



Lion Gray Jones District Governor

"Honest disagreement is often a good sign of progress." - Mahatma Gandhi

"The growth of knowledge depends entirely upon disagreement." – Karl Popper

"A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty." - Winston Churchill



Let's Agree to Disagree!

I have mentioned to many clubs that I have never met a Lion who didn't have a good heart. I may have also mentioned that each Lion has his or her own personality – and not all mesh well with mine. And that's OK! How boring it would be if everyone else thought the same way we do? Or had the same passions? Or the same life experiences? Or --- and the list goes on. But, with two people, each of whom has a good heart, they can work together! Love in action is Service. Two or more disparate personalities can, and in our Lions Clubs, DO work together to serve their communities.

Sure, we can bemoan the vast differences, or we can choose to explore other's opinions, knowledge, and life experiences. We human beings are capable of learning through the experiences of others! And, speaking personally, that's a wonderful thing! As many mistakes as I've made in my life, just think of the vast number of others I would have made if I hadn't known about the mistakes of others! And think of the Grace of God I've experienced to have survived my prolonged youth!

There are a lot of people who dislike conflict, and disagreement is often cast as conflict – but the way we approach it makes all the difference. Approach it as an opportunity to explore (walk in another's shoes) another person's mind-set and thoughts rather than as a conflict. It's really difficult to turn disagreement into argument when one person is listening and learning rather than framing their counter-argument while the other is speaking!

Please don't misunderstand! I'm not saying I'm always able to follow my own advice! But I do continue to try. One of the best bosses I ever had told me to "always assume good intentions!" That starts out a difficult discussion with the assumption that the other person was trying to do the right thing. What a difference from them immediately trying to defend their actions!

Have you noticed the tremendously varied hues of green in the trees, especially now, in the Spring? Such a diverse blending of colors that leads to such amazing beauty! Nature is at its most beautiful with a rich and varied palette! Our clubs can be beautiful in their diversity of opinions and ideas.

I implore our clubs to challenge what the club is doing. Find ways to think about serving your community differently. Agree to disagree with the status quo. It's only through such challenges that we continue to grow and evolve.

BUT, raise the questions with humility, respect, and empathy. Then LISTEN to the responses. We can all improve our clubs and grow them, but let Love lead the way.

NOTE: Please get your club elections done AND entered into MyLCI SOON!



Lion Kermit Hawley
First Vice District
Governor

BE OPTIMISTIC

For kindness to come from the heart, to be truly genuine rather than arising from a sense of duty, you need to have an optimistic mindset, to be able to see the good in life and in people. The best way to cultivate optimism is through focusing on the positive aspects of your life and by being grateful for all that you have. It takes practice. (From the book **Everyday Kindness**)

WELCOME TO MAY! Did you know that May is national barbecue month? Time for that old grill and have at it. We are rapidly approaching the end of 2022-2023 Lions year. There are quite a few clubs that have not entered any activity information into MYLions. What? You cannot tell me that your club did not complete any servicing activities this year. I don't see them in the MyLions metric or on the Club Health Assessment reports. Now is the time to break old habits and enter your clubs' activity information. A great big THANK YOU to those clubs that have their activity information up to date.

By the way, how many of you discovered the misspelled word in last month newsletter? There have been no comments made about the incorrect word.

You Know that spring is the time of new birth with all its vigor and enthusiasm and a can-do attitude. Let's see a flurry of new ideas and servicing actions, friendship, fellowship and willing to accept changes that may take place within your own life and within our Lions Club. Let's be receptive to new ideas and ways of doing things. I have heard the statement from a lion club's member: "That's the way we have always done it".

If we lived by this statement, we would still be in the horse and buggy days or even before that. Life itself is a constantly changing thing. The way we do business, the activities in our lives, the jobs we do. The world around us, our thoughts, wants, hopes, our relationships, both emotional, personal and in our daily routines, have changed and will continue to change. How we serve, what type of service we perform should never stagnate but be filled with newness, new opportunities, and new satisfactions. Don't ever let yourself get stuck in the mud and not look for new and exciting ways to serve our fellow mankind. Take the best of what we have and add a sprinkling of new ideas, new servicing action to complement those current activities. Try It you might like it.

Let May be the start of a new you. You will never be too old to accept change or to be enthused about your Lions Club Activities.

FEELING GOOD ABOUT YOURSELF BEGINS WITH SERVING OTHERS

Life's Little Handbook of Wisdom

FVDG Lion Kermit

valleylionsclub@gmail.com

God Bless!



Lion Brendan Byrne
Diabetes Chairperson District 29-I
Email address: lionbrendanbyrne@gmail.com

The Mediterranean Diet and Type Two Diabetes

A diet that emphasizes fruit, vegetables, whole grains, legumes, seafood, and healthy fats like olive oil, the Mediterranean diet has been a favorite among health experts for many years. It has been linked to helping to improve heart health and preventing cognitive decline, however, there is strong evidence that it helps to lower the risk of developing Type 2 diabetes.

Researchers at the University of Cambridge closely tracked individuals that strictly followed the Mediterranean diet using a blood test that looks at levels of molecules like carotenoids and fatty acids, or “biomarkers” of the Mediterranean diet. A total of 23 nutritional biomarkers were evaluated and an overall score was created.

This biomarker score was applied to over 22,000 people across eight countries in Europe. Researchers found that people whose biomarker score indicated they stuck to a Mediterranean diet were less likely to develop Type 2 diabetes. Dr. Nita Fourouhi, co-author of the study and leader of the nutritional epidemiology program at the University of Cambridge states that, “The 20% of participants with the highest biomarker score had a 62% lower risk of new-onset Type 2 diabetes relative to the 20% of participants with the lowest biomarker score values.”

Based on this, researchers argue that even a small improvement in people’s adherence to a Mediterranean diet could reduce the incidence of Type 2 diabetes. Dr. Priya Jaisinghani, endocrinologist and obesity medicine specialist at NYU Langone Health, “Along with medication therapy and lifestyle changes, nutrition is a cornerstone of treatment of Type 2 diabetes. If it is not managed, Type 2 diabetes can increase the risk of other problems such as stroke, kidney disease, nerve damage and vision problems.

Lower levels of good cholesterol (HDL) are associated with increased risk of developing Type 2 diabetes. The Mediterranean diet helps increase good cholesterol levels and is a great proponent of omega-3 rich fatty fish such as salmon, tuna, sardines, black cod, and walnuts which have anti-inflammatory benefits, decrease blood pressure, and reduce the risk of heart disease. It is recommended that Mediterranean diet followers try to eat a wide variety of fruits and vegetables, getting enough fiber (25-35 mg per day), and try to stay physically active and move every day. Following this will prevent, reduce, or manage Type Two Diabetes.

Earlier this month District Governor Gray sent a letter that I created to the zone chairs and all club presidents. This letter is to be given to community schools in order for them to find students that have diabetes that may be interested in going to Camp Kno-Koma this summer. If you have any students with diabetes in your community that may be interested in participating in the diabetes camp at Camp Kno-Koma, please contact me through my contact details listed above. I have attached the letter. So if you know any public, private, or home school students that have diabetes that may be interested in attending please pass the letter along to them.

If you would like me to speak at an upcoming club meeting or conference either in person or virtually, please contact me through the email address found below my name.

Let’s Continue Fighting Diabetes!



Lions Club International: West Virginia 29-I Lions

Brendan Byrne (District 29-I Diabetes Chair)

61 Husk Trail

Berkeley Springs, WV 25411

(443) 974-7160

lionbrendanbyrne@gmail.com

April 19, 2023

To Whom it May Concern,

My name is Lion Brendan Byrne and I am the diabetes chairman for district 29-I. Within our district there is a youth camp for diabetics called Camp Kno-Koma. At this camp, participants get to meet other children and teens with diabetes, have fun doing traditional outdoor summer camp activities such as swimming, fishing, dances, tubing down the Greenbrier River, volleyball, canoeing, archery, biking, crafts, nature studies, talent shows, and evening campfires to name a few, as well as learn about the disease.

Camp Kno-Koma 2023 will be held from July 9th to the 15th at Greenbrier Youth Camp, located in the Monongahela National Forest, near Anthony, WV for children with diabetes ages 7 through 15. Campers cannot be younger than the age of 7 or older than 15 as of July 9, 2023 to be accepted to camp.

As a district, we would like to send some of the students with diabetes within our district to this life changing camp. In order to be able to do this, we are asking if you would be willing to forward this information to all school administrators and nurses to pass along to any student with diabetes that may be interested. If you have any students that may be interested, please have them email Lion Brendan Byrne, Diabetes Chairperson for District 29-I whose email address can be found at the top of this letter.

Sincerely,

Lion Brendan Byrne

West Virginia Lions District 29-I Diabetes Chair

**LCIF DONATIONS --- Make One Today**

We are in the last two months of Lions Year 2022-2023. District Secretaries/Treasurers, Club Treasurers and Individual Lions may have on their schedules to donate to LCIF this current year. If so, please note the following:

USPS post-mark dates DO NOT have any meaning to LCIF. In other words, LCIF does NOT record mailing postmark dates.

Your donations are recorded by DEPOSIT dates at various LCIF drop boxes or LCIF banking institutions. Therefore, it is very important to mail (or submit) your donations in time to be deposited before the end of the current year.

If you, are mailing your donation you must have it in the USPS by June 12, 2023.

If you paying by credit card you should have made the transaction by June 26, 2023.

HOW TO DONATE:

Credit Cards – Donate securely at lionsclubs.org/donate

Checks – Send US\$ checks, **payable to LCIF**, to:

Lions Clubs International Foundation

Department 4547

Carol Stream, IL 60122-4547 USA

Wire transfer

JPMorgan Chase Bank, N.A.

ABA Routing Number: 021000021

10 S. Dearborn St.

Account Name: Lions Clubs International Foundation Chicago, IL 60603 USA

Account Number: 754487312

Swift International Banking number: CHASUS33

Make a Pledge -- lionsclubs.jotform.com/90524105483149

NOTE: All of your donations to LCIF will be recorded as a payment towards a Melvin Jones Fellowship (MJF) or Progressive MJF and must include your District name & LCI number, your Club name and LCI number and if made by an individual Lion – the LION'S name & LCI number.

Thanks to all

PDG Glenn Ryburn

MD 29 LCIF Coordinator

--- *Together We Can*

District Governor
Calendar 2022-2023



Schedule of Events

May

Date	Time	Event	Location
1	6:00 PM	DG Visit w/Moorefield and Petersburg Lions	109 S. Main St, Moorefield, WV
5-7	8:00 AM	MD 29 State Convention	Days Inn, Flatwoods, WV
15	9:00 AM	Hedgesville Lions Club Golf Tournament	The Woods, Hedgesville, WV

June

Date	Time	Event	Location
------	------	-------	----------

July

Date	Time	Event	Location
7-11		Lions Club International Convention	Boston, MA
17-24		World Association of Marching Show Bands	Buckhannon, WV

August

Date	Time	Event	Location
19	12:00 PM	Preston County Lions Clubs Golf Scramble	Alpine Lake Resort, Terra Alta, WV

September

Date	Time	Event	Location
21-23		USA/Canada Lions Forum	Reno, NV

October

Date	Time	Event	Location
20-22		District 29-I District Conference	Canaan Valley State Park & Resort

Reported in April 2023

WELCOME
new members
.....

New Member	Club	Sponsor
Brad Underwood	Bridgeport	John Vash
Barbara Ann Conway	East Preston	
Jonathan D Hoyt	Moorefield	Robert Class
Chasity McBee McGill	Philippi	Valerie Minor
Larry W McGill	Philippi	Millard Minor
William Calhoun	Tygart Valley	Timothy McMenamy
Christopher J Defibaugh	Tygart Valley	James Wallace
Mark A Phillips	Tygart Valley	Jonathan Kyle



With Heartfelt Sympathy

Deceased Member	Club
Juan Fontanes	Berkeley Springs
Craig A Leibig	Bridgeport
George F Quinn	Charles Town
Thomas E Condron	Clarksburg
Millie Brown	Romney
Jeffrey D Cooper	Tygart Valley

2023 MULTIPLE DISTRICT 29 LIONS

101ST STATE CONVENTION REGISTRATION

May 5-7, 2023

Days Inn Conference Center

Flatwoods, West Virginia

Registration Fee \$100.00 per person for full weekend

Hotel Rooms: King \$ 114.95 per night plus taxes, Queens \$101.95 plus taxes

MAKE RESERVATIONS DIRECTLY WITH:

Days Inn Conference Center

1-866-700-7284

Make sure you state you are with the WV Lions State Lions Convention

Room Cutoff Date is April 28, 2023

Names(s) _____

Address: _____

City: _____ State: _____ Zip Code: _____

Club: _____ District: _____

First Time Attendee: Y N

Please list any meal restrictions: _____

Amount Enclosed: \$ _____

Make Check Payable to " Alum Creek Lions Club 2023 MD Lions Convention"

Please mail the check to:

Lion Paul Wheeler, PCC

46 Ranger Lane

Charleston, WV 25309

If any questions please contact Lion Paul Wheeler at 304-746-4415 or email to pwhee71827@aol.com

Event Summary:

Multiple District 29 Lions Convention 2023

Start Date: Friday, May 5, 2023

End Date: Sunday May 7, 2023

Last Day to Book:

Hotel offering your special group rate:

Flatwoods Days Inn Conference Center

101th West Virginia Lions State Convention

Flatwoods, West Virginia

Schedule of Events

Friday May 5

10:00am	Council of Governors Meeting
12:00pm-2:00pm	Luncheon West Virginia Past District Governors
1:00pm-5:00pm	Registration
1:00pm-5:00pm	Certification of Delegates
2:30pm- 4:00pm	WVLSCF Meeting
5:00pm	Banquet - DG District 29-L DG Jay Houser (Cinco de Mayo) Honoring the PDG's of West Virginia MD29 Entertainment – Lion Timothy Wise University of Charleston Lions Club

Saturday May 6

9:00am-11.30am	General Business Session
12:00pm-2:00pm	Luncheon DG 29-C Carla Graley Finch PIP Velda Ross Entertainment -
2:30pm-3:30pm	Club Officer Training
3:45pm- 4:30pm	Zone Chair Training
5:00pm	Silent Auction Ends
5:00pm-5:30pm	Strides Walk
6:00pm 6:30pm	Reception
6:30pm- 9:00pm	Banquet/Awards – DG 29-I Gray Jones Entertainment “Key to Adam”

Sunday May 7

9:00am-10:15am	District Meeting/Election
10:30am-11.30am	Necrology Service
11:45am-1.30pm	Lunch CC Sue Long- Election Results and introduction of Incoming District Officers
1:30pm-2:00pm	Council of Governors Meeting
2.15pm-3:00pm	WVLSCF Meeting



You Still Have Time to Register

We hope you will join your fellow WV Lions in Boston for the LCI Convention July 7-11. Our delegation hotel is the Hilton Back Bay and when you register, please consider staying at this hotel. Lions from more than 120 countries will be attending and celebrating 105 years of service to their communities.



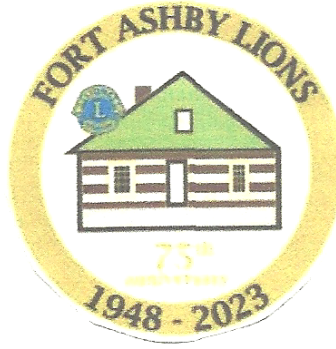
The Boston Convention & Exhibition Center will be the sight of action-packed plenary sessions, seminars, an exciting exhibit hall and the spectacular international show featuring world class entertainment.

During the convention you will have the chance to join fellow Lions from throughout the world who will march side-by-side down the streets of Boston.

Boston is loaded with tons of history and many shops and restaurants. If you like baseball, the Red Sox are in town.

**For more info please contact
WV LCI Convention Chairperson
PCC Al Cox
304-216-5251
anewtc2@aol.com**





Fort Ashby Lions Club
Invites you to our 75th Anniversary Celebration

Sunday, June 4th, 2023

Doors open at 2:00- Come early and share fellowship

Dinner at 3:00

\$25.00 per person

Fort Ashby Fire Hall, Rt. 28, Fort Ashby

Speaker: Steve Glass, Past International Director

Menu: Appetizers: 2-3 Fruit, Cheese, Veggies with dips and crackers

Buffet dinner: 3 p.m.

Salad with Assorted Dressings

Chicken Marsala, Beef Medallions with Caramelized Onions and Balsamic Glaze

Roasted Red Potatoes and Vegetable Medley

Cake for dessert.

Drinks: Unsweet and sweet tea, Coffee and Water

Call Sue Long at 301-707-8503 or email. susanplong51@gmail.com for reservation. Or if sending checks please make out to Fort Ashby Lions Club and send to P.O. Box 988, Fort Ashby, WV 26719

NEED RESERVATIONS BY MAY 20TH

The Lions of West Virginia (MD-29) will be sponsoring a float for the WORLD ASSOCIATION OF MARCHING SHOW BANDS World Championship in Buckhannon, WV July 17th – 24th! Any Club that would like to donate to the float may do so by sending a check to CC Sue Long, P.O. Box 988, Fort Ashby, WV 26719. Please make the check out to MD-29 and note WAMSB in the memo field. For more information about this event, please go to their web page at <https://www.wamsb2023.com/>.



July 17th – July 24th, 2023
Buckhannon, WV



[HOME](#) [TOURISM](#) [ECONOMY](#) [WAMSB HISTORY](#) [CONTACT](#)

WORLD ASSOCIATION OF MARCHING SHOW BANDS

2023 WORLD
CHAMPIONSHIPS



BUCKHANNON 2023

The World Association of Marching Show Bands (WAMSB), an international association dedicated to the fostering and growth of the worldwide marching band community, will be hosting its world championship in the **City of Buckhannon, West Virginia, USA on July 17-July 24, 2023**. This is the first event held in the U.S. in six years and the first time it has been hosted on the East Coast.

WAMSB is comprised of members from 32 nations from around the globe, representing 24 band associations, their bands and visitors. Buckhannon, Upshur County, and West Virginia welcome the opportunity to be viewed on a world stage and we look forward to highlighting the Mountain State.

Visitors will have the opportunity to come together to experience the sounds and visual talent of other cultures and be immersed in the unique art, music, and culture of Appalachia.

The theme of this year's competition is Uniting the World Through Music. The theme rings true by having nearly all corners of the world united in one place for a week-long extravaganza.



Preston County Lions Clubs Golf Scramble



Awards Dinner
after Tournament
Included in
Registration
Fishing permits
available for golfers'
family



Hole-one-prize
\$1,000
Cash Prizes For
1st and 2nd places
For both
Men's & Mixed
Teams

Alpine Lake Resort

Terra Alta, West Virginia

Saturday: August 19, 2023

Tee Time 12:00 P.M.—Noon

Fundraisers

Mulligan	50/50 Tickets
Red Ball	Basket Raffle Tickets
Sandie	Golf Ball Raffle Shot



Registration form at: <https://tinyurl.com/ywidiz59>

Or, scan the QR code for registration form.

Call Jerry Edens for information: 304-290-2420

Join the Lions at beautiful Alpine Lake Resort , enjoy an afternoon of golf and help support their community projects in Preston County.



THE RENO REVIEW



MAY 2023

The Latest News & Information for the Reno 2023 USA/Canada Lions Leadership Forum

LIONS BLING IN THE FORUM STORE

TOM GREGG, FORUM STORE CHAIR

My host committee counterpart, PDG Gary Wong from MD-4 California, and I are preparing the store with Forum and Lion items for your shopping needs. The Forum Store will be in the Reno Ballroom, along with the Exhibitors and Forum Sponsors. The Reno Ballroom is about a half block from The ROW complex.

We have invited four vendors to participate and provide merchandise for the store. The invited vendors are Lions International Supplies, Blue Frog, Johnson City Ties and Whimsical Practicalities. Two of our vendors, Blue Frog and Lions International, have confirmed their participation. As usual, we will have a variety of merchandise for you to purchase, ranging from Lions jewelry to clothing in a variety of styles. One new item for purchase this year comes from an idea based of the Forum's location in Reno. We are

offering a Reno Forum themed poker chip for sale, a picture of which is shown below:



While they CANNOT be used in the casinos, we think they would work well as Challenge Chips to reward or motivate Lions back in your home districts. The cost of the chips will be \$2 each or 5 for \$8.

Exhibits and the Forum Store will have the same operating hours:

Wednesday Set-up 8:00 AM to 5:00 PM. Volunteers welcomed.

Thursday 8 AM to 9 AM Differing Abilities attendees
9 AM to 5:00 PM All Attendees

Friday 8 AM to 11:00 AM and 2:00 PM to 5:00 PM

Saturday 8 AM to 11:00 AM and 2:00 PM to 3:00 PM
Pack up 3:00 PM until finished

PDG Gary Wong is coordinating the volunteers needed to ensure a great shopping experience. If you plan on arriving to the Forum early or can stay later Saturday, we need your help. Many volunteers are needed on Wednesday to set up the store and to count the merchandise for the vendors. Saturday when the store closes, volunteers are needed to count merchandise and help to prepare items for shipping. We also need volunteers during open hours to be cashiers and fill out purchase slips for the store shoppers. If you would like to volunteer, please contact me at tomgregg1@verizon.net and I will provide you with PDG Gary's contact information.

If you would like to see a particular item carried in the store, let me know that as well, but no later than the end of May.

We look forward to seeing you in Reno this September and to fulfilling your Lions shopping needs.

A MESSAGE FROM OUR GENERAL CHAIR

JAMA WAHL



Every Lion needs some Lions' bling. Where's the best place to find that bling? The Forum Store in Reno. The store will be open on Thursday, Friday and Saturday of Forum week. Besides the bling, there will be items on sale for

individuals, clubs and districts. Now is the time to make your shopping list. Staffed by our wonderful volunteers, the store has everything you need!

And, if you have not already registered, please get that done before the last day of May. The registration fee goes up June 1.

We want to see you Reno!

Up and Away with Leadership

Jama

Happenings Around the District

The Shepherdstown Centennial Lions Club recently recognized their International Peace Poster winner, Paula Tremba, an art student from Shepherdstown Middle School. Past Club President and Membership Chair Michael Scholl and Club President Cheryl Roberts flank Paula in the photo to the right.



Student officers of Page Jackson Elementary School (Grades K-2) decided to collect eyeglasses. Early in April, they gave them to the Shepherdstown Centennial Lions Club. Pictured below are Lion Mike Scholl, K-2 students, and Lion Kathy Scholl.



The Clarksburg Lions Club finished their Flag Day presentations for the 2022-2023 school year. Shown to the right are Lions Nancy Stinard and Al Cox with Mary Beth Martino and her class at Saint Mary's Grade School





Lions Randall Lynch, Betty Waddy and Al Cox at Emmanuel Christian School

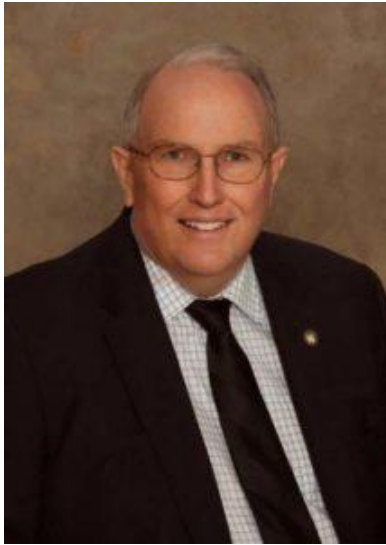
Clarksburg Lions Al Cox and Patty Flanigan were on hand to help the Doddridge County Lions assist Health Access and the WVU Eye Institute conduct their first eye exam clinic.



The Zone 8 Lions Clubs project involved 6 clubs donating gift cards to WVU Children's Hospital was a huge success. The cards are to be given to families of pediatric patients who are treating at WVU Children's Hospital for various blood disorders and cancer. A presentation ceremony was held at Brickside Gille on March 29th. Cards totaling a value of \$2690 were presented to Anita Graham, WVU Program Coordinator. The Clarksburg Lions Club and members gave 34 gift cards valued at \$900. A great big "THANK YOU" to the Lions who purchased cards.

Representing the Clarksburg Lions at the ceremony pictured below with Anita Graham are: Helen McCarty, Patty Flanigan, Warren Wilson, Cindy Glass and Al Cox.





Remembering Dr. Tom Condon

Lion Dr. Thomas E. "Tom" Condon, one of Clarksburg's long-time members, passed away on March 22nd. He was a much loved and dedicated Clarksburg Lion who was always supportive of their activities and attended as many meetings as possible during his bouts with health issues. When it came to contacting businesses to get gifts and certificates for our door prizes, he was a champion.

Tom joined the Clarksburg Lions Club in August 1975 about the time he began his dental practice in Clarksburg. Tom's wife, Ellen is a member of the Harrison County HOPE Centennial Lions Club. After going through the vice president positions, he served as Club President in 1992-93. He also was honored by receiving a Melvin Jones Fellowship in 2005 and a Leonard Jarrett Award in 2014.

Our condolences, thoughts and prayers are with Ellen and the Condon family during this difficult time. Lion Tom will be missed by all who knew him. May he rest in peace!

On April 6th, I visited with the Clarksburg Adamston Lions Club where Club President Tim Criss presented me with a Certificate of Appreciation!



On April 8th, the Philippi Lions Club held their annual Easter Egg Hunt.

They prepared 9,000 easter eggs, gave 2,000 away to the elementary school and other child-focused organizations, and had 7,000 ready on the field. To the left is a "before" picture, and a "during the action" photo is below. One club member described the results as "the little vultures vacuumed them all up in no time!" (Start to clean-up was less than 30 minutes!) A great time was had by all!





Also on the 8th, the Upshur County High School's Leos Club helped the Buckhannon Lions Club stuff eggs with jelly beans for their annual Easter Egg Hunt!



On April 11th (and nearly every Tuesday) at 12:45, the Clarksburg Lions Club members participate in the Reading Action Program at Nutter Fort Primary School by reading to second grade classes.

On Thursday, April 13th, I was privileged to visit with the Bruceton Mills Community Lions Club. While there, I was honored to Induct Dawn Bolyard into the club. Her sponsor, Susan Moran and Dawn are flanked by me and Club President Jay Shay in the photo.



Club President Jay and I also presented 20 year Monarch Chevrons to (L-R) Lions Vicky Whetsell (and her husband Mark – not shown), and Gerald Stroter. We also presented a 25 year Monarch Chevron to Lion Crystal Thomas.

While there, Lion President Jay presented me with a check and a marvelous Lions Club Tie. Thank you all so much. A most wonderful and active club! They recently did Eye Screenings at Bruceton Schools Resources Fair, did them at the school on April 18th, attended a Preston County Camp Work Day, are planning a Spaghetti Dinner Fund Raiser, will participate in the All for Him Festival at the North Preston Farmers Club, and are supporting the Preston County Golf Scramble.



On April 17th, I visited with the Tunnelton and Valley District Lions Clubs. While there, I was privileged to help Club President Danny Miller present a 50 Year Monarch Chevron and 50 year plaque to Lion Wayne Miller!



Later, I received wonderful donations to LCIF from President Danny Miller and Secretary John Riley (Tunnelton) and President Carrie Long-Cress (Valley District)!



I had a delightful visit with the Philippi Lions Club on April 18th. While there, I had the pleasure of inducting new Lions Larry and Chasity Gill. In the photo below, they are flanked by their sponsors Lion Dr. Millard Minor and Lion Valerie Minor. Zone Chair Frank Becker and I are to Valerie's right and Club President Tina Mouser managed to hide behind Millard when the photo was taken!



Lion Don White, accompanied by Lion Dr. Millard Minor, is showing the West Virginia 100 years of Lionism pin he was presented as being the longest serving member of the club – 62 years and still going strong!

Club President Tina presented me with generous checks for both LCIF and WVLSCHF!



In sad news, on April 19th, the Philippi Lions Club lost one of our members today. Lion Michael White. Michael joined the Lions Club in 2012 and was a very important part of our "Lion family". He was currently serving as recording Secretary and First Vice President. Michael was always ready to help, he especially liked doing the vision screening and was our "go-to guy" for using the vision screening camera. He was a very active member and he will be greatly missed by all of us. Our hearts are broken. We ask that you keep Michael's family in your thoughts and prayers.

On April 20th, PDG Barb Fishel posted on the Facebook page for the West Virginia School for the Deaf and Blind, that “During the Spring, WVSDDB residents have many opportunities to take part in a variety of leisure and fitness activities in the evenings. This week the residents learn how to make candy, have opportunities to take nature hikes, take part in recreational sports in the gym, and practice their skills in town by visiting restaurants and stores.” You can see more photos and follow them on Facebook at [WestVirginiaSchoolsForTheDeafAndTheBlind](https://www.facebook.com/WestVirginiaSchoolsForTheDeafAndTheBlind).



Many of you may not know that Lion Brendan Byrne, our District’s Diabetes Chairperson, is not only the Berkeley Springs Lions Club’s President, but he’s also the faculty advisor and one of the founders of the Leo Club at Western Heights Middle School, a Magnet School for Arts Integration, in Hagerstown, MD. He’s shown here with his wife Patti (also employed at Western Heights Middle School) at Ocean City, MD, site of the MD-22 Convention.

On April 21, 2023, at that Convention, his Leo Club President, Alexis Mallow, was awarded the prestigious International Presidents Award from Lions Club International for her exemplary leadership. For those that do not know, it is the second highest award given by Lions Club International. It is awarded and personally decided upon by the International President of Lion Club International. Around 200 individuals worldwide who have shown a significant level of commitment to the principals of Lionism and have provided outstanding contributions in the world of service beyond the club and district levels receive the award.

Below, she and District Governor Nadja Munchow are flanked by PID Bruce Beck (L) and PID Richard Liebno.





The Hagerstown Lions Club, sponsors of Brendan's Leo Club, spent endless hours sorting books for students to enjoy. Through this service project they have distributed over 12,000 books to Washington County students. They are providing books for the Super Readers take home libraries so that students can continue their love of reading over the summer months. The Western Heights Middle School Leo Club is proud of their Lions Club sponsor. Great Job HLC!!!

On April 22nd, I was delighted to attend the Wardensville Lions Club's 72nd annual Quartets on Parade. What a fun evening and a great show! Below we see the introduction of a song by the Singing Capital Chorus.



During the Afterglow, an informal party after the show, the singers couldn't help themselves as they sang additional songs at every opportunity, either en masse or as an impromptu quartet!



On April 23rd, the Bridgeport Lions Club posted on Facebook that Bridgeport Lions Club President John Vash welcomed Angela Spatafore, adult services coordinator at the Bridgeport Public Library and Brad Underwood, the newest Lion member at the recent meeting of the Bridgeport Lions. Ms. Spatafore reviewed the many offerings for the month of May including seed offerings and the planting of a community garden behind the library, in addition to a variety of classes.



On April 25th, I visited with the Berkeley Springs Lions Club. While there, I was honored to assist Club President Brendan Byrne in presenting three Hearts of Service Coins and Certificates to Lieutenant Seth Place of the Morgan County Sheriff's Department for continuing his positive interactions with Morgan County youth, Girl Scout Jillian Fortney for her work in providing a place for high school students to deal with regulation of mental health through movement and dance, and Kevin Goode for his leadership at returning the interior of the Berkeley Springs Train Station to its former glory.



On April 29th, I had the pleasure of joining the Inwood-Bunker Hill Lions Club at their Cruise-In. 84 beautiful examples of Detroit Iron graced the parking lot and lots of hamburgers and hot dogs fed the hungry crowd. While there, I also had the pleasure of helping Club President Randy Trenary present a 35 Year Monarch Chevron award to Lion Neil Stuckey, the longest serving and the second oldest member of the club!



Also on April 29th, the Clarksburg Lions Club and the Robert C. Byrd High School National Honor Society picked up litter today on Rt.98 between Chestnut Street and the Nutter Fort city limits. Today was the WV Governors Adopt A Highway Cleanup Day. Shown below, they are putting on reflective vests.



Here, they're geared up and ready to go.

Finally, they pause for a photo op during the project.

Way to go, Clarksburg Lions!



Tennerton Lions Club

2023 Annual Fund Raiser

Drawing Held the First Saturday in November

**FIRST TICKET DRAWN: Savage Arms Axis II Bolt Action Rifle w/Scope
(Combo .270 Win. Black) Donated by Jenkins Ford**

SECOND TICKET DRAWN: Custom Hunting Knife

THIRD TICKET DRAWN: Trail Camera

\$1 per ticket or 6 for \$5



Proceeds to Benefit Tennerton Lions Club Charitable Programs
Need Not be Present to Win

Contact any Tennerton Lions Club Member for a Ticket
or Email the club at tennertonlionsclub@gmail.com

AVAILABLE FOR PURCHASE

DISTRICT 29I DIABETIC AWARENESS PIN

Designed by
Seventh
Grader
Ms. Madison
Burnside
(Buckhannon
-Upshur
Middle
School)



Cost: \$4.00 per pin

To purchase, place orders through the following Google Forms
<<https://forms.gle/5SrjNWYjYL257U1aA>>, contact your local club
president, or contact District 29I Diabetes Chairperson Lion
Brendan Byrne at lionbrendanbyrne@gmail.com



Nexstep Commercial Products (formerly known as Cornelia Broom Company and France Broom Company) – *Exclusive Licensee of O-Cedar* – is now the **One and Only Official Broom Supplier to the Lions!**

Nexstep Commercial Products manufactures high-quality Lions Club Corn Brooms to the same standards the Lions Club have used for over 75 years. The Lions Club Broom Sale has proven to be a major fundraising event that's a very easy way to generate funds.



Contact Information

Lanny Balentine, PDG • Lions Club Sales Representative
Cell: (864) 444-1325 • Email: lbalen1010@aol.com

Nexstep Commercial Products

1450 W. Ottawa Street • Paxton, IL 60957-0071
Phone: 1-800-252-7666 • Fax: 1-217-379-9901
Email: sales@ocedarcommercial.com
www.ocedarcommercial.com



©2016 Nexstep Commercial Products, all rights reserved. Nexstep Commercial Products exclusive licensee of O-Cedar.

Disaster Relief & Recovery

Ukraine continues to need your help!

We're encouraging donations to the LCIF Refugees and Displaced Persons fund. Contributions made to this fund will help ensure that Lions are there to help families find the safety and security they desperately need. LCIF grants have been approved for Poland and other countries receiving Ukrainian refugees.

The Lions Clubs in Ukraine and the surrounding countries are doing all they can to help with the refugees and they need our assistance. We have over 1500 Lions in our District and are asking for support from individual Lions and Clubs. No amount is too small and the need is great!



How Can You Donate?

Please make your check payable to LCIF and on the memo line put your Lion membership number and Refugees & Displaced Persons Fund.

Donations made to this fund will qualify for your Melvin Jones Fellowship Credit.

You can send your contributions to either of the following:

LCIF

Department 4547

Carol Stream, IL 60122-4547

-or-

John Mason

318 Fairview Drive

Berkeley Springs, WV 25411-3403



Lions Clubs International
FOUNDATION

Thank You!

PCC John Mason

LCIF District Coordinator

304-820-7742