

# The 4-L4 Forum

# The Official Publication of California Lions District 4-L4

Volume 88 Number 7 JANUARY 2010



District Governor Judy Schnitzer

DISTRICT GOVERNOR
Judy Schnitzer (George)
13459 Verona
Tustin,CA 92782
R: (714) 838-4201 C: (714) 697-1697

1<sup>ST</sup> VICE DISTRICT GOVERNOR Norm MacKenzie (Jo) 7143 Providence Way Fontana CA 92336 H (760) 802-6018

Email: jschnitzer@cox.net

Email: norm.mackenzie@cox.net

2<sup>nd</sup> VICE DISTRICT GOVERNOR Ken Sherwood (Marilyne) 6666 Dakota Avenue Alta Loma CA 91737 H (909) 944-0359 B (909) 622-5538 F (909) 629-5308

Email: sherwood2@verizon.net

CABINET SECRETARY Beverly Bell (Lion Ken) 8334 Avenida Leon Rancho Cucamonga, CA 91730-3413 H (909) 989-6461

Email: bevbell2000@yahoo.com

CABINET TREASURER
Joanne Waltman (Lion Frank)
P.O. Box 575
Rancho Cucamonga, CA 91729-0575
H (909) 946-3557
C (909) 230-3520
F (909) 947-9928

Email: waltmanathome@yahoo.com

IMMEDIATE PAST DISTRICT GOVERNOR Elizabeth Warren 6636 Brighton Place Alta Loma, CA 91737 H (909) 941-0604 Email: dougalwest@aol.com

NEWSLETTER EDITOR
PDG Ellen Liebherr
616 17<sup>th</sup> Street
Huntington Beach 92648
H: 714) 969-8550 C:(714) 458-3077
Email: ellen@creativecateringhb.com

Dear Lions, Leos and Friends:

Happy New Year everyone. I do hope your holidays were grand and you are ready to settle down and begin the new year.

These next few months are going to be busy ones for 4-L4. You will recall that during my visitation to your clubs I told you we would be holding an Extension Workshop and bringing in an LCI consultant to lead that workshop. Well, the time has come and this workshop will be held January 11-13 at the Garden Grove Lions Clubhouse. In addition, there will be a Certified Guiding Lion Training Session in the evening before the workshop which will be held at the Holiday Inn Express Hotel, 12867 Garden Grove Blvd., Garden Grove, CA. By now, you should have received more detailed information regarding this workshop from 1st VDG Norm MacKenzie and I ask you to please round up your Lion members and attend the workshop. Our District needs you so that our clubs can continue to grow--remember International President Wirfs theme, MOVE TO GROW.

January also brings us the Melvin Jones Dinner on January 16th and the Teen Recognition Dinner on January 30th. Please mark these dates down on your calendar and plan to attend. Chairmen IPDG Elizabeth Warren and Lion Wanda Tanaka are both working very hard to make these events special and we need to give them our support by attending. In addition, we have our Third Cabinet Meeting on January 23rd which will be held at the Meadowlark Golf Club,16782 Graham Street, Huntington Beach. Orange Region Chair Pete Badame has a great meeting planned for us. Special recognition will be given to our Past District Governors and of course we will recognize First Timers as well. Once again the Merlo Team will be holding a workshop from 8:30 - 9:30 a.m.

Be sure to get your reservations in early for this meeting. Remember, we do Club Roll Calls now at the meetings and I would be so thrilled if I could have 100% of all clubs attending! Remember also the G.R.O.W. Awards, maybe your club will be a winner in one of these categories!

During the last two weeks of January, International President Wirfs is asking clubs to adopt a Lions in Sight initiative. Continue to save sight during the course of the year but for these two weeks make sure Lions are in sight of the public. It's easy to do. Display your peace poster entries, plan a Lions Crew at Work or Green Team project, arrange a cultural event such as a dance, music program or international food fair, organize a vision screening to promote Glaucoma Awareness Month or sponsor an eyeglass or hearing aid collection. Be seen and heard. Please let your voice be heard and your Lion vest, shirt, pin or banner be seen. Our roar should precede us so people will follow us.

Yours in Lionism,

Governor Judy

# 2009 - 2010 CABINET

PUBLIC RELATIONS CHAIRMAN Ken Sherwood (Marilyne) 6666 Dakota Avenue, Alta Loma, CA 91737 H (909) 944-0359 B (909) 622-5538 F (909) 629-5308 sherwood2@verizon.net

DISTRICT PHOTOGRAPHER Sergio Gonzalez 1419 Wells Avenue, Claremont, CA 91711 H (909) 482-4991 <a href="mailto:limbc.net">lm2c2c@earthlink.net</a>

DISTRICT CHAPLAIN PDG Chuck Overbey (June)
1419 W. La Serena Drive, Brea, CA 92821
H (562) 694-4294 F (562) 694-0049 <a href="mailto:cwoverbey@aol.com">cwoverbey@aol.com</a>

ASSOCIATE DISTRICT CHAPLAIN PDG Barbara Hayward (Ron) 3085 Fernheath Lane, Costa Mesa, CA 92626 H (714) 545-6126 blhayward@sbcglobal.net

FOOTHILL REGION CHAIR Ken Myers (Denise) 2131 N. Albright Avenue, Upland, CA 91784 H (909) 608-1938 <u>dnk381@aol.com</u>

FOOTHILL ZONE "A" CHAIR Sheila Casteel (PDG Jon) 9333 Monte Vista Street, Alta Loma, CA 91701 H (909) 483-3532 jandscasteel@hotmail.com

FOOTHILL ZONE "B" CHAIR Steve King 2058 Vinewood Street, La Verne, CA 91750 H (909) 392-7825 F (909) 392-0725 ardenandsteve@verizon.net

FOOTHILL ZONE "C" CHAIR Karen Hormuth (Lion Bill) 119 Avenida Grulla, Walnut, CA 91789 H (909) 598-8725 B (909) 598-5638 F (909) 598-5639 <u>walnutplastics@aol.com</u>

ORANGE REGION CHAIR Pete Badame (Lion Lorna) 210 N. Marian Street, La Habra, CA 90631 H (562) 697-4343 C (562) 755-7490 <u>LionPete4L4@aol.com</u>

ORANGE ZONE "A" CHAIR Marc Poli (Judy)
114 S. Yale Avenue, Fullerton, CA 92831
H (714) 525-4564 B (714) 883-2693 F (714) 276-9123
<u>kiromark@aol.com</u>

ORANGE ZONE "B" CHAIR Bonnie Paisley 11833 Penford Drive, Whittier, CA 90604 H (562) 943-8077 B (714) 232-8421 buenaparkflorist@sbcglobal.net

ORANGE ZONE "C" CHAIR Karen Russell (Donald) 1200 Marlin Avenue Seal Beach, CA 90740 H (562) 430-8746 <u>karenr1028@aol.com</u>

SADDLEBACK REGION CHAIR Carol Van Holt (Keith) 9650 Nightingale, Fountain Valley, CA 92708 H (714) 962-0265 <u>clion93@verizon.net</u>

SADDLEBACK ZONE "A" CHAIR Steve Christy 7591 Danube Drive, Huntington Beach, CA 92647 H (714) 841-4838 B (714) 892-4744 lionpres55@hotmail.com

SADDLEBACK ZONE "B" CHAIR Jeff Carroll (Lion Christina) 98 Rabano, Rancho Santa Margarita, CA 92688-4965 H (714) 356-7740 F (949) 824-5907 <u>ucilionjeff@yahoo.com</u>

SADDLEBACK ZONE "C" CHAIR Jill Luellen (PDG Jack) 19 Gema Street San Clemente, CA 92672 H (949) 488-3032 <u>LadylouLuellen@att.net</u>

# ATTENTION ALL DISTRICT LIONS

IF YOU'RE INTERESTED TO LEARN NEW TECHNIQUES ON HOW TO RECRUIT AND BUILD YOUR CLUB, YOU SHOULD ATTEND THE WORKSHOP LISTED BELOW. THE TRAINING IS OPEN TO ALL LIONS



# **EXTENSION WORKSHOP**

**Date:** January 11-13, 2010 **Time:** 9:00 a.m. to 5:00 p.m.

Location: Garden Grove Host Lions Club House 9860 Larson Ave., Garden Grove, CA 92844

**THE EXTENSIONWORKSHOP** is designed to provide extension-minded Lions an opportunity to learn key strategies to charter Lions clubs and participate firsthand in the preliminary steps to the possible formation of a new Lions club.

The workshops focus on proven methods for recruiting and actual fieldwork to build confidence and share skills. The goal for each workshop is to form at least one new club near the training site, while simultaneously training up to 10 to 30 Lions per session.

The training will cover the following:

### **CERTIFIED GUIDING LION TRAINING**

Night prior - January 10th at the Holiday Inn Express, 12867 Garden Grove Blvd, Garden Grove.

### MODULE 1 - RECRUITING FOR NEW CLUB FORMATION

- The day begins with classroom discussion and review of effective recruiting strategies.
- Morning activities include role-playing recruiting techniques followed by actual field recruiting of potential new club members.
- Key community leaders are contacted to further build the prospect list.
- In the evening, the team meets to discuss successes and challenges and begins to follow-up each lead to ensure a high turnout to the first meeting.

# MODULE 2 – CONTINUED RECRUITING AND REVIEW OF FIRST AND SECOND MEETING FORMATS

- While recruiting participants continue to work in the field, the Guiding Lion and other Lions appointed to host the first and second meetings review and discuss effective formats for hosting the first and second meetings.
- The team meets at the close of day two to discuss successes and challenges and to continue follow-up activities.

### MODULE 3 - CONTINUED RECRUITING AND FOLLOW-UP

- Recruiting activities continue.
- In the afternoon, leads are gathered and the Lions who are designated to continue to build the club review the status of each lead and steps to continue to build the club.

FOR MORE INFORMATION – contact 1stVDG Norm MacKenzie @ norm.mackenzie@cox.net or at 760-802-6018; Leonard Gleason @ leonardgleason@socal.rr.com or at 714-375-7147; 2ndVDG Ken Sherwood@yerizon.net or at 909-622-5538.



# 1<sup>st</sup> Vice District Governor's Corner

# Norm MacKenzie

A very Happy New Year to all!!!

I want to thank all the clubs for their outstanding hospitality during the District Governor visits as well as your donations to the Lions Rose Float by purchasing patches for club banners, to pins, T-Shirts, Polo Shirts and Sweat Shirts. Your generosity helped improve the treasury of Lions Float, Inc.

I was privileged to induct two 'Next Generation Lions' (GenExers) into Buena Park Noon Lions Club last month. The best part of being a Vice District Governor is inducting new Lions and helping clubs grow. "Move to Grow" is the International President's theme and I want to commend the clubs that have inducted new Lions this past six months. During my visits, I challenged all clubs to have a net two for the year which would give us 72 new Lions. I commend the Clubs who have accepted this challenge. We have six more months to recruit NGL's (Next Generation Lions). If all 36 clubs can accomplish this task this year and next that would be a gain of 144 of the 200 the District needs to reach 1,250 by June 30, 2011.

To enhance our recruiting efforts, the District is kicking off the New Year with LCI's GMT (Global Membership Team) coming to town January 11-13 to help start two new clubs in the Orange Region and possibly one in Saddleback Region. All clubs should have received the flyer on the training by now.

## **Certified Guiding Lion Training**

Guiding Lion training will be held Sunday evening January 10th at the Holiday Inn Express, 12867 Garden Grove Blvd. I would like 10 more Lions to commit for Certified Guiding Lion training and the 3-day training that will be held at the Garden Grove Host Lions Club House. All interested Lions should email me at <a href="mailto:norm.mackenzie@cox.net">norm.mackenzie@cox.net</a> or call me at 760-802-6018.

If you want to help lead this District back to prosperous membership numbers (1,250), you need to attend this training. It is FREE!



Dedicated to Bringing
Basic Eye Care & Eyeglasses
To a World of People in Need

# WONDERING WHAT TO DO WITH THOSE BOXES OF USE EYEGLASSES?

No problem. Just bring them to the next cabinet meeting and District 4-L4 LIONS IN SIGHT Chairman Diane Martin will take them off your hands and make sure they are transferred to the Lions in Sight warehouse. For more information: (949) 770-2290.

2009-2010 DISTRICT 4-L4

### THIRD CABINET MEETING

ORANGE REGION

SATURDAY, JANUARY 23, 2010



HONORING OUR PAST DISTRICT GOVERNORS



MEADOWLARK GOLF CLUB 16782 Graham Street Huntington Beach, CA 92649



Merlo Team Workshop 8:30 - 9:30 A.M.
Registration 9 A.M. - Meeting 10 A.M.
First Timers will be Recognized

\$20 PER PERSON

Clubs are asked to bring a Raffle Prize (Approximately \$20 Value)

Please Make Reservations by January 15, 2010

CLUB NAME \_\_\_\_\_ NUMBER ATTENDING \_\_\_\_\_
Please include a list of names on the reverse side of this fiver.

Please make checks payable to: District 4-L4

Send completed form to:

Lion Beverly Bell

8334 Avenida Leon
Rancho Cucamonga, CA 91730

or Call: (909) 989-6461

or E-mail: bevbell2000@yahoo.com



SOMETIMES IT IS JUST BEST NOT TRYING TO EXPLAIN THINGS THAT HAPPEN AT SEAL BEACH HOST LIONS EVENTS. TO PUT YOUR MIND AT EASE, I WILL ASSURE YOU THAT NO CHILDREN WERE INVOLVED. YOUR EDITOR



# The Second Opinion 2nd Vice District Governor

# **Ken Sherwood**

ENTHUSIASM - 80% of salespeople polled said this one characteristic is what sells the product.

Our product is Lionism. The enthusiasm of each individual Lion for his club, LCIF, Student Speakers, running the popcorn machine at the street fair or any single aspect of Lions will help sell our product. The unforgettable smile on a little boy's face in Pomona when he's fitted with a special hearing aid and he can hear words instead of whispering; the gratitude of a little girl in Tecate when she can see to read and learn with the gift of glasses from Project L.O.O.K.; eliminating river blindness in South America by 2010; a graduation for LPCCI in Oceanside when the trainers turn over the dogs to the recipients; being named a Melvin Jones Fellow; there is so much to be enthusiastic about in Lions. We are No. 1, and I carry a 3 x 5 card that says exactly that, from the Financial Times of London. It was taken out of Lions Magazine. Get enthused and pass it on. We have a lot to share.

On January 11, 12, 13 at the Garden Grove Lions Club House we will welcome Lion Mary Michaelis, the GMT (Growth Membership Team) representative. She hails from Phoenix, AZ. Lion Mary is a New Club Consultant. There will be seminars and hands on training in the field about recruiting members and getting a new club in the district. A schedule should appear here in this FORUM. Ms. Michaelis will arrive at JWA on the 10th, if you would like to give her a Lions 4-L4 welcome. I know what you're thinking, the 11, 12, 13 are weekdays. "I have to work." To facilitate the recruiting business by business, we need to canvas during the week. The MERLO team regrets the impacting of schedules. THIS IS BIG, LIONS! Make the time to learn with us. Guiding Lion training will also be offered on Sunday, Jan 10th in the evening at Holiday Inn Express, Garden Grove Blvd., GG. Time to be announced. Take a step up in your dedication to Lions. Become a guiding Lion. Help new clubs get started right. Guide them to success.

Lions were busy during the holidays. The Chino Valley Lions ran a Christmas tree lot which generates a large charity fund and some "Funniest Home Video" moments. This year the subject of amusement was Lion Jack Thurlo, president of P.B. Lions, and constant worker at the tree lot. Jack has worked with the Boy Scouts who work for tips. After cutting the bottom off a tree for a customer, Jack came and stood beside me at the edge of the sheltering tarp just as a gust of wind lifted the cover and dumped an accumulation of rain water directly onto Jack. Drenched to the bone, with a look of amazement on his face, all he could say was "What was that?" Another Lions Classic.

Most clubs had a Christmas get together. Ontario/Upland held a progressive dinner where members paid and the excess money over cost of food was donated to two food distribution projects for the needy. You can have fun with your fundraisers. The party



# Hearing & Speech Action News

By Chairman Keith Campbell

# "No, I don't have a hearing problem..."

Maybe so, but why is it that almost four out of five Americans with hearing loss who could successfully be treated with hearing aids go without detection and treatment? That is almost 29 million people, according to the American Academy of Audiology. This is a long-standing situation, for many reasons, including other health care priorities, stigma, cost, and fear that hearing aids won't work. As Lions, part of our "We Serve" mission is to do our best to help correct problems like this one. Here are some steps we can take:

Self-test for hearing loss – Listen to the hearing tests and demonstrations on line at <a href="www.hear-the-world.com">www.hear-the-world.com</a> and <a href="www.freehearingtest.com">www.freehearingtest.com</a>. Invite your relatives, friends and other associates to do the same.

HLAA publication – Get involved with Hearing Loss Association of America. For a free trial subscription to *The Hearing Loss Californian* contact <a href="mailto:gtiessen@hearinglossca.org">gtiessen@hearinglossca.org</a>. Or join HLAA at <a href="https://www.hearingloss.org">www.hearingloss.org</a>.

Contribute to District 4-L4 Hearing Aid Bank — Add the Hearing Aid Bank to your Club's Budget as a separate donation, along with your contribution to the District Sight & Hearing Foundation.

LCI HARP – Participate in LCI's Hearing Aid Recycling Program. By adding a "Hearing Aids" decal to your eyeglass collection boxes you provide usable hearing aids to the Hearing Aid Bank and cash from parts salvage.

Support AARP Hearing Care Program – This is a newly introduced program by American Association of Retired People and HearUSA. Designed to achieve better consumer acceptance and satisfaction, it brings higher standards of care to the dispensing community and a selection of digital hearing aids at 20% savings with 100% guarantee. Additional information is available at <a href="https://www.hearusa.com">www.hearusa.com</a>.

Take your pick of these suggestions and add any or all to your list of New Year's Resolutions!

# The Second Opinion (Continued).....

finished in the rec. room of Frank & Joanne Waltmans' condo with a white elephant gift exchange. It was great fun if you overlook putting a group of people with night blindness & vision problems on the road 4 times in 4 hours!

I hope your holidays with family and friends was the best ever!

Now, stoke your enthusiasm, get up a head of steam and hit the ground running in January. It will be a pivotal month for District 4-L4, with one new club and hopefully two more, where we can turn the corner on declining membership. Don't refuse.



# HARBOR MESA LIONS CLUB



## **LUCY & ETHYL'S BINGO PARLOR**

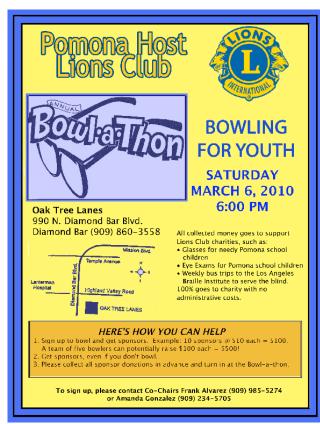
MONDAY, MARCH 1, 2010, 6:30 p.m.

COSTA MESA COUNTRY CLUB 1701 Golf Course Drive, Costa Mesa

COME VISIT US FOR A FUN EVENING OF DINNER, BINGO, AND LOTS OF LAUGHS, SURPRISES AND PRIZES!!

COST: DINNER, \$18 – BINGO CARDS \$5 each, three for \$10

RESERVATIONS (Deadline 2/22): Call Lucy (Lion Carol) 714-962-0265 Or e-mail: clion93@verizon.net





CONGRATULATIONS TO LION RON TAYLOR ON RECEIVING A LIFE MEMBERSHIP FROM THE BREA LIONS CLUB AFTER 47 YEARS OF SERVICE



BREA LION LYLE SUTTON PRESENTS LIONS ED SALINAS AND WALT TEES WITH THEIR MELVIN JONES FELLOWSHIPS. THERE ARE MORE TO COME FROM OTHER LIONS CLUBS AT OUR JANUARY 16 MELVIN JONES DINNER.



# **SUPER** SADDLEBACK REGION REPORT

# REGION **CHAIRMAN CAROL VAN HOLT**

The holidays flew by faster than Santa's sleigh, it seems, and here we are starting Twenty-10. It was OH-Nine, so is it OH-Ten or just TEN? I am confused, but hopefully will get that straightened out before my next article. A new year always brings resolutions and diets. I usually fail with both so I don't bother with either of them. However, it is time to really put our noses to the grindstone and see if we can make this Region one to be noticed. By that, I mean more involvement in District activities, more interacting between our clubs and more new members. As 1st Vice District Governor, Norm, has said, if each of our clubs has a net three gain in members, we are right on target for getting our District number over that 1250 members we need. There are a few clubs who are doing very well with gaining new members and kudos to them. Lets hope our Region's clubs reach that goal of net plus three and perhaps exceed it. How "super" would that be?

The Orange Coast Breakfast Club collected toys for Heritage House Children, donated turkey dinners to two families, and are continuing their work monthly at the Second Harvest Food Bank. Upcoming are a monthly Bingo night, the Student Speakers Contest and on May 1st, their big fund raiser, a spaghetti and bingo night. They have added two new members since July.

The Costa Mesa Newport Harbor club is on a uphill swing with five new members so far since July. How great is that?

Huntington Beach Host club did the "Splishing and a Splashing" and movin' and a groovin' at the Lions Surf City Splash on January 1. They served hot pancakes to thaw those hearty souls who swam in the icy cold water.

Harbor Mesa members were busy being Santa's helpers with their activities and donations. They surprised one of their members with the gift of a much needed walker. They wrapped tons of gifts for the Boys & Girls club and fulfilled wish lists for two families. They are planning the annual Women Helping Women gently used clothing drive in February along with the Student Speaker's contest and in March, the Lucy & Ethyl's Bingo Parlor. They have added two new members since July.

So now the holidays are over and we start a new year with goals to reach and more great events to attend and support. I look forward to hearing more from all the Saddleback Clubs and seeing you at the Student Speakers contests and Cabinet Meetings.

#### Rancho Cucamonga Optometric Center



## Cucamonga District Host Lions Club

Sip For Sight

## Saturday, March 13, 2010 at 6:00pm

Antonino's Ristorante Italiano 7945 Vineyard Ave., Ste. D-7, Rancho Cucamonga

For More information contact: Jim Peugh at 909-948-5150

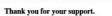
- Reception: Prosecco Birilli-Zardetto, Italy
- Appetizer-Stuffed Red Pepper with Italian Sausage/Albarino-Licia, Spain Bowtie Pasta in pesto sauce & sun dried tomatoes/ Pinot Noir-Robert Skalli, France
- Salmon w/ herbal sauce/Chardonnay-Grant Burge Barossa Valley, Australia
- Chicken Sorrentina / Cabernet Sauvignon-Napa Cellars, Napa
- Dessert: Surprise! / Riesling Auslese-Schmitt Sohne, Germany

#### Proceeds Benefit

- ational Charities & Disaster Relief Efforts
- Vision support for school age children, and others.

  Scholarships for local students encouraging community:
  Lions Student Speaker Contest scholarships which prom
  stimulate innovative thought on current public issues

- Help local charities including G.A.P. Food Bank, and Santa Clau-





Phone Mailing Address Email Number of Tickets x \$75 for Total of I would like the tickets; Mailed Delivered Don Make checks payable to Cucamonga District Host Lions Club, PO Box 182, Rancho Cucamo Call to place order by phone with Credit Card. Call Jim at 909-948-5150 Tickets are non re



# Rancho Cucamonga Community Lions Turnaround to Primm Nevada



\$25 per person January 9, 2010 Meet the bus at 6 AM Lions Center Rancho Cucamonga 9161 Baseline Road



RSVP & Information contact Lion Faye Hampton at 909 987-6645 or by email fondlyfaye1@verizon.net

Join us for the fun Continental Breakfast Served On the Road Games and Prizes Visit one or all three Casinos

Shopping at Fashion Outlet Mall





# ORANGE REGION REPORT

# REGION CHAIRMAN PETE BADAME

Greetings, Lions of 4-L4 and Happy New Year. As you read this, the holidays will have just passed and we Lions are ready to get going with the continuation of our Lions year of 2009-2010. We are all looking forward to January 16th and our annual Melvin Jones Celebration at the Costa Mesa Country Club. IPDG Elizabeth Warren has arranged a wonderful event this year, one where we get to dress up and have a great night out with our Lions friends. This is the time of the year where we recognize all those who are being honored as new recipients of the prestigious Melvin Jones Fellowship, and usually several more who will receive progressive fellowships. It is a celebration of the life of our founder, Melvin Jones, and an honor for all those who will have received a fellowship honoring his name. Remember to build up this event at your club meetings, especially for your new members so that they can see what Lions International is truly all about. I look forward to seeing many of you there that evening.

The Lions Clubs of Outstanding Orange have been busy all during the holiday season with many projects and fund raising events in their respective communities. Don't forget to get your reservations in for the District 4-L4 Cabinet Meeting coming up very soon on January 23rd.

# Lion's Teen Recognition



Please join the Lions of District 4-L4 in honoring students who actively encourage Their peers to say "NO" to drugs, alcohol, and tobacco...

Come to the Lions Teen Recognition Program. \$20.00 per person – Dinner & Awards Program.

Call Lion Wanda Tanaka for reservations at (909) 861-0142

Date: Saturday, January 30th, 2010

Time: 6:30 p.m. Place: Holiday Inn

> 21725 Gateway Center Drive Diamond Bar, CA 91765 (909) 860-5440

# "Day at the Races" Presented By: Rancho Cucamonga Community Lions Club



Isn't it time your life got a little nacey?

Experience the thrilling excitement of Thoroughbred racing amid the beauty and tradition of Santa Anita Park.

With friends, family or co-workers, Santa Anita is a sure winner!

January 30, 2010

Gates Open at 10:30 am / Post Time 1st Race 12:30 pm \$55.00 Per Person Includes Valet Parking & Buffet Lunch Teens ages 13 to 17 is \$45 each / Child ages 4 to 12 is \$30 each Enter at Gate 5 Meet at the Club Plaza

RSVP by January 15th with your payment

Tickets are now available

Contact Lion Lion Terese Ganser Evenings 909 980-3414 Or email at tc.ganser@verizon.net Between races we will have a raffle with great prizes for \$1 a ticket.











Come Sail Away for a Visitation with the Lions of Ensenada aboard the

"Carnival Paradise"

Round trip from the Port of Los Angeles (Long Beach) to Ensenada, Mexico!

Join Governor Judy & District 4-L4 Friday Feb. 26, 2010 – Monday, March 1, 2010 On a Fabulous 3-Day Mexican Cruise Visitation

Join Governor Judy for this Fantastic 3-Day Cruise. We will be scheduling a Visitation to the Ensenada Lions, the longest standing International Visitation in Lions history - 51 years! A lunch will be planned at a cost, to be determined, for each person attending - which is separate from the price of the Cruise. This is the most fun way to visit our Amigos in Ensenada. The "Carnival Paradise" is your: "Hotel," featuring "Fine Dining with Fabulous Food" — "Someone else to clean up your room!" – and "Amazing Entertainment!" This is the way to go with no hassle! Just ask last year's sailors!

CRUISE COSTS:

Prices quoted include all Taxes\*\*

Outside

Suggestion: As the cruise price is so reasonable, you might like to make a \$30 donation per person (\$60 or more per Cabin) to District 4-L4. In turn, Governor Judy can use this to make a donation to the Lions of Ensenada.

\*If a Fuel Supplement is enacted the price could raise by \$9 per day per person.

\*\*Also included is all of the fun and camaraderie of Lions that you can imagine!

## Payment Schedule:

- Deposit of \$100 pp is due by Oct 25, 2009
- The Oct 25th deadline has passed. Cabins price may be slightly higher call for pricing.
   Final Payment due December 3, 2009 if by check
- Final Payment due December 3, 2009 if by check
   Final Payment due December 10, 2009 by CC

Please call or email Lion Carol Linehan 714-846-2478 or Carol Linehan@yahoo.com ASAP,

Vamanos a Ensenada!







# **CITY OF HOPE**

Below is an article that appeared in the latest edition of City of Hope's City News for your information.

Lion Lorna Badame - District City of Hope Chair

### A WEST COAST FIRST

By Alicia Di Rado

When it comes to surgery, less is more. Surgeons are continually finding ways to minimize pain, recovery time and any potential adverse effects from surgery. One way is to limit the number of incisions to as few as possible.

Recently, City of Hope surgeons were among the first to remove a patient's kidney through only one small cut in the skin with the assistance of a surgical robot. It was the first robotic single-incision kidney removal, or nephrectomy, on the West Coast.

Urologic surgeon Clayton Lau, M.D., clinical assistant professor of surgery, and surgical fellow Vernon Orton, M.D., used the da Vinci S HD Surgical System to remove a patient's cancerous kidney. The patient was able to return home only three days later and only had to use prescription pain relievers for one day. "Usually in nephrectomy using robotic, minimally invasive surgery, we make four to six holes and an incision to take out the kidney," Lau said. "Now, we only have to make one small, 2-to-2½-inch incision. That means less trauma to the body and better cosmesis [skin appearance after surgery] — and possibly less pain." The surgical team took less than 2½ hours to perform the procedure, he said, about as long as today's typical robotic nephrectomy.

DR. CLAYTON LAU DURING A RECENT MINIMALLY INVASIVE ROBOTIC SURGERY



Nearly 57,800 people in the U.S. this year will learn they have kidney cancer, according to the American Cancer Society. Surgery is the main initial treatment option. Traditional open surgeries require an incision that can be as large as a foot long, and surgeons may have to remove a rib or go through muscle, both of which need a long recovery. At City of Hope, surgeons perform most kidney cancer surgeries using the da Vinci robot to operate with tiny, precise instruments through small punctures and incisions in the skin. Now the single-incision robotic procedure takes that technology a step further. Lau believes the future is bright for these minimally invasive surgeries, which will ease the cancer treatment process for patients. As surgeons refine the procedure, said Lau, "I anticipate we will be able to use this technique for most partial and radical nephrectomies."



# Lions Leadership Institute

# January 15<sup>th</sup> to 18<sup>th</sup> 2010 Harris Ranch

This program is for all MD-4 Lions interested in leading and motivating volunteers using the style and skills taught by Lions Clubs International.

Cost: \$250

Open to the first sixty Lions who register, by 12/31/09.

* Please register early as there is a pre-cli	lass assignment that needs to be completed.
---	---

•	Lions Leadership Institute application				
lame					
.ddress					
City	Zip code	Phone			
Club		District			
Pate		Check #			
	When compl	eted send to:			

2198 Casa Mia Drive

San Jose, CA 95124

or cdmsr@pacbell.net

### LIONS DISTRICT 4-L4 AND IPDG ELIZABETH WARREN PRESENT



Melvin Jones, January 13, 1987-June 1, 1961

### 21<sup>57</sup> ANNUAL MELVIN JONES DINNER Honoring Melvin Jones Fellows of the past, present and future

Saturday, January 16, 2010 6:00 P.M. Check-In & Social Hour 7:00 P.M. Dinner and Program with

### Past International Director, Dana Biggs

Costa Mesa Country Club 1701 Golf Course Dr, Costa Mesa 92626 \$55.00 Per Person Filet Mignon No Host Bar Black Tie Optional

Name	PhoneI	Email
Club Name	Please list all attendees on back	side of this form
Number of reservations	\$55.00 ea.Total Enclosed	Check #



THE HUNTINGTON BEACH HOST LIONS STARTED THE NEW YEAR BRIGHT AND EARLY WITH A PANCAKE BREAKFAST AT THE HB PIER SERVING THE BRAVE SOULS THAT PARTICIPATED IN THE PIER PLUNGE 2010.



HB LION JOAN SEGAL WORKS HER MAGIC ON THE PANCAKES



HBH LIONS HANK LOPEZ, STEVE CHRISTY AND TOM HOLLISTER ENJOY THEIR MORNING BREW (COFFEE OF COURSE!)



HARD TO CALL IT A POLAR PLUNGE WHEN IT IS 70 DEGREES OUTSIDE.!



LIONS CLUBS INTERNATIONAL PRESIDENT EBERHARD WIRFS VISITS WITH LEOS WHO WERE DECORATING OUR LIONS ROSE PARADE FLOAT.



DID YOU SEE THEM? THE LIONS WHITE CANE DRILL TEAM DID US PROUD MARCHING IN THE ROSE PARADE. HUNTINGTON BEACH HOST LION SCOTT QUINLAN AND TUSTIN LION WALT SULLENS, AS WELL AS "DRILL SERGEANT" JOHN DUGAN PARTICIPATED



THE HARBOR MESA LIONS MADE LIKE ELVES AT THE BOYS & GIRLS CLUB, WRAPPINGPRESENTS THAT WERE DONATED BY SEVERAL ORGANIZATIONS INCLUDING THE HM LIONS. THESE GIFTS ARE "PURCHASED" BY THE KIDS WITH POINTS THEY EARN BY DOING HOMEWORK THROUGHOUT THE YEAR.

## **DISTRICT 4-L4**



# CONVENTION HIGHLIGHTS

### **THURSDAY**

- 10:00 am Golf
- Early Bird Dinner



### **FRIDAY**

- Friday Morning Fun
- Friday Night Sock Hop -

Wear your favorite 50"s fashion as you listen and dance to music performed by the WONDERALLS!



### **SATURDAY**

- International Director's Lunch
- Governor's Ball



### **SUNDAY**

Breakfast
 Inspirational Speaker
 Jeff Schleinen
 "Life is a Limited Time Offer"



# DISTRICT 4-L4 2010 CONVENTION MARRIOTT VENTURA BEACH MAY 13-16, 2010



# ROCK AROUND THE CLOCK REGISTRATION FORM

Name:	E-mail:	
Address:	Telephone:	60
City:	Fax:	
Zip Code:	Club Name:	

#### **ROCKIN' FUN PACKAGES**

	Thursday Early Bird Dinner		TBD
Album "A"			\$215.00
Album "B"			\$150.00
Single	Individual Meals & Entertainment:	Friday Dinner	\$85.00
Single		Saturday Lunch	\$40.00
Single		Saturday Dinner	\$90.00
Single		Sunday Breakfast	\$35.00

NAME (one name per line, please)	First Convention	Album "A" or "B" Single	Album or Single Cost	Registration \$20.00 per person	Additional \$20.00 late fee after 4/1	TOTAL COST

Make Checks Payable to: District 4-L4 Convention Mail to: Joanne Waltman, P.O. Box 575, Rancho Cucamonga, CA 91729-0575

### **DEADLINE FOR REGISTRATION: APRIL 1, 2010**

Hotel Reservations Marriott Ventura Beach
Rooms \$119 2055 E. Harbor Blvd, Ventura, CA 93001
Reserve rooms by APRIL 1, 2010 1-800-228-9290

PDG Jon & Sheila Casteel, Chairman and Hospitality 909-483-3532
Joanne & Frank Waltman, Treasurer 909-946-3557
PDG Jack & Jill Luellen, Hotel Reservations 949-488-3032
Ron & Terrie Finseth, Golf 714-639-4052

# **DISTRICT 4-L4 CONVENTION**

## MAKE CHECK PAYABLE TO DISTRICT 4-L4 CONVENTION AND MAIL TO:

# **GOLF TOURNAMENT**



## OLIVAS LINKS GOLF COURSE 3750 OLIVAS PARK DRIVE VENTURA CA 92118

THURSDAY MAY 13, 2010 TEE TIME 10:00 AM

### **COMPETE FOR**

\* LONGEST DRIVE \*

\* CLOSEST TO THE PIN \*

\* LOWEST SCORE \*

FEE: \$75
INCLUDES GOLF & CART, BOX LUNCH, AND TEE PRIZES

RON FINSETH, CONVENTION GOLF CHAIRMAN
7205 GROVEWOOD LANE, ORANGE CA 92869-1026
(714) 639-4052

SEND THIS PORTION BY MAY 7TH AND YOUR CHECK

NAME	CLOB

# **DISTRICT 4-L4 CALENDAR**

January 9	Ranch Cucamonga Comm. Lions Turn Around Bus Trip to Primm NV
January 10	Certified Guiding Lion Training, Holiday Inn, Garden Grove
January 11-13	4-L4 Lions Extension Workshop, Garden Grove Lions Club
January 15-18	MD-4 Lions Leadership Seminar, Harris Ranch
January 16	Melvin Jones Dinner
January 23	Cabinet Meeting
January 30	Teen Recognition Dinner
January 30	Rancho Cucamonga Comm. Lions Day at the Races
February 5-7	MD-4 Convention, Riverside CA
February 19-21	Lions Flag Days
February 22	Deadline for Club Student Speakers Contest
March 1	Harbor Mesa's Lucy and Ethyl's Bingo Parlor.
March 6	Pomona Host Lions Bowl-a-Thon
March 6-7	Hearing Days
March 13	Cucamonga District Host Sip-for-Sight Wine Tasting Dinner
March 20	Ontario-Upland Lions Bunco Night
March 28	Lions City of Hope Day
March 28	Huntington Beach Host Lions Crab Fest
April 18	Cabinet Meeting Speakers' Contest , Costa Mesa County Club
April 24	Rancho Cucamonga Community Lions Fashion Show
March 16	Orange Region Meeting
March 22	Saddleback Region Meeting
March 31	Foothill Region Meeting
May 1	Ontario-Upland Lions Spring Tea
May 1	Orange Coast Breakfast Spaghetti & Bingo Night Fundraiser
May 13-16	District 4-L4 Convention, Ventura Marriott

Lions International Convention, Sydney Australia

June 29-July 2

# **ATTENTION**

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR? IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT, OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

EDITOR PDG ELLEN LIEBHERR 616 17<sup>TH</sup> STREET, HUNTINGTON BEACH CA 92648 (714) 458-3077 EMAIL: ellen@creativecateringhb.com