

CHANGING PEOPLES LIVES

March 2018

In this issue:

- DG Clark Helping Hurricane Victims
- MD23 Mid-Winter/State Convention
- Lions Day with the United Nations
- Hurricane Maria Relief Efforts
- Lions Around Connecticut TV
- Sight Saver Day
- CRIS Radio
- Women and Families Symposium

CLUBS

Hartland

Canaan NW

South Windsor

vvoodbury

Hartford Everest

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New Milford

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Terryville LEO

East Windsor LEO

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Where Is This Box?



We, as Lions, need to get out and explore more often. Once again, no one was able to identify the last issue's collection box. Our thanks go to the Plainville Lions Club for your efforts in collecting used eyeglasses and hearing aids.

We're back to repurposed US Postal Service boxes, this time, in a lovely shade of mauve, which, we suspect, was bright Lion Purple when it was new. Do you know where it is? Send your guesses to **District23BSpirit@gmail.com** and, remember, if it's your club's box, you're ineligible to win.

We're added a few more pictures of collection boxes to our library for future issues, but we need more. Our goal is a picture of every box in the District. Send those pictures in today! Where are the boxes in Hartford County?

And, don't forget to bring all the eyeglasses and hearing aids that you've collected this past year to your Governor's Breakfast.

DG Bobby Clark Works with Puerto Rico Lions to Help Hurricane Victims

DG Bob Clark Works with Puerto Rico's Lions to Help Victims of Hurricane Maria

District Governor Robert "Bobby" Clark traveled to Puerto Rico on February 6 to help Puerto Rico's Lions deliver relief supplies to victims of Hurricane Maria.

Clark joined members of the Hartford Evening and Multi-National Lions Clubs and others to unload shipping containers and drive over mountains to deliver food, clothing and toiletries to families without power five months after the storm. Lions also distributed supplies in Palomas and Santurce, two of the poorest barrios in San Juan.

Without a forklift, all 42 tons of supplies were unloaded by hand at the Colegio Maria auxiliadora, a Catholic school. Nuns and students helped organize the supplies for distribution the next day. The Lions also drove to Comerio and Salinas where supplies were handed over to a network of churches, Lions clubs and workers

dedicated to delivering the supplies to the people most in need. DG Clark personally gave supplies to a family that had lost three in the hurricane.

"I need to thank Bloomfield Connecticut Lion Constanza Paramo-O'Brien for advising us of this family's tragedy and other families in need of help in Salinas," said Clark. "Lion Constanza guided students at Bloomfield High School as they collected supplies for these people. This was truly a team effort."

Going forward, DG Clark is asking Lions throughout the district to collect supplies and money to help the victims of Hurricane Maria. Details about supply needs and collection points will be forthcoming. Funds are needed to defray the cost of shipping supplies to Puerto Rico. "Each 42 ton container costs \$4750 to send to the Lions warehouse in Camuy, Puerto Rico," said Clark. "If each club in our district contributes \$200, we can ship two more containers to Puerto Rico. That's 80+ tons of relief supplies - a true example of the 'Power of We'."



District Governor Bobby Clark talks about Lions efforts to distribute food, clothes and water to small towns in Puerto Rico that were devastated by the recent hurricane. Lions Clubs in Puerto Rico handled three containers - each with 42 tons of much needed supplies.

(below) Scenes of the devastation





DG Bob Clark met one of the Hartford supply containers at Colegio Maria Auxiliadera, a Catholic school located in Santurce - one of the poorest barrios in San Juan. The nuns and students unloaded and organized supplies for distribution to seniors the next day.





DG Bobby Clark (left) with DG Emilio Colon Rodrigues of District 51-C and his wife Dagmar

GREATER HARTFORD HOST LIONS CLUB



PANCAKE & BUFFET BREAKFAST



Sunday, April 29, 2018 8:00AM-12NOON

American School for the Deaf 139 No. Main St., West Hartford \$8.00 per adult & \$5.00 per child (under 12)

The Winsted Lion Club'sTamily Breakfast





Palm Sunday, March 25th, 2018 8:30 am to 12:00 Noon Adults \$7, Children (3-11) \$3

Pearson School Cafeteria Wetmore Avenue, Winsted

South Windsor Lions Annual

Pancake Breakfast & Plant and Bake Sale Sunday, March 25, 8:30 am to 12:00 noon



South Windsor Fire House 1175 Ellington Road



\$7, Children under 5 free

Canaan NW Lions Club

The Canaan Northwest Lions Club picked up a project last Fall that has really begun to take off. It is a "Win-Win" for both the recipients and for us.

"Bonnie Boxes: Boxes of Love for Cancer Warriors" was started years ago by a cancer warrior. We are just continuing to carry on her original mission, which was to bring love and hope to people who are struggling with the disease. Our club's task is to meet monthly and prepare fifty gift-wrapped shoe boxes filled with "comfort" items to be given to people as they come out of a chemotherapy session.

We prepare 10 boxes for men, 10 for women, 15 for boys, and 15 for girls, for a total of 50 every month. The comfort items that we collect and donate are things such as: chap-stick; tissues; hand sanitizer; snacks; warm, comfy socks, hats, gloves and scarves; handmade items such as bracelets and bookmarks; word game booklets; small stuffed animals; small picture books; little games and toys; almost anything that will fit in a shoe box and make someone feel better—make them feel loved and cared for.

We deliver the finished boxes for adults to The Oncology Center in Torrington, and the children's boxes to the Hartford Children's Hospital. The looks on the faces, of people in the waiting rooms when we arrive with the boxes, is all the reward one could want.

We welcome volunteers and donations. If interested you may contact Helen at 860-371-6216; or by email at

helenlumahoney@gmail.com; or visit on Facebook at: Bonnie Boxes: Boxes of Love for Cancer Warriors







Above: Members of the Canaan NW Lions Club show off their "Bonnie Boxes"

South Windsor Lions Club

South Windsor Lions, headed by Lion Tom Ferrick, conducted pediatric vision screenings at the 1st Annual Early Childhood Resource Fair hosted by the town's family services department on Jan. 6. Parents came with their young children for activities and information on pre-schools, day cares, and education programs. It was a great opportunity. With the parents right there, permission slips weren't needed, and we could explain everything to them. We also made more contacts from the vendors to set up more screenings. Pictured below is Lion Jan Rodrigue.



Hartland Lions Club

Well now that the Holiday rush of activities are over, Super Bowl hype is past, we have a chance to sit and enjoy a cup of java or tea, feet up by the fire watching the snow float down.

But wait, what would be nice with that java and tea, but a bowl of homemade soup, or better yet, a choice of ten savory hot soups and a grilled ham and cheese sandwich, with homemade desserts and the good company of friends and neighbors?

Hartland's Lions Annual Soup and Sandwich gathering brought together town folk and Lions from several neighboring clubs to enjoy such delicacies as venison stew, various chowders, chilies, good onion soups and pie. Those, and good weather, made the event a success. Sorry so many missed it. Well maybe next year, because this is a NOT TO MISS event.

Now our thoughts turn to Spring, even though the snow is still floating down, and the temps are in the teens and twenties. My attentions turn to seeds. I don't mean the type you're feeding the birds and the bears, but the type you can't wait to start indoors to get a jump on the growing season. Will they be a new variety? Hybrids? For me, the old varieties and heirlooms are best. All the planning makes Spring seem a little closer. So enough of this white stuff—let the greening begin! Who is going to pick that first tomato?

Enjoy the rest of winter, planning all your club spring project and events. Enjoy each other, but most of all keep SERVING.



Mark your Calendar!

Governor's Awards Breakfast for Zones 1-4



Sunday - March 4, 2018

8 am. to 11 am
Chatterley's Banquet Facility (formerly Cornucopia)
371 Pinewoods Road
Torrington, Ct.
\$20 per person

Select your "Outstanding Lion of the Year"
100% Secretaries Awards
Bring your glasses and hearing aids

Invite family and friends - all are welcome

Please donate a door prize or raffle prize

For reservations or questions, email or call Lion Blanche Sewell blanchs@zoho.com or 860-489-8656

MARK YOUR CALENDARS!



District Governor's Award Breakfast

Zones 5, 6 & 7

Sunday, March 11, 2018 Maneeley's, 65 Rye Street, South Windsor, CT

Coffee at 8:00 A.M. Buffet Breakfast at 8:30 A.M.

Cost: \$20.00 per person

It's time for each club to honor its **Outstanding Lion!**See you there!

Checks Payable to District 23B Governor's Breakfast

Mail to: Lion Eileen Driscoll 672 Forest Street East Hartford, CT 06118

860-568-7305 epda23@aol.com

SIGHT SAVER DAY IS COMING!

"Com'on, shake your can!" will be heard throughout our district as Sight Saver Day approaches.

Soliciting contributions from the community for our sight-related work, not only benefits CLERF and its research efforts, but also showcases our Lions Clubs and the work we do.

If you "shook your can" in year's past—thanks. If not, why not make this a new project for your club?

Sight Saver Day 2018 is April 21st and clubs throughout 23B will be standing in front of local businesses collecting funds and explaining what Lions do. As in year's past, clubs may reserve 50% of the monies collected for local projects. The other 50% is donated to CLERF to continue our research-based work on diseases of the eye and pediatric eye screening. Materials will be available at the State Convention on February 3, 2018 (AKA Mid-Winter), so stop by our table in the Lions Display.

Contact 2VDG Ev Lyons for more information lyonsev50@gmail.com).

Membership

Jim Trompeter, GMT

During the past five weeks it great was to see everyone either at the Zone Meetings or the Mid–Winter Conference. Based on the conversations that I had with many of you there is a desire and a sense of urgency to increase the membership in your club. That's Great!

Bringing in new members also brings a level of responsibility in orientating and mentoring them so that they can become not only Productive Lions but Lions who can benefit from all the aspects Lionism offers. There is an excellent booklet offered on the Lions International web site on how to mentor and develop new Lions. I highly recommend each club download this valuable tool off the website. Several clubs have asked me, Where Can We get New Lions:

- Check your Facebook Account; there is an abundant list of names of people in your area.
- 2) Check your Cell Phone Contact list
- Go to linked in and search people within your zip code, many of these people are professionals with several connections, they make great

Lions members.

How do we approach these people?

On several occasions I introduced the Multiple District Membership Program at Zone Meetings and Seminars. This program outlines in detail how to recruit and approach prospective members. IT WORKS. District C uses it they are + 24 in membership, It has also been successful in other Multiple Districts. If you would like a copy email me at m20t50@aol.com

I am open to visit your club to discuss membership development. Just email or call



Woodbury Lions Club

Once again, Main Street in Woodbury was lit up with thousands of candles inside white paper bags in the 2017 Lions Luminaria display on Christmas Eve. Event Chairperson Lion Cliff Ritter and his hundreds of volunteers spent the afternoon, into the early evening, filling bag after bag with sand, carefully spacing them along each side of the road, then going back at dusk to light them. Even with a bit of snow in the air, most of the luminaria survived the night, and gave travelers though town quite a show. Lion Cliff and his volunteers were out again at 6am, brooms and shovels in hands, and by 7:30, there was no trace of the spectacle from

the night before. Our thanks go to everyone who made our annual gift to the town possible.

The Woodbury Lions are making progress, albeit slowly, on our Centennial project—a pavilion at Three Rivers Park. In the planning stage for a couple of years, we've finally found a design that is both environmental-friendly, and fulfills the purpose we wish to fill. One of our biggest constraints is that most of the park is in a watershed area, so many of the construction techniques we've used for our other building projects can't be used. Now that we have what we think is a workable design, our next step is to

get the necessary approvals from the town to begin construction.

We are also very happy to announce that our Lions family is growing. We've inducted six new members so far this year, with a couple of more candidates nearly ready to join our ranks. We welcome our new Lions, and we've already started to put them to work.

Coming up on June 10 is the 40th Annual Car Show, held at Hollow Park. As a milestone year, we're making this a show to remember, and we hope that we see a record turn-out to help us celebrate this momentous occasion.

THANK YOU! LIONS OF DISTRICT 23B



FOR YOUR SUPPORT!

DGE HARRY & LION CAROL

Childhood Cancer Seminar Available to Clubs

Childhood Cancer differs significantly from adult cancers as Lions of the New Milford Lions Club have learned. Member, Maredith Spector, researched and created a power point presentation to address those differences and is willing to share with your club at a mutually convenient time!

In essence, the presentation is geared as an introduction to Childhood Cancer. The presentation is appropriate for middle schoolers, high schoolers and the general population. Within the slides are suggestions or discussion starters for Lions or Leos to support Childhood Cancer efforts at individual, specific organization, and national research levels. It is Connecticut specific in a variety of statistics, local organizations, treatment centers, and researchers, and can be geared toward specific towns where statistics would be of interest to the audience. It includes:

- Incidence variations per gender, age, race, parental background, locale
- Narrator inclusion of specific names and stories of CT individuals from media)
- Optional 3 minute youTube song "Clouds" by Zack Sobriech is separate (victim of osteosarcoma)

Contact New Milford Lions member, Maredith Spector, for more information: innspect2@gmail.com



Hartford County Everest Centennial Lions Club

The Hartford County Everest Centennial Lions Club (HCECLC) has had a busy autumn. Recently, DG Bobby Clark and Lion Nora Clark visited with club members to hear of the club's activities and future projects.

In early fall, officers of the club visited their native Nepal to assist in relief efforts sponsored by the HCECLC in response to the massive floods experienced by the citizens of Nepal. \$1,500 was collected by club members and shared with Lions in Nepal.

These funds provided much needed supplies to over 100 Nepalese families who were left with very little once the flood water subsided. This experience also encouraged HCECLC members to consider "twinning" with a Lions club in Nepal as they seek to provide additional assistance by sponsoring a local school badly in need of supplies and monetary support.

During his visit to Nepal, President Raj Shrestha also initiated the formation of a new Lions Club and conducted an orientation session for prospective members. Continued efforts by the NCECLC leadership hopefully will result soon in another Lions club based in Nepal.



HCECLC President Raj Shrestha presents a check for \$1500 to the Lions Club of Biratnagar Central (325-A1, Nepal) to help families who were victims of the flooding in Nepal in August of 2017

Lions Low Vision

The District 23B Lions Low Vision Centers Board of Directors recently approved an agreement with the Watertown division of Hartford Healthcare at Home, Inc. (HHC) to provide low vision services for their homebound clients. The plan has been "in the works" for several years and recent management changes at HHC kicked the plan into high gear. We hope this pilot agreement with one division will expand over time to the full HHC service area.

This new program will allow visiting HHC therapists who sense a low vision need among their homebound clients to refer the client to a specially trained low vision therapist who will then assess and service homebound residents with sight issues. The LLVC will continue its policy of providing free devices to those served. Federal regulations governing the services provided by HHC mandate that any client eventually judged to be mobile would then be required to seek service at one of our medical sitebased clinics. However, those who cannot travel will now have the opportunity to receive assistance and needed devices.

This new service means that the 23B Low Vision program now has five centers serving our district: Litchfield, Bristol, East Hartford, New Britain and now the Hartford Healthcare at Home, Inc. program.



The Hartford County Everest Centennial Lions Club sponsored its first oratorical contest. Six contestants, ages 15-18, competed in the contest. Their presentations spoke to the theme of "My Personal Responsibility to My Community". First place, with a \$100 prize, was awarded to Ms. Kriti Bashyal, second place, with a \$50 prize, was won by Mr. Aditya Awasthi, and third place, with a \$25 prize, went to Ms. Anuragi Khadka.

Bristol Lions to Host Annual Meet and Greet

All district Lions are cordially invited to join their fellow Lions at the annual 2018 Meet and Greet to be hosted by the Bristol Lions Club on April 19, 2018. Networking and camaraderie will be the order of the night with a cash bar from 6-6:30 PM followed by a family-style dinner at 6:30 PM. Tickets are available from Lion Irene Zanardi (860-675-3451 or irenezanardi@comcast.net) for \$25/Lion. Our 50-50 raffle will benefit Camp Rising Sun, a facility for children with cancer. This night always proves to be a "hit" with attendees, so plan on being there!! Additional details will be sent to district clubs closer to the event date.

Zone 2 Report

Zone Chair Frank Longo

The combined Zones 1&2 meeting took place on January 10, at Chatterly's in Torrington. It was a well-attended meeting, with many clubs represented, and even better, some new faces who had never attended a zone meeting before.

ZC Dave Boilard and I introduced all our cabinet guests, and after a quick break for dinner, launched into a series of presentations that covered everything going on within the district. A lot of information was covered in a short amount of time, and I'm looking forward to my next Zone meeting on April 5 at the Curtis House in Woodbury.

I've been busy with inductions, having been invited to bring in total of five new members at Bethlehem this year at two different meetings, and also brought in three members at my own club in Woodbury—two as the inductor, and one as a sponsor—and assisted GMTL Jim Trompeter with another induction at my club, with one new member.

Keep up the good work!

Lion Helps Columbian Flood Victims

Lost amidst the overwhelming recent news of significant natural disasters, the plight of Southern Colombians facing their own onslaught of floods and mudslides was lost.

However, over 300 Colombian citizens were killed and thousands were left without homes and personal belongings as cities and towns in the Putomayo region of Colombia were leveled. In their midst, and fortunately safe, was the daughter of 2VDG Ev Lyons who is an anthropologist working with this local population. Realizing that many members of a women's sewing group had lost their eveglasses in the rush of flood waters and mud and were now unable to earn badly needed income by their craft, she remembered her father's many stories of the work of Lions and asked if Lions could help. Lion Ev knew of a store of "department-store cheaters" which had been donated. and thought this would be the quickest way to bring some relief in providing sight for doing the close work of intricate sewing. . A quick conversation confirmed their availability to be sent to Colombia, and over 80 pairs of glasses in varving strengths were soon on their way. Arriving two weeks later, a "glasses trying on session" was conducted (See photo below) in an effort to closely match the needs of the group members. The group is now "back in business," and the extra pairs of glasses are being distributed to others in need.





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The District 23B Spirit

Our next issue of the District 23B Spirit is June 1, 2018. The deadline for all ads and articles is May 10, 2018.

Ad prices are \$30/quarter page (3.5" wide, 5" long), \$50 for a half-page (7" wide, 5" long), and \$100 for a full-page (7" wide, 10" long). Please provide ads in .BMP, .JPG or .GIF formats only—no .PDF or .PUB files, please. If you don't know how to create an ad, send us your information and we'll create one for you.

Any submitted pictures should be in .JPG or .GIF format, and should be clear (blurry pictures do not reproduce well).

Submit materials for publication to District23BSpirit@gmail.com only.

CRIS Radio Historical Access Projects

Lion Lizette Pelletier, CRIS Radio District Chair

Connecticut Radio Information System (CRIS) has been providing audio services for blind or print challenged individuals for over 40 years. In addition to broadcasting articles featured in more than 50 newspapers and magazines 24 hours a day, 7 days a week, CRIS also offers children's and Spanishlanguage programming, broadcast stream to health care facilities and hospitals, and provides custom recordings for students with reading disabilities. Connecticut Lions have played a role in making these programs a reality.

Thousands of Connecticut residents are blind or have difficulty reading traditional print, meaning that they have limited access to original historical records or museum exhibits, something most people take for granted. CRIS has developed two new programs to make these resources accessible: CRISAccessTM and the Voices of WWI pilot project.

CRISAccessTM

CRISAccessTM is a simple, low-cost solution to improve access to museum exhibits for people who are blind or print challenged. QR (Quick Response) Codes allow museum goers to access on-demand recordings about the item on exhibit or contextual information through a smartphone or other personal device with a QR app. Museum visitors bring their own devices which sync to human-narrated recordings by scanning the QR code placed nearby. The brief 3minute audio files include a narrated version of the exhibit sign or label, a description of the exhibit content(s), and, when possible, information about an opportunity to examine an item by touch.

The Windsor Lions Club recently funded the installation of 17 audible exhibits at the Luddy/Taylor

Connecticut Valley Tobacco Museum in Windsor whose mission is to preserve the history of cigartobacco agriculture in the Connecticut River Valley. The Tobacco museum is one of seven sites that have installed this type of access. The Bristol Lions Club is planning for a similar project to fund audible exhibits at the Carousel Museum in Bristol this year. In addition to museums, CRISAccessTM can also provide audio descriptions of playground equipment such as at the inclusive Jonathan's Dream playground in West Hartford. More information on the program and how to obtain QR Code Readers is available on the CRISAccess[™] webpage.





DG Bobby Clark came to South Windsor's rescheduled meeting on Jan 31 to surprise Sia Dowlatshahi with a presentation of his Guiding Lion Certificate. Sia also conducted the induction ceremony for four of the club's new members.



Bristol Lions Support Homeless

Bristol Lions Club President Roger Pelletier arrived home from the Mid-Winter Conference/State Convention with a box of the bags assembled on Friday night. The following Wednesday morning, he delivered them on behalf of the club and the district to The Agapé House. The Agapé House functions entirely on donations and the assistance of volunteers.

Director Chris Thevarge, happily accepted the purple drawstring bags with the Lions Service logo and filled with personal care products, non-perishable portable food items, a blanket, warm socks, gloves, scarf, and a small amount of cash for other needs. The bags will be distributed among their clients and those at any other shelters in town as needed. She stated that there are a growing number of individuals seeking services who arrive at the shelter with little more that the clothes on their backs.



Bristol Lion President Roger Pelletier with Agapé House director Chris Thevarge

Connecticut Organizations Ship Supplies to Puerto Rico

Los Amigos Softball League
Collects Supplies, Finds
Warehouse Space

52 Lions Clubs in the state. "We deeply appreciate the support of Los Amigos, Sunshine Laundry and Control of Los Amigos, Sunshin

Connecticut Lions Organize Local Distribution in Puerto Rico

Hartford Yard Goats to Donate Shipping Costs

Los Amigos Softball League and Connecticut's Lions clubs have joined forces to collect, clean, pack, ship and distribute badly needed supplies to Puerto Rico. On Tuesday, January 16, the Hartford Yard Goats will donate funds to cover the cost of shipping one of two 42-ton shipping containers that are leaving the state this week.

"Connecticut's community organizations are doing everything they can to help the desperate situation in Puerto Rico," said Robert Clark, District Governor for

52 Lions Clubs in the state. "We deeply appreciate the support of Los Amigos, Sunshine Laundry and the Mirage Lounge in this effort. The need is great; everybody needs to step up and help."

While teams in the Los Amigos League collected supplies and found warehouse space, Sunshine Laundry of Newington washed all the donated clothes, volunteers from Mirage Lounge helped pack the supplies and Lions clubs arranged for final distribution to rural communities in Puerto Rico. Supplies include water, clothing and food.

One 42-ton container was shipped on Friday and a second will be shipped this week from the Schuco Warehouse in Newington. A third container will be shipped later this month. It takes approximately eight days for each shipment to reach Puerto Rico.

Once the container arrives in San

Juan harbor, Lions clubs under the direction of Emilio Colon Rodriguez, District Governor for Lions clubs in Puerto Rico, will ensure that the supplies reach the local communities where the need is greatest.

"Local Lions clubs know their communities best," said Clark. "They bypass a lot of the red tape that has blocked supplies from reaching the actual people who need them most."

Puerto Rico has been and is expected to be in crisis for many months to come. Thousands of homes lack roofs and stable walls. Electricity remains scarce and transportation is difficult. Mr. Clark asks that individuals and corporations get involved in any way they can. Donations of food, water and clothing can be made at local schools, Los Amigos League members and Connecticut Lions clubs.



Here's the progress from masses of supplies, to wellorganized pallets ready to go.

Lions from the Hartford Multi-National Club will be on hand in Puerto Rico to drive truckloads of supplies into the remote villages which have been hard to reach.

Lions Clubs in Puerto Rico handled three containers each with 42 tons of much needed supplies.









Lion Around Connecticut

With Lions Carol Kearns and Harry Schuh

CELEBRATION TIME! On March 4, 2018, Lion Around CT with Carol and Harry celebrates its 5th Year Anniversary! On Tuesday, March 6th, show #251 airs on our Charter home studio in the Winsted area. Our show is aired in 58 communities on 6 cable access TV stations: Charter Communications (Winsted), Cablevision (Litchfield), Charter Communications (Newtown), Charter Communications (Willimantic), Nutmeg (Farmington), and Skye XIII (Waterbury).

We videorecorded many holiday celebrations including LARC Festival of Trees, New Milford Lions Senior Christmas Party, Lions Special Needs Party, and Harwinton Lions Senior Center Christmas Party. Three shows are dedicated to the celebration of the Bloomfield Lions 75th Anniversary. Congratulations to the Lions of District 23C for celebrating their 9th Annual Humanitarian Awards Dinner. We also videorecorded two excellent presentations on Diabetes and Diabetic Foot Care featuring Torrington pyhsicians Dr. Egils Bogdanovics and Dr. Darren Winkler.

Below are the titles for our latest shows 238 - 251:

238	New England Lions Council Banquet with PID Jerome Thompson and Necrology at Mt. Snow VT
239	16th Annual LARC Festival of Trees and LCI Diabetes Videos
240	CHH Diabetes Presentation Part 1 - Dr. Egils Bogdanovics
241	CHH Diabetes Presentation Part 2 - Dr. Bogdanovics and Dr. Winkler
242	CHH Diabetes Presentation Part 3 - Dr. Winkler
243	New Milford Lions Seniors Christmas Party
244	Lions Special Needs Students Christmas Party at Maneeley's
245	Harwinton Lions Senior Center Christmas Party
246	Bloomfield Lions 75th Anniversary Part 1
247	Bloomfield Lions 75th Anniversary Part 2
240	Bloomfield Lions 75th

Anniversary Part 3

249	Lions 23C Humanitarian Awards
	Dinner Part 1
250	Lions 23C Humanitarian Awards
	Dinner Part 2
251	Lions 23C Humanitarian Awards
	D'anna Danie

To view our last 10 shows on the Internet:

Dinner Part 3

- Go to www.ctv191.com
- Mouse over "What's On"
- Click on "Watch Programs"
- Type the word Lion in the Search box and Click on Search

We invite you to appear as studio guests on our show, or invite us to document and publicize your Lions events on-site!

District Service Project: Bags for the Homeless

Lion Sue Boilard Terryville Lions Club

Inspired by a project started by his sister District Governor, Nancy Tucker, from District C, then-District Governor Steve Daigle proposed a district-wide service project to provide homeless individuals with essentials items, such as personal care products, socks, light blankets, gloves and scarves, and high protein snacks. The items would be distributed in bags printed with the Lions Club International service logo.

Over the next two years, clubs collected the requested items and monetary donations from their members and communities. A number of Lions donated winnings from the 50/50 raffles at the annual Governors' Breakfasts. The Bristol Lions Club donated over \$700 in proceeds from its Meet and Greet dinners. Dr. Manpuneet Singh, DDS, from Thomaston donated more than 200 units of toothbrushes, toothpaste, and dental floss.

Once a sufficient amount of these

items were collected, District C donated the surplus bags from its homeless project. The drawstring purple or yellow bags were printed with the service logo. Given the large amount of items and District C's generosity, PDG Steve decided to finalize the project as a statewide service project at the Midwinter conference on Friday night after the business meeting.

Volunteers from all three districts came together that night and sorted the various items collected and donated. Our visiting ID Bruce Beck and his wife Lion Erin from Minnesota participated. An assembly line was set up in the hallway off the hotel ballroom. Each Lion received a bag at the start of the line marked with either a "W" for women or "M" for men. He or she moved down the assembly line filling the bag with a towel, soap, snack items, one or two pairs of socks, gloves, scarf, deodorant, shampoo, conditioner, lotion, first aid items, shaving items, and dental care products as appropriate. Once a bag was filled, the process started again, until 203 bags were filled.

The completed bags were divided between the three districts. Each club in a district will receive some bags to be given to local organization that assist the homeless in their community.

Already clubs are reporting back on how the bags have been distributed and the impact they are having. PDG Steve hopes to repeat this effort in the near future. Congratulations to the Lions of MD23 on a job well done.



LIGHTS! CAMERA! ACTION!

DGE Harry Schuh's Message to District 23B

I am honored and proud to be the District Governor Elect for Lions District 23B. This is truly a year when we have celebrated the outstanding accomplishments of Lions' first 100 years and look forward with great anticipation to our THERE'S A NEED THERE'S A next Centennial.

The theme for my District Governor vear 2018-2019 is LIGHTS! CAMERA! ACTION!

When my wife Lion Carol and I were thinking about my upcoming year, we thought about some of the activities we are proud of as Lions. As you know, we have hosted our local cable access TV show "Lion Around CT with Carol and Harry" for almost five years. In fact, show #250 airs on February 27th! Carol then remembered this clapper that we bought as a souvenir many years ago at Universal Studios. Lights! Camera! Action! - the cue to a film crew prior to a take. It sums up perfectly what I feel as I look forward to my year!

LIGHTS! Shine a light on Lions!

Submit articles for the District Spirit. Submit articles for our international LION Magazine. Carol and I were contacted by LCI and were honored to have an article on our show published in the April 2016 LION Magazine. Continue to expand our use of social media. Invite local media to cover our projects.

CAMERA! Focus on future service!

Capture and share what we do using pictures and video. Give our communities the opportunity to focus clearly on how we serve! Take the opportunity to tell and show prospective Lions what we do.

ACTION! Be proactive. Dream it and do it!

LCI has introduced the Global Action Team which was built with a vision that one day every **NEED** in

the world will be served by a Lion or Leo. We have introduced the Global Service Team in addition to Global Leadership and Membership. All three are vitally important. Remember WE SERVE! WHERE

LION!

As District Centennial Co-Coordinator, I continue to remind clubs that the Centennial Challenge continues through June 2018 and to encourage them to complete a Centennial Legacy project if they have not already done so. One goal of the Centennial Challenge was to serve 100 million people by the end of June 2018. I am pleased to report that we have already surpassed 200 million served! So, please save Saturday, May 5th for our "Celebration of the Century" Gala right here at the Radisson Hotel with dinner and dancing.

Our vision is to be the global leader in community and humanitarian service. LCI is now rolling out LCI Forward, the goal of which is to triple our impact worldwide by improving the lives of at least 200 million per year by 2020-2021 through expanded humanitarian service. This new framework has programs in five main service platforms: Environment, Hunger, and Vision continue from the Centennial Service Challenge. Diabetes and Childhood Cancer are added to the service framework. I am excited to see that we are looking at new projects in these two areas. A committee is exploring the establishment of a camp in CT for children with diabetes. We have acquired machines to be used to screen children in our schools for diabetes. We are asking clubs in 23B to consider supporting Camp Rising Sun for children with Childhood Cancer.

We continue to do great things in the other areas of the Centennial Challenge. For example:

> Lions KidSight USA continues to grow. The

Long Range Planning Committee is proposing a goal of screening 200,000 children in CT by the end of 2020.

Our District 23B Lions Low Vision Centers has expanded into home health care. We are also looking to establish two additional centers in the district.

I am excited at the direction we are taking as we move decisively into our next century. I would like to sincerely thank all my Lion friends who have encouraged me to move up in the district and provided direction along the way. Most of all, I would like to thank my wife Lion Carol who has been with me on every step of our journey.

Please remember these three words as we continue to grow our district next year:

LIGHTS! CAMERA! ACTION!



DGE Harry Schuh (right) and Lion Carol Kernes at MidWinter/State Convention.



Terryville LEO Club

The Lions Club of Terryville is proud to say that on November 27, 2017, 50 New Leo's were installed.

Pictured are the new Leo officers for 2017-2018. They are energetic and hope to accomplish several projects this year. They work with the Lions on some projects. Included are the Leo's that helped pack boxes with high protein nutritious meals that are sent across the world. This event was organized by the Terryville Leo's Club and Dick Dill who helps coordinate this event. The Terryville Leo's invited other Leo Clubs to join them. They came from Thomaston, Wolcott, Bristol and Harwinton. They are able to package 2,500 meals. These kids are the future and we are very proud of them.









Terryville LEOs working with LEOs from other clubs. (bottom right): New Terryville Leo officers

East Windsor Leo Club



The Leo's clubs around the 23B area have been growing. The teens that are joining come with enthusiasm and fresh ideas. The East Windsor Lions Club was proud to install several young adults from the local high school. The coadvisors are Karen Drake and Tracie Canestrari. The liaison is Barbara Sherman. The Lion president, Peter Nevers along with District Governor Bobby Clark, and Leo Chairman of 23b Cathy Paskus installed the new Leo's.

Women And Families Symposium

Save the date —April 28, 2018

The Women and Families Symposium is scheduled for April 28, 2018, from 8:30am to 11:30am.

While the location has yet to be determined, the agenda has been released, and there are sessions scheduled on Childhood Cancer, Diabetes, and other important topics that impact women and families today.

Last year's symposium was wellattended, and well-received, and it is hoped that more people make it a point to attend this year's session.

More details will be sent to clubs, including the location, a detailed agenda listing speakers, and registration information.

Diabetes, and other important topics Contact Women and Families Chair that impact women and families Nora Clark, noriellac@yahoo.com, if today.

Nora Clark, noriellac@yahoo.com, if you are interested in attending.

LUND Lions Day with the UN

Lions, Leos and dignitaries from around the world will continue the conversation about the global fight against the diabetes epidemic.

The 40th Lions Day with the United Nations in New York is on Saturday, March 24, and will feature prestigious speakers as well as Lions Clubs International President Dr. Naresh Aggarwal.

This is the final of three international Lions/United Nations events, the other two taking place in Geneva, Switzerland, and Nairobi, Kenya earlier in the Lion's year. The theme for all three events is "Working Together Globally to Combat Diabetes."

Register by March 1 by visiting the Lions Day with the UN page in the member's area of lionsclubs.org.



The Celebration of the Century

Come join the Lions of Connecticut as we celebrate a century of service on May 5, at the Radisson in Cromwell, CT, 100 Berlin Turnpike.

Dining, dancing, and fun are expected, there will be a review of Connecticut Lions projects from the last century, and a static display of current CT Lions legacy projects. Tickets are \$55 before April 15, \$60 after that date.

Visit CelebrateLions.com for full details and online registration.

Over 200 Million Served!

At the beginning of Lions Club International's Centennial Service Challenge, the goal was to reach 100 million people around the world with local clubs serving their communities. With the Challenge nearly at its end, International President Dr. Naresh Aggarwa announced that we doubled our goal with 215,542,725 people served by Lions at the last published count.

The Centennial Service Challenge has five components, Engaging our Youth, Sharing the Vision, Relieving the Hunger, Protecting our Environment, and Halting Diabetes. Clubs performed service projects in their towns and communities with the aim of making a difference in one or more of these areas.

Congratulations to every club, and every Lion who participated and helped exceed our service goal. We could not have done it without you.

Thanks for all you do!





New Milford Lions Club

If a single vote can change the course of an election, could a single contribution make a difference to someone vou may not even know? The New Milford Lions Club, sponsor of popular events such as senior picnics, holiday parties, and free eyeglasses to those who need them, has an answer.

Yes. A single no-matter-how-small contribution can impact the wellbeing of a person in need. The Club can prove it.

Club president, Jim Bannon, and secretary, Maredith Spector, said money raised not only pays for large GoFundMe page to find Brian donations to efforts such as eye research, it also funds requests from institutions and individuals. For Identifying needs example:

Encouraging leaders

The gift of \$150 to aid New Milford High's Future Business Leaders of America Club fulfilled Lions Clubs International's mission to support youth.

Advancing education

There's arguably no better support for children than a good education. The Lions annually offer a scholarship that might mean a difference for a family worrying about the extra expenses of books and fees.

Promoting peace

With a \$50 gift, the Club honored a Lions International's Peace Poster

Contestant. Schaghticoke Middle School sixth-grader Keira Sosbe won, and offered her vision for the future, "We will accept differences in people...."

Computer crisis

Lions gave \$150 to repair iPads used by two brothers with learning differences who use the tablets for lessons. The mother's heartfelt response: "You have no idea how much this means to us."

Medical hope

Some gifts may save a life. The Club sent a \$1,000 donation to a (Kozo) a new heart.

From socks to soup the Lions answer the needs of local social service agencies. A \$250 donation funded lunch bags for 100 youngsters in a camp program.

Club members crafted 25 individual cards with uplifting messages to send cheer to public servants.

Lions delivered 100 plus pairs of socks for the homeless this winter.

Every gift

The act of giving, large or small, is one of intent. If you intend to help, there is a way to give - hours, funds, skills, knowledge. An individual doesn't have to change an election to make a difference. We Serve.



Rousing Time – Wish You Were There!

By Lion Bob Bessel

More than 300 Lions turned out for Connecticut Lions 92nd Annual Convention and Mid-Winter Conference in Cromwell. Attendees jumped right into the homeless supply project, packing 210 bags of toiletries, blankets, socks and food. International Director Bruce Beck was right there with us—segregating supplies, setting up the assembly line and filling bags.

"This was a first," said PDG and Convention Chair Steve Daigle, "but it won't be our last. Homelessness continues to be a Lions' focus. Stay tuned for more homeless supply projects in the months to come." Seminars dominated Saturday morning. From "Involving Younger Lions" to "Diabetes Awareness," LCIF Training" and a session for incoming presidents, the focus on improving club and member experiences was strong and much appreciated.

"There's not a Lion among us who can't learn something new at Mid-Winter," said PDG and PCC Nanette Burdick. "As times and needs change, our Lions have to adapt if we're going to continue to serve our communities." Nearly 300 LEOs greeted the Lions at Saturday's Luncheon with cheers of "LEOs Rock." Hundreds of Lions ioined in, creating a thunder of enthusiasm for service.

ID Bruce Beck kept the spirit flowing with news of 200 million people served by Lions worldwide - double the goal set three years ago. Bruce exhorted the attendees to adapt their clubs' traditions to the changing membership.

"We can have dinner for Lions who want them, followed by a business meeting for those members who have less time or budget," said ID Beck. "It's all about service to ourselves as well as our communities."

oriental-themed banquet closed the day.

On Sunday, our new slate of officers Convention and Mid-Winter was elected: Harry Schuh (Harwinton) is our District Governor Elect for 2018-19, Ev Lyons (Bristol) is our First VDG elect and Heidi Zacchera (Avon) is our Second VDG elect. Welcome them to your

clubs as the year continues.

If you attended this year's Conference, you know how valuable this weekend was. If you didn't attend - you should! There's nothing like a room full of Lions to raise your spirits and make good things happen.



PDG Steven Daigle (center) received the International President's meda lat MidWinter/State Convention. Also pictured, ID Bruce Beck (left), and 23B District Governor Bobby Clark (right)

23B Cabinet Secretary Pat Daigle (center) received the Leadership medal at MidWinter/State Convention. Also pictured, ID Bruce Beck (left), and 23B District Governor Bobby Clark (right)





Lion Around Connecticut Radio host Lion Peter Cianciolo (center) received an International President's Certificate at MidWinter/State Convention. Also pictured, ID Bruce Beck (left), and 23B District Governor Bobby Clark (right). PID Carolyn Messier is shown at the podium

Lion Jackie Fischer (center) received an International President's Certificate at MidWinter/State Convention. Also pictured, ID Bruce Beck (left), and 23B District Governor Bobby Clark (right).

Congratulations to all these special award recipients.



Pin-traders, necrology and an

Lions Roar with More Pictures from MidWinter/State Convention



Lions from all three Connecticut districts packed supplies into bags for the homeless. What a great way to kick off the 2018 convention!



(Above left) International Director Bruce Beck urged each Connecticut Lion to reconnect with their inner child and channel that enthusiasm in everything we do.

(Above right) ID Bruce urged club presidents to become superheroes during his session on Saturday morning.

(Right) ID Bruce and MD23 Council Chair Kathy Randall hamming it up with New London Lion Roland Dunham.





Thanks to Lion Frank Rowe of District 23C for this pictorial recap of MidWinter/State Convention

































An Experience in Mentoring

ZC Frank Longo

At this year's MD 23 MidWinter and State Convention, I had an interesting experience: a young Lion, from a club in another district, who had 'friended' me on Facebook, posted that he was attending the conference, but was really nervous about it. It was his first time going to an event like this, and wasn't sure what to expect. I messaged him, telling him I would meet him there and show him around.

On Saturday morning, I found him standing in line at registration, introduced myself, and helped him get his badge. Then, we went over to meet a mutual Facebook friend. who was running a booth. I then introduced him to everyone I knew, Council and District officers from around the state, several members of other clubs, stopped at several tables where he learned about vision screenings, LLVC, Pin Traders, Fidelco, and many other of the other programs that Lions in the MD 23 have. We met ID Bruce Beck, and Lion Erin Beck, whom we both only knew through Facebook. Eventually, when I thought he was comfortable enough, I left him to explore on his own, and, judging from his postings, he had a great

It wasn't until I was driving home later that I realized what I had done: I mentored a new Lion.

This is what we should be doing in our clubs with new members: Introduce them to the club officers, let them meet committee chairs and find out what the club does, and bring them around to get to know the other club members. Then, let them loose once they are confident that they can stand on their own.

Mentoring is an important tool in developing new members into productive members. While what I did was very informal, it's the type of mentoring that most clubs perform in the course of their new member

District Officers

Robert Clark
District Governor

Harry Schuh
First Vice District
Governor

V. Everett Lyons
Second Vice District
Governor

Pat Daigle Secretary

Steven Daigle
Treasurer

David Boilard
Zone 1 Chair

Frank Longo Zone 2 Chair

Heidi Zacchera Zone 3 Chair

Carol Hoebel Zone 4 Chair

George Cooper Zone 5 Chair

Edward Fenton Zone 6 Chair

Anthony Gesnaldo Zone 7 Chair orientation. However, there is a formal mentoring program for new Lions that sets a standard for what every Lion coming into your club should know.

The basic mentoring program is in two parts. The first instills the understanding of who Lions are, the organization's structure, and the traditions and responsibilities of being a Lion. This should be completed within the first three months of a new Lion's membership.

The second part deals with developing relationships and organizational skills, preparing the new member for club leadership. This part should be completed within six months.

There is also an advanced mentoring program that develops accountability for results through community projects, and grooms the Lion for club leadership, and, hopefully, on the district level.

To start, a new Lion should download the mentoring guide from the LCI Member Center. Discuss the program with your sponsor and club president. Alternately, the club may already have a set procedure to begin the program when a new Lion joins a club.

The new Lion and mentor should sit and discuss the expectations from the program, and set goals for completion. An achievement planning form in the back of the mentoring guide will help this process.

Then, both Lions should set a schedule to discuss progress and fulfill requirements. Regular informal meetings, emails and phone calls, will also help.

When all goals are met, the achievement form is submitted to LCI Membership Operations. Both mentor and mentee will receive a certificate of achievement.

Let's all start a club mentoring program, and develop the next generation of Lions Leaders!

