Lions District 11-B1 News

Please note that the format of this newsletter has accessibility in mind. As such, the use of supplemental graphics is limited.

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Send Us Your News!

Got a story we should know about?

Have an **event** coming up you want listed in this 11-B1 Newsletter, 11-B1 Update and on the 11-B1 District Website Calendar? Email us at: pr@lions11b1.org Please submit materials for the September Newsletter by August 31, 2019. LIONS QUEST Social and Emotional Learning

Happy New School Year, everyone!



Busses are back on the road, and the classrooms are filled once again! I'm proud to announce that Blissfield Lions Club has been award a prestigious \$15,000 grant from Lions Quest to launch an anti-bullying program.

I want to applaud the Blissfield team for paving the way with this serious issue. In the US, 1 in 5 students ages 12-18 has been bullied during the school year ^[1] and can have dire consequences. 42% percent of students who reported being bullied at school indicated that the bullying was related to at least one of the following characteristics: physical appearance (30%), race (10%), gender (8%), disability (7%), ethnicity (7%), religion (5%), and sexual orientation (4%). ^[2]

I know the contributions you will make will have a positive impact and improve the dayto-day experience of numerous students.

Please join me in congratulating your fellow Lions for this honor and lend your support and encouragement to their efforts and the betterment of our young generation!

In terms of my learning, this weekend I'll be traveling to Washington in preparation for the US-Canada forum taking place in Spokane. I'm eager to meet our partners from "Up North," and I'm equally inspired to represent our state at this event. I plan to share my key learnings with you and pass along any resources that may benefit our group going forward.

Here's to learning and improving,

Lion Mike mscott@lions11b1.org

[1] National Center for Education Statistics. "Bullying: Fast Facts."

https://nces.ed.gov/fastfacts/display.asp?id=719

[2] National Center for Education Statistics. "Indicator 10: Bullying at School and Electronic Bullying." Indicators of School Crime and Safety. https://nces.ed.gov/programs/crimeindicators/ind_10.asp

From the Desktop of 1st Vice District Governor, Lion David Anderson

It's hard to believe, but just like that, summer fun is coming to an end. I hope that you and your family had a wonderful summer filled with many memories. There is however good news, with the end of summer comes the beginning of hunting!

My thought for this month is fortitude. I believe that too often people become discouraged attempting an enormous project or goal because the results do not occur fast enough. That is likely attributable to the fact that we live in a microwave world when everything is expected to happen nearly instantaneously. However, many things more resemble eating an elephant one bite at a time than occurring in one defining moment.

In his book Atomic Habits, James Clear states that it is so easy to overestimate one defining moment while underestimating small improvements. It is important to realize that massive success does not require massive action. An example James used goes something like this. Imagine that you are in a room that is 26-degrees sitting at a table with an ice cube on a plate. If you turn the temperature up one degree to 27 nothing changes. You continuing repeating the process—28-degrees, no changes, 29-degrees, no changes and so on until you get to 32-degrees. At 32-degrees, the ice cube begins to melt. Without analyzing the situation in its entirety, it is easy to believe nothing happened until the final 1-degree increase. However, without the other increases the final one-percent increase would not have changed anything.

Whether your club's goal is to grow its membership by 10% or increase service by 25%, you cannot get there without first accomplishing smaller goals. Smaller goals mean smaller changes, which probably decreases the level of apprehension and increases the likelihood of success because the task does not seem overwhelming. Remember that large changes are the culmination of all the small changes up to that point. It's easy to look at an athlete, CEO, or other respected individual and not appreciate all of the hard work that it took to get them to that point.

Thank you for all that you do for your community! I look forward to seeing all of you at the Fall Conference, and as I begin making my rounds to help DG Mike with his club visits. Please remember to be positive, take the initiative, and most importantly HAVE FUN!

Respectfully submitted, David Anderson danderson@lions11b1.org

DISTRICT 11-B1 CHILDHOOD CANCER PROJECTS

Fellow Lions – Under the Leadership of District Governor Mike Scott, the first-ever District Committee for Childhood Cancer is at work looking for and producing projects for supporting the Children in our District with Cancer.

Our first two projects are really "No Cost" - Just using up what we all have in our closets and drawers, and putting it good use to help others.

One such project is our first District-wide project - **collecting yarn to make Cancer Caps in two sizes.** (Caps for very small children and Caps for older children).

YOU CAN HELP BY COLLECTING YARN! It does not have to be full skeins or skeins at all, and it can be balls of yarn. All sizes, all colors and all kinds of Yarn!

WHAT ARE WE GOING TO DO WITH ALL THIS YARN? We are taking it to Prison!

The Inmates there are experts at making the children's Cancer Caps, and they will begin making them as soon as we deliver our first bundle of yarn

They weigh the yarn and will track our progress in 100 pound lots. We give them yarn, and out comes beautiful Cancer Hats for younger and older Children with Cancer.

Bert Sexton, Terry Walters and Terri Huffman are meeting with the Prison Director on October 2nd and plan to deliver a large bundle of yarn at that time.

Our first Big District wide collection will be at the Fall Conference on October 19th at the Cascades Manor House on Kibby Rd. After the first big collection, we will work with the Global Action Team and Zone Chairs to collect yarn at each Zone meeting and as we visit each club throughout the year.

TOGETHER WE CAN MAKE AN IMPACT ON THE LIVES OF CHILDREN WITH CANCER IN OUR DISTRICT. YOUR YARN TURNED INTO BEAUTIFUL CAPS WILL BE DELIVERED TO ANN ARBOR FOR DISTRIBUTION, AS NEEDED to THE CHILDREN. Our second District project is making and delivering Ice Pop Sleeves. The children are given these to help cool and sooth their sore mouths. The covers help keep the cold from their little hands. If you have left over materials from blankets or other items that you think would be suitable for this project please collect these materials along with the yarns. We all materials left over from many projects over the years, so let's put them to good use for Children who are Hurting in our District. BETTER YET, MAKE SOME AND DELIVER TO THE DISTRICT COLLECTIONS people and committee members.



EXAMPLES

District Committee: Chair, Bert Sexton, Becky Walters, LaWanna Brown, and Shawn Dettling.

LOOK FOR MORE INFORMATION IN THE DISTRICT NEWSLETTER AS WE PROGRESS!

The 45th Annual Parma-Spring Arbor Lions Club/ Spring Arbor University High School Girls Volleyball Tournament is 9-21-19 at the SAU Fieldhouse. This event is an opportunity for volleyball teams to compete regardless of their conference. The games begin at 8 am. A concession stand operated by the Lions Club will be available. Admission is \$5.

Service Spotlight

by Lion Terry Walters

T IS GREAT TO SEE SO MANY LIONS CLUBS WORKING ON SERVICE PROJECTS DURING THE MONTH OF AUGUST!

Service to our communities is what it is all about. Whether your club is doing a local service project or a Global Service project, I would love to hear from you. Some of the service projects that have been reported to me are as follows:

North Adams Heritage Days - Glucose testing and Kidsight - Lions from Battle Creek Cereal City and Branch area also participating.

Jackson Eye Openers- Putt-Putt Event included Glucose Testing with help from the Diabetes committee. Eye Openers also did Kidsight testing.

Quincy Days- Battle Creek Cereal City and Branch Area Lions did glucose testing and Kidsight.

Belleville Lions Gabby Games- This club is outside the District but wanted help with their Kidsight and hearing testing. Lions from Ann Arbor Host, Jackson Host, Branch Area Lions, Albion, and Dexter Lions helped out on this project.

Lions from Battle Creek Cereal City, Napoleon, Marshall, Manchester and Paw Paw(B2) recently worked on making necklaces and bracelets for goody bags which went to Maggie who does Wigs for Kids. This is a Childhood Cancer project.

I would encourage all Lions, Lioness, and Leo Clubs to have service projects in mind and also to include Global Service projects which are: Diabetes, Vision/Hearing(Kidsight, Leader Dog, Eversight), Hunger, Environment, and Childhood Cancer. Please let me know about your service projects. I am also available to come and talk to your club about GST. One new goal for the GST is to have a Leo Club and a Lions Club do a joint service project. If your club is interested, please let me know.

PDG Terry Walters, GST Coordinator 734-474-6914 or twalters02@comcast.net

DORIAN RELIEF EFFORT

The MD 35 Disaster relief team is working with Past District Governor Dudley Bent in Freeport, to get supplies transported to Grand Bahama Island as quickly as possible. Twenty pallets of supplies are being taken to Freeport last week with the District Governor, and she will assess what other needs are required. There are about 50 service and religious organizations working to ease the suffering that Dorian left behind.

The most pressing needs at the moment are: Flashlights Batteries - AA, C, D Tarps Canned food with pull tops Plastic Wrapped Diapers Canned Milk Baby Food Small Generators Bottled Water

If clubs wish to send monetary donations they can do so to:

MD 35 7200 Lake Ellenor Dr. Ste 109 Orlando, FL 32809-5786

Please mark the donations as "Bahamas Relief"

Should anyone wish to send other types of donations, gift cards to Lowe's, Home Depot, Publix, Winn Dixie, Ace Hardware, etc... With the gift cards, the disaster team in 35-N can obtain items that are of current critical need and transport them to the islands. They can also be sent to the MD office in Orlando.

REGION 3 ZONE I & 2 MEETING

HOSTED BY CEREAL CITY LIONS CLUB

Guest Speakers: Global Service Chairperson, Terry Walters Global Membership Chairperson, Dave Hill Global Leadership Chairperson, Roberta Sexton We will also have a Defense against Diabetes grant update.

THURSDAY, OCTOBER 10 6:00 - SOCIAL 6:30 - DINNER/MEETING

DINNER WILL BE OFF THE MENU

Clara's On the River 44 McCamly St. N., Battle Creek

RSVP BY OCT. 3 TO Zone Chair Terri at terri_huffman@hotmail.com or (517) 227-1253

Please bring new, sealed packages of feminine hygiene products that will be donated to food pantries district-wide.

We will also be collecting skeins of yarn to create pediatric cancer caps. New or partially used yarn of any color or material will be accepted. We ask that the yarn is from pet-free & smokefree environments as they will be used in a hospital setting and we want to ensure the materials are allergen-free and hygienic.







Saturday, October 5, 2019 10:00 AM – 3:00 PM

Trophies Awarded Dash Plaques for the first 25 registered Free registration, <u>"Donations Accepted"</u> Downtown Dexter on Central St., behind Monument Park, Same location as 2018.

Enter show at 5th & Central St., behind the park.

For information contact Dennis Berry (734) 424-0687 or dberry695@yahoo.com



Make Your Mark This World Diabetes Day

World Diabetes Day is only a few months away—November 14, 2019. We've partnered with the International Diabetes Federation (IDF) and are challenging Lions and clubs to **help one million people get screened**.

Make your mark by taking a simple online risk assessment or organizing a club screening event. THEN take a picture giving a blue thumbs up, and share it on social media for a chance to be featured on our website with others!

Find Out More



Let's Get Growing!

Recruiting for the Future! Attracting New Voices to our Clubs!

Dear Lion,

Join us on Wednesday, September 25, 2019 from 9:00 a.m.–10:00 a.m. Central Daylight Time to hear the latest ideas for attracting and recruiting new members to our clubs.

Why is this important?

- To deliver our global message to those who are not familiar with our association.
- For continued growth that allows us to carry on and expand our global mission to serve.
- To hear new ideas and gain different and fresh perspectives from around the world.
- To energize our association through innovation and diversity.

REGISTER NOW



Let's specialize your club!

What is your club's mission, passion, goals?

Do you do a vision screening? Work in a food pantry? Work with your city to clean the highway and streets? Do you have medical professionals interested in Diabetes Education, Prevention, and Resources? Does your club work in the schools and assist students? Does your club work with the hearing impaired?

Have a conversation with your membership about what you want your club to look like to the public. When recruiting new members, you can use this specialty to highlight all your club does in your community. Your specialty will attract like-minded volunteers.

Making your club a specialty club is a matter of simply changing your status on MyLCI! What you do with it is up to your membership. YOUR CLUB - YOUR WAY!

For more information, please contact: District 11-B1 Specialty Club Coordinator, Terri Huffman terri_huffman@hotmail.com or (517) 227-1253

LCI CODE OF ETHICS

To Show my faith in the worthiness of my vocation by industrious application to

the end that I may merit a reputation for quality of service.

To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

To Remember that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

To Hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.

To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

To Be Careful with my criticism and liberal with my praise; to build up and not destroy.