

The 4-L4 Forum

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Dear Lions, Leos and Friends:

As I am writing this article, I am still on a high from our Third Cabinet Meeting held on January 23rd. This was our annual meeting where we honor our Past District Governors and what a wonderful turn out we had from this elite group and it was great to see all of those "yellow" jackets! Thank you so much PCC Ed Bordenkircher, PDG's Elizabeth Warren, Jon Casteel, Jack Luellen, Barbara Hayward, Jim North, Chuck Overbey, Dan Mayer, Ellen Liebherr, Mike Scheafer, Lowell Sneathen, Kevin Evans, Kurt Vanderwest, Matt Hunyadi and Micky Scholte for attending, giving 4-L4 a chance to honor you and thank you for your service and all you do for our District. You are indeed very special and great leaders.

In addition, Huntington Beach Host Lion Scott Quinlan and I had a chance to present a gift and Certificate of Appreciation to the following outstanding Lion and Leos for their participation and contribution in assisting the Blind and Sight Impaired Lions White Cane Drill Team as they marched in the 2010 Rose Parade: Lion Kristina Stewart of Upland Host Lions Club, Leos Vivian and Mabel Tsui from Troy Leo Club, Leo Brendon Chan, Leo Adeel Mohammadi and Leo Dominick Bell from Diamond Bar High School Leo Club and Leo Kalia Asato from the brand new Leo Club Marina High Leo Club. Also receiving a special award from District 4-L5 PDG Al Andrews was Lion Jeff Carroll of the UCI Lions Club for all of his assistance in helping several individuals residing within District 4-L5 receive much needed hearing care. My special thanks to Region Chair Pete Badame and all of his team for making this cabinet meeting such a success, and to you Cabinet Secretary Beverly Bell for helping me with the Agenda.

In January, we held our GMT Extension Workshop and work has begun in forming two new Lion Clubs--Westminster Breakfast Lions Club and Garden Grove Multi-Cultural Lions Club. Also in the formation stage is a Special Olympics of Orange County Lions Club. My thanks to 1st VDG Norm MacKenzie, 2nd VDG Ken Sherwood and MERLO Extension Chair Leonard Gleason for making this GMT Extension Workshop a reality, to Region Chairs Ken Myers and Carol Van Holt, Foothill Zone A Chair Sheila Casteel, Harbor Mesa Lions Club President Sue Seager, along with Norm, Ken and Leonard, for taking part in the workshop, and to those who took part in the Guiding Lion Training--1st VDG Norm, 2nd VDG Ken, PDG Barbara, Region Chairs Carol and Ken, Extension Chair Leonard, Foothill Zone A Chair, Sheila Casteel, Lions Scott Quinlan, Mark Piva, and Pomona Host Lions Club President Gil Smith . Even though our work is just beginning, 4-L4 is definitely on its way to building up its membership and we need all of you to continue to help your own club grow by getting those new members and retaining the members you currently have.

Many, many thanks to IPDG Elizabeth Warren and her committee for a fabulous Melvin Jones Dinner and celebration. Congratulations to all of you new and progressive Melvin Jones recipients.

The month of February brings us the MD-4 Convention, Lions Flag Days, the commencement of Club Student Speakers Contests and the Ensenada Cruise which will be the 51st Visitation to the Ensenada Lions -- the longest standing International Visitation in Lions history. What fun and camaraderie of Lions it will be when we set sail!

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A 7.0 earthquake devastated Haiti on Tuesday, January 12, with continuing aftershocks. Lions around the world are responding generously and quickly to the LCIF designated fund for this disaster.

Lions Hope for Haiti has mobilized more than US\$1.2 million to date. Lions Hope for Haiti is Lions and LCIF working together to provide relief and hope for the people of Haiti. Donations are continuing to pour in from individuals, clubs and districts.

LCIF is working directly with Lions of Haiti as well as Lions in neighboring countries to assess the immediate needs and also develop a long-term reconstruction plan. An initial truckload of relief supplies has been transported by Dominican Republic Lions to Haitian Lions and Leos, and supplies were distributed to an orphanage and hospital. Two hundred tents are being set up for victims and relief workers to establish a Lions tent city.









I WANT TO REMIND THE CLUBS WHO WERE REPRESENTED AT OUR CABINET MEETING (AND INFORM THOSE WHO WERE UNABLE TO BE THERE), THAT IT WAS AGREED THAT ALL THE CLUBS IN 4-L4 SHOULD TRY TO SEND A MINIMUM DONATION OF \$100 TO LCIF FOR THE RELIEF EFFORTS IN HAITI.

The donations should be made directly to LCIF in Chicago. Indicate on your check that the money should be designated for the "LCIF Haiti Earthquake Relief Fund" - Lions Help for Haiti. Remember that 100% of the money donated to LCIF goes directly to help the people of Haiti. It is not used for administrative purposes.

PLEASE INFORM DG JUDY AND MYSELF OF ANY DONATIONS THAT YOU MAKE SO WE CAN KEEP TRACK OF THE GENEROSITY OF 4-L4.

THANK YOU IN ADVANCE,

IPDG ELIZABETH LCIF DISTRICT COORDINATOR FOR 4-L4



1st Vice District Governor's Corner

Norm MacKenzie

It's that time of year when the sitting Vice Presidents need to be putting their 2010-2011 Strategic Plan together with a mandatory element, Club Membership Plan. Keep in mind the six P's; **Proper Prior Planning Prevents Poor Performance** while creating your club strategic plan.

It seems that in the past this was a missing element in most club plans. In order to insure a healthy club for the future, Club Presidents need to establish a committee specifically for increasing membership. The committee should consist of a least three members, including the Membership Director. Enlist Lions who are knowledgeable about Lions Clubs and are enthusiastic about helping your club to grow. Contact District Membership Chairman Dave Hubbard for a copy of the Lions Club Membership Plan that he handed out two cabinet meetings ago that contained seven ideas you could use in formulating your plan. Clubs that do not have that copy can contact him email by dghubbard@earthlink.net.

I'd like to point out that the Lions Club Membership Plan has a canvassing element in it. I experienced that element during the GMT training conducted January 11-13. The teams spoke to and collected 69 business cards in Garden Grove for the new club and 39 in Westminster. This is a fun activity. If a club does this one afternoon or morning a month, you will always have new faces at club meetings. The MERLO Team will come to your club and provide the training consisting of class-room work in the morning and canvassing in the afternoon.

I would also like club Vice Presidents/President elects or Presidents to submit to me by email @ norm.mackenzie@cox.net how many new members your club plans to recruit by no later than April 1st. I need that information so that I can put my Action Plan together that I submit to LCI on my goals for 2010-2011. The District MERLO Team recommends that clubs set a minimum goal of a NET +2 members.

While you are working on your Strategic Plan, also remember to add a Public Relations element based around The "I's" Have It! There are seven I's; Image, Internal, Information, Interaction, Involvement, and Inspiration = Impact.

Image – Public Relations is about the image that your club portrays in your community. This image impacts not only your club, but clubs in the area as well. Remember that individuals looking to join an organization want to join one that is active, making a positive impact in their community.

Internal – Public Relations starts within your club. How do you treat individuals that are guests at your meetings? Do you insure introductions are done? Do you have them sit where they feel welcomed? Do you create an atmosphere of openness? Do you talk about projects and what you hope to accomplish? Do you include them? If they are the guest speaker, do you recognize them?



Growth Management Training
From L to R: Back Row - Leonard Gleason, District Extension
Chair and President of the HB Host Lions; Carol Van Holt,
Saddleback Region Chair; Lion Mary Michaelis, Lions
International GMT consultant; 2nd Vice District Governor Ken
Sherwood, Foothill Region Chair, Lion Ken Myer, Front row District Governor Judy Schnitzer and Foothill Zone A Chair,
Sheila Casteel.

1st Vice Governor Report (Continuted).....

Information – Public Relations is providing information to the membership, District, Lions Clubs International and the public that is factual and accurate. Remember that information is the key to understanding.

Interaction – Public Relations is how you interact within your organization. When you interact as a group and everyone feels their views are heard, you are less likely to have "cliques" form and that can become a detriment to the organization. Treat people with respect, tolerate nothing less.

Involvement – Public Relations is about involvement. Lions want to be involved in their organization whether in the decision making or the fundraising. Remember to give every **LION** the opportunity to serve. Also remember that in today's changing society, that many of your members have many commitments outside of **LIONISM**. Use their strengths, the skill sets that you need to assist you to meet your goals – whether they are membership, sight projects, diabetes projects or a specific need in your community.

Involve-Involve-Involve!!!!!

Inspiration — Public Relations is about the art of inspiring individuals. It is the ability to inspire them to achieve their goals while at the same time helping those who are a little less fortunate along the way. Inspiration is giving hope that we can impact our communities and the world to make it just a little bit better. Inspiration is taking the time to talk about LIONISM and what being a LION really means. Inspiration is making people feel good about who they are, what they are doing and giving them purpose. INSPIRATION is LIONISM at its utmost. As Lions we touch the lives of many people inside and outside our organization and inspire them to look at the good they can achieve by joining a Lions Club.



The Second Opinion 2nd Vice District Governor

Ken Sherwood

Certified Guiding Lion training. Global Membership Team. Canvassing for charter members to start a new Lions club (or two). Senior Leadership Institute-Coalinga. 3rd cabinet meeting. Assorted Lions club meetings. More phone calls than a telemarketer. Student Speakers contests. MD-4 convention in Riverside (I'm commuting). Did I go to work this week? Work occasionally gets in the way of Lionism. I'll have to give up work!

District 4-L4 graduated 12 new Certified Guiding Lions at a workshop conducted by Lion Mary Michaelis from Phoenix AZ, the representative from the Global Membership Team.

We (a slightly different group) then had three days of training with power point presentations, and canvassing for new members to start a new Lions club, in the afternoon.

Coffee was already waiting when we arrived at the Garden Grove Lions clubhouse each morning. Lion President Steve Diaz of GG Lions opened the building, made coffee, retrieved our materials and went to his job, returning on call to secure the building in our absence. Kudos Lion Steve and many thanks. And to the Garden Grove Host Lions club for the use of the clubhouse.

The success of the extension team will come with the start of a new club.

The Senior Leadership Institute was a great learning experience. We had excellent presenters and were provided with the latest reference materials for future use. I recommend the Institute to all Lions leaders or anyone who wants to know more about LCI.

The 3rd cabinet meeting was PDG appreciation. It was the best PDG attendance in my memory. Governor Judy charmed them into coming and very few regretfully missed it. Cabinet meetings are becoming like our dear governor, "Short and Sweet". Come to the cabinet meeting Sunday, April 18, 2010 at the Coast Mesa Country Club. Enjoy the District Student Speakers Contest (this one's for a scholarship) and see for yourself.

On to Riverside for the MD-4 (state) convention and the third Council of Governors' meeting.

Sponsor a new Lion.
Don't refuse.



Hearing & Speech Action News

By Chairman Keith Campbell

SOUND ADVICE...

Here is a fact that we all must face – Age-Related Hearing Loss. With thanks to the FDA Consumer magazine, I will summarize the article, "Sound Advice about Age-Related Hearing Loss."

About 1 out of every 3 U.S. adults between the ages of 65 and 75 has a hearing loss (compared to 1 in 10 in the general population). After age 75 it's about half of the population. So, that's what we can look forward to.

Called "presbycusis", it progresses so slowly that most people don't notice any changes until well after age 50. About then you can expect to be reminded by friends and family that something isn't quite right. It is most commonly caused by gradual changes in the inner ear. And that's also where noise damage occurs to the cochlea's hair cells that convert sound vibrations to electrical signals to the brain. Other factors include heredity, various health conditions and the side effects of medicines, such as aspirin and certain antibiotics.

Also, hearing loss is sometimes a conductive disorder caused by abnormalities of the outer ear or middle ear. This may include reduced function of the eardrum or the three tiny bones that carry sound waves from the eardrum to the inner ear. Common symptoms include sounds of mumbled or slurred speech, difficulty in distinguishing high-pitched sounds and understanding conversations when there is background noise. Tinnitus, a ringing, roaring, hissing or other sound may occur in one or both ears.

There is no way to reverse age-related hearing loss. Hearing aids are the main stay of treatment; get a proper diagnosis, since hearing loss may be a symptom of a more serious medical condition. Technology can provide a myriad of helpful assistive listening devices (ALD's), such as amplified telephones, FM and infra-red wireless devices for voice, movies and TV, loop systems for large groups or noisy rooms. Lip reading and speech reading may be an option for severe losses.





BLIND DRILL TEAM ROSE PARADE EXPERIENCE

By Carol Van Holt Saddleback Region Chair

What a thrill it was to watch the Rose Bowl Parade this year! Goosebumps and misty eyes as we watched the Blind Drill Team with Leos and the beautiful Lion's float,

Followed by the blind high school band, marching along Colorado Boulevard in Pasadena.

I asked Lion Diane and Lion Scott Quinlan to send me information about the experience of being a part of this world famous parade so I could write an article about it. What a nice surprise when I got the account written by Lion Diane, with input from Scott. I am going to quote it here almost word for word. Perhaps that's cheating a bit, but you will see why I didn't want to leave anything out. Here you go:

"We awoke at 4 a.m., cold and half asleep, we realized today was the day, the day we get to march in the Rose Parade! We met the rest of the group to await the bus, which was on the road by 5:30 A.M. Everyone was chatting about what they thought the day was going to be like. At that moment, I realized how proud I was of what we had accomplished and how far Scott had come since we realized he was going to lose his sight. It was a happy/sad feeling.

We got off the bus and walked down the street which was filled with people getting ready to march. We reached the Lions float. The security tape was lifted for us and we lined up in front of it. WOW, we really were in the <u>Rose Parade!</u> Up to that moment, I was cold, but now I was so excited with anticipation and expectations, I forgot about the cool weather. It was all surreal and like a dream come true. The crowd on one side was yelling, "Ducks" and the other side yelling "Bucks." People were cheering, blowing horns and wishing us "Happy New Year."

It was time to march, 8 a.m., time to show our Lion's Pride. As we marched down the boulevard, I kept an eye on the Drill Team, afraid they would trip and fall. On my right I saw the Leos smiling, waving excitedly and it hit me I was marching in the Rose Parade with my husband right in front of me! I looked at the faces of the crowd, adults and children, cheering and waving at us. A woman who was sitting on the curb began to cry when she saw us. That shook me up and I blinked back a tear of my own. I was so proud of my husband and felt so grateful that the Lions had given the drill team this opportunity. The crowd's reaction was wonderful and I felt ten feet tall. I never realized how many people are at this event. They sit on roofs, windowsills, sidewalks, and the lucky ones, in bleachers.

When we got the word to exit the parade, it was disappointing to not be able to do the whole route. The officials thought because some of the drill team was over 65, that they were not in shape to do it all. (Not because of blindness, mind you.)



HUNTINGTON BEACH HOST LION SCOTT QUINLAN, 6TH FROM LEFT

The bus ride home was with mixed emotions, happy, sad, etc. We were so proud of what we had just been a part of, proud to show the world our Lion spirit and what team work can accomplish, but sad that some of the crowd could not see us....well, maybe next year! Everyone agreed, next year we will do the entire parade route.

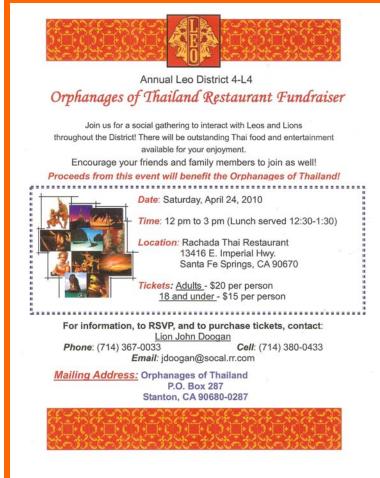
And the fun continues. The Drill Team is off to its next adventure, marching in the Guide Dogs of the Desert graduation and we have an invitation to participate in the Big Bear Founders Day Parade in June, again with a Lions float."

Lion Dianne Quinlan Secretary of Hunting Beach Host Lions

I must thank the Quinlans, not only for this article but for being such fantastic, enthusiastic and wonderful Lions.

•	Laguna Niguel Lions Club 6th Annual Golf Tournament El Niguel Country Club				
	23700 Clubhouse Drive, Laguna Niguel, CA 92677				
	Monday, March 22, 2010 \$175 per Golfer \$700 per Foursome				
	12:00 Noon Shotgun Start 4-person Scramble Tasty Deil Lunch "Spectacular Steak & Chicken BBQ Dinner" Auction – Raffle – Prizes				
***Registration deadline: <u>March 15, 2010</u> ***					
Contact	Tel				
Address					
Email address					
Name on Card					
Card #	Expiration Date				
Card Type	Signature				
Go Go	olfer 1 olfer 2 olfer 3 olfer 4				
Mail or fax to:	Laguna Niguel Lions Club P.O. Box 6848 Laguna Niguel, CA 92607 (949) 215-3051 Tel (949) 215-3049 Fax				
	Golf Attire - No denim				





HARBOR MESA LIONS CLUB



LUCY & ETHYL'S BINGO PARLOR

MONDAY, MARCH 1, 2010, 6:30 p.m.

COSTA MESA COUNTRY CLUB 1701 Golf Course Drive, Costa Mesa

COME VISIT US FOR A FUN EVENING OF DINNER, BINGO, AND LOTS OF LAUGHS, **SURPRISES AND PRIZES!!**

COST: DINNER, \$18 -BINGO CARDS \$5 each, three for \$10

RESERVATIONS (Deadline 2/22): Call Lucy (Lion Carol) 714-962-0265 Or e-mail: clion93@verizon.net



ORANGE COUNTY CENTRAL LIONS CLUB 25TH ANNUAL CHARITY * **GOLF TOURNAMENT**



Meadowlark Golf Club 16782 Graham Street Huntington Beach, CA 92649

MONDAY, APRIL 26, 2010 - 11 A.M. CHECK IN - 1 P.M. TEE TIME

Your registration includes golf & cart, barbecue lunch, free range balls, goodie bag, free beverages on the course, \$5,000 hole-in-one contest, dinner, awards, raffle prizes, and a silent auction. Tournament format: shot gun start, 4 person scramble.

REGISTRATION FORM Single or Team Contact: I would like to support the Orange County Central Lions Club Charity Golf Tournament at the \$900 Corporate sponsor (includes golf & dinner for 4, banner, and tee sign) □ \$900 Corporate sponsor (includes golf & dinner for 4, panner, and tee sign)
□ \$150 hole-in-one sponsor □ \$75 tee sign sponsor □ I will donate a raffle prize To enter your team, please complete below: player #2 player #3 Individual Golfer Fee: \$125 - Dinner Only: \$40 EARLY BIRD ENTRIES RECEIVED BY MARCH 15TH \$110
Corporate Sponsor \$ Hole-in-one Sponsor Tee Sponsor Individual Golfer (s) Dinner only Total amount enclosed Check, made payable to the Orange County Central Lions Club credit card account number Mail completed registration form to: OCC Lions Club, P.O. Box 6592, Orange CA 92613-6592 for additional information contact: Phil Barnecut @ (714) -923-9513 or Larry Young @ (562) 698-5022

* 100% of all net proceeds of the tournament benefit our Lions Club Charities



SUPER SADDLEBACK REGION REPORT

REGION CHAIRMAN CAROL VAN HOLT

This is the month of hearts and candy, valentines and some of us enjoying an extra day off to honor our great presidents. It is also the month of listening to our Student Speakers Contests and appreciating our youth's ability to convey their ideas to us. The subject of the speeches is Health Care, a hot topic, not only politically but of utmost importance to our aging population. Zone "A" will have their Student Speaker's contest on March 8, 6:30 p.m. at the Newport Mesa Unified School District Office in Costa Mesa. Three clubs will participate, Huntington Beach Host Lions, Costa Mesa Newport Harbor Lions and the Harbor Mesa Lions. Lets all support the contests and cheer these young speakers on!

My apologies to the Mission Viejo Lions for excluding their information in last month's Forum. I promised President PDG Danny Mayer I would give them top billing this month. They have shipped 1,772 used eyeglasses to Lions In Sight since July 1, and have a goal of 4,000 to 4,500 by year's end. They had four schools participating in the Peace Poster contest, thanks to Lion Mickey Scholte. Lion Mickey has been ill but is on the road to recovery. He is one of those "behind the scenes" kind of guys, silently working and dedicated to Lionism. The club truly appreciates all he has done and I am sure I can speak for all of us, saying "Thanks, and Get Well, Lion Mickey!"

Lion Lori Mayer came up with a new idea for the kids at the annual Mission Viejo City Hall Christmas event. She designed little sponge-like candy canes that the kids could decorate with a plethora of items. The end result was a big hit with over 200 kids participating and being one of the most popular booths. Good job Lori, not only was it a great idea but it got the community involved with Lions! Another success for the club was the Sees Candy sales, although PDG Danny admits to eating more than he sold!

San Clemente Host Lions will be participating in the San Clemente Parks and Recreation Carnival Colossal Event in April by selling pizza, soda and water.

Laguna Niguel Lions will hold their annual Golf Tournament on March 22. They will have their Student Speaker Contest on February 17, 12 Noon.

Harbor Mesa Lions had eleven members at the recent Cabinet Meeting with one First Timer, Lion Lynn Ruiz. This earned Lion Lynn her "Proud Lion" award; congratulations to her and her sponsor, Lion Maureen Coffey. The club is planning a "Fun Raiser" bus trip to see the "Dr. Phil Show on February 8th and gearing up for their annual "Lucy & Ethyl's Bingo Parlor" on

Rancho Cucamonga Optometric Center And Cucamonga District Host Lions Club Sip For Sight Saturday, March 13, 2010 at 6:00pm Antonino's Ristorante Italiano 7945 Vineyard Ave., Ste. D-7, Rancho Cucamonga For More information contact: Jim Peugh at 909-948-5150 Menu Reception: Prosecco Birilli-Zardetto, Italy Appetizer-Stuffed Red Pepper with Italian Sausage/Albarino-Licia, Spain Bowtie Pasta in pesto sauce & sun dried tomatoes/ Pinot Noir-Robert Skalli, France Salmon w/ herbal sauce/Chardonnay-Grant Burge Barossa Valley, Australia Chicken Sorrentina / Cabernet Sauvignon-Napa Cellars, Napa Dessert: Surprise! / Riesling Auslese-Schmitt Sohne, Germany Proceeds Benefit Local Lions Charities and tional Charities & Disaster Relief Efforts Vision support for school age children, and others.
Scholarships for local students encouraging community s
Lions Student Speaker Contest scholarships which prome
stimulate innovative thought on current public issues Help local charities including G.A.P. Food Bank, and Santa Claus Thank you for your support. Phone Name/s Mailing Address Email Number of Tickets x \$75 for Total of I would like the tickets;

Mailed

Delivered

On V

Make checks payable to Cucamonga District Host Lions Club, PO Box 182, Rancho Cucamon Call to place order by phone with Credit Card. Call Jim at 909-948-5150 Tickets are non refu

SADDLEBACK REGION REPORT (Continued).....

March 1. They recently donated 500 small toys and stuffed animals to Spencer's Treasures, served lunch at Ronald McDonald House and collected clothing for "Women Helping Women."

Huntington Beach Host Lions not only cooked a great lunch of chili, hot dogs with toasted buns, Mac 'N Cheese, fruit salad (I am getting hungry as I write this!) and special cookies by Lion Scott at the Ronald McDonald House; they also donated a new set of knives to the kitchen. How sharp! The Marina High HB Leos will be chartered in the next month. New Lion, Mark Piva was inducted as president of the branch club. Watch it grow! Things are getting a bit "fishy" with the club as they prepare for their annual "Crab Fest" on March 28. Save your appetite for this event!

Do you remember when an actual person answered when you dialed "O" and you said, "Information, Please." That is my request of all Saddleback Clubs, please send me your reports and information so I can include your club in my next article.

A big Lion Hug to you all, have a great Valentine's Day, Lion Carol Van Holt



MELVIN JONES DINNER

By Leo Brandon Chan Director of International Publicity (DoIP) Diamond Bar High School Leo Club

On January 16, 2010 District 4-L4 held their annual dinner honoring all Melvin Jones Fellows at the Costa Mesa Country Club. The keynote speaker was Past Council Chairman and MD-4 International Director candidate Bob Smith from Sacramento (4-C5). Immediate Past Governor Elizabeth Warren and her committee did a good job organizing the dinner. There were 15 new and progressive Melvin Jones Fellowships presented. Congratulations to all 15 Lions!

CONGRATULATIONS TO OUR RECENT MEVIN JONES FELLOWS

Brea Walt Tees

Ed Salinas

Harbor Mesa Lisa Knowles

Huntington Beach Host Leonard Gleason

Dick Sklar

La Habra Host Mark Sturdevant

Bill Kenney

Dick Prescott

Ontario-Upland Joyce Shaw

PROGRESSIVE DIAMONDS

Seal Beach Karen Russell (1)

Renee Schulte (2)

Carol Linehan (2)

Jackie Maloney (4)

Chino Valley Beverly Bell (2)

Ken Bell (11)

Diamond Bar Breakfast Jack Tanaka (3) Buena Park Noon Bill Wewer (6)

Tustin Host PDG Lowell Sneathen (3)



Leos Honored at District Cabinet Meeting

By Leo Brandon Chan

Six Leos from District 4-L4 were recognized by Governor Judy Schnitzer at the District Cabinet Meeting on January 23.

Leos Brandon Chan, Adeel Mohammadi and Dominic Bell from Diamond Bar High; Leos Mabel Tsui and Vivian Tsui from Troy High; and Leo Kalia Asato from Marina High all marched in the 2010 Tournament of Roses Parade in front of the Lions Club International Float and behind the Tustin Blind Precision Marching Drill Team providing them assistance. Lion Scott Quinlin from the HBH Lions Club and a member of the White Cane Drill Team assisted Governor Judy with the presentations.



Teen Recognition Program Honors Students

By Leo Brandon Chan

On Saturday, January 30 our District held their Teen Recognition Dinner to recognize, support and reward teens for their efforts in volunteerism in promoting a drug, alcohol and tobacco free lifestyle. Students were honored with cash rewards and presented certificates of recognition from their local, state and federal representatives. The guest speaker was Deputy Mark Yriarte of the S.T.A.R. Progran with the LA County Sheriff's Department.

Receiving award this year were:

- Leo Catherine Olivier, Diamond Bar HS
- Leo Label Tsui, Troy HS
- Armando Rodrigues, Magnolia HS
- Jacob Ardron, Diamond Ranch HS
- Yazmin Castaneda, Magnolia HS
- Leo Shaina Denny, Los Alamitos HS
- Bridgette Mendora, Magnolia HSEdgar Perez, Magnolia HS

Thanks goes to the the TRP Committee for this wonderful event. Chair Wanda Tanaka, John Doogan (Orange Region), Dee Chambers (Foothill Region), Keith Campbell (Saddleback Region).



ORANGE REGION REPORT

REGION **CHAIRMAN** PETE BADAME

Greetings, Lions of 4-L4. Our third cabinet meeting, hosted by the Outstanding Orange Region, was a grand success as we paid tribute to the past district governors of District 4-L4, of which there were fifteen in attendance. It is always a pleasure to get our PDGs together and recognize them for their efforts in making 4-L4 the best district in the multiple. After so many days of stormy and intense weather, it was refreshing to enjoy a bright sun shiny day at the Meadowlark Golf Club in Huntington It was very nice seeing so many first-timers in attendance and receiving a welcome gift from District Governor Judy Schnitzer. I would ask that each and every club in the district encourage their new members to attend these meetings.

We now have but one quarterly district cabinet meeting remaining in this Lions year, which will be held on Sunday, April 18th at the Costa Mesa Country Club. It is at the final district cabinet meeting each year where the winners from the three zone student speaker contests compete to determine who will represent District 4-L4 at the Area Level Student Speaker Contest. For this and other reasons, the quarterly cabinet meetings are events that all district Lions are encouraged to attend, especially new Lions who will get a better understanding of the world of Lionism by their participation. Speaking of attendance, there was a terrific competition going on at the cabinet meeting between Huntington Beach Host and Seal Beach Host, each vying to have the most members in attendance. The competition ended in a tie as each club had representation from thirteen members. I wonder which club will be victorious in April... Lion Gary? Lion Leonard?

Things are progressing well in the Orange Region with all clubs busily working to improve the lives in their communities. For example, the La Habra Host Lions are in preparation for their "Pasta Fest", which will be held on February 27th with proceeds to benefit several senior citizens programs. La Habra Host will also be presenting their annual Miss La Habra Pageant on March 20th.

I would be remiss (and in the doghouse) if I didn't mention, on behalf of District City of Hope Chair, Lion Lorna Badame, the upcoming City of Hope Lions Tribute Day on Sunday March 28th. See your individual club secretaries to make your reservation.



Dedicated to Bringing Basic Eye Care & Eyeglasses To a World of People in Need

WONDERING WHAT TO DO WITH THOSE BOXES OF USE EYEGLASSES?

No problem. District 4-L4 LIONS IN SIGHT Chairman Diane Martin will take them off your hands and make sure they are transferred to the Lions in Sight warehouse. For more information: (949) 770-2290.







"Carnival Paradise

Round trip from the Port of Los Angeles (Long Beach) to Ensenada, Mexico!

Join Governor Judy & District 4-L4 Friday Feb. 26, 2010 - Monday, March 1, 2010 On a Fabulous 3-Day Mexican Cruise Visitation

Join Governor Judy for this Fantastic 3-Day Cruise, We will be scheduling a Visitation to the Ensenad Lions, the longest standing International Visitation in Lions history -51 years! A lunch will be planned at a cost, to be determined, for each person attending - which is separate from the price of the Cruise. This is the most fun way to visit our Amigos in Ensenada. The "Carnival Paradise" is your: "Hotel," featuring "Fine Dining with Fabulous Food" — "Someone else to clean up your room!"—and "Amazing Entertainment!" This is the way to go with no hassle! Just ask last year's sailors!

CRUISE COSTS:

<u>Inside Cabin:</u> 1rd & 2nd passenger - \$300.10* Per Person (Based on Double Occupancy)
3rd, 4th or 5th passenger in same Cabin - \$160.10* Per Person

Outside Cabin: 1st & 2nd Passenger \$330.10* Per Person (Based on Double Occupancy)
3rd, 4th or 5th passenger in same Cabin - \$170.10* per Person

Suggestion: As the cruise price is so reasonable, you might like to make a \$30 donation per person (\$60 or more per Cabin) to District 4-LA. In turn, Governor Judy can use this to make a donation to the Lions

*If a Fuel Supplement is enacted the price could raise by \$9 per day per person.

**Also included is all of the fun and camaraderie of Lions that you can imagine!

Payment Schedule:

- Deposit of \$100 pp is due by Oct 25, 2009
- The Oct 25th deadline has passed. Cabins price may be slightly higher call for pricing. Final Payment due December 3, 2009 if by check

Final Payment due December 10, 2009 by CC

Please call or email Lion Carol Linehan 714-846-2478 or Carol Linehan@vahoo.com ASAP.

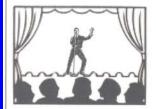
ASAP.

Vamanos a Ensenada!





Unity Among Diversity









District 4 - L4

Sponsored by Leo District 4-L4

Presents:

District Talent Show

Date: Saturday, March 13, 2010

Time: 2:00pm-4:00pm

Place: Diamond Bar High School Theater

Grand Prize

1st Place: \$100

21400 E. Pathfinder Road Diamond Bar, CA 91765 (57 freeway/Pathfinder Rd)

2nd Place: \$25

3rd Place: \$25

Tickets: \$5.00 for both Adults and Children

All Proceeds will go towards Haiti Relief & Orphanages of Thailand Inc.

To sign up please contact: Timothy Huang (909) 632-3060 Email: Leodistrict4L4@gmail.com



CHAPLAIN'S CORNER

PDG CHUCK OVERBEY

I missed getting my article in last month so this one covers two months. The holiday season can be very stressful and we typically lose more lives during that period of time. Every loss is difficult to accept but I suppose we should be thankful that, to my knowledge, we lost only one great Lion this season.

Harland Philip Horak was a 100 year-old Lion, born April 21, 1909, in Cedar Rapids, Iowa. He joined the Upland Host Lions Club in 1955 and served as Club President in the 1965-1966 Lions Year. He was an Honorary Member and a Melvin Jones Fellow. PDG Jon Casteel told me he was just a very nice person. The kind you want to sit by in a meeting and love to chat with. He believed strongly in serving his community and in addition to his 54 years of service in Lions, he was also very active in the Masonic Order, Scouting, and other areas of community involvement. Harland passed away peacefully on December 15, 2009. The world needs more people like Harland and he will be greatly missed.



City of Hope Snippets

By District 4-L4 City of Hope Chair Lion Lorna Badame

The annual Lions Tribute Day at City of Hope will be held on Sunday March 28, 2010. This is the annual event where the City of Hope extends its thanks to the Lions of Multiple District 4 in appreciation of their long-standing association with, and support of this worthwhile organization. All clubs in the district should encourage every member to attend, but especially their club president and City of Hope Chairperson.

Even if you have been on this tour before, go again, as things are constantly changing in this beautiful setting in the foothills of Duarte, with new and exciting breakthroughs and innovations in the world of medicine. The day includes a walking tour of the facility with talks from several doctors on their particular specialties. You will also be served a gourmet luncheon and hear talks from leaders of the facility as well as patients who have been treated there. District 4-L4 is proud to be a part of the sponsorship of this amazing organization and its world renowned facility, and graciously accepts their gratitude for our help.

This day is also a terrific opportunity to spend quality time with Lions from all over the state. Clubs from districts in Northern and Central California as well as east from the Inland Empire and south from the San Diego area attend, some even chartering buses for the trip. This annual Tribute Day is a must for all new club members. Head on up to Duarte on March 28th and see first hand where your club donations go!



Student Speakers' Contest

District 4-L4 Student Speakers Contest Chairman Marianne Allen

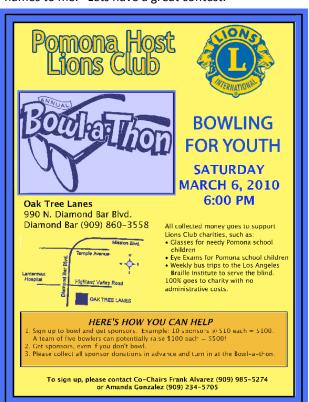
This year's topic is very appropriate based on all of the discussions regarding our Health Care and where the government is going with it.

TOPIC IS: "UNIVERSAL HEALTH CARE-HOW WILL IT AFFECT US?"

- The Club Level Contest must be held on or before February 22, 2010. Zone Chairmen should with all Clubs to make sure of the date of the Club contests within in their Zone. Even if the Club has only one speaker, a contest must be held and judged for that student to move on to the next level of the competition. Also, Clubs must be current in their dues and in good standing with MD-4 and International.
- The Zone level contest must be held on by March 15, 2010.
 The following is the list of the Zones that have scheduled their contests: Foothill Region: Zone A-3/4/10;Zone B-3/4/10; Zone C-3/2/10. Orange Region: Zone A-2/23/10;Zone B-pending; Zone C 3/11/10. Saddleback Region: Zone A-3/8/10; Zones B and C are pending.
- Region Contests are schedule as follows: Foothill Region: March 31, 2010; Orange Region: March 16, 2010 and Saddleback Region: March 22, 2010.
- The District Contest is Sunday, April 18, 2010.

The checks for both the Zone and Region contests have been distributed to the Region Student Speaker Chairs: Foothill Region: Ken Sherwood; Orange Region: Pete Badame for Dick Prescott and Saddleback Region: Ken Henderson.

For all Zone and Region winners of the contest, please forward their names to me. Lets have a great contest.





FABULOUS FOOTHILL

Region Chairman Ken Myers

For more then fifty years the Pomona Breakfast Lions has entertained visitors to there club meetings with the sounds of the "Sitting Down Marching band". Lion George Streit, 88 years old, stills plays with the band. Lion George said at one point we were up to 15 band members now down to a trio. Lion Richard Gonzales the drummer stated that they plan to keep the band going. Come visit the Pomona Breakfast Lions every Friday 7am at Los Jarritos 3191 N. Gary Ave. Pomona. You can read a great article about the band at dailybulletin.com January 15, 2010.

On January 9th & 10th, the Upland Host Lions held a fundraiser at the Cable Air Show in Upland. Thanks to all the help from Maniac Mikes restaurant at the Cable Airport and the Cable Family, this fundraiser was a success. If you are in the Upland area come watch the planes and have a family friendly meal at Maniac Mikes restaurant.

Ontario Host Lions Club members came out in force and assembled 190 baskets of food, with help from 18 Leo club members and three students from Chaffey High School and eight students from Upland High School. Every year the club delivers baskets to needy familys at elementary and junior high schools in the Ontario and Montclair School District. This event is a community project dating back to the 1930's.

Pomona Host Lions report that they have four new members Patrick Daniali, Frank Guzman, George Kopiloff and Beverly Sugerman who attended the Foothill Region Orientation on December 15, 2009. Amanda Gonzalez stated "I think we will see some proud Lions soon."

International President Eberhard J. Wirfs promoted The Global Youth Music Competition for the violin. With great thanks to Lions Wanda & Jack Tanaka, District 4-L4 held a contest at Diamond Bar High School on December 11th. 1st Vice District Governor Norm MacKenzie, Saddleback Region Chair Carol Van Holt and Foothill Region Chair Ken Myers selected violinist Jonathan Chen of Diamond Bar High School to represent the District in the Multiple District 4 contest.



MD-4 CONVENTION Feb 5-7, 2010 Riverside



In 1969 a kindergarten teacher in Cupertino became appalled to the attitude of many in the community concerning respect for the flag of our country. She did many things in her classroom to instill patriotism in her students, but the progress was very slow. She appealed to her husband, a member of the Cupertino Host Lions Club, to assist her in her quest for a newfound show of respect for Old Glory. She was Margaret Richter, wife of Lion Al Richter who would seek and win the office of District Governor of District 4-C6. Lion Al was a gentleman with lots of energy and new ideas - ideas that he was afraid to share and make come to fruition.

The Lions Flag Day started in that kindergarten having approximately 20 students. The students learned about the early years of America and the feeling of patriotism among its citizens of that era. They dressed in red, white and blue one day in February, the month of the birthdays of George Washington and Abraham Lincoln. At the conclusion of the day, Mrs. Richter distributed small American flags on short staffs. Other teachers in other schools within the school district heard about the program that she was using and started in a similar manner.

Lion Al Richter was very happy to assist with ideas and personal participation during that once a year event. Within a few short years, word got around and the program grew into statewide importance. The program was introduced at a State Lions Convention and the District Governors were impressed and saw a need for the program.

Lions from California and Nevada, whose jobs took them to other states, introduced the program to their Lions Clubs and it caught on like wild fire. In recent years, approximately 250,000 small flags are distributed by Lions Clubs to schools wanting to participate in Lions Flag Day. States from Hawaii to Alaska to Florida to New York are still very active in the promotion of loyalty to our flag. The Cupertino Host Lions Club remains the focal point on the acquisition of the flags and brochures telling the story of the flag. It is recognized and endorsed by Lions Clubs International.



LIONS CITY OF HOPE DAY - MARCH 28, 2010

DISTRICT 4-L4



CONVENTION **HIGHLIGHTS**

THURSDAY

- 10:00 am Golf
- **Early Bird Dinner**



FRIDAY

- **Friday Morning Fun**
- Friday Night Sock Hop -

Wear your favorite 50"s fashion as you listen and dance to music performed by the WONDERALLS!



SATURDAY

- International Director's Lunch
- Governor's Ball



SUNDAY

Breakfast Inspirational Speaker Jeff Schleinen "Life is a Limited Time Offer"



DISTRICT 4-L4 2010 CONVENTION MARRIOTT VENTURA BEACH MAY 13-16, 2010



ROCK AROUND THE CLOCK REGISTRATION FORM

Name:	E-mail:	
Address:	Telephone:	60
City:	Fax:	
Zip Code:	Club Name:	

ROCKIN' FUN PACKAGES

	Thursday Early Bird Dinner	TBD	
Album "A"	Friday Dinner, Saturday Lunch and Din	\$215.00	
Album "B"	Saturday Lunch and Dinner, Sunday Breakfast		\$150.00
Single	Individual Meals & Entertainment:	Friday Dinner	\$85.00
Single		Saturday Lunch	\$40.00
Single		Saturday Dinner	\$90.00
Single		Sunday Breakfast	\$35.00

NAME (one name per line, please)	First Convention	Album "A" or "B" Single	Album or Single Cost	Registration \$20.00 per person	Additional \$20.00 late fee after 4/1	COST

Make Checks Payable to: District 4-L4 Convention Mail to: Joanne Waltman, P.O. Box 575, Rancho Cucamonga, CA 91729-0575

DEADLINE FOR REGISTRATION: APRIL 1, 2010

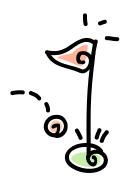
Hotel Reservations Marriott Ventura Beach 2055 E. Harbor Blvd, Ventura, CA 93001 Rooms \$119 Reserve rooms by APRIL 1, 2010 1-800-228-9290

909-483-3532 PDG Jon & Sheila Casteel, Chairman and Hospitality Joanne & Frank Waltman, Treasurer 909-946-3557 949-488-3032 PDG Jack & Jill Luellen, Hotel Reservations 714-639-4052 Ron & Terrie Finseth, Golf

DISTRICT 4-L4 CONVENTION

MAKE CHECK PAYABLE TO DISTRICT 4-L4 CONVENTION AND MAIL TO:

GOLF TOURNAMENT



OLIVAS LINKS GOLF COURSE 3750 OLIVAS PARK DRIVE **VENTURA CA 92118**

THURSDAY MAY 13, 2010 TEE TIME 10:00 AM

COMPETE FOR

* Longest Drive * * CLOSEST TO THE PIN * * LOWEST SCORE *

FEE: \$75 INCLUDES GOLF & CART, BOX LUNCH, AND TEE PRIZES

RON FINSETH, CONVENTION GOLF CHAIRMAN 7205 GROVEWOOD LANE, ORANGE CA 92869-1026 (714) 639-4052

Send this portion by $May 7^{TH}$ and your check

NAME	CLUB

DISTRICT 4-L4 CALENDAR

February 5-7 MD-4 Convention, Riverside CA

February 19-21 Lions Flag Days

February 22 Deadline for Club Student Speakers Contest
March 1 Harbor Mesa's Lucy and Ethyl's Bingo Parlor.
March 6 Rancho Cucumonga Primm Turn Around

March 6 Pomona Host Lions Bowl-a-Thon

March 6-7 Hearing Days

March 13 Cucamonga District Host Sip-for-Sight Wine Tasting Dinner

March 20 Ontario-Upland Lions Bunco Night March 22 Laguna Niguel Golf Tournament

March 28 Lions City of Hope Day

March 28 Huntington Beach Host Lions Crab Fest

April 18 Cabinet Meeting Speakers' Contest, Costa Mesa County Club

April 24 Seal Beach Lions Pancake Breakfast

April 24 Tustin Host Lions Community Yard Sale Fundraiser
April 24 Rancho Cucamonga Community Lions Fashion Show

April 28 Tustin Host Lions Charity Golf Classic

March 16 Orange Region Meeting
March 22 Saddleback Region Meeting
March 31 Foothill Region Meeting

May 1 Ontario-Upland Lions Spring Tea

May 1 Orange Coast Breakfast Spaghetti & Bingo Night Fundraiser

May 13-16 District 4-L4 Convention, Ventura Marriott
June 29-July 2 Lions International Convention, Sydney Australia

July 17 & 18 Seal Beach Lions Fish Fry

ATTENTION

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR? IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT, OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

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