



5M3 Lions Den

December 2020
Edition 12 Volume 5

www.lionsclubs.org

www.e-district.org/sites/5m3/

Lions Den

District 5M3



5M3 District Governor

~David Janssen~

Greetings Lions of 5M3

District Governor:

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105 Swanson Dr
Sherburn MN 56171
davidjanssen1947@hotmail.com

1st VDGE:

Lion Gordon Mulder
1631 175th St
Luverne MN 56156
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Lion Diana Kuehl
141 Second Ave
Jackson MN 56143
507-847-3126
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Lion Denise Nelson
405 S Street
Morgan MN 56266
507-227-1712
dlnelson0714@hotmail.com

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lion5m3@hotmail.com

Activities have slowed down some in Lions projects and the meetings that are taking place. Some clubs are meeting under social distancing and masks. Some Lions Clubs are doing projects and fundraisers and getting along very well. I have said before, it is up to the individual club how they want to handle the Coronavirus and how they want to deal with it. We wish the best for everyone and stay healthy.

We held our second cabinet meeting the first week in November and it was on Go-To meeting format. Everyone is getting more comfortable with it as time goes on. Membership is at 1096 as of 11-14-2020. Zone meetings can be taking place any time the members feel comfortable doing them. Zone meetings are an important part of the LIONS Program. It keeps the District Governor and Zone Chairs informed about how the clubs are doing. So, let's get those Zone Meetings in. PDG Don would like to speak about the NAMI Program and how it is working at the Zone meeting and IVDG Gordon Mulder would like to talk about LCIF at those meetings also.

The second planning meeting for the Mid-Winter Convention also took place the first week of November. Discussion was held and it looks like a 1-day convention is being planned. This is how it looks so far: the third Cabinet meeting will take place on Friday evening. Saturday morning begins with tying Cancer Blankets first, followed by the memorial service at 10:30 am. Next, International Director Billy Blankenship will speak at our noon luncheon. The 5M3 business meeting will take place about 2:00 pm that afternoon. Discussion was held about possibly having a couple Lions speak about their programs on Saturday morning. At this time, the Saturday Banquet will not be held and nothing will happen on Sunday. All this is coming together but nothing is etched in stone. Any ideas for the convention, please let the planning committee know. It might be different, but we will still together. The way the virus is spreading these days, the Mid-Winter Convention might have to be cancelled and part of it would be virtual. All the registration money would be returned.

RLLI Regional Lions Leadership Institute is being held on March 18-21, 2021 in Detroit Lake at the Holiday Inn. We are looking for Lions from our district to improve their leadership skills and other learning opportunities. 5M3 can take 6 members to this great Leadership Institute. 5M3 hasn't sent anyone to this for the last couple years. If interested, let DG David know. We will get you registered.

Still looking for a 2nd Vice District Governor. It would be nice if someone would step forward to fill this position. If interested, contact DG David at 507-236-2480. You'll meet a number of Lions members and really see how the Multiple District works.

We are planning to do a Guiding Lion training in the district. The question is how we'll do it. It will be determined by the amount of interested members who want to take the training. This will take place in a couple of spots in the district or it could be a Go-To meeting format, like the officers training. If interested, let DG David or GLT Wayne know.

Lions Club International has come up with a plan for payment of dues. Flexible payments and no clubs will be suspended or cancelled through Dec. 31, 2020. Charter fees and entrance will be waived until Dec. 31, 2020. Working with some Lions Clubs that are disbanding and working with the individual Club. We hate to see this happen and hope to take care of this.

KidSight screening is taking place again in the district. There are new guidelines that will need to be followed. For more information contact KidSight Chair Cindy LaBrie and she will answer your questions.

This is all for now. We hope in the next month or so Lions meetings and service projects start happening again. I want everyone to have an enjoyable Thanksgiving and give thanks for what we have. We will miss not being able to gather with family and friends, but we will make the best of the situation.

Have a good week. Ask someone to be a LION!

BRING GROWTH TO LIONS
DG David J.

Inside this issue

DG David article.....	1
5M3 Mid-Winter registration...	2
5M3 Mid-Winter program.....	3
1VDG Gordon article.....	4
Passing of the Pride.....	4
MDM5 Hall of Fame Award....	5-7
MDM5 Al Jensen Award.....	8-9
Leadership opportunities.....	10
NAMI/Can-Do-Canines reports....	11
LTPIC Youth Scholarship.....	12
5M3 Happenings.....	13-15
Hearing Foundation report.....	15
Service Project Ideas.....	16-19
Sponsor Page.....	20



BRINGING GROWTH TO LIONS!
5M3 Lions Mid-Winter Convention
February 19-20, 2021
Holiday Inn, Fairmont MN



REGISTRATION FORM

Title _____ Lion Guest 1st Timer

Name: _____

Address: _____

City/State/Zip: _____

Telephone Number: _____

Lions District: _____

Club Name: _____

Title _____ Lion Guest 1st Timer

Name: _____

Address: _____

City/State/Zip: _____

Telephone Number: _____

Lions District: _____

Club Name: _____

****Prices reflect cost of Speakers & Extras at this Convention****

EVENT CHOICES:	Before	After	#Attending	\$ Amount
	Jan 20	Jan 20		
Saturday Noon Luncheon	\$25.00	\$30.00	_____	\$ _____

Make Check Payable to:
 District 5M3 Lions (memo-Mid Winter Conv)

Mail Completed Form and Payment to:
5M3 Lions Mid-Winter Convention
% PDG Don Kuehl
141 Second Ave, Jackson, MN 56143

507-841-4917
 ddkuehl@msn.com

Room Reservations:
 Holiday Inn-Fairmont 1-507-238-4771
 1201 Torgerson Drive
 Fairmont, MN 56031
[Make reservations by January 20 – Tell them you are with “Lions 5M3”](#)
 Room Rates - \$99

Friday, February 19, 2021

- 5:30-6:00 p.m. Registration/Credentials
- 6:00 –7:30 p.m. Cabinet Meeting

Saturday, February 20, 2021

- 7:30-11:30 a.m. Registration/Credentials
- 8:30-4:00 p.m. Tie Cancer Blankets (poolside)
(available to do all day)
- 8:45-9:00 a.m. Opening Ceremony
5M3 DG David Janssen
- 9:00-9:40 a.m. Speaker #1
- 9:40-9:50 a.m. Break
- 9:50-10:30 a.m. Speaker #2
- 10:40-11:30 a.m. Memorial Service
- 12:00-1:45 p.m. Recognition Luncheon
Speaker ID Billy Blankenship
Peace Poster— Deb Rasset
Awards
Tail twisting
Lion Galen Engholm
- 2:30-4:00 p.m. Business Meeting
- 4:00 p.m. Adjournment



BILLY J. (B.J.) BLANKENSHIP
INTERNATIONAL DIRECTOR

Billy J. (B.J.) Blankenship, from Lafayette, Tennessee, USA was elected to serve as international director of Lions Clubs International at the association's 101st International Convention, held in Las Vegas, Nevada, USA, June 29 through July 3, 2018.

Director Blankenship is currently a member of the Macon County Board of Education – Transportation Department. He is a retired Tennessee Army National Guardsman having last held the position of Maintenance Control Sergeant.

He has been a part of the Lafayette Lions Club since 1994 and has held many positions within the association including district governor and district GLT coordinator. He has also served as LCIF multiple district coordinator, district leadership development chairperson and multiple district GMT coordinator. Director Blankenship has also served as Sergeant-at-Arms at International convention from 2015-2017.

In recognition of his service he has been awarded three International President's Awards, an International President's Leadership Award and nine International President's Certificates of Achievement. He is also a recipient of the association's highest recognition, the Ambassador of Good Will award.

Director Blankenship is a Progressive Melvin Jones Fellow. His wife, Carolyn G. Blankenship, is Melvin Jones Fellow and longtime Lion.



THIS IS NOT A FINAL DRAFT OF THE PROGRAM. PROGRAM MAY CHANGE AS SPEAKERS ARE FINALIZED. IF CONVENTION IS CANCELLED, REGISTRATION FEES WILL BE REFUNDED.



1st Vice District Governor ~Gordon Mulder~

From the desk of 1VDG Gordon Mulder. A look back, a look forward.

What has been happening... The evil serpent virus Covid raised its ugly head. Our local club canceled the monthly meeting because DG Dave decided to stay home and protect us—just in case. And he tested negative—good deal. We have started to discuss the 5M3 Mid-Winter Lions Convention. How do we have a convention in the midst of ‘sheltering in place’, trying to stymie covid. Life goes on, normal has disappeared. Schools are trying to teach old subjects in new and different ways.

We—the 1VDG’s from 5M- had our monthly meeting and it appears the same situation across all of Minnesota and Canada. Lions are being careful, staying home, and trying not to spread covid. We need to stay safe. We also need to continue to serve our communities

International President Dr. Jung-Yul Choi had this to say: It is critical to develop innovative solutions to the challenges facing our communities. As these challenges continue to grow and change, we must grow and diversify our service potential. The opportunities within Lions are just as diverse as we are. We raise funds for the people who need us and the causes that matter to us. So what are we as Lions supposed to do? Do we crawl back into our dens with a ‘woe is me’ attitude, and let the world go by? Or do we step up, suit up, mask up, step out, and ROAR!! Remember, it is a good day to be a Lion. Serve with pride, with the Pride!

Lion Gordon Mulder



Lions Clubs International FOUNDATION

HELP WANTED!!

2nd VICE DISTRICT GOVERNOR FOR 5M3

WE ALSO NEED CHAIRS FOR:
DIABETES FOUNDATION
INTERNATIONAL EXCHANGE
PUBLIC RELATIONS
SPECIAL OLYMPICS



Special Olympics
Minnesota



CONTACT DG DAVID IF INTERESTED.
davidjanssen1947@hotmail.com
507-236-2480

Passing of the Pride...

Have any of your club members passed away since February 2020’s Mid Winter Convention? If so, Please send a photo of the deceased member along with their name, club name and a paragraph of information about the member to PDG Wayne Radloff. We need this for the

Service of Remembrance at the **2021 February Mid Winter Convention.**

DO IT NOW! Before you forget. This service is a way to memorialize and pay our final respect to our Lions and Lioness families since we last met as a district.

Contact PDG Wayne Radloff with names:
Wayne.radloff@yahoo.com

5M3 MEMORIAL SERVICE LIST

- Lion Irv Johnson—Fairmont Lions Club
- Lion William “Bill” Christianson—Fairmont Lions Club
- Lion Lloyd Duane Bennett—Hadley Lions Club
- Lion Arnold “Arnie” Callsen—Jasper Lions Club
- Lion Bill Madetzke—Jasper Lions Club
- Lion Bill Vollbrecht—Morgan Lions Club

MEMBERSHIP UPDATE

Sep 30, 2019.....1,126

Oct 31, 2020.....1,096

YTD Members Added: 6 YTD

Members Dropped: ... -23 YTD

Net Loss/Gain: -17

38 clubs

Retention is the key to keeping your membership numbers. You cannot run your programs without your members. Talk to them, see what keeps them and what makes them leave. Meet their needs.

MD5M Hall of Fame

(October 2003)

Purpose

To honor those Lion and Lioness members of character and substance who have demonstrated the highest level of commitment and dedication to the efforts of their club, district or multiple district and the motto of our association, "We Serve."

Award

There will be a maximum of one (1) recipient of the MD5M Hall of Fame Award per district, inducted into the MD5M Hall of Fame each year. The award may be presented posthumously

Exception:

During the 2003-04, 2004-05 and 2005-06 Lion years, each district will be allowed two (2) Hall of Fame recipients, at least one (1) of which must be honored posthumously. Following the 2005-06 Lion year, beginning in the 2006-07 Lion year, the number of Hall of Fame recipients per district will return to one (1) per district.

The MD5M Hall of Fame award recipients are to be inducted into the Hall of Fame at the annual MD5M Multiple District Convention during the Saturday noon luncheon. The first honorees will be inducted May 21-23, 2004 at the MD5M Multiple Convention.

MD5M Hall of Fame recipients will receive a MD5M Hall of Fame award plaque and a Hall of Fame lapel pin in recognition of their induction in the MD5M Hall of Fame. In addition, a complete listing of all MD5M Hall of Fame recipients will appear in the annual MD5M directory and a perpetual plaque, with the names of all inductees and the year of their induction inscribed thereon, will be kept in a prominent place in the MD5M office, when available.

The presentation of the MD5M Hall of Fame inductees will be the responsibility of the current International Director from MD5M, if there is one and he/she is in attendance at the MD5M Multiple District Convention. If not, then the most recent Past International Director having served from MD5M in attendance at the MD5M Multiple District Convention.

Criteria

A candidate may be a Lion or Lioness, must have been a member in good standing for at least 15 years, be at least two (2) years removed from the

Council of Governors if a PDG, should have qualifications above and beyond the call of duty including social and human endeavors, and he/she should be of good moral character and have a good reputation in his/her community. A nominee must be a member in good standing of a Lions or Lioness Club in MD5M, or must have been a member in good standing of a Lions or Lioness Club in MD5M at the time of their death.

Process

A candidate may be sponsored by any Lion, Lioness, Lions Club, Lioness Club, Zone, or District.

There will be a nomination fee of \$150.00 per each candidate nominated. The nomination fee will be returned to those sponsors whose candidates are not elected for induction into the MD5M Hall of Fame. The nomination fee for those selected for induction will be sent to MD5M and will be used to offset the cost of the award process, plaques and pin.

Nominations, including the nomination fee, must be received by the District Governor at least 30 days prior to the District's Mid Winter Convention.

Each individual District will annually hold an election at their Mid Winter Convention to determine the candidate(s), if any, to be inducted into the Hall of Fame for that Lion Year. Each sponsor will have an opportunity to give a brief presentation on the merits and biographical information of their nominee prior to the election. Those elected to be inducted into the MD5M Hall of Fame will not be announced until their induction at the MD5M Multiple District Convention.

All nominations will use the standard form, no others will be accepted. The nomination fee must be received at the time the application is received, otherwise the nomination will not be considered.

All successful candidates will be inducted into the MD5M Hall of Fame at the next MD5M Multiple District Convention. The sponsor(s) and the respective District Governor will ensure that the honoree or a suitable representative be in attendance at the MD5M Multiple District Convention when the honorees are inducted.

A brief biography of each inductee shall be announced to those in attendance during the induction ceremony at the annual MD5M Multiple District Convention.

MD5M Hall of Fame Nomination

(October 2003)

District _____

Date _____

Nominee:

Name _____
Address _____
Club _____

Sponsor:

Name _____
Address _____
Phone _____
Club _____

Nominee's Biographical Information (Lions, Community Service Family Work – length of service, positions/offices held, committees, service projects. Attach additional sheet if more room is needed.

Why is this person being nominated for the MD5M Hall of Fame?

Nominations must be received by the respective District Governor at least 30 days prior to the District's annual Mid Winter Convention. A nomination fee of \$150.00 must accompany this form. Only this official form will be accepted and the nomination will only be accepted if accompanied by the nomination fee.

Appendix 26.0
LION AL JENSEN LEADERSHIP AWARD
Selection Criteria

Selection Process:

1. One or two awards may be presented annually to Lions who have been members for five years or more.
2. The candidates' selection must be based only on contributions at a District or Multiple level.
2. Each District Governor shall annually nominate no more than one Lion to receive the award.
3. The nomination must be on the official nomination form, signed by the District Governor and submitted to the Council Chair each year no later than March 1.
4. Final selection of the award recipients shall be made by a committee of the seated Council Chair and the two previous Council Chairs.

Selection Criteria:

The award shall be presented to the most qualified Lions nominated for the award, based on the following criteria:

Leadership Characteristics:

1. **Vision...** The ability to see or seek out new ideas and new ways to advance the humanitarian service of Lionism.
2. **Creativity...** Can see new ways to solve problems and to provide humanitarian service. Willingly solicits new ideas from others and helps implement the ideas without worrying about who shall get credit.
2. **Courage...** Follows through on commitments or a project no matter how difficult it may be. Openly accepts feedback, both complementary and critical, and is able to use the feedback to improve the overall success of the work.
3. **Initiative...** Willing to step up and make things happen. Accepts assignments when asked and volunteers where needed. Makes things happen and gets things done.
4. **Unselfishness...** Contributes without expecting something in return. Is most interested in the success of the work and the recognition of those who contributed to the success. Finds satisfaction in the success of the work and the people served, not in the power base that may be gained.
5. **Teamwork...** Success in organizing a team, delegating work within the team, assuring that all members of the team are informed and committed, and follows through to make sure that the work of the team is successful. Also the ability to listen, take suggestions or directions, communicate, and work successfully as a member of a team.
6. **Effectiveness in leading others...** Motivates others to be part of a project/ piece of work, gives them clearly defined recognition when the project/work is completed.
7. **Best exemplifies the leadership qualities of Lion Al Jensen.**

Possible Areas of Leadership Accomplishments:

1. Leading and/or performing leadership development activities.
2. Projects
3. New clubs started
 - a. Lions
 - b. Leo
4. Membership growth
5. Saving or strengthening of weak Lions Clubs

Appendix 27.0

Lion Al Jensen Leadership Award Nomination

Candidate must have been a Lion for at least five years prior to nomination

(Please type or carefully print)

NAME: _____ DATE JOINED LIONS: ___/___/___

DISTRICT: _____ CLUB: _____

OFFICES HELD (Club, District, Multiple District, please list all):

How does this candidate qualify for the Lion Al Jensen Leadership Award? (Please refer to the MD5M Policy Manual Appendix 24.0 for criteria)



Lions Clubs International Education Opportunities

The following Institutes will be offered by Lions Clubs International.

Advanced Lions Leadership Institute

Advanced Lions Leadership Institutes focus on building the skills of Lions leaders to prepare them for leadership responsibilities at zone, region, and district levels. Qualified candidates are Lions that have completed a successful term as club president but have not yet attained the position of First Vice District Governor. Candidates must be willing to commit to all days of the institute.

Lions Clubs International will provide meals and lodging according to the dates and schedule of the institute. Please note that a non-refundable participation fee of US\$125.00 will be required to offset a portion of these costs for all institutes. Participants are also responsible to pay for their own transportation and other travel related expenses to and from the institute site.

Date: March 13-15, 2021

Location: Toronto, ON, Canada

Language: English

Submission Deadline: December 13, 2020

Application available on the LCI website/Resource Center/search ALLI



2021 MD5M Convention

The 2021 MD5M Convention is just around the bend! District 5M-2 invites you to join the jamboree at the Mankato Event Center, Mankato, MN, April 30 through May 2nd, 2021.

Save the date, as District 5M-2 prepares for a weekend that is guaranteed to entertain you with festive music and inspire you with our speakers. District 5m-2 will also plan on a virtual convention as an alternative to unforeseen events.

More information on the hotels and registration form can be found on the 5M2 Lions Facebook page or at www.lionsmd5m.org. Registration and meal packages range from 0- \$130.00 per person. Information on the site will be updated periodically.

Along with all of the fun and festivities, a raffle room will be available and co-hosted by the MN Lions Childhood Cancer Foundation and the MN Lions Diabetes Foundation. There will be speakers from the University of MN on Childhood Cancer, Lions Gift of Sight, MN Lions Hearing Foundation, and a speaker from Leader Dogs.

In addition to the usual business happenings of the convention, service projects will be included. Your help is always appreciated in making Service Projects a success. The MD5M convention host committee plans to focus on a few projects of need. More information to come!

District 5M-2 hopes to see you at the Bend in the River III 2021 Convention!

Contact DG David Janssen to set up a visit with your club!

507-236-2480

Davidjanssen1947@hotmail.com

The district **Public Relations Kit** is available for clubs to use for special events and fundraisers. If your club would like to arrange to use a kit, please contact Lion Denise Nelson at 507-227-1712

dlnelson0714@hotmail.com

NAMI REPORT

Greetings Lions on 5M3. Wow, what a year 2020 has been. Shutdowns stay at home orders, mask mandates, social distancing, and let us not forget the election. No matter what your thoughts and feelings are on the above, remember our Motto is “We Serve”. We do that by practicing the items listed above not for ourselves but for the safety and protection of those around us. I think it is another way we as Lions are serving in our community. It has been extremely difficult to meet as a club, let alone do any service projects. My encouragement to you is to find ways you can serve in your community and do it safely. Reach out to other organizations (food shelf, meals on wheels etc) to see if you can help them. My club is no different from yours, we have not been able to meet, but we are still “serving”. This past week we set up another wheelchair ramp. Photos included in this newsletter. Yes, four Lion members traveled to the site in the same truck, with all of us wearing masks to and from the deployment. What I am encouraging you to do is think how you can do things even if it is different from what we have done before.

Good news is that we may have a vaccine by the end of this year!!!! Maybe that will mean that some resemblance of normalcy will be returning by April or May of next year. Speaking of normalcy, we are planning a one day convention in February. You can find more information on this in the newsletter. Why one day? We are not sure how all the Covid guidelines will be impacting us as a District. We are hopeful that we can make this work for the safety and good of our District. Please, if you are able and feel comfortable about attending, make plans to attend. We will be practicing safety protocols, masks required and social distancing.

Stay safe, keep serving, and never give up. I think 2021 will be better.

IPDG Don Kuehl



Not much going on here at Can-Do-Canines with the covid-19 virus. I don't have the results of the Give to the Max fundraiser at this time.

We want to thank you so much for your ongoing support and contributions during a year filled with lots of change. In April, we announced that our Executive Director and Founder Al Peters will be retiring at the end of the year. The Board of Directors has been thoughtful, diligent and open-minded in working through finding Al's successor. We recognized the challenge in filling Al's shoes, so our commitment to Can Do Canines mission, and future success, was at the forefront of our work during this several month process. Today, we're pleased to share with you the new Can Do Canines Executive Director – Jeff Johnson.

We began this journey with two very important guiding principles in mind: 1) to protect and preserve Al's legacy and 2) to act in the collective best interests of Can Do Canines "Five Pillars" – Employees, Donors, Clients, Volunteers, and Dogs. We searched for a leader who was passionate and energized by the idea of helping those we serve for many years to come. We sought a candidate who would champion the Can Do Canines vision, someone who would live and breathe our life-changing mission, and a leader who could inspire us all in a way that ensures a bright and successful future for our organization. We found these qualities in Jeff Johnson.

With that I will say goodbye for this month

Your CDC Chair

Lion Galen cell 507-920-7129



LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2020-2021 school year that there will be 3 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions or Lioness are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Georgia, Iowa, Louisiana, Minnesota (2), New York (2), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (3). The 2021 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2021.

Selection of the scholarship recipients will be based on academic achievement, an essay stating the student's goals, a statement of reason(s) for applying and an overview of work, community and school service, and letters of recommendation.

The current forms for the scholarships are available on line at www.litpc.org In the right column, **click on LITPC Scholarship Information**. Then **click on Scholarship Application Form**. Please follow the instructions, fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2021** to:

Lion Bill Guthrie, Scholarship Chairman bmguthrie9@q.com #763-786-8072

You can either email me your application OR call me and I will give you my mailing address. Thank You and Good Luck to all!!

The LITPC takes great pride in fulfilling the motto of Lions Clubs International,

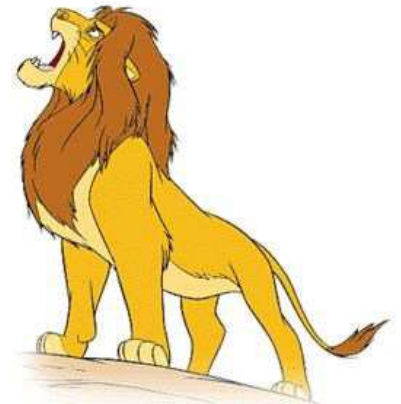
"WE SERVE"

LOOKING TO DO GUIDING LIONS TRAINING

Guiding Lions Training is helping clubs be successful and help clubs with:

1. Low membership
2. Improve their clubs
3. Motivate and support club growth
4. Club development
5. Locate resources available to assist the club.

Please let GLT Wayne or DG David know if you are interested in this training. We will set this up as go-to meeting or do it in person and see what the interest is in what the members want.



5M3 CHILDHOOD CANCER BLANKET PROJECT

We want to thank the Lions and Lions Clubs of District 5M3 for your wonderful support of our District wide blanket project. We are getting ready to finalize the project for completion at our Mid-Winter Convention in February. If there are any Lions or Clubs in the District that intend to support this project for this year please have your contribution to the District Treasurer, Lion Denise Nelson, no later than December 15th, 2020. Any contributions made after that date will be sent to the Lions Childhood Cancer Foundation.

Please plan to attend our Mid-Winter Convention to help us tie the blankets that have been prepared. Again, thank-you for your help and contributions, look forward to having fun at the blanket tying event in February.

Lion Diana Kuehl, Project Chair



5M3 HAPPENINGS GO-TO MEETINGS



5M3 Cabinet members held a virtual GoTo meeting in October.

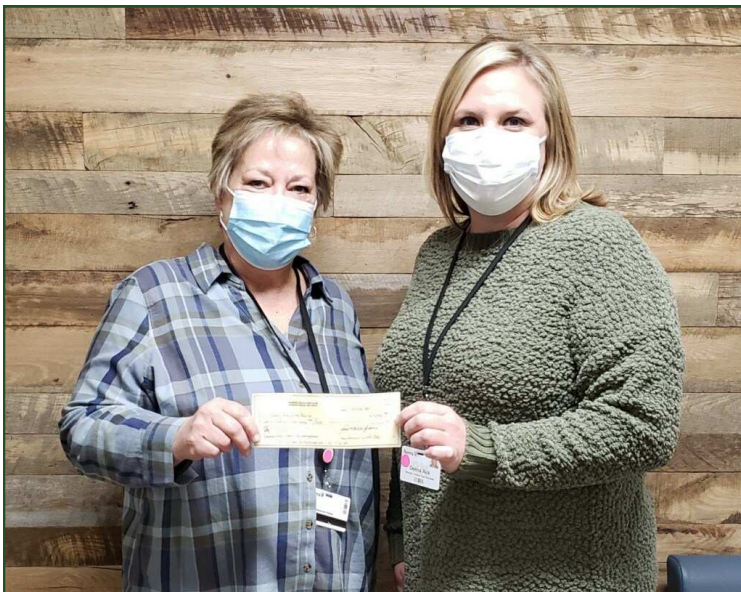


The planning committee shares ideas for the Mid-winter Convention.



2nd place Tara Felber and 3rd place Alex Schuur

Hadley Lions Club
peace poster winner
Deanna Crowley



Granite Falls Lions donated \$500 to the Avera “Reach Out & Read” program. The program buys books for doctors to give to young patients during checkups. Above: Lion Sue Tollefson presents the donation to Deena Aus, Director of Patient Services for Avera Granite Falls.



The Lions Club of New Ulm recently donated \$1,000 to the New Ulm Medical Center Foundation. This gift was from the proceeds of the Lion’s Annual Raffle – thank you to everyone who participated in the raffle! The funds will be used for the Prevention and Wellness Fund at NUMC, which is meant to take care of the caregivers at NUMC so they can take care of the community. Pictured is NUMC Foundation Director Missy Dreckman accepting a check from Lions Club of New Ulm representatives. (L-R) Lion Keith Richter, Lions President Diann Warta, Dreckman and Lion Bob Schirlinger.

5M3 HAPPENINGS



New Ulm (and Lafayette) Diabetes Walk a Success

Even though the in-person Annual New Ulm Diabetes Walk had to be canceled this year do to COVID-19, the mail-in solicitation part of this event was a huge success. This is a joint collaboration of the Lions Club of New Ulm (5M3) and the Lafayette Area Lions Club (5M2). The credit is split 50/50 between the two clubs and their respective districts. Over \$11,500.00 was raised for the MN Lions Diabetes Foundation to find a CURE for Diabetes at the University of Minnesota. A big "Thank You" to all individuals and businesses that contributed to this worth-while fundraiser.



Left: Lion Bob Wise (Lafayette Lions member) family who walked on their own to find a CURE. From L-R is Mike Wise, Joey Wise, Randi Blackstad, Jill Wise, Bob Wise and Emerson Blackstad on the bicycle.



WORKING TOGETHER!

When a lady from Spencer, IA suffered a broken ankle and became wheelchair bound for 4-8 weeks, a local organization asked the **Jackson Lions Club** to support them in deploying a ramp for her. The Lions Club instructed a couple of members from the organization on the tools and ramp pieces needed.

Above: Spencer folks with Jackson Lions Mark Walter, Dennis Hampel, Ron Fransen and Don Kuehl.

Middle Left: Setting up the ramp platform.

Bottom Left: The finished product.



Above and Below: Lakefield Lions tied Childhood Cancer blankets during their November meeting. During an evening of fun and socializing, 18 blankets were tied.



5M3 HAPPENINGS



Tracy Lions Club packaged 50 Thanksgiving food boxes for distribution.



Tracy Lions Club collected and put together over 900 pairs of shoe for Soles4Soles.



CHANGING THE WORLD
ONE PAIR AT A TIME

Greetings to all Minnesota Lions!

Although we are all experiencing a new normal, our faith in Lions and in each other continues. Nothing has changed in how "We Serve", except in the mode of delivery and interactions. We are having to be creative, innovative and technological in order to keep ourselves and others safe.

The Hearing Foundation Board of Trustees represent each of your districts with hearing health opportunities, information and ways to serve you. Each month, we plan on having a small article for your district newsletter that focuses on updates from our foundation, stories from you, ways you can be involved, how your donations help and gratitude for what you all do.

Look for our new logo to guide you to our articles. And please send us stories about people or activities from your communities relating to hearing health. There is nothing quite so inspiring as true stories that show us how much we make a difference. Send them through your district officers, newsletter editors, or directly to the Hearing Foundation: hearingpublicity@gmail.com

Thanks again for all you do.

Minnesota Hearing Foundation Publicity committee
Lion Michele Plagman
Lion Barb Tanski





Service Ideas for Lions of 5M

9/26/2020

Here are projects that Lions can do in the 5 keys areas of service along with a few other ideas:

Vision –

- **Collect used eyeglasses** - give to your MN Lions Vision Foundation Trustee
- **Do KidSight Screening**
- **Hold event** - do an event that focuses on blindness and how a white cane supports independence. <https://www.nfb.org/programs-services/meet-blind-month/white-cane-awareness-day>.
- **Host a "Dine in the Dark" meal** in which people are blindfolded and eat a multi-course, elegant meal. The money raised will support Can Do Canines and the Leader Dog program or Canadian Guide Dog program.
- **Create a sensory garden** with plants, water features, and sculptures that engage the senses of touch, smell, and hearing. Provide Braille and/or audio recordings of signage.
- **Donate large print books** to your local library. Put donation labels (Donated by the _____ Lions Club with the month and year) in large-print books that are donated to local libraries. (Check with libraries first to see what books they want to acquire.)
- **Help make tactile baby blankets** for babies who are blind or visually impaired, including those with multiple disabilities or deaf blindness. <https://www.pathstoliteracy.org/blog/tactile-baby-blankets> . Donate locally, if needed, or to Perkins International. <https://www.perkins.org/>
- **Construct a Sorry game** for visually-impaired seniors at a nursing home. <https://www.perkinselearning.org/activity/adapted-sorry-board-game>
- **Adapt Connect Four** to be played by those who are visually-impaired at a nursing home: <https://www.pathstoliteracy.org/strategies/adapting-connect-four-players-visual-impairments>
- **Make a Christmas tactile book** for a nursing home: <https://www.pathstoliteracy.org/strategies/christmas-tactile-experience-book>
- **Low vision kits** - Create kits for people who have been recently diagnosed as low vision or who are blind: <https://carroll.org/product/mixed-bump-dots/>
<https://carroll.org/product/marinoff-low-vision-playing-cards/>
<https://carroll.org/product/bold-writer-low-vision-pens/>
<https://carroll.org/product/plastic-check-writing-guide/>
<https://carroll.org/product/2x-around-the-neck-magnifier-rectangular-5-5-x-4/>

These kits can be given to Lions members to begin with and then to people who are identified in the community.

Environment-

- **Clean up side of road and sidewalk** during your daily walks. Enjoy a diabetic-friendly lunch together after working. (Also addresses the Diabetic global cause.)
- **Adopt A Drain** - Clean leaves and other debris away from around and top of road drains to avoid water backup during heavy rain storms.
- **Plant small flower garden** in area in your community that needs enhancement. Planting gardens or putting flower pots around town.
- **Donate your newspaper and magazine** to others instead of throwing in the garbage.
- **Co-sponsor a recycling event** with a local city or town and a recycling facility to collect hazardous items that shouldn't go in the trash, paint, etc. Offer free paper shredding as well.
- **Make a decorative Winter container garden** or a container garden that feeds the birds. A Lions Club can partner with a local nursery and funds raised will be used to support the Lions' environmental projects.
- **Bird Feeders** - Make a variety of treats that will feed and sustain birds and wildlife throughout the winter including bird feeders using cookie cutters; suet-filled orange halves; popcorn and cranberry garlands, and more. These could be made at a Lions meeting just for the Lions or do a community event so more birds are fed in the community.
- **Collect used blue jeans**, wash them, and then cut out pieces using patterns supplied by Sole Hope. The pieces are assembled into "shoe kits" and then shipped to Sole Hope who then sends them in Uganda. In Uganda, seamstresses and cobblers create shoes that are given to children who suffered from jiggers and were treated for them. Jiggers are tiny parasitic insects that burrow into the feet, lay eggs that multiple greatly in size. They can cause pain, itchiness, swelling, infection, and even death. A pair of jeans - destined for the trash - literally can save a child's life! The Scandia-Marine Lions

Club has done this project twice and each time it was very well received. <https://salehope.org/>

- **Collect t-shirts** that people no longer want to wear. Wash them and make them into diapers for newborns. The diapers are used as incentives in third-world [countries](#) so mothers get prenatal care and deliver their babies in hospitals or centers offering medical care. This is the link to the pattern: https://74dc11f7-55e8-4d45-9c71-afd00e10b0f4.filesusr.com/ugd/d3b8d8_444e82d94fba417fa90b76569bb8a3c2.pdf.
- **Sponsor the design and painting of a mural** in your local town or city that focuses on nature and wildlife of the area, and that beautifies the community. Work with an artist who will create the design and create a "paint by number" mural that people from the community can help paint under the guidance of the artist.
- **Make tree trail** - work with local youth (elementary school and teens) to create a tree trail highlighting the diversity of trees that are growing in your community plus ones that will survive into the future with climate change.
- **Collect cans.** Turn these in afterward and use the proceeds to support an environmental project.
- **Collect Can tabs:** Clubs can collect tabs for a charity of choice. Just an easy project without investment. Collect for Shriners or they can also be collected for the Ronald McDonald House.
- **Recycle sneakers** so they can be transformed into Nike Grind material which is used in performance products and sport surfaces. The Reuse-A-Shoe program recycles athletic shoes at the end of their life, giving them a new life through Nike Grind. Bring shoes to the Lions event and they will be brought to the Nike store in Eagan, MN. **Any brand** of athletic sneakers is accepted. However, Nike is unable to recycle sandals, dress shoes, boots, or shoes with metal (like cleats or spikes).
- **Recycle medical equipment** (e.g., crutches, wheelchairs, scooters) to create a "library" of items that can be checked out at no cost and used until no longer needed. When done with the item, it should be returned to the Medical Equipment Library (MEL). Each club or zone could establish a MEL.
- **Have a plant swap.** People bring in their plants that they are dividing and/or no longer want. Each needs to be in its own container. They can also take a plant from the ones that are at the swap. If there are leftover plants, Lions and other volunteers can take them and plant them in their gardens.
- **Sand and varnish "tree cookies"** for use in classrooms throughout Minnesota. Help classroom teachers across Minnesota teach children how trees and other woody plants grow, factors that affect tree growth, and tree identification. Teachers love having sets of cookies like these in their classrooms but don't have time or tools to make them. The DNR needs volunteers to create "tree cookies" – slices of branches or trunks that show the rings of a tree. 100 cookies supplies three classes of students, so the more that can be made, the better:
http://files.dnr.state.mn.us/education_safety/education/plt/activity_sheets/treeCookie.pdf
- **Build bluebird houses** or other types of birdhouses. Install these at a later date at a state park (with permission) or in a city park (again, with permission). The Lions would need to check on these feeders and clean them out unless someone from the state or city would do that.
- Recycles plastic bags and plastic packaging and gives back with a bench for communities. <https://www.trex.com/recycling/recycling-programs/>
- **Winterize** – plan outdoor activities like helping winterize gardens, plant something in a local park or clean up some trash in the parks.

Hunger –

- **Food for Seniors** - Shop and deliver food for at-risk seniors.
- **Prepare and/or serve food** at Loaves and Fishes – <https://www.loavesandfishesmn.org/>
- **Launch a food pantry** on a college campus during National Hunger Awareness Month.
- **Pack food** (purchase it as well) to create "Backpack Food packs" for youth in our community in need. Reach out to public, charter, and homeschool co-ops. Provide nutritious food (not typical food shelf macaroni and cheese, ramen noodles, etc. that promote diabetes).
- **Make "Blessing Boxes" for Thanksgiving** – include turkey, canned goods, produce, pie, etc. as well as Thanksgiving napkins, plates, and a centerpiece. Also, could include a gift card to a local store to get any other ingredients needed to make a recipe that is special to them.
- **Make "Blessing Boxes" for Christmas** – include ham, canned goods, produce, pie, etc. as well as Christmas napkins, plates, and a centerpiece. Also give a gift card to a local store to purchase gifts for the family.
- **Make placemats** for Meals on Wheels – sewn or colored. The colored placemats will be laminated so they can be reused. <https://meals-on-wheels.com/volunteer/families/other-family-volunteer-opportunities/>
- **Collect food for a local food shelf.** Emphasize that people donate:
 - Whole grain products (with at least 16 grams or more of whole grains per serving)
 - Food low in saturated and trans fats
 - Food low in sodium
 - Lean sources of protein (plant and animal sources; canned or dried)

- o Fruits that are minimally processed (canned or dried; whole, cut-up, or pureed)
- o Vegetables that are minimally processed (canned or dried; whole, cut-up, or mashed)
- o Dairy products or milk substitutes that are high in calcium
- o Beverages including 100% fruit or vegetable juice
- o Basic staple foods
- o Staple foods that encourage cooking and baking at home (e.g., broth, flour)
- **Create Blessing Bags.** These bags have a variety of non-perishable food, silverware, disposable plates, and napkins to give to people asking for money at stoplights. They also can be distributed to people who are near homeless shelters.
<https://www.thriftynorthwestmom.com/blessing-bag-meals/>
- **Decorate lunch bags** for Meals on Wheel recipients. In addition to receiving the hot portion of the meal in a tray, Meals on Wheels recipients get the cold portion in a lunch bag. Add life to their meals by decorating lunch bags! Simply buy paper lunch bags and use your creativity, crayons, markers, stickers, or any art materials you have on hand.
- **Assemble food kits** with 14-days' worth of food for people who are at high-risk and can't go to grocery stores because of COVID-19. People are identified as recipients by self-identification or through local non-profits (e.g., churches, senior centers). More information is here: <https://extension.umn.edu/news/rural-grocer-networks-feed-those-isolation>. This is the list of suggested items for the kit and a note that explains the contents to the recipient: <https://conservancy.umn.edu/bitstream/handle/11299/212116/14%20Day%20Mea%20Kit%20Guide.pdf?sequence=1&isAllowed=y>
- **Assemble "Dinner's on Us" kits.** <https://b-inspiredmama.com/dinner-random-act-of-kindness/> to be distributed as determined by each Lions Club.
- **Assist any local free meal program** with shut-in deliveries.
- **Help with Meals on Wheels** and deliver meals.
- **Volunteer at a food shelf or pantry** – stock shelves, or help with the whatever is needed at the food shelf

Diabetes-

- **Collect recipes** – then create a diabetic cookbook
- **Take At-Risk Test** - Have group take Diabetes at Risk Test.
- **Start a walking group** – start with club members and ask community members to join you.
- **Canoe or kayak down a local river.** Get a great workout paddling down the river (exercise to help prevent diabetes and/or keep it in check). Have a diabetes-friendly lunch and pick up any litter along the way. (Also counts as an Environment project.)
- **Do a diabetes health fair** with free testing for Type 2 diabetes, free services and screenings, activities, and giveaways during November (Diabetes Awareness Month). Fruit and vegetable baskets for adults – giveaway or prizes during Diabetes Awareness Month's health fair.
- **Serve diabetic-friendly meals** at Lions meetings and/or events during November and have a speaker talk about preventing and/or managing diabetes.
- **Do a STRIDES Walk** for diabetes awareness. Prior to the STRIDES Walk (and working with the local city/town), place more permanent benches on walking trails and along the sidewalks to encourage walking and more active lifestyles.
- **Hold fun event** - raise money by doing a fun event at golf-driving field. Kids, adults, and families get a specific number of golf balls, healthy lunch, and can participate in other fun activities (bouncy houses). This crosses over into diabetes-prevention by having people of all ages being outside and active.
- **Collect non-perishable food** that is healthy for low-income people with diabetes (this also crosses over to be a hunger project): canned spinach, brown rice, whole-grain pasta, quinoa, millet, canned salmon, sardines, albacore (white) tuna in water, herring, no-salt kidney beans, no-salt pinto beans, no-salt black beans, walnuts, pecans, macadamia nuts, almonds, mandarin oranges in water, canned sweet potatoes, extra-virgin olive oil, and chia seeds.
- **Do testing for diabetic retinopathy** (which causes blindness) and test blood glucose or A1C levels. If people test positive for these problems, they will receive a referral to their doctor. The Lions also will mail them a link to get a free kit if they have Type 1 Diabetes: <https://www.jdrf.org/t1d-resources/newly-diagnosed/>. For those with Type 2 Diabetes, the Lions would create their own kit that they can mail based on what's in the JDRF kits.
- **Offer foot exams** to test for diabetes. Diabetes can slow circulation in the feet and legs and cause people to lose feeling there. The American Diabetes Association says everyone should get an annual foot exam.
- **Put donation labels** in books (Donated by the _____ Lions Club with the month and year) about diabetes (Type 1 and Type 2), healthy eating, and exercise/fitness that are donated to a local school and/or public libraries. (Check with libraries first to see what books they want to acquire.)

Childhood Cancer –

- **Drive patient** along with family members to doctor visits.
- **Rake leaves** to help out family that has child with cancer.

- **Shovel snow** for help out family that has child with cancer.
- **Baby-sit** for parents who need to take a child to treatment.
- **Deliver meal** to family that has child suffering from cancer.
- **Donate gas card** to help with cancer patients, especially if they have to travel far for treatment.
- **Support Gilda's Club** - Collect money to support Gilda's Club Twin Cities and the teen program there. Money raised will purchase an item (or more) off of their Amazon.com list: <https://smile.amazon.com/hz/charitylist/ls/1KUNIRCJD8UB> . The mission of Gilda's Club Twin Cities (GCTC) is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They aim to serve everyone impacted by cancer – those with a cancer diagnosis as well as their friends and family and those living with loss.
- **Set up a pediatric cancer fund** to which families with a child who has cancer can apply to help defray medical costs. Promote it on the club's Facebook page and website as well as through local media.
- **Sponsor C.C. Bears** through Children's Cancer Research Fund in Minneapolis. <https://childrenscancer.org/resources-for-families/c-c-bear/>. Purchase 20 bears at \$25 each so 50 children with pediatric cancer can receive a bear.
- **Create chemo care kits** for children. (Make sure to find a hospital or organization before we make the kits to ask if there are special requirements and/or items that are especially needed.) Here's a link for some ideas: <https://penniesoftime.com/service-project-for-kids-chemo-care-kit-for-kids/>
- **Help serve meals** to patients and families at the U of M Masonic Children's Hospital.
- **Make fleece tied blankets** for children who have cancer and donate the quilts to Project Linus. (<https://www.projectlinus.org/patterns/>)
- **Make masks** for children with cancer at St. Jude Hospital or any of your local clinics.
- **Donate hair** - for those with 8" + of hair, they can get their hair cut by stylists who are donating their time. Donate the ponytails to Children with Hair Loss that makes wigs for children who have cancer and/or alopecia. <https://childrenwithhairloss.us/>
- **Make pillowcases** for A Case for Smiles. Finished pillowcases are distributed to 12 children's hospitals throughout the Twin Cities and Duluth <https://caseforsmiles.org/minneapolis/>
- **Knit caps for children** who have cancer. These can be done with knitting needles or round looms. People also can bring knitted caps they made at home to the event.
- **Make Tie blankets** for children in hospitals with cancer.
- **Donate care bags/backpacks** to those in the hospital.
- **Donate cleaning supplies** and make masks for at risk community members and hospitals during the pandemic.

Other Service Ideas:

- **Pen Pals for Seniors** – especially those in senior center. Seniors feel very isolated and many are very lonely during this coronavirus pandemic.
- **We Care Kits for Seniors** living in senior centers. Include small gifts, Hallmark cards so they can mail to friends, stationary, envelopes, stamps, pens, puzzles, poems.
- **Donate cleaning supplies** for schools.
- **Poinsettia Project:** Buy and donate to local senior center or business
- **Buy and donate a Christmas Tree** to a Small Business
- **Support local police & fire department** - make snack boxes and deliver to them.

Fundraising Ideas:

- **Have an On-Line Garage Sale** – have Lions and community members donate items.
- **Hold an On-Line Raffle** – raffle off item needed in your community
- **Drive-Thru soup or cookie fundraiser** - Have local restaurant make the soup or cookies and then drive by to pick them up

Other:

- **Find out what service is needed in your community** and then do that project!!!!!!
Ask your:
mayor, council members, fire chief, police chief, librarian, food shelf manager, school teachers



St James Lions 1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Dale Busch Pres.	Springfield Area Lions 2nd Thurs; 6:30 pm American Legion Lion Joel Pingeon, Pres.	Luverne Lions 2nd Mon; 6 p.m. Pizza Ranch Lion Steve Cattnach, Pres.	Walnut Grove Lions 2nd Thurs; 7:00 p.m. American Legion Clubhouse Lion James Hoyt, Pres.	Tracy Lions 2nd Mon; 6:30 p.m. Multi-Purpose Center Lion Gary Peterson, Pres.
	Hadley Lioness 2nd Wed; 6:30 pm Hadley Community Ctr Lioness Deb Helmke, Pres.	Sleepy Eye Lions 1st Tues; 6:05 p.m. Sleepy Eye Golf Club Lion Blair Fokens, Pres.	Wabasso Lions 3rd Wed; 6:00 pm Community Center Lion Tom Franta, Pres.	Jackson Lions 2 & 4 Mon; 6:15 pm Jackson Legion Lion Mark Walter, Pres.
Vesta Lions 1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	Redwood Falls Lions 1 & 3 Mon; 6:30 p.m. American Legion Lion Teresa Rossow, Pres.	Comfrey Lions 2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Karl Winderfeldt, Pres.	Hadley Lions 3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Al Husfeldt, Pres.	Morgan Lions 4th Mon; 6:30 p.m. Lions Community Ctr Lion Alan Hillestead, Pres.
<p>Bringing the District news to you! If your Club is not listed, be sure to send in \$40.00 to District Treasurer, Denise Nelson at 405 S St, Morgan MN 56266. Memo line: Newsletter Sponsor. NOTE: Clubs can sponsor more than one time!</p>				

5M3 Lions Clubs Sponsor Page



Lions of New Ulm 1/2 Thurs; 6:15 p.m. Turner Hall Lion Diann Warta, Pres.	Marshall Lions 2/4 Tues; 6 p.m. Bello Cucina's Lion Jackie Meyer, Pres.	Jasper Lions 3rd Mon; 7 p.m. Stonewall Bar & Grill Lion Bob Quissell, Pres.	Lake Wilson Lions 4th Tues; 6:30 p.m. Lake Wilson Legion Lion Jack VanEck, Pres.	Westbrook Lions 3rd Mon; 7 p.m. Senior Center Lion Gprdpm Eichner, Pres.
Truman Lions 1st Mon; 6 p.m. Church of Christ Lion Brian Hendricksen, Pres.	Granite Falls Lions 1/3 Mon; 6:30 p.m. Trolley's Bar & Grill Lion Doreen Velde, Pres.	Fulda Lions 3rd Mon; 6:30 p.m. Fulda Sr Citizens Ctr Lion Dean McNeal, Pres.	Ganby Lions 2nd Mon; 6:30 p.m. PK Egan's Lion Gene Bies, Pres.	Lucan Lions 2nd Thur; 7 p.m. Knotts Corner Lion Joseph Plaetz, Pres.
Sherburn Lions 2 & 4 Mon; 7 p.m. Sherburn Legion Lion Mark Wohlhuter, Pres.	Fulda Wood Duck Festival  June 17-20, 2020			Lakefield Lions 2nd Mon; 6 p.m. Multi-Purpose Bldg Lion Dewayne Hage Pres.
Jeffers Community Lions 1st Thurs; 6:30 p.m. Jeffers City Hall Lion Ron Knoll, Pres.	Clarkfield Lions 3rd Tues; 7 a.m. Friendship Café Lion Jim Lynner, Pres.		Windom Lions 2/4 Wed; 6:30 p.m. Jack Slades Lion John Holt, Pres.	Fairmont Lions 3rd Mon; 6 p.m. Pizza Ranch Lion Roger Bloomgren, Pres.