



DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

“Catch the Dream” Life Without Diabetes!

www.mnlionsdiabetes.org | www.facebook.com/MinnesotaLionsDiabetesFoundation

2017 Spring



Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

“Faces of Diabetes” Video -- New



The MN Lions Diabetes Foundation needed a way to tell the story about how lives are impacted by diabetes. Pictures aren't enough so we decided we needed a video to tell the story. We felt we needed to have faces of people with diabetes to better tell this story. We didn't have far to look! Two of our Trustees have immediate family members that have diabetes. They volunteered to be the “faces of diabetes” for us. Working with a team at the U of M they put together the video for us. It tells the story of two families and how their lives are impacted by diabetes.

After viewing the video, at <http://www.mnlionsdiabetes.org/>, I hope you want to

help us find a cure. Have your club sponsor a project with healthy activities, educate others on healthy living, or raise funds to find a cure. We need your help to get rid of this awful disease.

2016 World Diabetes Day Events Held

In November -All across Minnesota - in Fridley, Brooklyn Center, Roseville, Duluth and Rochester inside Walmart Stores, and in Worthington and Windom at Hy-Vee Stores, and in Jackson at Sunshine Foods - MN Lion's Diabetes Foundation trustees hosted World Diabetes Day events to help identify those at risk for type 2 diabetes and provide information on ways to lower the risk through lifestyle change.

World Diabetes Day was created in 1991 by the International Diabetes Federation (IDF) and World Health Organizations in response to the increasing health threat posed by diabetes. **Diabetes is a growing epidemic.** One in four people will be diagnosed with diabetes in their lifetime.

Over 1,000 people across the state participated at our community events!

MLDF partnered with these organizations on this event: The U of MN Extension Supplemental Nutrition Assistance Program Education (SNAP-Ed), Local YMCAs, and Health Care organizations that provided Certified Diabetes Educators.

Huge Thanks to all of our partners and to Walmart for providing us the space and staff along with the water bottles filled with snacks for all who participated, and gift certificates for drawings at each location.

This tremendous effort succeeded in creating awareness as to the increasing numbers of people who are at risk for type 2 diabetes, identifying those at risk

and providing resources to help individuals make potentially lifesaving changes to their lives.

Next year we want to increase the number of locations throughout the state. We need your Club to help with this effort. Please contact a Foundation member to join with us as we ***“Catch the Dream”...LIFE WITHOUT DIABETES!***

MLDF Diabetes Research Update

All are welcome to join us at the U of M on April 8, 2017. You will be able to interact directly with the doctors that are working on a cure for diabetes. MN Lions support research being done at the U of M so – come to understand how far we have come and how far we have yet to go to stop this epidemic.

--- At U of M McNamara Alumni Center---
200 Oak Street SE, Minneapolis, MN

11:00 Registration, 11:30 Free Lunch and Program, 1:00 Reception.

Doctors and Researcher will speak on these topics:

- . The role of calcium in insulin that could lead to a new drug for treating type 2 diabetes
- . How blocking the body's immune pathway could stop the immune attack on islet cells
- . Advances in viewing transplanted cells
- . Discoveries in pig islet research

This event is all free and includes lunch. To get registered go to our web site.

Driving and parking directions will be sent to you.

DC Calendar – 2017 Centennial Edition

2018 Calendar Spots Available Order Now

Thanks again to all those who purchased a spot on our first calendar! Your Trustees are selling extra copies for \$10.00 while they last. NOW AVAILABLE -See the 2018 Order Form on our Web Site – It's not too early to purchase your spot to recognize a special event or a special person. Act fast if you want one of the 12 month picture pages!

LCI Forward

“LCI will announce diabetes as a new global service focus at the 2017 Centennial Convention in Chicago. – Lions will work to prevent and control this global epidemic and assist those afflicted by the disease.”

LION Magazine Dec/Jan 2017 Edition



“Lions of the North for the Next 100”. The MD5M Convention will be held in Bemidji on April 21, 22, 23, 2017.

You can join in a very short walk to support diabetes research and education. How short is it? Come check it out, for a contribution of \$20.00 you will also get a T-shirt. Registration form is at <http://www.lionsmd5m.org/>

Multiple Districts (5M5, 5M6, 5M7) --- Governors Cup Golf Tournament

June 13th 10 AM at Whispering Pines in Annandale
4 Person 18 Hole Scramble includes meal, contest & prizes. To register (by May 14th) mark@whisperingpinesgolf.com or call 612.385.7181
Proceeds to Lions Diabetes, Hearing, and Vision Foundations.

Parade of Green THANK YOU

Huge Thanks to all clubs and members who have made donations to the MLDF through the Parade of Green. With your support a cure will be found.

Mark Your Calendars ----

U of M Diabetes Research Update – April 8th, 2017
Zero K Walk at MD5M Convention in Bemidji -4-21-17

Is your club planning a Diabetes Awareness Event? –Do you need ideas, or help advertising, or a speaker? We can help – Contact your district Trustees.

Happy Valentine's Day!