



Health Reports: EXAMINATION OF ABLUTION BLOCK AND BOARDING FACILITIES AT GOLDRIDGE COLLEGE

By Lion Dr Patricia Mapanda District Chairperson- Sight Preservation - Awareness and Action. Diabetes & Hearing - Awareness and Action & Health Director Redcliff Lions Club D412 (2014-15)

Dates: 17 July 2014

Goldridge College has a vibrant Leo Club who have donated several sheets, plates and cups to Kwekwe Hospital. Considering how young and considerate they had been as a lion and a member of their school board I organised a group of Infection Control Nurses and myself and other members of the board to go and examine the Boarding Facilities and ablution block.



The Headmaster and the teachers were thrilled by the programme which ensured the health of their children. We found the Boarding Facilities were clean, the beds were well spaced with clean linen. We then took the Infection Control Sister to examine the facilities cleanliness and the Lab Technician from the toilets, bathroom, the dinning room and the coldroom and the foot storeroom.

The findings were as follows;

- All other places were found to be clean except the ablution block which were pseudomonas bacteria which cause urinary infection. The boarding mistress confessed that they had a bout of urinary infection at the school, so we went along and took specimens of urine most of which showed infection after culturing the bacteria at our laboratory.
- The children were treated and they are all well now.
- The Headmaster and the parents were quite impressed and most confessed that Lions could do such a thing for schools.

DR PATRICIA MAPANDA HEALTH DIRECTOR



A. Goldridge College Building Block
B. Bedding at the Boarding house
C. Inspection of ablution facilities at boarding house
D. Infection Control Sister taking swabs for culturing in the laboratory
Same swabs was taken in throughout the boarding facility. Evidence of infection was found in the ablution blocks and children were treated after consultations with parents.



Health Reports: **HEALTH WELLNESS EXPO WITH SABLE CHEMICAL INDUSTRIES AT MANUNURE HIGH SCHOOL**

By Lion Dr Patricia Mapanda District Chairperson- Sight Preservation - Awareness and Action. Diabetes & Hearing - Awareness and Action & Health Director Redcliff Lions Club D412 (2014-15)

30 August 2014

Visitors who came to the stand were 63. 20 were interested in becoming observers. Lions were manning the stand each for 2 hours for the day.



Passion! Passion! Passion!

This was a very interesting day because Majority of Companies were displaying their commodities while the Health Departments were also represented at the exhibition by the Lions of Redcliff, Kwekwe Hospital and Sable Chemical Nurse.

The Sable Chemical company asked me to be Guest of Honour which would give us the Lions time to sensitize the community about lionism. We talked about the importance of educating nurses for our nations, and, infection control at home and at work, we also talked about Tuberculosis, immunisations with special emphasis on measles and German measles. Currently we have adequate stocks of these immunisation, but a combination of the two would be ideal if Zimbabwe would be able to fund it.

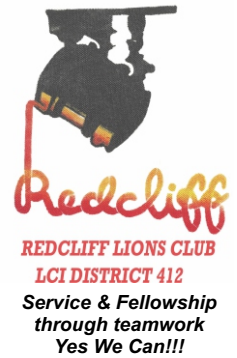
We also talked about Opportunistic Infections Associated with patients with AIDS and how to treat them. We highlighted signs and symptoms of Diabetis Mellitus and the importance of Medic Alert and different kinds of treatment for Diabetis.

Our Central Hospital Parirenyatwa in Harare has just informed me that there would be 2 clinics per month for treating children with diabetis which is quite a major step forward as children are difficult to deal with.

We will also use this time to educate them about who Lions were and most indicated that they were not aware that it was an organisation that actually helps people in rehabilitation of health problems as well as the aged and the orphans.

As Lions of Redcliff we also had a stand of our own which was manned by our President Charity and the prospective lion charity.

DR PATRICIA MAPANDA HEALTH DIRECTOR



Health Reports: **HEALTH WELLNESS EXPO WITH DENTAL SURGEONS AT GOKWE MUTORA MISSION (210KM FROM REDCLIFF)**

By Lion Dr Patricia Mapanda District Chairperson- Sight Preservation - Awareness and Action. Diabetes & Hearing - Awareness and Action & Health Director Redcliff Lions Club D412 (2014-15)

13 September 2014

Our synergistic approach with other non profit organisations and health organisations increases our visibility to the communities we serve.

Number of clients who attended about 400 from 1000hrs to 1700hrs.

Lion Dr Patricia, Lion Dr Shoriwa, Lion RGN Chikangaise and Lion Observer Ruth were in attendance. The rest were dental surgeons and technicians who were doing teeth extractions and fillings. While the lions were copying with all other health activities as follows:

- Screening of blood pressure of a 100 patients. 10 where found with blood pressure ranging from 160/110 to 180/120 mmHg and were referred to the hospital for admission.
- Sugar screening was done to only 15 patients dueto lack of Dextrostix and one patient was found with very high sugar and was actually admitted as well.
- Body Mass Index was also done and one patient was under weight and 5 were obese.
- Eye screening was done to 40 patients of all ages and one patient had cancer of the left eye and was referred to the Central Hospital in Harare.

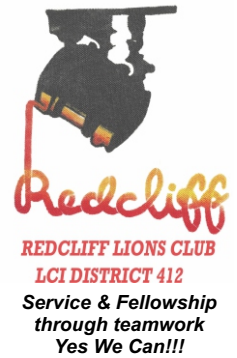
Health education was given on the following topics:

- Nutrition
- Diabetes
- Malaria which a pandemic in Gokwe
- Ebola to sensitise the patients as we they might have relatives coming from infected countries though no cas has been reported in Zimbabwe to date.

All patients were given a tooth brush and a packet of colgate and Lions assisted in showing them how to brush their teeth correctly.

These activities are branding Lions as more companies and our communities increasing Lions Brand.





Health Reports: HEALTH SOCIAL RESPONSIBILITY FOR THE WORKERS AND SENIOR STAFF OF ZIMBABWE ELECTRICITY TRANSMISSION AND DISTRIBUTION COMPANY

By Lion Dr Patricia Mapanda District Chairperson- Sight Preservation - Awareness and Action. Diabetes & Hearing - Awareness and Action & Health Director Redcliff Lions Club D412 (2014-15)

Date: 8 August 2014

My Motto as a Health Chairperson is to visit schools and companies and to attend to their Health Problems and giving them health education in a symposium style. Where possible we go as Lion alone or do a joint venture with other health organisations such as Junior Chamber International and Soroptimist with the support of different cadres from Kwekwe General Hospital so that we can do some tests as well as deliver many health talks. As we start we say Your Health is your concern and Your Health is Our Concern!!!!!!



The total number of people we attended to were about 200 who received health education and information in the following;

- a) Diabetes
- b) Cancer of the Cervix
- c) Cancer of the Prostate
- d) Health and nutrition
- e) TB and HIV.

The following investigations were done;

HIV tests and were surprised how very willing they were to be tested including Senior Personnel. We tested 40.

- We also did 20 Diabetic tests and had to referred 2 who had very high sugars.
- We also did Blood Pressures and calculated BMIs. They were about 10 Hypertensive patients and 5 very Obese and 5 who had low BMIs. The company managers were very excited and asked us to design a healthy diet lunch for their workers. They also promised to give fruits as well at lunch for their workers which they demonstrated that afternoon.
- The managers and their peer educators had indicated that its symposium would last from 0900 hour to 1100 hours but because they realised the benefit to their workers of these health talks they asked us to continue and we finished at 1700 hours.

DR PATRICIA MAPANDA HEALTH DIRECTOR