


Winnipeg West Lions Club PAINT NITE

May 24, 2016 at 7 PM

\$45.00 per person

Barley Brothers Winnipeg

We will be holding a Paint Night fundraiser on May 24th at Barley Brothers on Empress St in support of the Lions Foundation of Canada Dog Guides. I'm giving you all first chance at tickets for this event as they will sell out fast! These events are a lot of fun and we will be raising money for a very worthy cause, I mean Dog Guides, how could that not be worthy? Laughing Here is the link to this event. You can only get tickets for this event online. <https://paintnite.com/events/1062706.html> You get everything you need to paint including the brushes, paint, canvas, apron etc, you don't have to be a painter, come out for the fun, ordered a few bottles and dinner while you are there.... See you on the 24th, 2016



Lions Foundation of Canada

Purina® Walk FOR Dog Guides



GIVING CANADIANS A NEW *Leash* ON LIFE

CANINE VISION • HEARING EAR • SERVICE • SEIZURE RESPONSE • AUTISM ASSISTANCE • DIABETIC ALERT

Sponsored by: The Ste. Anne Lions Club

Saturday, May 28, 2016

- Registration starts at 10 a.m. - Walk starts at Noon -

Waldenway Canine & Kitty Camp

1/2 Mile west of Hwy #12 on PR #210

www.purinawalkfordogguides.com





West St. Paul Lions Pancake Breakfast Fundraiser



Date : Saturday 28, May 2016

Time : 8am - 10am

Place : 1598 Regent Ave at Applebee's

Cost : \$10.00

Proceeds to School Bursary Program

contact

Pat Wight 204-694-6881

pdwight@mymts.net



TRUE FRIENDS
Camps. Respite. Programs. Travel.

*Keeping you
connected*

CAMP COURAGE
Maple Lake
CAMP FRIENDSHIP
Annandale
Camp Eden Wood
Eden Prairie
CAMP COURAGE NORTH
Lake George
CAMP NEW HOPE
McGregor

NEWS & NOTES

Friday, April 29, 2016



TRUE FRIENDS ON THE GO
Big thanks to the Lions for the vans
and Luther Auto for the graphics!



**16th
BREAKFAST
ON THE FARM**

**David & Joanne
Herbranson Farm**
Saturday, June 4, 2016
7am to Noon
11 Mi. S. of Hawley on Co. Hwy 31
Follow signs/roads will be marked
12402 260th St. S, Hawley, MN 56549
Enjoy a Farm Country Breakfast Served
by the Hawley Lions
Pancakes • Sausage • Scrambled Eggs
FREE WILL OFFERING

Come watch wind
power in action and
enjoy the tractor parade.

Cross Country bike run
starts early that morning
from the Breakfast

**Breakfast Prepared and
Served by the
Hawley Lions**




- FREE Barrel-Train Rides
- FREE Horse Drawn Wagon Rides
- New & Old Farm Equipment Display
- Milk Drinking Contest
- Farm Safety 4 Just Kids
- Commodity Groups Serving Samples
- Horticultural Information
- Biodiesel/Ethanol Information
- Farm Animal Zoo
- Various Tickets & Door Prizes given
away by the Hawley Rodeo and local
radio stations



**Lions
Leader
Dog
Education**

Drop off your
old eyewear



**FREE
Ice Cream
Cones**

Provided by
Breakfast on
the Farm &
Served by Clay
County Leaders



**Butler
Machinery
Combine Bouncy
House**



**Enjoy Live
Entertainment
by Local
Musicians**



**Kids Pedal
Tractor Pull**
Sponsored by the Hawley Lions
Registration
8:15am
9:00am start



Breakfast Commodities Donated By:

 Farm Fresh Eggs	 SunButter
 Butter Dean	 SunGold
 Cheese for Eggs Bongard's	 Sausage at Cost SPRING PRAIRIE MEATS
 Milk & Ice Cream at Cost Dean	 Water Culligan
 Coffee HAWLEY	 Cheese Samples
 SUBWAY	

Win at Golf

Everyone wins when you play the Eleventh Annual

Maple Grove Lions Gift of Sight Golf Classic

100% of Proceeds Go to Charity

**Lions Vision
Foundation**

**Lions Hearing
Foundation**

**Leader Dogs
for the Blind**

**Win a 4-Day, 3-Night Stay
at CocoLaPalm Resort
in Negril, Jamaica**

**Pheasant Acres Golf Course
June 10, 2016
Best Ball Scramble
Shotgun Start at 1 p.m.**

On-Course Games, Prizes for All, Great Fun

Chicken and Ribs Awards Dinner After Golf

4:30 p. Non Players Welcome: RSVP \$15 per person

Details and Registration at www.maplegrovelions.org

Join us June 4, 2016 for the Fifth Annual D-Feet Hearing Loss Fundraiser Walk



Event Details:

June 4, 2016

9:30 a.m.

**Landscape Arboretum
Chaska, MN**

With your \$25.00 registration/donation you receive:

- ♦ Entrance to the Landscape Arboretum for the day
- ♦ Event t-shirt
- ♦ Lunch (including root-beer floats)
- ♦ Featuring the Teddy Bear Band
- ♦ Lots of children's activities, games & prizes
- ♦ Fun for families of all ages
- ♦ A chance to change a child's life through your \$25.00 registration/donation

**Kids 12 &
Under get
in free!**

Bring the whole family for a day of fun for all ages!!!!



Visit us for more info at: www.5mhf.org

FEATURING:



**TEDDY BEAR
BAND**

**MARK
YOUR
CALENDARS!
June 4, 2016**



NEW LIONS CLUB COMING TO WINNIPEG!

The **Winnipeg Ma'di Lions Club**, sponsored by the Lions Club of Winnipeg, will have their charter night on **Saturday, June 4th, 2016** at 6 PM at **Lions Place, Bell Estate Room**
610 Portage Avenue, Winnipeg, MB Canada

Cost of the meal will be \$35.00 CDN and includes roast beef, chicken, roasted potatoes, mixed vegetables, Tiramisu for dessert, tea & coffee.

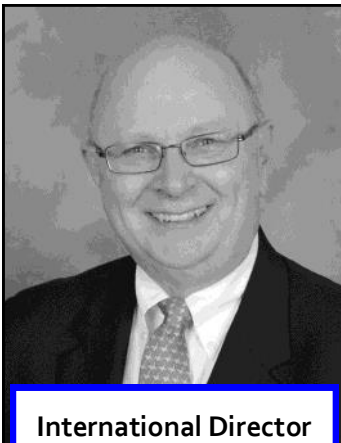
International Director **Jerome Thompson** from Moulton, Alabama & **PCC Bruce Beck** (International Director Candidate) will be in attendance Plus many more!

More details to follow shortly

Come out & Join the Lions Club of Winnipeg in welcoming the newest Lions Club in Winnipeg,

Reserve the date - June 4th, 2016

Contact Winnipeg Lions Club Past President Lion Ernie Jones @ lcwweserve@gmail.com



International Director
Jerome Thompson





Join the NATION-WIDE MOVEMENT!



**WALK FOR
ALZHEIMER'S**
MAKE MEMORIES
MATTER™

Presented by:



Ste. Anne Walk for Alzheimer's

Held during the Ste. Anne Lions Club Annual Family Kite Festival

Saturday, June 11th

10am-5pm

Location: # 12 Soccer Park, Traverse Rd (south side of fire hall)

For More Information Please Call: 204-290-5336

Register online! alzheimer.mb.ca/wfa

For more information call 1-800-378-6699



West St. Paul Lions



& IGA Jefferson Grocery



Scramble

\$2.00 per ticket

5MINUTES SHOPPING
TO MAX OF \$500.00



Draw Date July 14th

Scramble Date July 17th



2016-2017 OFFICERS PREPARING

The 5M11 2016 Officer Training classes were held on April 25, 26, & 27 with a total of 88 Lions attending and 32 clubs represented. The faculty conducting the three seminars at Twin Valley, MN. Transcona, MB, and Thief River Falls, MN, included: DGE Mike Janssen, PDG Wayne Swanson, PDG Chris Barnard, PDG Joanne Swanson, 1st VDGE John Wollenzien, Lion Jenifer Spielman, Lion Bea Barnard, Lion Jan Strandlie, and Lion Betty Arvidson. Thank you all, faculty and participants, for your dedication enabling Lions Club Officers to be the best they can be.

We still have some opportunities for independent training for the 2016-2017 officers who were not able to attend our District Training.

Lions Learning Center – <http://members.lionsclubs.org/EN/resources/leadership-resource-center/lions-learning-center/index.php>

Club Officer Individual Training

<http://members/lionsclubs.org/EN/resources/leadership-resource-center/training-resources/club-officer-training-orientation.php>

Leadership Webinars

<http://members.liaonsclubs.org/EN/resources/webinars/leadership/index.php>

YOU NEED TO PRE-REGISTER, SO GO TO THE ABOVE SITE AND REGISTER. NOTICE THE DATES AND TIMES:

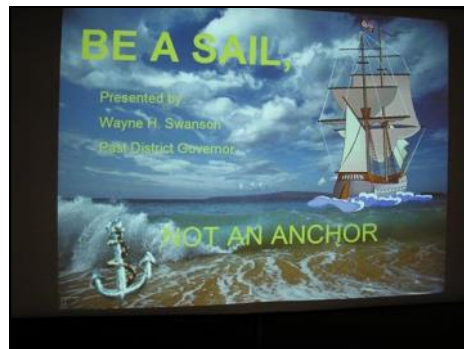
Club Officer Series:

Club President: Leader and Manager

Wed. June 1, 12:00pm CDST
Fri. June 10, 7:00 pm CDST

Club Secretary Training: Fri. May 27, 7:00pm CDST
Wed. June 8, 12:00pm CDST

Club Treasurer Training: Wed. May 25, 12:00pm CDST
Fri. June 3, 7:00pm CDST



Archived Webinar Recordings <http://members.lionsclubs.org/EN/resources/webinars/leadership/archive.php>

The above webinars will be posted after all have been aired; look for them. There are also many other topics available.

Lions University - an online, individual leadership program developed by the USA/Canada Lions Leadership Forum...not found on the LCI website <http://www.lionsuniversity.org>



Zone 3 Meeting

By Lion John Vik

On Tuesday, May 3rd, I attended a Lions Zone 3 Meeting held at the Moran's Supper Club in Winger and hosted by the Winger Lions Club. After a greeting and welcome by Lion Karl of the Winger Lions, the Zone Chairman, Lion Kevin Reich opened the meeting the usual formalities and then moved on to programs with Project New Hope with Lion Jenifer Spielman, MN Lions Vision Foundation with PDG Jeannine Windels, the Centennial Challenge Update with Lion Jan Strandlie and PDG James Strandlie, Pin Trading and Lions Posters by PDG Jim Aasness, and LCIF by Lion John Vik. The program on Project New Hope featured Lion Betty Johansen describe her life of living with a soldier suffering from PTSD. That soldier was PDG Dale Johansen, who is the founder of Project New Hope and with his wife Lion Betty are the parents to Lion Jim Johansen, the District Chair for Diabetes in District 5M-9.



Greenbush-Badger Governor's Night

Lions District Governor Visits Greenbush-Badger Lions Club

District Governor Gerald Fontaine and his wife Eliane from St-Pierre Jolys, Manitoba, Canada, were the special guests of the Greenbush-Badger Lions Club at their regular meeting on April 28 at the American Legion in Greenbush. Also present were the Lions' spouses, and special guests.

As part of his presentation, Dist. Gov. Fontaine inducted the Lions Club's newest member, Gary Erickson of Badger. Mr. Erickson's membership was sponsored by Lion Don Christianson of Greenbush.



Zone 8 Meeting

5M11 - Zone 8 Meeting. On April 27, 2016 we had our zone meeting, its good to hear what each of the clubs are doing to help their community members.

As zone chair I provided each club with an update on the Centennial Challenge, I encouraged each club to go online and report all of the activities they are doing! ***Lion Kevin Gamble***





Goodridge Lion Tamers Lions Club

The Goodridge Lion Tamers Club served a lunch on Saturday, April 23rd which is an annual event. During the event the Goodridge Lions Club has an auction/consignment sale going on outside and the Lion Tamers then have the lunch inside the Lions Hall in Goodridge.

Then in the evening the Lions Club puts on a smelt fry.

The entire day is well attended and the community looks forward to it each year.





Crookston Leos celebrates 25 years

By Lion John Vik

The Crookston Leo Club celebrated 25 years of service as a LEO Club on April 17, 2016 with a celebration dinner held at the Crookston High School Commons. Our Master of Ceremonies Lion Steve Krueger opened up the evening with a welcome to all in attendance and introductions of distinguished guests. The National Anthem was sung by Leo Heidi Swanson and the Invocation and Congratulatory Remarks praising the great history and hard work of the Crookston Leos was given by Lion Dale Knotek. We heard Reflections by a former Leo, Bryan Boll, who was an original charter member 25 years ago. Remarks were given by the current Leo Club Advisor, Lion Linda Morgan and the current Leo Co-Presidents: Leo Brooke and Leo Alyssa. The club has 180 members and has received the Leo Club Excellence Award every year. A Helen Keller Sight Award was presented by PDG Jeannine Windels to the Leo Club for their outstanding dedication to service and PDG Jeannine also introduced our Guest Speaker for the evening, PID Brian Sheehan. PID Brian Sheehan recounted the many successes of the club and urged the Leo members to continue their service in Lions wherever their future takes them. He outlined the impact that Lions can have on a community, the attitude of colleges and employers toward Leos and Lions for their role in service, and the extra fulfillment that can be found with meeting new friends and having fun being a member of the Lions community. His fast moving presentation is always educational and entertaining.....always a pleasure to hear him !! Thank You to the Crookston Leos for their 25 years of service

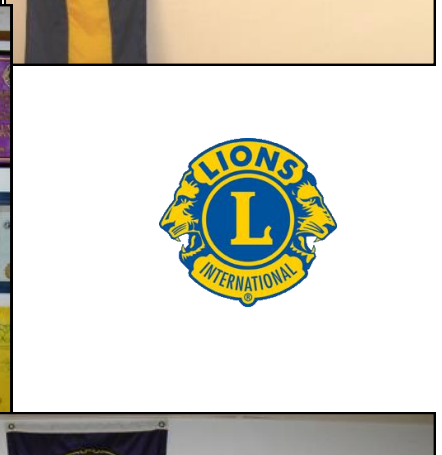




Zone 5 Meeting

By Lion John Vik

The Lions Clubs of Zone 5 held their Spring Meeting on Thurs., April 14 at the Plummer Community Center. The meeting was hosted by the Plummer Lions Too Club and they prepared a beautiful ham dinner for those in attendance. Zone Chairman Debbie DuChamp led the meeting with a welcome and opening up a roll call on "Increasing our Membership". Our main speaker for the evening, Lion Connie Hagen, gave a presentation on the Minnesota Lions Diabetes Foundation followed by a report by PDG Jeannine Windels on the Minnesota Lions Vision Foundation and Lion John Vik on LCIF. Lioness President Sherry Sorenson from the Thief River Falls Moonlighters had a new member induction done by Zone Chairman Debbie DuChamp for a new member Lioness Loretta Stowe. Closing out the evening were reports by Lion Jim DuChamp on Can-Do-Canines and Lion Steve Rosten on Leader Dogs for the Blind. I took a few photos of the many awards that have been given to the 2 Lions Clubs in Plummer for their outstanding service to their community.





Zone 4 Meeting

The third and last zone meeting of our Lions year was hosted by the Fertile Lions at Erickson's Smokehouse Restaurant in Fertile on April 13. There was a great turnout at our spring meeting with 39 Lions in attendance from three of the four clubs from our zone, being the Crookston, Fertile and Red Lake Falls Lions clubs. The featured speaker was PDG Lion Jeannine Windels speaking about the Minnesota Lions Vision Foundation, its work, accomplishments and the Helen Keller Award program.

PDG Lion Joanne Swanson, GLT Leader, shared information on the upcoming 2016 Club Officer Training sessions scheduled for April 25, 26 & 27, at Twin Valley; Winnipeg, MB; and Thief River Falls respectively and stressed the importance of incoming club officers to attending one of these sessions. Lion John Vik gave a short presentation on the work of the Lions Clubs International Foundation (LCIF) and the Melvin Jones Award program. PDG Lion Jim Aasness spoke about pin trading and his display of collector pins and the upcoming 40th Annual USA/Canada Leadership Forum to be held on September 15-17, 2016 in Omaha, Nebraska. Other Cabinet members in attendance were Lion Russ McDougall, with the Minnesota Lions Vision Foundation Board and PDG Lion Wayne Swanson, Constitution/Bylaws and Policy and Legal Advisor. Club presidents were asked to highlight their club's projects during the last half our Lions year, either conducted or in the planning for the balance of the year.

To wrap up my second year as Zone 4 Chair, I plan to complete my club visitations and will continue to work with my clubs in finishing their year showing membership growth and achieving the requirements for qualifying for the Club Excellence Award, the Club President Award and the 100% Secretary Award. **Lion Jerry Amiot**





Dilworth Loco Ladies Governor's Night

The Dilworth Loco Ladies Lions held their Governor's Night on Monday, April 11. They invited the Dilworth men's Lions, Glyndon Lions and Glyndon Lioness to attend and receive several awards from DG Gerald Fontaine.



Dilworth Loco Ladies Lions Treasurer Kris Johnson, President Carol Skabo and Secretary Diane Hauglid receiving District Governor award and pin. The Loco Ladies also received the Centennial Service Challenge Level 3 Banner Patch and the Club Excellence Award Patch.



Dilworth Lions Secretary Brian Norbert and President Kevin Spaulding receiving District Governor award and pin. Not pictured are Treasurer Brad Loween and Membership Chair Jeff Stickney. They also received the Centennial Service Challenge Level 4 Banner Patch.



Glyndon Lions Membership Chair Charles Leach, President Locki Carlson and Secretary Gayle Robertson receiving District Governor award and pin. They also received the Centennial Service Challenge Level 1 Banner Patch. Glyndon Lions received a Gold Level Project New Hope medal.



Glyndon Lioness Treasurer Lorriane Langseth and President Rita Leach receiving District Governor award and pin. Not pictured is Secretary Joy Marinucci.



Dilworth, Glyndon and Felton Leo Club Advisor Nathan Herbranson received the District Governor award and pin.



Dilworth Lions 10 year chevrons went to Bill Bergquist and Lance Tollefson. Not pictured for the 10 year membership Monarch Chevrons were Corey Burnside, Kevin Campbell, Tim Rinke, Jeff Stickney; Paul Marquart for 20 years & Jerry Waller for 25 years.



Glyndon Lioness Lorraine Langseth received the Helen Keller Sight First Award.



Dilworth Loco Ladies Lion Char Jankowski-Rudolph received a 30 year membership Monarch Chevron. Not pictured is Shirley Bergquist for her 10 year chevron.



Glyndon Lion Curtis Burnham received a 15 year membership Monarch Chevron.





Winnipeg South Lions

District Governor Night for Winnipeg South was April 6, 2016. 5M-11 DG Gerald Fontaine thanked club for inviting him, spoke about 5M-11 activities, made special emphasis on the Centennial Challenge and shared some words of wisdom from the Lions Club International President Dr. Jitsuhiro Yamada. He also presented the following awards to club members: Centennial Challenge Level 3 Patch 2014/15 – Winnipeg South Lions Club; Governor and DG pins for excellent service – Lions Bob Weller, Marvin McDougall, Andrea Kwasnicki & Kevin Gamble; 20 years service – Lions Agnes Scott and Ray Downey (not present); Mid-Winter Convention Certificate of Appreciation – Lion Kevin Gamble; and Hope Medal – Lion Marvin McDougall.



Lancaster Lions



submitted photo
Lion's member Shannon Bowlin presented a \$100 check from Wayne Redfearn to Lion's President, Tim Peterson towards the Lancaster School playground project.



submitted photo
Lion's member Krystal Peterson accepts a check of \$700 from the Lion's Club for the Lancaster School FCCLA from Lion's President Tim Peterson.





Barnesville Thursday Nite Lions

The "Barnesville Thursday Nite Lions" held their annual women's stag on Friday, April 1st 2016 at the American Legion in Barnesville, MN. Our theme this year was "Wine a Little, Laugh a Lot." We had over 150 women in attendance.





Wine a Little Laugh a Lot

LADIES NIGHT OUT

Supper, prizes, games, raffles, and Bingo!
\$25 discount ticket prior to March 25th (\$30 after)

American Legion, Barnesville, MN
 Friday, April 1, 2016
 Social at 6:00 p.m. & Dinner at 7:00 p.m.
 Cash Bar Available

Proceeds benefit the Barnesville Thursday Nite Lions.
 To purchase tickets visit: bitly.com/barnesvillethursdaynitelions
 or talk to a member of the Barnesville Thursday Nite Lions.

4 CHANCES TO WIN A
\$100 CASH PRIZE
 WHEN YOU BUY A TICKET





DONATION • GAMING LICENSE: X-32244 • NEED NOT BE PRESENT TO WIN CASH PRIZES



Oslo Lions Governor's Night

District Governor Gerald Fontaine and his wife Eliane Carmel visited the Oslo Lions on March 28th for a Governor's Night.



The flowers were presented at the funeral of one of the Oslo Members who had recently passed. They included one of my DG pins along with the card to the family.



Oslo Lions President Orin Knutson with DG Gerald Fontaine and his wife Eliane Carmel.



Oslo Lion Treasurer Fred Holter, Secretary Mike Stoltman and President Orin Knutson received DG Gerald's award and pin.



Charter Member Miles Quern of 40 years.



Charter Member Jim Solem of 40 years



Vice President Troy Solem giving a welcome.



Mike Stoltman is a 10 year member.

Ditch Cleaning in the District



Lions Mike Pearson and Mike Quiggle stand in front of the garbage they picked up on Highway 34 east of Barnesville. The club cleans a total of 8 miles in the spring and again in the fall, and this represents 1/2 of the spring cleanup total amount. Helping with the ditches but missing from the photo are Lions Chris Seifert and Ken Bauer. "We Serve" is the Lions motto and this exemplifies that motto.



The top picture is **Fertile** Lion Dick Braun, head of the Clean Up Committee for the Ditch Cleaning project. We had about 60 kids, 5th and 6th graders from our school. Lion Dick is giving all the safety lecture before heading out on their routes, the do's and don't of what to do when out there on the roads and ditches.

Middle picture is of the kids in their vests and gloves, and placed in the hands of our trusty Lions member, to go out on a route to pick up trash, and what a great bunch of kids and they all had a blast, and when they came back for Pizza, Ice Cream and a Soda.

Bottom picture is of some of the Fertile Lions members and drivers for these routes. In all we had 20 of our members that worked on this project.



Flom & Area Lions cleaned 4 miles of road ditches in April.



Fosston-Lengby Lions



The Fosston Lengby Lions were proud to once again sponsor the Fosston High School Academic Award Banquet this year. Lion Kyle Vig was acting Master of Ceremonies and Lion David Burggraf presented the students with their awards. From grades 10-12 there were 26 students in attendance, along with the 2 top GPA students from 9th grade as punch attendants. The club provided to all students in attendance their awards, a catered meal, and as a surprise bonus this year- \$20 Fosston Bucks to be spent at any local business. It was a great event to reward the students for all of their hard work throughout the school year!



At the April meeting, Fosston High School's Physical Education Teacher Ben Hemberger came to present to the club with a request. He is seeking new and improved heart rate monitors to use in his classes. In addition to being easier to wear, the capabilities of how the information for each student is tracked and stored is pretty unbelievable. The Lions felt that it was a great cause to contribute to and voted to donate \$640, one third of the total he is trying to raise (he received a grant for the other half). In addition to our donation, we are challenging our local Rotary Club as well as Sportsman's Club to do the same.



The Fosston-Lengby Lions are proud to have once again donated to this year's Fosston High School After Prom Party. We donated \$1000 to the cause, all in "Fosston Bucks" that are able to be used at all local businesses. With this money the after prom committee was able to purchase a number of things for the event including; party supplies, food & beverages, and prizes, all while supporting our local community business as well. Pictured is After Prom Committee Member Carol Solle & Lions Vice President David Burggraf.



Lions Club of Winnipeg Update

Wasn't that a party? Over 110 people were in attendance – and because it was in the Royal Aviation Museum, they had the chance to take a self-directed tour of all the planes in the museum, and I am told many of them took advantage of that!

The food was catered by the French Way Café and the servers were some of our very best 6 cadets from the #6 Jim Whitecross Air Cadet Squadron. They were truly impressive. Our charity of choice was the Schizophrenia Society of Manitoba. It is still too early in the process to know the financial outcome, but as soon as I know how well we did, I will publish the figures. I was also hoping to have some photos to go along with the report, but they have not yet been processed either, so they will have to wait for another day.

As well as many of our own Lions, we were pleased to have the President of Winnipeg South Lions – Kevin Gamble, and his partner Andrea Kwasnicki, as well as the President from Riverside – Chris McCormick and his lady – Shelley Selman, and also from Riverside Lions – Lloyd Judd.

On a different note, we are just completing our writing and speaking project with our local Gordon Bell High School. The students in the group have some very interesting and unique takes on what they are writing and going to be speaking about. I wish everyone could hear them. There is a school contest organized for Monday, May 2nd, where the best 3 will be chosen. These three will then come to a Lions lunch on Thursday, May 5th, and prizes will be awarded to them based on 1st, 2nd and 3rd. The judging will be a panel of 3, one of whom is from the community.

Our elections have been concluded. We are a little disappointed that we did not have a president at this moment or next year, but we did elect 4 members to our Board of Directors. They are P D G John Sinclair, P D G Ross Johnston, Lion Nessie Stewart, and Lion Marcelle LeBlanc. You can see – we are also gender balanced. At their first meeting, they will be tasked with appointing the Secretary/Treasurer, and the Recording Secretary

As many of you are already aware, we are in the throes of chartering a new Lions Club in Winnipeg – the Winnipeg Ma'di Lions Club. Their charter night will be Saturday, June 4th, 2016, at Lions Place, 610 Portage beginning at 6 p.m. Tickets cost \$35.00 Canadian and you can find the menu on the website. Lion Bruce Beck from Palisade, Minnesota will be here, and also those of you who attended our February Convention will know that I D Jerome Thompson will also be here to speak and welcome the new club.

WOW! Is all I can say for now. Until next month...

Lion Ernie Jones

Barnesville Lions

Fertile Lions



Fertile Lion President Paul Borslien filling the local Food Bank. April was our month for this, and we completed our 4 challenges for this year.

Lion Mark Spielman is shown giving Lion Ken Bauer a beautiful mug he has made with the Leader Dogs for the Blind logo embossed on the front. Lion Mark once again was in attendance at the 19th annual Sportsman's Stag sponsored by the Barnesville Lions on April 14th. The stag tickets were all sold prior to the event just as they have been in the previous 18 years & the event netted the club just short of \$12,000. The Barnesville Club appreciates the community support & the support of Lions such as Mark who are willing to drive a distance for this event.





Can Do Canine Update

Thanks to the support of Lions Clubs across 5M, Can Do Canines continues to train specially trained dogs for people with disabilities and provide them free of charge to those in need.

One recent recipient of a Can Do Canines assistance dog is Kelli Heimerl. Kelli now has a greater sense of freedom, independence and peace of mind thanks to Mobility Assist Dog Justeen. Read their story below.

KELLI HEIMERL & MOBILITY ASSIST DOG JUSTEEN

Kelli Heimerl of Chaska, Minn. had been searching for the official diagnosis to her symptoms for a long time. It began when she simply felt a “little off” in various ways, but she couldn’t quite put the pieces together. After consulting with various doctors, an official diagnosis was finally reached—Parkinson’s disease.

Kelli struggles with balance and muscles contortions, and sometimes, she has trouble getting all the words out which she means to say. “I can spell the word, I can see the word, but I can’t exactly speak the word,” Kelli says. “Pretty much if it’s a symptom of Parkinson’s, I’ve been blessed with it.”

So to help with her many issues she applied to Can Do Canines and was paired with a two year-old black goldador (a golden retriever/Labrador retriever mix) named Justeen. The ability for Justeen to hand her items has been an incredible gift.



“Justeen is constantly picking things up off of the floor for me, because I’m always dropping them,” Kelli explains.

In addition to picking up dropped items and helping to unload the groceries at home, Justeen also helps Kelli feel more comfortable in public. Now that she has an assistance dog, she says she receives immediate assistance.

“They can see that I’m shaking, and for some people, seeing Justeen validates that I have an illness,” Kelli says. “Very few people know what Parkinson’s is, so she’s become an incredible ambassador for me.”

Kelli is overwhelmed with thanks to everyone who helped raise, train, and eventually bring the two of them together.

“I appreciate every moment of the last one year, ten months and twenty eight days Can Do Canines gave me,” she says. “Justeen is the most kind, patient, and loving dog.”





International News

Earn the Seven Keys to Success Club President Award

The 2015-16 Club President Award is based on the [Seven Keys to Success](#) and is an initiative to help club presidents lead their club, maximize its potential and utilize the resources available from LCI to find new ways to serve the community. Club presidents: it starts with you! Complete the criteria and turn in the [application](#) to your district governor today.



View and Share #LIONS100 Media

Lions have been serving communities for nearly 100 years, which means Lions have many stories to tell. These stories help us celebrate our Centennial, remind us to take pride in everything Lions have accomplished and prepare us for another century of service. [Visit the Centennial Media page](#) for Touchstone Stories on defining moments in

Lions history, as well as Centennial videos that bring 100 years of service to life. Download and share the Lions story on your social media pages with the hashtag #LIONS100.

Social Media Tips, How-To's and More

Whether you're just getting started on Facebook or you're interested in improving your club's current social media presence, you can find resources on the LCI website that will help. Learn how your club's photos can be featured on LCI official social channels; read the Lions SMiLE Blog for the latest on apps and tools; and discover new ideas to share at your next club meeting. [Visit the Lions Social Media page to get started.](#)



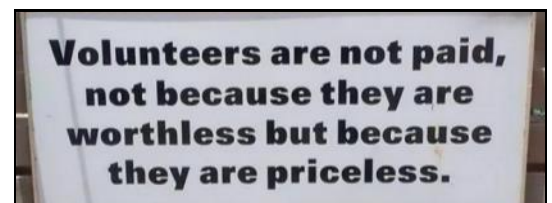
Video: Honduras Sight Mission

May is [Recycle for Sight Month](#)! Watch and share the [Honduras Sight Mission video](#) to learn how recycled eyeglasses are used for a mission, and help your community to better understand the importance of eyeglass recycling. This segment from the Lions Quarterly archives takes viewers to the town of Comayagua, where Lions from the U.S. and Honduras work together to provide recycled eyeglasses, vision care, surgeries and more to people in need. [Download the video from the LCI website](#) and share it on social media or play it at your next Lions event.



Download Lions Branding Photos

Images of real Lions can help make promotional materials more eye-catching and interesting. [Branding photos of Lions](#) are available on the LCI website for Lions, clubs, districts and multiple districts to use for promotional purposes. Download for use on your website, social media pages, brochures and flyers.





DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.
"Catch the Dream" Life Without Diabetes!



www.mnlionsdiabetes.org facebook.com/MinnesotaLionsDiabetesFoundation

2016 Summer

Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

Foundation News

7th Annual Minnesota Lions Diabetes Foundation Research Update Recap

On April 2, 2016, a blustery morning on the campus of the University of Minnesota, The Minnesota Lions Diabetes Foundation, along with fellow Lions, family and friends, once again took part in the 7th Annual Lions Diabetes Research Update.

Lions were treated to information stations showcasing some of the latest discoveries in diabetes research being conducted at the University. Each station was hosted by a researcher who has generously been supported through the Foundation's research grant.



The event included lunch and presentations by Dr. Bernhard Hering, Bradley Weegman PH.D., and Dr. Amir Moheet.



Dr. Hering shared information on the latest research being conducted in transplantation using both human and pig islets. He described how he and his team are conducting cutting edge research to make porcine islet transplants a widely available cell transplant-based cure for diabetes. Dr. Hering's team was the first to report long-term diabetes reversal after porcine islet transplantation in immunosuppressed monkeys, one step away from humans.

The next presenter, Bradley Weegman, PH.D., is a member of the Minnesota Lions Diabetes Foundation Imaging Lab. Brad described how the Lions Imaging Lab is researching and developing an artificial pancreas which would house insulin producing islet cells. The Lab is using the world's strongest magnetic resonance imaging machine to study oxygen levels needed by the islet cells to survive.

The final presenter was Endocrinologist Dr. Amir Moheet. Dr. Moheet described how both type 1 and type 2 diabetes have been associated with reduced performance on multiple domains of cognitive function including memory. He and his colleagues are using the imaging techniques of the Minnesota Lions Diabetes Imaging Lab to study structural abnormalities in the brains of both type 1 and type 2 diabetic patients. The long term goal is

to determine the impact of diabetes on the brain's structure and function in middle-aged adults.

Grants

The MLDF approved and presented three new grants at \$25,000 each at the Diabetes Research Update. Hearing from the doctors about the progress they are making on many levels, gives us hope.



MLDF Chair PCC Judy(L) Along with PID Deb Wasserman Presented three checks for diabetes research to Jean Gorell U of M staff.

The U of M will use the grant funds:

- To develop vaccines that will eliminate the need for immunosuppression drugs in a porcine islet transplant.
- To focus on the autoimmune disease that causes diabetes by working to remove the destructive cells.
- To test inflammation reducing drugs and evaluate the role of calcium in insulin. Testing first in animals, to ultimately treat T2 diabetes.

Lions Golf Tournament in June

Sherburn & Jackson Lions Clubs are sponsoring a golf tournament with proceeds to benefit MLDF. On Friday June 3rd 10AM Registration At Fox Lake Golf Course in Sherburn MN.

For \$40.00 per person includes green fees and steak dinner. Not a golfer come for Social and Steak at 5PM \$20.00. RSVP by May 30th to Mark Wohlhuter 507-764-4943 or mwohlhuter32@gmail.com

Poker Walk Fundraiser



Districts 5M9 and 5M3 held a Poker Walk at their Midwinter Conventions to raise money for diabetes research and education.

Memorial Cards Available

Are you looking for a special gift for someone? Or a Memorial Card/gift to honor some one? We have Gift cards with mailing envelop for both the recipient and for sending the donation to the MLDF. They are great for clubs to use. Contact your District Trustee to get some.

MLDF 2017 Calendar "Catch the Dream" - Life Without Diabetes!

Have you requested you spot on the 2017 Calendar yet? Honor someone or an occasion while helping support diabetes research and education. Order form and Trustee contact information is own our web site.

Mark Your Calendars ----

ADA Expo in Minneapolis is October 15th 2016



100% Secretary Award Application

The International Association of Lions Clubs

DISTRICT 5M-11

100% Secretary's Award Application for 2015-2016

In order to receive the 100% Secretary's Award, each Club Secretary who has qualified must fill out this form and have it approved and signed by the Club President and Zone Chair. The listed criteria apply to the 2015-2016 Lions year. (July 1, 2015 – June 30, 2016)

The form is to be completed and submitted to the District Governor no later than July 31, 2016.

CLUB _____

Submitted _____, 2016

SECRETARY _____

Mailing Address _____

Telephone _____

TO QUALIFY, ALL FIVE (5) OF THE FOLLOWING CRITERIA MUST BE MET:

- _____ All Monthly Membership Reports mailed or filed electronically to LCI by the last day of the current month.
- _____ All District Monthly Activity Reports (MAR) mailed or emailed to the DG, VDG'S, Cabinet Secretary and Zone Chair by the last day of the current month.
- _____ PU-101 (report of new officers) submitted to the District Governor by May 1, 2016.
- _____ All dues to the District and Lions International paid by March, 31, 2016, with no unpaid balance over \$50.00 owed to Lions International.
- _____ Maintained and kept accurate minutes of all club and board meetings, attendance records, awards and sponsorship records; and processed all club correspondence in a timely manner.

IN ADDITION, SIX (6) OF THE FOLLOWING NINE (9) MUST BE FULFILLED:

- _____ Submit Annual LCI Activities Report to LCI by July 1, 2016, with copy to the DG.
- _____ Attend two (2) of the three (3) Zone Meetings during the 2015-2016 year.
- _____ Attend a District 5M-11 Club Officer Training Session during the year.
- _____ Attend one (1) of the following:
 - _____ 5M-11 Midwinter Convention _____ 5M Multiple Convention
 - _____ LCI International Convention _____ USA/Canada Forum
- _____ Arrange for an Induction Ceremony for all new Lions members of your club.
- _____ Arrange for an Orientation Presentation for all new Lions members of your club.
- _____ Sponsor a new member into your club.
- _____ Make club members aware of the monthly District Newsletter or print and distribute copies at monthly meeting
- _____ Prepare this form with all 3 signatures and mail it to the District Governor by July 31, 2016.

Club Secretary: _____

Approved By: _____

Club President: _____

Zone Chair: _____





2015-2016 Club President Award Application Form

Submit this application to your District Governor or Zone Chairperson upon completing the **Seven Keys of Success** listed below.

- ___ 1. To increase the value of being a member, host a New Member Orientation

Date of Orientation: _____ Number of participants: _____

- ___ 2. To be a club that members can be proud of, conduct **How Are Your Ratings** to find ways to make membership in your club more meaningful.

What changes did you make as a result of conducting the **How Are Your Ratings Exercise**?

- ___ 3. To hold high quality service projects, conduct a **Community Needs Assessment** and carry out a service project

Describe your club's service project: _____

- ___ 4. To serve with family members, host a service project that includes family members

Describe your club's family event: _____

- ___ 5. To increase the number of female and/or younger members, sponsor younger and/or female members or charter a club that includes female and/or younger members

Which of the following did you accomplish: ☐ Chartered a new club ☐ Recruited a new member

Name of New Member or New Club: _____

New Member or New Club Number: _____

Date the member joined or club was chartered: _____

- ___ 6. To be a leader in your community, take two or more courses or seminars offered in-person or online from the **Lions Learning Center**. Courses and seminars can be found online in the Lions Learning Center or offered by your district, multiple district, constitutional area or at International conventions or forums. Participation in webinars offered by LCI also qualify.

Courses/Seminars Taken:

Course one: _____

Course two: _____

- ___ 7. To think in dynamic new ways, conduct **Your Club, Your Way, Blueprint for a Stronger Club**, or the **Club Quality Initiative** to identify and implement changes.

What changes did you implement during your year as club president to help your club better meet the needs of club members or the community that your club serves?

Club President Name: _____

Club name: _____ Club Number: _____

Zone Chairperson's Signature (if application is collected by the zone chairperson for the District Governor):

To receive the award in a timely manner, allow three or more weeks from the date the award is ordered by the District Governor for delivery to the district. All awards must be ordered by the District Governor prior to June 30, 2016



2015-2016 CLUB EXCELLENCE AWARD APPLICATION

To qualify the club must be chartered for 6 or more months prior to the end of the fiscal year, further the objectives of the association, adhere to the association's constitution and by-laws and policies, and meet the requirements noted below during the fiscal year.

Club Number	Club Name	Date
-------------	-----------	------

2015-2016 Club President's Name	Member Number
---------------------------------	---------------

- ☐ **SERVICE** – The club has conducted at least three service projects. Briefly describe the service activities that were conducted:

Date: _____ Activity: _____

Date: _____ Activity: _____

Date: _____ Activity: _____

- ☐ **CONTRIBUTION** — The club has made a contribution to LCIF.

- ☐ **MEMBERSHIP DEVELOPMENT** - The club achieved a net growth in membership (including branch club members when applicable) or sponsored a new club. New members attended an orientation and were properly inducted into the club.

☐ Net Growth in Members: _____ ☐ Name of sponsored club or Branch: _____

- ☐ **COMMUNICATION** – The club has publicized the club's service activities to the public through local media and effectively communicated activities to club members.

Please explain briefly how the club service activities were publicized.

- ☐ **LEADERSHIP DEVELOPMENT** – All officer positions were filled in accordance with the constitution and bylaws by qualified Lions, the club was represented at zone meetings and a majority of the club officers participated in a leadership training program. The training program could include training offered at the zone, district, multiple district or International level. Online courses from the Lions Learning Center, participation in a Club Excellence Process (CEP) Workshop or completion of the Certified Guiding Lion course also count toward the award.

- ☐ **CLUB ACTIVITY** – The club has hosted regular and meaningful club events and reported Membership, Service Activities, and the New Club Officers in a timely manner.

- ☐ **CLUB IN GOOD STANDING** – the club is not in status quo and International dues and new member entrance fees have been paid in full. No more than US\$50 in any other expense due to LCI is outstanding beyond ninety (90) days.

Date	2015-2016 District Governor's Signature*	District	Member No.
------	--	----------	------------

* Applications received from the District Governor's registered email address will be considered signed by the district governor. In undistricted areas the coordinating Lion or provisional zone or region chairpersons should sign the completed form.

The completed form must be mailed to the English Language Department at International Headquarters, or email to clubexcellenceaward@lionsclubs.org, or fax to (630) 706-9273 to arrive by August 31, 2016. Request for review of award eligibility from a disqualified club shall be considered only if received at International Headquarters within 12 months after completion of the fiscal year, provided that the original application form is already filed at International Headquarters. The award will be mailed to the 2016-2017 district governor for presentation. In undistricted areas the award will be mailed to the coordinating Lions or directly to the 2015-2016 club president.

DA-1.EN 10/15



Hosted by
MD5M Lions



Northern Pride Lions Leadership Forum



November 11th - 12th, 2016
Shooting Star Convention Center, Mahnomen MN USA
2016 Registration Form

"Meet your fellow Lions from Wisconsin, Nebraska, Iowa, Saskatchewan, North Dakota, South Dakota, Manitoba, NW Ontario and Minnesota."

Your District & Club Name: _____

Name & Title _____

Address _____

City/Town _____

State/Prov. _____

Zip/Postal _____

Phone (w / area code) _____

Email _____

Registration form at
<http://www.lionsmd5m.org>

ALL costs are in USD
Canadians are asked to
send USD money order to
PDG Cheryl



Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____ (circle ones that apply)

Registration Fee \$99.00 USD

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: **Northern Pride Lions Leadership Forum**

US residents mail to:

PDG Dave Jensen,
32549 Co Rd 11
Wendell, MN USA
56590-9771
R. 218.458.2428
C. 218.770.9410
E. oakstuff@runestone.net



Canadian residents mail to:
Send USD money order

PDG Cheryl McKittrick
PO Box 340, Crystal City
MB Canada R0K 0N0
E. cemckit@gmail.com
R. 204.873.2091
C. 204.825.8073



Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at cdk3inc@outlook.com

Hotel Reservations – Contact the hotel directly – Rate \$85.00 USD per night (+ taxes) Until October 30th, 2016

Shooting Star Hotel & Casino, Mahnomen, MN – call 1-800-453-STAR and ask for block #71.

This block is called **"Northern Pride Lions Leadership Forum"**



5M11 MID-WINTER CONVENTION 2017

Friday, Saturday & Sunday - January 27, 28, 29, 2017

Location: Shooting Star Event Center, Mahnomen Minnesota

Hosted by the Flom and Ulen Lions

REGISTRATION FORM (Please fill out 1 form for each attendee)

LION ☐ LIONESS ☐ LEO ☐ GUEST ☐ 1ST TIMER ☐



Name	Title
Address	Club
City, State/Prov., Zip/Postal Code	
Email	Telephone

Note: Please Indicate any special dietary needs

Will you need Braille convention materials?

Will you need sign language interpreter?

Would you use daycare if provided on Saturday?

If YES, how many children & what ages

HOSPITALITY BOOK Includes Friday Social, Saturday Breakfast, Lunch and Banquet, and Sunday Brunch

Hospitality Book (Postmarked by December 1, 2016)	\$110 USD*	\$
Hospitality Book (Postmarked by December 2, 2016 or later)	\$125 USD*	\$

OR

INDIVIDUAL EVENTS				
		Friday Social-"Roaring 20s" Theme	\$20 USD*	\$
		Saturday Breakfast	\$20 USD*	\$
		Saturday Lunch	\$20 USD*	\$
		Saturday Night Banquet	\$50 USD*	\$
		Sunday Brunch	\$20 USD*	\$
		TOTAL		\$

*Rate of exchange for US & Canadian dollars on postmarked date will be acceptable & we'll cash your check ASAP.

OR: I'm coming to the Convention, but not staying for the meals

(✓ box): ☐

CHICAGO, 1917 – Where It All Began

Mahnomen, Minnesota 2017, A Little Chicago - We Still Serve

MAIL THIS FORM & PAYMENT (Check/money order payable to: Lions 2017 5M11 Mid-Winter Convention) to:
Flom & Area Lions, PO Box 273, Flom MN USA, 56541

For Convention Info Contact:

Nadine Myers: 763-242-5839

Or

John Otto: 218-596-8394



For Hotel Information Contact:

Shooting Star Hotel & Event Center

1-800-453-7827

777 Casino Road, Mahnomen MN 56557

Ask for Block #513 Lions 2017 Mid-

Winter Convention

Room Rate: \$85 USD + Taxes



Join us at the
"LIONS OF THE NORTH"
 98TH MD5M Convention
 April 21,22,23, 2017
 Sanford Center, Bemidji, MN
 Hosted by District 5M-10



REGISTRATION FORM

Please Print

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

NAME: _____ ADDRESS: _____ CITY: _____ STATE/PROV/ZIP: _____ EMAIL: _____ TITLE: _____ DISTRICT: _____ CLUB: _____

☐ Check if this is your 1st Multiple Convention

☐ Check if this is your 1st Multiple Convention

Please specify any dietary needs: _____

Please specify any dietary needs: _____

Will you need Braille convention material? yes or no

Will you need Braille convention material? yes or no

MEAL	AT 2016 MD5M CONVENTION	BEFORE MARCH 1, 2017	ON OR AFTER MARCH 1, 2017	NUMBER ATTENDING	AMOUNT
HOSPITALITY BOOK	USD: \$100	USD: \$110	USD: \$125		
FRIDAY NIGHT MIXER	FREE WITH HOSPITALITY BK	USD: \$20	USD: \$20		
SATURDAY BREAKFAST	FREE WITH HOSPITALITY BK	USD: \$20	USD: \$25		
SATURDAY LUNCH	FREE WITH HOSPITALITY BK	USD: \$25	USD: \$30		
SATURDAY BANQUET	FREE WITH HOSPITALITY BK	USD: \$45	USD: \$45		
SUNDAY BRUNCH	FREE WITH HOSPITALITY BK	USD: \$25	USD: \$30		
<input type="checkbox"/> YES, I AM COMING TO THE CONVENTION BUT NOT STAYING FOR ANY OF THE MEALS. USD: \$0.00			TOTALS:		

"Zero-K Walk for Diabetes" USD: \$20.00 per Person. Includes a free T-shirt.

T-Shirt Size/Quantity: (S) _____ (M) _____ (L) _____ (XL) _____ (XXL) _____ (XXXL) _____

Make checks payable to: **MD5M 2017 CONVENTION**

Mail payment & registrations to:

BEMIDJI LIONS CLUB
 P.O. BOX 3045, BEMIDJI, MN 56619

Convention Information Email:

Lion Wayne Tieman: tieman13@yahoo.com

Lion Mel Milender: melmile@msn.com

**GRAND TOTAL
 SUBMITTED:**

Cancellations accepted and refunded prior to April 1, 2017. \$20.00 fee for cancellations.

SEE SEPARATE FORM FOR AVAILABLE HOTEL ROOMS AND RATES

American Diabetes Association Minnesota Area Events Calendar 2016

www.diabetes.org/minneapolis • 1-888-DIABETES

Step Out: Walk to Stop Diabetes (Duluth)

Saturday, April 9, 2016

Step Out: Walk to Stop Diabetes is one of the ADA's top fundraising events nationwide. Join us at the Miller Hill Mall in Duluth as we walk to help raise awareness and funds for diabetes research, programs, advocacy and information. Walk inside the mall and complete as many laps as you would like. For more information contact Jackie Reding at ext.6598.

Get Fit, Don't Sit

Wednesday, May 4, 2016

The American Diabetes Association will host the first ever, Get Fit, Don't Sit Day in 2015. Our goal is to raise awareness on the importance of being physically active and moving every 90 minutes. For more information contact Sarah Laulunen at ext.6592.

Tour de Cure (Twin Cities)

Saturday, June 4, 2016

The Twin Cities ride begins and ends at Minnehaha Falls. All routes are well marked and fully supported with frequent rest stops, SAG wagons, mechanical support and plentiful food and beverage. There are a variety of distances designed with all abilities in mind. Ride. Party. Stop Diabetes. For more information contact Janece Oatman at ext. 6784.

Camp Needlepoint Camp Daypoint

(Session 1) August 14-20, 2016

(Session 2) August 21-27, 2016

August 15-19, 2016

Camp Needlepoint, a residential camp for children with diabetes ages 8-16 years, holds two one-week sessions. Camp Daypoint, a day camp for children with diabetes ages 5-9 years, holds one five day session. The camps have been serving thousands of children with diabetes for over 50 years. For more information contact Becky Barnett at ext. 6596.

American Diabetes Association Evening of Research and Recognition

Saturday, September 10, 2016

The American Diabetes Association Evening of Research and Recognition will focus on Celebrating Excellence to Stop Diabetes. The evening will consist of highlighting various research projects and progress being made in Minnesota through American Diabetes Association funding and the presentation of awards which are given to honor people or organizations for their tireless commitment to all people with diabetes. For more information contact Susan Klimek at ext. 6591.

Tour de Cure (Rochester)

Saturday, September, 2016

The newly refaced Rochester ride features a fall event starting at the YMCA Parking Lot, near Soldier Field. You can still expect wonderful, safe routes for all ages and abilities, but now you have all summer to train. With an expanded after party, come see why our motto is Ride. Party. Stop Diabetes. For more information contact Janece Oatman at ext. 6784.

Step Out: Walk to Stop Diabetes (Twin Cities)

Saturday, September 24, 2016

Join us at the General Mills outdoor campus in Golden Valley as we walk to help raise awareness and funds for diabetes research, programs, advocacy and information. Start the morning with our kids diabetes dash, then choose the 1 mile or 5K route for walkers and runners. This is a non-competitive run/walk. For more information contact Jackie Reding at ext.6598.

Step Out: Walk to Stop Diabetes (Brainerd, Mankato, Stillwater/East Metro)

Saturday, October 1, 2016

Join one of these three Minnesota walks to help raise vital funds for diabetes research, programs, advocacy and information. **Brainerd**, Paul Bunyan Trailhead contact Jen Eller at ext. 6783; **Mankato**, Sibley Park contact Jennifer Williams at ext. 6728; **Stillwater**, Pioneer Park contact Jackie Reding at ext. 6598.

Healthcare Professional Breakfast

Saturday, October 15, 2016

Healthcare professionals breakfast is held prior to the doors opening for the Diabetes EXPO and is free for healthcare professionals to attend. The breakfast includes a key note speaker, networking session and tour of the Diabetes EXPO show floor. For more information contact Sarah Laulunen at ext.6592.

American Diabetes Association EXPO

Saturday, October 15, 2016

Join thousands of others in your community at one of the largest diabetes programs in the country. Learn how to live well with diabetes with tips and demonstrations on how to eat healthier, be more active, and get the latest information on preventing and managing diabetes and its complications. For more information contact Sarah Laulunen at ext.6592.

American Diabetes Month

November, 2016

November is Diabetes Month. The goal is to raise awareness about diabetes and its complications.

National Healthy Lunch Day

Tuesday, November 15, 2016

The American Diabetes Association will host the first ever, National Healthy Lunch Day in 2015. Our goal is to raise awareness on the importance of good nutrition as part of a healthy lifestyle. For more information contact Sarah Laulunen at ext.6592.

Stop Diabetes @ Work

Events throughout 2016

Presentations with content including: Diabetes 101, Healthy Eating, Active Living, Diabetes Prevention as well as free ADA Resources that are available to employees. For more information contact Sarah Laulunen at ext.6592.



Our mission, to prevent and cure diabetes and improve the lives of all people affected by diabetes, can be seen in everything we do. Through your support, the American Diabetes Association, Minnesota Area is able to provide valuable programs and life-saving resources to over 425,000 Minnesotans and 1.4 million Minnesotans with prediabetes who are at risk for developing diabetes.

In Minnesota \$3.2 million was raised and is making an impact in our community to STOP DIABETES.

Why Baby Teeth Are Important

Did you know that cavities can start in children under 1 year of age who have one or more teeth? Many children who don't get dental care lose their baby teeth early because of cavities. Baby teeth help children chew food, speak well, and guide permanent teeth in place. It is important that the baby teeth do not fall out early.

Baby teeth **are** important.

Learn how you can help prevent cavities in children by visiting the Minnesota Oral Health Project website

minnesotaoralhealthproject.com and liking us on Facebook.

Cavities **can** be prevented.



Cabinet Directory

District Governor

Gerald Fontaine (Eliane Carmel)

R. 204.433.7955

gerryfontaine@gmail.com

District Governor Elect and Cancer Care Initiative Mike Janssen (Tammy)

R. 204.669.0473

C. 204.330.3802

mjanssen@shaw.ca

Cabinet Secretary and Project New Hope Jenifer Spielman (Mark)

R. 218.567.8281

B. 218.567.8510

F. 218.567.8381

5m11cabsec@gmail.com

Cabinet Treasurer and 1st Vice District Governor Elect John Wollenzien (Dee)

R. 218.681.2117

C. 218.686.3316

deeandjohnwollenzien@mncable.net

Immediate Past District Governor Dennis Olson

R. 218.483.3297

C. 218.790.1825

dwolsen@msn.com

GMT Leader PDG Doug Wiens (Kathryn)

R. 204.434.6042

B. 204.326.9844

B. 888.411.9311

doug@prudentialriverbend.ca or

djwiens@mymts.net

Zone Chair Mentor (Zones 3, 5, 6, 7)

Jan Strandlie (Jim)

R. 218.681.2116

janstrandlie@mncable.net

Zone 1 Chair Deanne Williams (Dave)

R. 218.790.3715

williams.deanne77@gmail.com

Clubs: **Barnesville, Barnesville Thursday**

Nite, Dilworth, Dilworth Loco Ladies, Dilworth/Glyndon/Felton Leos, Glyndon, Glyndon Lioness, Moorhead, Moorhead Midday Central, Sabin.

Zone 2 Chair Kim Peters (Kevin)

R. 218.584.8364

C. 218.556.6972

kpeters@arvig.net

Clubs: **Ada, Flom and Area, Gary, Hawley, Halstad, Hitterdal, Twin Valley, Ulen.**

Zone 3 Chair Kevin Reich (Sheila)

kwrrlf@yahoo.com

Clubs: **Bagley, Fosston-Lengby, Gonvick, Winger.**

Zone 4 Chair Gerald Amiot

R. 218.289.8889

jerry.amiot@hotmail.com

Clubs: **Crookston Noon Day, Crookston Leos, Fertile, Red Lake Falls, UMC.**

Zone 5 Chair Deb DuChamp (Jim)

R. 218.465.4239

d_duke50@hotmail.com

Clubs: **Alvarado, Oslo, Plummer, Plummer Too, Thief River Falls, TRF Moonlighters Lioness, TRF Noon Lioness, St. Hilaire, Warren.**

Zone 6 Chair Kami Underdahl

B. 218.426.2500

C. 218.689.2134

kunderdahl@wiktel.com

Clubs: **Argyle, Hallock, Karlstad, Lake Bronson, Lancaster, Newfolden, Stephen.**

Zone 7 Chair Scott Grove

R.218.386.2134

B. 218.386.1430

scottg@marvin.com

Clubs: **Goodridge, Goodridge Lion Tamers, Greenbush-Badger, Grygla, Roseau, Wannaska, Warroad.**

Zone 8 Chair Kevin Gamble (Andrea Kwasnicki)

R. 204.391.0644

kbgamble@hotmail.com

Clubs: **South Junction and Area Pineland, Grunthal, Steinbach and Area, Ste. Anne, Winnipeg Transcona, Winnipeg South, Riverside, Winnipeg Asia.**

Zone 9 Chair and 2nd Vice District Governor Elect Bill Myskiw

R. 204.339.1242

wimyskiw@shaw.ca

Clubs: **Lac du Bonnet, Pinawa, Whitemouth and District, Beausejour, East St. Paul, West St. Paul, East Kildonan, East Kildonan Lioness.**

Zone 10

Clubs: **Winnipeg Beach/Dunnottar Lakeside, Selkirk and District, St. James, Winnipeg West, Winnipeg.**

Club Excellence Process, USA and GLT Leader PDG Joanne Swanson (Wayne)

R. 218.281.5622

B. 218.281.4343

F. 218.281.1888

5m11pdgjoanne@gmail.com

E-Clubhouse and Technology/Webmaster PDG Dave Hollyoake (Barb)

R. 204.642.4650

C. 204.797.5930

dave@ibtraveln.com

HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS

Warroad Lions

56 years 5/5/1960

Winnipeg West Lions

42 years 5/29/1972

East St. Paul Lions

20 years 5/13/1996



Newsletter needs club assistance –New info



Greetings Fellow Lions, Lioness and Leos of 5M-11!

Thank you to all the clubs that put forth submissions this past year 2014-2015 as well as the cabinet members that sent me items. 40 out of 72 of the clubs had submitted something. That's almost 75% of the clubs. This year, I want to see this number increase with the ultimate goal of getting every club to submit even ONE item., whether it be an awesome project, someone getting an awards or showing what you do in the community. We love to hear what you are doing and it may give other clubs ideas on what to do.

PLEASE HELP ME MEET THIS CHALLENGE FELLOW LIONS

Please send the information to me by the 25th of each month
unless stated otherwise.

Upcoming deadlines for the newsletter:

April 29th — May Newsletter

May 25th — June Newsletter

Lion Stacy Kleinwachter, Newsletter Editor

Email: skleinwachter@yahoo.com or specialk.stacy@gmail.com



Thanks to the following Lions and Lioness clubs for submissions: Ada, Argyle, Barnesville, Barnesville Thursday Nite, Crookston, Crookston Leos, Dilworth, Dilworth Loco Ladies, East Kildonan, East St. Paul, Fertile, Flom and Area, Fosston-Lengby, Gary, Glyndon, Glyndon Lioness, Goodridge, Greenbush-Badger, Grunthal, Hawley, Hitterdal, Karlstad, Lac du Bonnet, Lake Bronson, Moorhead, Oslo, Plummer, Plummer Lions Too, Red Lake Falls, Riverside, St. Hilaire, Ste. Anne, Thief River Falls, Thief River Falls Moonlighters Lioness, Ulen, Wannaska, Warren, Warroad, West St. Paul, Whitemouth & District, Winnipeg, Winnipeg Beach/Dunnottar/Lakeside, Winnipeg Ma'di, Winnipeg South and Winnipeg West.



Websites to Know



Lions Club International: www.lionsclubs.org

Multiple District 5M: www.lionsmd5m.org

District 5M-11: <http://e-district.org/sites/5m11> *NEW*

Lions Program Sites: Can Do Canines: www.can-do-canines.org

Leader Dogs for the Blind: www.leaderdog.org

Lions Clubs International Foundation (LCIF): www.lcif.org/EN/

Lions Eye Bank of Manitoba and NW Ontario: www.eyebankmanitoba.com

Lions Foundation of Canada Dog Guides: www.dogguides.com

Minnesota Lions Diabetes Foundation: www.mnlionsdiabetes.org

Project New Hope: www.projectnewhope.net

USA/Canada Lions Leadership Forum: www.usacanadalionsforum.org

www.LionsUniversity.org *NEW* Check it out





We Serve

**Lions 5M11 District Governor
Club Visitation Request Form
2015-2016**

Today's Date _____ Club: _____

Preferred Date _____ Alternate Date: _____

Person Requesting _____

Phone# _____

If more than one club will be attending, please include the names of all clubs:

Meeting Time: _____ Social Time: _____ Dinner Time: _____

Location: _____

Lions Contact Person for visit: _____

Phone: _____

Cell: _____

E-Mail: _____

Special requests: (Ex. Special Speech, induction of new members, installation of officers, present awards, etc.)

Please submit as soon as possible. I will confirm date with contact person either by phone or e-mail as soon as possible after request is received.

Please send this information to:

DG Gerald Fontaine

619 Jolys Ave East

St. Pierre Jolys, MB R0A 1V0

R. 204.433.7955

Email: gerryfontaine@gmail.com



**I SAY IT OUT LOUD!
I'M A LION
AND PROUD!**

DISTRICT GOVERNOR'S UPCOMING SCHEDULE:

May 2016:

14th	Last Cabinet Meeting	Red Lake Falls, MN
17th	Gonvick Lions Club visit	Gonvick, MN
18th	Ada Lions Club visit	Ada, MN
24th	Moorhead Lions Club visit	Moorhead, MN
25th	Fosston-Lengby and Bagley Lions Club visit	Fosston, MN

June 2016:

1st	Argyle Lions club visit	Argyle, MN
4th	Winnipeg/Ma'di Charter Night	Winnipeg, MB
6th	Plummer and Plummer Too Lions Clubs visit	Plummer, MN
7th	Twin Valley Lions Club visit	Twin Valley, MN

If you have sent me an email requesting a visit and I have not responded, please send it again. I will respond immediately. Thank you, Gerald Fontaine, DG 5M11

Don't forget to schedule a visit from your District Governor!



2016 USA-Canada Lions Leadership Forum

Omaha, Nebraska

Sept. 15-17, 2016

Leadership ? Service ? It's what Lions do !

"Leadership for Service", the theme for the 2016 Forum, reflects our goal of equipping our Lions to meet the Centennial Service challenge in performing 100 million acts of service.

Saturday afternoon will have three large service projects that every attendee will be able to participate in. Corresponding seminars have been added, teaching the skills and organization needed to better prepare service projects at the Club and District level.

Opening night, Thursday brings master illusionist and motivational entertainer, Billy Riggs. On Friday, Lion Jay Blake brings his drag race car "Follow a Dream" to the Forum, along with his amazing story of overcoming a blinding accident to follow his racing dream.

Saturday we look forward to the inspiring words of our then International President, Chancellor Bob Corlew. We finish the evening with Retired General Dick Abel, who after a long career of military, private sector and public leadership will be talking about the leader within each of us.

Register now via our website: www.lionsforum.org

