



DREAM CATCHER NEWSLETTER

MN Lions Diabetes Foundation, Inc.

"Catch the Dream: Life Without Diabetes!"

www.mnlionsdiabetes.org

----- Fall 2017 Edition -----



BREAKING NEWS

The Foundation is excited to announce a new partnership with Walmart, the American Diabetes Association (ADA) and the Minnesota Lions Clubs called **WALMART WELLNESS DAYS**. This effort will bring an innovative approach to wellness that brings critical health screenings and care to people in our communities by offering: free blood glucose testing, blood pressure and vision testing and immunizations.

Our Lions will help lead this life-changing initiative by greeting shoppers during specific Walmart Wellness Days and encourage them to participate in getting their blood glucose tested to see if they are "at risk" for type 2 diabetes along with other health screenings and immunizations. Those shoppers participating in this health fair will receive a free water bottle – a great incentive to participate!

Exciting news! This effort falls right in line with the newest Global Service Framework from Lions International which now includes Diabetes! It is one of the five service areas Lions are working on with our goal of tripling our humanitarian impact by serving 200 million people per year by 2021. As part of the Global Service Framework challenge, Lions International has set a goal of **increasing diabetes service projects by 5% this Lion's year.**

How your club can get involved and get credit for a diabetes service project: We are asking Lions Clubs to partner with MLDF by recruiting 4 Lions to be greeters at their local Walmart stores on **Saturday, September 23, 2017 from 10a.m. – 2 p.m. during Walmart Wellness Days.** If you have not heard from your MLDF Trustee(s) yet regarding a Walmart in YOUR area, please contact them for further instructions. The "behind the scenes" work is done! All you need to do is put on your Lions vest, show up at your local Walmart at your scheduled time, and start connecting with people!



American
Diabetes
Association®



Minnesota Lions Diabetes Foundation



DG Mark Eyre from 5M10 will be our Liaison this year. Our incoming trustees are Julie Arney, 5M1; Brian Rykhus, 5M2; Donald Kuehl, 5M3; Andy Brostrom, 5M6; Robert Olson, 5M6; Kimberly Stommies, 5M8; and Kevin McNichols, 5M10.



IS YOUR CLUB REMEMBERING TO FEED THE PIG?

Wanda Breimhorst and the Jordaness Lions Club sure are! She presented the MLDF with a check from monies collected by "feeding the pig".

If your club does NOT have a pig to feed, please contact your MLDF Trustee right away to get one!

Dream Catcher Calendar Fund Raiser Underway--

Plans are underway for the 2018 MLDF "Catch the Dream - Life Without Diabetes!" Calendar Fundraiser. It's not too late to reserve your spot on the 2018 Calendar. By purchasing a spot, you will be supporting diabetes research to find a cure. Choose a date to honor someone special, post your club's activities or a special club event, or even purchase your anniversary date! You can pick from 365 days for your spot. There are three different options to choose from!



- **Option 1:** For \$100 (\$90.00 tax deductible) you can choose a person's name, honored Lion, award winner or a family member who is special, or showcase a special event to be recognized in our printed calendar. This name or event will also be posted on the MN Lions Diabetes Foundation, Inc. Web calendar in addition to the printed calendar, and a Dream Catcher Pin will be mailed to the designated person.
- **Option 2:** For \$200 (\$190 tax deductible) you will receive the Option 1 package **PLUS** a 50 word message and picture on the MLDF Facebook page. What a great way to show that special someone you care!
- **Option 3:** For \$500 (\$490 tax deductible) you will receive the MONTH for your advertisement/picture/coupons to be featured on the top half of the printed calendar. A printed calendar and a Dream Catcher Pin will be mailed to you. Your name and message will be seen on this calendar by Lions and people throughout Minnesota!

More details can be found at our website www.mnlionsdiabetes.org or contact your MLDF Trustee. Let's fill the dates on this calendar and make 2018 the BEST YEAR ever! The **DEADLINE IS OCTOBER 15, 2017**. The calendars will be available in December...just in time for gift giving!!



Once a club or individual accumulates \$1000 in donations to the MLDF, they are eligible to receive a Dream Catcher Award.

An application can be found on our MDLF website at mnlionsdiabetes.org or contact your district trustee for more information.

Please remember to apply for these beautiful and important awards!

CLUB PROJECT IDEAS FOR DIABETES AWARENESS AND ACTION:

1. Organize a "Strides: Lions for Diabetes Awareness" event in your community. Need more information on Strides? Find it on the LCI website: www.lionsclubs.org
2. Organize a community support group for parents with diabetes.
3. Volunteer to serve at a children's camp for diabetes (Camp Needlepoint in Hudson, WI and Camp Sioux in Park River, ND).
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Support your nearest diabetes foundation.
6. Distribute current educational resources to increase diabetes awareness at a local health fair or community event.