April 2021 Edition 12 Volume 9

<u>www.lionsclubs.org</u>

www.e-district.org/sites/5m3/

#### Lions Den

District 5M3

#### District Governor:

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davidjanssen1947@hotmail.com

#### **VDGE:**

Lion Gordon Mulder 1631 175th St Luverne MN 56156 gordonmulder@yahoo.com

#### 1st VDGE:

Lion Bill Martin

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507.935.8017

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# Parade of Green 2021 5M3 Mid-Winter Convention

Organization Name	\$ donated
Camp Confidence	\$593.14
Can Do Canines	\$1,714.00
MN Lions Diabetes Foundation	\$3,200.00
MN Lions Hearing Foundation	\$2,773.00
KidSight Foundation	\$1,866.00
Vision	\$2,290.11
Leader Dog	\$1,838.41
LCIF	\$2,468.00
Project New Hope	\$1,089.00
Quest, Youth Outreach, Peace Poster	\$537.00
Special Olympics	\$837.00
True Friends	\$1,459.00
Youth Exchange/Camp Spicer	\$320.00
D.A.I.	\$335.92
Childhood Cancer	\$1,950.00
Sub total	\$23,270.58
Tail Twisting	
Raffle room	
Total this year	\$23,270.58
Newsletter	\$720.00
TOTAL DONATIONS FOR 2021.	\$23,990.58



an Do Canines





















## 5M3 District Governor ~David Janssen~



Greetings to the Lions of 5M3

Lion's activities are starting to take place again. Meetings are taking place inside and drive-up meals and fundraisers are happening. There is hope again, with a lot of members getting their first shot and some have got their second shot. Looks we are rounding the corner and heading down the home stretch, which is great.

Kid-Sight Screenings are about ready to start up again, Sherburn Lions have a preschool screening secluded for the first week in April. There is some new protocols that need to be followed, and personal protective equipment that has to be worn. There are new liability waivers that have signed.

Vision Foundation chairperson Mike Sullivan put together eyeglasses collection that took place in early March. About 26 boxes of eyeglasses were collected and sorted for those that could be recycled to help people that need them. Congratulations on collecting the glasses in a short time.

We are looking for Lions from your district to attend the 2021 MD5M Regional Lions Leadership Institute! It will take place at the Holiday Inn Detroit Lakes. RLLI is happening on October 21-24 2021. Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not be a 1st Vice District Governor, District Governor, Past District Governor, International Director, or Past International Director. The \$150 fee for the Leadership Institute includes the cost of materials, facility, staff, and four (4) meals. Room costs and additional meals are not included. However, a \$75 rebate from MD5M, through a grant from LCI, will be given to each participant that completes the program. Participants MUST be available to attend ALL sessions beginning on Thursday evening and ending Sunday afternoon. Each district has the opportunity to send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

2021 MD5M Convention All Virtual Convention District 5M2 would like to invite you to the 2021 MD5M convention "Bend in the River III - Join the Jamboree" in Mankato, MN, May 1, 2021. At this time, our committee is planning an all-virtual convention to give all members the opportunity to join us for the weekend. Registration will be free. A more in-depth letter will be emailed to all clubs in MD5M by the end of March.

2021 Lions Clubs International Convention will be a virtual Event June 25 - June 29. Due to the continuing concerns about the coronavirus (Covid-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Club International Convention to a virtual event that will be delivered totally online. The 45th Annual USA/Canada Lions Leadership Forum is September 9 - 11 in Des Moines Iowa. It will offer a unique style as we move forward in our endeavor to create better leaders and educate you on building leadership within your multiple, district and club membership. We will feature over 70 seminars in 2 and 1/2 days that will give insight and guidelines to develop your growth as a leader.in Winning Ways. You will be educated with leadership tips that will personally make you a great leader. And you will be given insight on how to create new members for your clubs in the art of speaking the right language to any age group.

Candidate PDG. Joanne Ogden of EMO, ON won the election to become an ID candidate. The next step to get on the ballot at the International Convention is to get the ENDORSEMENT of MD5M AT THE MULTIPLE CONVEN-TION April 30/May1, 2021. Canadian candidates from MD5M are elected to Constitution Areas II. USA Candidates are elected to Constitutional Area I.

Following positions are open for the upcoming year. It would nice to get them filled as soon as possible

- -Global Service Team Dan Jones (health)
- -MN Lions Diabetes Foundation Dan Jones (health) & John Meyer(moving)
- -Special Olympics Rod Saulsgiver done
- -Dental Initiative Dan Snobl (health & moving)

DG David is looking for Lions Clubs to visit. If your club is interested let me know. Time is running short and the calendar is slowly filling up. PDG Don K. has been on a couple of visits and talked about the NAMI program and how it can help membership and retention for your club. DGE Gordon M. has also came along and visited about LCIF Foundation and what it can do for community,

Looking at service activities reporting that has been really low. The Lion's Clubs have been doing things and they haven't been entered into the LCI website. So let's try to see if can do better. Would like to have the Zone chairs help on this. Also, it would be nice to get zone meetings in before the end of June. There will be an e-mail coming out to remind the Zone Chairs for up upcoming Zone meeting. Service activity reporting needs to be improved.

Have a great time being a Lion and don't be afraid to ask some to be a Lion.

#### BRINGING GROWTH TO LIONS



# District Governor Elect ~Gordon Mulder~

From the desk of DGE Lion Gordon Mulder, a look back—a look forward.

March 4 and 5 was spent in training. 5M VDG's gathered together in St. Cloud for two days of review and training. Subjects reviewed were ethics, public speaking, Lions constitution and bylaws, and committee assignments to name a few. When asked if the time was well spent, my answer was, 'yes truly. So much of the studies were always 'back if mind' and the extra study brought the subjects to 'front of mind'. When asked what we should study next or in addition, the answer given was, "When you don't know what you don't know it is tough to pick out a subject".

A decision has been made concerning the Childhood Cancer blanket project. Yes, we will be continuing the edge tie blanket project. So yes, we will be asking for more donations to buy more blanket kits. Lion Diana Kuehl has agreed to continue to head the project and will continue to buy blanket kits for the district members to tie, to use as a project for kids with childhood cancer.

The strangle hold that Covid has had is loosening just a little bit. Yes, we still need to be careful, but my wife and I have recently had our second shot, so give us a couple of more weeks and we should be ready to take on spring.

PDG Dan Snobl has some good news. The Minnesota department of health is recommending a floride varnish as a preventative child health action issue. Kudos to 5M3 for pushing this project to the state legislature. Kidsight is once again an ongoing project. Contact Lion Cindy LaBrie to schedule a kidsight camera reservation. A few precautions still need to be followed-- like face masks, and face shields, and gloves.

I understand that RLLI – Regional Lions Leadership Institute – is scheduled to be held in October. It is a good opportunity to help yourself and your own club. All Lions would benefit from going to the RLLI. Yes, there is a cost in time and dollars to attend, but rebates for finishing the training do happen. If you really want to go and the cost in dollars is a problem, talk to me and we can make that problem a non-issue.

LCIF 'Campaign 100' is still going strong. The opportunity to donate is still open. The goal is for 100% of the clubs to donate every year, and for at least 40% of individual Lions to give to this worthy cause. Historically, Melvin Jones Fellowship awardees, have contributed a large amount to Campaign 100 yearly, and we are asking them to continue with that practice.

There are a few spots on the district cabinet I have yet to fill, and I'm running out of ideas of who to ask. 2VDG position is open, please help, please volunteer. District secretary is a big one. If you are willing to take notes for a dozen meetings, please let me know. There are also open spots on the Hearing Foundation and the Diabetes Foundation. If you are willing to help out -- PLEASE LET ME KNOW. 507-601-8359. Remember—It is a good day to be a Lion! Serve with pride with the 'Lion Pride'.

Lion Gordon Mulder



## IT'S TIME FOR CLUB ELECTIONS!!

The Lions Year runs from <u>July 1 to June 30,</u> but your new officer listing NEEDS TO BE SENT TO LCI **BY MAY 1**.

#### TO DO LIST:

- · Hold your club elections
- Secretary, enter clubs PU-101's into LCI—this is how officers get listed in new directory and receive needed information from LCI.
- List **e-mail addresses** for Officers in PU-101 so they receive newsletter.
- Have new officers attend Officer Training (watch for future dates)
- July 1st, new officers begin their year (or more) of service.

# 1st Vice District Governor ~Bill Martin~

A few words, or so, about the new 5M3 1st VDG. From Kansas City, worked for an electronics company selling parts and stereo equipment, joined the Air Force, sent to New Mexico, got married, got divorced. While still in the confusion phase, assigned Beautiful Germany. After my three years I was back to New Mexico then Korea to get back to my Beautiful Germany. I will say that living in The Republic of South Korea was exceptional. Having sufficient rank to be able to move "downtown" Song Ton Si, living simple Korean style, I learned that less was far more than I could imagine! Wonderful, caring and most humble people gave me a new attitude to live and manage myself and those I managed.

I'd wanted to stay in Germany the second time but as it turned, I was called back to the KC area to help care for my mother who was dying from Emphysema. I found myself at the future home of the B-2, Stealth Bomber, Whiteman AFB Missouri, just one hour from home, where I found my significant other. These moves, had I done things my way, I would still have been called home to help with mom. The "Life Lesson" is to go where God has planned for us, there is a plan that we don't or can't see until much later.

Most military jobs I was given had needed a new leadership style to motivate people. I was and still am a working supervisor, leading by example. My crew was typically airmen that were thought to be not too sharp, however, it was amazing what positive reinforcement and training can do. Once we were all on the same page, we would provide our "customers" with the outstanding service experience they needed to do their mission. Funny thing about serving aircraft maintenance customer, "They" had to be retrained to the fact that without the Base Supply folks providing them the parts needed, they couldn't fix their airplanes. The Military isn't a job, its many people working together to get the mission done. It's unexplainable to express the sense of purpose we all share, working with each other for the common goal.

My military service reinforced the already serving attitude I always had. Serving is Exactly what we Lions do all over the world. It will be my pleasure to follow fellow Luverne Lions, Gordon Mulder, as your Governor. Everybody's life evolves as we age, our goals change and daily life is challenged. My world changed radically last year when my wife passed. I've been living a lost, solitary and confined life along with the COVID. I now have the Challenge and Goal I need to prosper.

It will be my pleasure to serve you as your governor.

#### **HELP WANTED!!**

**CHAIRS NEEDED FOR:** 

- -DIABETES FOUNDATION
- -INTERNATIONAL EXCHANGE
- -PUBLIC RELATIONS
- -SPECIAL OLYMPICS
- -Global Service Team
- Dental Initiative









CONTACT DG DAVID IF INTERESTED. davidjanssen1947@hotmail.com 507-236-2480



#### **DATES TO REMEMBER**

#### MD5M Multiple Convention

April 30-May2 Mankato MN

#### USA/CANADA Forum

SEPTEMBER 9-11, 2021 DES MOINES, IOWA

#### Regional Lions Leadership Institute

November 2021 location to be determined

#### **Lions International Convention**

June 25-29, 2021 Montreal Quebec /virtual

July 1-5, 2022 New Delhi, India

July 7-11, 2023 Boston Massachusetts

June 21-25, 2024 Melbourne, Australia

July 4-8, 2025 Mexico City, Mexico

July 3-7, 2026 Atlanta Georgia USA

July 2-6,2027 Washington DC USA

June 23-27,2028 Singapore

#### MEMBERSHIP UPDATE

Jan 31, 2020......1,129

Feb 28, 2021.....1,052

YTD Members Added: 20 YTD

Members Dropped: ... -81 YTD

Net Loss/Gain: -61

Retention is the key to keeping your membership numbers. You cannot run your programs without your members. Talk to them, see what keeps them and what makes them leave. Meet their needs.



#### 2021 MD5M Convention – status updates as of 3.11.2021

District 5M2 would like to invite you to the 2021 MD5M convention "Bend in the River III - Join the Jamboree" on May 1, 2021 for a one-day virtual convention!

REGISTRATION IS FREE!!! **Register today** via online registration on the MD5M website (<a href="lionsmd5m.org">lionsmd5m.org</a>)/Conventions/MD5M Multiple Convention/2021 Online Convention Registration (Eventbrite). An in-depth letter explaining the convention changes was sent to all club Presidents and Secretaries in the Multiple with email addresses at the end of February. If you either your club president or secretary did not receive a copy of the letter, please contact your District Governor or convention@lionsmd5m.org.

As the convention nears, there will be links available to access Zoom and Facebook live for convention participation. This is an exciting year for the 2021 convention that will give the opportunity for all of you to join! There is no traveling required, no registration fee, no hotel or meal costs. An exciting fun filled day will be had by all! Do not miss this opportunity to Join the Jamboree!

#### Tentative schedule—beginning at 8 a.m.

- Welcome
- Service of Remembrance (2020 & 2021)
- Opening Ceremony
- Business meeting with online voting, which will include voting to endorse PDG Joanne Ogden, District 5M10, as International Director representing Constitutional Area 2, Canada
- Keynote speaker—PIP Frank Moore. Past International President Frank was President in 2001-02 and has been our current LCI Executive Administrator and Secretary in Oakbrook for numerous years.
- Awards—Peace Poster, International Essay Contest, Hall of Fame (2020 & 2021), Al Jensen Awards (2020 & 2021)
- Afternoon speakers (online) three University of MN speakers -
  - MN Lions Childhood Cancer Foundation, Dr. Lucie Turcotte from Masonic Childrens Hospital
  - MN Lions Hearing Foundation, Dr. Bevan Yueh, Department of Otolaryngology, Head and Neck Surgery.
  - MN Lions Vision Foundation, Dr. Joshua Hou Medical Director, Lions Gift of Sight and Department of Ophthalmology and Visual Neurosciences

Watch for additional information on virtual voting, silent auction and annual Foundation meetings as well as a separate flyer explaining a service project challenge to all MD5M clubs.

District 5M-2 is Looking forward to seeing you all **Joining the Jamboree at the Bend in the River III – MD5M 2021 Convention!** 

# Catch the Dream... Together We Can

Lions improving health worldwide

# **Virtual Silent Auction**

In lieu of an in-person silent auction at the MD5M 2021 Convention, our auction will be online. The auction will support the service of:

- Minnesota Lions Childhood Cancer Foundation
- Canada Lions Childhood Cancer Foundation
- Minnesota Lions Diabetes Foundation



Bidding Open April 9<sup>th</sup> – April 16<sup>th</sup>



Join the fun!

# View Auction Items Now at:

https://lions.betterworld.org/auctions/lions-diabetes-childhood-cancer

For more foundation information, visit:

MnLionsDiabetes.org MnLionsChildhoodCancerFoundation.org



# **Lions Children's Hearing Center**

D-FFFT HEARING LOSS 10™ ANNUAL WALK



We are going virtual this year for our walk to D-Feet Hearing Loss! Although we won't gather, the important work of the Minnesota Lions Hearing Foundation doesn't stop so join us on June 5th wherever you are to support hearing health!

Your participation in this fundraiser helps us continue to meet our commitments to the Lions Children's Hearing Center at the University of Minnesota and the Department of Otolaryngology at the U of M. Kids are diagnosed and treated six days a week at the Lions Children's Hearing Center.

Thanks to the Foundation's pledge to fund the new sound booth construction and equipment purchases, you can help us and the U of M provide support to even more kids! In addition, we continue funding research projects to find new cures and treatments for patients experiencing hearing issues and our Professorship endowment will facilitate teaching students who will help those with hearing loss well into the future.

YOU can help continue this important work by participating in our virtual walk on June 5. TOGETHER, we can all do our part to help D-Feet Hearing Loss!

# **Lions Children's Hearing Center** 10™ ANNUAL WALK





# JUNE 5, 2021 9:30AM

- Entry Fee: \$25 or \$35 (includes mailed t-shirt)
- Kids under 12 are free
- Create your own walking route, any distance
- Download scavenger hunt, coloring pages and other activities on our registration page
- Fun for families of all ages
- Great club activity event
- Tips and ideas available on our registration page
- Join our Facebook Live start on June 5 at 9:30AM
- Change a child's life through your registration/donation!



# Catch the Dream...

...a world without Diabetes!

## & Catch some Ca\$h

A Minnesota Lions Diabetes Foundation cash raffle.

Minnesota Lions Diabetes Foundation will donate net proceeds from this cash raffle toward research to treat and cure Type 1 and Type 2 Diabetes.

### 10 Winning Prizes! Tickets \$10

2 \$1,000 winners 2 \$500 winners

2 \$200 winners 4 \$50 winners

Minnesota Permit # X-93230-21-003

#### Drawing

MD5M Lions Convention Mankato, MN

7:30 a.m. Saturday, May 1, 2021

Ticket holders not required to be present to win.
Winners will be notified.



#### MN Lions Diabetes Raffle, Win \$1,000

The MN Lions Diabetes Foundation is holding a Fund Raising Raffle. Tickets are \$10.00 each. Please mail a check made out to "MN Lions Diabetes Foundation" to Lion Bob Schirlinger, 801 N Payne St., New Ulm, MN 56073. Lion Bob will fill out the tickets for you and forward them and the money to the MLDF to be include in the drawing. Lion Bob will also send you the ticket stubs by return mail. The MLDF is dedicated to finding a CURE for diabetes by supporting Diabetes Research at the University of Minnesota. You will be helping to find a CURE and maybe become \$1,000 richer. You may also contact PDG John Myers for tickets at 507-849-7050.

# Club Sponsor Page

To have your Club listed on the sponsor page, send your \$40.00 to District Treasurer,

Denise Nelson at 405 S St, Morgan MN 56266 Memo line: Newsletter Sponsor.

NOTE: Clubs can be sponsored in more than one box.



#### 5M3 Project New Hope Co-Chairs are:

Larry Muenchow lmuenchow@hotmail.com 507-626-0185

Sue Muenchow smuenchow 312@gmail.com

# COMING SOON!!! OFFICER TRAINING! WATCHFOR DATE, TIME ANDPLACE (VIRTUAL?)



#### NAMI – NAMI – NAMI

Are you ready for Spring? After the warmer temperatures I know I am. Spring, it is a good time to think about getting our clubs up and running again (safety first though). I encourage everyone to get their COVID vaccination as soon as they can (we have). So, what is new with membership? As of the end of February 5M3 has a net membership of 1052 members. We have added 20 new members with 81 drops for a net loss of 61 members. Thank-you to those clubs that have added new members this year. Even with the shut down new members have been added. With the start of a new year (spring, not Lions) now is a good time to assess your clubs' vision and goals. How do you do that? First by celebrating your Clubs successes. Reflect on what your Club has done well, what successes have you done in service to your communities. Then re-group and set goals for your club this year, make plans, involve all your members not just your leadership group or board of directors. Communicate with your members, talk about what works and what does not. Build your vision for your club, then carry out the vision/goals. Engagement of your members will lead to good retention. Your (our) members need service projects that are important and gives them a feeling of doing something for the betterment of our communities. Make the projects fun. Another item to add to the monthly club meetings: invite our service project coordinators, foundation members to your club to let your members know what they are doing for our communities in MD5M (diabetes, hunger, vision, Childhood Cancer, hearing etc). These folks want to come to you and tell you what they are doing, take advantage of that. I think you should have a program at least every other meeting.

One last item, and this is to all the Club Presidents. Are you providing new member orientation when you bring new members onboard? If not, how are they going to know what we as Lions are about? Do your new members know that they are part of the world's largest SERVICE organization (service being the most important part of this statement)? Do they know the five pillars of service of LCI? How many members worldwide belong to Lions? Do they know our Motto? We are doing a dis-service to our new members if we do not provide more than a "just attend the meetings and help with projects" speech. New member orientation information can be found on the LCI website, or, let me know and I can get information to you. Guess what? This is not just for new members, it can and should be geared to everyone in your club. Leadership is not just your elected officers; it is every member of the club and every member should take ownership in it. OK, enough for this month. Hopefully, everyone is thinking about getting back up and running. Good luck to all the Clubs in 5M3. If you need anything, please give me a call (507-841-4917 or email ddkuehl@msn.com) Till next month, "We Serve".





4. Share your success stories to pdq10jen@hotmail. com & you might see them in pre-event promotion or during

CAMPAIGN 100

LET'S DO THIS!!!

1. Donate \$20 or more to Campaign 100 Tell-A-Thon

donate to the Campaign 100 Tell-A-Thon

2. Create/Implement a plan to get 100% of your Lions to

5. Download Team App & join the Lions Virtual Team for all the latest news & links

#### **TELL-A-THON OVERVIEW**

Sunday, April 11, 2021 5-9 pm EDT

View on YouTube Live https://youtu.be/hC-s5yXPgeo

#### **EVENT HIGHLIGHTS**

- · Emcee: LCI VP Doug Alexander
- Music & Entertainment
- Special Guests
- Inspiring stories

- · Raise awareness among Lions & prospective Lions about the impact LCIF has across the US & Canada
- Raise funds for Campaign 100 to further our service
- Challenge every Lion to donate \$20 in support of LCIF Campaign 100

100% of donations go to LCIF Campaign 100



givetoday.lionsvirtual.org



lionsofcanadafundforlcif.ca/ GiveToday

#### QUESTIONS

PID Jenny Ware, Campaign 100 Vice Chair - CA1 pdg10jen@hotmail.com 906-399-8714

**\*SEE FOLLOWING PAGES FOR MORE INFORMATION\*** 

Re: 2021 Regional Lions Leadership Institute)

WANTED: YOU!!

FOR: AN UNBELIEVABLE OPPORTUNITY
WHAT: 2021 MD 5M Regional Lions Leadership Institute

WHEN: October 21-24 2021

WHERE: Holiday Inn Detroit Lakes MN

We are looking for Lions from your district to attend the 2021 MD5M Regional Lions Leadership Institute! Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not be a 1st Vice District Governor, District Governor, Past District Governor, International Director, or Past International Director. The \$150 fee for the Leadership Institute includes the cost of materials, facility, staff, and four (4) meals. Room costs and additional meals are not included. However, a \$75 rebate from MD5M, through a grant from LCI, will be given to each participant that completes the program. Participants MUST be available to attend ALL sessions beginning on Thursday evening and ending Sunday afternoon.

Each district has the opportunity to send six (6) participants, however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

Applications are available from your District Governor or on the MD5M Website and are due (without fees) by September 30, 2021. Your District Governor will then make the final participant selection.

Institute graduates from your district will tell you that the Regional Lions Leadership Institute is beneficial for you in every facet of your life and not just in your role as a Lion. If you have questions concerning the Institute, please feel free to contact:

Lion Dennis W. Kelly III dkellylion@gmail.com

We look forward to giving YOU this UNBELIEVABLE OPPORTUNITY!!



#### Participant SelectionGuidelines

The following guidelines are to be used by the District Governor in selecting participants for the MD5M Regional Lions Leadership Institute.

- The applicant must be a Lion in good standing of a MD5M Lions Club in good standing.
- The following Lions are not eligible to attend: District Governors, Vice District Governors, Past District Governors, International Directors and Past International Directors.
- The applicant must have never attended a Lions Club International Leadership Institute.
- 4. The purpose of the Institute is to provide Leadership Development Training to emerging Lion leaders. The goal is to search out at least six emerging leaders in each of the 12 Districts in MD5M. Special concern will be for club leaders and less experienced Lions on the District Cabinet who could benefit from an experience attending a Lions Clubs International Regional Leadership Institute. Specific goals for the training are:
  - Expand the leadership ability of current and future District Officers and Cabinet members.
  - Strengthen the Leadership Development programs in each District by providing a stronger base of qualified Lion Leaders within each District.
  - Provide and support an ever-growing base of potential District leaders that are qualified to fill future positions as District Governors.
- 5. There should be no more than one applicant from any one Lions Club.
- The applicant must be available to attend the entire MD5M RLLI. They must arrive on Thursday to register and attend the evening Icebreaker session, the Kickoff Breakfast on Friday, and all sessions through the closing session on Sunday.
- The applicant must complete the MD5M RLLI Application Form, have it signed and submitted to their District Governor on or before September 30, 2021.
- The applicant, once accepted, must provide a check for \$150.00 payable to MD5M Regional Leadership Institute to be submitted with their registration form on or before October 30, 2021.
- Each participant that attends the entire Leadership Institute (Opening Session, Kickoff Breakfast, all Institute sessions, the Celebration Banquet and Closing Session) will receive a \$75.00 reimbursement to help cover expenses.

#### MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE PARTICIPANT APPLICATION FORM

#### MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than August 31th 2021

NAME:	DATE JOINED LIONS:	
ADDRESS:		
E-Mail ADDRESS:	TELEPHONE NO:	
	MEMBER NUMBER:	
CURRENT OFFICE HELD:		
OTHER OFFICES HELD:	=	
WHY DO YOU WISH TO ATTEND THE MD5M	REGIONAL LIONS' LEADER SHIP INSTITUTE?	
<del>-</del>		
ir		
Use the back of this document or add	d another page if you require more space.	
APPLICATION MUST BE SIGNED BY THE FO	LLOWING:	
APPLICANT:	DATE:	
CLUB PRESIDENT OR ZONE CHAIR:	DATE:	

NOTE: If you are selected to attend the Leadership Institute, your District Governor will require a check for \$150.00 before your registration can be forwarded to MD5M. Your District Governor must send the registration and check to MD5M Executive Secretary Cindy Walters by September 30th, 2021.



Hello from Galen's desk. Well, I think spring is just around the corner. First of all, I want to thank all of the clubs who made donations to the parade of green at the midwinter convention. Your donations are greatly appreciated. The woofaroo and the Fetching Ball Galla turned out to be a great success. Things are starting to pick up as some of the puppies are back in the prison program. We graduated 17 more teams on the 13<sup>th</sup> of March at our winter graduation and will be graduating another 18 teams on the on June 26<sup>th</sup>. If you want to attend this event log onto Can-Do-Canines.org and as it is a virtual event that will be on you-tube. As I have told you earlier that Al Peters has stepped down as the executive director and has been replaced by Jeff Johnson as the new executive director. All in all everything is going well at can-do-canines. Things are slowly getting back to normal. We also have a new member of the Development team. She is Shelia Ross and will be a great addition to the team at Can-Do-Canines.

If you any assistance with anything please do not hesitate to give me a call.

Can-Do-Canines 5M3 chair Galen Engholm 507-920-7129

#### The Story of the Minnesota Oral Health Project

In 2005, oral health care for young children was a subtly explored topic for many in public health. Unless you were a dentist, dental hygienist, or other dental specialist, community-centered messages were few and far between concerning brushing, flossing, and having fluoride varnish applications.

In 2005, Amos Deinard, Jr. MD, MPH, was a practicing community health pediatrician in Minneapolis. He began to notice the frequent neglect and lack of prevention in tooth and gum care of Minnesota children. In this year, Dr. Deinard was asked if he would lead the charge on prevention and early intervention for children's oral health in our state.

He did not realize at this time that he was about to lead an evolving and powerful movement, the Minnesota Oral Health Project (MNOHP), in reaching children with marginalized care, especially in rural areas where patients travelled long distances to access dentists and hygienists.

Amos' awards and recognition stretch widely throughout the state and nation. In 2016 he was recognized in a **National Lifetime Achievement Award for Public Health Dentistry** – the first time a pediatrician was given this national recognition. In 2020, the Minnesota Department of Health honored Dr. Deinard for his many years of leadership and dedication to advancing the oral health. His timely message, "Go forth and varnish" continues to be heard in every county throughout Minnesota, as well as nationally among oral health leaders.

MNOHP's primary focus of action has consistently focused on children from birth to six years of age in Greater (rural)
Minnesota, their parents, early education educators, public health professionals, and pre-school education organizations.
MNOHP has made substantial prevention and early intervention progress with these targeted audiences.

Today, Primary Care Medical Providers perform more fluoride varnishes than dental providers and fluoride varnishes have increased by 143% since 2015. More than 99% of medical clinics now provide fluoride varnish. Oral care is included in many community-centered educational venues and oral health education materials are translated in several different languages.

Today, Minnesota has a strong, preventive care initiative in children's oral health. Thanks to the Minnesota Oral Health Project, oral health for children is a topic of education in Minnesota elementary schools, Head Start programs, and even library systems.

While the Minnesota Oral Health Project is no longer making visits and presentations around Minnesota, we remain active as a resource for partners all over the state and nation. Dr. Amos Deinard continues to be the icon of oral care for children and partners locally and nationally. We have learned so much about bring preventive oral health services to children of all backgrounds, cultures, and areas and those lessons continue to make a difference for young children in our neighborhoods and communities.

For the full report, you can click <a href="https://www.mnon.com/most/most/most/length/">here.</a> MNOHP has greatly appreciated the support of MD5M, through Past District Governor Dan Snobl, 5M3, and the work of Lions helping children in our communities.

## MD5M Lions

# Annual Convention Call for Service

Even though we are not together, let's be united in service during our Annual Convention.

There are needs in every community, and Lions ready to serve. Join us in sponsoring a Food Drive or Diaper Drive (both adult and infant) in your home community or surrounding areas.

Send us photos & number of items collected and where you donated them. Homeless Shelters, women's shelters, schools and food shelves are all in desparate need at this time.

Join us in making a difference locally.





# How to help

#### **About Us**

Lions Clubs International is the world's largest service organization. Where there is a need there is a Lion.

- Start brain-storming what type of project your community needs (diaper or food drive) something else?
- Begin promoting your project. Use traditional methods (radio, newspapers, flyers) but also use Social Media (Facebook, instagram, etc.)
- Set up your collection sites and collect until April 30th or do another type of project.
- Send photos and a recap of your event to 5m2newslettereditor@gmail.

Need more ideas or have questions?

Contact your District's Global Service Team or Rose Thies @ rthies001@gmail.com.







#### Lions Affordable Hearing Aid Project

Do you have a low-income person who needs hearing aids? There is a procedure that needs to be followed in

order for your club to help out. First, that person must see an audiologist for a hearing evaluation. The audiologist should work with Medicare and/or Lions clubs to help with costs of hearing tests and later installation of hearing aids.

After the evaluation, if the person needs hearing aids, the audiologist needs to order hearing aids from Starkey (address below). Your district should have money in their Starkey account from the used hearing aids that your district has donated. This money will provide free aids for the person. The audiologist then calls territory account manager at Starkey to order hearing aids. Your district trustee will help get that information for you. The audiologist then will fit the aids. Lions Clubs may have to offer some financial assistance.



If your recipient is young person up to age 15, the audiologist may want to check with other hearing aids companies for grants to help with purchasing hearing aids for children.

Lions Club International also has more information and materials to help with hearing aids in a program called Lions Affordable Hearing Aid Project (Lions AHAP) available only through local Lions clubs. To learn more about this project and for an application, go to <a href="https://temp.lionsclubs.org/all/pdfs/lcif/lcif128.pdf">https://temp.lionsclubs.org/all/pdfs/lcif/lcif128.pdf</a>.





# HELP BUILD UP A FUND FOR AFFORDABLE HEARING AID BY DONATING USED HEARING AIDS!

Most clubs and communities don't realize that it isn't **just glasses** that can be donated to Lions, but also **HEARING AIDS**. These are then sent to a place that refurbishes them as needed and make them available at a lower cost. PLEASE LET YOUR COMMUNITIES KNOW ABOUT THIS!

Your contribution of used hearing aids makes a significant difference in the lives of those who would simply slip through the cracks.

Contact DG David Janssen to set up a visit with your club!

507-236-2480

Davidjanssen1947 @hotmail.com



# PDG Joanne Ogden Canadian Endorsed Candidate for International Director CA-2 Lions Clubs International

#### Lions Club:

- District Governor 2018-2019
- Multiple District Constitution & By-Laws Chairperson 2019-2020
- Multiple District Global Membership Chair, 2020 Present
- Director MD5M KidSight Foundation 2018-2021
- Bachelor and Masters degree Lions University
- Board Chair Lions Foundation Manitoba and NWO

Candidate PDG Joanne Ogden of EMA, ON won the election to become an ID Candidate for the Canadian part of MD5M in Jan. 2021. She won over PDG Doug Wiens of Grunthal, MB. The next step to get on the ballot at the International Convention is to get the ENDORSEMENT OF MD5M AT THE MULTIPLE CONVENTION April 30/May 1, 2021. Canadian candidates from the MD5M are elected to Constitution Areas II. USA Candidates are elected to Constitutional Area I.



oanne







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- Director MD5M KidSight Foundation 2018-2021
- Bachelor and Masters degree Lions University
- Board Chair Lions Foundation Manitoba and NWO

#### Awards:

 Progressive Melvin Jones Fellow, Presidential Leadership, Ben Ward Fellow, Stew Peever Award, Several Presidential Certificates and a Senior Master Key recipient (Membership)

#### Other:

· Volunteer Nurse in Haiti and Guatemala

## **5M3 HAPPENINGS**

### **Zones 3 and 4 Meeting**

When: Tuesday April 27

Where: Slayton Pizza Ranch

Time: 6:30-8:00 pm

Host: Zone 4 Chair Lion Darren Saner

Meal is on your own. If eating, come early if possible.

Pizza Ranch closes at 8:30 pm so meeting will begin

immediately. Okay to eat during meeting.





Wheelchair ramp deployment north and west of Lakefield. Lions helping with the deployment are (LtoR) **Jackson Lions** Don Kuehl, Clayton Lewis, Pat Barnett, Mark Walters and John Myers.



Eyeglass collection taking place with about 26 boxes. **Fairmont Lions** Mike Sullivan and Duane Nawrocki load the truck with DG
David J helping out.

This year's peace poster theme is:

#### "We're All Connected"

Lion Cindy Rasset will be putting in peace poster kit orders for 5M3 clubs.



If any club would like to save on shipping costs, let Lion Deb know by MAY 15.

debbirasset@gmail.com or 507-220-0549



**Sherburn Lion** Jim Klima receiving 40 year member certificate from DG David. Congratulations!

## 5M3 HAPPENINGS—Childhood Cancer blankets





**Comfrey Lion** Martha Fredin presents District 5M3 Childhood Cancer Service Project fleece blanket to cancer patient Lennon Ludewig, son of Carly and Jeremy of Sleepy Eye. A total of 372 fleece blankets were crafted by Lion members to be donated to children with cancer as our 2020-2021 Service Project. Lennon was excited with his blanket of trucks. He loves to stand along the highway and give the "blow your horn" signal as semis drive past.



DG David J and PDG Don K give a cancer blanket to Elsie Swanson from Sherburn.



PDG Don K and DG David J present a Childhood Cancer Blanket to Hazley Hoffman from Hanska.

# 2021 Lions Clubs International Convention moving to virtual event



Posted February 9, 2021



Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Here are some important details about the 2021 convention we would like to share with you now:

- Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- Registration is now open. The registration fee will be US\$50 until March 31, then US\$75 beginning.
   April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29.
- Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.
- . Convention updates and details will be posted here at loicon lionsclubs org as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safety serve our communities and continue our global mission of service.

Register now



#### Service Ideas for Lions of 5M

2-7-2021 Updated

Here are projects that Lions can do in the 5 keys areas of service along with a few other ideas:

#### Vision -

- . Collect used eyeglasses give to your MN Lions Vision Foundation Trustee
- Do KidSight Screening
- Donate large print books to your local library. Put donation labels (Donated by the Lions Club with the month and year) in large-print books that are donated to local libraries. (Check with libraries first to see what books they want to acquire.)
- Help make tactile baby blankets for babies who are blind or visually impaired, including those with multiple disabilities or deaf blindness. https://www.pathstoliteracy.org/blog/tactile-babyblankets. Donate locally, if needed, or to Perkins International. https://www.perkins.org/
- Construct a Sorry game for visually-impaired seniors at a nursing home. https://www.perkinselearning.org/activity/adapted-sorry-board-game
- Adapt Connect Four to be played by those who are visually-impaired at a nursing home: https://www.pathstoliteracy.org/strategies/adapting-connect-four-players-visual-impairments
- Low vision kits Create kits for people who have been recently diagnosed as low vision or who are blind:

https://carroll.org/product/mixed-bump-dots/ https://carroll.org/product/marinoff-low-vision-playing-cards/ https://carroll.org/product/bold-writer-low-vision-pens/ https://carroll.org/product/plastic-check-writing-guide/

https://carroll.org/product/2x-around-the-neck-magnifier-rectangular-5-5-x-4/

These kits can be given to Lions members to begin with and then to people who are identified in the community.

#### **Environment**

- Recycles plastic bags and plastic packaging get a free bench for your https://www.trex.com/recycling/recycling-programs/
- Donate your newspapers and magazine to others instead of throwing in the garbage.
- Make a decorative Winter container garden or a container garden that feeds the birds. A Lions Club can partner with a local nursery and funds raised will be used to support the Lions' environmental projects.
- Bird Feeders Make a variety of treats that will feed and sustain birds and wildlife throughout the winter including bird feeders using cookie cutters; suet-filled orange halves; popcorn and cranberry garlands, and more. These could be made at a Lions meeting just for the Lions or do a community event so more birds are fed in the community.
- Collect used blue jeans, wash them, and then cut out pieces using patterns supplied by Sole Hope. The pieces are assembled into "shoe kits" and then shipped to Sole Hope who then sends them in Uganda. In Uganda, seamstresses and cobblers create shoes that are given to children who suffered from jiggers and were treated for them. Jiggers are tiny parasitic insects that burrow into the feet, lay eggs that multiple greatly in size. They can cause pain, itchiness, swelling, infection, and even death. A pair of jeans - destined for the trash - literally can save a child's life! The Scandia-Marine Lions Club has done this project twice and each time it was very well received. https://solehope.org/
- Collect t-shirts that people no longer want to wear. Wash them and make them into diapers for newborns. The diapers are used as incentives in third-world countries so mothers get prenatal care and deliver their babies in hospitals or centers offering medical care. This is the link to the pattern: https://74dc11f7-55e8-4d45-9c71-
- afd00e10b0f4.filesusr.com/ugd/d3b8d8\_444e82d94fba417fa90b76569bb8a3c2.pdf. Collect cans. Turn these in afterward and use the proceeds to support an environmental project.
- Collect Can tabs: Clubs can collect tabs for a charity of choice. Just an easy project without investment. Collect for Shriners or they can also be collected for the Ronald McDonald House.
- Recycle sneakers so they can be transformed into Nike Grind material which is used in performance products and sport surfaces. The Reuse-A-Shoe program recycles athletic shoes at the end of their life, giving them a new life through Nike Grind. Bring shoes to the Lions event and they will be brought to the Nike store in Eagan, MN. Any brand of athletic sneakers is accepted. However, Nike is unable to recycle sandals, dress shoes, boots, or shoes with metal (like cleats or spikes).
- Recycle medical equipment (e.g., crutches, wheelchairs, scooters) to create a "library" of items that can be checked out at no cost and used until no longer needed. When done with the item, it should be returned to the Medical Equipment Library (MEL). Each club or zone could establish a
- Sand and varnish "tree cookies" for use in classrooms throughout Minnesota. Help classroom teachers across Minnesota teach children how trees and other woody plants grow, factors that affect tree growth, and tree identification. Teachers love having sets of cookies like these in their classrooms but don't have time or tools to make them. The DNR needs volunteers to create "tree cookies" -- slices of branches or trunks that show the rings of a tree. 100 cookies supplies three classes of students, so the more that can be made, the better: http://files.dnr.state.mn.us/education\_safety/education/plt/activity\_sheets/treeCookie.pdf
- Build bluebird houses or other types of birdhouses. Install these at a later date at a state park (with permission) or in a city park (again, with permission). The Lions would need to check on these feeders and clean them out unless someone from the state or city would do that.

#### Hunger -

- Food for Seniors Shop and deliver food for at-risk seniors.
- Prepare and/or serve food at Loaves and Fishes https://www.loavesandfishesmn.org/
- Pack food (purchase it as well) to create "Backpack Food packs" for youth in our community in need. Reach out to public, charter, and homeschool co-ops. Provide nutritious food (not typical food shelf macaroni and cheese, ramen noodles, etc. that promote diabetes).
- Make placemats for Meals on Wheels sewn or colored, The colored placemats will be laminated so they can be reused. https://meals-on-wheels.com/volunteer/families/other-family-volunteeropportunities/
- Collect food for a local food shelf. Emphasize that people donate:
  - Whole grain products (with at least 16 grams or more of whole grains per serving)
  - Food low in saturated and trans fats
  - Food low in sodium
  - Lean sources of protein (plant and animal sources; canned or dried) Fruits that are minimally processed (canned or dried; whole, cut-up, or pureed)
  - Vegetables that are minimally processed (canned or dried; whole, cut-up, or mashed)
  - Dairy products or milk substitutes that are high in calcium
  - Beverages including 100% fruit or vegetable juice Basic staple foods
  - Staple foods that encourage cooking and baking at home (e.g., broth, flour)

- Create Blessing Bags. These bags have a variety of non-perishable food, silverware, disposable plates, and napkins to give to people asking for money at stoplights. They also can be distributed to people who are near homeless shelters. https://www.thriftynorthwestmom.com/blessing-bag-
- Decorate lunch bags for Meals on Wheel recipients. In addition to receiving the hot portion of the meal in a tray, Meals on Wheels recipients get the cold portion in a lunch bag. Add life to their meals by decorating lunch bags! Simply buy paper lunch bags and use your creativity, crayons, markers, stickers, or any art materials you have on hand.
- Assemble food kits with 14-days' worth of food for people who are at high-risk and can't go to grocery stores because of COVID-19. People are identified as recipients by self-identification or through local non-profits (e.g., churches, senior centers). More information is here: https://extension.umn.edu/news/rural-grocer-networks-feed-those-isolation . This is the list of suggested items for the kit and a note that explains the contents to the recipient: https://conservancy.umn.edu/bitstream/handle/11299/212116/14%20Day%20Meal%20Kit%20G uide.pdf?sequence=1&isAllowed=y
- Assemble "Dinner's on Us" kits. https://b-inspiredmama.com/dinner-random-act-of-kindness/ to be distributed as determined by each Lions Club.
- Assist any local free meal program with shut-in deliveries.
- Help with Meals on Wheels and deliver meals.
- Volunteer at a food shelf or pantry stock shelves, or help with the whatever is needed at the food shelf

#### Diabetes-

- · Collect recipes then create a diabetic cookbook
- Take At-Risk Test Have group take Diabetes at Risk Test.
- Start a walking group start with club members and ask community members to join you.
- Collect non-perishable food that is healthy for low-income people with diabetes (this also crosses over to be a hunger project): canned spinach, brown rice, whole-grain pasta, quinoa, millet, canned salmon, sardines, albacore (white) tuna in water, herring, no-salt kidney beans, no-salt pinto beans, no-salt black beans, walnuts, pecans, macadamia nuts, almonds, mandarin oranges in water, canned sweet potatoes, extra-virgin olive oil, and chia seeds.
- Do testing for diabetic retinopathy (which causes blindness) and test blood glucose or A1C levels. If people test positive for these problems, they will receive a referral to their doctor. The Lions also will mail them a link to get a free kit if they have Type 1 Diabetes: https://www.jdrf.org/t1dresources/newly-diagnosed/ . For those with Type 2 Diabetes, the Lions would create their own kit that they can mail based on what's in the JDRF kits.
- Put donation labels in books (Donated by the \_ Lions Club with the month and year) about diabetes (Type 1 and Type 2), healthy eating, and exercise/fitness that are donated to a local school and/or public libraries. (Check with libraries first to see what books they want to acquire.)

#### Childhood Cancer -

- Drive patient along with family members to doctor visits.
- Shovel snow for help out family that has child with cancer.
- Baby-sit for parents who need to take a child to treatment.
- Deliver meal to family that has child suffering from cancer.
- Donate gas card to help with cancer patients, especially if they have to travel far for treatment.
- Support Gilda's Club Collect money to support Gilda's Club Twin Cities and the teen program there. Money raised will purchase an item (or more) off of their Amazon.com list: https://smile.amazon.com/hz/charitylist/ls/1KUNIRCJD8IJB . The mission of Gilda's Club Twin Cities (GCTC) is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They aim to serve everyone impacted by

cancer - those with a cancer diagnosis as well as their friends and family and those living with

- Set up a pediatric cancer fund to which families with a child who has cancer can apply to help defray medical costs. Promote it on the club's Facebook page and website as well as through local media.
- Sponsor C.C. Bears through Children's Cancer Research Fund in Minneapolis https://childrenscancer.org/resources-for-families/c-c-bear/. Purchase 20 bears at \$25 each so 50 children with pediatric cancer can receive a bear. Create chemo care kits for children. (Make sure to find a hospital or organization before we make
- the kits to ask if there are special requirements and/or items that are especially needed.) Here's a link for some ideas: https://penniesoftime.com/service-project-for-kids-chemo-care-kit-for-kids/
- Help serve meals to patients and families at the U of M Masonic Children's Hospital. Make fleece tied blankets for children who have <u>cancer</u>, and donate the quilts to Project Linus.
- (https://www.projectlinus.org/patterns/) Make masks for children with cancer at St. Jude Hospital or any of your local clinics.
- Make pillowcases for A Case for Smiles. Finished pillowcases are distributed to 12 children's hospitals throughout the Twin Cities and Duluth https://caseforsmiles.org/minneapolis/ Knit caps for children who have cancer. These can be done with knitting needles or round looms. People also can bring knitted caps they made at home to the event.
- Donate care bags/backpacks to those in the hospital.
- Donate cleaning supplies and make masks for at risk community members and hospitals during the pandemic.

#### Other Service Ideas:

- . Send cards to Seniors especially those in senior center. Seniors feel very isolated and many are very lonely during this coronavirus pandemic. Great project to do for Valentine's Day!!!!!
- We Care Kits for Seniors living in senior centers. Include small gifts, Hallmark cards so they can mail to friends, stationary, envelopes, stamps, pens, puzzles, poems
- Donate cleaning supplies for schools.
- Support local police & fire department make snack boxes and deliver to them.
- Vaccination Help Now that state is issuing vaccines, Lions can help with registration and general greeting and checking in people at vaccine sites. Contact County Public Health for info on distribution sites and dates.

#### **Fundraising Ideas:**

- Have an On-Line Garage Sale have Lions and community members donate items.
- · Hold an On-Line Raffle raffle off item needed in your community
- Drive-Thru soup or cookie fundraiser Have local restaurant make the soup or cookies and then drive by to pick them up

#### Other:

Find out what service is needed in your community and then do that project!!!!!!

Ask your: nolice chief mayor council members librarian fire chief food shelf manager school teachers



1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Dale Busch Pres.	Pringfield Are Lions 2nd Thurs; 6:30 pm American Legion Lion Joel Pingeon, Pres.	Happy Spring	2nd Mon; 6 p.m. Pizza Ranch Lion Steve Cattnach, Pres.	2nd Mon; 6:30 p.m. Multi-Purpose Center Lion Gary Peterson, Pres.
	2 & 4 Mon; 6:15 pm Jackson Legion Lion Phil Handevidt, Pres.	Sleepy Eye Golf Club Lion Blair Fokens, Pres.	3rd Wed; 6:00 pm Community Center Lion Tom Franta, Pres.	
1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	Redwood Falls Lions 1 & 3 Mon; 6:30 p.m. American Legion Lion Teresa Rossow, Pres.	2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Karl Winderfeldt, Pres.	3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Al Husfeldt, Pres.	4th Mon; 6:30 p.m. Lions Community Ctr Lion Alan Hillestead, Pres.
	If your Club is <b>District Treasurer, De</b> Mem	ging the District news to s not listed, be sure to se enise Nelson at 405 S so to line: Newsletter Spo bs can sponsor more tha	nd in \$40.00 to St, Morgan MN 56266. nsor.	

