



# District 5M11 Newsletter

## September 2015



## DIGNITY THROUGH SERVICE



### IN THIS ISSUE:

- 3—DG Gerald's Report
- 4-5—1st VDGE Mike's Report
- 6—West St Paul Fall Dinner
- 7—Zone Meeting Notices
- 8—Barnesville & Warren Lions/State of the District
- 9—Karlstad Lions
- 10—Red Lake Falls & White-mouth Lions
- 11—Moonlighters Lioness / 7 Qualities of Leaders
- 12—LCIF/Dog Guides BBQ
- 13—Quanto's Law/Dog Guides Walks
- 14-15—GLT Report
- 16—Leader Dog/St. Hilaire Lions
- 17—International News
- 18—LITPC Scholarship Info
- 19—Tinnitus Research
- 20—Diabetes Expo
- 21—Fall Eye Bank Tours
- 22—5M11 Mid Winter Registration
- 23-24—MD5M Convention Registration and Hotel Info
- 25—Cabinet Directory
- 26—Newsletter/Websites
- 27—DG Visitation Form
- 28—Anniversaries/Unite for Diabetes—Act Today for Change Tomorrow

*By Koren Hill, Editor, Warroad Pioneer*

Last Tuesday, the Warroad Lions Club held their annual Garbage Can Feed at The Point. Lions Club members, families and guests of honor gathered at the west picnic shelter for dinner and a short program to honor and remember three late Lions Club members: Lloyd Wilmer, Frank Matlachowski and Don Hanson.



Leader dog chair Ken Bauer, center, presented memorial bricks to Sunny Wilmer and Dawn Matlachowski. (Staff photo ~ Koren Hill)

To honor these members, miniature bricks of those to be placed at the Leader Dogs for the Blind facility in Rochester Hills, Michigan, were presented to their families.

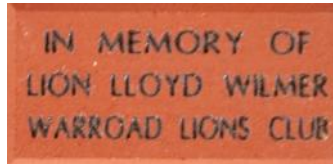
The Leader Dogs for the Blind program was founded by three Lions International members in 1939 with the support of one club and is now supported by Lions Clubs from all over the world. Leader Dogs for

the Blind is innovative program, inclusive and dedicated to providing high-quality services to their clients in a respectful and empowering environment. They fly prospective clients who are in need of a seeing eye dog to their facility in Michigan and provide them with intensive training before, during and after completing the program; and thanks to the support of Lions Clubs International, all of this is free of charge. Now in their 76th year, Leader Dogs for the Blind has placed over 16,400 seeing eye dogs with people who need them.

There are thousands of bricks in the "Walk of Fame" at the Leader Dogs for the Blind headquarters in Michigan, most of which serve as memorials to members that have passed on. The bricks are a fundraiser to help offset the operating costs of the program and it is tradition here in Warroad to support the facility by purchasing a brick in memory of a late member.

And so, at the Garbage Can Feed last week, Leader Dog chair Ken Bauer brought greetings from Leader Dogs for the Blind in Michigan, and was on hand to present the memorial bricks to Lloyd's wife, Sunny, and Frank's wife, Dawn.

Warroad Lions Club member Mike Kvarnlov spoke to those present and said, "Tonight it is with great pride that we as the Warroad Lions are going to honor three of our favorite Lions that have passed and gone on to the great Heaven above. We have chosen as a Lions Club to make a special dedication to these three individuals in memory of what they did for the Lions Club in Warroad.



The memorial bricks are miniature replicas of those placed at the Leader Dog facility in Rochester Hills, Michigan. (Staff photo ~ Koren Hill)

"First of all, Frank Matlachowski. He was a Lion like nobody else. He was so much a Lion, that he asked when passed that any memorials be donated to the Lions Club.

"Our second recipient is Lloyd Wilmer. Lloyd was really special to this club. Everybody knew him and everybody liked him. Lloyd was a special, special Lion and special to Warroad.

"Our third recipient is Don Hanson. Don Hanson was quite a guy. If you had enough time in your daily, weekly or monthly schedule to sit and listen to him, he had more stories than anyone else that has ever been through this community. He was a POW... He was a bush pilot for this community and the Northwest Angle community... He kept a lot of people alive, that's for sure. Don Hanson was a special guy.

"That's what we are celebrating tonight, these three individuals. We are so proud that we were able to send money so they can have bricks and they can be remembered forever and ever."







# DG Gerald's Report

## Greetings Lions,

I was pleased to attend Warroad Lions Garbage Can Feed as my first official District Governor club visitation on August 11th.

My wife Eliane, who because of work commitments could not be with me, was very much intrigued by the Warroad Lions Club's choice of name for this activity and I was tasked to report back to her on this. So, I am pleased to report that, for the first time in my life, I ate out of a garbage can and that it was delicious.

The computer discs for the 5M 11 District Directory have just come in. I have mailed some to all of the Zone Chairs in the District. They have been asked to deliver the discs to the clubs in their zones. The remainder of the discs have been given to our Cabinet Secretary Lion Jenifer for distribution to the remainder of the Cabinet.

I would like to remind all the clubs to schedule their District Governor visitations as early as possible. This can be done either by using the form in this newsletter or by email.

I look forward to seeing you soon.

In Lionism, Lion Gérald Fontaine—DG 5M 11



My pin is a shield, a Red River Cart, the District and the two International Flags. The Red River Cart highlighted was used by our ancestors, freighters and traders on both sides of the border as they made use and utilized the Crow Wing Trail to travel and haul freight from St. Paul MN to Fort Garry, MB (Winnipeg). The 5M District is mostly made up of this area.



DG  
Gerald Fontaine



I attended Warroad Lions Club's Garbage Can Feed Aug, 11. Had a great time. Presented Governors Award Pins to Lions Bruce Streich, Treasurer, Lion Rick Arntzen, Membership Chairman, Lion Brent Poole, President.



2015-2016 District Governors and spouses with Council Chair Kathy Jensen and PDG Dave



# 1st VDG Mike's Report



1st VDG  
Mike Janssen

**Hello fellow Lions.**

It's been a hectic month, our granddaughter is growing and we are giving her lots of attention. Our first daughter's wedding was at the beginning of the month and we partied for a few days and now I am helping both son in laws with several projects. We also had a few days to go up north about 450 miles north. practice for all the driving I will be doing as DG next year.

As our Lions year 2015 - 2016 is now heading

into fall (hopefully a wonderful one) I would like to continue to encourage the clubs to keep working on those club projects and as you do please make sure that you let the local media know about it. This is one way I know that may attract new members.



I had a great time at my Leader Dogs Visit in August and returned with lots of information. In fact I learned that Last year alone the graduated over 200 dogs, six of those being trained for visually and hearing impaired individuals. The process of becoming a Leader dog is long and strenuous. The puppies stay is with their mother for 7 weeks they are then evaluated by the school, if they are accepted they spend 52 weeks with puppy trainers who welcome these puppies into their homes for 52 weeks. They then return to Leader Dogs school and train for another 20 weeks and then are matched up with an individual requiring their services. There is then another few weeks of training with the person receiving the dog, all in all about 81 weeks or almost a year and a half. Only about 40% of the dogs bred end up a Leader Dog graduate. The cost to do this is about \$39,000. Just think this dog gives it's recipient a new source of independence, we heard several touching accounts of how a Leader Dog changed its human's outlook on life.





My favorite rendition was about how the dogs are taught intelligent disobedience, this is when a dog is given a command to do something and can see (and reason) that it is a dangerous and questionable action and will refuse to carry it out to protect the individual from harm. There are other services provided by Leader Dog talking GPS training, Orientation and mobility training, and youth camps. Leader Dog is presently in the process of renovating the center at a projected cost of 14.5 million dollars. This will allow



for newly renovated training areas, an expanded puppy area, centralized veterinary services, and a new breeding area. This will allow for more and better socialization for the dogs. All Lions need to pledge to raise another 1.2 million for Leader Dogs, so remember we are Knights of the Blind. Lets help Lion Ken Bauer and other Leader Dog Chairs reach

this goal. when the clubs are providing funding Lets keep Leader Dogs in our hearts.

The Lions 100th. anniversary challenge is still going strong . We as Lions need to help service one hundred million people worldwide in the areas of Youth, Vision, Hunger, and the Environment. We have now hit the 42 million persons mark as of July 16th. Youth account for 16 million, Vision for 7 million, Hunger for 8 million, and Environment for 11 million. I know that if we as Lions set our minds and our hearts to it we can achieve this goal.

Should you have any questions, Need me to visit, or I Can be of assistance please do not hesitate to contact me. My email address is [mjanssen@shaw.ca](mailto:mjanssen@shaw.ca), my home phone number is (204) 669-0473 and my cell number is (204) 330-3802 Until then keep roaring.

**Yours in Lionism**

**Lion Mike Janssen , 1st Vice District Governor**



# 2015-2016 Cabinet Meeting Schedule

Cabinet Meeting Schedule for the 2015-2016 year is October 24 at the American Legion in Red Lake Falls, February 19 in Winnipeg at the Mid Winter Convention, and May 14 in Red Lake Falls.



# West St. Paul Annual Fall Supper



Community of West St. Paul  
5th Annual Fall Supper  
Sunday October 04, 2015  
4-7pm



Sunova Centre ( West St. Paul Community Centre)  
48 Holland Drive



Hosted by West St. Paul Lions Club

Roastbeef Dinner with Salad

Dessert & Beverages

Adults(12-64) \$20.00

Senior(65+) \$15.00

Children(5-11) \$10.00

5 & Under Free



Tickets Available:

Damara @ Sunova Centre 204-336-0294  
Glenn @ Candle Co. Antiques 204-338-7291  
Rm Office 204-338-0306  
Any West St.Paul Member !



**\*\* Limited Tickets at the Door \*\***  
Please try to purchase tickets in Advance







## Zone Meetings Notices

# Lions Zone 1 Fall Meeting

**Dilworth Community Center  
709 1st Ave NW**

**Hosted by the Dilworth and Loco Ladies Clubs  
Thursday, September 24, 2015**

**Social Hour and Registration—6:00 PM   Dinner—7 PM**

Contact Lion Deanne Williams, Zone 1 Chair if attending at  
[williams.deanne77@gmail.com](mailto:williams.deanne77@gmail.com)

# Lions Zone 4 Fall Meeting

**Crookston American Legion  
102 South Ash St.  
Hosted by the Crookston Lions**



**Thursday, October 15, 2015**

**Social Hour & Registration – 6:00 PM   Dinner - 6:30 PM**

### Program:

**Featured Speakers – Lions Jim & Jan Strandlie, The Centennial Service Challenge**

Contact Lion Jerry Amiot, Zone 4 Chair if attending at [jerry.amiot@hotmail.com](mailto:jerry.amiot@hotmail.com)

Lions Clubs International

# Lions Store



**Free shipping with *online* orders OVER US\$100.00  
shipping to the US & Canada, through the end of September!**

Orders must be placed by 4:00PM (CDT) September 30th, 2015 to qualify for this offer.



## Barnesville Lions and Warren Lions



A great crowd attended the **Barnesville Area Picnic** on Thursday, July 30, as the weather was beautiful. The picnic was followed by an impressive display of fireworks later that evening, and this was made possible, in part, because the Barnesville Lions Club donated \$1,000 to help fund this event, as they have done in previous years.



**Warren Lions members** (L-R) Jon Holter, Darrell Rindy & L. Pedar Larson grilling burgers & brats for the residents of the Landmark Center in Warren on Wednesday, August 8th. The Warren Lions Club annually volunteers to serve this noon meal to the Landmark Center residents as part of the Warren Lions' "Adopt-A-High Rise" project.

## State of the District

**We added 22 new members this month (August) while losing 5 bringing us to 1931 this month with a +17.**

**For the year, we have added 31 members and dropped 23 for a +8.**

**Worldwide membership is at 1,376,114**

***Did you ask someone to be a Lion today?***

**Winnipeg Beach/Lakeside Lions** Here is on some of the events we have planned for the rest of this year:

- **Saturday, November 7th** – annual Dinner/Dance at the Winnipeg Beach Legion – shared event w/ the Wpg Beach Firefighters
- **Saturday, December 5th** – annual Cookie Walk at the Winnipeg Beach Legion – more details to follow





## Karlstad Lions at Moosefest



Avis Sele, 1st Vice President of the Karlstad Lions with the pie contest judges. 21 pies were judged then slices of pie were sold with a hot dog and bean supper served by the Karlstad Fire Department. The free will donation went to the fire department held on Aug. 7, 2015. Sherry Sorenson, President of the Moonlighters Lioness Club of Thief River Falls help cut pie. This was the first year this contest was held during Moosefest.



Karlstad Lions members Ron and Avis Sele held a BBQ rib contest during Moosefest. There were 11 teams that made BBQ ribs on Aug. 8, 2015 at Moosefest in Karlstad, MN Karlstad Lion Ron Sele is pictured on the far right.



A good big bite of BBQ ribs was enjoyed during the BBQ rib contest held by the Karlstad Lions on Aug. 8, 2015 during Moosefest. They were sold \$1.00 a rib.



Karlstad Lion members 1st Vice President Avis Sele and Lion member Ron Sele working hard but having lots of fun selling tickets for a \$1.00 a rib at Moosefest Aug. 8 in Karlstad, MN.



Taylor Myers, Miss Riverfest, was driven in the Karlstad Moosefest parade by Moonlighters Lioness Club of Thief River Falls member Brent Fuller. Passenger was President Sherry Sorenson of the Moonlighters Lioness Club of Thief River Falls.



Moonlighters Lioness member Brent Fuller of Thief River Falls enjoyed several ribs while visiting with Karlstad 1st Vice President Avis Sele at the BBQ rib contest.





## Red Lake Falls and Whitemouth Lions



Lion Keith Fontaine trying out the new playground. The Red Lake Falls Lions gave a donation to the Mentor City playground.



The **Red Lake Falls Lions Club** recently presented a generous donation of \$500.00 to the Project Play Organization in support of the renovation of the Mentor City Playground. The funds will go toward the next phase of building a 20 x 40 foot picnic shelter next to the new playground that was installed this summer.

Pictured (l-r): Shanel Benson (Project Play Representative), Ruby Finn (Mentor City Council Member), Keith & Sandy Fontaine (Red Lake Falls Lions Representatives), & Tami Halley (City of Mentor Clerk).



The **Whitemouth** Community Club wanted to obtain some carnival games as entertainment mainly for the children attending the Annual Sports Days on August long weekend. We contributed \$500 towards this. Adults and children alike thoroughly enjoyed

this new addition. The local Lions of Whitemouth and District volunteer in many areas during the weekend as well as looking after the campers staying in the Lions Park.







## TRF Moonlighters Lioness



Ted Obregon from East Grand Forks and Mary Cavalier from Crookston. They are the Polk County Senior Citizens in the Fertile parade on July 12, 2015 and in the Crookston parade on August 16, 2015. They are driven by Moonlighters Lioness Club of Thief River Falls member Brent Fuller. Moonlighters Lioness Club President was a passenger. Brent's car is a 1994 Ford Mustang GT convertible.



Miss Riverfest Taylor Myers in the Viking parade on Aug. 16, 2015 driven by Brent Fuller member of the Moonlighters Lioness Club of Thief River Falls and Sherry Sorenson, President of the Moonlighters Lioness Club of Thief River Falls. His car is a 1994 Ford Mustang GT convertible.

## 7 Qualities of Inspiring Leaders

How is it possible that unhappy, unmotivated and disengaged members could offer exceptional, caring humanitarian service, enthusiastically invite others to join our ranks, or deliver exciting, innovative training programs that will move our association forward? They can't. That's why it is up to you as a Lions leader to inspire your fellow Lions to be everything they know they can be - and more!

What's more, we are approaching a once in a lifetime experience in our Centennial Celebration. There truly is no better time for inspirational leadership.

In his book, *Fire Them Up!*, author Carmine Gallo identifies 7 key qualities that all inspiring leaders share. To be considered "inspiring" by your Lions team, make sure you consistently demonstrate the following qualities:

### **Ignite your enthusiasm.**

You cannot inspire unless you're inspired yourself. As Lions leaders, we need to be passionate. While we may not be passionate about the logistics of service itself, we are profusely passionate about our impact - about what Lions service means to those in need and to our communities.

### **Navigate a course of action.**

Nothing extraordinary ever happened without a leader sharing a vision or course of action. Immediate Past International President Joe Preston did just that when he shared the priorities for his theme, *Strengthen the Pride*. Visions like this create excitement and inspire engagement in a common cause.

### **Sell the benefit.**

Our members routinely ask, "What's in it for us?" Don't leave them guessing. For example, members may not care about rising membership statistics. Numbers for the sake of numbers are not inspiring. As a leader, focus on how our members will benefit

from expanded membership - new ideas, more opportunities, fresh energy, more capability for service, etc. Reframe what we all want to achieve in terms of clear benefits.

### **Tell a story.**

Our brains are programmed more for stories than for abstract ideas. Paint a picture of how Lions service is improving the lives of others with a story. Include personal anecdotes, helping to establish a closer connection between leaders and teams. Speeches convey information. Stories create genuine connections.

### **Invite participation.**

People want more than a membership card. They want to be part of something bigger than themselves. They want to create meaning. They want to know their input is valued. Take every opportunity to invite them to contribute with ideas, energy and effort.

### **Reinforce optimism.**

Great leaders are more optimistic than average. Share your optimism. It can open the door to a wealth of ideas, resources and opportunities. Spread the word—optimism can be contagious!

### **Show you care.**

Make sure our members know that you, as a Lions leader, genuinely care about their well-being as individuals. We've all heard the famous quote from Theodore Roosevelt, "No one cares how much you know, until they know how much you care." Encourage them to reach their potential by showing you care.

It's up to you, as a Lions leader, to inspire and motivate your teams to even higher levels of achievement. That's how we can maximize our Lions leadership impact, achieving our goals while strengthening the pride for the future.



Dear Lions,

When I first became a Lion in 1974, I made a commitment to serving my community. That commitment grew for the next 40 years, and then I became president of Lions Clubs International. Now, more committed than ever, I am honored to serve as Chairperson of Lions Clubs International Foundation (LCIF). The Foundation is something I believe strongly in and is a vital part of Lions' international service efforts.

LCIF is **our Foundation**. LCIF supports our compassionate works, providing grant funding for your local and global humanitarian efforts. LCIF helps all Lions serve. Your contributions to LCIF have helped people all around the world by providing disaster relief, saving sight, supporting youth and meeting humanitarian needs.

LCIF sets a funding goal every year to meet Lions' humanitarian needs worldwide. We're still closing the books for the 2014-15 fiscal year, but we expect that **you Lions donated more than US\$39 million**. That means we've surpassed our annual goal by more than US\$1 million! Just think of all the people we have helped because of your generosity.

As we kick off another new year, the future is bright for LCIF. With your involvement, we will continue to make the world a better place for everyone. Thank you for your dedication to our Foundation!

*Sincerely, Joe Preston, Chairperson, Lions Clubs International Foundation*



## Dog Guides BBQ Fundraiser

On Saturday August 15th the Purina Walk for Dog Guides crew held a fundraiser BBQ at Oakbank Coop. District Governor Gerald Fontaine stopped by to lend his support for the walk being held September 20th at Birds Hill Park. A huge thank you to Oakbank Coop for their continued support of the Walk for Dog Guides.



Pictured here are Lion Kay, DG Gerald, Lion Norm and Lion Bill. Missing is Lion Gord (he's doing what he does best, selling raffle tickets) and Lion Bea (taking photo).



Lion Bill, Lion Gord, Lion Bea, Lion Kay and Lion Norm.







# Quanto's Law/Walk for Dog Guides



Edmonton Police Service Cst. Jason Born (right) and his police dog Heiko, a Belgian Malinois police dog, introduce themselves to Minister of State for Multiculturalism Tim Uppal (centre) while Acting Staff Sgt. Adam Segin looks on during a news conference about Quanto's Law at the EPS' Vallevand Kennels in Edmonton, Alta., on Thursday July 23, 2015. The law, which came into effect on June 23, 2015, increases the legal penalty for killing or wounding service dogs. **Ian Kucerak/Edmonton Sun**

New legislation with harsher penalties for those who harm or kill trained service animals is now in effect.

**The Justice for Animals in Service Act -- also known as Quanto's Law --** received royal assent last month and came into force on June 23.

The law was named after Edmonton police service dog Quanto, fatally stabbed several times as he latched onto a suspect fleeing from officers on foot on the morning of Oct. 7, 2013. The five-year-old German Shepherd was rushed to an emergency vet clinic, but was dead on arrival due to blood loss and injuries to the heart and lung area.

Following Quanto's death, the federal government looked at creating new legislation to protect service dogs. Three weeks later, Quanto's handler and another officer with the canine unit were invited to Ottawa to watch the prime minister's Throne Speech, which mentioned Quanto's law.

"The service that our dogs and service animals in general are capable of producing is really remarkable," acting Staff Sergeant Adam Segin with the Edmonton police canine unit said Thursday.

"It's nice that there is now this formal recognition of their service, how valuable it is and that there is now a deterrent in place for anybody who would consider harming a service animal."

The legislation has created a new Criminal Code offence that specifically prohibits injuring or killing animals that are trained to aid law enforcement officers, people with disabilities or the armed forces.

The maximum penalty for such an offence is five years behind bars, and the minimum penalty for killing a police dog in the line of duty is six months.

"This sends a strong message to anyone who wants to injure or kill a service animal in the line of duty, that this will be met with very serious consequences," said Edmonton-Sherwood Park MP Tim Uppal, Minister of Multiculturalism.

"These animals -- they are here to protect us and we should be protecting them."

Quanto's killer, Paul Joseph Vukmanich, was sentenced to 26 months in prison after pleading guilty to a number of charges including animal cruelty, flight from police, possession of a dangerous weapon and impaired driving. The 27-year-old was also banned from pet ownership for 25 years and prohibited from driving for five years.

Quanto is the fifth Edmonton police service dog killed in the line of duty. He helped with more than 100 arrests during his four-year career.

As a tribute, RCMP have created a plaque that was placed beside the employee entrance at K-Division headquarters in north Edmonton, approximately 100 metres from where the dog was stabbed.

Lions Foundation of Canada  
**Purina Walk FOR Dog Guides**  
30 YEARS  
**GIVING CANADIANS A NEW LEASH ON LIFE**  
CANINE VISION • HEARING EAR • SERVICE • SEIZURE RESPONSE • AUTISM ASSISTANCE • DIABETIC ALERT

*The Annual Walk For Dog Guides will be  
happening in District 5M11  
Winnipeg - September 20th (Birds Hill Park)*

[www.purinawalkfordogguides.com](http://www.purinawalkfordogguides.com)



**On September 20th, 2015 we will be holding the 30th Anniversary Purina Walk For Dog Guides in Birds Hill Provincial Park.** This is an exciting time for us and we are planning on a fantastic fun filled day in the park raising some money to give Canadians back their independence. There will be vendors, animal rescue groups, service organizations such as Guardians of the Children and STARS Air Ambulance, a raffle table, carnival games for the kids, funniest pet trick and pet look a like contests and the very popular Wild Dogs Agility Team will be there to put on a show. And one of national sponsors, Pet Valu will be there handing out treats to the walkers. Also a representative from Manitoba Search and Rescue will be there to show off the rescue abilities of the hard working dog and handler teams that rescue those who get lost in the woods. To register for the walk and collect pledges go to <https://www.purinawalkfordogguides.com/> and look for the location Winnipeg. Pledge forms are also available at most pet supply and veterinarian locations. We look forward to seeing you out to spend the day with us. Registration starts at 8 AM with the walk starting at 10:30 AM then we will be celebrating 30 years of serving Canadians with disabilities with a fun filled afternoon in the park.



# Global Leadership Team Report/Updates

By PDG Joanne Swanson

## Hands-on Service Activities

Lions Clubs International is the world's largest service organization with almost 1.4 million volunteers. As volunteers, we serve without being paid; not because we are worthless, but because we are priceless.

Today's volunteer is focused on the service that the club will provide and the personal satisfaction and enjoyment attained through the service experience. As we plan our activities for the year, we must remember to include service projects. The LCI Service Activities Committee recommended that service projects fulfill the following criteria:

- Exemplifies the **"WE SERVE"** motto and has relevance to Lions internationally
- Meets an important community or humanitarian need
- Achieves measurable outcomes benefiting service recipients
- Provides hands-on involvement by Lions club members \*
- Includes leadership roles for Lions
- Promotes public awareness of the Lions service mission
- Is sustainable.



\*Last year I heard many Lions complaining that all of their efforts seemed to be for raising funds and although this is important, they missed the hands-on involvement of a service project for the sake of serving and not raising money. When you hear a Lion talk about the "AHA MOMENT" when they really became a Lion it will usually be connected with a hands-on service activity.

Club officers have access to MyLCI and can view service projects that have been conducted by other clubs. Many great ideas are shared in the Lion Magazine. There are more suggestions on [www.lionsclubs.org](http://www.lionsclubs.org). Ask clubs to share their favorite service projects at your zone meetings. When you send in a picture of your service activity to our District Newsletter, add a brief description of what your service project accomplished so that others clubs can share your good ideas.

### Successful Club Meeting Short Hints:

- Have an agenda
- Start promptly
- Have a guest speaker or interesting program
- End on time

Making club meetings interesting with just a simple but detailed agenda and program will provide an atmosphere in your club that will be so positive that your members will be motivated, but most

### Develop your LEADERSHIP Abilities

L	<b>LOVE WHAT YOU DO</b>
E	<b>EXTEND A HAND FOR HELP WHEN NEEDED</b>
A	<b>ALWAYS GIVE CREDIT FOR TASK WELL DONE</b>
D	<b>DETERMINE YOUR GOALS</b>
E	<b>EDUCATE YOURSELF AND OTHERS</b>
R	<b>REMEMBER IT'S SUPPOSE TO BE FUN</b>
S	<b>SUCCESS OF YOUR CLUB SHOULD BE SHARED</b>
H	<b>HELP OUT AND LEAD BY EXAMPLE</b>
I	<b>INITIATE FEED BACK</b>
P	<b>POSITIVE MENTAL ATTITUDE</b>

### Important Notice/Change TO CEP

Lions Clubs International has now started referring to CEP as the "Club Quality Initiative (CEP)". While this may be confusing to some, it is simply confounding to others. Apparently "Club Excellence Process" sounded too much like "Club Excellence Award". Something had to change, so they renamed the Club Excellence Process the "Club Quality Initiative" (but kept the initials CEP, because everyone knows what that is). Did I mention that it was confusing?

Confusion aside, we are still doing CEP.

We have trained facilitators ready to help guide your club through the process. If your club is ready to become an even stronger club, contact Global Membership Team Coordinator



I encourage you to share this list with your club members and then pick and view the ones you would find most helpful.

**Below are listed upcoming Leadership Webinars, followed by Archived Webinar Recordings** that can be viewed any time. Leadership Development is an ongoing process that not only helps us become better Lions, but, just as important, more effective in our everyday lives. Some of these let us know what might be expected of Club and District positions so when we step forward to take on a leadership role we will informed volunteers. Some are to help us do our current positions better.

Webinars are painless, free, and very informative. The Archived Webinars, like the Lions on-line courses, can be viewed any time of the day or night and reviewed as often as wanted. You could even view them as a group and discuss them afterward.

### **Meeting Management**

Effective and efficient club meetings are an indispensable way to sustain member satisfaction. This webinar provides the basics of good meeting management including planning, agenda preparation, essential facilitation skills, and post-meeting evaluation.

**Wednesday, October 7, 2015, 12:00pm (12 Noon) CDT**

**Friday, October 16, 2015 7:00pm (19:00) CDT**

### **Conflict Resolution**

Webinar disarms the idea of conflict by revealing the benefits of conflict, the five typical ways conflict is managed, the pros and cons of various approaches and conflict management “best practices.”

**Wednesday, November 4, 2015, 12:00pm (12 Noon) CST**

**Friday, November 6, 2015, 7:00pm (19:00) CDT**

Review our Guide to Register/login.

Read our Frequently Asked Questions or view our Webinar Tutorial

### **ARCHIVED RECORDINGS:**

#### **One Great Adventure – The Role of the Zone Chairperson**

(Find out what the Zone Chair position is and what is involved.)

Join a zone chairperson on his year of adventure, including challenges, allies, tools and gear, necessary skills, obstacles, and the final triumph of the Zone Chairperson award. An engaging way to understand what it takes to excel in this vital Lions position.

Recording      Participant Workbook

#### **Club President--Leader and Manager**

Prepare to make a positive and lasting impact as club president! Explore:

club management best practices, traits of effective leaders, tools and resources to use throughout your term

Recording      Participant Workbook

#### **Club Secretary Training**

The presentation provides a brief overview of position-specific responsibilities and the secretary’s role as a member of the club leadership team. In addition, the webinar provides in-depth MyLCI tutorials on: how to login, submit membership and service activity reports, gather member data, access MyLCI support and resources

Recording      Participant Workbook

#### **The Role of Club Treasurer**

The presentation provides a brief overview of position-specific responsibilities and the treasurer's role as a member of the club leadership team. In addition, the webinar provides in-depth MyLCI tutorials on: how to login, run reports, download billing invoices, submit online payments, access MyLCI support and resources.

Recording      Participant Workbook

#### **Go for the GOAL (Great for the whole club)**

Transform your club by going for the GOAL— Growth, Orientation, Activity, and Leadership. Growth is a membership growth plan; orientation is mentoring new Lions; activity is strong service projects and leadership is a club leadership development plan. Learn how GOAL can take your club to the next level.

Recording      Participant Workbook

#### **The Role of the Cabinet Secretary (Find out what the position is like.)**

Provides training and guidance for this essential district position. The presentation reviews the cabinet secretary responsibilities, challenges and opportunities. Content includes a review of the MyLCI cabinet secretary features.

Recording      Participant Workbook

#### **Harmony in the Pride (Good for all members)**

Understanding generational differences can assist with both member recruitment and retention. This presentation explores diverse motivations among Lions and how each constituency can find and value varying perspectives to “strengthen the pride.”

Recording      Participant Workbook

#### **Because a Cape Would Get in the Way (Good for all members)**

Become a Lions superhero! Presentation will guide Lions in discovering their superpowers, understanding their mission, considering the right tools, knowing their fatal weakness, and the importance of sidekicks. Join us for this fun and enriching perspective on Lionism.

Recording      Participant Workbook

#### **Project Management (All members could use this.)**

Effective project management is one of the foundations of a successful Lions club. Participants will learn the characteristics of effective project managers, review the five phases of service project management and enjoy a case study of a current successful Lions club project.

Recording      Participant Workbook

#### **Minding Your Members—Leading Strong Teams (75 minutes) (Good for all members)**

Develop confident and creative Lions teams through intuitive leadership that includes self-awareness, self-regulation, motivation, empathy and communication skills. Presentation offers practical scenarios in which Lions demonstrate best team leadership practices in everyday club situations.

Recording      Participant Workbook



## Join in the Legacy at Leader Dogs for the Blind

Since the first bulldozer pulled on campus in August 2014 to where we are now is the most comprehensive renovation project this building has undergone. The Caine Development Center is aptly named because it isn't just our kennel but houses puppy development, a veterinary center, breeding program and the staff and volunteers. At any time, we can house up to 310 large dogs in this facility—it will, when complete, cover almost 80,000 square feet. Parts of the current building date back to the 1950s.

"It was state of the art in the 1950s but today our clients travel in more complex environments to get to work, school...we need to raise a much different type of dog to handle these changes," states president and CEO Lion Sue Daniels.

The Lions have reached \$1.6 million of the \$3 million goal in the first year. "This is such a huge commitment from the Lions and it is coming in gifts of all sizes. Lions started Leader Dog and their support is still as important today as it was in 1939", states Lion Mike Dengate, Lions capital campaign manager.

To find out how your Lions club can get involved in this legacy, go to [LeaderDog.org](http://LeaderDog.org) or call your Leader Dog chair for a presentation.



Previous Canine Development Center



Renovation in progress on the Improved



This trailer was made by the **St. Hilaire Lions club** to collect aluminum cans to recycle. It stands at the parking lot of the liquor store in the middle of downtown St. Hilaire. The proceeds of this collection are designated to Ben & Pia Carlsen of Thief River Falls who raise puppies for Leader Dog.







# International News

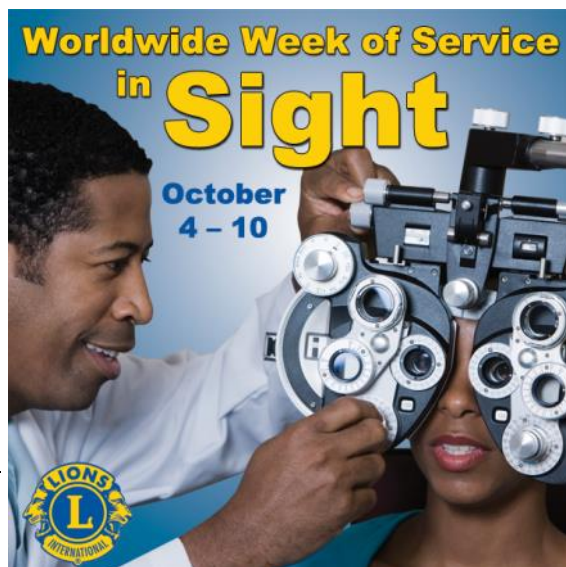
SAVE THE DATE

Oct.  
4-10

Worldwide Week of  
Service in Sight

## Worldwide Week of Service in Sight on October 4-10

This October 4-10, President Yamada invites you to join Lions around the world for a special service event to raise awareness about eye health, blindness and vision impairment. Vision screenings, provision of eyeglasses and assistive devices, and eye health education are just a few ways your club can bring dignity to friends and neighbors who lack access to adequate eye care. In addition, your project will help us reach our Centennial Service Challenge goal of serving 100 million people. [Visit the Worldwide Week of Service in Sight page](#) for more information, and start planning your project today!



## ASK ONE Today!

Make a larger impact in your community and ASK ONE. It's that simple! When 1.4 million Lions worldwide ask one person – a family member, friend or neighbor – to become a Lion, the effect is monumental. The lives of both Lions and those they serve are impacted, all because you took the first step and asked one person to join. [Watch the new Ask One video](#) and send your photos of new members to [taskone@lionsclubs.org](mailto:taskone@lionsclubs.org)!

## Customize Your Club Meeting – Your Club, Your Way!

Are your club meetings all that they can be? The Your Club, Your Way guide helps all Lions assess their current club meetings and structure new meetings in a way that best meets the needs of a diverse membership. Find tips and new ways to make your meetings more inviting, incorporate new forms of technology to better connect and encourage attendance and involvement. The guide also includes a short survey to gain input from members. [Download the Your Club, Your Way guide.](#)



# 2015-16 Peace Poster Contest

## Order Peace Poster Contest Kits by October 1



Each year, the Lions Clubs International Peace Poster Contest gives children around the world the chance to express their visions of peace through art. Lions clubs can sponsor and organize a contest with local schools or youth groups. Kits for this year's theme, "Share Peace," are available online through [Club Supplies](#) (Item Search: PEACE POSTER KIT) until October 1, 2015. [Visit the Peace Poster Contest page](#) for more information, and watch the new [Peace Poster video on YouTube](#) to see last year's Merit Award winners.



# LITPC Youth Scholarship Information

The Lions International Trading Pin Club (LITPC) awards annually a \$2,500 Youth Scholarship to a graduating Senior who is a Leo or a child/grandchild of a Lion or Lioness.

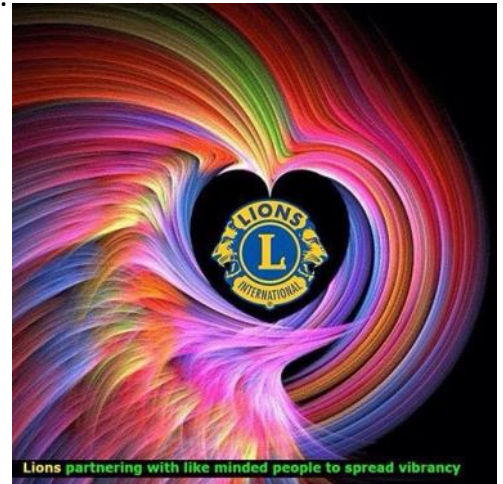
Four \$2,500 Youth Scholarships have been awarded so far. The first one was awarded to a Leo from Pennsylvania in 2012. The others have been from Virginia, Iowa and most recently from Virginia.

**After November 1, 2015, the new updated forms for the Application for Scholarship will be on the website: [www.LITPC.org](http://www.LITPC.org) to print them out. The deadline for submitting the completed LITPC Youth Scholarship application is March 1, 2016.**

All completed Youth Scholarship applications should be mailed to:

Lion Bill Guthrie  
5M Youth Scholarship Chairman  
9-101st Lane NW  
Coon Rapids, MN 55448

If you have any questions, please contact  
Lion Bill Guthrie at 763-786-8072 or [bmguthrie9@q.com](mailto:bmguthrie9@q.com).



## 2015 LITPC Scholarship Winner



Kelli Tignor of Irvington, Virginia is the 2015 recipient of the \$2,500 LITPC Youth Scholarship. Kelli has been a member of her high school Leo Club from 9th through 12th grade.

In Kelli's application she wrote that she is different from most girls because she loves to fish, hunt and work on automobiles. She plans to attend James Madison University with a double major in business and mechanical engineering. After college she plans to own a business designing fishing and hunting gear or manufacturing racing and farm equipment. She plans on having a company which owns a race car and she would help in the pit crew. Kelli also plans on becoming board certified in automotive and diesel mechanics.

In addition to excellent academic achievements she plays field hockey and softball. Kelli strongly believes in community service and has participated in mission trips with her church that focused on helping the needy and another where the focus was "Remembering the Heroes".

We offer our congratulations to Kelli for being selected as our scholarship recipient. She has clearly demonstrated her commitment to service at her school and her community.





## **Tinnitus Research with Acoustic and Noninvasive Neural Stimulation**

**The University of Minnesota's Departments of Biomedical Engineering and Otolaryngology are seeking individuals who have tinnitus to participate in research involving acoustic stimulation, electrical stimulation of different skin surface regions, and noninvasive brain stimulation to potentially decrease the tinnitus percept. Participation involves up to 16 testing sessions that typically occur once every 1-2 weeks at the University of Minnesota. Each testing session will require up to 3 hours. Participants will complete questionnaires, perform several tests to determine their hearing and tinnitus characteristics, be presented with different stimulation paradigms, and describe changes in their tinnitus from the different tests.**

**Participants must be an adult between 18 and 65 years of age, have tinnitus preferably for less than 5 years, have no history of seizures, not be pregnant, and not have any implantable devices or indwelling metal. Participants will receive compensation for their participation in each testing session in the form of a \$60 Visa gift card that may be used at any retailer that accepts Visa. The first informational visit will take approximately 1.5 hours and will be compensated with a \$40 Visa gift card. There is no charge for participating in this research. For more information, please contact Hubert Lim, Ph.D., at [msync001@umn.edu](mailto:msync001@umn.edu).**

# You Are Invited to Diabetes EXPO!



The American Diabetes Association, Minnesota Area is currently planning our two largest programs of the year: Camp Needlepoint/Daypoint and our Diabetes Expo. I personally want to invite the members of your club to visit one or both of these programs this year.

**Our Diabetes Expo will be held on Saturday, October 10th from 9:00 AM to 3:00 PM at the Minneapolis Convention Center, Hall E.** It is billed as “everything you need to know about diabetes under one roof” including workshops, cooking demonstrations, fitness activities, free health screenings, an “Ask the Expert” area, and vendors offering the latest diabetes products and services. Last year over 8,300 people attended and we’re expecting more this year. As a Lion, you and/or your club can get involved in several ways:

- We invite you to come to learn more about diabetes.
- We need many day-of-event volunteers for this activity. Lions Clubs may want to volunteer as a club. Many clubs helped last year; by wearing their vests they gained more recognition for Lions Clubs and what they do in the community. Volunteer for a few hours (time slots are 8:15 AM – 12:00 PM or 11:30 AM – 3:15 PM) or for the entire day. Please contact Molly Duerr at 763-593-5333, ext. 6652 or at [mduerr@diabetes.org](mailto:mduerr@diabetes.org) if you or a club would like to volunteer.
- Several areas outside of the Twin Cities worked on organizing buses to and from the Expo for members of their community. Clubs from several communities in your district could set up a bus route with several stops to pick up people. Work with your local clinics, hospitals, churches, etc. to get the word out. If you are thinking about having a bus please contact Molly Duerr at 763-593-5333, ext. 6652 or [mduerr@diabetes.org](mailto:mduerr@diabetes.org) for more information. All people will have free admission to the Expo and there will be free bus parking at the Minneapolis Convention Center.

*We appreciate the support we have received from Lions Clubs in the past and invite you now to see how your funding is helping people with diabetes.*



**American Diabetes Association**  
75TH ANNIVERSARY  
ESTABLISHED 1940

## Celebrating

Discovery, Innovation and Progress

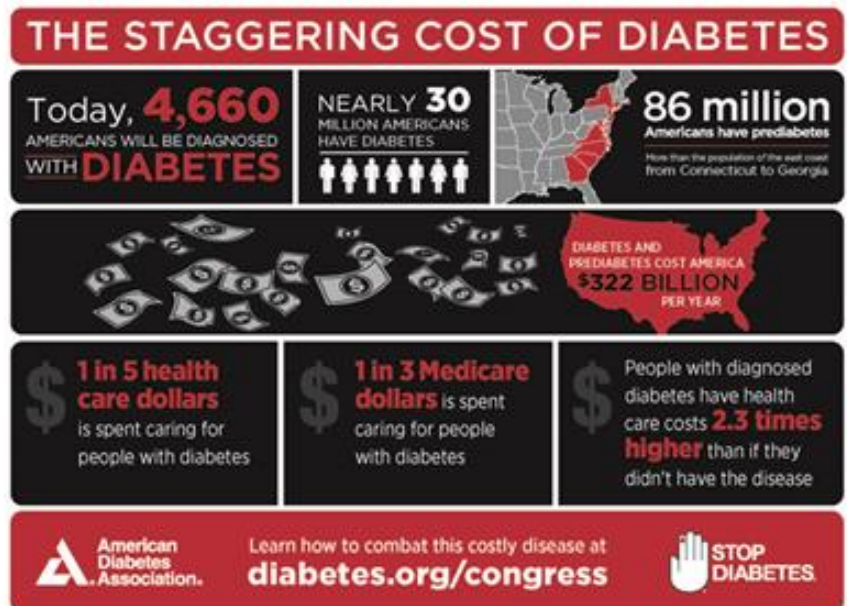
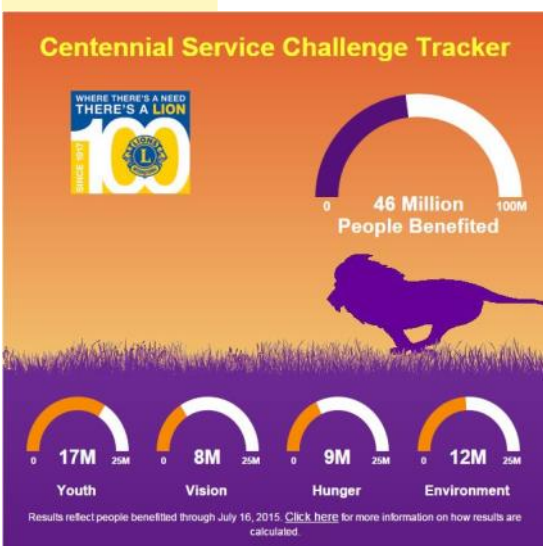
[diabetes.org/75years](http://diabetes.org/75years)

## DIABETES RISK TEST.

CLICK. TAKE IT. SHARE IT.



American Diabetes Association.







# Fall 2015 Eye Bank Tours

## Fall 2015 Lions Tours - October 10

The Fall 2015 Lions Tour of the Departments of Ophthalmology and Otolaryngology (eyes and ears!) at the University of Minnesota is **Saturday, October 10, 2015.**

Please share this information with your club members, mark your calendars, and start planning your visit.

Never attended a tour? Here are some of the interesting things that you can see and hear about:

Lions Children's Hearing Center and ENT Clinic

Lions Voice Clinic

Temporal Bone Lab

Vestibular, Eye Movement, and Motor Learning Lab

Low Vision Center

Retinal Imaging Center

Macular Degeneration Center

Minnesota Lions Eye Bank

Lions Children's Eye Clinic

Testimonials from cornea transplant and cochlear implant patients

Lions tours are always a fun time, and they are a great way for new club members to learn about the wonderful projects and services the Lions support at the University of Minnesota.

More information will be sent to new Lions leaders after July 1, but you can make preliminary reservations at any time. To do so, contact Lion Jennifer Marshall at 612-626-6081 or [mader005@umn.edu](mailto:mader005@umn.edu).

Hope to see you in the fall!



*Tours sponsored by the Minneapolis Ambassadors Lions Club*

## 2015 Calendar

### October 3

Minnesota Lions Vision Foundation Board Meeting  
Lions MD5M Hearing Foundation Board Meeting

### October 10

Lions Tours - University of Minnesota

### October 31

Thanksgiving for Vision





## 5M-11 MID-WINTER CONVENTION 2016

Friday, Saturday, Sunday – February 19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup>, 2016

**Location – CLUB REGENT CASINO HOTEL  
WINNIPEG, MANITOBA, CANADA**

*Hosted by Riverside Lions*

### REGISTRATION FORM (Please fill out 1 form for each attendee)

Please fill out this registration form and return with you cheque/cash/money order payable to  
2016 5M-11 MID-WINTER CONVENTION

LION ☐ LIONESS ☐ LEO ☐ GUEST ☐ 1<sup>ST</sup> Timer ☐

Name \_\_\_\_\_ Title \_\_\_\_\_  
Address \_\_\_\_\_ Club \_\_\_\_\_  
City \_\_\_\_\_ State/Prov. \_\_\_\_\_  
Telephone \_\_\_\_\_  
Email \_\_\_\_\_

NOTE: Please indicate any special dietary needs: \_\_\_\_\_

### HOSPITALITY BOOK

*Includes Friday Social, Saturday Breakfast, Lunch, Banquet and Sunday Brunch*

**\$100 US for Early  
Bird Registration**

Hospitality Book (Postmarked by January 1, 2016)	\$130.00 CDN	
Hospitality Book (Postmarked January 2, 2016 or later)	\$140.00 CDN	
Friday Night Social – Festival Du Voyageur Theme	\$20.00	

*Get ready for a FUN NIGHT!*



Saturday Breakfast	\$20.00	
Saturday Luncheon	\$30.00	
Saturday Night Banquet	\$60.00	
Sunday Brunch	\$25.00	

*Please make cheque/money order payable*

*to: 5M-11 MID-WINTER CONVENTION*

**TOTAL**

**\$**

Please mail Registration to:  
**RIVERSIDE LIONS**  
188 Worthington Avenue  
Winnipeg, MB Canada R2M 5K1

#### For Convention Information, contact:

Lion Barb Shields  
Phone: 204-957-4615 or 204-253-4240  
Email: [bms@aikins.com](mailto:bms@aikins.com)

Lion Jan Nazarko  
Phone: 204-233-2736  
Email: [jnazarko@mymts.net](mailto:jnazarko@mymts.net)



#### For Hotel Reservation Information, contact:

**Room Rate \$119/night plus applicable taxes**

Club Regent Casino Hotel  
1415 Regent Avenue West  
Winnipeg, MB Canada R2C 3B2  
Phone: 1-204-667-5560  
Toll Free: 1-888-332-2623  
Fax: 1-204-667-5913





Join Us at the  
**"Bend in the River II"**  
 97th MD5M Convention  
 April 22, 23, 24, 2016  
 Verizon Wireless Center, Mankato, MN  
 Hosted by District 5M-2



### Registration Form

Please print

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov/State/Zip \_\_\_\_\_

City \_\_\_\_\_ Prov/State/Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Email Address \_\_\_\_\_

Title: \_\_\_\_\_ District: \_\_\_\_\_

Title: \_\_\_\_\_ District: \_\_\_\_\_

Club: \_\_\_\_\_

Club: \_\_\_\_\_

☐ Check if this is your 1st Multiple Convention

☐ Check if this is your 1st Multiple Convention

Please specify any dietary needs: \_\_\_\_\_

Please specify any dietary needs: \_\_\_\_\_

Will you need Braille convention material? yes or no

Will you need Braille convention material? yes or no

Meal	During 2015 MD5M Convention Only	Before March 1, 2016	On or after March 1, 2016	# Attending	Amount
Yes, I am coming to the convention but not staying for the meals. _____					XXXXXX
Hospitality Book	USD \$90.00	USD \$100.00	USD \$110.00		
Friday night mixer	XXXXXX	USD \$15.00	USD \$15.00		
Saturday Brkfst	XXXXXX	USD \$ 20.00	USD \$25.00		
Saturday Lunch	XXXXXX	USD \$25.00	USD \$30.00		
Saturday Banquet	XXXXXX	USD \$40.00	USD \$45.00		
Sunday Brunch	XXXXXX	USD \$20.00	USD \$25.00		

Make checks payable to: MD5M 2016 Convention

Mail registrations to: Lion Charlette Abbas  
 312 Foothills Road  
 PO Box 133  
 Courtland, MN 56021  
 paandmaabbas@hotmail.com

Total Submitted: \$ \_\_\_\_\_

Convention information:

Maynard Rucks @ king70@frontiernet.net. or  
 Nancy Mathwig @ nmathwig@hotmail.com

Cancellations accepted and refunded prior to April 1, 2016. \$20.00 fee for cancellations.

See separate information form for available hotel rooms and rates.



**Join Us at the Bend in the River II**

**97<sup>th</sup> MD5M Convention**

**April 22<sup>nd</sup>-24<sup>th</sup>, 2016**

**Verizon Wireless Center**

**Hosted by District 5M-2**

## **Hotel Information**

**Hotel Reservations can be made by calling or booking online to your hotel of choice. Rates will be guaranteed until March 21<sup>st</sup>, 2016 or until blocks fill up.**

**Hilton Garden Inn**

**Attached to Verizon Wireless Center**

**20 Civic Center Plaza**

**Mankato, MN 56001**

**Phone: 507.344.1111**

**Rate: \$90 +tax**

**Mankato City Center Hotel**

**Attached to Verizon Wireless Center**

**101 E. Main Street**

**Mankato, MN 56001**

**Phone: 507.345.1234**

**Rate: \$94.99 +tax**

**Holiday Inn Express**

**3.5 miles away**

**2051 Adams Street**

**Mankato, MN 56001**

**Phone: 507.388.1880**

**Rate: \$99.99 +tax**

**Best Western Hotel**

**1.5 miles away**

**1111 Range Street**

**North Mankato, MN 56003**

**Phone: 507.625.9333**

**Rate: \$94.99 + tax**

**Hey, did you see that you can vote for "Helen Keller" for the new US\$10 dollar bill on the US Treasury website?**



**Make sure you visit the Lions International website and see all the Centennial Programs that are coming out.**





# Cabinet Directory

## District Governor

### Gerald Fontaine (Eliane Carmel)

R. 204.433.7955

[gerryfontaine@gmail.com](mailto:gerryfontaine@gmail.com)

## 1st Vice District Governor and Cancer

### Care Initiative Mike Janssen (Tammy)

R. 204.669.0473

C. 204.479.1843

[mjanssen@shaw.ca](mailto:mjanssen@shaw.ca)

## Cabinet Secretary and Project New Hope

### Jenifer Spielman (Mark)

R. 218.567.8281

B. 218.567.8510

F. 218.567.8381

[5m11cabsec@gmail.com](mailto:5m11cabsec@gmail.com)

## Cabinet Treasurer John Wollenzien (Dee)

R. 218.681.2117

C. 218.686.3316

[deeandjohnwollenzien@mncable.net](mailto:deeandjohnwollenzien@mncable.net)

## Immediate Past District

### Governor Dennis Olson

R. 218.483.3297

C. 218.790.1825

[dwolsen@msn.com](mailto:dwolsen@msn.com)

## GMT Leader PDG Doug Wiens (Kathryn)

R. 204.434.6042

B. 204.326.9844

B. 888.411.9311

[doug@prudentialriverbend.ca](mailto:doug@prudentialriverbend.ca) or

[djwiens@mymts.net](mailto:djwiens@mymts.net)

## Zone Chair Mentor (Zones 3, 5, 6, 7)

### Jan Strandlie (Jim)

R. 218.681.2116

[janstrandlie@mncable.net](mailto:janstrandlie@mncable.net)

## Zone 1 Chair Deanne Williams

R. 218.790.3715

[williams.deanne77@gmail.com](mailto:williams.deanne77@gmail.com)

Clubs: Barnesville, Barnesville Thursday

Nite, Dilworth, Dilworth Loco Ladies,

Dilworth/Glyndon/Felton Leos, Glyndon,

Glyndon Lioness, Moorhead, Moorhead

Midday Central, Sabin.

## Zone 2 Chair Kim Peters (Kevin)

R. 218.584.8364

C. 218.556.6972

[kpeters@arvig.net](mailto:kpeters@arvig.net)

Clubs: Ada, Flom and Area, Gary, Hawley,

Halstad, Hitterdal, Twin Valley, Ulen.

## Zone 3 Chair Kevin Reich (Sheila)

[kwrrlf@yahoo.com](mailto:kwrrlf@yahoo.com)

Clubs: Bagley, Fosston-Lengby, Gonvick,

Winger.

## Zone 4 Chair Gerald Amiot

R. 218.289.8889

[jerry.amiot@hotmail.com](mailto:jerry.amiot@hotmail.com)

Clubs: Crookston Noon Day, Crookston

Dawn to Dusk, Crookston Leos, Fertile,

Red Lake Falls, UMC.

## Zone 5 Chair Deb DuChamp (Jim)

R. 218.465.4239

[d\\_duke50@hotmail.com](mailto:d_duke50@hotmail.com)

Clubs: Alvarado, Oslo, Plummer, Plummer

Too, Thief River Falls, TRF Moonlighters

Lioness, TRF Noon Lioness, St. Hilaire,

Warren.

## Zone 6 Chair Kami Underdahl

B. 218.426.2500

C. 218.689.2134

[kunderdahl@wiktel.com](mailto:kunderdahl@wiktel.com)

Clubs: Argyle, Hallock, Karlstad, Lake

Bronson, Lancaster, Newfolden, Stephen.

## Zone 7 Chair Scott Grove

R. 218.386.2134

B. 218.386.1430

[scottg@marvin.com](mailto:scottg@marvin.com)

Clubs: Goodridge, Goodridge Lion Tamers,

Greenbush-Badger, Grygla, Roseau,

Wannaska, Warroad.

## Zone 8 Chair Kevin Gamble (Andrea Kwasnicki)

R. 204.391.0644

[kbgamble@hotmail.com](mailto:kbgamble@hotmail.com)

Clubs: South Junction and Area Pineland,

Grunthal, Steinbach and Area, Ste. Anne,

Winnipeg Transcona, Winnipeg South,

Riverside, Winnipeg Asia.

## Zone 9 Chair Wasyl (Bill) Myskiw

R. 204.339.1242

[wimyskiw@shaw.ca](mailto:wimyskiw@shaw.ca)

Clubs: Lac du Bonnet, Pinawa,

Whitemouth and District, Beausejour, East

St. Paul, West St. Paul, East Kildonan, East

Kildonan Lioness.

## Zone 10 Chair Ernest Jones

R. 204.774.2768

[lcwweserve@gmail.com](mailto:lcwweserve@gmail.com)

Clubs: Winnipeg Beach/Dunnottar

Lakeside, Selkirk and District, St. James,

Winnipeg West, Winnipeg.

## Club Excellence Process, USA and GLT

### Leader PDG Joanne Swanson (Wayne)

R. 218.281.5622

B. 218.281.4343

F. 218.281.1888

[5m11pdgjoanne@gmail.com](mailto:5m11pdgjoanne@gmail.com)

## E-Clubhouse and Technology/Webmaster

### PDG Dave Hollyoake (Barb)

R. 204.642.4650

C. 204.797.5930

[dave@ibtraveln.com](mailto:dave@ibtraveln.com)

# Passports and Bus to Mid Winter Convention 2016

Start thinking about the Mid Winter Convention in Winnipeg in February 19-21, 2016.

You need your passport or passcard to travel to Canada.

Don't want to drive yourself, consider riding a charter bus up there.

Trying to get a bus to travel up to Winnipeg. The bus would hold up to 57 attendees.

More information to follow.

Interested in riding the bus to convention, contact Jen Spielman at [5m11jenifer@gmail.com](mailto:5m11jenifer@gmail.com)



## Newsletter needs club assistance –New info



### Greetings Fellow Lions, Lioness and Leos of 5M-11!

Zone Chairs and Club Officers please make sure your members are receiving the monthly newsletters. Club Officers, if need be, please print at least one copy to pass around at your meeting. I pack a lot of information into each newsletter.

Thank you to all the clubs that put forth submissions this past year 2014-2015 as well as the cabinet members that sent me items. 40 out of 72 of the clubs had submitted something. That's almost 75% of the clubs. This year, I want to see this number increase with the ultimate goal of getting every club to submit even ONE item., whether it be an awesome project, someone getting an awards or showing what you do in the community. We love to hear what you are doing and it may give other clubs ideas on what to do.

### PLEASE HELP ME MEET THIS CHALLENGE FELLOW LIONS

Please send the information to me by the 25th of each month  
unless stated otherwise.

Upcoming deadlines for the newsletter:

**September 25th** — October Newsletter

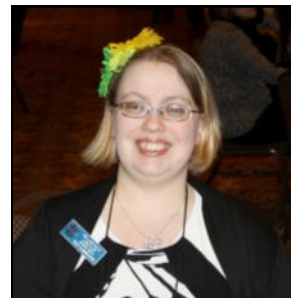
**October 25th** — November Newsletter

**November 25th** — December Newsletter

**Lion Stacy Kleinwachter, Newsletter Editor**

**Email: [skleinwachter@yahoo.com](mailto:skleinwachter@yahoo.com) or [specialk.stacy@gmail.com](mailto:specialk.stacy@gmail.com)**

Thanks to the following Lions and Lioness clubs for submissions: Ada, Argyle, Barnesville, Barnesville Thursday Nite, Crookston, East St. Paul, Fertile, Flom and Area, Hawley, Karlstad, Lac du Bonnet, Moorhead, Oslo, Red Lake Falls, Riverside, **St. Hilaire**, Ste. Anne, Thief River Falls Moonlighters Lioness, **Warren, Warroad**, West St. Paul, **Whitemouth & District**, Winnipeg, Winnipeg Beach/Dunnottar/Lakeside, Winnipeg South and Winnipeg West. (26 out of 72 clubs which is over 1/3 of the clubs. Lets keep up the great work).



## Websites to Know



Lions Club International: [www.lionsclubs.org](http://www.lionsclubs.org)

Multiple District 5M: [www.lionsmd5m.org](http://www.lionsmd5m.org)

District 5M-11: <http://e-district.org/sites/5m11> \*NEW\*

Lions Program Sites:

Can Do Canines: [www.can-do-canines.org](http://www.can-do-canines.org)

Leader Dogs for the Blind: [www.leaderdog.org](http://www.leaderdog.org)

Lions Clubs International Foundation (LCIF): [www.lcif.org/EN/](http://www.lcif.org/EN/)

Lions Eye Bank of Manitoba and NW Ontario: [www.eyebankmanitoba.com](http://www.eyebankmanitoba.com)

Lions Foundation of Canada Dog Guides: [www.dogguides.com](http://www.dogguides.com)

Minnesota Lions Diabetes Foundation: [www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org)

Project New Hope: [www.projectnewhope.net](http://www.projectnewhope.net)

USA/Canada Lions Leadership Forum: [www.usacanadalionsforum.org](http://www.usacanadalionsforum.org)







**We Serve**

**Lions 5M11 District Governor  
Club Visitation Request Form  
2015-2016**

Today's Date \_\_\_\_\_ Club: \_\_\_\_\_

Preferred Date \_\_\_\_\_ Alternate Date: \_\_\_\_\_

Person Requesting \_\_\_\_\_

Phone# \_\_\_\_\_

If more than one club will be attending, please include the names of all clubs:

\_\_\_\_\_  
\_\_\_\_\_

Meeting Time: \_\_\_\_\_ Social Time: \_\_\_\_\_ Dinner Time: \_\_\_\_\_

Lions Contact Person for visit: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Special requests: (Ex. Special Speech, induction of new members, installation of officers, present awards, etc.)

Please submit as soon as possible. I will confirm date with contact person either by phone or e-mail as soon as possible after request is received.

**Please send this information to:**

**DG Gerald Fontaine**

**619 Jolys Ave East**

**St. Pierre Jolys, MB R0A 1V0**

**R. 204.433.7955**

**Email: [gerryfontaine@gmail.com](mailto:gerryfontaine@gmail.com)**



**I SAY IT OUT LOUD!  
I'M A LION  
AND PROUD!**

# Unite for Diabetes – Act Today for Change Tomorrow

Lions, join us on **Saturday, NOVEMBER 14th** to “**Unite for Diabetes – Act Today for Change Tomorrow**”, and participate in the **International Diabetes Federation’s World Diabetes Day!**

The **MN Lions Diabetes Foundation, Inc.** is partnering with four other statewide partners including: the American Diabetes Association, Novo Nordisk, Stratis Health and Walmart to sponsor a **Diabetes Awareness Day** in eight cities across Minnesota to participate in this important worldwide event!

Our goal is to create awareness for pre-diabetes, provide diabetes education, blood glucose screenings and to promote available area resources for consumers. **Lions Club members in the Zone associated with the host city locations of Bemidji, Brooklyn Center, Dilworth, Duluth, Mankato, Marshall, Rochester and St. Cloud are being asked to help promote Lionism as greeters and volunteers for this Year One MLDF event.**

Walmart stores will host our event where consumers will receive a passport to visit five kiosks with fun interactive demonstrations and educational activities to earn a great nylon back pack gift filled with a water bottle, pedometer, jump rope and stress ball!

Each club in MN is being asked to send a representative to the nearest event location and get ideas for next year when Zones in each MN Lions’ District will be encouraged to sponsor a Diabetes Awareness Day. Our Year Three goal is to have every club in MN host a Diabetes Awareness Day in your community to celebrate the 100th Anniversary of Lions with this great community service project!

Please mark your calendars and plan to join in the FUN! 1 in 4 of us is at risk for being diagnosed with diabetes. Learn how you can prevent it from being you or someone you love...we CARE!

*A lion's heart is as strong as it's strength....*



**Volunteers are not paid,  
not because they are  
worthless but because  
they are priceless.**

## HAPPY ANNIVERSARY TO THE FOLLOWING CLUBS

Crookston Noon Day Lions	77 years	9/14/1938
Beausejour Lions	67 years	9/28/1948
Karlstad Lions	64 years	9/28/1951
East Kildonan Lions	62 years	9/10/1953
Red Lake Falls Lions	40 years	9/22/1975
West St. Paul Lions	5 years	9/2/2010
Winnipeg Asia Lions	5 years	9/2/2010