



# 5M3 Lions Den

April 2023

Edition 15 Volume 10

[www.lionsclubs.org](http://www.lionsclubs.org)

[www.e-district.org/sites/5m3/](http://www.e-district.org/sites/5m3/)

## District 5M3

### District Governor:

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# APRIL IS ENVIRONMENTAL AWARENESS MONTH



PROJECT IDEAS  
ENVIRONMENT

### LEARN

- Tour a recycling and waste management facility with your club.

### ACT // BEGINNER

- **Plant trees.** Consult your local environment authorities to determine the type and number of trees needed, as well as the location for planting.
- Meet on a monthly basis and clean up a beach, community space, or roadside area as a club.
- Hold an environment themed photo contest at a local school. Reward the winner with a tree planted in their honor or another green form of recognition.
- Challenge all Lions in your club or district to add at least one green habit to their daily lives. Inspire others by sharing your actions on social media. Habits might include:
  - Using a reusable water bottle or coffee mug rather than disposable products.
  - Changing to energy-saving lightbulbs.
  - Setting a time limit for your shower to reduce water consumption.
- Develop a Green Living Tip Sheet and share it electronically with members of your community or network.
- Recognize a local organization or community leader for their efforts in environmental conservation.
- Calculate your carbon footprint with an online calculator. If your footprint is bigger than you would like, purchase carbon credits that are Gold Standard Certified and brainstorm ways you can lower your carbon input.
- Volunteer with your local park service to maintain trails. You will help more people access and enjoy nature!
- Commit to "Meatless Mondays", or not eating meat one day each week.
- Collect used cellphones and donate them to individuals in need.

### ACT // INTERMEDIATE

- Lead an after school nature walk for young students. Encourage them to make observations and ask questions, then have them draw a picture of their experience afterwards.
- Host a community viewing of an environmental film or documentary.
- Save water by surveying your homes and community for leaks in sinks, communal spigots or water fountains. Contact relevant officials if repairs are needed.
- Work with city officials to paint "no dumping" signs near road drainage areas.
- Identify where to recycle toxic items and share/advertise its schedule of collection campaigns.
- **Organize an environmental mural competition.** Paint the winner's artwork in an appropriate area to beautify your community and promote environmental awareness.
- Implement a community recycling drive where people donate gently used items to charity organizations.
- Share a meal with students at your school. Afterwards, teach them how to sort their recyclables and trash.

### ACT // ADVANCED

- Develop a demonstration garden or landscaping plot using native plant species to encourage restoration of the local natural habitat and water conservation.
- Sponsor a training program for small farmers on how to make and use organic fertilizers and pesticides.
- Produce a monthly nature program on the local public radio station. Feature environmental topics of local interest, interview environmental activists in your community and promote Lions environmental projects.
- Host a public debate on controversial environmental issues in your community. Share the results with government officials.
- Partner with a local carpenter (or use a DIY tutorial) to build a rain barrel. Then, hold a training with community members to promote using barrels for watering and irrigation.
- Organize an alternative transportation incentive program in your community to encourage walking, biking, public transportation and carpooling.
- Work with local schools to establish organic school gardens and a composting program to improve the quality of school meals and reduce waste.

### Page Inside this issue:

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3. DG Don article
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Lions Clubs International

# IMPORTANT!!!!



## **IT'S TIME FOR CLUB ELECTIONS !!**

The Lions Year runs from July 1 to June 30, but your new officer listing **HAS TO BE SENT TO LCI BEFORE MAY 1.**

### TO DO LIST:

- Hold your club elections
- Secretary enter clubs **PU-101's into LCI**—this is how officers get listed in new directory and receive needed information from LCI.
- **List e-mail addresses** for Officers in PU-101 so they receive newsletter.
- Have new officers attend Officer Training (dates to come)
- July 1st, new officers begin their year (or more) of service.

## Get ready for the Lion Portal!

### Update your Lion Account information

Make sure your Lion Account information is correct and up to date in MyLCI or your regional reporting system. Note that the new Lion Portal will require a unique, unshared email, and phone numbers will no longer be supported as a log in credential.

If you're a club president, secretary or administrator, updating member information is simple:

- Log in to the current member portal with your Lion Account credentials
- Navigate to MyLCI
- Select "My Lions Club"
- Select "Members"
- Click on the member whose information you need to update.
- Select "Edit Member" to enter in their revised email address and other updated information.

See the following website for more information:

[www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates](http://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates)



# DG~Don Kuehl~

## “Achieve New Heights”

Greetings again Lions of 5M3. How many of you are ready for spring? I’m looking out my window and see a large snowbank. OK, I’m tired of winter and the hazardous driving conditions. I was scheduled to go to St. Cloud for the MN Lions Diabetes Foundation meeting but elected to attend via zoom. I’m glad I did. Speaking of Diabetes, our Foundation approved another \$100,000 grant to the U of M for research. This afternoon was the Diabetes Research Forum where the department heads gave an update on what they are working on. It’s all very interesting but also expensive. They all expressed appreciation to the Lions of MD5M for the support we give them. Speaking of support, Minnesota Lions Diabetes Foundation has their major fund raising program going on right now. Have you heard of “STRIDES for Diabetes Awareness”? It runs from February to the end of April. You register online at [MNLionsDiabetes.org](http://MNLionsDiabetes.org). You get to choose your own activity or be a part of a team (put a team together in your club or outside the club). The registration fee is \$30.00 per person and there are T-Shirts available if you want to purchase. What you commit to is 15 miles of physical activity a month (2000 steps equal a mile). Easy peasy. Physical activity and healthy food and beverage choices are key to preventing diabetes and improving health. I encourage everyone to do this.

If you use the LCI webpage, please note that there are some changes coming. They will be combining MyLion, MyLCI, Insights, and other tools into one cohesive and consistent experience. Please be aware that if you share a email with a Lion member (spouse) you will each need your own email address, and phone numbers will no longer be allowed for log in purposes. So, you may need to update your LCI account. **Check for updates on the Lion Portal webpage.**

Speaking of changes, welcome to our newly elected DGE, Patty Peterson. She will be heading to the International Convention in July to be sworn in as the new DG for 5M3. Here is where we need you to help. DGE Patty is currently trying to fill her cabinet (leadership positions) in 5M3. If she asks you, please step up and help. Additionally, we are looking for Zone chairs. Some Foundations may need 5M3 Lions to step forward to serving as a board member. I can guarantee you it will be a great experience. So please don’t sit on your hands, step outside the booth and volunteer.

Yes, we still need a 2VDG for 5M3. Training for them will start in October of this year. This position needs to be filled to be involved in the training program. Training for new Trustees to our Foundations will be held the end of July. Very important if you are a new trustee to attend this training.

If you are looking for something fun, the MN State Fair is August 24<sup>th</sup> through the 4<sup>th</sup> of September. The Diabetes, Vision, Hearing, along with Kid’s Sight will be looking for volunteers to man the booths and Kids Sight screenings at the Fair. Consider giving it a try. The booths are set up in three hour time slots so you don’t have to spend the whole day there.

Finally, I still have openings for a Governors visit. If you haven’t contacted me please do so and schedule at date. I currently have just one visit for April. Please continue to ask people to join us and our clubs as members. We still have time to reach a positive net growth for the year. Till next month, We Serve and “Together We Can” “Achieve New Heights”.

DG Don

### DG Don’s Upcoming Schedule-2023

April 14-16, 2023: Emerging Lions Leadership Institute, Shakopee, MN

May 5-7, 2023: MD5M Convention St. Cloud, MN

July 7-12, 2023: LCI Convention, Boston





# 1VDG~Patty Peterson

Hello Lions,

In all the trainings and mid-winter conventions I have attended this past year, I am more and more impressed by what our foundations are doing. The advances these foundations have made and are making are absolutely incredible! I have had the privilege of visiting some of the foundations, and it is just amazing to see the advances our donations are helping to achieve. They are very careful in how they spend our donations.

It is very important to have trustees from every district on these boards. The trustees have the responsibility to attend the board meetings, usually four per year. They are also expected to visit the clubs in their districts and report on the latest updates. Please give careful consideration to becoming a trustee on one of these boards.

Club Presidents, please invite the trustees to come and speak at your club meetings.

I hope many of you will join us at the MD5 Multiple Convention May 5-7 in St. Cloud. International President Brian Sheehan will be there in person!!

DGE Patty

# Where there is need, there are Lions





# 2VDG~Deb Rasset

Hello fellow Lions,

I hope that everyone enjoyed our Mid-Winter convention. We had some amazing presentations. I came away with a lot of new information. It was great catching up with all of our 5M3 Lions.

You may have also witnessed the demonstration for me as the candidate for 1VDG. My fellow

2VDGs have been arranging these demonstrations. These are similar to the ones done at Lions International Convention. The intent is to bring some of the fun and excitement from LCICon back to MD5M. Also it shows the support that we have from other Lions in our multiple. They are all a part of our big Lions family. All very important to our success.

Also, Thank you for electing me to 1VDGE. I look forward to the next two years. The training may be a challenge. But I believe I'm up to that challenge.

Our district really needs someone to step up. We are in need of a 2VDGE. It will make it much easier to step up now. If you wait, it will be a lot of information to catch up with. If you have any doubts just ask DGE Patty. The time commitment for 2VDG is really minimal. There are 2 days of training and a Council of Governors in October. I believe that will be in Brainerd again this year. It has been an amazing journey so far.

Now that all of the Mid-Winter conventions are over, it is time for a little breather.

Looking forward to the MD5M convention. It will be held in St. Cloud. The dates are May 5-7, 2023. I hope to see many of you there.

Until next month,

Keep up all of the great service projects.

Make it a great day.

1VDGE Deb



THE 2023-2024 CONTEST

## Dare to Dream

To a young person, a dream isn't just a wish, hope or desire — it's a path, a goal, an ambition. But achieving that dream takes hard work. So this year, we're asking young people to show how they'll turn their dream of a peaceful world into reality.





**Minnesota Lions Diabetes Foundation, Inc.**

Dear MD5M Lions,

The Annual Meeting of the Minnesota Lions Diabetes Foundation, Inc. will be held on Saturday, May 6, 2023. The meeting will be held at the MD5M Convention at the Holiday Inn in St. Cloud, MN, USA. Each Minnesota Lions Club in Multiple District 5M is allowed one voting delegate. The Foundation Meeting will be held between 7:00 a.m. to 9:00 a.m. in a room to be determined.

During the annual meeting we will review proposed amendments to the Foundation Bylaws; review activities of the past year; recognize and honor outgoing Trustees; and announce new Trustees that will serve starting July 1, 2023.

I want to personally thank all the Lions, Clubs, Districts, individuals, and businesses in Minnesota that have supported our Foundation this year. We are using your donations to improve the quality of life for people by funding research to cure diabetes, providing education, and sponsoring preventative health activities.

Yours "Catching the Dream",

Lion Brian Rykhus  
Chairman  
Minnesota Lions Diabetes Foundation, Inc.

**Proposed Changes to the Minnesota Lions Diabetes Foundation By-Laws**

Proposed changes to the Minnesota Lions Diabetes Foundation By-Laws will be presented at the Annual Meeting of the foundation on May 6, 2023.

The changes are as follows:

**ARTICLE II- CORPORATE OFFICE**

2.01 Location- The principal office of the Corporation in the State of Minnesota shall be at: 15 8<sup>th</sup> Ave. N., St. Cloud, MN 55305

**CHANGE TO:**

2.01 Location- The principal office of the Corporation in the State of Minnesota shall be at: 803 W. St. Germain St., St. Cloud, MN 56301

Rationale: The legal counsel of the Minnesota Lions Diabetes Foundation has moved to a different address therefore forcing a change of address for the Minnesota Lions Diabetes Foundation.

**ARTICLE V- MEETINGS**

5.02. Regular Meeting - A minimum of four (4) regular meeting of the Foundation shall be called by ten (10) days written notice to each Board member from the Secretary with such notice stating the time, place and agenda.

**CHANGE TO:**

5.02. Regular Meetings - A minimum of four (4) regular meetings of the Foundation shall be called by ten (10) days written notice to each Board member from the Secretary with such notice stating the time, place and agenda.

Rationale: This is a grammatical correction to the word "meeting[s)".

5.03. Special Meetings - Special meetings of the Foundation may be called by the executive committee by giving ten (10) days written notice to each Trustee for the Secretary stating the time, place and purpose of such meeting.

**CHANGE TO:**

5.03. Special Meetings - Special meetings of the Foundation may be called by the executive committee by giving ten (10) days written notice to each Trustee by the Secretary stating the time, place and purpose of such meeting.

Rationale: This is a grammatical correction to the phrase "by the Secretary".

**ARTICLE VI- OFFICERS AND DUTIES**

6.09. Treasurer - The Treasurer shall have charge of the funds of the Foundation, pay all bills under the direction of the Trustees, and keep accurate accounts of all money received and disbursed. The Treasurer shall render solicitation statements to the Lions and Lioness Clubs in the Multiple District and perform such follow-up as necessary and as directed by the Trustees. He/she shall maintain correct accounts, books and records, which shall be open to inspection at all times by the Trustees and Council of Governors or any auditor appointed by the Trustees or Council. The Treasurer shall make regular financial reports including receipts and disbursements at each meeting of the Trustees, an annual report to the Foundation and the Council of Governors, and such other reports, and at such times, as the Chairperson or Trustees may require. The Treasurer shall give bond for the faithful performance of his duties in such sum and with such sureties as may be required by the Trustees. The Treasurer shall deposit corporate monies in corporate accounts in such banks, trust companies or other depositories as shall be selected by the Trustees and shall perform such other duties as may be assigned by the Chairperson or Board of Trustees.

**CHANGE TO:**

6.09. Treasurer - The Treasurer shall have charge of the funds of the Foundation, pay all bills under the direction of the Trustees, and keep accurate accounts of all money received and disbursed. The Treasurer shall render solicitation statements to the Lions Clubs in the Multiple District and perform such follow-up as necessary and as directed by the Trustees. He/she shall maintain correct accounts, books and records, which shall be open to inspection at all times by the Trustees and Council of Governors or any auditor appointed by the Trustees or Council. The Treasurer shall make regular financial reports including receipts and disbursements at each meeting of the Trustees, an annual report to the Foundation and the Council of Governors, and such other reports, and at such times, as the Chairperson or Trustees may require. The Treasurer shall give bond for the faithful performance of his duties in such sum and with such sureties as may be required by the Trustees. The Treasurer shall deposit corporate monies in corporate accounts in such banks, trust companies or other depositories as shall be selected by the Trustees and shall perform such other duties as may be assigned by the Chairperson or Board of Trustees.

Rationale: Lioness Clubs were removed from this paragraph since they no longer exist.

**ARTICLE VIII- DEPOSITS AND FUNDS**

8. 01. Contracts-The Board of Trustees may authorize any officer, officers, agents of the Corporation in addition to the officers authorized by these bylaws the enter into any contract or execute and deliver any instrument in the name of and on behalf of the Corporation and such authority may be general or confined to specific instances.

**CHANGE TO:**

2

8. 01. Contracts-The Board of Trustees may authorize any officer, officers, agents of the Corporation in addition to the officers authorized by these bylaws to enter into any contract or execute and deliver any instrument in the name of and on behalf of the Corporation and such authority may be general or confined to specific instances.

Rationale: This is a grammatical correction to the phrase "to enter into any contract".

**ARTICLE VIII- DEPOSITS AND FUNDS**

9.04. Effective Date - These bylaws shall become in full force and effect when adopted by an affirmative vote of the majority of the members qualified and present at an annual for special meeting of this Corporation, provided that copies shall have been provided to the members as required herein and further provided that copies of the proposed amendments shall have been provided to each member in accordance with the terms contained herein before such meeting. The bylaws or amendments must also be affirmed by the Lions Multiple District 5M before they will be effective. All provisions of these bylaws shall be interpreted to comply with all appropriate provisions of Minnesota law, the laws of the United States of America and the requirements of Lions Clubs International.

**CHANGE TO:**

9.04. Effective Date - These bylaws shall become in full force and effect when adopted by an affirmative vote of the majority of the members qualified and present at an annual or special meeting of this Corporation, provided that copies shall have been provided to the members as required herein and further provided that copies of the proposed amendments shall have been provided to each member in accordance with the terms contained herein before such meeting. The bylaws or amendments must also be affirmed by the Lions Multiple District 5M Council of Governors before they will be effective. All provisions of these bylaws shall be interpreted to comply with all appropriate provisions of Minnesota law, the laws of the United States of America and the requirements of Lions Clubs International.

Rationale: This is a grammatical correction to the phrase "annual or special meeting". The Lions Multiple District 5M "Council of Governors" was also added as the Multiple District 5M body to affirm the bylaws or amendments.

Approved by the Minnesota Lions Diabetes Foundation Trustees at their meeting on March 18, 2023

Chairperson \_\_\_\_\_

To be presented to the General Membership Meeting on May 6, 2023 for approval

**Make Checks payable to:**

MN Lions Childhood Cancer Foundation

**Mailing Address:**

% Tom McCarthy  
23535 735<sup>th</sup> Ave  
Dassel, MN 55325

**E-mail:**

[MnLionsCCF@gmail.com](mailto:MnLionsCCF@gmail.com)

**Website:**

[www.mnlionschildhoodcancerfoundation.org](http://www.mnlionschildhoodcancerfoundation.org)

**Donor Information:**

*(Please include the following information with your donation. Thank You!)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Lions Club: \_\_\_\_\_

District: \_\_\_\_\_

Donation: \$ \_\_\_\_\_

*The MN Lions Childhood Cancer Foundation was granted 501(c)(3) status as a nonprofit organization in July of 2020.*

**Brief History**

**2018** Childhood Cancer is designated as one of five Global Causes by Lions Clubs International.

**2019** Minnesota Lions Childhood Cancer Foundation is incorporated.

**2020** IRS approved the Foundation as a charitable organization.

**2020** The Foundation raised and donated \$100,000.00 to the University of Minnesota Masonic Children's Hospital, with matches that brought the total to \$300,000.00!

**2022** The Foundation has donated \$375,000.00 to the University of Minnesota Childhood Cancer Survivor Program.

**2022** The Foundation has donated \$29,000.00 to Kamp KACE.

**2022** The Foundation has matched 17 local Lions Club donations to families dealing with childhood cancer for a total of \$8,500.00.



*Trustee Contact Information*

*(Brochure Revision February 2023)*

**MN Lions Childhood Cancer Foundation**



**Together We Can Make a Difference**

**Local Club Match Program**

- For families dealing with childhood cancer, medical bills are only part of the cost.
- Transportation, lodging, meals, daycare for the siblings – it all adds up.
- The Minnesota Lions Childhood Cancer Foundation partners with local Lions Clubs to offer some financial assistance to families in the community dealing with childhood cancer.
- The Foundation will match up to \$500 donated by a Lions Club to a family dealing with childhood cancer.
- If you are, or know of, a family dealing with childhood cancer, reach out to your local Lions Club to see if they can help. If you need assistance, contact the Foundation, and we will help you make the contact.
- Local clubs may also be able to help with lawn care, transportation, meal expense and other items that are often overlooked, but can add up to a crushing burden on a family fighting childhood cancer.

**Childhood Cancer Survival Program**

- Each year, more than 15,000 children and young adults are diagnosed with cancer in the United States.
- Cancer is the leading cause of death of children by disease.
- The incidents of childhood cancer have increased 29% over the past 20 years.
- While the incidents of cancer have gone up, treatment has resulted in 80% of children with cancer who will survive over five years. That's up from only about 25% survivor rate in the 1960's.
- Three-quarters (¾) of childhood cancer survivors will have a chronic health condition related to their treatment. One-third (⅓) will have a serious complication stemming from their cancer treatment.
- The University of Minnesota Masonic Children's Hospital Childhood Cancer Survivor Program addresses those ongoing issues.
- Our Foundation is proud to be a major sponsor of the Childhood Cancer Survivor Program.

**Kids Against Cancer Everywhere**



**Kamp KACE**

- Provides a safe, rewarding, and memorable camp experience for school-aged kids with cancer and their siblings.
- The mission of Kamp KACE is to help kids with cancer feel like kids.
- Founded in 1986, Kamp KACE is in north central Minnesota and can accommodate over 100 campers.
- Volunteer medical professionals are on site and on duty to ensure the safety of the campers.
- The support of the Minnesota Lions Childhood Cancer Foundation, the Lions of District 5M9 and other generous supporters, the camping experience is provided to families at NO COST.



# Autism Assist Dog Bonnie Brings Happiness and More to Ellie

March 14, 2023

Eleven-year-old Ellie loves stuffed animals. She has a sloth named Sunny, a penguin named Pip, a dog named Blucy, a shark named William, and many more. She says, "My stuffed animals make me feel happy." Now Ellie has a new animal in her life: a black Lab Autism Assist Dog named Bonnie.

Born with Cri du chat syndrome, a rare genetic disorder similar to autism, Ellie was not expected to walk, talk, or eat on her own. Her mom, Kari, says, "It was a pretty grim diagnosis, but, since day one, we've really done everything in our power just to ensure we give Ellie all of the opportunities for her to live the fullest life possible." With several types of therapies over the years, Ellie has done well. Then, a few years ago, Kari and husband Justin considered an additional "opportunity" of an assistance dog for Ellie and applied with Can Do Canines.



In late 2022, the family was thrilled to learn that Bonnie would be joining their household. Kari remembers when Bonnie first came to their home to meet Ellie, and Ellie flung open the door to squeal, "Yay, Bonnie!" Kari explains, "[Ellie's] always loved dogs. She can name every single dog in our neighborhood. If we met a dog on a walk five years ago, she can still remember the dog's name. It's incredible, right? She just really has this passion and love for animals."

Bonnie is equally passionate about Ellie and loves to help her stay calm. Justin says that Ellie "has a lot of anxiety ... and is also a runner." Justin shares, "Anytime we were out in public, staying with us was always a challenge. She'll see something and she goes. It was really hard for us to be out as a family. We would literally have to have one arm on Ellie and one arm trying to do whatever we were doing." Now, tethered to Bonnie, Ellie is able to not only stay safe but also feel more confident leaving the house. Previously, she expressed a lot of nervousness when having to attempt new environments.

Justin also mentions the overall positive effect Bonnie has had on their family outings. "It is a night-and-day difference going out to dinner." Ellie doesn't get out of her seat so much or get hyperfocused on her phone or something else. "Now she's engaging more," says Justin.

But Bonnie doesn't have to be out among crowds to make difference. Kari and Justin report that Ellie is sleeping much better now with Bonnie and no longer regularly gets out of bed. She also tends to pick the skin on her hands and face quite often and easily gets fidgety. Bonnie provides an alternate, healthy focus. Justin says, "Ellie gets in a loop. She sometimes will get so focused on something ... almost obsessive, and Bonnie is there to help alleviate that and get her off that track. It's an easy thing for Ellie to do, to go snuggle Bonnie, and then she quickly breaks out of that loop, which has been awesome."

For all these reasons and more, Kari and Justin offer a "giant thank you" to Can Do Canines supporters. "They're investing their time and their resources for someone they've never met," says Justin. "The impact that it has had on our life in such a short timeframe is really hard to even put it into words. We think Bonnie is the perfect addition to our family, and to think about the amount of time and effort it took to get Bonnie to where she's at, where she can help Ellie and her quality of life, I mean, it's priceless for us."

Ellie, herself, is delighted with her new furry friend. Kari states, "Bonnie continues to be a main theme through all the notes from school. The entire school staff knows about Bonnie. Ellie loves talking and sharing about Bonnie." In fact, when asked why she likes Bonnie, Ellie responds, "Bonnie makes me feel happy."

What more can a girl ask for?

Thank you to all those who made this partnership possible:

Great Start Home — Mary Spencer

Puppy Raiser — Stanley Correctional Institution

Special Thanks — Brian Etling, Jim Peterson, University of Minnesota FETCH Program

Name-A-Puppy Donor — Miko Reber



# UPCOMING EVENTS



**Adults \$10**  
**Kids 6-12 \$6**  
**5 & under free**

## Westbrook Lions



**Pancake Breakfast**  
**Sunday, April 16**  
**10-1, Community Ctr**

**Pancakes, Sausage,**  
**Scrambled Eggs,**  
**Coffee, Milk, Juice**



## 103rd Annual MD5M Multiple Convention

May 5-7, 2023

Holiday Inn, St. Cloud, MN

### HIGHLIGHTS

IP Brian & Lion Lori Sheehan  
 Live, in-person and not flat!

Mark Lindquist  
 Motivational Speaker

Ukraine Service Project

Sheehan Foundation Penguin  
 Sock Walk

Starkey Hearing Session

John Harrington  
 1980 Olympic Miracle on Ice



**REGISTER ONLINE**  
 If you plan to pay by check, it is kindly requested you fill registration out online. Details for mailing the check are included there.



**MAKE YOUR HOTEL RESERVATION**  
 SCAN WITH YOUR MOBILE CAMERA



## "Catch the Dream" ...Life Without Diabetes!

Minnesota Lions Diabetes Foundation  
**STRIDES for Diabetes Awareness**

February, March & April 2023  
 Commit to 15 Miles of Physical Activity a Month  
 2000 steps = 1 mile

**You Choose Your Activity**  
 Be active on your own  
 Be a part of a team

Registration opens February 1, 2023

Register Online by clicking on link below  
 or visit [MNLionsDiabetes.org](http://MNLionsDiabetes.org):

[Physical Activity Challenge registration & info link](#)

\$30 Registration Fee  
 T-Shirts available



*Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.*

Net Proceeds benefit  
 Minnesota Lions Diabetes Foundation



UKRAINE NEEDS YOUR SUPPORT

BRING NEW SOCKS, GLOVES, HATS, RAIN PONCHOS OR CASH DONATIONS FOR UKRAINE SERVICE PROJECT AT THE MD5M CONVENTION MAY 5TH 12:00-3:00

## Minnesota Lions Hearing Foundation ANNUAL WALK

**JUNE 3, 2023 - 9:30 AM**

MINNESOTA LANDSCAPE ARBORETUM - CHASKA, MN  
 DIAMOND POINT PARK - BEMIDJI, MN

Register at: <https://secure.gglv.com/event/2023mthfwalk/>  
 Text DFEET2023 to 50155 to donate or register!

# 5M3 HAPPENINGS

## MEMBERSHIP UPDATE



Jan 31, 2022.....1,027

Feb 28, 2023.....1,028

YTD Members Added: 50

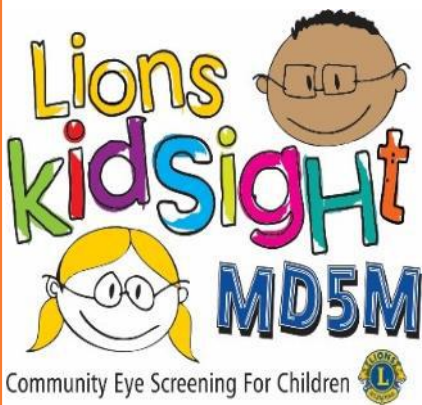
YTD Members Dropped: -57 YTD

Net Loss/Gain: -7

35 clubs



Granite Falls Lions hosted 5M3 District Governor Don Kuehl at their March meeting.



Community Eye Screening For Children



7 years ago MD5M Lions KidSight was approved as a MD5M project. To date Lions in our Multiple District have completed

1,768 screening events, screened 126,405 kids with 14,196 referrals. Happy Birthday MD5M KidSight!!

## Club Sponsor Page

To have your Club listed on the sponsor page, send your **\$40.00** to District Treasurer, Denise Nelson at 405 S St, Morgan MN 56266 Memo line: Newsletter Sponsor.

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## APRIL 29, 2023

### Worldwide Induction Day (WWID)

WWID is an exciting global membership celebration held annually on the last Saturday in April to unite clubs around the world in welcoming new members.

While this year has been a year like no other, many clubs and districts have been successful in forming new clubs and recruiting new members. Let's celebrate that accomplishment on **April 29, 2023** together on Worldwide Induction Day.

# 5M3 HAPPENINGS



**Above: Windom Lions Club** held a benefit for Miguel Esquivel's transplant expenses. A check for \$17,500 was presented to the family.



Since the **Westbrook Lions** began in 1987, Lion John Madson has been responsible for the Lions taking tickets at all of the home games; including football, boys and girls basketball and girls volleyball. Above L-R: Leo Theisen, Westbrook-Walnut Grove School athletic director, and Lion John Madson.



**Buboltz, Warta receive Lions Helen Keller awards**

The Lions Club of New Ulm awarded two Helen Keller awards at their March 9th meeting. Monica Buboltz, pictured left, received the award for her many dedicated years to the Lions sponsored "Low Vision Project" at the New Ulm Public Library. This project provides free magnifying equipment and tools to people with low vision free of charge. Diann Warta, center, received her award due to her 16 years of dedication to the club, serving as president twice and for serving on the board of directors for many of those years. She is always willing to help with our many projects. The award is named after the famous blind and deaf woman, Helen Keller, who in 1925, challenged Lions Clubs to be "Knights of the Blind". New Ulm President, Brad Kirk, is pictured on the right.



The **Lakefield Lions** ran BINGO for a Childhood Cancer fundraiser on a Sunday afternoon in January and February. They were able to raise \$500 for the MN Lions Childhood Cancer Foundation. At our first Sunday BINGO, a parent of a child lost to cancer at 7 years old spoke how important it was to have a fundraiser. She said Childhood cancer is one of the lowest funded cancers. The Lakefield Lions also donated an additional \$500 to the Ronald McDonald House in Minneapolis where the family stayed while their son was in treatment.

# Proposed Dues Amendment / VOTING DELEGATE FORM for Multiple Convention

All 5M3 Lions Club Presidents and Secretaries;

The CBL committee met and reviewed the proposed amendment to Article VIII Multiple District Administration Fund. The proposed amendment is in proper format and was received on time. Jay Norby, 5M9, made a motion to accept the proposed amendment and Wayne Radloff, 5M3, seconded the motion. Motion carries. The attached proposed amendment should be sent to all clubs ASAP but no later than April 4th, 2023. This proposed amendment will be voted on by delegates at the Multiple Convention business meeting, May 6, 2023 in St. Cloud. Since this came out of committee there is no 2nd needed.

Please let me know if you have any questions,  
Kellie Knudson, CBL Chair MD5M

Here is the link to register your voting delegates for the convention. Please register them as soon as possible so delegate cards can be created.

<https://forms.gle/sCFjNsZp4d1qhvKU8>

Lion Cindy Walters  
Executive Secretary MD5M  
[executivesecretary@LionsMD5M.org](mailto:executivesecretary@LionsMD5M.org)  
952-484-0404  
1915 Waterford Circle, Chaska, MN 55318

## February 3, 2023

### Proposed Amendment to ARTICLE VIII Multiple District Administration Fund

#### Current wording:

##### SEC. 2 - REMAINING FUNDS

2) Breakdown of per capita tax, (dues) - The annual tax of six dollars and fifty-five cents (\$6.55), U.S. Funds, shall be apportioned as follows: \$4.84 MD5M Administrative Fund .25 Campaign Fund .25 GMT/GLT Fund .46 MD5M Geographical Area Assistance Fund .50 MD5M Convention Fund .25 MD5M International Parade Band Reserve Fund \$6.55 Total annual tax per member.

#### Proposed wording with change:

2) Breakdown of per capita tax, (dues) - The annual tax of seven dollars and 5 cents (\$7.05), U.S. Funds, shall be apportioned as follows: \$4.84 MD5M Administrative Fund .25 Campaign Fund .25 GMT Fund, .50 GLT Fund, 46 MD5M Geographical Area Assistance Fund .50 MD5M Convention Fund .25 MD5M International Parade Band Reserve Fund \$7.05 Total annual tax per member.

#### Rational for this change:

The first part of the proposed change is to create separate funds for the Global Membership Team (GMT) and the Global Leadership Team (GLT)

The current assessment, split between the Global Membership Team (GMT) and the Global Leadership Team (GLT) of .25 results in \$4,757.75 based on the MD membership as of January 2023. This provides \$2,378.86 to each program.

With the current focus on the Global Membership Approach (GMA) the proposed change would allow GMT to retain the full .25 assessment (\$4,757.75) to be spent on growing and retaining members.

We are very aware that we are suffering a leadership crisis in our Multiple District. At this time we have one vacancy for DGE and 1<sup>st</sup> VDGE and 6 vacancies in the office of 2<sup>nd</sup> VDG.

Our goal is to grow leadership both at the club and district level.

We are also aware that the Regional Lions Leadership Institute has served as a "Leadership Incubator" for our Multiple District.

In the Lions year 2018-19 7 of the Governors were RLLI graduates, 2019-20 9 were, 2020-21 11 were, 2021-22 9 were, and 2022-23 7 were graduates of RLLI.

Two years ago we began offering RLLI every year instead of every other year. This year we offered a Faculty Development Institute (FDI) to provide faculty for our local institutes and we will be offering an Emerging Lions Leadership Institute, geared to Lions who are vice-presidents of their club, for only the second time in our Multiple since 2019.

Conducting these institutes cost money and we receive limited funding from LCI, currently \$4,500 in the form of a Leadership Development Grant once a year. Having these additional funds available will result in having more Lions ready and prepared to step up to a leadership position both at the Club and District level.

This proposed change will provide \$9,515.50 to be used for Leadership Development. An increase of \$7,136.64 over the current assessment.

Funds that will help conduct institutes as well as help reduce the cost for our attending Lions.

I would ask that you approve this proposed change and help our Multiple District to invest in Leadership Development.

Respectfully submitted:

Dennis W. Kelly III, PDG

MD5M Global Leadership Team Coordinator

<b>St James Lions</b> 1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Brad Holmberg Pres.	<b>Springfield Area Lions</b> 2nd Thurs; 6:30 pm American Legion Lion Deb Miesen, Pres.	<b>Tyler Lions</b> 4th Wed; 7:30 p.m. Kronborg Inn 101 Hwy 14 Tyler Lion Curt Thomsen, Pres.	<b>Luverne Lions</b> 2nd Mon; 6 p.m. Pizza Ranch Lion Charles Eglund, Pres.	<b>Tracy Lions</b> 2nd Mon; 6:30 p.m. The Caboose Lion Quinn Horvath, Pres.
	<b>Jackson Lions</b> 2 & 4 Mon; 6:15 pm Jackson American Legion Lion Mark Walter, Pres.	<b>Sleepy Eye Lions</b> 1st Tues; 6:05 p.m. Sleepy Eye Golf Club Lion John Cselovszki, Pres.	<b>Wabasso Lions</b> 3rd Wed; 6:00 pm Community Center Lion Mike Eichten, Pres.	
<b>Vesta Lions</b> 1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	<b>Redwood Falls Lions</b> 1 & 3 Mon; 6:00 p.m. VFW-Redwood Falls Lion Caitlyn Krueger, Pres.	<b>Comfrey Lions</b> 2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Nathan Hesse, Pres.	<b>Hadley Lions</b> 3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Lisa Saner, Pres.	<b>Morgan Lions</b> 4th Mon; 6:30 p.m. Lions Community Ctr Lion James Lueken, Pres.

Clubs that haven't paid for advertising will be removed in May newsletter

Bringing the District news to you!  
 If your Club is not listed, be sure to send in \$40.00 to  
**District Treasurer, Denise Nelson**  
**405 S St, Morgan MN 56266.**  
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# 5M3 Lions Clubs Sponsor Page



<b>Lions of New Ulm</b> 1 & 2 Thurs; 6 p.m. Turner Hall Lion Brad Kirk, Pres.	<b>Marshall Lions</b> 2 & 4 Tues; 6 p.m. Lion Jackie Meyer, Pres.	<b>Jasper Lions</b> 3rd Mon; 6 p.m. Stonewall Bar & Grill Lion Tim Houg, Pres.		<b>Westbrook Lions</b> 1st Wed; 8 p.m. Senior Center Lion Russell Gundermann, Pres.
<b>Truman Lions</b> 6:00 pm 1st Mon; Jan-May and Oct-Nov 2nd Mon Church of Christ Lion Ann Erdmann, Pres.	<b>Granite Falls Lions</b> 1 & 3 Mon; 6:30 p.m. Trolley's Bar & Grill Lion Camille TeBeest, Pres.	<b>Fulda Lions</b> 3rd Mon; 6:30 p.m. Fulda Sr Citizens Ctr Lion Michael Zins Pres.	<b>Ganby Lions</b> 2nd Mon; 6:30 p.m. PK Egan's Lion Gene Bies, Pres.	<b>Lucan Lions</b> 2nd Thur; 7 p.m. Knotts Corner Lion Bradley Salfer, Pres.
<b>Sherburn Lions</b> 2 & 4 Mon; 7 p.m. Sherburn Legion Lion Nate Kilma, Pres.	<b>Fulda Wood Duck Festival</b> <b>June 16-19, 2022</b> 			<b>Lakefield Lions</b> 1st Mon; 6:30 p.m. Multi-Purpose Bldg Lion Dewayne Hage Pres.
<b>Jeffers Community Lions</b> 1st Thurs; 6:30 p.m. Jeffers City Hall Lion Susan Goeman, Pres.	<b>Clarkfield Lions</b> 3rd Tues; 7:30 a.m. Friendship Café Lion Jim Lynner, Pres.		<b>Windom Lions</b> 2 & 4 Wed; 6:30 p.m. Jack Slades Lion Alan Saffert, Pres.	<b>Fairmont Lions</b> 3rd Mon; 6 p.m. Pizza Ranch Lion Allen Struck, Pres.

Newsletters are available 16 months back at:

[e-district.org/sites/5m3/](http://e-district.org/sites/5m3/)