

Lions District 11-C2 Newsletter

Editor: Lion Robert Tetzlaff PDG



January 2020

From the desk of the Governor

Hello Lions, Lioness and Leos of 11-C2



Lion Ted and I hope you all enjoyed the Christmas holiday as much as we did! There is so much to be thankful for. and so much to look forward to in the new year. I can't believe that half of the Lions' year is behind us, and I know the rest of the year is going to fly by. I have 10 clubs left to visit, with four of them scheduled so far. I've been handing out years of service chevrons as I go, and I will be scheduling repeat visits with some clubs to get all of the chevrons de-

Global Service Team

livered. (Good thing there's unlimited miles on my car lease!)

The next Cabinet meeting is coming up on Saturday, January 25, 2020 at the Perry VFW, 601 N Main St, Perry. Social time is at 9:30am, with breakfast starting promptly at 10:00am. Please RSVP to Cabinet Secretary Brian Shepard at

BL.SHEPARD@COMCAST.NET. I am told we will have some firsttime attendees at this meeting with some exciting news!

First Vice District Governor Kurt Stromlund is looking for Zone Chairs for Region 2 Zone 2, Region 3 Zone 1, and Region 3 Zone 2 for the 2020-2021 Lions year. If you have served as President of a Lions Club and enjoy the company of Lions, then you are the perfect candidate! You don't have to be a Lion in those Regions to serve in these positions. Being a Zone Chair was just one of the many highlights of my Lions history.

News about the District Convention is in a separate article, and I'm sure we'll have even more detailed information at the Cabinet Meeting.

Take care and be safe, and we'll see you in January 2020!!

Lion Becky Hamilton DG

District 11-C2 Officers

Governor: Lion Becky Hamilton 1st Vice Gov.: Lion Kurt Stromlund 2nd Vice Gov.: Lion Tracy Temple Secretary: Lion Brian Shepard Treasurer: Lion Robert Phillips IPDG: Lion Mike Golden

Zone Chairs

R1-Z1: Lion Mike St. Dennis R1-Z2: Lion Janet Amidon R2-Z1: Lion Michael O'Bryant R2-Z2: Lion Mae Luchetti R3-Z1: Lion Traci Triblev R3-Z2: Lion Ed Arthur

Places of Interest

Lions District Web Site **District Newsletters** Lions of Michigan Foundation Lions of Michigan Lions Clubs International

Governor's Travels Around the District Lions Pride, Web Version Lions of Michigan Foundation Lions of Michigan Lions of Michigan Forum (2 pages) Forum Service Project Youth Exchange

Struggling with Diabetes **Gratiot County Lions Clubs** Tractor Race (2 pages) **Dining with Diabetes** Hall of Fame Nomination Form (6 pages) **LCIF** Information

District 11-C2 Delegate Certification Form District 11-C2 Deceased Lions & Lioness Form

Owosso Lions Club



The Owosso Lions held their December 10 meeting/Christmas Party at Roma's in Owosso. Members and guests brought non-perishable food to donate to LINC Community Food Pantry at the Lincoln Alternative Education High School in Owosso. A total of 115 items were donated.

Bretton Woods Lions Club

Weekend Survival Kits

The Weekend Survival Kits program is dedicated to fill the weekend food gap by mobilizing an army of volunteers to pack and deliver food kits for delivery to participating schools every other week. By discreetly tucking food kits in the backpacks of the participating kids every other Friday we are confident that the kids will come to school on Monday morning ready to learn.

In the kits there are enough food basics to make 6 dinners, 4 lunches, 4 breakfasts, and 2 to 4 snacks. Bretton Woods Lions along with other area organizations package up the meal kits. The groups meet at the South door of the Old Hill High School 5815 Wise Road, Lansing and pack the survival kits in the hallway. Come join us if your schedule allows and help pack up these survival kits so no child has to wonder if they will eat.



January 20, 2020









Governors Travels

DG visit to Ashley Lions Club January 22

Cabinet meeting January 25

DG visit to East Lansing/Meridian Lions Club January 28

Health items to loan

Health items to loan/donate—Contact Lion
Dunn, DeWitt Lions Club
for Canes, Crutches, Walkers and Wheel Chairs.



Holt Lions Club Santa comes to Holt



Santa is greeting a youngster with the help of Mrs. Santa Claus (Lion Eleazar Montes and wife Linda)

After the tree lighting in December, Santa Clause came to the Holt Farmers Market. He passed out some candy to about 600 young people. He was welcome by all.



Lions of Michigan Service Foundation

2019 Calendar Raffle Winners

Lions Mints

Mints for the Military

Lions of Michigan

Youth Exchange Program

Lions of Michigan Forum (2 pages)

Lions Pride, Web Version



Name

Registration Form

Please complete the registration form and send it along with a check to Michigan Lions Forum, 5730 Executive Drive • Lansing, MI 48911, Telephone 517-887-6640 or Fax 517-887-6642

Address
Club Name
District
Contact Phone
Email
Names of Registrants 1
2
3
4
Registrants at \$40.00/person* \$ *Registration fee is \$40.00 and includes lunch, forum and proceeding booklet. \$40.00 price is for reservations received before February 7, 2020. After 2/7/20 \$45.00. PLEASE MAKE CHECKS PAYABLE TO:
Lions of Michigan
List food allergies or dietary requirements:
Check here for the forum book on CD

REGISTER EARLY!
This event will fill quickly!

(For visually impaired only)

HOLIDAY INN GATEWAY CENTRE

Flint

Lions Room Rate is \$85 5353 Gateway Centre, Flint, MI 48507

810-232-5300

HOTEL RESERVATION DEADLINE: February 7, 2020



Large Group Service Project

"NOT YOUR FATHER'S SOCK HOP"
Join us Friday night, **February 21**as we work together on a large group
service project! Club members attending
may report service hours to LCI.



MICHIGAN LIONS F O R U M



FEBRUARY 22, 2020

Enjoy statewide fellowship with **Lions**, **Lioness**, and **Leo** Club members

Every Registrant Receives:

OFFICIAL PROCEEDINGS BOOKLET

containing information on breakout sessions & speakers

DOOR PRIZES LUNCHEON PROGRAM

\$40.00 price is for reservations received before February 7, 2020.

After 2/7/20 \$45.00.

Mail registration form to: Lions of Michigan State Office 5730 Executive Dr., Lansing, MI 48911 517-887-6640 or Fax: 517-887-6642

Schedule of **Events**

Friday, February 21, 2020

Registration
Large Group Service Project7:30 -9:30 p.m.
Hospitality Suite - The Fillmore 9:30 p.m.
Saturday, February 22, 2020
Registration7:00 a.m.
White Cane Supplies, Exhibit Tables 8:00 a.m.
General Session 8:00 a.m.
Session 1 Breakout Sessions 8:30 a.m. (choose one of four)
Session 2 Breakout Session
Session 3 Breakout Session 10:30 a.m. (choose one of four)
Session 4 Breakout Session 11:30 a.m. (choose one of four)
Lunch, White Cane Scholarships, Keynote Presentation, & Closing Remarks

Door Prize Drawings...... 2:45 p.m.

16 MICHIGAN LIONS FORUM SESSIONS TO CHOOSE FROM

FRIDAY February 21

7:30-9:30 p.m.

- Sock Drive
- Hospitality Suite The Fillmore open to all at 9:30 p.m.

SATURDAY February 22

- Registration open at 7:00 a.m.
- Exhibit Area open at 8:00 a.m.
- Opening General Session at 8:00 a.m.

Session 1 Selections: 8:30 a.m.-9:20 a.m.

- Public Speaking MSGT (Ret.), Michael Nichols, Sr. Army Inst. JROTC
- Leo Clubs The Future of Lions:

 A Panel Discussion of Leo Practices
- Diabetes: What Lions Can Do About It
- How to Run a Great Meeting VDG David Anderson

Session 2 Selections: 9:30 a.m.-10:20 a.m.

- Eversight: Vision 2020
 Lion Alex Teska Hicks, Director of Philanthropy
- How to Market Your Club in Your Community
 PDG Marty Juel, Elkhart, IN
- We Serve Through Diversity
 PDG Evelyn Cooper
- MyLCI/MyLion
 PDG Brent Beracy

Keynote Speaker



Gary G. Abud, Jr.

Educational Consultant

The Michigan Lions Forum Committee is pleased to host Educational Consultant and author of <u>Science with Scarlett</u>, Gary G. Abud, Jr., as this year's keynote speaker.

Gary Abud Jr. is an award-winning educator and double cornea transplant recipient who, since having his sight restored, was moved to use his teaching gifts to make science fun for kids. He lives with his family near Detroit and writes to inspire children, like his own daughter, to love science. Gary is the 2014 recipient of the Michigan Teacher of the Year honor. Learn more or get in touch at ScienceWithScarlett.com.

Coming to the Forum early? Join us Friday from 7:30-9:00 p.m. for "Not Your Father's Sock Hop".

The purpose of this event is to combine Lion's fellowship with the collection of needed winter items for three worthy causes. Join us for some upbeat music by a local Lion DJ and make make special memories using an old-fashioned photo booth.

In keeping with the title of the event, we will be collecting men's, women's and children's socks. The collections will benefit: Men's Homeless Shelter, Women's Homeless Shelter/Domestic Violence Shelter, and Title One Elementary and Middle School.

SATURDAY February 22 Session 3 Selections: 10:30 a.m.-11:20 a.m.

- Childhood Cancer
 Kids Kicking Cancer
- Lioness to Lions
 PID Jenny Ware, IPDG Fran Grabowski, DG Becky Hamilton
- Strictly by the Numbers
 PCC Paul Hemeryck, State Treasurer
- Harness the Power of Lions
 Lions Mike Dengate & Beth Slade

Pick up White Cane SUPPLIES at the Forum!

Place your order in advance so it's ready when you arrive. There will be NO ON-SITE sales. Order Early & Save on Shipping!

SATURDAY February 22 Session 4 Selections: 11:30 a.m.-12:20 p.m.

- Understanding Dementia and Maintaining Your Brain Health: Now and for the Future Lisa Dedden Cooper
- Millennials and Beyond/North American Member Initiative
- PDG Micheal Gibbs & Mikeala Ashburn
- 2020: A Vision for MI Lions' 2nd Century of Service PDG Jeff Mayuiers, PDG Diane Wehby, Lion Lula Gardfrey
- Creative Leaders! Watercolor Class (Limit 30)
 PDG Craig Bishop

SATURDAY February 22

Lunch 12:30 p.m.

White Cane Scholarship Presentations

Keynote Address

Door Prize Drawings - 2:45 p.m.

Registration Form

Mark the sessions you plan to attend

FRIDAY NIGHT	SESSION	7:30 p.m.
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- ☐ "Not Your Father's Sock Hop" Service Project
- ☐ Hospitality Suite The Fillmore 9:30 p.m.

SATURDAY SESSIONS:

7:00 a.m. - Registration

8:00 a.m. - General Session

Session 1 Breakout Session - 8:30 a.m. (Check One)

- Public Speaking
- ☐ Leo Clubs: The Future of Lions (Panel)
- ☐ Diabetes: What Lions Can Do About It
- ☐ How to Run a Great Meeting

Session 2 Breakout Session - 9:30 a.m. (Check One)

- ☐ Eversight: Vision 2020
- ☐ How to Market Your Club in Your Community
- ☐ We Serve Through Diversity
- ☐ MyLCI/MyLion

Session 3 Breakout Session - 10:30 a.m. (Check One)

- ☐ Childhood Cancer
- ☐ Lioness to Lions
- Strictly by the Numbers
- ☐ Harness the Power of Lions

Session 4 Breakout Session - 11:30 a.m. (Check One)

- ☐ Understanding Dementia & Maintaining Your
- **Brain Health:** Now and for the Future
- ☐ Millennials and Beyond/NAMI
- 2020: A Vision for MI Lions' 2nd Century of Service
- ☐ Creative Leaders! Watercolor Class (Limit 30)

12:30 p.m. - Lunch, White Cane Scholarships, Keynote Address, Closing Remarks

Friday Night Service Project at the Michigan Forum

Presented by the Global Service Team

Friday, February 21 7:30p.m.- 9:30p.m. HOLIDAY INN GATEWAY CENTRE, FLINT

"NOT YOUR FATHER'S SOCK-HOP"

The purpose of this event is to combine Lion's fellowship with the collection of needed winter items for three worthy causes. Join us for some upbeat music by a local Lion D.J. as well as some time to make special memories using an old-fashioned photo booth.

Come as you are or dress for the occasion. Awards will be given out for "most spirited individuals" both in dress as well as over-all spirted. The most coveted award will be for the individual or Lions Club with the most collected packages of socks.

In keeping with the title of the event, we will be collecting men's, women's and children's socks. The "entrance fee" is a 6 pack of socks or 3 boot socks (as these are often more expensive). Please note that during the winter holiday and early 2020 months, "buy one get one free" socks are often available. Be sure to "sock-up!"

The Collections will Benefit Three Local Charities

Men's Homeless Shelter Women's Homeless Shelter / Domestic Violence Shelter Title One Elementary and Middle School

The Joy of Giving



giving joy to the homeless with new socks



Struggling with Diabetes?

Attend a Diabetes PATH workshop



Diabetes PATH (Personal Action Toward Health) is a FREE 6week interactive workshop to learn how to take control of your health

Topics include:

- Healthy eating and how to make meal plans
- Fitness and exercise
- Preventing complications, sick days, and foot care
- Monitoring blood sugar and preventing low blood sugar
- Relaxation techniques and stress managment
- Communication and dealing with difficult emotions
- Working with your healthcare professional
- Goal setting, decision making, problem solving...and more!

Past participant testimonial: "This was the best diabetes education that I've ever received. It dealt with all aspects of dealing with diabetes, not just food. Stress management, problem solving, and action planning was very useful."

Upcoming Workshop (all 6 weeks)

Eaton Rapids Medical Center 1500 S. Main St. – Eaton Rapids Meet in the Main Conf. Rm (in basement) Thurs., Jan. 2 – Feb. 6, 2020 1:30 – 4:00 pm

Sparrow Health Center 2909 E. Grand River Ave. – Lansing Meet in the 3rd Floor Conf. Rm. Tues. March 3 – April 7, 2020 5:30 – 8:00 pm First Presbyterian Church 2021 N. Aurelius Rd. – Holt Thurs. Jan. 2 – Feb. 6, 2020 1:30 – 4:00 pm

Dart Bank 1020 Charlevoix Dr. – Grand Ledge Thurs., March 19 – April 23, 2020 1:30 – 4:00 pm

To register, call Tri-County Office on Aging at 517-887-1465

Workshop is free of charge, but donations are accepted. Suggested donation is \$25 per person but it is <u>not</u> required to register. Partial funding is provided by Lions Club International.

A light, healthy snack will be provided each week.

For a full workshop schedule visit: https://www.tcoa.org/classesevidence-based-programs/

11-C2 Lions..... Start Those Tractor Engines!

Come witness the mad dashes to the betting tables!

See who will be trying to grab that Traveling Trophy for bragging rights in 2020?

What is a sexiest tractor award!?

Come and See!

Please consider joining us for the 13th Annual Gratiot County Lions Clubs Tractor Race to benefit Gratiot County citizens in need. Held at: **The Pins Bar and Grille**, **1091 E Center St, Ithaca, MI 48847 (Parking in rear)**

February 22, 2020 at 5:30 p.m.

A limited number of tables have been especially reserved for Lions from District 11-C2 to come and join in the fun with our Gratiot County Lions and guests. Tractor race sponsorships are not required for your club to come enjoy some winter fun, food, and fellowship. We hope to see you there!

*All forms and fees are due by January 6th, 2020

Thank you for supporting your Gratiot County Lions Clubs!



Lions Club 2020 Tractor Sponsor Form

Saturday, February 22, 2020
The Pins Bar and Grille; 1091 E. Center Street, Ithaca
5:30 p.m. – Social Time/Cash Bar
Banquet Dinner and Races immediately following social time...

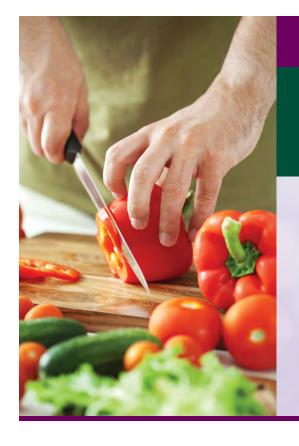
**All forms and fees must be received by JANUARY 6, 2020

Sponsorships are on a "first come, first serve basis," and are limited to the first 24 tractors

Yes, I would like to be one of the 24 Tractor Sponsors! Total Sponsorship Fee - \$260					
Additional tables of eight (\$160 each)					
Additional banquet tickets (\$20 each)					
Total amount enclosed - \$					
Sponsorship includes tractor entry fee and one (1) table of eight (\$20/person).					
Make checks payable to: Ithaca Lions Club and mail your payment with this					
form to: Ithaca Lions Club; 995 North Jerome Road, Ithaca, MI, 48847.					
If you have any questions, please contact Brent Beracy at 989-847-2803 or Blaine Lafler at 989-763-0606					
Please write down how you would like your business to be listed in the program and promotional material:					
For our records: Address:					
Contact Name/Number:					
Contact E-Mail:					
Contact E-ivian.					

Thank you for supporting your local Lions Club!





Dining with Diabetes

Type 2 diabetes can be delayed, controlled or even prevented by eating healthy and getting regular physical activity!

Dining with Diabetes is a fun and interactive course series targeting individuals with prediabetes, type 1 or type 2 diabetes, members of their support system and/or anyone interested in learning more. Participants learn to make healthy food choices and incorporate balanced menus into the family dining experience. Classes include research-based education, cooking demonstrations and healthy recipe tasting.

Do you have prediabetes? Visit www.DolHavePrediabetes.org.

Join us at the Ashley Community Center for our next class!

When: Four consecutive Thursdays, starting February 20, 2020

Time: 5:30-7 p.m.

Where: Ashley Community Center, 110 S. Sterling St., Ashley

Cost: Free. Sponsored by Lions Club International Foundation and the

Lions Clubs of Michigan.

To register: Email Sean (knurekse@msu.edu) or call (810)221-1615





LCIF WEEK - January 13 - 17, 2020











Together, We Can. Together, We Will.

Changing the world. It's why you became a Lion. It's also why Lions Club International Foundation – OUR FOUNDATION – is empowering your service through its most ambitious fundraising campaign.

Campaign 100 is raising funds so that the Foundation can continue to "increase service impacts and expand our global causes. For decades, we've contributed to Lions' efforts in the focus areas of vision, disaster relief, youth and humanitarian causes. LCIF has added new global causes of Hunger, Childhood Cancer, Environmental issues, and Diabetes.

Thru LCIF Grants awarded to the Lions in Michigan in just 2018–2019, we have recently received \$47,000 for LOM Mobile Vision Sight; \$10,805 for Eversight Equipment; \$10,000 Tornado Relief; \$187,509 Michigan Defense Against Diabetes; \$86,577 for equipment & renovations for Lions Bear Lake Camp; \$34,155 for Community Walk-in Diabetic Center in 11D2; and \$100,000 for All inclusive Playground for Disabled Children in 11A2. In addition to these grants, District 11D2 used their Community Impact Grant of \$1,800 to feed and provide clothes to the Veterans in their area. This totals \$477,846 that LCIF provided to MD11. As of November, Lions in Michigan have given to LCIF \$80,483 since July 2018.

During LCIF WEEK, let's promote Lions Club International Foundation in your Districts and Clubs. We need to raise awareness of how LCIF helps the Lions of Michigan and perhaps plan some fundraising events during this time. Post your fundraisers on Facebook, in local businesses, newspapers and Club/District newsletters. Share your ideas and notify your District LCIF Coordinator. Also, in additional to raising funds, talk about the global causes. Hunger Awareness is for month of January. Childhood Cancer is for month of February. Educate your area about these two new causes and raise monies while you promote them in your areas.

Where there is a Need, you find a Lion.

Submitted by: PDG Connie Shelton

MD11 LCIF Coordinator pdgconnie@outlook.com

GST Report 12-30-19

Hope you all had a Merry Christmas and Happy New Year!

2020 brings with it a number of new opportunities for Lions to serve in their own communities, the district, state and the world. Here's just a short list for each of us to consider:

- New diabetes education and testing programs are being hosted by Lions in over half of the counties in our district. Contact your ZC for details. Want to host one in your community? Contact Lion Brent or Lion Tom Doyle.
- February ushers in the Michigan Forum and a Friday Night "Sock Hop" to collect new socks for donation to local shelter programs. Check the Lions Pride magazine for details.
- With March comes our own districts convention. For those who might not be
 able to attend the convention, but would be interested in helping serve in a
 different way, the Area 28 Special Olympics basketball tournament is looking for
 volunteers to help in a number of ways at their venue in the St. Johns high school
 on the Saturday of our convention. Email area28@somi.org for details and to
 volunteer.

As mentioned before, the GST is working with a number of Lions to help understand how the new MyLion service reporting system can be used to simplify your clubs service reporting challenges. Reach out if you are having questions about the new system.

Looking forward to seeing as many of you Lions as possible throughout the 2020 year!

Lion Brent



http://www.mylion.org/

2020 Delegate Certification Form - District 11-C2

According to the District 11-C2 Constitution and <u>By-Laws</u> Article VII, all Lions Clubs in good standing with Lions Clubs International, Multiple District 11 and District 11-C2 are entitled to one (1) vote for each ten (10) members or major fraction thereof, as reported on your January Member Report Form. The major fraction referred to is five (5) or more members.

The number of delegates your club is entitled to for the District 11-C2 Convention is determined as follows: To be counted, the person must have been a Lion for one year and one day as of February 1, 2020, meaning they must have been listed as a member by January 31, 2019. (Note - They do not have to be a member that long to be a delegate.)

When you complete your Member Report Form for January, you can compute the number of delegates and alternates your club is entitled to and select your representative(s). List their names below on the **left** side of this form and include whether each representative listed is either a "delegate" (D) or an "alternate" (A). Return this form no later than February 16 of the given fiscal year to:

Lion Lloyd Kilbreath PDG Credentials Committee 7501 Cole Road Durand, MI 48429

Your representative(s) must register for the convention at the Registration Desk first and then they must sign this form AT THE CONVENTION and pick up their delegate sticker from the Certification Desk. All delegates MUST BE REGISTERED AND CERTIFIED in order to vote at the business sessions.

Total number of qualifying Lions in your club as of February 1, 2020 (see criteria above).

This section to be completed by Club Secretary		This section to be completed at	
) = Delegate A = Alternate			Convention Certification Table
Name	D	Α	

NOTE: **This is NOT a Convention Registration Form**. All Lions must register before they can be certified to vote. Please advise your delegates to arrive early. The Certification Desk will close at an appointed time which will be displayed at the Certification Desk. Any Lion who is not in line at that time will not be certified as a delegate and will not be allowed to vote at the business session.

Michigan District 11-C2.

President's Signature: — Secretary's Signature: _

Lions Club of and Region/Zone:___

DECEASED LIONS/LIONESS

Member's Name:	
Club:	Years of Service: ————
How many family and/or Lions/Lioness members	pers will be attending?
This is mandatory so that we do not run out o	f food.
Club Positions Held:	
District Positions Held:	
List any Special Awards Received, include any	Military Service:
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	•
-	

PLEASE complete this form and furnish photo for each member of your club who has passed away since February of 2019 and post marked by February 15^{th} , 2020 to:

Lion Robert Tetzlaff 5308 Sunrose Ave Lansing MI 48911

Note: If you are using a digital photo please enclose the file in an email to acee44@msn.com