



Lions District 11-C2 Newsletter

Editor: Lion Robert Tetzlaff PDG

February 2020



From the desk of the Governor

Hello Lions, Lioness and Leos of 11-C2



As many of you know from my Facebook page, I spent the better part of two weeks at the beginning of January in sunny, warm Florida! It was a great vacation, and I came back recharged and ready to continue on this District Governor "journey." It has so far been a wonderful and enjoyable experience.

I would like to bring to your attention that the East Lansing/Meridian Lions Club is holding a pancake breakfast fundraiser on February 15, 2020 from 8:00am - 11:00am at Henry's Place, 4926 Marsh Rd, Okemos. They are looking for helpers, and they are looking for people to come and eat for a minimum \$5 donation. This is a fundraiser for All State Band and their trip to Singapore. Your clubs should be receiving a flyer in a separate email very soon.

The Michigan Forum is February 22 in Grand Blanc. I will be co-facilitating a session with PID Jenny Ware and PDG Fran Grabowski from District 11-B2. Our topic is the Lioness to Lions Bridge program. Don't forget to attend the Sock Hop prior to the forum on Friday night, February 21. Bring a six pack of socks as your admission fee, and be ready for a great evening!

The District Convention is coming up March 20-22. By now, you have all received the convention registration forms by email. Our service project is once again going to be the Care Store.

Finally, I want to thank everyone that attended the Cabinet meeting on Saturday morning, January 25th. The attendance and feedback were both so great that plans are already started to have a repeat next year at this location. The next (and final) Cabinet meeting of my year as Governor will be held Wednesday April 29th 6:00pm at Prairie Creek Golf Course and Banquet Center in DeWitt. More details to follow at a later date.

Lion Becky Hamilton DG

District 11-C2 Officers

Governor: Lion Becky Hamilton
1st Vice Gov.: Lion Kurt Stromlund
2nd Vice Gov.: Lion Tracy Temple
Secretary: Lion Brian Shepard
Treasurer: Lion Robert Phillips
IPDG: Lion Mike Golden

Zone Chairs

R1-Z1: Lion Mike St. Dennis
R1-Z2: Lion Janet Amidon
R2-Z1: Lion Michael O'Bryant
R2-Z2: Lion Mae Luchetti
R3-Z1: Lion Traci Tribley
R3-Z2: Lion Ed Arthur

Places of Interest

[Lions District Web Site](#)
[District Newsletters](#)

[Lions of Michigan Foundation](#)
[Lions of Michigan](#)
[Lions Clubs International](#)

[Governor's Travels](#)

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[Lions Pride, Web Version](#)

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[Lions of Michigan Forum Sessions](#)

[Forum Service Project](#)

[Youth Exchange](#)

[Struggling with Diabetes](#)

[Dining with Diabetes](#)

[Personal Action Toward Health \(PATH\) for Diabetes](#)

[Like Pancakes Click Here](#)

[District 11-C2 Registration Form](#)

[District 11-C2 Delegate Certification Form](#)

[District 11-C2 Deceased Lions & Lioness Form](#)

[Global Service Team](#)

[Top ten items for the Lions of Michigan Forum and District 11-C2 Convention](#)

[Lions of Michigan Hall of Fame Official Nomination Form](#)

Durand Lions Club



Lion Sean Krebs & Lion Lew Deisler

Durand Lions Club treasurer, Lion Sean Krebs, was presented a Ken Lauzenheiser Fellowship on December 12, 2019. Club President, Lion Lew Deisler had the honor of presenting the award. Lion Sean works very hard to keep the books accurate, and he does so while also working full-time, and also being a brand new Dad! Lion Sean also participates in many projects and fundraisers, along with presenting new ideas for more fundraising. The Durand Lions proudly recognize Lion Sean's dedication with this award.



Governors Travels

February 1 -- Lioness Cabinet Meeting
February 3 -- District Convention Committee Meeting
February 10 -- Webberville Lions Club visit
February 12 -- Brighton Lions Club visit
February 17 -- Durand Lioness meeting
February 18 -- Williamston Lions Club 2nd visit
February 20 -- Clinton County Champions Lions Club visit
February 21-22 -- Michigan Forum and Council of Governors
February 24 -- Ovid Lions Club visit
February 26 -- Laingsburg Lions Club 2nd visit

Hartland Lions Club



Lions Jenny Stromlund, Kurt Stromlund, Todd Banaszak Front Row Jake Andrews. Not Present Lion Brenda Watt

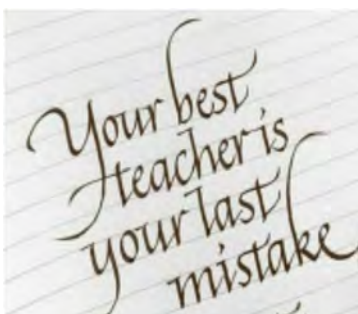
Presented to the Lions above was A Charles Weir Award. The Hartland Lions Club has made donations to Eversight Michigan. These Lions received these awards because of the time and efforts spent at events to make the Hartland Lions Club what it is today

Bretton Woods Lions Club

The Bretton Woods Lions Club began the new year working on a blood drive with the American Red Cross on Saturday, January 4th. 58 donors came and 57 units were collected which included 53 regular and 4 double reds. 10 Lions and 1 Lioness member worked 43 hours under the leadership of Lion Karen Kaercher.

"We Serve" by working the registration table, setting up the cots and tearing down and cleaning up at the end of the day.

Bit of Wisdom



February 17, 2020

Elsie Lions Club



Lion Ike Hunt & DNR Officer Katie Stawara

Officer Katie Stawara spoke on Chronic Wasting Disease in the MI Deer Herds. We had near 70 people in attendance, fun night lots of Wild Game Dishes.

St. Johns Lioness Club



St. Johns Easter Egg Hunt

The St. Johns Lioness Club is pleased to announce the Easter Egg Hunt on Saturday, April 11 at the City Park. The club sponsors the event annually with support from the City of St. Johns and local businesses and groups. Activities include face painting, crafts, balloon animals, live bunnies for petting and, of course, photo opportunities with the Easter Bunny. Participants should bring their own camera. These activities will take place in the pavilion starting at 12:30 p.m.

A city police car siren will sound at 1:00 p.m. to start the "*organized may-hem*". Age groups this year are 3-4, 5-6, 7-8 and 9-10; children under age 3 may pick up eggs and toys at the pavilion. You can help the Lioness Club by inviting family and friends to the event, and by spreading the word in other ways. For further details, contact Lioness Sandy Witgen at 989-224-1231 or waulpitgen@yahoo.com.



MSU Lions Club



Lions Madison Begin & Riley Hazen

Girls are volunteering at the Apple Butter Festival at Fenner Nature Center in Lansing, MI.

Editor note: I will bet that the Apple Butter was good.

Laingsburg Lions Club

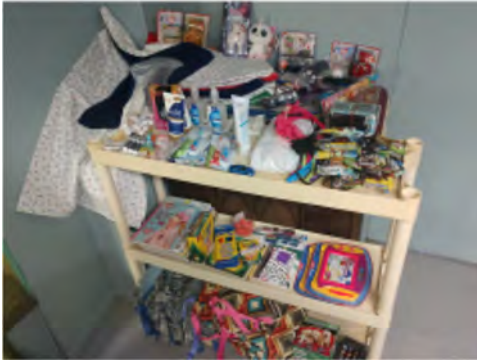


Lion Treasurer Mike Danek presenting the check to Sandy recently.

Your club recently had the pleasure of welcoming Sandy Chavez, City Librarian, to a club meeting for a program. She provided information regarding the library and how many people still use it. She also spoke of acquiring new pc's, and thanked our club for previous donations.

She then requested a donation from us for more e-books. We have donated funds for the past 4 years to this program. After the regular meeting, the board voted to donate \$2,000 to the program.

Holt Lions Club



Lion Steve Delaney was the guest speaker at the Jan. 2nd meeting for the Holt Lions and his presentation was about the new project Lions International has taken on. Childhood Cancer. Our district is putting together gift/activity bags for children that are in the hospital. Holt Lions donated many items to Lions Steve after his presentation. Items included the homemade bags, chap sticks, small toys & puzzles, crayons, and coloring books to get a start on the project. Lion Cindy Beracy, Lion Ted Hamilton, Lion Chrissy Andre along with Lion Steve have divided up the district and would like to visit your club with information about Childhood Cancer. Your club too could help out by having items to donate at your meeting when they come visit.

They also have adult t-shirts for sale with the Childhood cancer emblem on the front for \$20. You may order by contacting one of them or buy when they visit your club.



Grand Ledge Lions



Lions Becky Hamilton DG and Charles Blackburn PDG

Governor Becky presented a milestone award for his 45 years of service as a Lion to Charlie Blackburn. Lion Charlie spoke kind words of appreciation and thoughts of his years of serving.

Health items to loan

Health items to loan/donate—Contact Lion Dunn, DeWitt Lions Club for Canes, Crutches, Walkers and Wheel Chairs.



Lions of Michigan Service Foundation

[Lions Mints](#)

[Mints for the Military](#)

[Sight & Hearing Sweepstakes](#)

Lions of Michigan

[Lions of Michigan Forum Brochure](#)

[Lion of Michigan Forum Registration](#)

[Lions of Michigan Forum Service Project](#)

[Lions Pride, Web Version](#)

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**The East Lansing
Meridian Lions**

**Invite you to enjoy
Pancakes & Sausage
Breakfast at
Henry's Place.**

Saturday Feb. 15, 2020

8:00 am to 11:00 am

Donation \$5.00

**to benefit the Lions of
Michigan All State Band**

LIONS OF MICHIGAN FORUM 2020: A VISION FOR THE FUTURE

February 22, 2020 - Holiday Inn Gateway Centre, Grand Blanc, MI 810-232-5300 \$85.00

Session 1 Breakout Session - 8:30 a.m.

- ☐ Public Speaking –MSGT (Ret.) Michael Nichols
- ☐ Leo Clubs: The Future of Lions (Panel)
- ☐ Diabetes: What Lions Can Do
- ☐ How to Run a Great Meeting –VDG David Anderson

Session 2 Breakout Session - 9:30 a.m.

- ☐ Eversight –Lion Alex Teska-Hicks
- ☐ How to Market Your Club in Your Community –PDG Marty Juel
- ☐ WE SERVE Through Diversity –PDG Evelyn Cooper
- ☐ MyLCI/MyLion –PDG Brent Beracy

Session 3 Breakout Session - 10:30 a.m.

- ☐ Childhood Cancer –Kids Kicking Cancer
- ☐ Lioness to Lions –PID Ware, PDG Grabowski, DG Hamilton
- ☐ Strictly by the Numbers –PCC Paul Hemeryck, State Treasurer
- ☐ Harness the Power of Lions –Lions Mike Dengate & Beth Slade

Session 4 Breakout Session - 11:30 a.m.

- ☐ Understanding Dementia & Maintaining Your Brain Health: Now and for the Future
Lisa Dedden-Cooper, AARP
- ☐ Millennials and Beyond/NAMI –PDG Michael Gibbs & Lion Mikeala Ashburn
- ☐ 2020: A Vision for MI Lions' 2nd Century of Service –MD 11 State GAT Chairpersons
- ☐ Creative Watercolor Class (limited to 30 participants) –PDG Craig Bishop

12:30 p.m. - Lunch, White Cane Scholarships

Keynote Speaker: Mr. Gary Abud, Author, Education Consultant, 2014 Teacher of the Year

REGISTER EARLY FOR GUARANTEE OF PROCEEDINGS BOOKLET AND HANDOUTS! Please complete registration and send with payment to Lions of Michigan, 5730 Executive Dr., Lansing, MI 48911.

NAME _____

Address _____

District/Club Name _____

Contact Phone _____ Email _____

Food Allergies/Dietary Requirements _____

Check her for the Forum booklet on CD (for visually impaired only) _____



Personal Action Toward Health (PATH) for Diabetes

Michigan State University Extension delivers high-quality and affordable programs that promote healthy lifestyles.

For more information on programs and events near you visit:

www.msue.msu.edu



Accommodations for persons with disabilities may be requested by contacting Kris Swartzendruber at 989-672-3870 or swartze6@anr.msu.edu

PATH for Diabetes is a six-week workshop designed to provide skills and tools to help you improve your health and manage your symptoms. As a result, you will be better equipped to face the daily challenges of living with diabetes. Through **PATH for Diabetes** you will learn to:

- Deal with the challenges of not feeling well
- Effectively talk to healthcare providers and family members
- Overcome stress and relax
- Increase your energy
- Handle everyday activities more easily

If you, or someone you live with/care for has type 1, type 2 or pre-diabetes, this program is for you!!

Dates: Six sessions – Wednesdays, April 15 – May 20, 2020

Time: 1:00 pm – 3:30 pm

Place: Memorial Healthcare Community Wellness - Nutrition and Diabetes
317 South Elm Street, Suite 202, Owosso, MI 48867

Cost: FREE! This series is funded by the Lions of Michigan and the Lions Clubs International Foundation!!

Questions? Contact Kris Swartzendruber, Extension Educator (989) 672-3870/swartze6@msu.edu

To Register: Call 989-729-4700

Please join us — your health matters!



**MICHIGAN STATE
UNIVERSITY**

Extension

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MICHIGAN STATE
UNIVERSITY

Extension

Dining with Diabetes

Type 2 diabetes can be delayed, controlled or even prevented by eating healthy and getting regular physical activity!

Dining with Diabetes is a fun and interactive course series targeting individuals with prediabetes, type 1 or type 2 diabetes, members of their support system and/or anyone interested in learning more. Participants learn to make healthy food choices and incorporate balanced menus into the family dining experience. Classes include research-based education, cooking demonstrations and healthy recipe tasting.

Do you have prediabetes? Visit www.DidHavePrediabetes.org.

Join us at the Ashley Community Center for our next class!

When: Four consecutive Thursdays, starting February 20, 2020

Time: 5:30-7 p.m.

Where: Ashley Community Center, 110 S. Sterling St., Ashley

Cost: Free. Sponsored by Lions Club International Foundation and the Lions Clubs of Michigan.

To register: Email Sean (knurekse@msu.edu) or call (810)221-1615



www.msue.anr.msu.edu



facebook.com/mihealthmatters

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Struggling with Diabetes?

Attend a Diabetes PATH workshop



Diabetes PATH (Personal Action Toward Health) is a FREE 6-week interactive workshop to learn how to take control of your health

Topics include:

- ✓ Healthy eating and how to make meal plans
- ✓ Fitness and exercise
- ✓ Preventing complications, sick days, and foot care
- ✓ Monitoring blood sugar and preventing low blood sugar
- ✓ Relaxation techniques and stress management
- ✓ Communication and dealing with difficult emotions
- ✓ Working with your healthcare professional
- ✓ Goal setting, decision making, problem solving...and more!

Past participant testimonial: "This was the best diabetes education that I've ever received. It dealt with all aspects of dealing with diabetes, not just food. Stress management, problem solving, and action planning was very useful."

Upcoming Workshop (all 6 weeks)



Eaton Rapids Medical Center
1500 S. Main St. – Eaton Rapids
Meet in the Main Conf. Rm (in basement)
Thurs., Jan. 2 – Feb. 6, 2020
1:30 – 4:00 pm

First Presbyterian Church
2021 N. Aurelius Rd. – Holt
Thurs. Jan. 2 – Feb. 6, 2020
1:30 – 4:00 pm

Sparrow Health Center
2909 E. Grand River Ave. – Lansing
Meet in the 3rd Floor Conf. Rm.
Tues. March 3 – April 7, 2020
5:30 – 8:00 pm

Dart Bank
1020 Charlevoix Dr. – Grand Ledge
Thurs., March 19 – April 23, 2020
1:30 – 4:00 pm

To register, call Tri-County Office on Aging at 517-887-1465

Workshop is free of charge, but donations are accepted. Suggested donation is \$25 per person but it is not required to register. Partial funding is provided by Lions Club International.

A light, healthy snack will be provided each week.

For a full workshop schedule visit: <https://www.tcoa.org/classes/evidence-based-programs/>



REGISTRATION FORM
11-C2 District Convention
Comfort Inn & Suites
Mt. Pleasant, MI. March 20-22, 2020



Club Name: _____

Lion/Lioness Name: _____

Address: _____ City/Zip: _____

Phone (Area Code): Home: _____ Cell: _____

Spouse/Guest Name: _____

Please indicate if spouse or guest is a Lion or Lioness

Email: _____

Only one person or couple per registration form. REGISTRATION DEADLINE March 6, 2020

Number Attending	Each event you will be attending.	AMOUNT
_____	Friday Party @ \$15.00 per person Make Your Own Dessert Bar	\$ _____
_____	Saturday Breakfast @ 15.00 per person Bacon, scrambled eggs, French toast, beverages	\$ _____
_____	Saturday Lunch @ \$20.00 per person <input type="checkbox"/> Roast Beef & Cheddar Sandwich & Vegetable Soup	\$ _____
	<input type="checkbox"/> Ham & Swiss Sandwich & Vegetable Soup Both Served with Drinks	
_____	Saturday Night Banquet @ \$25.00 per person <input type="checkbox"/> Chicken Marcela, Salad, Veggie, Rolls	\$ _____
	<input type="checkbox"/> Alfredo with Broccoli, Salad, Rolls Both Served with Drinks & Assorted Cakes	
_____	Sunday Memorial Breakfast @ \$15.00 per person Bacon, scrambled eggs, French toast, beverages	\$ _____
	TOTAL AMOUNT	\$ _____

Special Needs-Circle: Hearing, Sight Impairment, Diabetic, Vegetarian, Other

Please make checks payable to District 11-C2 Convention and include with registration form

Mail registration and check to: Lioness Dona Gartside, 1126 E. Geneva Dr., DeWitt, MI 48820.

HOTEL INFORMATION: Comfort Inn & Suites Mt Pleasant, MI \$87/night plus taxes Call **1-989-772-4000 & ask for Lions of Michigan District 11-C2 Convention**

2020 Delegate Certification Form - District 11-C2

According to the District 11-C2 Constitution and By-Laws Article VII, all Lions Clubs in good standing with Lions Clubs International, Multiple District 11 and District 11-C2 are entitled to one (1) vote for each ten (10) members or major fraction thereof, as reported on your January Member Report Form. The major fraction referred to is five (5) or more members.

The number of delegates your club is entitled to for the District 11-C2 Convention is determined as follows: To be counted, the person must have been a Lion for one year and one day as of February 1, 2020, meaning they must have been listed as a member by January 31, 2019. (Note - They do not have to be a member that long to be a delegate.)

When you complete your Member Report Form for January, you can compute the number of delegates and alternates your club is entitled to and select your representative(s). List their names below on the **left** side of this form and include whether each representative listed is either a "delegate" (D) or an "alternate" (A). Return this form no later than February 16 of the given fiscal year to:

**Lion Lloyd Kilbreath PDG
Credentials Committee
7501 Cole Road
Durand, MI 48429**

Your representative(s) must register for the convention at the Registration Desk first and then they must sign this form **AT THE CONVENTION** and pick up their delegate sticker from the Certification Desk. All delegates **MUST BE REGISTERED AND CERTIFIED** in order to vote at the business sessions.

Total number of qualifying Lions in your club as of February 1, 2020 (see criteria above).

Total Number

This section to be completed by Club Secretary			This section to be completed at Convention Certification Table
D = Delegate A = Alternate			
Name	D	A	

I hereby certify that the delegates and alternates listed above are in good standing with Lions Clubs International, Lions of Michigan District 11-C2.

Lions Club of and Region/Zone: _____

President's Signature: _____

Secretary's Signature: _____

NOTE: This is NOT a Convention Registration Form. All Lions must register before they can be certified to vote. Please advise your delegates to arrive early. The Certification Desk will close at an appointed time which will be displayed at the Certification Desk. Any Lion who is not in line at that time will not be certified as a delegate and will not be allowed to vote at the business session.

DECEASED LIONS/LIONESS

Member's Name: _____

Club: _____ Years of Service: _____

How many family and/or Lions/Lioness members will be attending? _____

This is mandatory so that we do not run out of food.

Club Positions Held: _____

District Positions Held: _____

List any Special Awards Received, include any Military Service: _____

PLEASE complete this form and furnish photo for each member of your club who has passed away since February of 2019 and post marked by February 15th, 2020 to:

Lion Robert Tetzlaff
5308 Sunrose Ave
Lansing MI 48911

Note: If you are using a digital photo please enclose the file in an email to acee44@msn.com

GST Report

2020 brings with it a number of new opportunities for Lions to serve in their own communities, the district, state and the world. Here's just a short list for each of us to consider:

- New diabetes education and testing programs are being hosted by Lions in over half of the counties in our district. Contact your ZC for details. Want to host one in your community? Contact Lion Brent or Lion Tom Doyle.
- February ushers in the Michigan Forum and a [Friday Night "Sock Hop"](#) to collect new socks for donation to local shelter programs. Check the Lions Pride magazine and district newsletter for details.
- With March comes our own districts convention. Again this year we will collect donations for Mt. Pleasant's "Care Store" Each club is asked to bring donations of goods mentioned on the ["Top 10" list](#). A display will be present during Saturday of the convention.
- For those who might not be able to attend the convention, but would be interested in helping serve in a different way, the Area 28 Special Olympics basketball tournament is looking for volunteers to help in a number of ways at their venue in the St. Johns high school on the Saturday of our convention. Email area28@somi.org for details and to volunteer.
- For those attending the MD Convention in Holland this May, we'll be putting together snack bags to help feed underserved children in that area. \$200 is being contributed by each district to cover the costs of the project.

As mentioned before, the GST is working with a number of Lions to help understand how the new MyLion service reporting system can be used to simplify your clubs service reporting challenges. Reach out if you are having questions about the new system.

Only about 20% of our district has reported a service chairperson for club this year. I am trying to engage those chairpersons and include them in district service project decision making. It would be nice to increase the number of clubs participating.

How do you "We Serve"?

Lion Brent





The Care Store

Helping people. Helping homes.

The Care Store provides essential personal and household items that are not available with a Bridge Card to people who have earned Care Bucks from one of our partner agencies.

TOP 10 NEEDS

1. **Laundry Detergent**
2. **Trash Bags**
3. **Brooms/Mops**
4. **Disinfectant Cleaning Products**
5. **Paper Products**
(toilet paper, paper towels)
6. **Feminine Hygiene Products**
7. **Body Wash**
8. **Body Lotion**
9. **Shampoo/Conditioner**
(including children & ethnic hair care)
10. **Incontinence Products**

Our guests enjoy using the same brands of products that you use!

Donations can be brought to
The Care Store located at
The Strickler Nonprofit Center
1114 W. High St., Mt. Pleasant

Check out our website or like us
on facebook for more information:



thecarestore.org



TheCareStoreHelpsPeople