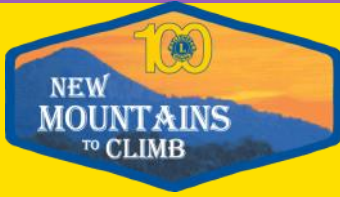




District 5M11 Newsletter

Spring 2017



BOILER ROOM



20th Annual Wannaska Lions Fishing Derby



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The 20th Annual Wannaska Lions Fishing Derby was held on February 18th at Hayes Lake State Park. The weather was awesome. Attendance was impressive. The fish were biting. Raffle items were drawn for. Overall a very success full day with over 80 fish being caught including 3 Norther's' weighing over 10 pounds each. Over 280 people came out for the derby. This included more than 50 children. The youngest person there was 3 months old and the oldest over 80. The Wannaska Lions are most thankful for the community support of this event which is their major fundraiser each year. This derby was the brainchild of Lion Rod Wulff. Hats off to you, Lion Rod, for your idea and for the countless hours you have spent to make this event so successful.





Lake Bronson Lions 32nd Annual Fishing Derby

Lake Bronson Lions Club 32nd Annual Fishing Derby was held on February 12, 2017 in Lake Bronson State Park. It was a beautiful winter day with 270 people taking part in the derby and another 30 or so spectators enjoying the event.

Some of our club member got up at 4:00 am in order to prepare for the event. Our club secretary spent many hours before and during the event carrying out many jobs and activities. Club members had worked on preparations for several months off and on. Thanks goes out to all our club members for their fine effort. The prize and award ceremony held at 3:00 pm filled our large meeting room with eager faces of young and older fisher persons.





DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

"Catch the Dream" Life Without Diabetes!

www.mnlionsdiabetes.org | www.facebook.com/MinnesotaLionsDiabetesFoundation

2017 Spring



Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

"Faces of Diabetes" Video -- New



The MN Lions Diabetes Foundation needed a way to tell the story about how lives are impacted by diabetes. Pictures aren't enough so we decided we needed a video to tell the story. We felt we needed to have faces of people with diabetes to better tell this story. We didn't have far to look! Two of our Trustees have immediate family members that have diabetes. They volunteered to be the "faces of diabetes" for us. Working with a team at the U of M they put together the video for us. It tells the story of two families and how their lives are impacted by diabetes.

After viewing the video, at <http://www.mnlionsdiabetes.org/>, I hope you want to help us find a cure. Have your club sponsor a project with healthy activities, educate others on healthy living, or raise funds to find a cure. We need your help to get rid of this awful disease.



"Lions of the North for the Next 100". The MD5M Convention will be held in Bemidji on April 21, 22, 23, 2017.

You can join in a very short walk to support diabetes research and education. How short is it? Come check it out, for a contribution of \$20.00 you will also get a T-shirt. Registration form is at <http://www.lionsmd5m.org/>

2016 World Diabetes Day Events Held

In November -All across Minnesota - in Fridley, Brooklyn Center, Roseville, Duluth and Rochester inside Walmart Stores, and in Worthington and Windom at Hy-Vee Stores, and in Jackson at Sunshine Foods - MN Lion's Diabetes Foundation trustees hosted World Diabetes Day events to help identify those at risk for type 2 diabetes and provide information on ways to lower the risk through lifestyle change.

World Diabetes Day was created in 1991 by the International Diabetes Federation (IDF) and World Health Organizations in response to the increasing health threat posed by diabetes. **Diabetes is a growing epidemic. One in four people will be diagnosed with diabetes in their lifetime.**

Over 1,000 people across the state participated at our community events!

MLDF partnered with these organizations on this event: The U of MN Extension Supplemental Nutrition Assistance Program Education (SNAP-Ed), Local YMCAs, and Health Care organizations that provided Certified Diabetes Educators.

Huge Thanks to all of our partners and to Walmart for providing us the space and staff along with the water bottles filled with snacks for all who participated, and gift certificates for drawings at each location.

This tremendous effort succeeded in creating awareness as to the increasing numbers of people who are at risk for type 2 diabetes, identifying those at risk and providing resources to help individuals make potentially lifesaving changes to their lives.

Next year we want to increase the number of locations throughout the state. We need your Club to help with this effort. Please contact a Foundation member to join with us as we **"Catch the Dream" ...LIFE WITHOUT DIABETES!**

LCI Forward

"LCI will announce diabetes as a new global service focus at the 2017 Centennial Convention in Chicago. - Lions will work to prevent and control this global epidemic and assist those afflicted by the disease." LION Magazine Dec/Jan 2017 Edition

MLDF Diabetes Research Update

All are welcome to join us at the U of M on April 8, 2017. You will be able to interact directly with the doctors that are working on a cure for diabetes. MN Lions support research being done at the U of M so - come to understand how far we have come and how far we have yet to go to stop this epidemic.

--- At U of M McNamara Alumni Center---

200 Oak Street SE, Minneapolis, MN

11:00 Registration, 11:30 Free Lunch and Program, 1:00 Reception.

Doctors and Researcher will speak on these topics:

- . The role of calcium in insulin that could lead to a new drug for treating type 2 diabetes
- . How blocking the body's immune pathway could stop the immune attack on islet cells
- . Advances in viewing transplanted cells
- . Discoveries in pig islet research

This event is all free and includes lunch. To get registered go to our web site.

Driving and parking directions will be sent to you.

DC Calendar -- 2017 Centennial Edition

2018 Calendar Spots Available Order Now

Thanks again to all those who purchased a spot on our first calendar! Your Trustees are selling extra copies for \$10.00 while they last. NOW AVAILABLE -See the 2018 Order Form on our Web Site - It's not too early to purchase your spot to recognize a special event or a special person. Act fast if you want one of the 12 month picture pages!

Multiple Districts (5M5, 5M6, 5M7) --- Governors Cup Golf Tournament

June 13th 10 AM at Whispering Pines in Annandale

4 Person 18 Hole Scramble includes meal, contest & prizes. To register (by May 14th)

mark@whisperingpinesgolf.com or call 612.385.7181

Proceeds to Lions Diabetes, Hearing, and Vision Foundations.

Parade of Green THANK YOU

Huge Thanks to all clubs and members who have made donations to the MLDF through the Parade of Green. With your support a cure will be found.

Mark Your Calendars ----

U of M Diabetes Research Update - April 8th, 2017

Zero K Walk at MD5M Convention in Bemidji -4-21-17

Is your club planning a Diabetes Awareness Event? -Do you need ideas, or help advertising, or a speaker? We can help - Contact your district Trustees.



President's Message

Dear District Governor,

It's been 100 years in the making, and now our Centennial year is finally here. Lions have already served over 130 million people during the Centennial Service Challenge, invited new Lions to join us in service, and completed over 10,000 Legacy Projects in communities around the globe. And we're just getting started.

It's a great honor and responsibility to lead Lions into our Centennial year. The hard work and dedication of our leaders makes our clubs and our association stronger. That's why I'm asking you to rededicate yourselves to making this year a tremendous success to honor the legacy of Melvin Jones, the work of your districts and the service of the Lions who came before us.

Please work with your clubs to continue to see how many more people we can serve, how many friends and neighbors we can invite, and how many communities we can impact. Together we can reach new heights as an association, and position ourselves to achieve our LCI Forward goal of serving 200 million people per year by 2021.

District governors like you are essential to the success of Lions Clubs. Thank you for your commitment to service and achieving our Centennial goals!



Very truly yours,
Chancellor Bob Corlew
Your International President

Zone 6 Meeting

At the District 5M-11 Zone 6 Spring Meeting held at the American Legion Club in Argyle, MN and hosted by the Argyle Lions Club, the Zone Chairman Lion Gladwin Lynne had an outstanding program lined up with many speakers from District 5M-11. The three featured speakers were Lion Connie Hagen with the Minnesota Lions Diabetes Foundation, PDG Doug Wiens with the Global Membership Team on "Having Fun in Lionism", PDG Jim Aasness on pin trading and his work as a trustee for the Minnesota Lions Hearing Foundation, PDG Joanne Swanson with the Global Leadership Team, PDG Wayne Swanson on the Campaign for PID Brian Sheehan, Lion John Vik on his work with Lions Clubs International Foundation and the Leader Dogs for the Blind program, District Governor-Elect John Wollenzien on matters of the District and his upcoming year as District Governor. We enjoyed an outstanding meal at the American Legion which also included a "Banana-Split Dessert" to round out the night.....it doesn't get any better than that !!!



Zone 4 Meeting

The District 5M-11 Zone 4 Spring Meeting was hosted by the Fertile Lions Club at Erickson's Smokehouse with Zone 4 Chair Lion Roger conducting the meeting on March 23. The main program for the evening was a presentation by PDG Jim Aasness on the work of the MN Lions Hearing Foundation followed with cabinet member reports by: PDG Jeannine Windels on the MN Lions Vision Foundation, PDG Joanne Swanson on the Global Leadership Team, PDG Wayne Swanson on Campaign for Brian Sheehan, Lion John Vik on Lions Clubs International Foundation and the Leader Dogs for the Blind program. These reports were followed by a report on the district by Vice District Governor John Wollenzien which included a presentation of a "Heart of a Lion Award" to Lion John Vik. This is a new recognition that just started this year in our district, recognizing individuals who are active in functions of the district. We also heard about activities of the clubs in attendance with their president's reports.



Speakers at the Lions Zone Four spring meeting were, from left, Ken Gray, Jeannine Windels and Wayne Swanson, all of Crookston; Jim Aasness of Dilworth; John Wollenzien of Thief River Falls; Joanne Swanson, Msgnr. Roger Grundhaus and John Vik, all of Crookston, MN. About 40 people attended the meeting March 23 at Erickson's Smokehouse in Fertile, MN. Zone Four includes Lions clubs in Fertile, Crookston and Red Lake Falls, Leo Club at the Crookston High School and the collegiate club at the University of Minnesota Crookston.



Zone 3 Meeting

The highlight of the evening at the Lions 5M11 Zone 3 Meeting was the presentation of the "Inspiration Award" to Lion Secretary / Treasurer Brook Burggraf of the Fosston-Lengby Lions Club by Zone 3 Chairman Kevin Reich. Lion Brook and her husband, David Burggraf, the President of the Club have both been an inspiration to our district on what can be done by Lions serving a community in so many ways. Included in the evening was a presentation by Lion Ken Bauer on Leader Dogs for the Blind, Global Membership Team by PDG Doug Wiens and Les Swift, Global Leadership Team by PDG Joanne Swanson, MN Lions Vision Foundation by PDG Jeannine Windels, Campaign Building for PID Brian Sheehan by PDG Wayne Swanson, plus a presentation on LCIF by Lion John Vik. Our agenda for the evening which included a great meal of prime rib or chicken at the Ruffed Grouse Roadhouse in Lengby hosted by the Fosston-Lengby Lions on February 28th. Following that were reports by the Club Presidents on club activities and door prizes were presented by answering trivia questions.



The "Inspiration Award" presented to Lion Secretary / Treasurer Brook Burggraf by Zone 3 Chairman Lion Kevin.

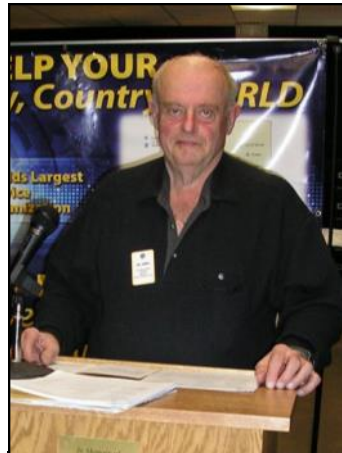


Zone 2 Meeting

At the District 5M-11 Zone 2 Meeting hosted by the Gary Lions Club on March 20th, an award from the Minnesota Lions Diabetes Foundation called the "Dream Catcher Fellowship Award" was presented to Lions LeAnn and Randy Moen of the Gary Lions Club for their dedication to the work of the Diabetes Foundation. The Award was presented by Lion Kim Peters, who serves as a Trustee for the Foundation and District Governor Mike Janssen. Also in attendance and giving presentations were Vice District Governor John Wollenzien and 2nd Vice District Governor Bill Myskiw, Lion Russell McDougall with the MN Lions Vision Foundation, PDG Jim Aasness with the MN Lions Hearing Foundation, PDG Joanne Swanson with the Global Leadership Team and the Campaign for PID Brian Sheehan, Lion Jenifer Spielman with Project New Hope, and Lion John Vik with Lions Clubs International Foundation and the Leader Dogs for the Blind program. The Zone Meeting was run by Zone 2 Chair Mark Spielman and an excellent dinner of Roast Beef and all the trimmings was served to the 60-70 people in attendance. Zone 2 Lions are a very active group of clubs that exemplify "We Serve".



Randy and LeAnn Moen from the Gary Lions Club receiving a "Dream Catcher Fellowship Award" from Lion Kim Peters, trustee for the Minnesota Lions Diabetes Foundation and District 5M-11 District Governor Mike Janssen



Zone 1 Meeting

Zone 1 held its spring meeting on February 20th at the Sabin Community Center with Sabin hosting. Nine out of the 10 clubs were present. The speaker was Lion Jenifer Spielman with Project New Hope. Zone chairmen Lion Brian Norberg updated the members on several things in the district. Guests in attendance that spoke included PDG Jim Aasness (hearing, pin trading, Brian Sheehan campaign), Lion Ken Bauer (Leader Dog), Lion Stacy Kleinwachter (Newsletter), Lion Deanne Williams (cabinet secretary and 2nd VDG elect) and Zone 2 chairmen Mark Spielman.



At the Sabin Lions Club visit, DG Mike Janssen installed Steve Dorsey and Jesse Belschner as new officers



Warren Lions Club



Guest Speaker Heidi Hughes of the Agassiz Audubon Society tells the Warren Lions Club about new and innovative things happening at the Agassiz Audubon. Warren Lions members seated are (L-R) Secretary Jim Duckstad, President Rick Schmiedeberg and Treasurer Allyn Roley.



Guest Speaker Heidi Hughes of the Agassiz Audubon Society tells the Warren Lions Club at their January meeting at the Uptown Café about the interesting changes and developments taking place at the Agassiz Audubon Society southeast of Warren. Warren Lions members seated are (L-R) Freddie Martinez, Wade Johnson, Nate Wozniak, John Bowman and Mick Riopelle.



Warren Lions Club President Rick Schmiedeberg (left) is shown presenting a \$500.00 donation check to Marshall County Sheriff Jason Boman for the Sheriff Office's new K-9 Program. About one-half of the amount donated was from funds raised from the Lions Turkey Bingo Fundraiser held last November.



Warren Lions Club President Rick Schmiedeberg (on left) is shown presenting Warren Lions Club Member Darrell Rindy the Past President Plaque. Darrell was President of the Warren Lions Club from 2014-2016.





Fosston-Lengby Lions Clubs



The Fosston-Lengby accepted the hunger week challenge on January 12th and joined forces with our local "Backpack Program" at the elementary school. This program has identified 50 children that they believe go hungry on nights and weekends when they are not eating at school. They discreetly place into these children's backpacks a bag filled with snacks for them to eat when they are hungry. The Lions added a \$6 gift card to the Dairy Queen for them to get a special treat. Pictured is Lion Dean Anderson with backpack program representatives.



The Fosston-Lengby Lions are excited to participate in the upcoming "Giving Hearts Day" fundraiser of the First Care Foundation on Thursday February 9th. This year's Giving Hearts Day funds raised will be put towards the installation of exercise equipment along the Fosston Inspiration Trail (FIT). The Fosston-Lengby Lions will be donating \$5,000 to this cause, and tagging it as their "Centennial Legacy Project" of 2017. This year Lions International are celebrating their Centennial Year, and challenging all clubs to work on a project that will make a lasting impact on the community and be around for years to come. When the Lions heard about the First Care Foundations project, they knew it would be the perfect project for them to team up with. Pictured are Fosston-Lengby Lions President David Burggraf presenting the check to First Care Foundation Chairman Mark Finstad.



The Fosston-Lengby Lions would like to congratulate Lion Dean Anderson & Lion Kyle Vig who were recently presented Melvin Jones Awards. Awards were presented at our annual Christmas Party. Lion Dean is a second generation Lion, his dad Norman is a charter member of our club. Lion Dean has been a member for 19 years and served as President, as well as a three year term as treasurer and currently serves on the board. Lion Kyle has been a member for 14 years and has served a two year term as President as well as Secretary, and is currently serving on the board.



Riverside and Whitemouth & District Lions Clubs



The Lions Club of Riverside donating coats to Renee Delorme School and to the Ma'di Lions Club for the Sudanese Refugee children.



Winnipeg West Lions Club



Winnipeg West Lions Club had District Governor Mike Janssen, above, and Newsletter Editor Stacy Kleinwachter, right, visit their club in October.

What a fabulous visit!

Every year the Whitemouth & District Lions Club compiles a list of community events and posts them onto a calendar which is then distributed to all the residents and businesses in the area. The Lions calendar is supported by local businesses purchasing ads. Attached are a couple of photos of our members preparing the calendars for mailing.





Fertile and Crookston Lions Clubs



Every Friday, Fertile, MN., Lions Club members help distribute weekend lunches at the Fertile-Beltrami School. The packs contain enough food for a weekend for children who might otherwise go hungry. To assure confidentiality, the packs are placed in children's lockers. Larry Ricard, left, and Lions Club President Paul Borslien.



PDG Jeannine Windels and DG Mike Janssen at the Crookston Club visit in February.



At the Crookston Lions Club February meeting, we were honored to have a visit by our 5M11 District Governor Mike Janssen who shared with us his perspective on New Mountains To Climb and inducted 4 new members into our Crookston Lions Club and presented membership chevrons to many of our members for their many years of service to our club.



Crookston Lions club new members: Derek Martin, Garret Kollin, DG Mike Janssen and Carrie Michalski.





Moorhead Midday Central Lions Club



SSGT Dave Morse, ARNG, Training NCO for the HQ 2-136 Moorhead Army National Guard was at the Moorhead Midday Central Lions November meeting. He discussed the American Heroes Outdoors program he coordinates. This gives the Veteran who has a disability an opportunity to hunt and fish at no cost.



Tom Colville, DVM, is the attending Veterinarian at the Red River Zoo in Fargo showed slides of the animals he cares for at the Moorhead Midday Central Lions December meeting



Moorhead Midday Central Lion Mike Benson is at the Emergency Food Pantry for the Fargo-Moorhead area getting a cart to start filling orders for the families. Their Lions Club volunteers the second week of December each year with four Lions per day.



The Moorhead Midday Central Lions' Annual Christmas event dinner at the Knutson Center at Concordia College in Moorhead December 15th. The Moorhead High Apollo Strings performed for all to enjoy.



Mike Wheeler, a member of the Clay County Sheriffs volunteer posse, highlighted the many events that they support in the community at the Moorhead Midday Central January meeting.



Can Do Canines



On March 8, 2017 the District Governors Elect from Lions Multiple 5M attended training at Can Do Canines New Hope, MN facility. The group toured the facility, heard presentations from staff, met graduates and their dogs, and saw assistance dog demonstrations during the three hour visit. Lions clubs of 5M provided \$152,000 in support for Can Do Canines during calendar year 2016, enough to sponsor six new assistance dog teams! Lions ROAR!



**1st VDGE
Bill Myskiw**

Lion Bill, 1st vice district governor elect attended the February 3-5th Mid-winter Convention at Mahnomon, MN. A great time had by all. Congratulations to the Flom & Area Lions and the Ulen Lions on a well-organized and wonderful cooperation.

I have attended the induction of a new member to the West St. Paul Lions Club held on Feb 9th which was hosted at the East Kildonan Lions Club. Attended the Winnipeg South Lions meeting of the "Northern

Centennial Challenge" for the 5M11 district at 65 Paget St. Wpg. MB. Held from 10 to 1:00 p.m. on Feb 18th.

West St. Paul Lions Club hosting a Family Fun Day for the community on Feb 20th, 2017.

Look forward to hearing from your clubs for future events. Take Care. **Lion Bill, 1st Vice District Governor Elect**



Benefit for local community member fighting cancer. Twin Valley Lions and Flom Liserved pancakes while Hawley Cub Scouts cleaned table and helped where needed and local conservation club worked the silent auction. We had great help and great community support. Served 500 to 600 people.



Fosston-Lengby and Ste. Anne Lions Clubs



Did you know that March marks the Fosston-Lengby Lions 40th Anniversary? Pictured are our two charter members, PDG Lion Bill Malwitz & Lion Norman Anderson receiving their 40 year membership pin. Thank you Bill & Norman for your 40 years of dedication to our club and community!



Great meeting with the Ste. Anne Lions on March 28. We did an honorary induction of this lovely lady, Katrina McPherson, at the meeting. When she turns 18 next year I will be proud to be at her full induction. She is an amazing gal and brings with her a lot of great new ideas.



The Fosston-Lengby Lions would like to congratulate our 6 members who received the "Heart of the Lion" award this year. Congratulations to PDG Lion Bill, Lion Kyle Vig, Lions Dean & Betsy Anderson, and Lions Brook & David Burggraf. To be eligible for this award, recipients were required to have completed 7 out of 10 criteria items such as; training, event chairing, sponsorship, etc. Congratulations Lions, and keep up the great work!



Winnipeg South Lions Club new member induction



New Lion Members to 5M11

5M11 is so excited to add so many new Lions to help us “SERVE” our communities. Thank you for taking the time out of your busy schedule to be a part of this hard working service organization. We look forward to working with you, side by side and strive to make a difference in a community or world-wide project to help “a person in need”. THE FOLLOWING LIST IS AS FROM LIONS CLUB INTERNATIONAL. So if your new members are not on this list yet, it is due to when we get the confirmation from International.

Garret Kollin – Crookston Lions Club

Joe Kresl – Crookston Lions Club

Derek Martin – Crookston Lions Club

Nick Danielson – Dilworth Lions Club

Brandon Fletschock – Dilworth Lions Club

Shirley Wagner – Greenbush-Badger Lions Club

George Harris – Halstad Lions Club

Vickie Harris – Halstad Lions Club

Roger Langerud – Hitterdal Lions Club

Gary Mattson – Olso Lions Club

Mary Alexin – Pinawa Lions Club

J Horton – Pinawa Lions Club

Todd Grow – Sabin Lions Club

Cathy Hardman – Riverside Lions Club

Ivan Hardman – Riverside Lions Club

Denis Labossiere – Riverside Lions Club

Elizabeth Oberholtzer – Riverside Lions Club

Timo Gerzen – Steinbach Lions Club

Debbie Jones – West St. Paul Lions Club

Nadine Neufeld – West St. Paul Lions Club

Deborah Safiniuk – West St. Paul Lions Club



*Clubs, as you add new members, please e-mail Lion Stacy, Newsletter Editor, as well as DG Mike to be included in the next newsletter.
(E-mail is skleinwachter@yahoo.com or specialk.stacy@gmail.com)*



West St. Paul Lions Club newest member Nadine Neufeld, center, with sponsor President Pat Wight and DG Mike Janssen. The induction was at the February DG visit.



West St. Paul Lions Club welcomes new member Debbie Safiniuk, center, with Mike Safiniuk and Glenn Rossong.

Can Do Canines

Thanks to the support of Lions Clubs across 5M, Can Do Canines continues to train specially trained for people with disabilities and provide them to those in need, free of charge.

One recipient of a Can Do Canines assistance dog is James Pick. James now has a greater sense of freedom, independence and peace of mind since thanks to Mobility Assist Dog Oakley. Read their story below.



JAMES PICK & MOBILITY ASSIST DOG OAKLEY

Brainerd, Minn. resident James Pick has a new roommate: Mobility Assist Dog Oakley. James is living with multiple sclerosis (MS), a chronic disease which attacks the central nervous system. "Because of my MS I have problems with balance and I fatigue easily," says James. Without family close by James and his loved ones were living with a lot of worries; with Oakley around James has an assistant to help him with tasks as well as providing greater peace of mind for both himself and his family.

Mobility Assistance Dog Oakley is a gorgeous three-and-a-half-year-old black Labrador. James notes that she is very polite, well-behaved, and a great worker. Oakley was trained by Can Do Canines staff. She retrieves dropped items for James such as his cane or cell phone, helps tug off clothing, opens and closes doors, and braces to help James up if he falls. Having Oakley as his Mobility Assist Dog fills James' life beyond the daily help with tasks, "Oakley is my best friend."

"Retrieving items for me and taking my socks off at night are some of the most significant things she does for me every day."

Oakley has changed James' life immensely. "I feel like I'm not alone in this anymore. I have someone who loves and cares for me. I didn't realize how much it would help my psyche," says James. Oakley and James are a successful team because he made Oakley's training a top priority. He took the training so seriously that he put playing his guitar (his most favorite activity) on the backburner in-order to be fully present. James feels proud and a sense of accomplishment for the energy and commitment he's devoted to training Oakley.

To the supporters who made James and Oakley a success, James says, "All I can say is thank you! You're going to make me cry, but thank you for all you do!"

Thank you to the Ramsey Lions Club for being the first-ever Lions Club to fully sponsor an assistance dog team for \$25,000!

The Ramsey Lions Club's decision to sponsor a team brought our mission home to their club in a special manner. Jack's father brought Stitch to a Ramsey Lions Club meeting to personally thank them for their incredible support. The Lions club members were also invited to Jack and Stitches' graduation and received a memory book of how Stitch was trained since puppyhood to help Jack and his family have a better life. The club members loved hearing how someone in their own community benefited so much from their generous gift.





LIONS VISION SCREENING

WHY is vision screening important?

The first few years of a child's life are critical in the development of good vision. Children should have their vision checked for issues such as misaligned eyes, and problems that need correction with eyeglasses. These problems are not always evident by simply looking at a child. Young children often compensate for vision problems so well that parents, teachers, and pediatricians are unaware of a problem. Many common vision robbing conditions such as “lazy eye” can be effectively treated if detected in a child’s formative years. Age group from 6 months to 6 years is the prime age group to be tested.

KidSight, a Lions Club community service program provides a simple, non-invasive and cost-free vision screening test performed on young children. It requires no medication or preparation and is PAINLESS. It **does** require parental permission.

KidSight screens for the following:

Hyperopia – “Far-sightedness” is the difficulty seeing objects that are near. Untreated this can contribute to “crossing of the eyes” but can be corrected with glasses.

Myopia – “Near-sightedness” is when the eyes focus incorrectly, making distant objects appear blurred. It can be treated with glasses.

Astigmatism- A condition in which the cornea has an abnormal curve causing out-of-focus vision.

Anisometropia – This condition can adversely affect the development of binocular vision in infants and children. The brain will often suppress the vision of the blurrier eye in a condition called Amblyopia or “lazy eye.”

Strabismus – Eyes are not directed to an object simultaneously. Sometimes the eyes deviate outward and sometimes inward.

Lions Vision Screening is made possible by a Lions Club International Foundation Grant and Contributions from Minnesota Lions Vision Foundations and all local Clubs that support the Minnesota Lions Vision Foundation.



MULTI DISTRICT LIONS, LIONESS & LEOS GOLF TOURNAMENT



GOVERNOR'S CUP

4-Person Scramble Golf Tournament

TUESDAY JUNE 13, 10 A.M. SHOTGUN

18 Holes - 4 Person Scramble

Full Meal After Event • Contest & Prizes!

Winning Lions Club receives bragging rights for one year and a "1st Place Lions, Lioness & Leos Golf Tournament Champions" traveling trophy!



NOW SERVING
strong beer & mixed drinks

**WHISPERING
PINES
GOLF COURSE**

County Road 6, Annandale



2015 Champs! Cokato Lions Club



**Who will be
King
of the
Course?**

Proceeds donated to Hearing Foundation, Vision Foundation and Diabetes Foundation Inc.

DEADLINE TO SIGN-UP MAY 14



To support this great cause and have
your name or logo listed HERE, please
contact Mark at [mark@whispering-
pinesgolf.com](mailto:mark@whispering-pinesgolf.com)
or call **612-385-7181**



**Minnesota Lions
Vision Foundation**

Supporters of the Multi District Lions Golf Tournament District Governor of 5m7DG Steve and Lion Kathy,
5m5 Rob Hed and Lion Rhonna, 5m6 Pat Findley, Board of Trustees of the Hearing Foundation,
the Board of Directors of the Vision Foundation and Diabetes Foundation.

Support this great cause... HEAR US ROAR!



LIONS, LIONESS & LEOS TOURNAMENT TUES, JUNE 13

Registration Form (Registration deadline May 14)



Name _____

Email _____

Phone # _____

Total Amount Due \$ _____ Make check out to: Whispering Pines LLC

Amount to Charge: Visa \$ _____ Mastercard \$ _____

Name on card _____

Card # / / /

Expiration: Month _____ Year _____ CSV # _____

Signature: _____

Entry Fee* \$100 per person, \$25 for meal only.

Golfer _____

Golfer _____

Golfer _____

Golfer _____

Please complete registration form, enclose check (no cash),
if not using cc, and drop off at WHISPERING PINES GOLF COURSE.
*Entry fee includes Golf, Cart, Green Fees, Dinner & Prizes.

For More information, please e-mail or call
mark@whisperingpinesgolf.com
612-385-7181





Lion Brian E Sheehan for 3rd Vice President of Lions Clubs International

All Lions Golf Outing Fund Raiser for PID Brian's Campaign

All proceeds to PID Brian Sheehan's Campaign Fund

When: July 21, 2017 ● 9 a.m. registration – 10 a.m. shotgun start

Where: Kimball Golf Course ● 11823 Co Rd 150, Kimball MN 55353

Who: Participants are Lions & Spouses of Lions only

- ✚ 4 - person teams – limited to 36 teams
- ✚ Individuals golfers are welcome at \$60.00 ea.

Cost: \$ 240.00 per team

- ✚ Entry fee may be paid on day of event, but must preregister

Contact: PDG Duane Finger for preregistration at fingerelec@meltel.net

or cell phone: 320-980-6219

- ✚ Make checks payable to Watkins Lions Club
- ✚ Registration includes - Mulligans, Skins, Special events & Lunch

Sponsorship: Clubs or Individuals may sponsor a hole for \$50.00 ea.

(Sponsorship for hole needs to be sent to PDG Duane by June 26, 2017 at
11764 120th St, Kimball, MN 55353)

Non-Golfers: Welcome to join in the fun for \$10.00 ea. Includes Lunch & hayride

Registration Form for PID Brian's Campaign for 3rd Vice President of
Lion's Club International Golf Tournament
July 21, 2017 - Kimball Golf Course

Team Name: _____

Team Members

Lions Club

Paid

- | | | |
|----------|--------------------------|-------|
| 1) _____ | <input type="checkbox"/> | _____ |
| 2) _____ | <input type="checkbox"/> | _____ |
| 3) _____ | <input type="checkbox"/> | _____ |
| 4) _____ | <input type="checkbox"/> | _____ |

☐ Yes, I will be a hole sponsor for \$50.00

Name / Club _____


Contact: PDG Duane Finger for preregistration at fingerelec@meltel.net

or cell phone: 320-980-6219 or send to:

PDG Duane Finger

11764 120th St.

Kimball, MN. 55353

 Make checks payable to Watkins Lions Club

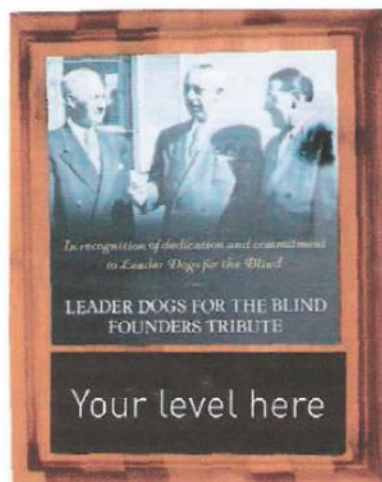


Celebrate Lions' 100 Years of Service

with something special—

LIMITED EDITION Centennial Founders Tribute Plaque

Leader Dogs for the Blind is celebrating Lions' 100 years of service with a special edition Centennial Founders Tribute Plaque. This is a unique opportunity to recognize your club and/or a club member with this **limited time offer**. Please consider making a donation of \$500 (bronze), \$1,000 (silver) or \$2,500 (gold). Mail the form below to Leader Dog for your Centennial Founders Tribute Plaque. This **offer ends June 30, 2018**, so let's start celebrating!



Founders Tribute allows Lions clubs to honor a club and/or an individual club member for his or her consummate service, dedication and commitment to Lionism and Leader Dogs for the Blind. Available in three levels, the award recipient is given

a custom engraved Leader Dog Founders Tribute Plaque, as well as a commemorative Founders Tribute pin and patch (note: plaques, pins and patches are uniquely designed for each level and are not cumulative for silver or gold levels).



Note: The plate at the bottom will be engraved in either bronze, silver or gold

PLEASE CHECK ONE LEVEL (Make checks payable to Leader Dogs for the Blind)

☐ \$500 BRONZE ☐ \$1,000 SILVER ☐ \$2,500 GOLD

INSCRIPTION—PLEASE PRINT CLEARLY (40 characters maximum per line)

LINE 1 _____

LINE 2 _____

LINE 3 _____

Where you would like your plaque mailed?

Name _____ Phone number (____) _____

Address _____



Leader Dogs for the Blind
1039 S. Rochester Rd • Rochester Hills, MI 48307
Phone 888/777.5332 • Fax 248/651.8512



Improving Oral Health Knowledge

Improve the oral health of your child.

Ask your child's dentist, doctor, nurse practitioner, or public health nurse to tell you about:

- 1) Early signs of tooth decay (the white spot).
 - 2) Fluoride – what it is and how it prevents cavities.
 - 3) The importance of fluoridated tap water and how to learn if your tap water has fluoride.
 - 4) The value of fluoride varnish.
 - 5) The value of dental sealants -what they are and how to get them.
- Sealants are different from but just as important as fluoride varnish.
- 6) The importance of brushing twice daily with a smear of fluoridated toothpaste.
 - 7) Why baby teeth are important even though they fall out.



Learn how you can help your child avoid cavities by visiting the Minnesota Oral Health

Project website minnesotaoralhealthproject.com and liking us on Facebook.

Cavities can be Prevented.



Supported by
MD5M Lions



Cabinet Directory

District Governor Mike Janssen (Tammy)

R. 204.669.0473
C. 204.479.1873
mjanssen@shaw.ca

1st Vice District Governor**John Wollenzien (Dee)**

R. 218.681.2117
C. 218.686.3316
deeandjohnwollenzien@mncable.net

2nd Vice District Governor and Lions**Foundation of Canada Dogs Guides,
Bill Myskiw (Evelyn)**

R. 204.339.1242
wjmyskiw@shaw.ca

Cabinet Secretary,**Deanne Williams (Dave)**

R. 218.790.3715
5m11cabsec@gmail.com or
williams.deanne77@gmail.com

Cabinet Treasurer, Nadine Myers (Butch)

R. 218.567.8305
nmyers2@arvig.net

**District Administrator & Project New
Hope, Jenifer Spielman (Mark)**

R. 218.567.8281
C. 218.556.5660
5m11Jenifer@gmail.com

**Immediate Past District Governor,
Gerald Fontaine (Eliane Carmel)**

R. 204.433.7955
gerryfontaine@gmail.com

**Club Quality Initiative (CEP) USA and GLT
Leader, PDG Joanne Swanson (Wayne)**

R. 218.281.5922
B. 218.281.4343
F. 218.281.1888
5m11pdgjoanne@gmail.com

GMT Leader, PDG Doug Wiens (Kathryn)

R. 204.434.6042
B. 204.326.9844 or 888.411.9311
doug@prudentialriverbend.ca or
djwiens@mymts.net

**Zone Chair Mentor (Zones 3, 5, 6, 7) and
Centennial Service Challenge US,
Jan Strandlie (Jim)**

R. 218.681.2116
janstrandlie@mncable.net

Zone 1 Chair Brain Norberg (Mary)

R. 218.287.2484
W. 218.299.5151
binlou4@prodigy.net
Clubs: **Barnesville, Barnesville Thursday
Nite, Dilworth, Dilworth Loco Ladies,
Dilworth/Glyndon/Felton Leos, Glyndon,
Glyndon Lioness, Moorhead, Moorhead
Midday Central, Sabin.**

Zone 2 Chair Mark Spielman (Jenifer)

R. 218.567.8281
C. 218.766.6738
markspiel53@gmail.com
Clubs: **Ada, Flom and Area, Gary, Hawley,
Halstad, Hitterdal, Twin Valley, Ulen.**

Zone 3 Chair Kevin Reich

Clubs: **Bagley, Fosston-Lengby, Gonvick,
Winger.**

Zone 4 Chair Roger Grundhaus

R. 218.281.5951
C. 218.686.7259
rgrundhaus@crookston.org
Clubs: **Crookston Noon Day, Crookston
Leos, Fertile, Red Lake Falls, UMC.**

Zone 5 Chair Deb DuChamp (Jim)

R. 218.465.4239
B. 218.465.4215
C. 218.684.1595
d_duke50@hotmail.com
Clubs: **Alvarado, Oslo, Plummer, Plummer
Too, Thief River Falls, TRF Moonlighters
Lioness, TRF Noon Lioness, St. Hilaire,
Warren.**

Zone 6 Chair Gladwin Lynne

R. 218.201.0655
C. 218.745.4457
galynne@mncable.net
Clubs: **Argyle, Hallock, Karlstad, Lake
Bronson, Lancaster, Newfolden, Stephen.**

Zone 7 Chair Colleen Hoffman

R. 218.683.3534
B. 218.681.4047
V. 218.689.0258
choffman@mncable.net
Clubs: **Goodridge, Goodridge Lion
Tamers, Greenbush-Badger, Grygla,
Roseau, Wannaska, Warroad.**

**Zone 8 Chair and Centennial Service
Challenge Canada, Kevin Gamble (Andrea
Kwasnicki)**

R. 204.391.0644
kbgamble@hotmail.com
Clubs: **Grunthal, Riverside, South Junction
and Area Pineland, Steinbach and Area,
Ste. Anne, Winnipeg South, Winnipeg
Transcona, Winnipeg Asia.**

Zone 9 Chair Stephen Logan

R. 204.421.5857
C. 204.599.6293
sma.logan@yahoo.ca
Clubs: **Beausejour, East Kildonan, East St.
Paul, Lac du Bonnet, Pinawa, West St.
Paul, Whitemouth and District.**

Zone 10 Chair Brian Nazarko (Jan)

R. 204-233.2736
jnazarko@mts.net
Clubs: **Selkirk and District, Winnipeg,
Winnipeg Beach/Dunnottar/Lakeside,
Winnipeg Ma'di, Winnipeg West.**

**Technology/Webmaster
PDG Dave Hollyoake (Barb)**

R. 204.642.4650
C. 204.797.5930
dave@hollyoake.ca

**Mid Winter Convention Chairs
Norm "Butch" Myers (Nadine)**

R. 218.567.8305
C. 218.242.5838
nmyers2@arvig.net
John Otto
R. 218.596.8394
ido@arvig.net

Public Relations, Sandy Carlson

C. 701.371.0129
designerinmn@msn.com

Newsletter Editor, Stacy Kleinwachter

C. 612.269.1582
skleinwachter@yahoo.com or
specialk.stacy@gmail.com



We have started a new award this year. It is called the Heart of the Lion Award. To receive this, you must have done 7 of the 10 criteria listed. This application can be filled out by the individual club member or the club can fill it out on behalf of the member. This can be accomplished from the last convention to the current convention. We will be awarding these at the convention or at a meeting after the convention. We would love to see many Lions receiving this award this year at the convention. You may have already done a lot of these things since July. Please get your club members to start filling it out. See you at convention.

Lion Jenifer Spielman
5M11 District Administrator



Heart of a Lion Award Application

This Award is for 5M11 lions that meet the criteria below. A lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be awarded at Mid-Winter Convention or at Governors meetings after Convention. This award can be earned over several years.

A Lion Member must MEET 7 of the 10 CRITERIA listed below to RECEIVE the AWARD!

Name: _____ Club _____
 (Name of Lion Member)

_____ Sponsored a new Lion _____ Club _____
 (Name of new member)

_____ Attended a Zone Meeting _____
 (What Zone and date attended Zone meeting)

_____ Attended 5M11 Convention.

_____ Served as a Club officer or District Cabinet Chairperson. _____
 (last position held)

_____ Be a Chair or Co-Chair of a club or District Project. _____
 (What was the project)

_____ Attended one training event: Officer Training, Leadership Training or other Lions Clubs International sponsored class. _____ Date _____
 (Training Attended and date)

_____ USA/Canada Lions Leadership Forum, International Convention or Multiple Convention.

_____ Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of Lions. _____
 (Promotion idea and date)

_____ Attend 5 or more club events _____

 (Events attended either your club or another club)

_____ Attend a club meeting of another club _____
 (what club)

Original to be completed and turned into the District Governor or District Administrator.

Signature of District Governor or District Administrator. _____ Date _____

Congratulations to the 2016-17 Peace Poster Contest Winner

Lakkana Meepara from Thailand is the 2016-17 International Peace Poster Contest winner! The theme was "A Celebration of Peace."

Thirteen year-old Lakkana, who is in her school's art club and passionate about volunteering for environmental issues, says she "wants everyone to build peace together, because peace is something that makes everyone happy."

Lakkana will receive a cash award of US \$5,000, and will be honored at Lions' upcoming international Convention in Chicago.

2017-18 Peace Poster kits are on sale now. Don't miss your opportunity to engage youth in your community.

Visit lionsclubs.org/peaceposter today to learn more!



The Future of Peace

It's the 30th anniversary of our Peace Poster Contest! To celebrate, we redesigned our Peace Poster kits. Invite young artists in your communities to submit a poster design that expresses our theme, "The Future of Peace." The contest is a great way to connect with your community and encourage youth to express their vision of peace.

Children aged 11–13 are eligible to participate. All you need to do to unlock a child's creativity is purchase a Peace Poster kit from club supplies. Purchase your Peace Poster kit today!



MD5M Centennial PR Contest

Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2018 Multiple Convention. \$500.00 will be awarded to the top winner overall.

Contest will run from January 1, 2017 –December 31, 2017.

Please submit your application to your District Public Relations Chair. If your District does not have a PR Chair, then submit it to your Newsletter Editor.

Mail to:

Lion Sandy Carlson, Public Relations Chair
1109 2nd Ave N
Moorhead MN 5656
designerinmn@msn.com

or Lion Stacy Kleinwachter, Newsletter Editor
3200 22nd St. S. Apt 424
Fargo ND 58104
skleinwachter@yahoo.com or specialk.stacy@gmail.com

Centennial Public Relations Contest

Lions Clubs of MD5M January 1, 2017-December 31, 2017

District _____ Club _____ Date of Event _____

Event _____

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members _____ Number of Members who participated _____

Approximate number in attendance/number affected by this Event: _____

Explanation of Event:

What benefit did this project have to your community?

How did this event publicize Lions and our 100th Anniversary (Anniversary must be publicized)?

**** Attach only 1 picture page**

Contact person for this event: _____

Phone Number: _____ Email: _____

Does your club have a Lions sign in your town? ____ Yes ____ No

Have you refreshed your Lions sign- a new one or a new decal for our 100th? ____ Yes ____ No



Please submit to your District PR Chair before January 1, 2018. Clubs may enter more than once.