



# District 5M11 Newsletter

October 2014



## STRENGTHEN THE PRIDE



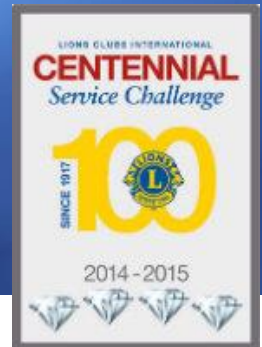
### IN THIS ISSUE:

- 2—DG Dennis's report
- 3—VDG Gerald's Report
- 4—VDG Mike's Report
- 5—State of District/New Members/Zone 1
- 6—Zones 4, 9 and 10 Meeting Notices
- 7—Ste Anne Charter Night/Barnesville Lions
- 8-9—Dog Guides Purina Walk
- 10—RLF Lions/TRF Lions/CancerCare
- 11—Dictionary Project/Flom
- 12—NEW WEBSITE INFO
- 13—Lions of Winnipeg
- 14—TRF Moonlighters
- 15—Cardinal Benefit
- 16—Leadership Checkup/Fallen Lion
- 17-18—Winnipeg Diabetes Public Forum
- 19-20—MD5M Regional Leadership Institute
- 21—International News
- 22-23—Cabinet Directory
- 24—2015 Mid Winter Reg
- 25—2015 MD5M Regis.
- 26—Newsletter/Websites
- 27—DG Visitation Form
- 28—Anniversaries/For Sale/Tax Form Filing

WHERE THERE'S A NEED  
THERE'S A LION



## Centennial Service Challenge



Dear Lion,

Lions Clubs International will celebrate 100 years of service in 2017! I'm inviting you to be part of this special moment in our history by supporting a new global service initiative to celebrate our Centennial.

**The Centennial Service Challenge encourages Lions around the world to serve 100 million people** by December 2017. Every club can play a part in reaching our goal. Here's how you can join the Centennial Service Challenge:

- **Host service projects** throughout the year that impact Youth, Vision, Hunger or the Environment.
  - **Report your service activities** through the Service Activity Report on MyLCI.
- Earn a Centennial Banner Patch** with a progressive gemstone design for each year your club participates.

As Lions, we know that a single act of service can change a life. But when 1.35 million members come together to serve, we can change the world.

Learn more about the [Centennial Service Challenge](#), and share it with your club today. Then start planning your next service project to help us meet our goal of serving 100 million people. There's never been a better time to serve than now!

Together in service,

Joe Preston  
Your International President



International President  
Joe Preston



# DG Dennis's report



DG  
Dennis Olsen

## Lions, Lioness and Leos of 5M11

October is here and we are into another Fall season. All our clubs will be starting to conduct their annual activities for the coming year. I wish all of our clubs great success in their projects of serving their communities.

Recently, I had the opportunity to attend the Lions USA/Canada Leadership Forum in Puerto Rico. Around 1,600 Lions from around US, Canada and the Caribbean were in attendance. Many excellent educational seminars were offered and the sights and scenes of San Juan were very beautiful. I would highly recommend that all of you attend at least once this educational Forum that is held annually throughout the US and Canada. Next year the US/Canada Leadership Forum will be held in Grand Rapids,

Michigan.

Our Midwinter convention is scheduled for January 30, 31, & February 1 at the Shooting Star Casino in Mahanomen. The Moorhead Lions are planning a lot of fun activities for the Midwinter. Get your registrations in for the convention. If any of you have suggestions for topics that you would like to see offered, please let me know.

I would encourage your clubs to consider using the CEP (Club Excellence Process) sometime this year. This process will provide more insight into your clubs membership and projects for your community. If you are interested, contact myself or Joanne Swanson.

Our new International Presidents motto is Strengthen The Pride. Improving our clubs and serving our communities is his top priority. There are reasons why we became Lion members,

1. To help our community and gain valuable skills.
2. To make an impact on people's lives- locally & internationally
3. Learn to be a leader
4. Network with other men & women in your area
5. Energize your life and have fun

Thanks to all of you for being a Lion member and helping your communities. The Lions motto is WE SERVE. Your clubs are making a difference.

**Volunteers are not paid—not because they are worthless. But because they are priceless.**

**Have you asked someone to become a Lion member this year? JUST ASK 1**

**Yours in Lionism,**

**DG Lion Dennis Olsen**

**218-790-1825**

**dwolsen@msn.com**





# 1st Vice DG Gerald's Report

My wife and I were very pleased to attend the Pinawa Lions Club 50th Anniversary Banquet of September 6th.

I will be attending the Lakeside Lions Meet and Greet on Sept. 27th. This is their 25th Anniversary Celebration being held at the Royal Canadian Legion in Winnipeg Beach, MB.

VDG Training is coming up in Mid-October. I am looking forward to it.

My wife and I are planning to attend the Charter Night Celebration of the new Ste. Anne Lions Club being held in Richer, MB on October 11th.

**In Lionism,**

**Gerald Fontaine- VDG 5M 11**

**Riverside Lions # 3113**



**1st VDG  
Gerald Fontaine**

Éliane and I were very pleased to have participated at the Pinawa Lions Club's 50th Charter-Night Banquet on Sept 6th.



It was a well planned event and a great evening.

The community of Pinawa was created by the Canadian Federal Government in the early 1960's. In the early years the inhabitants of the community worked at the research station established nearby. Once the creation of the community was established, the Lions Club was formed which tied the residents together and helped form a sense of community with the residents. The research station is now closed but the community still remains strong due in large part to the tremendous energies and projects undertaken by the Pinawa Lions Club.

Éliane and I decided to make the most of the evening and stayed overnight at the Wilderness-Edge Resort, As we drove into town, we were amazed to see the local wildlife making their presence known throughout the community. We saw deer all over the place. The residents being accustomed to this, take precautions to protect their gardens and flower beds by building high fences to keep the deer out.

The next day saw us visiting the scenic town-site; lakeshore and countryside; Pinawa Golf and Country Club before motoring home. We plan to return to visit this area again.

**VDG Lion Gerald- 5M 11  
Riverside Lions Club # 3113**





## 2nd Vice DG Mike's Report



**2nd VDG  
Mike Janssen**

Hello fellow Lions.

Well fall is here and I trust that all of our clubs are busy preparing for what could be a cold and busy winter. My apologies for not having an entry in September's newsletter but sometimes we can not control what life throws at us.

Tammy and I had a great summer vacation on the East coast. I met several Lions while there including the Heatland Lions club of New Brunswick who have a fundraising project involving the worlds longest covered bridge

and the Cimbria Lions club on Prince Edward Island who for one week during the Summer man the Oyster Bed Bridge on the highway running through their town turning it into a voluntary toll bridge. This is their main fundraiser and the say it nets them several thousands of dollars. This has taught me that we must think outside the box when it comes to project ideas, who knows what we can come up with.

Upon our return to the vast prairies I made a visit to the Flom and Area Lions club who were working the Flom Farm Fest. I had a great time helping work on the bed for the bed races, flipping burgers and dogs at the Lions concession, and helping out at the pancake breakfast. Many thanks to Mark and Jen Spielman for the room for the three nights I was there. Their hospitality is always amazing.

In early September along with DG Dennis and VDG Gerald I attended the Pinawa Lions 50th anniversary where we had a wonderful evening. At the end of September I attended the annual walk for Dog Guides at Birdshill park hosted by the Winnipeg West, West St. Paul, and East Kildonan Lions clubs.

The next few items on my list are to attend the St. Anne's Lions Charter Night on the 11th and the Council of Governors meeting on the 18th. My plans are to tour as much of the district as possible. Who knows when and when you may see me. I look forward to visiting as many of you as I can. TELL THEN ROAR ON LIONS.

**Mike Janssen**

**2nd Vice District Governor**



# State of the District

We added 4 new members this month (September)  
while losing 17 bringing us to 1882 this month with a -13.  
For the year, we have added 15 members and dropped 69 for a -54.

Worldwide membership is at 1,368,464

*Did you ask someone to be a Lion today?*



## New Lion Members to 5M11

5M11 is so excited to add so many new Lions to help us "SERVE" our communities. Thank you for taking the time out of your busy schedule to be a part of this hard working service organization. We look forward to working with you, side by side and strive to make a difference in a community or world-wide project to help "a person in need". THE FOLLOWING LIST IS AS FROM LIONS CLUB INTERNATIONAL. So if your new members are not on this list yet, it is due to when we get the confirmation from International.

Heather D. Kahly – Dilworth Loco Ladies Lions Club

Darcy Miller – St. Hilaire Lions Club

Tyler Miller – St. Hilaire Lions Club

Jodie C. Seelye – Dilworth Loco Ladies Lions Club



*Clubs, as you add new members, please e-mail Lion Stacy, Newsletter Editor, as well as DG Dennis to be included in the next newsletter.*

*(E-mail is [skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or [specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com))*



## Zone 1 Fall Meeting Notice

# Zone 1 Fall Meeting

**Tuesday, October 14, 2014 at Sabin Community Center**

**Social - 6:30 pm; Dinner - 7:00 pm; Meeting 7:30 pm**

**\$12 per person**

**Hosted by Sabin Lions Club**

**Please RSVP to Lion Gayle Robertson by Friday, October 10  
at [mrober3294@aol.com](mailto:mrober3294@aol.com) or 701-367-8922**

# Zone 4 Fall Meeting Notice

Fall Zone 4 Meeting will be held on

***Thursday, October 16th*** at the ***American Legion Hall***, 102 South Ash St.,  
Crookston, Minnesota, to be hosted by the ***Crookston Noon Day Lions***.

***The Social Hour will begin at 5:30 p.m., with Dinner being served at 6:30 p.m.***

Our featured speaker will be Lion Jim McLaughlin, a member of the Dilworth Lions,  
whose topic will be Utilizing "Social Media" to promote your club and Activities.

Other Speakers include PDG Jeannine Windels, PDG Joanne Swanson & Lion John Vik.

Please RSVP to Lion Jerry Amiot at [jerry.amiot@hotmail.com](mailto:jerry.amiot@hotmail.com) by October 10, 2014 with your club member's choices of the following dinners: **Walleye & Baked Potato or Meatballs, Mashed Potatoes & Gravy.** Dinner cost is **\$10.00**. Encourage your membership to attend.



## Zone 9 Fall Meeting Notice

### Zone 9 Fall Meeting is Wednesday, October 8, 2014

Host Club will be the East St. Paul Lions

Address is #215 R. C. Legion 3600 De Vries Ave. (At the corner of Henderson Hwy. and the Perimeter #100 Hwy). Meeting is in the lower level.

Registration and refreshments 6.30 PM; Dinner 7.00 PM with cost of \$15.00

Guest speaker - Lion Bea Barnard from Lions Foundation of Canada Dog Guides.

Please advise Lion Fred McGillivray the number of members attending at 204 6614131 or  
Email [fredmcgillivray@shaw.ca](mailto:fredmcgillivray@shaw.ca) by October 6.

Please have your Club reports ready to present.

## Zone 10 Meeting Update

Our first zone meeting in zone 10 of the year will be on October 7<sup>th</sup>, 2014 with the host being the Lakeside Lions Club –All 5 of the clubs in the zone have been contacted and 4 of them have replied that they will be present. The fifth I will follow up.

Zone 10 Chair – Lion Ernie Jones





# Ste. Anne's Charter Night

## *Ste. Anne Lions Club Charter Night Celebration*



**Saturday, October 11th, 2014**

Doors and Bar Open at 5:00 p.m.; Event starts at 6:00 p.m.

Richer Young at Heart Club in Richer, Manitoba

**Special Guest is PID Brian Sheehan**



PID Brian  
Sheehan

**Tickets \$35 available from**  
[steannelionsclub@gmail.com](mailto:steannelionsclub@gmail.com)  
or by calling 204-422-8259



## Barnesville Lions Happenings



The Barnesville Lions completed their annual trap shoot at Lion Brad Cook's farmstead. Facing the camera and looking somewhat harmless--even with a shotgun--is Lion President Jon Yeske. Lion Chris Olson is taking aim, Lion Terry Schritz is on the trailer operating the clay pigeon throwing machine, and in the background are Lions Jon Pauna, Brad Cook, and Mike Quiggle. Refreshments and delicious brats followed this event which was won by Lion Jon Pauna



The Barnesville Lions completed their fall ditch cleanup which consists of a total of 8 miles, 4 east of the golf course on Highway 34, and 4 south of Downer on Highway 9. Shown with their collection of trash are (left to right) Lions Jon Slininger, Dean Ernst, and Loren Rood. They have been doing this cleanup since 2009 exemplifying the Lions motto of, "We Serve."



On Sunday, September 21st, the Lions of Winnipeg West, East Kildonan and West St Paul sponsored the 29th annual Purina Walk for Dog Guides at Birds Hill Park. The walk was very well attended and though the day started out very foggy by the walk time the weather co-operated and we had a fantastic day.



In attendance we had two clients of the Lions Foundation Dog Guides, Joe and Jocelyn both with their hearing assist dogs. It was a fantastic opportunity for the participants to learn about what the foundation does and where 100% of their donations go. We also had Lion Bill McKittrick, board director for Manitoba/NW Ontario and Nunavut in attendance with some information for those interested about learning more.



The ribbon cutting for the start of the walk



Start of the walk: Really? You're making me walk again this year?



End of the walk: Yeah, someone carried me over the finish line.



They came from all over...



Jocelyn



Joe and Fife



They came by the pack



They came in all colors



K9 Search & Rescue Manitoba



They came in all sizes



They came because they could



We made it!



The lucky winner of the custom built dog bed by Shadows Mission



They volunteered their time to support us.

And we appreciate it! Thank you to all for another successful walk!







Shadows Mission with custom dog beds



So many familiar faces who come back every year to support the walk



Dogs Who Need A Home and Tess's Dog Training



Before the Bridge Senior K9 Rescue



This handsome fella is available for adoption from Umbrella All Animal Rescue



Boston Terrier and Pug Rescue of Southern MB



River City Labrador Enthusiasts at registration



Lots of vendors out to support us this year



Sunova Credit Union keeping the bi-peds hydrated



EK Lions keeping everyone fed



Lucie from Winnipeg Lost Dog Alert getting the word out



Daisy has been here for many walks



They come every year for a great cause



Carnival games for the kids





## Red Lake Falls and Thief River Falls Lions

The Red Lake Falls Lions held their 5th annual corn feed on September 3. Approximately 150 people were served corn and hot dogs or the RLF Lions signature pork burgers. All proceeds will be used for community support.



Lion Richard Thompson serving corn to the hungry masses at the 5th annual Corn Feed on Sept. 3.



Lion Vaughn Thorfinnson and Lion Lori Ann Hartel take money at the 5th annual Corn Feed for the Red Lake Falls Lions.



Members of the Thief River Falls Lions Club visited the City of Thief River Falls' Lions Park during their weekly meeting on September 10. The club recently made their final payment on an \$80,000 park renovation project that included a new restroom that is handicap accessible and the installation of a Lions water fountain. During the September 10 meeting, the club completed a walk through of the park with city staff to determine what improvement project the club should focus on next. The Thief River Falls Lions hosts an annual fishing tournament and raffle the third Saturday of August each year to raise funds for continuing park improvements. For more information go to [www.trflions.org](http://www.trflions.org).

## CancerCare

It has been a quite summer and start of fall for the Lions 5M11 CancerCare Initiative. The Initiative is working towards obtaining new charges for the Ipads donated the leukemia and bone marrow transplant unit at the Health Sciences Center as well as liaising with CancerCare professionals. We are also preparing our booth for the upcoming Midwinter Convention. I am pleased to see that several of our clubs have been assisting in the fight against Cancer through projects, fundraisers, and services. One of the sevices that comes to mind was the recent bartending done by the Dilworth Lions in an event against breast cancer. Great job guys, wish I could have been there. As I always say there isn't one life that has not been affected by cancer whether indirectly or directly. For all you do thank you

Lion Mike Janssen

Lion 5M11 CancerCare







## Dictionary Project for Flom, Ulen and Twin Valley Lions

Approximately 135 Student Dictionaries were distributed to 3rd graders from Waubun-Ogema, Mahnomen, St. Michaels parochial school, Ulen-Hitterdal, and Norman County East school districts through a joint effort of the Flom & Area Lions, Twin Valley Lions and the Ulen Lions.

Members from each club distributed dictionaries to the classrooms while discussing the importance of Lions groups. This project was an example of the International Governor's challenge to engage our youth. The Flom & Area Lions representatives further engaged the 3rd graders by asking for their assistance to help our Lions group with eye glasses collections as a fall class service project.



Ulen Lions distributing dictionaries to the 3rd graders at Ulen/Hitterdal.



Flom & Area Lions distributing dictionaries to the 3rd graders at St Michaels in Mahnomen.



Flom & Area Lions distributing dictionaries to the 3rd graders at Mahnomen Elementary.



Twin Valley Lions distributing dictionaries to the 3rd graders at Norman County East.



Flom & Area Lions giving dictionaries to the 3rd graders at Ogema Elementary.

**Flom & Area Lions Halloween  
Party for the kids at the Flom  
Hall on November 2 from 3-5.  
Come have some fun.**



# NEW Website Update

## All Lions Clubs in 5M11:

Several NEW things have been happening on the E-District web site for 5M11. You should check it out at <http://www.e-district.org/sites/5m11/index.php>. Either Copy and paste this link into your web browser or click on the link and you can see what is going on in your district.

I am asking all clubs to check the list of lions clubs to make sure the information is correct. I would like to be able to link all the web sites of the clubs to this one. If you have a web site please send me the link so I can get it entered on the district site. If your club would like to have their own website, I can help with that, it is not hard to set up. You can find the link on the district site that will guide you through the set up process. See the section for ONLINE FORMS this link will take you to the LCI E-District site to start the process.

Please also send me any information on your clubs upcoming events or projects so we can let other clubs and the public know what your doing. If you are sending files PDF's are the best to upload. If you are attaching photos they have to be smaller in size in able to upload.

All zone chairs should send in the information on the zone meetings to me as well as Cabinet Secretary Jenifer so they can be put into the calendar. The ones happening in the coming months will be featured on the front page.

**GOOD NEWS** for club secretaries, you will not be required to do a separate **MMR** as you have been asked to do in the past on the old website. All the information can be accessed by the DG, 1st and 2nd VDG and your zone chairs right from **MYLCI**. They have the access to download reports tailored to them, this saves the club Secretary some time each month and one less report to fill out.

If you have questions please send along and I will get back to you as soon as possible, Also check the web site often for new items appearing each month.

Lion Dave Hollyoake  
PDG District 5M11  
Box 204, 23 Geoffrey Bay  
Arnes, MB Canada, R0C 0C0



District 5M-11  
Minnesota & Manitoba - United States & Canada

## ***The 2014-2015 Speakers Directory is ready.***

It is being sent out via e-mail. If your club president or secretary has not received it, sent your request and an appropriate email address to PDG Joanne Swanson at [5m11pdgjoanne@gmail.com](mailto:5m11pdgjoanne@gmail.com) and a copy will be sent to your club.





# Lions Club of Winnipeg update

After a strange summer of no regular club meetings, we return to reality – planning our lunch meetings. The first lunch meeting in September was mainly to inform the membership about the plans for the coming year – including the possibility that we may have one or more evening meetings – something that this club has rarely had over the last many years.

This coming Thursday, September 25th, our guest speakers will be two executives from P C L Constructors who will be present to tell us about their plans to renovate some of the older suites in Lions Manor, and some of the work they are doing in the rest of Winnipeg.

Our 100 hole golf tournament was a great success – we had 17 golfers attempting to receive special prizes – closest to the hole on two of the par three holes – and only one golfer even reached the green so he was the automatic winner. The weather was not very cooperative that day – it alternately rained, was windy and cool, was sunny and bright – in other words the whole gamut of weather during that one day – but the golfers all persisted and the final group of 3 did not complete their final round until darkness had set in, and I had to send the dogs out to find them. They were determined to complete their task – finish 100 holes.

The profit was between \$7,000 and \$8,000 and we have to thank those 17 golfers, their sponsors, and the 5 volunteers who run the program for their hard work and dedication to producing such a wonderful fund-raiser for the Lions Hearing Foundation.

About 10 of our members plan to attend the Charter Night of the St. Anne's Club.

Of course, we continue to collect used eye glasses and hearing aids.

We have also had a number of requests for Medical Assistance – from an amputee for some specialized equipment, and a couple of people with hearing deficiencies. We also had a couple of requests for help with eyeglasses which went to the Lions Eye Bank.

With winter approaching (and the cold weather it will bring) we continue to accept blankets, gently used clothing, tea and coffee and toiletries for the less fortunate in our community which are then taken to one of the missions in our city.

## 100 Hole Golf Marathon Recap

Monday, September 5<sup>th</sup>, 2014 was a strange day. Alternately sun, cloud, rain, wind vied for existence during the day and made for most difficult conditions for a day of golf, not to mention completing a 100 hole marathon.

When the sun peaked out, the temperature became reasonable, when it disappeared behind the clouds, it cooled off somewhat, and when the wind picked up it cooled down considerably.

However, despite the often miserable conditions, 17 incredibly dedicated golfers teed off at the Lions 6<sup>th</sup> Annual 100 Hole Golf Marathon. They hit the course at about 7:30 a.m., and the last 3 golfers on the course were determined to complete their 100 holes and they completed their task near dark at 7:55 p.m.

During the day, the golfers were supplied with water, hot coffee, chocolate bars and potato chips as well as vegetable snacks. At lunch, they had warm wraps of turkey, chicken Caesar, or Philly beef delivered to them on the course so they didn't have to break for lunch.

The golfers were treated to dinner and a brief awards program with 2 golfers congratulated with gift certificates for being closest to the hole on 2 of the par 3 holes; one golfer was feted as the most honest golfer, and one was congratulated for losing a mere 27 golf balls. The total lost balls for all 17 golfers was 151 so you can see that one golfer was well and truly more than a chip ahead of the others.

All 17 golfers and the committee in charge are to be congratulated for a job well done, and the big winner in the whole day is the Lions Hearing Foundation. It is too early to provide the amount of the profit which was generated, but that number will be reported at a later time.



## TRF Moonlighters Lioness



September 6, 2014 Moonlighters Lioness Club of Thief River Falls President Sherry Sorenson drove Junior Little Miss Summerfest Grace Branson in the Newfolden parade in a 2014 Chrysler 200 convertible loaned from Westside Motors of Thief River Falls. This was at 11:30 a.m.



September 6, 2014 Moonlighters Lioness Club of Thief River Falls President Sherry Sorenson drove Little Miss Summerfest Graceyn Kvasager in the Brooks parade in a 2014 Chrysler 200 convertible loaned from Westside Motors of Thief River Falls. This parade was at 2:00 p.m.



September 26, 2014 Miss Thief River Falls Britany Johnson and Little Miss Thief River Falls Lydia Walseth was driven in the Homecoming parade by Lioness Brent Fuller and Lioness President Sherry Sorenson of the Moonlighters Lioness Club of Thief River Falls in Brent's 1994 Ford Mustang GT convertible.



September 27, 2014 Red Lake Falls Little Miss Summerfest Graceyn Kvasager was driven by Lioness Brent Fuller and Lioness President Sherry Sorenson of the Moonlighters Lioness Club of Thief River Falls in the Middle River Goosefest parade in Brent's 1994 Ford Mustang GT convertible. Another special passenger was Graceyn's Grandma, Julie Gustafson of Thief River Falls.

## Sharing the Vision Project Ideas



Participate in October's Global Service Action Campaign by Sharing the Vision. As you look for potential sight service projects, find inspiration from clubs throughout the world. Via MyLCI, clubs have reported projects like pre-school vision screenings, arranging talks on low vision, providing a visually impaired child with an iPad to help with schoolwork, organizing a fishing tournament for blind members of the community, and printing and placing large print menus in local restaurants. Sharing the Vision projects reported through MyLCI will count toward the Centennial Service Challenge. How will your club help us serve 100 million people by 2017?



# Peyton Cardinal Benefit

Peyton Cardinal Benefit Breakfast Sunday September 14, 2014 at the St. Hilaire Community Center hosted by the St. Hilaire Lions with help from the Thief River Falls Moonlighter Lioness. 4 year old Peyton has chronic medical problems including: cerebral palsy, seizure disorder, and chronic lung disease. Peyton is the 4 year old daughter of Krystal Sourdif and Cory Cardinal.



Great Grandma Loretta Sourdif and Peyton Cardinal



Krystal Sourdif (Mom), Cory Cardinal (Dad), Peyton Cardinal



Moonlighters Lioness President Sherry Sorenson, St. Hilaire Lion member Gloria Johnson, Moonlighters Lioness Treasurer Lela Paetznick at the registration table.



Great Grandma Martell and Peyton Cardinal.



Great Uncle Ray and Peyton Cardinal



Great St. Hilaire Lions working in the kitchen.



St. Hilaire Lions working hard.



St. Hilaire Lion Sharon Noreen working to serve pancakes with a smile.



## TIME FOR A LEADERSHIP CHECK-UP

You were elected as a club president, secretary or treasurer last spring. Did you participate in the District Officer Training? Whether or not you attended the training, the year is now one quarter finished. Are you prepared? Do you know what you are doing yet? Have you developed goals for your year in office? Are you on schedule for achieving those goals?

Congratulations to all of you who have taken the training and you are on schedule to achieve your goals for the year! I am sure your club is thriving and grateful that you are leading them.

If you find that you did not learn everything you needed to know and/or have not decided what your goals are for the year, take heart. You still have three quarters of the year to turn it around. It isn't too late. All you need is a plan.

May I suggest you try the individual training courses at [www.lionsclubs.org](http://www.lionsclubs.org). Type "**Club Officer Orientation**" in the search box in the upper right hand corner. It will take you to a list. Click on "**Club Officer Orientation**" at the top of the list and you will go to the page listing the individual club officer training workbooks and slide shows. Select the one that pertains to your office and follow the directions.

During the training there will be recommendations for additional on-line courses that can help you be a better leader. Consider taking advantage of them as well. *Opportunities for Leadership Development are part of the benefits of being a Lion. Please take advantage of them.* To go window shopping for individual courses available, go to the Lions Learning Center. LCI is now set up to help you document which courses you have taken. These can serve you well not only if you would like to move on to other Lions offices, but to list on your personal resume and to show your employer that you are working on your leadership skills.

*"Leadership and learning are indispensable to each other" John F. Kennedy*



## Fallen Lion



*Ralph Savoy*  
1942 ~ 2014

I regret to inform you that our club has had another member pass away. Ralph Savoy passed away on July 11, 2014. Ralph was a member of the former Falcon Lake, MB club. Ralph, along with his wife Christine Savoy, had their membership transferred to Whitemouth & District Lions Club when they relocated to Whitemouth, MB. He became an active member immediately. He will be missed.

Take care,

Lion Shannon Malkoske, President  
Whitemouth & District Lions Club



# Winnipeg Diabetes Public Forum

**Saturday, October 25, 2014**

RBC Convention Centre

375 York Ave, Winnipeg

10:00 am to 4:00 pm (lunch Included)

Cost \$30.00 per person

## DIABETES AND YOU

an educational event bringing together products, resources, speakers and experts to show how you can help prevent and manage diabetes while improving your overall health.

## FEATURE PRESENTATION

**Staying Motivated When the Going is Tough:  
Self-Compassion as a Means to Resilience  
and Positive Behaviour Change Presentation**

*Presented by: Josie Geller PhD R.Psych (Vancouver, BC)*

## WORKSHOP SESSIONS

**Risk Reduction: Screening and Prevention**

*Presented by: Sandy Koropas, Registered Nurse (Winnipeg, MB)*

**Navigating the Highs and Lows: How to Safely  
Begin an Exercise Program**

*Presented by: Jacqueline Hay, Exercise Physiologist  
(Winnipeg, MB)*

**Diabetic and Hungry: Your Reality Show**

*Presented by: Sheelagh Smith, Nutritionist (Winnipeg, MB)*

**Monitoring, Managing, and Maintaining: Taking  
Control of Your Blood Sugars for Patients with  
Type 2 Diabetes**

*Presented by: Rick Siemens, Pharmacist (Lethbridge, AB)*



## ASK THE EXPERTS

**Panel Discussions**

Moderated by Dr. Jan Hux, Chief Scientific  
Advisor, Canadian Diabetes Association

**Expert Panel including our workshop  
presenters and special guests:**

Dr. Pamela Katz, Endocrinologist  
Brian Scharfstein, Podiatrist

## CONTACT US

For more information or to register visit:  
[www.diabetes.ca/publicforum](http://www.diabetes.ca/publicforum) Or register by  
phone 204-925-3800 ext 3

**Diamond Sponsor**



GlaxoSmithKline

**Emerald Sponsor**



**Community Supporter**



## Winnipeg Diabetes Public Forum

### Saturday, October 25, 2014

RBC Convention Centre, 375 York Ave, Winnipeg  
10:00 am to 4:00 pm (lunch included)  
Cost \$30.00 per person

**Diabetes and You** – an educational event bringing together products, resources, speakers and experts to show how you can help **prevent and manage diabetes** while improving your overall health.

Keynote Presentation:

Staying Motivated When the Going is Tough:

Self-Compassion as a Means to Resilience and Positive Behaviour Change

Keynote Speaker - Josie Geller PhD R.Psych (Vancouver, BC)

Ask the Experts – Panel Discussion

Various Educational Workshops

To register or for more information, please visit [www.diabetes.ca/publicforum](http://www.diabetes.ca/publicforum)

Or call (204) 925-3800 ext. 3

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Consider purchasing a ticket for your personal wellness initiative:

If interested, fax this completed registration form to: **(204) 949-0266**

Or mail cheque to: Canadian Diabetes Association

200-310 Broadway, Winnipeg, MB R3C 0S6

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone # \_\_\_\_\_ Cell Ph # \_\_\_\_\_

Email address: \_\_\_\_\_

Credit card # \_\_\_\_\_

Exp Date: \_\_\_\_\_ CSV \_\_\_\_\_ Total \$ \_\_\_\_\_





# MD5M Regional Leadership Institute

**WANTED: YOU!!**  
**FOR: AN UNBELIEVABLE OPPORTUNITY**  
**WHAT: 2015 MD5M Regional Lions Leadership Institute**  
**WHEN: March 26-29, 2015**  
**WHERE: Shooting Star Convention Center in Mahnomen, MN**



*We are looking for Lions from your district to attend the 2015 MD5M Regional Lions Leadership Institute!*

Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not

be a 1<sup>st</sup> Vice District Governor, District Governor, Past District Governor, International Director, or

Past International Director.



The **\$150 fee** for the Leadership Institute includes the cost of materials, facility, staff, and three (3) meals. Room costs and additional meals are not included. However, a \$100 rebate from MD5M, through a grant from LCI, will be given to each participant that completes the program. Participants **MUST** be available to attend **ALL** sessions beginning on Thursday evening and ending Sunday afternoon.

Each district has the opportunity to send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

Applications are available from your District Governor or on the MD5M Website and are due (without fees) **by December 1, 2014.** Your District Governor will then make the final participant selection.

Institute graduates from your district will tell you that the Regional Lions Leadership Institute is beneficial for you in every facet of your life and not just in your role as a Lion.

If you have questions concerning the Institute, please feel free to contact:

Lion Bruce Beck – [subdriver660@gmail.com](mailto:subdriver660@gmail.com)

We look forward to giving **YOU** this **UNBELIEVABLE OPPORTUNITY!!**







## News from International

# Visit the Centennial Website at Lions100.org



Lions Clubs International is turning 100 in 2017! The new Centennial website is your one-stop shop for all things #Lions100. You'll find Stories of Impact, a timeline of Lions milestones, historical photos, info about the Centennial Service Challenge, a downloadable version of the official Centennial logo and tools for your own Centennial celebration. New content will continue to be added as we count down to 2017, so check back often for updates! *(Currently available in English only. LCI official languages to be added later this year.)*

# Earn Rewards for Adding New Members in October!

October is a New Membership Growth Month. It's a great time to grow your club and earn special recognition when you do. Here's what you can earn:

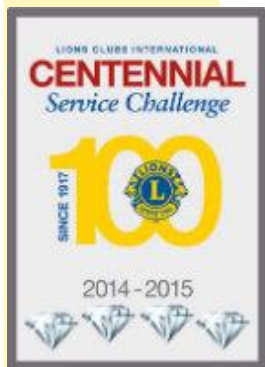
- **Silver Pin** – Lions who sponsor a new member in October will receive a Membership Growth Award Silver Pin.
- **Gold Pin** – Lions who sponsor a member in both October and April will earn a special Membership Growth Award Gold Pin.

**Banner Patch** – Clubs that add new members in October and April will receive a Membership Growth Award Banner Patch and a Fiscal Year Patch.

Start planning today to get on track for your Membership Growth Award and be sure to give your recruiting a boost with Ask One!



# Donate to LCIF and Earn Centennial Recognition!



By donating to Lions Clubs International Foundation (LCIF), your club can play a part in reaching our Centennial Service Challenge goal of serving 100 million people by December 2017 and earn special Centennial recognition.

Any LCIF donation earmarked for sight, youth, measles or disaster relief can help your club earn a Centennial Banner Patch with a progressive gemstone design. Learn more about your Foundation and the Centennial Service Challenge today. There's never been a better time to give than now!

# Serving Children in Need

Helping children to grow up healthy can have a major impact on their future. The following Lions programs focus on serving children:

- The Reading Action Program teaches children to read.
- Lions Services for Children Symposium Program (for districts and multiple districts) promotes children's health and education services.
- Lions Children First Program (for clubs) provides resources for serving children.
- Lions-UNICEF School-in-a-Box donations help schools disrupted by disasters.

Recreational camps give kids with diabetes, physical disabilities and other special needs the opportunity to have fun.

Find links and resources on the LCI website.

# Cabinet Directory

**District Governor Dennis Olson**

R. 218.483.3297

C. 218.790.1825

[dwolsen@msn.com](mailto:dwolsen@msn.com)

**Immediate Past District Governor and GMT Leader Doug Wiens (Kathryn)**

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B. 204.326.9844

B. 888.411.9311

[doug@prudentialriverbend.ca](mailto:doug@prudentialriverbend.ca) or

[djwiens@mymts.net](mailto:djwiens@mymts.net)

**1st Vice District Governor****Gerald Fontaine (Eliane Carmel)**

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**2nd Vice District Governor and Cancer Care Initiative Mike Janssen (Tammy)**

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**Zone 1 Chair Gayle Robertson**

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C. 701.367.8922

[mrober3294@aol.com](mailto:mrober3294@aol.com)

Clubs: Barnesville, Barnesville Thursday Nite, Dilworth, Dilworth Loco Ladies, Dilworth/Glyndon/Felton Leos, Glyndon, Glyndon Lioness, Moorhead, Moorhead Middy Central, Sabin.

**Zone 2 Chair Brian Nelson (Janna)**

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[defsim@feltontel.net](mailto:defsim@feltontel.net)

Clubs: Ada, Flom and Area, Gary, Hawley, Halstad, Hitterdahl, Twin Valley, Ulen.

**Zone 3 Chair Kevin Reich (Sheila)**

[kwrrlf@yahoo.com](mailto:kwrrlf@yahoo.com)

Clubs: Bagley, Fosston-Lengby, Gonvick, Winger.

**Zone 4 Chair Gerald Amiot**

R. 218.289.8889

[jerry.amiot@hotmail.com](mailto:jerry.amiot@hotmail.com)

Clubs: Crookston Noon Day, Crookston Dawn to Dusk, Crookston Leos, Fertile, Red Lake Falls, UMC.

**Zone 5 Chair**

R.

E.

Clubs: Alvarado, Oslo, Plummer, Plummer Too, Thief River Falls, TRF Moonlighters Lioness, TRF Noon Lioness, St. Hilaire, Warren.

**Zone 6 Chair Kami Underdahl**

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Clubs: Argyle, Hallock, Karlstad, Lake Bronson, Lancaster, Newfolden, Stephen.

**Zone 7 Chair Scott Grove**

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**Zone 8 Chair Kevin Gamble (Andrea Kwasnicki)**

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**Lions Foundation of Canada Dog Guides PDG Norm Johnson (Kay)**

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# Celebrate World Sight Day in October

Lions around the world will celebrate Lions World Sight Day. This international event is held each year to recognize the importance of curing preventable blindness. From vision screenings to eye health education and any other vision-related activity, Lions are encouraged to participate. The focus of this year's World Sight Day, held on October 9, is "no more avoidable blindness." October's Global Service Action Campaign is "Sharing the Vision," so you can carry the spirit of World Sight Day throughout the whole month! The official Lions Clubs International World Sight Day celebration will be held in Iceland on October 14. As part of the event, LCIF awarded a US\$70,000 SightFirst grant to support the eye health activities in Reykjavik. Funds will be used to purchase needed eye care equipment for the University Hospital's Department of Ophthalmology.



**2015**  
**5M-11 MID-WINTER CONVENTION**  
 Friday, Saturday, Sunday – January 30, 31, February 1  
**Location - Shooting Star Casino in Mahanomen**

*Hosted by the Moorhead Lions*

**REGISTRATION FORM (Please fill out 1 form for each attendee)**

Please fill out this registration form and return with your check/cash/money order payable to:  
**2015 5M11 MIDWINTER CONVENTION**

Lion ☐ Lioness ☐ Leo ☐ Guest ☐ 1st Timer ☐

Name \_\_\_\_\_ Title: \_\_\_\_\_

Address \_\_\_\_\_ Club: \_\_\_\_\_

City \_\_\_\_\_

State/Prov. \_\_\_\_\_ Zip/Postal \_\_\_\_\_

Telephone \_\_\_\_\_ e-mail: \_\_\_\_\_

NOTE: Please indicate any special dietary needs: \_\_\_\_\_

**HOSPITALITY BOOK**

*Includes Friday Social, Saturday Breakfast, Lunch, Banquet and Sunday Brunch*

HOSPITALITY BOOK (Postmarked by December 1, 2014)	\$115.00	
HOSPITALITY BOOK (Postmarked December 2, 2014 or later)	\$130.00	

FRIDAY NIGHT SOCIAL - Hawaian Theme <i>Get Ready for a <b>FUN NIGHT.</b> Time now to get your Hawaiian Shirts and Skirts</i>	\$ 20.00	
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SATURDAY BREAKFAST	\$ 25.00	
SATURDAY LUNCHEON	\$ 25.00	
SATURDAY NIGHT BANQUET	\$ 50.00	
SUNDAY BRUNCH	\$ 25.00	



Please make check/money order payable to:  
**5M11 MIDWINTER CONVENTION**

**TOTAL**

Please mail registration and check/money order to:  
**MOORHEAD LIONS**  
**PO BOX 1262**  
**MOORHEAD, MN 56561**

For Convention Information Contact: Lion Brent Berg 701 361-4476 bber3@amfam.com  
 Lion Sandra Carlson 701 371-0129 designerinmn@msn.com





# 96th Annual MD5M Convention April 17-18-19, 2015

**Minneapolis Airport Marriott Hotel, Bloomington, MN**

## Registration Form

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

Name & Title: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

email address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Dietary Needs: \_\_\_\_\_

District Number & Club Name: \_\_\_\_\_

Is this your first MD5M Convention? ☐ Yes ☐ No

**EVENT:**

**YES!** I am coming to the convention but not staying for the meals

Hospitality Book

Friday Evening Social

Saturday Breakfast

Saturday Luncheon

Saturday Banquet

Sunday Brunch

Before Mar. 15

After March 15

# Attending

Amount

XXXXXX

XXXXXX

XXXXXX

XXXXXX

XXXXXX

**No meals will be available after April 10th, 2015**

**Make Check Payable to: SM6 PDG Association**

Send registration form and payment to: PDG Joe Fox, 1821 Myrtle Street, Mablewood, MN 55109

Cancellations accepted & refunded prior to March 15, 2015. A \$25.00 cancellation fee will be applied.

Registration Questions: Joe Fox: foxj012@umn.edu or Dave Dominick: david.dominick@ymcatwincities.org

**Special Hotel Rate: \$99.42 per night for a regular room (tax included)**

**Minneapolis Airport Marriott Hotel - Free Parking- rate guaranteed through 11/1**

**Beginning 11/2 - hotel rate will be \$110.85 (tax included)**

**Hotel will begin accepting reservations beginning May 1, 2014**

**To Make Room Reservations- Contact: MPLS Airport Marriott Hotel at 1-800-228-9290**

**Make reservations early ~ Tell them you are with MD5M LIONS Convention**



## Newsletter needs club assistance



**Greetings Fellow Lions, Lioness and Leos of 5M-11!**

*Zone Chairs and Club Officers please make sure your members are receiving the monthly newsletters. Club Officers, if need be, please print at least one copy to pass around at your meeting. I pack a lot of information into each newsletter.*

I am in need of EVERY clubs assistance to improve the newsletter. I am CHALLENGING each club to send in upcoming activities, recaps of events with photos and/or articles, something that your club does. If it is in your local newspaper, have them send it to me please. I WANT EVERY CLUB to be in the newsletter this year. Please help me by sending in items, every month if you would like. Lets get your club on my list.

**PLEASE HELP ME MEET THIS CHALLENGE FELLOW LIONS**

**Please send the information to me by the 25th of each month**  
**unless stated otherwise.**

**Upcoming deadlines for the newsletter:**

**October 25<sup>th</sup>** for the November newsletter

**November 25<sup>th</sup>** for the December newsletter

**Lion Stacy Kleinwachter, Newsletter Editor**

**Email: [skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or [specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com)**



Thanks to the following Lions clubs for submissions: Ada, **Barnesville**, Fertile, Flom and Area, Greenbush-Badger, Grunthal, Hawley, Lac du Bonnet, Moorhead Midday Central, Red Lake Falls, Riverside, Ste. Anne, Steinbach and Area, Thief River Falls, Thief River Falls Moonlighters Lioness, **Twin Valley**, **Ulen**, West St. Paul, Winger, and Winnipeg.



## Websites to Know



**Lions Club International: [www.lionsclubs.org](http://www.lionsclubs.org)**

**Multiple District 5M: [www.lionsmd5m.org](http://www.lionsmd5m.org)**

**District 5M-11: <http://e-district.org/sites/5m11> \*NEW\***

**Lions Program Sites:**

**Can Do Canines: [www.can-do-canines.org](http://www.can-do-canines.org)**

**Leader Dogs for the Blind: [www.leaderdog.org](http://www.leaderdog.org)**

**Lions Clubs International Foundation (LCIF): [www.lcif.org/EN/](http://www.lcif.org/EN/)**

**Lions Eye Bank of Manitoba and NW Ontario: [www.eyebankmanitoba.com](http://www.eyebankmanitoba.com)**

**Lions Foundation of Canada Dog Guides: [www.dogguides.com](http://www.dogguides.com)**

**Minnesota Lions Diabetes Foundation: [www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org)**

**Project New Hope: [www.projectnewhope.net](http://www.projectnewhope.net)**

**USA/Canada Lions Leadership Forum: [www.usacanadalionsforum.org](http://www.usacanadalionsforum.org)**







**We Serve**

**Lions 5M11 District Governor  
Club Visitation Request Form  
2014-2015**



Today's Date \_\_\_\_\_ Club: \_\_\_\_\_

Preferred Date \_\_\_\_\_ Alternate Date: \_\_\_\_\_

Person Requesting \_\_\_\_\_

Phone# \_\_\_\_\_

If more than one club will be attending, please include the names of all clubs:

Meeting Time: \_\_\_\_\_ Social Time: \_\_\_\_\_ Dinner Time: \_\_\_\_\_

Lions Contact Person for visit: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Special requests: (Ex. Special Speech, induction of new members, installation of officers, present awards, etc.)

Please submit as soon as possible. I will confirm date with contact person either by phone or e-mail as soon as possible after request is received.

**Please send this information to:**

**DG Dennis Olsen**

**20617 14<sup>th</sup> Ave S**

**Hawley, MN 56549**

**E-mail: [dwolsen@msn.com](mailto:dwolsen@msn.com)**



# Have You Filed Your Federal TAX FORM for 2013

Most Minnesota Lions Clubs qualify to file Federal tax form 990N (less than \$50,000 per year in gross receipts). This has to be filed online, and for most clubs it must be filed before **November 15** of this year (there are a few Lions Clubs that have a calendar year as their fiscal year and your club must file each year by May 15).

To file, the easiest way to do it is to go to the following website: <http://epostcard.from990.org> . Once you are at the site, you need to have the following:

Completing the e-Postcard requires the eight items listed below:

1. Employer identification number (EIN), also known as a Taxpayer Identification Number (TIM). Your secretary should have this, or you can get it for your club on the LCI website, [www.mylci.org](http://www.mylci.org), then pull up your club, it will have the number listed. This is a nine digit number.
2. Tax year Use July 1, 2013 to June 30, 2014.
3. Legal name and mailing address
4. Any other names the organization uses
5. Name and address of a principal officer
6. Web site address if the organization has one
7. Confirmation that the organization's annual gross receipts are \$50,00 or less
8. If applicable, a statement that the organization has terminated or is terminating (going out of business)

You **MUST** complete this every year. If you miss for 3 year, your club loses its tax exempt status and you must pay a \$400 reinstatement fee to get re-registered. Avoid the pain, make sure that this is done at the latest by November 15 of each year, but do it early in case there is some glitch that needs to be dealt with.

Wayne Swanson, MD5M Legal Consultant

## FOR SALE

**The Greenbush-Badger Lions Club is selling one of their pancake grills.**  
It is an LP 4 burner portable grill with 18" x 48" surface, on a steel table with wheels.  
Call Bernie 782-2586 or Ernie 218-782-2486. Asking \$ 1500 with table, \$ 1200 without.

## HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS

Thief River Falls Lions	76 years	10/8/1938
Stephen Lions	55 years	10/27/1959
Dilworth Lions	52 years	10/22/1962
Pinawa Lions	50years	10/21/1964
Hawley Lions	40 years	10/17/1974
Gonvick Lions	39 years	10/7/1975
Plummer Lions	39 years	10/10/1975
Winnipeg Beach/Dunnottar Lakeside Lions	27 years	10/30/1987