Here are ways your Club/MD/District can communicate with Club/MD/District members.

Texting- the action or practice of sending text messages on a Smart Phone. A majority of Lions have this technology. This is a good way to quickly check on your members.

Twitter - make a posting on the social media application Twitter. It is a way to share events your Lions are doing

Facebook - Facebook is a popular free social networking website that allows registered users to create profiles, upload photos and video, send messages and keep in touch with friends, family and colleagues. The site, which is available in 37 different languages.

Snapchat - Snapchat is a mobile app and service for sharing photos, videos, and messages with other people. Once you view a message received via Snapchat, it is automatically deleted. This makes the service ideal for sharing quick updates with friends without accumulating media or messages on your mobile device.

Email - short for "electronic mail," is one of the most widely used features of the Internet, along with the web. It allows you to send and receive messages to and from anyone with an *email* address, anywhere in the world.

E-clubhouse website – a Free Website for Your Club Designed with fill-in-the blank fields for even the least internet savvy, the *e-Clubhouse* allows you to: Build and maintain a website for your club using a simple set of tools. ... Promote your club's activities and recruit new members.

Landline (Old fashion Telephone)

MailChimp – Mailchimp is an American marketing automation platform and an email marketing service.

Post Cards, Greeting Cards, Letters of Encouragement, reminders.

Communicate.... Communicate... Communicate some More!

Different Video Conferencing Ideas-Be sure to include those without devices – Look at "Call-In" options for those members.

ZOOM

Zoom Video Communications is an American remote conferencing services company headquartered in San Jose, California. It provides a remote conferencing service that combines video conferencing, online meetings, chat, and mobile collaboration

Please click on the following URL to see how to join a Zoom meeting for free:

https://youtu.be/hIkCmbvAHOO

Go to Meeting

GoToMeeting is a web-hosted service created and marketed by LogMeIn. It is an online meeting, desktop sharing, and video conferencing software package that enables the user to meet with other computer users, customers, clients or colleagues via the Internet in real time.

www.Gotomeeting.com

Google Hangouts

Hangouts Meet is Google's application for video meetings. You can connect your club, district, MD, from anywhere with easy -to-join video calls. Hangouts Meet is included with Google's G Suite and is free for nonprofits.

SKYPE

Skype is a telecommunications application that specializes in providing video chat and voice calls between computers, tablets, mobile devices, the Xbox One console, and smartwatches over the Internet. Skype also provides instant messaging services. Users may transmit text, video, audio and images. This is a one on one.

www.skype.com

Continued...

Facebook Messenger

Facebook Messenger is an American messaging app and platform developed by Facebook, Inc. Originally developed as Facebook Chat in 2008, the company revamped its messaging service in 2010. Users can send messages and exchange photos, videos, stickers, audio, and files, as well as react to other users' messages and interact with bots. The service also supports voice and video calling. The standalone apps support using multiple accounts, conversations with optional end-to-end encryption, and playing games.

www.messenger.com

Doodle Poll

Doodle is the simplest way to schedule meetings with clients, colleagues, ... Anyone invited to take a **Doodle poll** can respond no matter what calendar they use. Great idea to plan when you should meet.

https://doodle.com/make-a-poll

Don't do this alone...Empower your Region and Zone Chairs!

Video Etiquette:

- -Don't take an important video call on your mobile device, especially if you are walking or driving.
- -Don't get distracted i.e.: TV should be off, Don't Doodle, Dogs Barking, Kids Screaming, Eating,
- -Be sure to tell everyone in your household that you will be on a video, so no one walks behind you in a compromising way.
- -Don't sit in the dark. Be sure you have good lighting on and not too bright. Close shades behind you. Check to make sure you light is not shinning towards your camera.
- -Don't place the camera too close or at an odd angle. Make sure we can see you. Don't be a Wilson.
- -Pre-test your audio and visual before you begin. Double check your internet for the best connection.
- -Do not text or play on your phone (Unless you are using it for Video Chat purpose). Make sure your phone is on mute.
- -Do not use any funny or obscene jesters.
- -Turn video off if you plan to step away.
- -Whatever you do....DO NOT take your conference call into the bathroom with you without turning your video AND microphone off!

Presented by: Lion Dahleen Kendler – District 46 Co-Chair: Lion Bill Mathers. With collaboration from: Lions: John Moon, Allan Hunt, Larry Edwards, Tony DeLuke, Anna Wickenhauser, C. David Lloyd, Dennis Chapman, Steve Williams, Charles Short, Richard Castillo (LCI) and Christy Karnatz (LCI GAT), Miriam Vazquez, Donald Cobb, John Mallonee, Bill Hahn

Let us know the creative ways your club is holding meetings!



We'd love to share your success with our clubs!



5M3 District Governor Don Kuehl~

Greetings Lions of 5M3. This has been and still is a very unusual situation that we all find ourselves in. Club meetings, activities, and service projects have basically stopped. I'm sure some of you are exploring some different ways to carry on till we return to some type of "normal" in our



lives and communities. I know that some clubs are looking to do some electronic meetings to have club officer elections. That's good and it will work. To all Club Presidents and/or Secretaries, please make sure your get your officer elections sent in by May 1st. That is important. If any clubs would like to schedule a "Go to Meeting" for your members let me know. I can help arrange that for you.

They are closing the "Soles for Souls" collection center in Sheldon, Iowa effective May 1st. The Jackson Lions club took a trailer load of shoes down the middle of April. Yes, we did practice "Social Distancing" as much as possible. Since we started this program in Jackson, we have collected over 28,000 pairs of shoes. Pretty amazing. Another project that could be continued is the "Ditch Walk" environmental project if your club has any adopted miles. I could see this being done while also practicing the distance requirement. Our Club is also still active with "Meals on Wheels". Any other Clubs doing service projects during this time while still staying safe?

Speaking of "Go to Meetings", we are scheduling all the officer trainings for May 19th through the 22nd. We will start with the Presidents and Vice Presidents on May 19th, then on the 20th we will have training for the Secretaries, the 21st will be training for the Treasurers, and on the 22nd the Zone Chairs will have their training. This will be over the computer, starting at 7:30 and running for one hour. If you don't have access to a computer and "Go to Meeting" you can still dial in over a phone line or cell phone....We are trying this to see if we can increase our participation in training and decrease travel time and costs for everyone. All officers should watch your email for the specifics on how to log in either on the computer or phone line. We will be sending out your invitations during the first week of May and again a couple of days prior to the training.

A quick update on our District wide service project for Childhood Cancer. As of last week, 196 blanket kits have been received at an average cost of \$10.00 a blanket. We have funds to purchase about 60 more yet. Most of the blankets have been prepared and are ready to tie. To all the clubs that have contributed and have supported this, thank-you. To those clubs that have not and would like to, please do so. Make your contribution to 5M3 Childhood Cancer and send them to our Treasurer, Lion Denise Nelson.

Another update on our District membership totals. As of the end of March we are only down one member from last year. That's good, but don't stop, it would be great to end the year with a positive membership growth.

I have about 8 clubs left to visit yet. Depending on when the "stay at home" order is lifted I'll start those visits again. I always thought the District Governor was a pretty important position. I was reminded a couple of weeks ago of how important I was. A club contacted me and said they were having issues getting two new members reported to LCI. I said no problem, send the applications to me and I'll get them set up. I got the applications and quickly found out that I can't do that.... It was a humbling experience to know that as a District Governor I don't have the authority to add new members.... BUT, I did appoint a very capable District Administrator (Lion Denise Nelson) and SHE DOES have that POW-ER!!!! Thanks Denise, you saved me again....

Till next month, remember we are all in this together and WE (still) SERVE....

DG Don

REMINDER:

Articles for newsletter are due the 20th of the month!

Contact DG Don Kuehl to set up a visit with your club! 507-847-3126 ddkuehl@msn.com





District Governor Elect David Janssen

Welcome Lions of 5M3

Where do we start? We all have been staying at home for the last month and enjoy the time together. It is hard to get used to not going anyplace beside get-

ting groceries and visits to my wife's eye doctor for shots in her eyes. Maybe in a month we will back to some kind of new normal.

Lions meetings, MD5M Multiple Convention in Rochester all have been canceled. We were going to the Lions International in Singapore that was to happen at the end of June. There will be no elections for officers on the International level and they will do one more year: Dr. Jung-Yul Choi will stay as International President, Douglas X. Alexander will be First Vice President, Brian E Sheehan will be Second Vice President, Dr. Patti Hill will be Third Vice President. Next year the International Convention will be held in Montreal, MD5M Multiple Convention will be in Mankato and 5M3 Mid-Winter in Fairmont. If you can attend any these conventions it would be great. Thanks.

Also, North Pride Lions Forum is rescheduled and will be taking place in the fall. The new dates are October 30-31 in St. Cloud. The Forum will take place at the Best Western {Kelly Inn} and St Cloud Civic Center. More details to follow. These are good opportunities to improve your leadership skills and what the Lions are all about.

Officers Training will be on the Go-To-Meeting that is available on the computer. It is an easy program to use. If we wait until we can get together it may be a long time. So will try this and see what happens. A lot of the Districts are doing this for Lion Meetings, Committee Meetings, Zone Meetings. This will happen the third week in May.

Officers Training:

Tuesday, May 19 7:30 to 8:30 Presidents and Vice Presidents

Wednesday, May 20 7:30 to 8:30 Secretaries Thursday, May 21 7:30 to 8:30 Treasurers Friday, May 22 7:30 to 8:30 Zone Chairs

If you plan to attend let VDG David or DG Don know:

davidjanssen1947@hotmail.com 507-236-2480

ddkuehl@msn.com 507-847-3126

A link to get on the go-meeting will be sent out about 10 days before training starts, I think we will send one out for each night. Let's see if we can make this work. This in one of my Goals to have more Lions attending training sessions like this. Easy to do right from your desk and computer and no travel.

Working on the District Cabinet for 5M3, looking for a few spots to fill. Looking for 2 Vice District Governor, Special Olympics, Public Relations, If anyone wants to step forward, please do.

Club Elections should take place soon, whatever it takes to get them done. This should be done by April 25 and sent to LCI by May 1. The Lions year runs from July 1 to June 30.

Thanks for your Service

DGE David J.



District 5M3

Newsletter Submissions: LIONS5M3@hotmail.com

District Governor:

Lion Don Kuehl 141 Second Ave Jackson MN 56143 507-847-3126 ddkuehl@msn.com

1st VDGE:

Lion David Janssen 105 Swanson Dr Sherburn MN 56171 507-236-2480 davidjanssen1947@hotmail.com

2nd VDGE:

Lion Gordon Mulder 1631 175th St Luverne MN 56156 507-283-2861

gordonmulder@yahoo.com

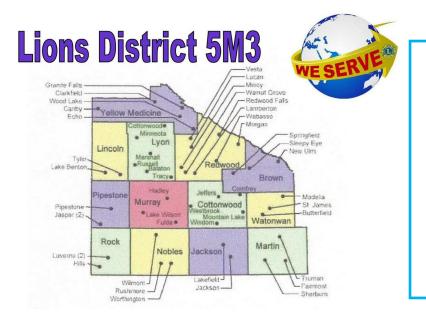
Secretary:

Lion Diana Kuehl
141 Second Ave
Jackson MN 56143
507-847-3126
DianaKuehl5@gmail.com

Treasurer/Dist Admin.:

Lion Denise Nelson 405 S Street Morgan MN 56266 507-227-1712

dlnelson0714@hotmail.com



PU-101s ARE
DUE! PLEASE
GET TO LCI
ASAP!!!

OFFICERS TRAINING IN MAY

WE WILL HAVE A GO TO MEETING ON YOUR COMPUTER. THIS IS FOR PRESIDENTS, VICE PRESIDENTS, SECRETARIES, TREASURERS AND ZONE CHAIRS. ALSO, NEW OFFICERS AND ALL WHO WANT TO REVIEW THE TRAINING.

- 1. TUESDAY MAY 19 7:30 PM TO 8:30 PM PRESIDENT & VICE PRESIDENT LION WAYNE R.
- 2. WEDNESDAY MAY 20 7:30 PM TO 8:30 PM SECRETARY LION DENISE N.
- 3. THURSDAY MAY 21 7:30 PM TO 8:30 PM TREASURER LION JOHN T.
- 4. FRIDAY MAY 22 7:30 PM TO 8:30 PM ZONE CHAIRS DG DON K.

A LINK WILL BE SENT IN MID MAY FOR YOU TO ATTEND.

PLEASE LET 1VDG DAVID OR DG DON KNOW IF YOU WILL BE ATTENDING.

davidjanssen1947@hotmail.com DGE DAVID 507-236-2480

ddkuehl@msn.com DG DON 507-847-3126

Suspension of MD5M Lions KidSight Vision Screening

The Board of Directors of the MD5M Lions KidSight Foundation, Inc. has voted to suspend all KidSight vision screening activities until further notice.

This action is being taken due to the impact of Covid-19 on the normal ability of Lions to provide screening in a safe environment. We must ensure the safety of our Lions as well as the children and educational professionals that they would interact with.

Hopefully, this suspension will be of short duration and we can once again provide needed vision screening to our communities.

Please let me know if you have any questions and thank you for your understanding and cooperation.

Lion Dennis

Dennis W. Kelly III Chair, Board of Directors

MD5M Lions KidSight Foundation, Inc



Note: The following article was written by Lion Dave Thoen and is reprinted with his permission. He is a District 5M5 MLDF Trustee. He spoke at our 5M3 comvention 2 years ago and is a former Type 1 Diabetic. Dave's diabeties was cured at the Uuniversity of Minnesota during experimental trials. Submitted by Lion Bob Schirlinger, MLDF Trustee.

Minnesota Lions Diabetes Foundation Update COVID-19 and Diabetes

Happy Spring from the Minnesota Lion's Diabetes Foundation (MLDF)! For the MLDF, like other Lion's events, and almost everything else, everything was cancelled or delayed. And while it would be nice to discuss other items, COVID-19 is the forefront of everyone's actions and needs to be discussed as it relates to diabetes. Therefore, this month's article will focus on the risks and facts around diabetes and COVID-19. Please note that the items contained with this article come directly from the American Diabetes Association (ADA) and in no way should be considered medical advice. This is a small sampling of questions posted by the ADA.

Are People with Diabetes More Likely to Get Coronavirus? There is not enough data to show whether people with diabetes are more likely to get COVID-19 than the general population. The problem people with diabetes face is primarily a problem of worse outcomes, not greater chance of contracting the virus. In China, people with diabetes had much higher rates of serious complications and death than people without diabetes.

Do people with diabetes have a higher chance of experiencing serious complications from COVID-19? People with diabetes do face a higher chance of experiencing serious complications from COVID-19. In general, people with diabetes are more likely to experience severe symptoms and complications when infected with a virus. If diabetes is well-managed, the risk of getting severely sick from COVID-19 is about the same as the general population. When people with diabetes do not manage their diabetes well and experience fluctuating blood sugars, they are generally at risk for a number of diabetes-related complications. Having heart disease or other complications in addition to diabetes could worsen the chance of getting seriously ill from COVID-19, like other viral infections, because your body's ability to fight off an infection is compromised.

Are the risks different for people with type 1 and type 2 diabetes? In general, we don't know of any reason to think COVID-19 will pose a difference in risk between type 1 and type 2 diabetes. More important is that people with either type of diabetes vary in their age, complications and how well they have been managing their diabetes. People who already have diabetes-related health problems are likely to have worse outcomes than people with diabetes who are otherwise healthy, whichever type of diabetes they have.

Will COVID-19 impact my access to insulin and other diabetes supplies?

Leading manufacturers are reporting that COVID-19 is *not* having an impact on their current manufacturing and distribution capabilities for insulin and other supplies at this time.

Please be safe, healthy, and follow all guidelines imposed by our governmental bodies. Also, please reach out to your health care provider for more specific answers to your COVID-19 questions. Finally, while we are all under social distancing guidelines, being outside doing yard work, walking, biking, etc. are all still valid activities we can continue to do to help stay healthy and keep blood sugar levels under control.

Lion Dave Thoen, 5M5 MLDF Trustee



Hoping this is finding you all well and healthy at these trying times.

It has been a long month or so but we are all in this together. Everything is shut down at Can-Do-Canine as is the whole country. We are still working at training our dogs. We have 25 new puppies that have been born into our program. Now we have to find a place for them to go. Our winter graduation produced 23 new teams and we want to thank everyone that attended or donated to the fetchingBall Gala, which raised \$256,000. Thanks again for the donations from our district at the parade of green. It is greatly appreciated. I am sending in this month's newsletter a letter that I received from Al Peters explaining what is all being don at CDC during this time of crices. He says:

"We at Can-Do-Canines have locked our doors during the Governor's shelter-in-place order, but we have not stopped working! We are busy supporting the wonderful volunteers who are caring for our dogs and puppies during this crisis. And we are doing our very best to service the needs of our graduates and teams-in training via remote activities. Four major challenges we face right now: caring for our dogs, moving operations off-site, supporting our clients and continuing to engage our volunteers and contributors. I want to share these with you too. One of the biggest challenges is housing our dogs. We own 232 dogs and puppies right now, plus we have two pregnant Moms. Usually, we would have up to 110 of those dogs and puppies living in our prisons and our training kennel. But today only 23 dogs remain in two prisons, and these could be pulled out at any moment if a lockdown is ordered. Our staff have done stellar work over the last seven days, transporting dogs, coordinating food, medicines and volunteers to keep our dogs happy and safe. Our volunteers are amazing! So many people have stepped up, with little notice, to take these dogs and puppies when we suddenly needed homes for them. Moving operations off-site has caused many problems for our staff. Our computers are old so many staff do not have a portable device with a camera for Zoom-type meetings. They are busy supporting our teams in training and our graduate teams with information and support. Our Staff has shown some amazing creativity, making videos of various training topics in lieu of inperson classes. I'm sure this has not only benefited the dogs in foster care, but also helped the mental health of the foster families by giving them goals and activities. For some, that means delaying training sessions or doing training away from their homes, or just supporting them over the phone or internet for now. In some cases, this means that we cannot complete the training on time, which could mean fewer placements this year while we still face a substantial waiting list.

Continuing to engage contributors, during a time when we can't have normal interactions with them, is a challenge. We had to cancel our volunteer appreciation event in April. We stopped facility tours. We had to call off our May fundraising events, which have meant \$150,000 or more for us in past years. We depend on events to attract volunteers and to neourage donations needed to keep the doors open and the lights on. We depend on regular events and donations to continue our work."

Until next Month Stay well and safe Can-Do-Canines chair Galen Engholm cell 507-920-7129



District 5M3 Service Project

Blankets for Childhood Cancer



WE NEED YOUR HELP!!!

- 1. Cash Donation to purchase blanket kits
- 2. Help tie blankets at the 2021 Convention

Make checks payable to: District 5M3 Lions.

Blanket Project in memo

Mail to: Denise Nelson District Treasurer

405 South Street Morgan, MN 56266

Questions: Diana Kuehl at 507.847.3126

Lions Club of New Ulm Donate to Food Shelf



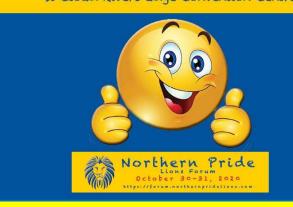
The Lions Club of New Ulm has donated \$1000 to the New Ulm Area Emergency Food Shelf. This donation was made possible by our successful Dad's Belgian Waffle Brunch and other fund raisers in the past year.

"Thank You" to all those who support the Lions.



The New Date is Set! October 30-31, 2020

St Cloud River's Edge Convention Centre



MEMBERSHIP UPDATE

Feb 28, 2019...... 1,166

Mar 31, 2020.....1,133

YTD Members Added: 51 YTD Members Dropped: 52

Net Loss/Gain: -1

38 clubs

Dear Registered Northern Pride Lions Forum attendees,

We are happy to let you know that the Northern Pride Lions Forum has been rescheduled! The new dates are October 30-31, 2020, in St. Cloud. The Forum will take place at the Best Western (Kelly Inn) and St. Cloud Civic Center as previously planned. With this new information some Lions have stated that they wish to continue their current registration and not receive a refund. If you plan on staying registered for the event no response is necessary. The Northern Pride Lions Forum Committee will gladly refund your fee you wish to cancel your registration. Please reply to this email (npllfmd5m@gmail.com) if you desire a refund. If you stay registered you will need to contact the Best Western (Kelly Inn) and reserve your room

Thank you for your patience.
Northern Pride Lions Forum Committee

320-253-0606.



Vision Foundation Approves \$50K for COVID Research

The Minnesota Lions Vision Foundation is joining the fight against the COVID-19 virus by supporting research. On March 30, the Vision Foundation awarded \$50,000 to the Department of Ophthalmology and Visual Neurosciences at the University of Minnesota for research endeavors regarding COVID-19. Dr. Erik van Kuijk, ophthalmology chair, and his colleagues and team members have identified three research projects to help understand the deadly virus sweeping across the world.

COVID Detection in Donated Cornea Tissue

Joshua Hou, M.D., Principal Investigator Dr. Joshua Hou is an Assistant Professor with University of Minnesota Department of Ophthalmology and Visual Neurosciences and the Medical Director for Lions Gift of Sight.

COVID-19 Detection in Tears

Hossein Nazari Khanamiri, M.D., Principal Investigator Dr. Hossein Nazari Khanamiri is a Medical and Surgical Vitreoretinal Fellow with the University of Minnesota Department of Ophthalmology and Visual Neurosciences.

Zinc as Prophylactic Treatment for COVID-19
Erik van Kuijk, M.D., Ph.D., Principle Investigator
Dr. Erik van Kuijk is Professor and Chair of the University of Minnesota Department of Ophthalmology and Visual Neurosciences.

DEPARTMENT CHAIR ERIK VAN KUIJK, MD, PHD



The success of the Department of Ophthalmology and Visual Neurosciences is built upon the innovation and drive of every member of our team, from faculty to administrators to technicians. We are driven to provide the best eye care for our patients, discover new treatments. and educate the next generation of eye care

REDWOOD FALLS LIONS CLUB

Earth Day was the perfect day for 5 social distancing Lions to complete spring ditch cleanup on 2 miles west of Redwood Falls!



5M3 is looking for a Lion to serve as 2VDG next year. Are you the one??

CONTACT VDG DAVID IF INTERESTED. davidjanssen1947@hotmail.com 507-236-2480

SPECIAL OLYMPICS CHAIRPERSON

CONTACT VDG DAVID IF INTERESTED. davidjanssen1947@hotmail.com 507-236-2480











1st Wed; 6:00 pm Eagles Club #320 701 1st Ave S St. James Lion Joseph McCabe, Pres.	Springfield Are Lions 2nd Thurs; 6:30 pm American Legion Lion Gilbert Anderson, Pres.		Lion Greg Hansen, Pres.	2nd Mon; 6:30 p.m. Multi-Purpose Center Lion George Erbes, Pres.
	Andley Lioness 2nd Wed; 6:30 pm Hadley Community Ctr Lioness Deb Helmke, Pres.	States (1998) Lions 1st Tues; 6:05 p.m. Railway Bar & Grill Lion Thomas Goetz, Pres.	3rd Wed; 6:00 pm Community Center Lion Andy Simon, Pres.	
1st Mon; 6:30 p.m. Vesta Café Lion Jim Penske, Pres.	Redwood Falls Lions 1 & 3 Mon; 6:30 p.m. AM Legion Lion Teresa Rossow, Pres.	2nd Mon; 6:00 p.m. Comfrey Comm Ctr Lion Martha Fredin, Pres.	3rd Tues; 6:30 p.m. Hadley Community Ctr Lion Al Husfeldt, Pres.	4th Mon; 6:30 p.m. Lions Community Ctr Lion Galen Engholm, Pres.
	Bringing the District news to you! If your Club is not listed, be sure to send in \$40.00 to District Treasurer, Denise Nelson at 405 S St, Morgan MN 56266. Memo line: Newsletter Sponsor. NOTE: Clubs can sponsor more than one time!			-

5M3 Lions Clubs Sponsor Page

