

Lion Gray Jones District Governor

"Do what you can, with what you have, where you are." Theodore Roosevelt

"You must be the change you wish to see in the world."
Gandhi

"A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles." Christopher Reeve

"True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost." Arthur Ashe



As many of you know, I'm a Marine. I even did it twice. There are no Ex-Marines, or Forner Marines. We earned to title of "Marine" in boot camp or officer training and are proud to carry that title with us until we die; where, according to the last line in the Marines Hymn, the streets of Heaven "are guarded By United States Marines."

Recently, I was reflecting on the pride of being a Marine and was somewhat astounded to discover that I'm now even more proud of being a **LION**! This realization didn't come quickly or easily, but over the last year, as I've visited with clubs in our District, I've met so many wonderful, dedicated Lions that being able to count myself as one of your number makes my heart swell with pride.

Although the daily news makes us wonder what's happening to the world, I can attest that there is still room for hope, because there are still lots of good people – and every Lion I have met is among that number! I've talked with most of the clubs about Love, Service, and Heroism, and see each of you as unsung heroes as you serve other people.

We just witnessed the miracle of the month of March, where winter grudging gives way to spring, which fills our souls with joy. The incredible beauty of spring flowers and blossoming trees, the greening of the meadows, the singing of the birds, and the warmth of the sunshine make us grateful to be alive. I'm convinced that feelings of gratitude, optimism to meet each day, and a heart full of service to others are major parts of what makes life worth living.

I've spoken to you before about Plato's belief that poverty comes from the desire to have more. An old Irish blessing wishing you enough (just google "I wish you enough" and you'll find it) underpins Plato's observation. When we are content with what we have and grateful for it, we have the true foundation for love and service. We are not poor, but we are wealthy in the ways that truly matter.

We always have enough to help others. We can always share our love – it only grows the more we give it away! Let us be content, grateful, appreciative of others, and finish our lives with service. As a Christian, I know that God's grace has no limits, and it is never too late for any of us; despite what our pasts may have contained. May the beauties of spring lighten your burdens and brighten your days.

A few important calendar notes: April is the time for your clubs' elections and for your clubs to ensure they have their new slate of officers identified in MyLCI. The first of May we'll have District elections where your delegates can vote for your district leadership, and the first of July will be the International Convention where your club's delegates can vote for our international association's officers.



Lion Kermit Hawley First Vice District Governor

Focus on the good things in life.

Don't let all the bad things that are going on in the world, overshadow the good. In every corner there is good to be found. Nurture a hopeful attitude by noticing the commonplace everyday kindness that is going on all around you.

(Everyday Hope)

APRIL is the most confusing month; rainy and wet one day, the next full of a warm promise of green growth to come. Besides the weather, the month is full of surprises and contradictions. Two flowers signify the month of April: the daisy and the sweet pee. Birthstone is the diamond. Time to order seeds and watch the grass grow. Looking forward to the ever-improving weather (except for the April showers).

This means that we need to be finalizing our Club activities. Getting our nomination committee together, preparing for election of next years' officers and taking care of required reports. Activity reporting: A review of Clubs Monthly Health Assessment and My Lion shows 18 Clubs which have not entered any information into MyLion. This means that those clubs will show no servicing activities having taken place during Lion Year 2022-2023 and in some cases longer than one year. It takes so little effort and time to report what you have done. This lack of reporting reflects upon the wellness of the club as reported by the International. If you are unsure as to whether your activities have been recorded, go into Lionsclub.org, click on member log in, sign in, bring up your portals which consist of 5 portals, MYLION, MYICI, INSIGHT, LEARN, and SHOP. Click on MyLion. This will bring up the home page. In the far-right corner is a block called Metrics. Click on it and this will bring up your club activity data by activity type. IF you click on activities, this will show each activity reported. Now you can go to MyLCI. Go up to the top of page, where there a small box with dots. Click on the box. This will bring up menus, one of which is MyLCI. Click on MyLCI and take a minute to check out your account information. Once you are in, click on My Lions Club and then check on members. This will bring up members information. Scroll down to your information and check it for accuracy. If information is not correct or incomplete contact your club secretary, club president or Club Administrator to have the information corrected.

While you are in the International, click on Learn and once in click the GO button under Lions Learning Center, and then on Content Library (far left). It will bring up courses available online. Note: when you scroll down a page it will take a few seconds to bring up the next page and so forth. This Information is available to all Club members!

Leadership means you lead; you are responsible for all things completed or not completed under your leadership.

Announcement: Next year we'll be transitioning to the new Lion Portal experience. To prepare for this transition, we're asking our Leaders to ensure that Lion and Leo member information is correct. Please review your roster and confirm all members have a unique email address (one that is not shared with another member in the system) associated with their account.

"Change is the law of life. And those who look only to the past or present are certain to miss the future" (John F Kennedy)

God Bless!



Lion Brendan Byrne
Diabetes Chairperson District 29-I
Email address: lionbrendanbyrne@gmail.com

Tepluzimab: A New Preventative Drug for T1D

William Troutman is a high school sophomore and an avid runner. He is also the first in the United States to receive a new FDA-approved drug called, Tzield™ (tepluzimab), to delay the onset of type one diabetes even though he has never had a symptom.

In November 2022, tepluzimab gained FDA approval for use in people ages eight and older with stage two type one diabetes. This means that these people have two positive diabetes related autoantibodies and elevated, pre-diabetic range blood sugars. This new drug has proven to be effective at delaying the onset of stage three diabetes by an average of two years and helps to prevent the auto-immune attack of the beta cells in the pancreas responsible for making the hormone insulin.

William's risk was identified after his younger sister was diagnosed with type one diabetes in September 2020. Eager to know everything she could about her daughter's newly diagnosed condition, Amanda Troutman began listening to a podcast by another parent of a child with type 1 diabetes. That's where she first heard about tepluzimab, which had been in clinical study for nearly 10 years, and the importance of identifying disease risk early. She immediately ordered at-home test kits from TrialNet for herself, her husband and William. William tested positive for two of the hormones associated with diabetes. His mom and dad had none.

"Siblings carry a 5 to 7 percent lifetime risk of getting type 1 diabetes, which is 15-fold higher than the general population, so it's important for families to test when a member has been diagnosed," said Dr. Nelson, chief of endocrinology at Children's Hospital of Richmond at VCU. "Research tells us that the disease starts many years before blood sugars become abnormal. When people develop two autoantibodies, like William, it's not a question of if but when they will develop type 1 diabetes. Younger kids tend to develop it faster, older people slower."

Tepluzimab is given through a once daily infusion for 14 consecutive days, with escalating doses for the first five days. Diagnosis of type 1 diabetes has increased by 3-5 percent annually in recent years, indicating that more and more people may be eligible for tepluzimab. Family history of other autoimmune diseases, such as multiple sclerosis, Graves disease, lupus, rheumatoid arthritis and others, can also signal increased risk for diabetes. Type one diabetic families are encouraged to talk with their primary care providers about risk assessment.

From July 9th to 15th Camp Kno-Koma will be held at Greenbrier Youth Camp for children ages 7 through 15. If you know of any diabetic student that would like to attend this life changing camp, please let me know since the district would like to send as many students as they can to Camp Kno-Koma.

Yours in Service,

Lion Brendan Byrne

District Governor Calendar 2022-2023



Schedule of Events

April				
Date	Time	Event	Location	
1	8:00 AM	District 29-C Convention	Pipestem Resort, Pipestem	
6	5:30 PM	DG Visit with Clarksburg Adamston	390 S. 22 nd St, Clarksburg	
13	TBD	DG Visit with Bruceton Mills	TBD	
17	6:15 PM	DG Visit with Tunnelton and Valley Dist Lions	5174 S Preston Hwy, Tunnelton	
18	5:00 PM	DG Visit with Phillippi Lions	Medallion Restaurant, Main St, Phillippi	
20	6:30 PM	DG Visit with Keyser Lions	793 New Creek Hwy, Keyser	
22	9:00 AM	Wardensville Barbershop Quartet Fundraiser	East Hardy High School, Baker, WV	
25	6:00 PM	DG Visit with Berkeley Springs Lions	Charlotte's Café, Berkeley Springs	
29	3:30 PM	DG Visit, Cruise-In Inwood Bunker Hill Lions	8785 Winchester Ave, Bunker Hill, WV	
D. 0 -				
Ma	-	Frank	Landing	
	Time	Event	Location	
1	6:00 PM	DG Visit w/Moorefield and Petersburg Lions		
5-7	8:00 AM	MD 29 State Convention	Days Inn, Flatwoods, WV	
15	9:00 AM	Hedgesville Lions Club Golf Tournament	The Woods, Hedgesville, WV	
1	_			
Jun		French	Location	
Date	Time	Event	Location	
Jul	v			
	, Time	Event	Location	
7-11		Lions Club International Convention	Boston, MA	
17-24		World Association of Marching Show Bands	Buckhannon, WV	
		5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	- ,	
September				
Date	Time	Event	Location	
21-23		USA/Canada Lions Forum	Reno, NV	

Reported in February 2023







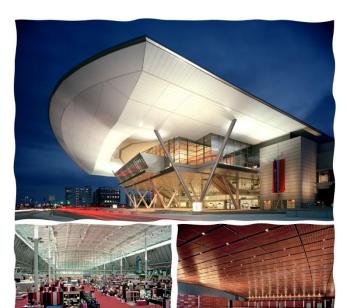
With Heartfelt Sympathy

Deceased Member	Club
Cecil R McCartney	Central Upshur
Hobert H Corley Jr	Elkins
Pete Tzavaras	Grafton
Christine Croucher	Valley District



You Still Have Time to Register

We hope you will join your fellow WV Lions in Boston for the LCI Convention July 7-11. Our delegation hotel is the Hilton Back Bay and when you register, please consider staying at this hotel. Lions from more than 120 countries will be attending and celebrating 105 years of service to their communities.



The Boston Convention & Exhibition Center will be the sight of action-packed plenary sessions, seminars, an exciting exhibit hall and the spectacular international show featuring world class entertainment.

During the convention you will have the chance to join fellow Lions from throughout the world who will march side-by-side down the streets of Boston.

Boston is loaded with tons of history and many shops and restaurants. If you like baseball, the Red Sox are in town.

For more info please contact WV LCI Convention Chairperson PCC Al Cox 304-216-5251 anewtc2@ aol.com



Wardensville Lions Club

Proudly Presents

Quartets On Parade

Saturday, April 22, 2023

Singing Capital Chorus



Foggy Bottom Four Quartet



Capital Chord CREW

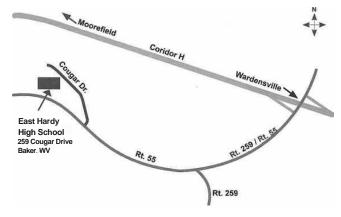


7:00 PM East Hardy High School Baker, WV

Tickets: \$8.00 at the door

\$5.00 in advance from any member

www.E-clubhouse.org/sites/Wardensville



The Lions of West Virginia (MD-29) will be sponsoring a float for the WORLD ASSOCIATION OF MARCHING SHOW BANDS World Championship in Buckannon, WV July 17th – 24th! Any Club that would like to donate to the float may do so by sending a check to CC Sue Long, P.O. Box 988, Fort Ashby, WV 26719. Please make the check out to MD-29 and note WAMSB in the memo field. For more information about this event, please go to their web page at https://www.wamsb2023.com/.





July 17th – July 24th, 2023 Buckhannon, WV

HOME

TOURISM

ECONOMY

WAMSB HISTORY

CONTACT





BUCKHANNON 2023

The World Association of Marching Show Bands (WAMSB), an international association dedicated to the fostering and growth of the worldwide marching band community, will be hosting its world championship in the City of Buckhannon, West Virginia, USA on July 17-July 24, 2023. This is the first event held in the U.S. in six years and the first time it has been hosted on the East Coast.

WAMSB is comprised of members from 32 nations from around the globe, representing 24 band associations, their bands and visitors. Buckhannon, Upshur County, and West Virginia welcome the opportunity to be viewed on a world stage and we look forward to highlighting the Mountain State.

Visitors will have the opportunity to come together to experience the sounds and visual talent of other cultures and be immersed in the unique art, music, and culture of Appalachia.

The theme of this year's competition is Uniting the World Through Music. The theme rings true by having nearly all corners of the world united in one place for a week-long extravaganza.

Preston County Lions Clubs

Golf Scramble



Awards Dinner after Tournament Included in Registration

Fishing permits available for golfers' family





Hole-one-prize \$1,000

Cash Prizes For 1st and 2nd places For both Men's & Mixed Teams

Alpine Lake Resort

Terra Alta, West Virginia

Saturday: August 19, 2023

Tee Time 12:00 P.M.—Noon

Fundraisers

Mulligan 50/50 Tickets

Red Ball Basket Raffle Tickets

Sandie Golf Ball Riffle Shot



Registration form at: https://tinyurl.com/ywjdjz59
Or, scan the QR code for registration form.
Call Jerry Edens for information: 304-290-2420

Join the Lions at beautiful Alpine Lake Resort, enjoy an afternoon of golf and help support their community projects in Preston County.



異RENO REVIEW



APRIL 2023

The Latest News & Information for the Reno 2023 USA/Canada Lions Leadership Forum

A MESSAGE FROM OUR GENERAL CHAIR



Sharing our knowledge and expertise with other Lions allows growth and enhances the potential for bigger and better service, as well as an engaged membership. This is true at the club,

district, multiple district or international level.

A vital part of every Forum that involves this sharing of knowledge is our seminars. Each year the Forum Seminars Team determines:

- the number of seminars to be presented, based on the space available
- · the topics of these seminars
- · who the facilitators will be
- · who the moderators will be
- · when and where each seminar will be held
- what activities will be planned to support facilitators and moderators

Essentially, they plan the seminar experience for attendees. The goal is to have something for every Lion.

The Forum is a learning opportunity for every Lion. So, whether you are a new Lion or a seasoned Lion, the Education Team promises seminars to engage, enlighten, enthuse and excite. Why not come to Forum and bring a friend?

We want to see you Reno!

Up and Away with Leadership

Tama

LEADERSHIP IS LEARNING

MARK MANSELL, EDUCATION COMMITTEE CHAIR

"Leadership and learning are indispensable to each other."

- John F. Kennedy

At the USA/Canada Lions Leadership Forum, almost everything is focused on learning. From the general session speakers to exhibition booths, from talking with other Lions from across North America to all the seminars being offered; the Forum is about helping you learn and thereby helping you become an even better leader.

With seminars, you will get the opportunity to hear from the leaders of our association including our International President. Want to learn about the new Lions Portal? We've got you covered! Learn how how to start new clubs, initiate new and innovative service projects, or get the latest news about our Foundation. It will all be waiting for you in Reno.

We will be offering 10 different learning sessions starting Thursday afternoon and running through Saturday afternoon. Each session will offer nine unique seminars so you can create a customized learning experience that meets your learning needs. Want to learn even more? Bring your Lion friends and work as a team to cover even more topics and then share what you learned.

Learning is at the foundation of being a leader!
The Forum is an exciting opportunity to stay
current, embrace change, and learn new ways to
serve as a Lion leader. We are confident there is no
more powerful learning experience for Lion
Leaders in such a short period of time than by
attending the USA/Canada Lions Leadership
(Learning) Forum! See you in Reno!

Happenings Around the District

The Martinsburg Lions Club recognized Toni Wiesberg, President of Faith Feeding Freedom. Lion Marty Keesecker and Toni gave us a presentation on the services provided to our community by Faith Feeding Freedom. Pictured are Lion President Dave Plume presenting the certificate and coin to Toni Wiesberg, and the dapperly dressed Lion Marty Keesecker.

Below, First Vice District Governor Kermit Hawley and his wife Lion Judy visited our club's meeting. FVDG Kermit is pictured here as he told us about a three-day training session he recently attended with VDGs from around the world to get prepared for leading the next Lion year.



On March 2nd, I had a very pleasant visit with the Buckhannon Lions Club where I received a check for LCIF! Thanks so much!





On March 7th, I had the privilege of visiting with the East Preston Lions Club at the Alpine Lake Resort in Terra Alta! What a wonderful high elevation setting, and forgot to get a picture taken!

Then, on the 8th, I visited with the Kingwood Lions club and was honored to present a 10 Year Monarch Chevron to Lion Diane C. Griffin-Donley, shown to the left with Club President Don Smith.



On March 9th, I visited with the Hope Centennial Lions Club and had the outstanding honor of assisting Club President Aaron William in awarding seven Hearts of Service Coins and Certificates. In the photo below Lion President Aaron Williams and I are in the back, Zone Chair Diana Bedell is on the left, and the seven awardees are (L to R) Alisha Madia, Pam Hotsinpiller, Julie Salmon, Jean Papenburg, Judy Bonamico, Ellen Condron, and Derika Bowyer.



On March 10th, the Tennerton Lions Club posted the following on Facebook:

Meet the Tennerton Lions Club 1st Local Hero Doug Spears. Doug started Celebrate Recovery in Upshur County 10 years ago and now runs the 180 Center here in Buckhannon.

The 180 Center helps those that are recovering from alcohol and drug addiction to transition back into the world. The 180 Center has 5 houses that are located throughout Buckhannon. There are 3 houses for men and 2 houses for women. Each house has an average of 7-8 people living in them.

Doug is a recovering addict and stated that what got him clean and helped him to remain clean for the past 12 years was "Jesus Christ". Doug's motto is: "Jesus is the answer to the drug problem". The 180 Center program has seen many people come and go and the program works. The longer they stay, the better the success rate. Doug said that if a person stays less than 6 month there is only about a 20% success rate; if they stay 6 months to a year, the success rate goes up to between 50% & 60%; however, if a person stays a year or more the success rate is 70%. Praise the Lord!!!



Accompanied by Club President Lion Bob Garrison and Lion Bob Anderson; Lion John and Lion Penny Haymond presented a check made out to 180 Center Inc. to Local Hero Doug Spears for \$500 which will go to help pay the utilities at the houses. We thank Doug for all that he is doing in Upshur County to help those that are recovering from drug abuse to get back on the right track. That is why Doug Spears is our Local Hero!!!"

On March 12th, I assisted the Salem Lions Club with their combination service project and fund-raising soup dinner. It was a great success, despite the snow falling heavily that morning. At the end, Club President Mike Davis presented me with a check for LCIF! Many Thanks!

On the snowy, blustery, cold evening of March 14th, I was delighted to visit with the Rowlesburg club. Club President Bonnie Hemerick informed me that their club has added 12 new members this year, with two more possibly in the pipeline! That's outstanding club growth, by percentage, that's over 30% in one year. It CAN be done! Unfortunately, I was having such a good time, I forgot to take any pictures, but the ride home through the blowing snow won't be forgotten anytime soon!



On the 16th, I was privileged to visit with the Tygart Valley Lions, our largest club. While there, Club President James Blackwood and I had the honor of presenting Monarch chevrons. Flanked by me and James are (L to R) PDG Rob Silvester (40 years), Andrew Swecker (35 years), Arden Swecker (35 years), Derek Fincham (10 years), and Voras Haynes (25 years).



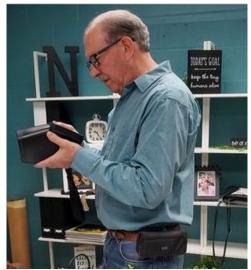
Also on March 16th, the Philippi Lions Club posted that they did vision screening at the Philippi Elementary School. There were 158 screened with 23 referrals. The Lions Club will assist the family if needed. Members working were: Miriam Rice, Jud Bracey, Elaine Benson, Debbie Williams, Millard Minor and Valerie Minor.



Page 13

On March 18th, Shepherdstown Centennial Lions Club reported that "Over the last two days we performed over 550 eyes screenings at North Jefferson Elementary School and South Jefferson Elementary School!"





The Bridgeport Lions Club reported on March 19th the they were presented an awesome program by Mike Perri, who works with the state treasurer's office. He explained a variety of programs offered by the Treasurer's office.

Lion Mark Bronsak was presented with the Lion's Leonard Jarrett award for all of his hard work in collecting eyeglasses.





Phillip Dye was honored with the "Heart of Service" award for all of the ways he has served the city of Bridgeport over the years.



Congratulations to all!

March 20th saw me with the Stonewood Lions. There, Club President Jeff Lawrence and I presented community leaders and volunteers Jim Terango and Marty George with Hearts of Service Coins and Certificates. In the photo, Mayor of Stonewood, Jim Terango and Marty George are flanked by me and Club president Jeff Lawrence.











Bridgeport Lions Club

March 21 at 9:13 PM · 3

The Bridgeport Lions Club with the assistance of the GFWC of Bridgeport and others hosted its annual Bill Miles Easter Egg Hunt today for 11 low vision students from Harrison County elementary schools at the CityNet Center (The Bridge). The children had a craft time followed by a hunt for "beeping eggs" and received a bag of Easter treats for their rewards, followed by a Chick-Fil-A lunch.

March 28th I visited with the East Lewis Lions Club. While there, I was delighted to induct three new members into the club. From left are Lion Nelson Linger, sponsor of new Lion Nathan Linger, new Lion James Turner, sponsored by Lion Richard Smith, and new Lion Joyce Shelton, sponsored by Gary Smith.



While there, I was also honored to present a Heart of Service Coin and Certificate to Shonda Hicks whose accomplishments were described by Lion Gary Smith.



Lions clubs from Zone 8 (Clarksburg, Harrison County Hope, Bridgeport, Grafton, Nutter Fort and Stonewood) presented gift cards totaling \$2,690 to Anita Graham of WVU Medicine Children's Hospital for use by families of pediatric cancer patients in the Pediatric Hematology and Cancer unit. The cards are to help lighten the load these families experience with gas, food, snacks and sundry items.

Zone 8 Roars!



A General Note to all clubs: some of you are pretty good at posting things on Facebook or emailing me, but we'd LOVE to have more info from others of you about how your clubs have been serving their communities!

Give us information to POST!

AVAILABLE FOR PURCHASE

DISTRICT 29I DIABETIC AWARENESS PIN

Designed by Seventh Grader Ms. Madison Burnside (Buckhannon -Upshur Middle School)



Cost: \$4.00 per pin

To purchase, place orders through the following Google Forms https://forms.gle/5SrjNWYjYL257U1aA, contact your local club president, or contact District 29I Diabetes Chairperson Lion Brendan Byrne at lionbrendanbyrne@gmail.com



Broom Supplier to the Lions!

Nexstep Commercial Products manufactures high-quality Lions Club Corn Brooms to the same standards the Lions Club have used for over 75 years. The Lions Club Broom Sale has proven to be a major fundraising event that's a very easy way to generate funds.





Contact Information

Lanny Balentine, PDG • Lions Club Sales Representative Cell: (864) 444-1325 • Email: Ibalen1010@aol.com

Nexstep Commercial Products

1450 W. Ottawa Street • Paxton, IL 60957-0071
Phone: 1-800-252-7666 • Fax: 1-217-379-9901
Email: sales@ocedarcommercial.com
www.ocedarcommercial.com



©2016 Nexstep Commercial Products, all rights reserved. Nexstep Commercial Products exclusive licensee of O-Cedar

Disaster Relief & Recovery Ukraine continues to need your help!

We're encouraging donations to the LCIF Refugees and Displaced Persons fund. Contributions made to this fund will help ensure that Lions are there to help families find the safety and security they desperately need. LCIF grants have been approved for Poland and other countries receiving Ukrainian refugees.

The Lions Clubs in Ukraine and the surrounding countries are doing all they can to help with the refugees and they need our assistance. We have over 1500 Lions in our District and are asking for support from individual Lions and Clubs. No amount is too small and the need is great!



How Can You Donate?

Please make your check payable to <u>LCIF</u> and on the memo line put your <u>Lion membership</u> number and Refugees & Displaced Persons Fund.

Donations made to this fund will qualify for your Melvin Jones Fellowship Credit. You can send your contributions to either of the following:

LCIF
Department 4547
Carol Stream, IL 60122-4547
-orJohn Mason
318 Fairview Drive
Berkeley Springs, WV 25411-3403



Thank You!
PCC John Mason
LCIF District Coordinator
304-820-7742